## Meet:
Open Non-Scoring OAT-CCC Sanctioned Indoor Track and Field Competition

## Time:
See Meet Schedule for more information

## Timing:
FinishLynx System – Timing by Delta Timing Group

## Location:
Kent State Field House – Summit St and Rt. 261 – Kent, OH

### Facility
Originally an $8.8 million state of the art facility, the field house underwent an extensive renovation during the summer of 2008. It contains a six lane 292-meter Mondotrack FTX surface track with eight lane straightaway, dual long jump pits, dual high jump pits, dual pole vault pits, and throwing areas.

### Entries:
All entries will be done on-line at [www.directathletics.com](http://www.directathletics.com). Please visit the Direct Athletics website at your earliest convenience in order to familiarize yourself with how the entry process works.

**Note: Entries will be honored on a first-come, first-serve basis only. There will be no late registration or “walk up” registration after the entry deadlines for each meet.**

Kent State reserves the right to close entries for any and all events based on pre-registration application and facility limitations. Please do not contact meet management to allow you into an event once an event is filled. If spots open up due to a scratch online, the system will allow you to put your athlete in.

Entries for all meets will close at 8 p.m. on the Tuesday preceding the meet:

### Entry Deadlines:
- **Meet #1** – January 19, 2019 Entry Deadline: Tuesday, January 15, 8 p.m.
- **Meet #2** – January 26, 2019 Entry Deadline: Tuesday, January 22, 8 p.m.
- **Meet #3** – February 10, 2019 Entry Deadline: Tuesday, February 5, 8 p.m.
- **Meet #4** – February 17, 2019 Entry Deadline: Tuesday, February 12, 8 p.m.

Please note that entries for the meets will open 30 days in advance at 12:01am. For example, Meet 1 will open at 12:01am on December 19.

### Entry Fees:
$5 per event, per athlete. Limit 4 individual events, no charge for relays if athlete is entered in individual events. You may only enter as many relays as individual events. For example, if you enter one individual event, you can enter no more than one relay or you will be charged $5 for each relay on top of that.

Team Fees will be calculated by $5 per event with a max team cap of $250, whatever is less.
### Accepted Entry Lists:
Final entry lists will be posted on our website, www.kentstatesports.com, on the Thursday night prior to each meet. Please check to make sure your athletes are entered correctly. If there are mistakes or scratches, please email Josh Klein at Josh.Klein@deltatiming.com to correct them.

### Medical/Hold Harmless Forms
EACH participant needs to have this Kent State issued form completed with parent and/or guardian signatures. Without this form, athletes will be unable to participate in the meet.

Coaches, please make copies of the form for your athletes. Bring forms with you to each meet. DO NOT FAX. Forms are available on-line at www.kentstatetrackcamps.com under the “KSU Medical Release Form” link, then look for the “Required Forms” link.

### Seeding:
Running events will be seeded based on entry times in all running events except the 60m Dash and 60m Hurdles. Athletes in the 60m Dash and Hurdles will be seeded by random lane draw and random heat draw. Valid and/or Realistic marks are acceptable. Please do not enter athletes with a personal best time if they have yet to achieve that mark in the current season. Athletes without a seed time will be placed into the slower heat or be assigned a lane at the meet manager's discretion. Meet management reserves the right to adjust seed marks/times based on the OAT-CCC performance list.

For 2019 Meets, we will seed ALL events “on the fly”. This means athletes will need to declare their intent to run. If this is not done, then they will be scratched from the event and not allowed to participate. This allows us to keep heats as full as possible.

### Field Events:
The pole vault may be seeded into sections. The seeded section will vault on the raised runway, while the unseeded section will vault on the east pole vault pit. Long Jump and Triple Jump will use an open pit format with 4 jumps (No finals). All other field events will be seeded and put in flights.

### Spikes:
ONLY 1/4 inch or shorter pyramid spikes will be allowed. All spikes will be checked prior to events. Pin or needle spikes, spike elements, or any other type of spike WILL NOT be allowed. If you have any questions, please inquire prior to the start of the meet.

### Starting Blocks:
Will be available at the athletes’ choice in the 60m hurdles, 60m dash, 200m dash and 400m dash. In the 200/400 Meet Management reserves the rights to not allow blocks after a certain number of heats.

### Automatic Timing:
Each athlete will receive FinishLynx fully-automatic timing to the hundredth of a second in each race they run. Timing is provided by Delta Timing Group and results will be available on www.deltatiming.com.

### Refunds:
No refunds for any event scratches the day of the meet. You are paying for your final entries as of the entry deadline. The last day to scratch is the entry deadline on Tuesday prior to the meet. Any scratches after the deadline will result in forfeiture of refund. **Please note: No switching or adding events the day of the meet.**

### Results:
Results will be printed and posted under the main scoreboard and available on www.deltatiming.com.

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2019 Kent State High School Track & Field Meet Information

| Jan 19, 2019 – Jan 26, 2019 | Feb 10, 2019 – Feb 17, 2019 |
### 2019 Kent State High School Track & Field Meet Information

**Jan 19, 2019 – Jan 26, 2019 – Feb 10, 2019 – Feb 17, 2019**

<table>
<thead>
<tr>
<th>Sign In:</th>
<th><strong>Sign in (paying fees and handling forms) will begin at 8:00 am and continue through 12:00 pm the day of the meet. There will be no signing in after 12:00 pm. Running events will begin promptly at 9:30 a.m.</strong></th>
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</thead>
<tbody>
<tr>
<td>Event Check-In:</td>
<td>Running events will check in at the check-in table and with the clerk of the course. We will announce preliminary check-in times in order to avoid running heats with open lanes. Please listen for these check-in times even if you are competing in another event. Check in both at the preliminary check-in AND with the clerk of the course to avoid being scratched and to help us run an efficient meet.</td>
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<tr>
<td>Field Event Warm Up Times:</td>
<td><strong>General 30 Minute Warm up Period, 10 minutes between flights</strong></td>
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<tr>
<td>Additional Notes:</td>
<td><strong>Please</strong> be patient with the officials and meet managers. There are many entries resulting in multiple heats. <strong>Please</strong> listen for the calls for each race and be on time when checking in prior to your event. This will help to keep the meet moving along as quickly as possible. Your cooperation is greatly appreciated. If you are going to scratch from an event at the meet, please let the clerk of the course know so that we may condense heats whenever possible. <strong>PLEASE, NO HEADPHONES. You must be able to hear when your event is called.</strong></td>
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</tbody>
</table>