2018 ALL-GIRL CHEER TRYOUT

APRIL 20 -21, 2018 (Fri. & Sat.) • 8:00AM - 6:00PM

LUBBOCK CHRISTIAN UNIVERSITY RIP GRIFFIN CENTER

ITINERARY
FRIDAY, APRIL 20
6:00 - 8:00PM: Interviews

SATURDAY, APRIL 21
8:00-10:00AM: Learn Tryout Material—Cheer, Chant, and Dance
10:00 – 11:00AM: Stunts, Tumbling, and Group Practice
11:00AM – 2:00PM: Lunch and Open Gym Practice
2:30 – 5:00PM: Final Tryout*—Closed, No Spectators

*Final Tryout Attire:
Blue shorts, red t-shirt or tank top
Hair all-up, white cheer shoes

TRYOUTS ARE CLOSED TO ALL SPECTATORS.

Note: This itinerary is subject to change due to unexpected circumstances

QUESTIONS AND INQUIRIES
Contact Head Cheer Coach, Kayli Durham • Kayli.Durham@LCU.edu • (806) 720-7276
APPLICATION REQUIREMENTS AND DEADLINES

All of the following documents are required by Monday, April 16, 2018:

• $25 application fee. Please make checks payable to LCU Cheer
• 2018 Tryout Application
• Chaparral Cheerleader Candidate Tryout Liability Release Form
• SST Medical Release Form & Physical Form signed by a MD, OD, or PA. The physical should be within the past six months.
• Photo Copy of Health Insurance Card
• One Letter of Recommendation from a current/former Cheer Coach. Please enclose in a separate, unopened envelope or have the recommender send the letter straight to the Head Coach.
• University Acceptance Letter (Incoming students only). You must be ACCEPTED to the University in order to tryout. Please send a copy of your acceptance letter/documentation with the above forms. If you have not yet been accepted, please call the Head Coach, Kayli Durham.

Please mail all of the above by Monday, April 16, 2018 to: Attn: Kayli Durham Lubbock Christian University 5601 19th Street • Lubbock, TX 79407

TRYOUT REQUIREMENTS

Chant Series & Cheer*: You will learn and perform a series of chants. You will incorporate the Lubbock Christian University name, Chaps, and colors, Blue and White. *Will be taught on Saturday, April 21.

Tumbling: You are required to skillfully perform a standing back handspring, toe-touch back handspring, and a round-off back handspring for minimum requirement at tryouts. If you have additional skills that exceed a standing back handspring, you are welcome to perform those instead of the minimum requirement of tumbling.

Dance: You will learn an 8-eight count dance and will be judged on memorization, motions, sharpness, and enthusiasm/charisma.

Jumps: The required jumps for tryouts are toe-touch, front hurdler, double whip toe-touch, and toe touch back handspring.

Stunting: You will be asked to take part in one or more specified stunt positions (i.e. base, back spot, and/or flyer) to perform a straight up extension, extended liberty, extended arabesque/heel stretch full down. Flyers should be prepared to show 3 different body positions in an extended lib.

Interview Session: You will be required to interview with the Head Cheerleading Coach on Friday at your designated time given to you at check-in.

OUR MISSION

The purpose of the Lubbock Christian University Chaparral Cheerleading program is to:

• Represent the University in a Christ-like manner.
• Unify students, faculty, staff, alumni, and athletic teams.
• Promote school spirit.

Being a LCU Cheerleader is considered a role of leadership on campus and requires a high level of passion and commitment for the sport, from the selection of the team until the next team is selected.

REQUIRED EVENTS FOR A CHAPARRAL CHEERLEADER

• NCA College Summer Camp
• Blue Rallies
• Midnight Madness
• LCU Homecoming
• Home Basketball Games and Other Athletic Competitions
• NCA College Nationals
• Community Service Events (6 hours monthly)

*Please note more events may be added to the calendar.

The Chaparral Cheerleaders participate in many athletic events, such as banquets, Blue Rally, Midnight Madness, and LCU’s Homecoming activities. Although we cheer on the sidelines for the Chaps Basketball Team, we support other athletic teams as well. In the spring semester, the Cheerleaders train for competition and compete at NCA College Nationals in Florida. The Chaparral Cheerleaders are known as ambassadors of the University and may be asked to make special appearances at certain LCU events and in the community.