Dear Camper,
Welcome to our 26th year of swimming camps at the University of Kansas. I invite you to join us for a memorable week of swimming. Our knowledgeable staff and KU student-athletes will make this a challenging and fun week. Don't miss it!

Clark Campbell
University of Kansas
Head Swimming Coach

The 2016 Jayhawk Swim Camp will be directed by University of Kansas head swimming coach Clark Campbell and KU assistant swim coach Jen Betz. Current and former swimmers, as well as other guest coaches, will also provide instruction.

MISSION
Our goal is to provide a safe and creative learning environment for all athletes. New swimming experiences, friendships and a high level of instruction will make this camp an unforgettable experience for everyone.

GET A JUMP ON THE SUMMER SEASON!
CLARK CAMPBELL

Now in his 14th season at Kansas, head coach Clark Campbell strives for continued excellence. Campbell led the 2013-14 Jayhawks to a second-place finish at the Big 12 Championships, the highest finish in program history. That year, Campbell was named the Big 12 Coach of the Year and coached the team’s first individual Big 12 champion, Chelsie Miller, to victory in the 400 IM.

Before his coaching career began, Campbell competed as a professional triathlete for seven years. After turning professional at the age of 19, he became one of the most consistent top-10 finishers on the pro circuit. During his career, Campbell was self-coached. He was the 1986 National Long Course Champion and the 1990 runner-up at the United States Triathlon Series National Championship.

JEN BETZ

Betz was a seven-time scorer at the Big 12 Championships during her tenure as an athlete at KU from 1996-2000. Betz returned to KU in 2003 to take the position of assistant coach and head recruiting coordinator under Campbell. She was a student assistant under former KU head coach Cathy Burgess during the 2000-01 season. Betz graduated from KU in 2001 with a general studies degree in communications.

While assisting Campbell with coaching duties, Betz is also in charge of recruiting potential student-athletes and directs swim camps hosted by Kansas Swimming in the summer.

DAILY SCHEDULE

7:15 a.m. Wake up and breakfast
9 a.m. Stroke talk
9:40 a.m. In-water session
Noon Lunch
1 p.m. Rest and relax
3 p.m. Performance talk
3:45 p.m. Dryland training
4 p.m. In-water session
5:30 p.m. Dinner
7:15 p.m. In-water session
10 p.m. Lights out

FEATURES

- Professional instruction and coaching
- Three water sessions per day focusing on technique, training and skills (starts and turns)
- Dryland and educational lectures daily
- 10:1 camper to counselor ratio
- Camp t-shirt and cap
- Camp swim meet on Friday, June 3 (9 a.m.)
- Optional personal video analysis (details on website)

QUESTIONS?

For all questions concerning Jayhawk Swim Camps, please contact Jen Betz at 785-531-6741 or via email at jenbetz@ku.edu

REGISTER ONLINE

Camper can also register online at: KANSASSWIMCAMP.COM

CAMP DETAILS

Location: University of Kansas
Date: Monday, May 30 - Friday, June 3
Check In: 4-6 p.m., May 30 at Naismith Hall
Check Out: Noon, June 3 at Naismith Hall
Facilities: Robinson Natatorium (2 pools: 8 lanes x 25 m, 6 lanes x 25 yards, dive well)

Ability Level: Beginner (must have knowledge of all four competitive strokes and ability to swim 100 yards without stopping) to advanced swimmers. This camp is designed for competitive swimmers.

Housing: Campers will stay at Naismith Hall and will have 24-hour supervision by camp staff. Meals will be provided at Naismith Hall.

Ages: Open to any and all, ages nine years old through high school seniors.

Tuition:
- $595 (Overnight)
- $495 (Day)
- $350 (Water Sessions Only)

WWW.KUATHLETICS.COM