### 2018 Ivy League Heptagonal Outdoor Track & Field Championships

**Schedule of Events**

**SATURDAY, MAY 5**

**Field Events**
- 11:00 am: Men's Hammer Throw Finals
- 12:00 pm: Men's Pole Vault Finals
- 12:00 pm: Men's Long Jump Finals
- 1:00 pm: Men's Javelin Throw Finals
- 2:30 pm: Women's Hammer Throw Finals
- 3:00 pm: Women's Long Jump Finals
- 3:00 pm: Women's Pole Vault Finals
- 4:00 pm: Women's Javelin Throw Finals

**Running Events**
- 1:00 pm: Men's 110m Hurdles Trials
- 1:15 pm: Men's 400m Dash Trials
- 1:30 pm: Men's 1,500m Run Semifinals
- 1:45 pm: Men's 100m Dash Trials
- 2:00 pm: Men's 800m Run Trials
- 2:15 pm: Men's 400m Hurdles Trials
- 2:30 pm: Men's 200m Dash Trials
- 3:00 pm: Women's 100m Hurdles Trials
- 3:15 pm: Women's 400m Dash Trials
- 3:30 pm: Women's 1,500m Run Trials
- 3:45 pm: Women's 100m Dash Trials
- 4:00 pm: Women's 800m Run Trials
- 4:15 pm: Women's 400m Hurdles Trials
- 4:30 pm: Women's 200m Dash Trials
- 4:45 pm: Women's 10,000m Run Finals
- 5:30 pm: Men's 10,000m Run Finals

**Decathlon**
- 11:00 am: 100m Dash
- *11:35 am: Long Jump
- *12:45 pm: Shot Put (Franklin Field)
- *1:45 pm: High Jump
- *3:10 pm: 400m Run

**Heptathlon**
- 11:30 am: 100m Hurdles
- *12:10 pm: High Jump
- *1:40 pm: Shot Put (Franklin Field)
- *2:40 pm: 200m Dash

**SUNDAY, MAY 6**

**Field Events**
- 11:00 am: Women's High Jump Finals
- 11:00 am: Men's Triple Jump Finals
- 11:30 am: Women's Discus Throw Finals
- 2:00 pm: Women's 3,000m Steeplechase Finals
- 12:15 pm: Women's 3,000m Steeplechase Finals
- 12:30 pm: Men's 4x100m Relay Finals
- 12:35 pm: Women's 4x100m Relay Finals
- 12:45 pm: Men's 1,500m Run Finals
- 12:55 pm: Women's 1,500m Run Finals
- 1:10 pm: Men's 110m Hurdles Finals
- 1:20 pm: Women's 100m Hurdles Finals
- 1:30 pm: Men's 400m Dash Finals
- 1:40 pm: Women's 400m Dash Finals
- 1:50 pm: Men's 100m Dash Finals
- 1:55 pm: Women's 100m Dash Finals
- 2:05 pm: Men's 800m Run Finals
- 2:15 pm: Women's 800m Run Finals
- 2:30 pm: Men's 400m Hurdles Finals
- 2:40 pm: Women's 400m Hurdles Finals
- 2:50 pm: Men's 200m Dash Finals
- 2:55 pm: Women's 200m Dash Finals
- 3:00 pm: Men's 5,000m Run Finals
- 3:20 pm: Women's 5,000m Run Finals
- 3:40 pm: Men's 4x800m Relay Finals
- 3:50 pm: Women's 4x800m Relay Finals
- 4:05 pm: Men's 4x400m Relay Finals
- 4:15 pm: Women's 4x400m Relay Finals
- 4:30 pm: Awards Ceremony

**Running Events**
- 12:00 pm: Men's 3,000m Steeplechase Finals
- 12:15 pm: Women's 3,000m Steeplechase Finals
- 12:30 pm: Men's 4x100m Relay Finals
- 12:35 pm: Women's 4x100m Relay Finals
- 12:45 pm: Men's 1,500m Run Finals
- 12:55 pm: Women's 1,500m Run Finals
- 1:10 pm: Men's 110m Hurdles Finals
- 1:20 pm: Women's 100m Hurdles Finals
- 1:30 pm: Men's 400m Dash Finals
- 1:40 pm: Women's 400m Dash Finals
- 1:50 pm: Men's 100m Dash Finals
- 1:55 pm: Women's 100m Dash Finals
- 2:05 pm: Men's 800m Run Finals
- 2:15 pm: Women's 800m Run Finals
- 2:30 pm: Men's 400m Hurdles Finals
- 2:40 pm: Women's 400m Hurdles Finals
- 2:50 pm: Men's 200m Dash Finals
- 2:55 pm: Women's 200m Dash Finals
- 3:00 pm: Men's 5,000m Run Finals
- 3:20 pm: Women's 5,000m Run Finals
- 3:40 pm: Men's 4x800m Relay Finals
- 3:50 pm: Women's 4x800m Relay Finals
- 4:05 pm: Men's 4x400m Relay Finals
- 4:15 pm: Women's 4x400m Relay Finals
- 4:30 pm: Awards Ceremony

**Decathlon**
- 9:30 am: 110m Hurdles
- *10:15 am: Discus
- 11:45 am: Pole Vault
- 2:15 pm: Javelin
- *3:35 pm: 1,500m Run

**Heptathlon**
- 9:30 am: Long Jump
- *10:40 am: Javelin
- *11:50 am: 800m Run

*multi-times approximate*