

Women's North Division All-Conference Team

Ouachita Baptist's Jamie Scheppmann headlines LSC North Division All-Conference team

RICHARDSON, TEXAS – Ouachita Baptist guard **Jamie Scheppmann** headlines the group selected to the 1999-2000 Lone Star Conference's North Division women's basketball team. The team was chosen by a vote of the league's eight coaches.

Scheppmann, a native of Cove, Ark., made a significant impact on the league after transferring from Louisiana Tech for her senior season. She led the LSC in scoring average (21.6 ppg.) and steals (85). She scored a season-high 38 points in OBU's first-round tournament win against Eastern New Mexico.

Joining Scheppmann on the first team are Southeastern Oklahoma forward Brandy Harris, East Central forward Rachelle Sturdevant, Northeastern State center Melissa Fullmer and Harding guard Rachel Raglin.

Southeastern guard **Vanessa Tice** was voted as the league's top freshman. Tice, a 5-8 guard from Kingston, Okla., was SOSU's second leading scorer at (10.4 ppg) and helped the Lady Savages to the LSC North title.

East Central guard **Mandy Watkins** was chosen as the defensive player-of-the-year. Watkins, a 5-7 senior from Heavener, Okla., started 21 of 27 games and helped ECU earn its second straight LSC Tournament berth.

Northeastern State's **Randy Gipson** was chosen by his peers as the coach-of-the-year. Gipson, took over a team that had finished 6-19 a year ago and turned them into a 15-12 winner and a qualifier for the LSC tournament.

Lone Star Conference

1999-2000 North Division All-Conference Women's Basketball Team

FIRST TEAM

NAME	SCHOOL	HT	YR	POS	HOMETOWN
Jamie Scheppmann	Ouachita Baptist	5-10	Sr.	G	Cove, Ark.
Brandy Harris	Southeastern Oklahoma	6-0	Jr.	F	Tulsa, Okla. (East Central)
Rachelle Sturdevant	East Central	5-10	Sr.	F	Byng, Okla.
Melissa Fullmer	Northeastern State	5-11	Jr.	C	Gravette, Ark.
Rachel Raglin	Harding	5-9	Sr.	G	Pocahontas, Ark.

SECOND TEAM

NAME	SCHOOL	HT	YR	POS	HOMETOWN
Sonia Cornwell	Cameron	5-9	So.	G	Bald Hill, Okla. (Preston)
Keri Smith	Central Oklahoma	5-10	So.	F	Stigler, Okla.
Ashley Prince	East Central	5-10	Sr.	F	Indianola, Okla.
Kiki McClellan	Southwestern Oklahoma	5-11	Jr.	C	Dallas, Texas (Bryan Adams)
Robyn Anders	Ouachita Baptist	5-9	So.	G	Grapevine, Texas

HONORABLE MENTION

Cameron: Hope Waterdown
Central Oklahoma: Ami Guffy, Courtney Bell, Christie Massey
East Central: Nellie Onjiko
Northeastern: Masha Karvanen
Ouachita Baptist: Jeannie Kennedy
Southeastern Oklahoma: Tifney Kelly, Vanessa Tice

Player of Year: Jamie Scheppmann, Ouachita Baptist

Freshman of Year: Vanessa Tice, Southeastern

Defensive Player of Year: Mandy Watkins, East Central

Coach of Year: Randy Gipson, Northeastern State

Women's South Division All-Conference Team

WTAM's Latracia Spencer leads Lone Star Conference South Division women's basketball team

RICHARDSON, TEXAS – West Texas A&M senior **Latraicia Spencer** was voted as the top women's basketball player in the Lone Star Conference's South division for the 1999-2000 season. A total of 11 players were chosen to the first and second team after a vote by the league's nine head coaches.

Spencer, a Lockhart, Texas native, led the Lady Buffs in scoring (20.3 ppg) and rebounding (8.4 rpg) while helping WTAMU to the LSC Tournament finals. She scored in double figures all 29 games this season for WTAMU.

Joining Spencer on the first team are Abilene Christian's Jackie Bucher, Midwestern State's TeNay Garrett, Texas A&M-Kingsville's Precious Thibodeaux and Angelo State's Kim Moore.

The top freshman award went to **Kim Moore** of Angelo State. The 6-0 forward from Zephyr, Texas averaged 19.6 points a game and led the Rambelles in scoring 20 of 26 games.

The defensive award went to Texas A&M Kingsville guard **Annetta Anglin**. A 5-1 senior from Groesbeck, Texas, Anglin led a defense that forced opponents into a league-leading 25.4 turnovers a game.

TAMUK's **Jill Willson** was voted by her peers as the LSC South Coach-of-the-Year. Willson led the Javelinas to a 23-6 record (15-1 in the LSC South) and the Lone Star Conference tournament championship.

Lone Star Conference 1999-2000 South Division All-Conference Women's Basketball Team

NAME	SCHOOL	FIRST TEAM				HOMETOWN
		HT	YR	POS		
Latraicia Spencer	West Texas A&M	6-1	Sr.	F		Lockart, Texas
Jackie Bucher	Abilene Christian	6-3	Sr.	C		Denver, Colo. (Christian)
TeNay Garrett	Midwestern State	5-10	Sr.	F		Mart, Texas
Precious Thibodeaux	Texas A&M-Kingsville	6-0	Jr.	C		Bay City, Texas (Van Vleck)
Kim Moore	Angelo State	6-0	Fr.	F		Zephyr, Texas

NAME	SCHOOL	SECOND TEAM				HOMETOWN
		HT	YR	POS		
Brandi Green	West Texas A&M	6-2	Jr.	C		Shreveport, La. (Northwood)
Lori Martinez	Texas A&M-Kingsville	5-2	Jr.	G		Corpus Christi, Texas
Valeree Valdez	West Texas A&M	5-9	Jr.	G		Canyon, Texas
Leslee Zachry	Texas Woman's	5-7	Sr.	G		Cooper, Texas
Brandi Bates	Eastern New Mexico	5-8	Jr.	G		Plainview, Texas
Jennifer Hickman	Texas A&M-Commerce	5-11	Sr.	F		San Antonio, Texas (Castle Hills)

HONORABLE MENTION

Texas A&M-Kingsville: Pat Lewandowski, Annetta Anglin
 Texas A&M-Commerce: Mary Watson
 Texas Woman's: Angi Traplena, Jennifer Hall
 Eastern New Mexico: Katheryne Hickman; Missy Frazier, Jody Avent
 Tarleton State: Misty Garvin, Shea Kester
 Abilene Christian: Brenda Jacoby; Ashley Gray

Player of Year: Latraicia Spencer, West Texas A&M
Freshman of Year: Kim Moore, Angelo State
Defensive Player of Year: Annetta Anglin, Texas A&M-Kingsville
Coach of Year: Jill Willson, Texas A&M-Kingsville