



# LONE STAR CONFERENCE CROSS COUNTRY

## WEEKLY RELEASE | OCTOBER 5, 2012

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### LSC CROSS COUNTRY RUNNERS OF THE WEEK

#### MALE

**Tye Doty, Tarleton State University, SO, Eddy, Texas, Eddy HS**

Doty won the College Division of the Texas Grass Routes at the University of Texas Saturday afternoon. His first place finish helped lead the Texans to a third place overall team finish. The sophomore from Eddy completed the muddy 7,500m race in a time of 24:57.7.

**Isaiah Samoei, Eastern New Mexico University, SR, Eldoret, Kenya, Iowa Western CC**

Samoei registered a 29th-place finish for the Hounds at Oklahoma State. He completed the 8k run, with a time of 25:28.36, good for 12th on the career list.

#### FEMALE

**Ashley Flores, Midwestern State University, JR, Haltom City, Texas, Haltom HS**

Flores paced a personal best 6K time of 22:05.40 to lead nationally ranked Midwestern State to an eighth place showing at the Rim Rock Farm Collegiate Classic hosted by the University of Kansas Saturday in Lawrence. The time was the fourth best 6K time in program history as the junior from Haltom City placed 36th individually in a deep field which included Division No. 11 Michigan and No. 20 Toledo. Flores' efforts helped the Mustangs outdistance Big 10 Nebraska and Big 12 Texas Tech while finishing nearly 100 points ahead of regionally ranked Regis (Colo.).

**Stephanie Glatt, University of the Incarnate Word, SR, San Antonio, Texas, Stacey HS**

Glatt led the Cardinals to a third place finish at the Oklahoma State Cowboy Jamboree in the college division. She took fifth place overall with a time of 19:17.47 at the 5K distance. It was the fastest time of her career.

### OTHER TOP RUNNERS

**Michael Idziak, Texas A&M University - Kingsville,** continues to be a team leader for the Javelinas. He averaged approximately 5:50 a mile at the Grass Routes Run Festival where he was the Javelinas top finisher in the meet with a time of 27:15.00 for the 7.5K. He has led Kingsville in each of his first three collegiate races.

**Alex Hernandez, University of the Incarnate Word,** led the Cardinals with a 19th place finish at the Oklahoma State Cowboy Jamboree in the college division. He finished the 8K race in a time of 26:54.72.

**Dylan Littlejohn, Angelo State University,** led the Rams to its first victory of the season at the Grass Routes Grand Prix. He covered the 7.5K course in 25:32.44 to finish in second place. It is the best finish of the season for the sophomore.

**Emeline Crutcher, Angelo State University,** recorded her first top five finish of the season at the Grass Routes Run Festival. She ran 20:01.84 over the 5K course and placed third overall. She led the Rambelles to a third place finish which is the highest finish of the season for the team.

**Brittany Buchanan, Eastern New Mexico University,** turned in a 10th-place finish for the Zia cross country team at the Oklahoma State Jamboree, completing the 5k run, with a time of 19:33.07. The time ranked 11th on the ENMU career list.

**Celeste Meyer, Tarleton State University,** posted her best 5K run of the season en route to a 5th place finish in the College Division of the Texas Grass Routes at the University of Texas Saturday. The sophomore from Florence completed the even in a time of 20:15.5 to help lead the TexAnns to a third place finish as a team.

### LSC CROSS COUNTRY NOTES (Submitted by LSC SID's)

#### Abilene Christian

#### Angelo State

#### Cameron

Cameron University's cross country team finished the Cowboy Jamboree in Stillwater this weekend with a time of 2:21:02.08. The Aggies were led by Cody Campbell who finished in 74th with a time of

27:17.66. Janis Pastars was next with a 90th place finish at 27:53.22, Tyler Jacobs finished 103rd at 28:16.31, Grant Wignall finished 108th at 28:33.67, Corban Marcantel finished 115th at 29:01.22, and Cole Atchison placed 120th at 29:44.20. Thomas Toth ran unattached and finished 38th with a time of 28:12.41. CU's average race time was 28:12.41 for this 8,000 meter race. Cameron will not have another event until they host the LSC Conference Meet on Oct. 20.

#### Eastern New Mexico

The Eastern New Mexico University men's cross country team notched a ninth-place finish in the University Division at the Oklahoma State Jamboree, while the Zias took fourth in the College Division. Brittany Buchanan paced the Zias, with the 11th-best 5k time in team history, while Isaiah Samoei took 12th in the ENMU record book to pace the Hounds. This weekend, the ENMU cross country teams will travel to South Plains College.

#### Incarnate Word

The Cardinal women moved into South Central Region rankings for the first time this year after taking third at the Oklahoma State Cowboy Jamboree in the college division. They are currently seventh in the region. Senior Stephanie Glatt led the team with a personal best of 19:17 in the 5K race to take fifth place. Sophomore Irma Garza and freshman Ceci Garcia each broke 20 minutes in the race. The men took eighth at the same meet. This week the Cardinals host the seventh annual UIW Invitational.

#### Midwestern State

Midwestern State finished eighth against a heavily Division I laden field at the Kansas Rim Rock Farm Collegiate Classic Saturday in Lawrence... The Mustangs totalled 241 points to finish behind No. 11 Michigan, No. 20 Toledo, Indiana, Air Force, New Mexico State, Kansas and Kansas State but ahead of Big 10 Nebraska and Big 12 Texas Tech... MSU also finished 95 points better than NCAA II South Central Region No. 10 Regis (Colo.) of the Rocky Mountain Athletic Conference... The Mustangs remain third in the South Central Region behind Adams State (Colo.) and Western State (Colo.)... Juniors Ashley Flores and Janel Campbell recorded MSU Top 10 times in their first 6K of the season running collegiate personal

### THIS WEEK'S SCHEDULE

#### **Saturday, October 6**

Texas A&M-Kingsville at Incarnate Word Invite  
Abilene Christian at Sikes Senter XC Carnival  
Midwestern State at Sikes Senter XC Carnival  
Eastern New Mexico at South Plains College  
West Texas A&M at South Plains College  
A&M-Commerce at Southern Arkansas Invite  
Incarnate Word at UIW Invitational

#### **Tuesday, October 9**

Tarleton State at Blue & Gold Invitational  
Angelo State at Blue & Gold Invitational

### WEEKLY AWARDS

#### Male Runner

S-6 Cody Campbell, CU  
S-13 Xavier King, ACU  
S-20 Isaiah Samoei, ENMU  
S-27 No nominees  
O-5 Tye Doty, Tarleton  
Isaiah Samoei, ENMU

#### Female Runner

S-6 Ashley Flores, MSU  
S-13 Mireia Guarner, WT  
S-20 Ashley Flores, MSU  
S-27 Nadia Majed, MSU  
O-5 Ashley Flores, MSU  
Stephanie Glatt, UIW

bests at the distance posting 22:05.40 and 22:15.60 times, respectively... Sophomore Michelle Krezonoski notched her fourth best collegiate 6K time at 22:59.60... Sophomore Kim Krezonoski also matched her collegiate 6K best time of 23:25.00 originally set at the 2011 Lone Star Conference Championships... Freshman Tylo Farrar gave the Mustangs' top team its third different No. 5 runner by clocking a 23:45.80 just ahead of junior Abigail Gonzalez (23:49.70), freshman Brittany Adams (23:55.40), freshman Maira Salinas (24:18.50) and freshman Ana Lopez (25:28.40)... MSU plays host to the Sikes Senter Cross Country Carnival Saturday morning at the former Henrietta Country Club in Henrietta, Texas...

#### Tarleton State

The Tarleton Texans and TexAnns competed at the Texas Grass Routes Saturday. After much rain, the teams competed in a muddy situation but battled through for third place finishes led by Tye Doty and Celeste Meyer in first and fifth place, respectively.

#### Texas A&M-Commerce

#### Texas A&M-Kingsville

Michael Idziak continues to impress as a freshman. The native of Poland, who came to the U.S. a year ago when he attended Fork Union Military Academy, has been the team's top performer each race. He was 16th overall in Austin in the DII race at the Grass Routes Run Festival...Idziak is a not the only youngster making his mark this season. Freshman Alexshonis is the second Kingsville runner across the line in Austin. Of the runners to compete in Austin for TAMUK, four were freshman, 1 was a sophomore, two were juniors and one was a senior... Rebekah Jimenez was the top female finisher for the Javelinas in Saturday's race. The sophomore finished in 21:40.88, nine seconds ahead of junior teammate Briana Villareal at 21:49.89. Much like the men, women are a youthful bunch. Of those who raced Saturday, two are sophomores, three are juniors and two are freshmen.

#### West Texas A&M