



# LONE STAR CONFERENCE CROSS COUNTRY

## WEEKLY RELEASE | OCTOBER 24, 2013

Contact: Melanie Robotham | Assistant Commissioner | Office: 972-234-0033 x. 103 |  
E-mail: melanie@lonestarconference.org | www.lonestarconference.org | Twitter: @LoneStarConf

### LSC CROSS COUNTRY CHAMPIONSHIPS

The Lone Star Conference will hold its cross country championships this Saturday, October 26, in Portales, NM. West Texas A&M's women and Eastern New Mexico's men will look to defend their 2012 titles.

The championships will consist of a six-kilometer race for the women starting at 9:30 a.m. MDT and an eight-kilometer race for the men starting at 10:30 a.m. MDT.

The LSC has held cross country championships for the men each year since 1982, and ENMU has won the last two titles (2012, 2011). Abilene Christian captured 25 championships including 20 straight from 1991-2010. Other men's champions include Texas A&M-Kingsville in 1984 and 1986 and former LSC member Central Oklahoma in 1989 and 1990.

On the women's side, WT ended Midwestern State's run of four straight championships in 2012. MSU won the crown from 2008-11, while ACU claimed 14 championships since the event began in 1984. The other women's titles have been won by Angelo State, which won the crown four straight years from 1987-90 in addition to 1985, 1992 and 1998, Kingsville in 1986, former LSC members Harding in 1999 and UCO in 2000.

Last year, the Greyhounds recorded a team score of 37 points with three top-10 runners. ENMU's Isaiiah Samoei was the individual medalist for the second consecutive year with a time of 24:43. Kaspers Briska and Kevin Roa contributed to the Greyhound victory, with fourth (25:31) and eighth (25:44) place finishes, respectively.

On the women's side, the Lady Buffs had the top three finishers and all five runners in the top-15 including individual medalist Brenda Sindet for a team score of 30 points. Sindet claimed the individual championship (22:12), followed by Mireia Guarner (22:23) and Amber Moore (22:29).

### LSC CROSS COUNTRY NOTES (Submitted by LSC SID's)

#### Angelo State

#### Cameron

#### Eastern New Mexico

After hosting the Wagonwheel Dual Meet last week, ENMU will host the Lone Star Conference Championships, Saturday, at Greyhound Stadium.

#### Midwestern State

#### Tarleton State

#### Texas A&M-Commerce

#### Texas A&M-Kingsville

#### West Texas A&M

The No. 11 Buff and No. 21 Lady Buff cross country teams had last weekend off from competition. They will next be competing in the LSC Championships in Portales, N.M. on Saturday, Oct. 26.

### POSTSEASON SCHEDULE

**Saturday, October 26, 2013**

LSC Championships, Portales, NM

**Saturday, November 09, 2013**

NCAA South Central Regional, Canyon, Texas

**Saturday, November 23, 2013**

NCAA Division II National Championships, Spokane, Wash.

### WEEKLY AWARDS

#### Male Runner

- S-12 Thomas Toth, CU
- S-19 Dorian McCradic, A&M-C
- S-26 Thomas Toth, CU
- O-3 Thomas Toth, CU
- O-10 Dylan Doss, WTAMU  
Mikey Davila, ENMU
- O-17 Dorian McCradic, A&M-C

#### Female Runner

- S-12 Gabby Ruiz, MSU
- S-19 Terra Truitt, A&M-C
- S-26 Mireia Guarner, WTAMU
- O-3 Ashley Flores, MSU
- O-10 Mireia Guarner, WTAMU  
Amber Saiz, ENMU
- O-17 Katelin Huckabee, TSU



October 26, 2013 | Portales, NM

