2018-19 SCHEDULE/RESULTS

JANUARY
1-2 at Southern Scuffle 3rd Place
9 *at No. 23 North Dakota State W, 29-7
13 *Fresno State W, 31-6
17 at Rider W, 29-17
20 *at West Virginia W, 36-3
25 *Oklahoma W, 25-6
27 *at No. 2 Oklahoma State L, 22-15

FEBRUARY
1 *South Dakota State W, 47-0
3 *Utah Valley W, 53-0
11 at Oregon State W, 23-14
17 Last Chance Open 2 Champs
21 *at No. 17 Northern Iowa L, 22-13
24 No. 5 Missouri L, 23-15

MARCH
9-10 #Big 12 Championship 2nd, 114.5 Points
21-23 SNCAI Championships 16th, 32 Points (Pittsburgh, Pa.)
Home events in bold
*Big 12 Conference event
%#Big 12 Championship
#SNCAI Championships

IOWA STATE QUICK FACTS

Location Ames, Iowa
Enrollment 34,992
Nickname/Mascot Cyclones/Cy
Colors Cardinal & Gold
Arena Hilton Coliseum (14,384)
President Dr. Wendy Wintersteen
Director of Athletics Jamie Pollard
Website cyclones.com
Facebook /CycloneWR
Twitter @CycloneWR
Instagram @iowastatewrestling

IOWA STATE NCAA QUALIFIERS

<table>
<thead>
<tr>
<th>Weight</th>
<th>NCAA Seed</th>
<th>Name</th>
<th>Year</th>
<th>Hometown</th>
<th>Record / Dual Record</th>
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<tr>
<td>125</td>
<td>19</td>
<td>Alex Mackall</td>
<td>RSo.</td>
<td>Austintown, Ohio</td>
<td>27-12 / 9-5</td>
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<tr>
<td>133</td>
<td>13</td>
<td>Austin Gomez</td>
<td>RFr.</td>
<td>Carol Stream, Ill.</td>
<td>24-7 / 11-3</td>
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<td>141</td>
<td>17</td>
<td>Ian Parker</td>
<td>RSo.</td>
<td>Saint Johns, Mich.</td>
<td>24-9 / 10-3</td>
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<tr>
<td>149</td>
<td>8</td>
<td>Jarrett Degen</td>
<td>RSo.</td>
<td>Belgrade, Mont.</td>
<td>29-8 / 12-2</td>
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<tr>
<td>157</td>
<td>23</td>
<td>Chase Straw</td>
<td>R Jr.</td>
<td>Independence, Iowa</td>
<td>22-12 / 8-6</td>
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<td>174</td>
<td>21</td>
<td>Marcus Coleman</td>
<td>RFr.</td>
<td>Ames, Iowa</td>
<td>28-14 / 10-4</td>
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<td>184</td>
<td>10</td>
<td>Sam Collbray</td>
<td>RSo.</td>
<td>Hermiston, Ore.</td>
<td>28-8 / 13-1</td>
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<tr>
<td>197</td>
<td>6</td>
<td>Willie Miklus</td>
<td>RSr.</td>
<td>Altona, Iowa</td>
<td>27-6 / 12-2</td>
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<tr>
<td>285</td>
<td>25</td>
<td>Gannon Gremmel</td>
<td>RSo.</td>
<td>Dubuque, Iowa</td>
<td>27-15 / 9-4</td>
</tr>
</tbody>
</table>

@CYCLONEWR HEADLINES

1. Jarret Degen (7th Place) and Willie Miklus (Sixth Place) became the first two All Americans in the Kevin Dresser-era at Iowa State. They are the 292nd and 293rd All-Americans in school history.

2. Prior to the NCAA Championships, head coach Kevin Dresser was named NWCA National Coach of the Year for the second time in his career. He becomes the fifth Iowa State coach to earn the honor, joining Harold Nichols, Jim Gibbons, Bobby Douglas and Cael Sanderson.

3. At the National Championships, the Cyclones finished 16th as a team with 32 team points. ISU qualified nine wrestlers for the NCAA Championships with all nine advancing to the second day of competition.

4. Iowa State’s nine national qualifiers is the most since the 2010 NCAA Championships. Only eight schools brought nine or more wrestlers to the national tournament (Iowa State, Penn State, Oklahoma State, Ohio State, Missouri, NC State, Iowa, Virginia Tech).

5. The Cardinal and Gold proved themselves at the 2019 Big 12 Championship. The Cyclones finished runner-up in the team standings behind Oklahoma. Each Cyclone performed better in Tulsa than in any individual college performance from 157-pounder Chase Straw.

6. Iowa State hadn’t had an individual Big 12 finalist since 2016. They had four this year in Jarrett Degen, Chase Straw, Sam Collbray and Willie Miklus. All 10 of Iowa State’s competitors finished in the top-6 of their brackets in Tulsa.

7. Following the Championship, the Big 12 named Iowa State head coach Kevin Dresser the 2019 Big 12 Coach of the Year. He is the fourth Iowa State coach to win Big 12 honors and the sixth conference coach of the year overall in school history.

8. Iowa State finished the season with a 10-4 dual mark, which included a six-dual winning streak, which was the longest winning streak since the 2009-10 and 2010-11 seasons.

9. The Cyclones appeared in the final NWCA Coaches’ Poll for the first time since the 2014-15 season. Iowa State finished the season ranked No. 15.

10. The Big 12 announced its Academic All-Big 12 team. Brady Jennings, Alex Mackall and Chase Straw all earned first-team honors while Skyler St. John was named to the second team.

11. Iowa State concluded its Big 12 regular season with a 6-2 record (.750). It’s the best Big 12 winning percentage by an Iowa State team since the Cyclones went undefeated in conference action during the 2009-10 season. It’s also tied for the third best Big 12 winning percentage in school history.

12. They Cyclones averaged 3,569 fans per home dual this season, which is fourth best attendance mark in the last 25 seasons.

13. Iowa State’s 53-point scoring outburst against Utah Valley was tied for the third largest victory in school history and the most points scored in a dual against a Division I opponent since 1998 (New Mexico, 57).

14. The back-to-back shutouts over SDSU and UVU marked the first time since the 1972-73 season that ISU notched consecutive shutouts over conference foes.

15. It was dual dominance for Iowa State this season. In 14 duals, ISU outscored its opponents at 404-148. The Cyclones’ average margin of victory was an astounding 28.1 in 10 victories on the season.

16. Scoring points was a point of emphasis for the Cyclones in 2018-19. ISU averaged 22 takedowns per dual as a team and 7.8 points per individual dual match (omitting forfeited matches).

17. Austin Gomez, Jarrett Degen and Marcus Coleman all finished the season with a team-high 40 takedowns. Gomez led the team in total back points in dual matches (52) and points scored per dual match (11.5).

18. Dresser improved his all-time dual wins to 178 against Oregon State. He currently ranks as the 292nd and 293rd active coach in Division I wrestling.

For more notes and information, follow us on Twitter: @CycloneWR

IOWA STATE NCAA QUALIFIERS

Head Coach: Kevin Dresser (University of Iowa ’86)
Assistant Coaches: Derek St. John (University of Iowa ’14) Brent Metcalf (University of Iowa ’10)
Volunteer Assistant Coach: Ben Durbin (Iowa State ’13)

Contact Brad DePrez, Iowa State Athletics Communications Graduate Assistant
Iowa State University Athletics Jacobson Athletic Building Ames, IA 50011-1140 515-867-8331 deprezb@iastate.edu
Kevin Dresser

Head Coach • 2nd Season

Hometown: Humboldt, Iowa
College: Iowa, ’86
Wife: Penny
Children: Emma, Anna and Jack
Twitter: @CYWrestle_KD

Kevin Dresser continues to build the Iowa State wrestling program back into the national spotlight. In his second season as the head man in Ames, Dresser coached Jarrett Degen (Seventh) and Willie Miklus (Sixth) to the podium at the NCAA Championships for his first two All Americans at Iowa State. He also had his first individual champion at the Big 12 Championship in Chase Straw. Dresser was named the 2019 NWCA National Coach of the Year, as well as the 2019 Big 12 Coach of the Year.

In his first season at Iowa State, Dresser took a team that won just one dual in 2016-17 and led them to an 8-10 dual mark. At 149 pounds, Jarrett Degen qualified for the national tournament and wrestled to the round of 12 before being eliminated.

Dresser compiled a 160-51 dual record at Tech and won ACC dual meet titles in 2015-2016 and 2017-2018 and league tournament championships in 2014 and 2013 (this year’s ACC tournament is March-6). He has coached 65 NCAA Championship qualifiers, 20 All-Americans and five ACC Most Outstanding Wrestlers. Dresser was named ACC Coach of the Year the last four years in a row and the state of Virginia’s coach of the year five times.

Much of the Hokies’ success can be traced to Dresser and his staff’s recruiting acumen. Six of his classes have ranked among the Top 11 nationally, including the 2013 group that was No. 2 according to InterMat.

Dresser was named Virginia Tech’s coach in 2006-07 after a legendary high school coaching career in Virginia. He led Christiansburg High School (1996-2006) to five state championships and three runner-up finishes in 10 seasons. Before that, he was head coach at Grundy High School (1988-96) to eight state titles in as many seasons. Dresser coached 69 state champions and four of his teams ranked in the Top 11 nationally.

As a competitor, he won two state titles and compiled a 112-11-1 record at Humboldt (Iowa) High School before a distinguished collegiate career at Iowa. The two-time All-American and two-time Big Ten champion won the 1986 NCAA Championship (when he won the Mike Howard Award as Iowa’s MWY) and placed fourth at the national meet in 1985. The Hawkeyes won national titles in each of his five seasons on the roster.

Dresser has been inducted into the Iowa School Athletic Association Wrestling Hall of Fame (2009), the Iowa Wrestling Hall of Fame (2014) and the Roanoke Valley Wrestling Hall of Fame (2015). He was also presented a Lifetime Service Award by the Virginia chapter of the National Wrestling Hall of Fame in 2013.

Dresser earned a B.S. degree in general studies from Iowa in 1986. He and his wife, Penny, have three children: Emma, Anna and Jack.

DRESSER YEAR-BY-YEAR

<table>
<thead>
<tr>
<th>Year</th>
<th>School</th>
<th>Record</th>
<th>NCAA</th>
<th>Record</th>
<th>NCAA</th>
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<td>2006-07</td>
<td>Virginia Tech</td>
<td>6-12</td>
<td>T-60th</td>
<td>6-12</td>
<td>T-60th</td>
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<td>2007-08</td>
<td>Virginia Tech</td>
<td>7-9</td>
<td>DNF</td>
<td>7-9</td>
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<td>Virginia Tech</td>
<td>20-2</td>
<td>39th</td>
<td>20-2</td>
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<td>2009-10</td>
<td>Virginia Tech</td>
<td>17-5</td>
<td>24th</td>
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<td>2010-11</td>
<td>Virginia Tech</td>
<td>20-4</td>
<td>33rd</td>
<td>20-4</td>
<td>33rd</td>
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<tr>
<td>2011-12</td>
<td>Virginia Tech</td>
<td>6-6</td>
<td>11th</td>
<td>6-6</td>
<td>11th</td>
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<tr>
<td>2012-13</td>
<td>Virginia Tech</td>
<td>16-3</td>
<td>10th</td>
<td>16-3</td>
<td>10th</td>
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<tr>
<td>2013-14</td>
<td>Virginia Tech</td>
<td>18-5</td>
<td>8th</td>
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<td>8th</td>
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<td>2014-15</td>
<td>Virginia Tech</td>
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<td>10th</td>
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<td>2015-16</td>
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<td>2016-17</td>
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<td>Iowa State</td>
<td>8-10</td>
<td>74th</td>
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<tr>
<td>2018-19</td>
<td>Iowa State</td>
<td>10-4</td>
<td>16th</td>
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<td>16th</td>
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</table>

(ISU: Overall (18-14 - .563) VT: Overall (160-51 - .758) Career: Overall (178-65 - .733)

KEVIN DRESSER

HOMETOWN: Humboldt, Iowa
COLLEGE: Iowa, ’86
WIFE: Penny
CHILDREN: Emma, Anna and Jack
TWITTER: @CYWrestle_KD

2018-19 ROSTER

<table>
<thead>
<tr>
<th>NAME</th>
<th>WEIGHT</th>
<th>YEAR</th>
<th>HOMETOWN/HIGH SCHOOL</th>
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<tbody>
<tr>
<td>Joakob Allison</td>
<td>125</td>
<td>Jr.</td>
<td>Waukee, Iowa / Waukee</td>
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<tr>
<td>Ethan Andersen</td>
<td>285</td>
<td>Jr.</td>
<td>Altoona, Iowa / Southeast Polk</td>
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<tr>
<td>Tate Battani</td>
<td>165</td>
<td>Jr.</td>
<td>Huxley, Iowa / Ballard</td>
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<tr>
<td>Sinjin Briggs</td>
<td>125</td>
<td>Jr.</td>
<td>Gilbert, Iowa / Gilbert</td>
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<tr>
<td>Tyler Buesgens</td>
<td>184</td>
<td>Jr.</td>
<td>Jordan, Minn. / Scott West</td>
</tr>
<tr>
<td>Danny Bush</td>
<td>184</td>
<td>Jr.</td>
<td>Aiea, Hawaii / Saint Louis</td>
</tr>
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<td>Corey Cabanban</td>
<td>125</td>
<td>Jr.</td>
<td>Canton, Ohio / Perry</td>
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<tr>
<td>David Carr</td>
<td>157</td>
<td>Jr.</td>
<td>Hermiston, Ore. / Hermiston</td>
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<td>Samuel Colbray</td>
<td>184</td>
<td>Jr.</td>
<td>Ames, Iowa / Ames</td>
</tr>
<tr>
<td>Marcus Coleman</td>
<td>174</td>
<td>Jr.</td>
<td>Belgrade, Mont. / Belgrade</td>
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<td>Jarrett Degen</td>
<td>149</td>
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<td>Sibley, Iowa / Sibley-Ocheyedon</td>
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<tr>
<td>Hunter De Jong</td>
<td>197</td>
<td>Jr.</td>
<td>Iowa City, Iowa / Iowa City West</td>
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<td>Francis Duggan</td>
<td>285</td>
<td>Jr.</td>
<td>Ruston, Louisiana / Ruston</td>
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<tr>
<td>Taylan Enenriken</td>
<td>165</td>
<td>Jr.</td>
<td>Houston, Texas / Mayde Creek</td>
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<tr>
<td>Dan Essick</td>
<td>197</td>
<td>Jr.</td>
<td>Carol Stream, Ill. / Glenbard North</td>
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<td>DeMichael Franklin</td>
<td>174</td>
<td>Jr.</td>
<td>Dubuque, Iowa / Hempsstead</td>
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<tr>
<td>Austin Gonzalez</td>
<td>133</td>
<td>Jr.</td>
<td>Osage, Iowa / Osage</td>
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<tr>
<td>Gannon Gremessel</td>
<td>285</td>
<td>Jr.</td>
<td>Tama, Iowa / South Tama</td>
</tr>
<tr>
<td>Brady Jennings</td>
<td>165</td>
<td>Jr.</td>
<td>Billings, Mont. / Billings</td>
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<tr>
<td>Isaac Judge</td>
<td>149</td>
<td>Jr.</td>
<td>Clear Lake, Iowa / Clear Lake</td>
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<tr>
<td>Charlie Klepp</td>
<td>125</td>
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<td>Osage, Iowa / Osage</td>
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<tr>
<td>Ryan Leisure</td>
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<td>Tama, Iowa / South Tama</td>
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<td>Alex Mackall</td>
<td>125</td>
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<td>Alec McDowell</td>
<td>184</td>
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<td>Austin, Iowa / Austin</td>
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<td>Willie Miklus</td>
<td>197</td>
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<td>Spring Hill, Kan. / Spring Hill</td>
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<td>Zane Mulder</td>
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<tr>
<td>Noah Nemmer</td>
<td>141</td>
<td>Jr.</td>
<td>Grimes, Iowa / Dallas Center Grimes</td>
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<td>Ian Parker</td>
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<td>Ames, Iowa / Ames</td>
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<td>Logan Schumacher</td>
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<td>Ankeny, Iowa / Dowling Catholic</td>
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<td>Joey Shapiro</td>
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<td>Jr.</td>
<td>Martensdale, Iowa / Martensdale St. Mary’s</td>
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<td>Anthony Sherry</td>
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<td>Mac Southard</td>
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<td>Skyley St. John</td>
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<td>Jr.</td>
<td>Suwanee, Georgia / North Gwinnett</td>
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<tr>
<td>Austen Stotts</td>
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<td>Jr.</td>
<td>Council Bluffs, Iowa / Lewis Central</td>
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<tr>
<td>Grant Stotts</td>
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<td>Jr.</td>
<td>Cedar Rapids, Iowa / Cedar Rapids Prairie</td>
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<td>Chase Straw</td>
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<td>Jr.</td>
<td>Urbandale, Iowa / Valley Valley</td>
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<td>Hank Swalla</td>
<td>174</td>
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<td>Urbandale, Iowa / Valley Valley</td>
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<tr>
<td>Joe Teague</td>
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<td>Jr.</td>
<td>Waukee, Iowa / Waukee</td>
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<tr>
<td>Brandon Tessau</td>
<td>184</td>
<td>Jr.</td>
<td>Waukee, Iowa / Waukee</td>
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WRESTLING STAFF

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<tr>
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<th>WEIGHT</th>
<th>YEAR</th>
<th>HOMETOWN/HIGH SCHOOL</th>
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<tbody>
<tr>
<td>Derek St. John</td>
<td>149</td>
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<tr>
<td>Brent Metcalf</td>
<td>100</td>
<td>Jr.</td>
<td>Altoona, Iowa / Southeast Polk</td>
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<td>Ben Durbin</td>
<td>103</td>
<td>Jr.</td>
<td>Ames, Iowa / Ames</td>
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<tr>
<td>Robin Wilson</td>
<td>102</td>
<td>Jr.</td>
<td>Ames, Iowa / Ames</td>
</tr>
</tbody>
</table>

2nd Season

Assistant Coach

Volunteer Assistant

Director of Operations

Iowa State Wrestling • National Champions: ’33, ’65, ’69, ’70, ’72, ’73, ’77, ’87
NCAA CHAMPIONSHIP HEADLINES

† NINE IS FINE

• Iowa State has qualified nine wrestlers for the NCAA Championships after having just one last season. It’s the most NCAA qualifiers for the Cyclones since they brought all 10 to the 2010 NCAA Championships in Omaha.

• Only seven other schools are bringing nine or more wrestlers to Pittsburgh (Ohio State - 10, Penn State - 9, Oklahoma State - 9, NC State - 9, Virginia Tech - 9, Iowa - 9, Missouri - 9).

• Individually, ISU wrestlers qualified for the NCAA Championships have compiled a combined 216 victories on the season, which is combined for the most of any team in the field in Pittsburgh behind Oklahoma State (216).

† MIKLUS’ MILESTONES

• Willie Miklus is no stranger to the NCAA Championships and will be making his fourth appearance at the national tournament in search of his fourth All-America performance.

• Miklus was a three-time All-American at Missouri before transferring to Iowa State for his final year of eligibility.

• A fourth podium finish would be among many of the other wrestling milestones Miklus has collected this season. He posted his 50th career dual victory against Oklahoma State’s Dakota Geer in the dual in Stillwater. At the Big 12 Championship, Miklus defeated Jacob Seeley of Northern Colorado for career win No. 100.

• If Miklus finished in the top-8, he will become the 142nd four-time All American in NCAA history.

† FIRST TIME TAKING THE BIG STAGE

• Of the nine wrestlers heading to Pittsburgh, seven of them will be making their first appearance, the most of any team in the field.

• Jarrett Degen was Iowa State’s only qualifier in 2018 and Miklus has qualified for the NCAA Tournament in 2018, 2016 and 2015.

• Seven of the nine qualifiers are redshirt sophomores or redshirt freshmen. Chase Straw, a redshirt junior and Miklus, a redshirt senior, are the upperclassman duo.

† ESPN’S COVERAGE IN PITTSBURGH

• ESPN’s unprecedented coverage of the NCAA Division I Wrestling Championships returns this month, with the annual event’s three prime-time sessions airing on ESPN, its early sessions on ESPNU and every one of the 640 matches available on ESPN3 via the ESPN App. The nearly 20 hours of competition from PPG Paints Arena in Pittsburgh begins Thursday, March 21, continues Friday, March 22, and concludes with the sport’s final day on Saturday, March 23. This year, ESPN3 will add a postgame show to its previously existing pregame show and complementary Championship night coverage, serving fans with even more content on the sport’s pinnacle night.

† CYCLONE SPIRIT PACKAGE AND SOCIALS

• Three Iowa State Wrestling t-shirts, one for each day of the championship (a different color for each day). Please join in wearing the provided Iowa State Wrestling t-shirts on the corresponding days of the tournament as shown below.

  • Thursday – White
  • Friday – Cardinal
  • Saturday – Gold

• Wristbands (access for one) to attend the exclusive Iowa State Wrestling NCAA Tournament Socials, held on Friday and Saturday, following the conclusion of the final wrestling session on each day. Both socials will be in the William Penn Ballroom at the Omni William Penn Hotel and will include complimentary light appetizers and a cash bar. You must wear your provided wristbands for access into the socials. Complete details for each social are below.

  • Friday, March 22, 2019

  • Social Location – William Penn Ballroom - Omni William Penn Hotel (the William Penn Ballroom is located on lower level of the hotel) Time – The social will begin at the conclusion of Friday’s final wrestling session (session four) and will end at 2:00am Wristband Color – Red

  • Saturday, March 23, 2019

  • Social Location – William Penn Ballroom - Omni William Penn Hotel (the William Penn Ballroom is located on lower level of the hotel) Time – The social will begin at the conclusion of Saturday’s final wrestling session (session six) and will end at 2:00am Wristband Color – White

IOWA STATE 100-MATCH WIN CLUB SINCE 1970

1. Cael Sanderson, 1999-2002 159
2. Mike Land, 1975-79 150
3. Joel Heskett, 1999-2002 143
4. Dwight Hinson, 1995-98 138
5. Chris Bono, 1994-97 130
6. Derek Mountsier, 1993-96 128
10. Jon Reader, 2008-11 124
12. Nate Carr, 1980-83 122
14. Jake Varner, 2006-10 121
15. Matt Johnson, 1990-2003 120
17. Kevin Darkus, 1981-84 118
22. Mike Mann, 1979-1983 113
25. David Zabriskie, 2006-10 109
26. Mike VanArsdale, 1985-88 108
27. Torrae Jackson, 1991-93 107
28. Travis Paulson, 2003-07 107
29. Billy Kelly, 1984-87 106
30. Zach Roberson, 2000-04 106
31. Nate Gallick, 2002-06 106
32. Barry Weldon, 1994-97 104
33. Pete Galea, 1973-76 103
34. Dan Troupe, 1991-94 103
35. Dan Johnson, 1990-2003 103
37. Nick Fanthorpe, 2006-10 100
38. Dan Gable, 1968-1970 100

2019 BIG 12 CHAMPIONSHIP RESULTS

1. Oklahoma State – 158
2. Iowa State – 114.5
3. UNI – 82
4. Oklahoma – 78
5. Fresno State – 59.5
6. Utah Valley – 59
7. Wyoming – 58
8. North Dakota State – 53.5
9. West Virginia – 46
10. South Dakota State – 18.5
11. Air Force – 18
12. Northern Colorado – 17

Iowa State Wrestling • Individual National Champions: 69 All-Americans: 291
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**Team Totals** 101 39 300 15 39 31 173 41

### INTERMAT POLL

#### Top-Ranked Individuals

**FINAL**

- 125: Sebastian Rivera, Sr., Northwestern
- 133: Stevan Micic Jr., Michigan
- 141: Yianni Diakomihalis, Jr., Cornell
- 149: Anthony Ashnault, Sr., Rutgers
- 157: Jason Nolf, Sr., Penn State
- 165: Vicenzo Joseph, Jr., Penn State
- 174: Mark Hall, Jr., Penn State
- 184: Myles Martin, Sr., Ohio State
- 197: Bo Nikal, Sr., Penn State

**HWT**

- Gable Steveson, Fr., Minnesota

### FLOWRESTLING

#### Top-Ranked Individuals

**FINAL**

- 125: Sebastian Rivera, Sr., Northwestern
- 133: Stevan Micic Jr., Michigan
- 141: Yianni Diakomihalis, Jr., Cornell
- 149: Anthony Ashnault, Sr., Rutgers
- 157: Jason Nolf, Sr., Penn State
- 165: Vicenzo Joseph, Jr., Penn State
- 174: Mark Hall, Jr., Penn State
- 184: Myles Martin, Sr., Ohio State
- 197: Bo Nikal, Sr., Penn State

**HWT**

- Gable Steveson, Fr., Minnesota

### NWCA COACHES POLL

#### Final Rankings

1. Penn State 400
2. Oklahoma State* 384
3. Iowa* 357
4. Michigan 357
5. Missouri* 337
6. Ohio State 325
7. Nebraska 298
8. Minnesota 283
9. Cornell 274
10. North Carolina State 260
11. Wyoming 236
12. North Carolina 203
13. Virginia Tech 202
14. UNI* 195
15. **Iowa State** 178

**Additional Rankings**

16. Pittsburgh 174
17. Wisconsin 149
18. Rutgers 133
19. Princeton 112
20. Lehigh 94
21. Lock Haven 81
22. Virginia 54
23. Army 51
24. Stanford 20
25. Purdue 18

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*Iowa State Wrestling - National Champions: '33, '65, '69, '70, '72, '73, '77, '87*
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DUAL MATCH BY MATCH

**ISU def. SIUE, 37-4**

125: Alex Mackall (ISU) dec. Austin Macias (SIU-E), 16-14.
133: Austin Gomez (ISU) TF Jacob Blaha (SIU-E), 18-3 (3:00).
149: Jarrett Degen (ISU) TF Tyshawn Williams (SIU-E), 24-9 (6:22).
157: Justin Ruffin (SIU-E), 10-8 dec. Chase Straw (ISU), 9-4 (OT).
165: Brady Jennings (ISU) dec. Nate Higgins (SIU-E), 10-6.
174: Marcus Coleman (ISU) fall Kevin Gschwendtner (SIU-E), 3:19.
184: Sam Colbray (ISU) dec. Sergio Villalobos (SIU-E), 10-3.

**ISU def. OHIO, 33-6**

125: Alex Mackall (ISU) won by forfeit
133: Austin Gomez (ISU) dec. Mario Guillen (Ohio), 5-3
141: Ian Parker (ISU) maj. dec. Kyran Hagan (Ohio), 12-1
149: Jarrett Degen (ISU) pinned Alec Hagan (Ohio), 4:56
157: Zac Carson (Ohio) dec. Chase Straw (ISU), 7-4
165: Colt Yinger (Ohio) dec. Skyler St. John (ISU), 4-3
174: Marcus Coleman (ISU) maj. dec. Joe Terry (Ohio), 14-6
184: Sam Colbray (ISU) dec. Hunter Yeargan (Ohio), 9-8
197: Willie Miklus (ISU) tech. fall Nathan Hall (Ohio), 17-2
285: Gannon Gremmel (ISU) dec. Zach Parker (Ohio), 7-3

**ISU def. NDSU, 29-7**

125: Alex Mackall (ISU) dec. Max Murin (Iowa), 5-4
133: Austin Gomez (ISU) dec. Pat Lugo (Iowa), 7-4 (TB1)
149: Jarrett Degen (ISU) dec. Pat Lugo (Iowa), 7-4 (TB1)
157: Kaleb Young (Iowa) dec. Chase Straw (ISU), 8-3
165: Alex Marinelli (Iowa) fall Brady Jennings (ISU), 4:45
174: Marcus Coleman (ISU) inj. default Myles Wilson (Iowa), 3:00
184: Sam Colbray (ISU) dec. Cash Wilcke (Iowa), 7-6
197: Jacob Warner (Iowa) dec. Willie Miklus (ISU), 5-4
285: Sam Stoll (Iowa) dec. Gannon Gremmel (ISU), 5-1

**IOWA def. ISU, 19-18**

141: Ian Parker (ISU) maj. dec. Max Murin (Iowa), 5-4
149: Jarrett Degen (ISU) dec. Pat Lugo (Iowa), 7-4 (TB1)
157: Kaleb Young (Iowa) dec. Chase Straw (ISU), 8-3
165: Alex Marinelli (Iowa) fall Brady Jennings (ISU), 4:45
174: Marcus Coleman (ISU) inj. default Myles Wilson (Iowa), 3:00
184: Sam Colbray (ISU) dec. Cash Wilcke (Iowa), 7-6
197: Jacob Warner (Iowa) dec. Willie Miklus (ISU), 5-4
285: Sam Stoll (Iowa) dec. Gannon Gremmel (ISU), 5-1

**ISU def. NDSU, 29-7**

125: Alex Mackall (ISU) dec. Max Murin (Iowa), 5-4
133: Austin Gomez (ISU) TF Jacob Blaha (SIU-E), 18-3 (3:00).
149: Jarrett Degen (ISU) TF Tyshawn Williams (SIU-E), 24-9 (6:22).
157: Justin Ruffin (SIU-E), 10-8 dec. Chase Straw (ISU), 9-4 (OT).
165: Brady Jennings (ISU) dec. Nate Higgins (SIU-E), 10-6.
174: Marcus Coleman (ISU) fall Kevin Gschwendtner (SIU-E), 3:19.
184: Sam Colbray (ISU) dec. Sergio Villalobos (SIU-E), 10-3.

BOLD indicates a win.
Iowa State Wrestling • National Champions: '33, '65, '69, '70, '72, '73, '77, '87

ISU def. FSU, 31-6
141: Ian Parker (ISU) maj. dec. Chris Deloza (FSU), 19-5
149: Jarrett Degen (ISU) dec. Christian Olivas (FSU), 11-5
157: Jacob Wright (FSU) dec. Chase Straw (ISU), 5-4 (TB1)
165: Logan Schumacher (ISU) dec. Brandon Martino (FSU), 11-7
174: Marcus Coleman (ISU) maj. dec. Dominic Kincaid (FSU), 14-1
184: Sam Colbray (ISU) dec. Jackson Henamuer (FSU), 8-7
197: Josh Hokit (FSU) dec. Willie Miklus (ISU), 4-2 (SV)
125: Alex Mackall (ISU) pinned Robert Garcia (FSU), 5:34
133: Austin Gomez (ISU) tech. fall Gary Joint (FSU), 24-5 (5:32)

ISU def. OSU, 29-17
125: Alex Mackall (ISU) pinned Jonathan Tropea (RU), 5:36
133: Anthony Cefolo (RU) pinned Austin Gomez (ISU), 2:56
141: Ian Parker (ISU) pinned Travis Layton (RU), 5:19
149: Jarrett Degen (ISU) maj. dec. Gary Dinmore (RU), 19-6
157: Chase Straw (ISU) dec. Gion Fluri (RU), 10-4
165: Jesse Deelavecchia (RU) pinned Logan Schumacher (ISU), 4:39
174: Marcus Coleman (ISU) maj. dec. George Walton (RU), 16-6
184: Sam Colbray (ISU) maj. dec. Michael Fagg-Daves (RU), 12-3
197: Willie Miklus (ISU) dec. Ethan Laid (RU), 11-4
285: Ryan Cloud (RU) pinned Gannon Gremmel (ISU), 4:26

ISU def. WVU, 36-3
197: Willie Miklus (ISU) pinned Noah Adams (WVU), 3:37
285: Gannon Gremmel (ISU) pinned Brandon Ngati (WVU), 2-0
125: Alex Mackall (ISU) dec. Jojo Thomas (WVU), 8-2
133: Austin Gomez (ISU) dec. Matthew Schmitt (WVU), 8-4
141: Ian Parker (ISU) dec. Caleb Rea (WVU), 14-9
149: Jarrett Degen (ISU) dec. Gion Fluri (RU), 10-4
157: Chase Straw (ISU) dec. Zachary Moore (WVU), 13-4
165: Nick Kiussis (WVU) dec. Logan Schumacher (ISU), 3-2
174: Marcus Coleman (ISU) pinned James Wujek (WVU), 3:27
184: Sam Colbray (ISU) tech. fall Jacob Moomau (WVU), 19-4 (4:37)

OSU def. ISU, 22-15
157: Chase Straw (ISU) dec. Colten Carlson (OSU), 11-4
165: Andrew Shomers (OSU) dec. Logan Schumacher (ISU), 8-2
174: Joe Smith (OSU) pinned Marcus Coleman (ISU), 2:42
184: Jacobe Smith (OSU) dec. Sam Colbray (ISU), 9-3
197: Willie Miklus (ISU) dec. Dakota Geer (OSU), 9-6
285: Derek White (OSU) dec. Gannon Gremmel (ISU), 7-1
125: Nick Piccinini (OSU) maj. dec. Alex Mackall (ISU), 14-2
133: Dayton Fox (OSU) dec. Austin Gomez (ISU), 5-4
141: Ian Parker (ISU) dec. Kaid Brock (OSU), 6-3
149: Jarrett Degen (ISU) win by inj. default. Boo Lewallen (OSU)

ISU def. SDSU, 47-0
157: Chase Straw (ISU) dec. Colten Carlson (SDSU), 11-4
165: Zane Mulder (ISU) pinned Logan Peterson (SDSU), 1:57
174: Marcus Coleman (ISU) maj. dec. Samuel Grove (SDSU), 12-3
184: Sam Colbray (ISU) dec. Zach Carlson (SDSU), 8-4
197: Willie Miklus (ISU) won by forfeit
285: Gannon Gremmel (ISU) pinned Blake Wolters (SDSU), 5-3
125: Alex Mackall (ISU) pinned Gregory Coapstick (SDSU), 2:24
133: Austin Gomez (ISU) pinned Rylee Molitor (SDSU), 4:52
141: Ian Parker (ISU) maj. dec. Aric Williams (SDSU), 17-6
149: Jarrett Degen (ISU) pinned Henry Puhlmeier (SDSU), 5:48

ISU def. UVU, 53-0
197: Willie Miklus (ISU) pinned Noah Adams (UVU), 3:37
285: Gannon Gremmel (ISU) pinned Brandon Ngati (WVU), 2-0
125: Alex Mackall (ISU) dec. Jojo Thomas (WVU), 8-2
133: Austin Gomez (ISU) dec. Matthew Schmitt (WVU), 8-4
141: Ian Parker (ISU) dec. Caleb Rea (WVU), 14-9
149: Jarrett Degen (ISU) dec. Christian Monserrat (WVU), 6-3
157: Chase Straw (ISU) maj. dec. Zachary Moore (WVU), 13-4
165: Nick Kiussis (WVU) dec. Logan Schumacher (ISU), 3-2
174: Marcus Coleman (ISU) pinned James Wujek (WVU), 3:27
184: Sam Colbray (ISU) tech. fall Jacob Moomau (WVU), 19-4 (4:37)

UNI def. ISU, 22-13
125: John Erneste (MU) tech. fall Austin Gomez (ISU), 22-6 (6:20)
141: Jaydin Eierman (MU) pinned Ian Parker (ISU), 4:53
149: Jarrett Degen (ISU) dec. Brock Mauller (MU), 11-4
157: Jarrett Jacobs (MU) dec. Chase Straw (ISU), 5-2
165: Connor Flynn (MU) dec. Logan Schumacher (ISU), 4-2
174: Daniel Lewis (MU) pinned Marcus Coleman (ISU), 2:03
184: Sam Colbray (ISU) dec. Dylan Wiltsie (MU), 3-2
197: Willie Miklus (ISU) dec. Wyatt Koelling (UV), 4-0

MU def. ISU, 23-15
125: Alex Mackall (ISU) dec. Christian Moody (MU), 10-4
133: Austin Gomez (ISU) dec. Tony Madrigal (OU), 8-2
141: Ian Parker (ISU) dec. Dom Demas (OU), 4-3 (SV)
149: Davion Jeffries (OU) dec. Jarrett Degen (ISU), 12-5
157: Justin Thomas (OU) dec. Chase Straw (ISU), 9-7
165: Logan Schumacher (ISU) dec. Hayden Hansen (OU), 5-0
174: Marcus Coleman (ISU) dec. Anthony Maranta (OU), 17-15
184: Sam Colbray (ISU) maj. dec. Kayne MacCallum (OU), 14-4
197: Willie Miklus (ISU) dec. Jake Woodley (OU), 6-5
285: Gannon Gremmel (ISU) dec. Jake Boyd (OU), 6-1

OSU def. OSU, 23-14
125: Ronne Bresser (OSU) dec. Alex Mackall (ISU), 9-5
133: Austin Gomez (ISU) pinned Devan Turner (OSU), 6:14
141: Grant Willits (OSU) dec. Ian Parker (ISU), 9-4
149: Jarrett Degen (ISU) dec. Josh Reyes (OSU), 11-7
157: Chase Straw (ISU) dec. Zech Bresser (OSU), 8-3
165: Logan Schumacher (ISU) dec. Aaron Olmso (OSU), 6-4 (SV)
174: Colt Doyle (OSU) dec. Marcus Coleman (ISU), 12-6
184: Sam Colbray (ISU) maj. dec. Bob Coleman (OSU), 13-4
197: Willie Miklus (ISU) maj. dec. Jamarious Grant (OSU), 11-1
285: Amar Dhesi (OSU) tech. fall Ethan Andersen (ISU), 23-8

MU def. OSU, 22-13
125: John Erneste (MU) tech. fall Austin Gomez (ISU), 22-6 (6:20)
141: Jaydin Eierman (MU) pinned Ian Parker (ISU), 4:53
149: Jarrett Degen (ISU) dec. Brock Mauller (MU), 11-4
157: Jarrett Jacobs (MU) dec. Chase Straw (ISU), 5-2
165: Connor Flynn (MU) dec. Logan Schumacher (ISU), 4-2
174: Daniel Lewis (MU) pinned Marcus Coleman (ISU), 2:03
184: Sam Colbray (ISU) dec. Dylan Wiltsie (MU), 3-2
197: Willie Miklus (ISU) dec. Wyatt Koelling (UV), 4-0
IOWA STATE CLAIMS THREE INDIVIDUAL TITLES AT CYCLONE OPEN

AMES, Iowa – The Iowa State wrestling team kicked off its season with competition at the Harold Nichols Cyclone Open. In total, 18 Cyclone grapplers finished in the top-3 of their brackets, and Alex Mackall, Willie Miklus and Francis Duggan all put out championship performances.

Mackall wrestled in one of the smaller brackets at the Cyclone Open. The 125-pound open bracket featured a round robin format. Mackall defeated Missouri’s Cameron Valdiviez by 8-5 decision and followed that up with a 15-8 victory over Grand View’s Justin Portillo.

Miklus was dominant in his run to the Cyclone Open finals at 197 pounds. Miklus pinned Matthew Wenzel in 0:52 to open the tournament and parlayed that into a fall in 0:54 over Wisconsin’s Brady Wetter. In the finals, he defeated Grand View’s NAIA national champion Evan Hansen by 5-2 decision.

Duggan’s path to the finals was a little bit longer than Miklus’, but just as dominant. Duggan rattled off three first-period falls before reaching the finals where he faced a familiar foe. Boone McDermott got the better of Duggan on a couple occasions in high school, but it was Duggan who would take the Cyclone Open title with an emphatic 6-0 decision over the Iowa Central Triton.

Final Placements: Open
125: Alex Mackall 1st
141: Ian Parker 3rd, Ryan Leisure 5th
149: Jarrett Degen 2nd
157: David Carr 3rd
165: Brady Jennings 3rd
174: Marcus Coleman 2nd
184: Sam Colbray 2nd, Danny Bush 4th
197: Willie Miklus, 1st, Kaden Sauer 3rd
285: Gannon Gremmel 3rd

Final Placements: Fresh/Soph
125: Corey Cabanban 3rd, Jakob Allison 4th
133: Sinjin Briggs 3rd
149: Noah Nemer 5th
157: Isaac Judge 5th
165: Zane Mulder 2nd, Tate Battani 5th
174: Logan Schumacher 2nd, Mac Southard 3rd, DeMichael Franklin 5th, Taylan Entriken 5th,
184: Tyler Buesgens 2nd, Alec McDowell 5th
197: Hunter DeJong 2nd
285: Francis Duggan 1st

CYCLONES SHOW OUT IN CY STEPHENS

AMES, Iowa – The Iowa State wrestling team (1-0, 0-0 Big 12) opened its 2018-19 dual season in dominant fashion with a 37-3 victory over SIU-Edwardsville (0-1, 0-0 MAC) at Stephens Auditorium.

The Cyclones won nine of 10 matches over the Cougars, including four bonus-point victories highlighted by pins from Ian Parker (141 pounds) and Marcus Coleman (174). Austin Gomez and Jarrett Degen (149) also earned ovations from the ISU crowd, both earning wins by technical fall.

Alex Mackall put the Cyclones up early with a victory over Austin Macias in a scoring flurry. Mackall was in control for most of the match before Macias reversed Mackall and added four back points. Mackall would score on a late takedown and secure 2:33 of riding time to push him past Macias, 16-14.

Gomez kicked off a three-match bonus-point victory streak for the Cyclones. In his Cardinal and Gold debut, Gomez rattled off four first-period takedowns and added another 10 back points to take his match by 18-3 technical fall over Jacob Blaha.

Parker brought the 1,445 fans at Stephens Auditorium to their feet with a second period fall over Coleman Brainard. Parker was dominant in the match, tallying five takedowns before driving Brainard to his back.

Degen added five team points when he defeated Tyshawny Williams by 24-9 technical fall. Degen racked up eight takedowns and a reversal in his winning efforts.

Following the break, Brady Jennings knocked off NCAA Qualifier Nate Higgins by 10-6 decision. It was an unorthodox match, with Jennings scoring a takedown and three reversals to take down No. 19 Higgins.

Coleman was the next Cyclone to score bonus points. He racked up six takedowns before bullying Kevin Gschwendter to his back in 5:19.

Sam Colbray, Willie Miklus and Gannon Gremmel brought the Cardinal and Gold home with three straight decisions to close out the match. Colbray defeated Sergio Villalobos, 10-3; Miklus took down Christian Dulaney, 5-3, and Gremmel put the exclamation point on a Cyclone victory with a 9-5 decision over Tommy Helton.

LINDENWOOD OPEN PRODUCES FIVE ISU CHAMPS

ST. LOUIS, Missouri – The Iowa State sent its entire healthy roster to the Lindenwood Open, which was comprised of over 30 wrestlers. In the Open division, Iowa State sent seven wrestlers to the finals, four of which won titles (Austin Gomez, Jarrett Degen, David Carr and Willie Miklus). In the Fresh/Soph division, the Cyclones had two finalists and Corey Cabanban won the championship bout at 125 pounds.

Final Placements: Open
125: Alex Mackall 2nd
133: Austin Gomez 1st
Iowa State Wrestling • National Champions: ‘33, ’65, ’69, ’70, ’72, ’73, ’77, ’87

Iowa State Wrestling • Individual National Champions: 69 All-Americans: 291

141: Ian Parker 2nd
149: Jarrett Degen 1st
157: David Carr 1st
174: Marcus Coleman 5th
184: Sam Colbray 3rd, Danny Bush 4th
197: Willie Miklus 1st,
285: Gannon Gremmel 2nd, Ethan Andersen 3rd

Final Placements: Fresh/Soph
125: Corey Cabanban 1st,
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184: Tyler Buesgens 3rd, Alec McDowell 2nd
197: Hunter DeJong 5th

CY-HAWK DUAL COMES DOWN TO FINAL BOUT, NO. 3 HAWKS EDGE IOWA STATE, 19-18
IOWA CITY, Iowa – The Iowa State wrestling team (1-1, 0-0 Big 12) fell to in-state rival No. 3 Iowa (5-0, 1-0 Big 10) by a narrow margin, 19-18. The Cyclones and Hawkeyes split in bouts won, 5-5. The difference in the dual came down to a bonus-point victory for Iowa.

Redshirt sophomores Ian Parker and No. 14 Jarrett Degen kicked off the dual in style for Iowa State, each capturing a victory by decision.

Parker toed the line with Iowa’s No. 16 Max Murin. In the third period, Parker trailed Murin 4-1, but an escape and an unnecessary roughness call on Murin made the match 4-3. Parker won in a late scramble for a takedown and won the match by 5-4 decision.

Degen’s match against No. 11 Pat Lugo went to tiebreaker one. At the end of regulation, the two were locked at 4-4 and no scoring came in sudden victory. Degen was able to ride out Lugo in the first stanza of tiebreaker one. In the second, Degen earned an early escape and then slammed the door on the Hawkeye with a takedown for a 7-4 victory.

After an injury default from Iowa’s Myles Wilson in his match against No. 21 Marcus Coleman, the Cyclones led 12-9 at the break.

Following intermission, Sam Colbray kept the Iowa State momentum going with an upset-victory over No. 11 Cash Wickle. Trailing late in the match, Colbray put up one last attack and landed a takedown with five second remaining for a 7-6 victory over the Hawk. At that point, Iowa State lead the dual 15-9.

Iowa showed its teeth. They took victories at 197, 285 and 125 pounds. They pushed ahead 19-15 heading to the final match.

The 133-pound bout lived up to its hype. It featured No. 14 Austin Gomez and No. 10 Austin DeSanto. After a review in the third period, the match was tied 8-8. Gomez took DeSanto took his back, putting the Hawkeye in danger. Gomez kept DeSanto on his back for 20 seconds before he was able to shake free. Gomez won the match 14-9, but Iowa State ultimately fell 19-18 to No. 3 Iowa.

Degen added five team points when he defeated Tyshawn Williams by 24-9 technical fall. Degen racked up eight takedowns and a reversal in his winning efforts.

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Sergio Villalobos, 10-3, Miklus took down Christian Dulaney, 5-3, and Gremmel put the exclamation point on a Cyclone victory with a 9-5 decision over Tommy Helton.

IOWA STATE CAPTURES THREE UNI OPEN TITLES
CEDAR FALLS, Iowa – The No. 23 Iowa State wrestling team (1-1, 0-0 Big 12) sent 28 wrestlers to the UNI Open on Saturday. In total, 10 Cyclone grapplers finished in the top-six of their respective weight classes, including championship performances from Alex Mackall (125), David Carr (157) and Marcus Coleman (174).

Ryan Leisure (141), Joel Shapiro (184) and Gannon Gremmel (285) all suffered losses on the front side of the bracket, but bounced back to take third place in their weight class. Chase Straw (157) and Francis Duggan (285) both earned fourth place finishes, while Danny Bush (184) and Brady Jennings (165) took fifth and sixth place, respectively.

Mackall rolled to a 4-0 record on Saturday. He opened up with victories over Cevion Severado of Missouri and Jacob Schipper of Northern Iowa. He reached the finals after Minnesota's Skyler Petry was forced to medical forfeit out of the tournament. In the finals, Mackall faced Minnesota's highly touted freshman Patrick McKee. Mackall dispatched the Gopher by S-1 decision to take the title at 125 pounds.

At 175 pounds, Carr continued to impress during his redshirt campaign. Since dropping his first match at the Cyclone Open, Carr is a perfect 18-0 and has now captured three open titles. He wrestled to a 5-0 record on Saturday. He reached the semfinals by pinning Missouri's Derek McDaniel in 1:37, defeating Ethan Karsten of Iowa Central by 18-3 technical fall and UNI's Cayd Lara by 11-2 major decision.

In the semifinals, Carr squared up with Minnesota's Brayton Lee. Coming out of high school, Carr was tabbed the No. 1 recruit at 152 pounds, while Lee was ranked No. 2. Carr advanced to the UNI Open finals with a 6-0 victory over Lee. In the finals, Carr took down Wisconsin's Devin Bahra by S-2 decision.

Coleman defended his 2017 UNI Open title. The Ames, Iowa, native posted a 3-0 record on the day, racking up 51 match points in only three matches. He took out Minnesota's Baliee O'Reilly by 12-5 decision, followed by Iowa Central's Ashton Eyper by 17-10 decision. In the finals, Coleman defeated UNI's Austin Yant by 22-10 major decision.

ISU ROLLS THROUGH OHIO, 33-6 TO CLOSE OUT SEMESTER
AMES, Iowa – No. 23 Iowa State (2-1, 0-0 Big 12) defeated Ohio (1-2-0, 0-0 MAC), 33-6 in wrestling action Sunday night in Hilton Coliseum. Iowa State won seven of nine matches contested, including four with bonus points (one fall, one technical fall, two major decisions).

With a forfeit at 125 pounds and a 5-3 decision by No. 10 Austin Gomez at 133, the Cyclones led 9-0 after two matches.

At 141 pounds, No. 19 Ian Parker dominated in a 12-1 major decision triumph over Kyran Hagan. Parker had 3:07 of riding time and a four-point near-fall in the match. The win improves Parker's season record to 10-2.

No. 8 Jarrett Degen kept the Cyclones rolling at 149 pounds with a pin against Alec Hagan. Three takedowns staked Degen a 6-2 lead after the first period. Degen's fourth takedown early in the second period turned into a fall when he got Hagan on his back with 0:04 left in the stanza. Degen is now 9-1 on the year.

Marcus Coleman used six takedowns en route to a 14-6 major decision win over Joe Terry in the 174-pound match.

No. 16 Sam Colbray won a tight match, 9-8, at 184 pounds over Hunter Yeargan thanks to a takedown with 0:02 left in the final period. It appeared Colbray lost the match 8-7. However, Iowa State head coach Kevin Dresser asked for a review and got it when the official looked at the replay and issued the takedown.

At 197 pounds, No. 5 Willie Miklus wasted little time in a 17-2 technical fall win against Nathan Hall. Miklus raced out to a 12-1 lead at the end of the first period behind a four-point near fall and multiple takedowns. Miklus eclipsed five minutes of riding time in the match, racking up 5:03 in the top position.

Gannon Gremmel wrapped up the dual with a 7-3 victory over Zach Parker at heavyweight. ISU was deducted a team point for unsportsmanlike conduct.

CYCLONES FINISH THIRD AT SOUTHERN SCUFFLE
CEDAR FALLS, Tenn. – The No. 23 Iowa State wrestling team took third place with 104 team points at the 2019 Southern Scuffle. In total, the Cyclones had eight medal winners, including a runner-up-finish from Austin Gomez at 133 pounds.

Todd Small (133), Jarrett Degen (149) and Sam Colbray (184) all finished fifth at their weights. Alex Mackall (125) and Marcus Coleman (174) took sixth, while Chase Straw (157) and Gannon Gremmel (285) finished seventh and eighth, respectively.

Gannon Gremmel wrapped up the dual with a 7-3 victory over Zach Parker at heavyweight. ISU was deducted a team point for unsportsmanlike conduct.

No. 2 Austin Gomez was slated to face No. 1 Dayton Fix of Oklahoma State in the 133-pound finals. In a battle of two of the Big 12’s best, Fix scored on two take-downs. Gomez fired off several attacks, but it wasn't enough to match the Cowboy. In the end it was Fix over Gomez, 6-3.

Late in the third period of the match between Todd Small and Stanford’s No. 5 Mason Pengilly, the score was knotted up at 2-2. A scrambled ensued and it was Small that came out on top, scoring the go-ahead takedown with just four seconds on the clock to take the match 4-2.

No. 6 Jarrett Degen capped off the tournament in style for Iowa State. Degen led CSU-Bakersfield’s Russell Rohlfing in the third before winning in a scramble and bringing his shoulders to the mat for a fall in 4:53.

No. 4 Sam Colbray was dominant from the whistle in his fifth-place bout. He tallied four takedowns and a four-point nearfall to lead 14-2 before taking Dom Ducharme to his back for the fall in 6:04.

The 125-pound fifth-place match pitted No. 6 Alex Mackall and Alonzo Allen of Chattanooga. The match was back and forth, each wrestler exchanging blows to bring the score to 5-5 in the third period. With less than one minute to go in the third, Mackall was hit with his second stall warning, awarding Allen a point. That proved to be the difference in the match as he went on to defeat Mackall, 6-5.

At 174 pounds, No. 8 Marcus Coleman was in on several attacks but No. 5 Matt Finesilver was able to counter them. Coleman went on to take sixth as the Blue Devil beat him by 10-2 major decision.

At 157 pounds Chase Straw took seventh place after Ben Anderson from Duke was forced to medical forfeit the match.
Gannon Gremmel got the first takedown in his match against Stanford's Maley. However, the Cardinal would counter. Maley took Gremmel down in the first period and then tacked on one more takedown in the third to win the match 7-3.

**BIG 12 ACTION OPENS WITH 29-7 VICTORY OVER NO. 23 NDSU**

FARGO, N.D. – No. 21 Iowa State (3-1, 1-0 Big 12) secured its first Big 12 victory of the season with a 29-7 victory over No. 23 North Dakota State (6-4, 2-3 Big 12). The Cyclones one eight of 10 bouts in Fargo, including three by bonus-point margin.

At 157 pounds, redshirt junior Chase Straw put the Cyclones on the board. In a high scoring match, Straw racked up five takedowns against Nick Knutson. He also turned the Bison for a four-point near fall and worked hard on top, garnering 3:34 of riding time in a 17-8 major decision victory.

Redshirt freshman Marcus Coleman jumped out to an early 6-2 lead over Lorenzo De La Riva. After a scoreless second period from Coleman, De La Riva cut the score to 6-5. Coleman secured a late takedown in the third to win it 8-7.

Redshirt sophomore Sam Colbray locked up four takedowns and compiled 2:31 of riding time as he went on to defeat Michael Otomo by 10-3 decision.

Heading to intermission, redshirt senior Willie Miklus sent the Cyclones into the locker room with a 16-4 lead. Miklus took Cordel Eaton down twice before turning him for the first-period fall in 2:53.

Following the break, redshirt sophomore Gannon Gremmel kept Iowa State on track. It was a rematch from the UWW Junior National Freestyle finals as Gremmel took on Brandon Metz. Gremmel scored a takedown, earned two back points and rode for 1:55 in a 7-3 win over the Bison.

Redshirt freshman Austin Gomez found himself in another exciting match at 133 pounds. He squared off with NDSU’s No. 18 Cam Sykora. After the first period, Gomez held a 4-1 advantage. Sykora then turned Gomez for four points in the second to take a 5-4 lead heading to the final frame. Sykora earned an escape to begin the third, but Gomez secured a takedown and held Sykora on the mat to force sudden victory. It took Gomez just eight seconds in the extra period to take Sykora down and win the match, 8-6.

Making his Iowa State dual debut, redshirt freshman Ryan Leisure was locked in a tight battle with Sawyer Degen, the younger brother of Iowa State 149-pounder Jarrett Degen. Leisure scored two takedowns and two reversals while holding off a late effort from S. Degen to win the match 8-7.

To close out the dual, redshirt sophomore Jarrett Degen put on a takedown clinic. He racked up seven total takedowns in a 16-5 major decision over Jaden Van Maanen to put the exclamation point on a dominant Cyclone victory.

**IOWA STATE ROLLS PAST FRESNO STATE, 31-6**

AMES, Iowa – No. 21 Iowa State (4-1, 2-0 Big 12) defeated Fresno State (4-6, 1-3 Big 12), 31-6 in wrestling action Sunday afternoon in Hilton Coliseum.

Iowa State won eight of 10 matches contested, including four with bonus points (one fall, one technical fall, two major decisions).

Ian Parker set the tone with a 19-5 major decision over Chris Deloza at 141 pounds. After giving up an early takedown, Parker dominated the rest of the way. He picked up a pair of nearfalls – a two-pointer and a four-pointer – to increase his season record to 15-2.

Jarrett Degen notched an 11-5 win at 149 pounds and Chase Straw lost a close battle at 157 pounds, falling to Jacob Wright in tiebreaker one at 5-4.

True freshman Logan Schumacher got the crowd going with an 11-7 win vs. Brandon Martino in the 165-pound match. In his first dual bout in Hilton Coliseum, Schumacher was down 5-2 in the second period. The rookie then took down Martino and got the Bulldog on his back for a four-point near fall, flipping the match in his favor at 8-5. He held on for an 11-7 victory.

Marcus Coleman was the aggressor at 174 pounds, registering four takedowns and a four-point near fall en route to a 14-1 win over Dominic Kincaid.

Sam Colbray (184) and Gannon Gremmel (285) won a pair of one-point decisions at 8-7 and 6-5, respectively, to help the Cyclones take a 20-6 lead in the dual.

ISU 125-pounder Alex Mackall then scored the fall at the 5:54 mark over Robert Garcia to give the Cyclones six points and a 26-6 lead heading into the final match.

Austin Gomez then put the exclamation point on the match with a decisive 24-5 technical fall victory over Gary Joint. Gomez led 10-1 after the first period with a lat drop takedown where he picked up a four-point near fall. He recorded another four-pointer to end the match in the third period.

**ISU BEATS RIDER IN JERSEY, 29-17**

LAWRENCEVILLE, N.J. – No. 21 Iowa State (5-1, 2-0 Big 12) opened up a two-match road trip with a victory at Rider (4-3, 2-0 EWL), 29-17. The Cyclones took seven of 10 matches contested, including four with bonus-point margin. ISU is now 4-0 in its last four duals.

At 125-pounds, Alex Mackall got the scoring started for ISU. The Austintown, Ohio, native racked up 16 points in the match before bringing Jonathan Tropea to his back for the fall in 5:36. After the 125-pound bout, both teams were docked one point for unsportsmanlike conduct.

Ian Parker followed Mackall’s lead at 141 pounds. In the third period, Parker led Travis Layton 11-4 after Parker was awarded four back points on a turn. Parker readjusted and brought the Bronc’s shoulders to the mat for the fall in 5:19.

Jarrett Degen and Chase Straw pushed the Iowa State lead to 18-5 at the intermission. Degen did what he’s done so well this year and that is to score points. He tallied eight takedowns in a 19-6 major decision over Gary Dinmore. Straw got back into the win column behind three third-period takedowns and a 10-4 against Gion Fluri.

Following the intermission, Marcus Coleman and Sam Colbray tacked on a pair of major decisions.

At 174-pounds, Coleman got taken down early by George Walton and turned to his back and found himself in a 6-0 hole. After the first period, Coleman trailed 7-3. Coleman cut Walton’s lead to 7-6 with an escape and a takedown in the second. The third period was all Coleman. The Ames, Iowa, native earned a take-down, turned Walton twice for a total of six back points and was awarded for his effort on top with a pair of Walton-stall calls. Coleman earned a point for riding time to win the match 16-8.
Colbray was dominant in a 12-3 victory over Michael Fagg-Daves, his second win over the Bronc this year. Colbray notched three takedowns, a four-point nearfall and earned a point for riding time to secure four team points for the Cyclones.

After suffering a tough loss at home against Fresno State, Willie Miklus bounced back in Alumni Gym. The redshirt senior amassed four takedowns in an 11-4 victory over Ethan Laird.

**IOWA STATE DOMINATES MOUNTAINEERS IN MORGANTOWN, 36-3**

MORGANTOWN, W. Va. – No. 16 Iowa State (6-1, 3-0 Big 12) was not troubled by West Virginia (2-11, 2-4 Big 12) on Sunday afternoon as the Cyclones blew past the Mountaineers, 36-3. ISU won nine out of the 10 bouts with two victories by fall, one by technical fall and one by major decision.

The dual began at 197-pounds and No. 6 Willi Miklus. After giving up the first takedown of the match, Miklus corrected course against Noah Adams. He began the second period with an escape and a takedown, and took Adams to his back for the fall in 4:37.

At heavyweight and 125 pounds, Gannon Gremmel and Alex Mackall both followed with victories by decision. Gremmel defeated Brandon Ngati 2-0 behind an escape and a point for riding time. Mackall won his match 8-2, scoring eight of his points in the final two periods.

The 133-pound bout featured a pair of wrestlers ranked in the top-15. No. 7 Austin Gomez squared off with No. 15 Matthew Schmitt. Gomez used two takedowns and a two-point nearfall to take out the Mountaineer, 8-4.

No. 14 Ian Parker brought the Cyclones into the intermission with an 18-0 lead. His match at 141 pounds was a barn-burner. Leading 5-1 in the second period, WVU’s Caleb Rea took Parker to his back. Parker was able to reverse the position to make the score 7-7 heading to the third period. Parker left no doubt, securing three third-period takedowns and added a point for riding time in a 14-9 victory.

After the break, No. 11 Jarrett Degen continued to roll for the Cyclones. He scored two takedowns and two escapes in a 6-3 victory over No. 16 Christian Monserrat.

Chase Straw started a string of three-straight bonus-point victories for the Cyclones. Straw tallied five takedowns, including three in the third to push past Zachary Moore by 13-4 major decision.

No. 24 Marcus Coleman held a 4-1 lead after two periods against James Wujek. In the second period, Coleman started on bottom and reversed the Mountaineer. Coleman brought Wujek to his back and secured the fall in 3:27.

The finishing touches were put on the Cyclone victory by No. 16 Sam Colbray. The Hermiston, Ore., native.wasted little time in getting to his offense, scoring five first-period takedowns, a four-point nearfall and a two-point nearfall to hold a 16-4 lead. He finished off Jackson Moomau with an escape and a takedown in the second period for a 19-4 technical fall in 4:40.

**CYCLONES WIN SIXTH STRAIGHT DUAL, DOWNING OU 25-6**

No. 15 Iowa State (7-1, 4-0 Big 12) remained undefeated in Big 12 dual wrestling action with a 25-6 win over Oklahoma (5-4, 1-2 Big 12) Friday night in Hilton Coliseum.

The Cyclones won eight of 10 matches and increased their dual winning streak to six matches, the best string since 2010-11.

Alex Mackall got the Cyclones on the board first with a 10-4 win over Christian Moody at 125 pounds. Mackall jumped out to an early 6-0 lead in the first period with a takedown and a four-point nearfall and cruised the rest of the way.

Austin Gomez improved to 14-2 by defeating Tony Madrigal, 8-2 in the 133-pound match. Down 2-0 to begin the second period, Gomez rode Madrigal the entire frame and picked up a pair of four-point near falls along the way.

The 141-pound match featured two ranked wrestlers in No. 14 Ian Parker and No. 11 Dom Demas. Demas led 3-1 in the third period until Parker got a huge takedown with 53 seconds left. Parker then claimed the victory (4-3) when Demas received his second stall warning with seven seconds remaining in the sudden victory period.

Oklahoma closed the gap in the dual to 9-6 with victories at 149 and 157 pounds.

Logan Schumacher registered a 5-0 decision over Hayden Hansen at 165 pounds behind 2:50 of riding time to get the Cyclones back on track.

The 174-pound match was epic and downright crazy. ISU’s Marcus Coleman gave up a first-period takedown to Anthony Mantanona, who proceeded to ride out Coleman and record a trio of four-point nearfalls to mount what appeared to be an insurmountable 12-0 lead after period one.

Coleman started to chip away, getting a reversal and takedown in the second period to cut the deficit to 12-4. Coleman then produced an amazing third period with four takedowns and a pair of two-point nearfalls. Coleman was down 14-13 with 31 seconds remaining, but got a takedown at the 14-second mark and followed it with a two-point nearfall to close out the match and a 17-15 victory.

Coleman tallied an incredible 13 points in the third period to improve to 19-6.

Sam Colbray registered the only bonus points in the match with a 14-4 major decision against Kayne MacCallum at 184 pounds. Colbray had three takedowns and a reversal in the match.

Willie Miklus and Gannon Gremmel capped off the Cyclone victory with a pair of decisions. Miklus defeated Jake Woodley 6-5 on 3:23 of riding time. Gremmel tallied two takedowns, an escape and a point for riding time in his 6-1 victory over Jake Boyd.
ISU’S WINNING STREAK SNAPED AT SIX BY OKLAHOMA STATE
STILLWATER, Okla. – No. 15 Iowa State (7-2, 4-1 Big 12) fell to No. 3 Oklahoma State (10-0, 6-0 Big 12), 22-15. In the dual, redshirt senior No. 6 Willie Miklus defeated No. 10 Dakota Geer for his 50th career dual victory.

The dual started at 157 pounds and a Cyclone victory. Chase Straw was pitted against Wyatt Sheets. Straw struck first, earning a first-period takedown off a single-leg attack. At the end of second period, they were tied at 2-2. Straw began the third with an escape and held off Sheets to win the match 3-2.

The Cyclones dropped matches at 165, 174 and 184 pounds before Willie Miklus got the Cardinal and Gold back on track.

At 197 pounds, No. 6 Willie Miklus jumped out to a 4-0 lead over No. 10 Dakota Geer after one period. The Cowboy chipped away at Miklus’ lead, securing two takedowns to eventually tie the match at 6-6. Miklus started the third period with an escape and secured the 9-6 victory with a takedown at the end of the third period.

A rematch from the Southern Scuffle finals lived up to the hype. No. 9 Austin Gomez squared off with No. 3 Dayton Fix. Gomez earned the first takedown of the match, but Fix fired back. Gomez was called for locked hands in the third and Fix reversed him following that. Gomez got a late escape to tie the match at 4-4. He fired off a single leg attack late in the match but was unable to bring Fix to the mat. Fix took the match 5-4 on riding time.

No. 14 Ian Parker earned his second victory over a top-15 opponent on the weekend. No. 13 Kaid Brock notched the first takedown of the match, but Parker got to his feet and finished the first on top, 3-2. At the end of two periods, the match was tied at 3-3. Parker scored an escape in the third and iced away the win with a takedown to take it by 6-3 decision.

No. 12 Jarrett Degen won his match by injury default over Boo Lewallen to finish the dual.

IOWA STATE BLANKS SDSU, 47-0
AMES, Iowa – No. 14 Iowa State (8-2, 5-1 Big 12) blanked South Dakota State (2-6, 1-3 Big 12), 47-0 Friday night in wrestling action in Hilton Coliseum.

It marked the first time the Cyclones recorded a shutout vs. a conference opponent since defeating Missouri, 45-0 in 1996 and it was the largest margin of victory over a Division I team since 1998 (New Mexico, 57-0)

The Cyclones were aggressive all night, winning the takedown battle, 28-3.

Two first-period takedowns by Chase Straw propelled the junior to an 11-4 victory over Colten Carlson at 157 pounds to open the dual.

The 3,648 fans in Hilton Coliseum erupted in the 165-pound match. Zane Mulder, a true freshman competing in his first dual, shocked the fans with a pin at the 1:57 mark over Logan Peterson.

Mulder registered his second takedown in the first period and got the Jackrabbit in a cradle to record the fall.

Marcus Coleman major decisioned Samuel Grove (12-3) at 174 pounds, Sam Colbray picked up an 8-4 decision at 184 pounds and Willie Miklus won by forfeit at 184, as the Cyclones went into intermission with a 22-0 lead.

Gannon Gremmel was the winner at heavyweight, defeating Blake Wolters, 5-3. Gremmel had two takedowns and rode out Wolters the entire second period to notch the victory.

Alex Mackall wasted little time in dispatching Gregory Coapstick at 125 pounds. Mackall raced out to an early 14-0 first-period lead behind a trio of four-point near-falls. He then turned Coapstick for the fall at the 2:24 mark.

It was more of the same in the 133-pound match, as Austin Gomez won by fall over Rylee Molitor at 4:52.

The marquee match was at 149 pounds, which pitted a pair of ranked wrestlers in No. 11 Jarrett Degen and No. 19 Henry Pohlmeier. Degen fell behind early, as Pohlmeier took a 4-2 lead on two first-period takedowns.

Degen chose down to begin the second period and recorded a reversal with :58 seconds left, riding out Pohlmeier the rest of the way to head into the third period tied 4-4. Degen then capitalized off a failed Pohlmeier granby roll with a half nelson to end the match at 5:48.

CYCLONES RECORD BACK-TO-BACK SHUTOUTS
AMES, Iowa – No. 14 Iowa State (9-2, 6-1 Big 12) notched its second-consecutive shutout win with a dominant 53-0 victory over Utah Valley (9-11, 0-5 Big 12) on Sunday afternoon at Hilton Coliseum. The Cyclones notched bonus-point victories in all eight contested matches, and also won by forfeit at 133 pounds and 184 pounds.

In the eight matches that were wrestled, the Cyclones tallied eight bonus-point victories including four pins. ISU tallied 27 takedowns while not surrendering a single one.

It’s the first time Iowa State has shutout conference opponents in back-to-back duals since the 1972-73 season. Iowa State’s 53 points are tied for third-most in program history, and it was the largest margin of victory over a Division I team since 1998 (New Mexico, 57-0).

Chase Straw opened the afternoon with a dominant 13-4 major decision at 157 pounds over Spencer Haywood, courtesy of four takedowns, in a sign of things to come. Freshman Zane Mulder followed suit, using a third-period flurry to secure a 10-2 major decision of his own against UVU’s Koy Wilkinson. The native of Grimes, Iowa, notched a takedown and a four-point nearfall in the final minute to secure the bonus point victory.

Marcus Coleman ended his 174-pound match in dominant fashion with a 17-2 technical fall in 5:35. Coleman went to work in the second period, with three takedowns and a four-point nearfall. He and ended the match with an exclamation point and another four-point turn in the third. The Wolverines forfeited at 184 pounds, as Iowa State extended its lead to 19-0.
The Cyclones rode the momentum into intermission, as senior Willie Miklus notched seven takedowns, including four in the third period, en route to a 17-6 major decision over Utah Valley’s Ashton Seely.

Heavyweight Gannon Gremmel provided perhaps the highlight of the dual, taking down Utah Valley’s Tate Orndorff, ranked No. 9 nationally, by fall in 6:31. The redshirt sophomore notched a takedown midway through the first period and took Orndorff to his back for a four-point nearfall to go ahead 6-0 after three minutes of action. Gremmel got back to his offense late in the third period, pinning the nationally-ranked Wolverine with 29 seconds remaining in the match.

At 125 pounds, Alex Mackall followed suit, jumping out to a 13-0 lead before finishing off UVU’s Josh Jensen via fall in 4:03. The Wolverines forfeited to Austin Gomez to give Iowa State a 41-0 lead with two matches remaining.

At 141 and 149 pounds, Ian Parker and Jarrett Degen posted the third and fourth consecutive pins of the day. Parker led Dylan Gregerson 14-4 behind five take-downs before flattening the Wolverine in 6:29. Degen wasted little time in pinning Landon Knutzen, securing the first-period fall in 2:28. notch the victory.

At the intermission, the Cyclones held a 12-6 lead, having won three out of the first five bouts of the evening.

Redshirt freshman No. 8 Austin Gomez took on Devan Turner of Oregon State at 133 pounds. Gomez tallied eight takedowns and led 19-6 before showing some of his freestyle prowess, throwing a cement mixer and pinning Turner in 6:14.

Redshirt sophomore No. 14 Jarrett Degen and redshirt junior Chase Straw brought the Cyclones into the break with a pair of decisions at 149 and 157 pounds, respectively. Degen used a four-point nearfall in the third period to outlast Josh Reyes by 11-7 decision, and Straw dominated in an 8-3 victory over Zech Bresser, compiling 3:29 of riding time.

Coming out of the break, freshman Logan Schumacher made his return to the Cyclone lineup. Schumacher trailed 2-1 heading to the third period and then gave up a reversal to Aaron Olmos. Schumacher was able to get to his feet and finish on a takedown with under 10 seconds to go in the third. In the sudden-victory period, Schumacher connected on a single leg and took the match by 6-4 decision.

At 184 and 197 pounds, redshirt sophomore No. 16 Sam Colbray and redshirt senior No. 6 Willie Miklus salted away Iowa State’s 10th victory of the season with back-to-back major decisions.

Colbray wrestled childhood friend Bob Coleman in front of a sea of friends and family in the Hermiston, Ore., native’s homecoming. Colbray notched six take-downs and an escape as he breezed to a 13-4 major decision.

In Miklus’ match, it took a bit for him to feel out Jamarcus Grant, but once he did, it was all Miklus. After two periods, Miklus held a 4-0 advantage. In the third, Miklus turned Grant for four nearfall points on the edge of the mat and added a late takedown to secure the major decision. He also tacked on a point with 3:21 of riding time.

**LEISURE, MULDER TAKE TITLES AT LAST CHANCE OPEN**

AMES, Iowa – The No. 11 Iowa State wrestling team (10-2, 6-1 Big 12) hosted the Last Chance Open on Sunday morning. In total, 19 ISU grapplers finished in the top-6 at their respective weights, including championship performances from Ryan Leisure and Zane Mulder.

It was a great field that competed at Lied Recreation Center that included 12 Division I teams.

En route to his title at 141 pounds, Leisure posted a victories over Notre Dame College’s Kyle French and David Bavery before pinning Saul Ervin of SIU-E in 3:36 to take the title.

Freshman Zane Mulder put on a dominating performance at 165 pounds. The Grimes, Iowa, native wrestled to a 3-0 mark with a victory by fall, technical fall and a 6-2 decision over Northwestern’s Erich Byelick in the finals.

**CYCLONES TOPPED BY PANTHERS, 22-13**

CEDAR FALLS, Iowa. – The No. 11 Iowa State wrestling team (10-3, 6-1 Big 12) fell to in-state foe No. 17 Northern Iowa (7-5, 7-1 Big 12) Thursday night, 22-13. The Cyclones won four of the 10 bouts, but ultimately fell to the Panthers inside a sold out West Gymnasium.

No. 7 Austin Gomez got things going for the Cyclones at 133, picking up six takedowns in a dominant victory over Jack Skudlarczyk. The redshirt freshman turned the Panther twice for a pair of four-point near falls. Gomez tech falled Skudlarczyk 21-4 in 4:02.

Chase Straw came up big for Iowa State with a decision over Paden Moore at 157 pounds to pull the Cyclones to within one point of the Panthers at intermission. Straw got off to a hot start with two takedowns in the first period and cruised to a 9-4 win with 1:12 of riding time.

At 184 pounds, No. 15 Sam Colbray got two takedowns in the last minute of the match to upset No. 8 Drew Foster. The win for Colbray avenged a 14-0 loss to Foster at the Cyclone Open earlier this year.

No. 5 Willie Miklus was the aggressor in a heated match at 197 pounds. The Altoona, Iowa native downed Tyrell Gordon 5-0 to pull the Cyclones within 19-13 of Northern Iowa.
TIGERS TOP CYCLONES IN FINAL DUAL OF THE SEASON
AMES, Iowa – No. 5 Missouri (16-1, 7-0 MAC) defeated No. 11 Iowa State (10-4, 6-2 Big 12), 23-15 Sunday afternoon in wrestling action at Hilton Coliseum.

The two teams split the matches (5-5), but bonus points coming from two pins and a technical fall was the difference in the Tigers' dual win.

Gannon Gremmel gave the Cyclones hope in the first match (285) when he scored a 5-3 decision over Zach Elam. Gremmel got the takedown with 0:29 seconds left in the second sudden victory period to secure his 24th win of the season.

At 125 pounds, Alex Mackall made it 6-0 ISU with a 4-2 win over Dack Punke. Mackall had a first-period takedown and then rode out Punke for 1:10 in the third period to increase his season record to 21-8.

No. 13 Jarrett Degen recorded a huge victory at 149 pounds with an 11-4 decision over No. 8 Brock Mauller. Degen fell down early, but Degen got a two-point near fall in the second period and capped off the match with a takedown with two seconds left. Mauller's only two losses on the season (25-2) are to Degen.

Sam Colbray picked up a 3-2 win at 184 pounds over Dylan Wisman. His first-period takedown was the difference in the match.

Willie Miklus won his final match in Hilton Coliseum with a 4-0 decision over Wyatt Koelling.

CYCLONES BIG 12 RUNNERS UP, QUALIFY NINE FOR NCAA CHAMPIONSHIPS
TULSA, Okla. – The No. 15 Iowa State wrestling team (10-4, 6-2 Big 12) finished runner-up champions at the 2019 Big 12 Championship behind an individual Big 12 title from Chase Straw at 157 pounds.

In total, nine of Iowa State's 10 wrestlers qualified for the NCAA Championships in Tulsa. All 10 of Iowa State's wrestlers finished on the podium at their respective weight classes at the Big 12 Championship.

The Big 12 also announced its postseason awards on Sunday night and head coach Kevin Dresser was named 2019 Big 12 Coach of the Year. He becomes the fourth Big 12 Wrestling Coach of the Year in Iowa State history.

Perhaps the most exciting moment of the evening for the Cyclones was at 157 pounds. No. 3 Straw was pitted against No. 1 Justin Thomas in the 157-pound final. The two traded escapes to begin the second and third periods and they were tied at 1-1. Straw connected on an attack with under a minute to go in the match, securing a takedown and a lead that he would not relinquish. Straw went on to win the Big 12 title and qualify for the NCAA Championships with a 3-2 victory.

Straw is Iowa State's first Big 12 Champion since 2016 when Lelund Weatherspoon was the Big 12 champ at 174 pounds. He is Iowa State's fourth Big 12 champ at 157 pounds and the first since Cyler Sanderson in 2008. His title at 157 pounds brings ISU's all-time individual conference champion count to 211.

At 149 pounds, No. 3 Jarrett Degen took on No. 1 Kaden Gfeller of Oklahoma State. Degen jumped out to a 2-0 lead in the first on an early takedown, but Gfeller struck back with a reversal. At the end of the second period, the two were tied at 4-4. Degen took a 5-4 lead on an escape in the third, but Gfeller claimed the 149-pound title on a late third period takedown, winning the match by 6-5 decision.

At 184 pounds and 197 pounds, No. 1 Sam Colbray and No. 2 Willie Miklus came up short in their finals matches. Colbray fell to No. 2 Drew Foster, 4-1 and Miklus was topped by No. 1 Preston Weigel, 10-0.

Team Scores
1. Oklahoma State – 158
2. Iowa State – 114.5
3. UNI – 82
4. Oklahoma – 78
5. Fresno State – 59.5
6. Utah Valley – 59
7. Wyoming – 58
8. North Dakota State – 53.5
9. West Virginia – 46
10. South Dakota State – 18.5
11. Air Force – 18
12. Northern Colorado – 17

Iowa State Places
125: Alex Mackall – 3rd
133: Austin Gomez – 3rd
141: Ian Parker – 4th
149: Jarrett Degen – 2nd
157: Chase Straw – 1st
165: Logan Schumacher – 6th
174: Marcus Coleman – 5th
184: Sam Colbray – 2nd
197: Willie Miklus – 2nd
285: Gannon Gremmel – 5th

Finals Match-by-Match
149: No. 1 Kaden Gfeller (OSU) dec. No. 3 Jarrett Degen, 6-5.
157: No. 3 Chase Straw dec. No. 1 Justin Thomas (OU), 3-2.
184: No. 2 Drew Foster (UNI) dec. No. 1 Sam Colbray, 4-1.
197: No. 1 Preston Weigel (OSU) maj. dec. No. 2 Willie Miklus, 10-0.
PITTSBURGH, Pa. – After one day of action at the 2019 NCAA Wrestling Championships, the Iowa State wrestling team (10-4, 6-2 Big 12) is in 11th place with 14.5 team points. Penn State paces the field with 32.5 team points.

Eighth-seeded Jarrett Degen and 10th-seeded Sam Colbray both went 2-0 on day one and have advanced to the quarterfinals at 149 and 184 pounds, respectively. The Cyclones brought nine wrestlers to Pittsburgh and all have advanced to day two of the NCAA Championships.

**Championship Second Round**
Jarrett Degen was locked in a barnburner with N.C. State’s No. 9 Justin Oliver with a spot in the quarterfinals on the line. The two were knotted at 8-8 late in the third before Degen used his patented unconventional offense to secure a late takedown and push his riding time to over a minute to take the match by 11-8 decision.

Sam Colbray was in complete control of his match against No. 26 Dakota Geer of Oklahoma State. Colbray notched three takedowns and rolled to a 7-4 decision and into the quarterfinals.

No. 13 Austin Gomez was the aggressor in his match against No. 4 Micky Phillippi. In the third period, Gomez trailed 1-0 and elected to take neutral. Despite his persistent attack, Phillippi was only called for stalling once. As time expired, Gomez was in on a single leg, but ultimately fell to the Panther, 1-0.

At 197 pounds, No. 11 Christian Brunner got a first period takedown to jump out ahead of No. 6 Willie Miklus. The Boilermaker held on to that lead to push Miklus to the backside of the bracket, 6-2.

**Consolation First Round**
In session two, the Cyclones wrestling on the backside of the bracket combined to go 5-0 to all reach the second day of competition in Pittsburgh.

No. 23 Chase Straw put on display his toughness and grit on Thursday night. Straw trailed Princeton’s No. 26 Quincy Monday in the third period, 12-5. Straw then reversed Monday and earned a four-point near fall. Monday was dinged for stalling to tie the match at 12-12, sending it to sudden victory. After a scoreless first overtime stanza, the two went to tiebreaker one. Straw rode Monday for the first 30 seconds of TB-1 and then earned and escape to secure a 13-12 victory over the Tiger.

After dropping his first match of the day, No. 19 Alex Mackall bounced back. He surrendered the first takedown to No. 30 Bryce West, but he got to his feet, took the Huskie down and turned him to his back for a fall in 2:54.

No. 17 Ian Parker dominated in his first consolation match. He held an 11-0 lead with over three minutes of riding time before he cranked Rutgers’ No. 33 Peter Lipari for the fall in 5:35.

No. 21 Marcus Coleman made light work of No. 28 Jacob Oliver of Edinboro in the 174-pound consolations. He used three takedowns and over a minute of riding time to beat the Fighting Scott by 9-4 decision.

No. 25 Gannon Gremmel capped off the second session of day one for the Cyclones with a 7-4 victory over Standord’s No. 26 Haydn Maley. The redshirt sophomore tallied three takedowns in the victory.

**Championship First Round**
The Cyclones went 4-5 in the opening session of the NCAA Championships. Gomez, Degen, Colbray and Miklus all posted dominant victories to advance to the second round.

At 133 pounds, Gomez defeated No. 20 Brandon Paetzell of Lehigh by 11-0 major decision. Degen also scored bonus points for ISU, taking on a 14-3 major decision against CSU-Bakersfield’s No. 25 Russell Rohlfing, 14-3.

Toward the end of the session, Colbray rolled through No. 23 Jackson Hemauer of Fresno State by 8-2 decision, and Miklus opened his final NCAA tournament with a 6-1 win against Navy’s No. 27 Josh Roetman.

**FOUR CYCLONES INTO THE NCAA BLOOD ROUND**
PITTSBURGH, Pa. – Iowa State’s Austin Gomez, Jarrett Degen, Sam Colbray and Willie Miklus will all compete tonight in the Round of 12 at the NCAA Championships for a shot at the podium.

After three sessions of action, the Cyclones are in 19th as a team with 19.5 team points.

**Quarterfinals**
At 149 pounds, No. 8 Degen took on top-seeded Anthony Ashnault of Rutgers in his quarterfinals match. Degen was able to get to his offensive ties several times, but was not able to finish on his attack. In the end, it was Ashnault over Degen, 10-3.

No. 10 Colbray wrestled North Carolina’s No. 15 Chip Ness in Friday’s morning session. After a scoreless first, Colbray took a 1-0 lead on a second-period escape. The two traded takedowns and escapes in the second and Colbray went to the third period with a 4-3 lead. Ness tied the match 4-4 with a third-period escape, sending the match to sudden victory. In the extra period, Ness notched a takedown in short time to take the match by 6-4 decision.

**Consolation Matches**
To open the second day, No. 19 Alex Mackall squared up with Central Michigan’s No. 13 Drew Hildebrandt. Mackall took the Chippewa down three times and amassed 1:15 of riding time to win 7-4. In his next match, Mackall was bested by No. 12 Michael McGee of Old Dominion by 8-2 decision.

No. 13 Gomez showed why he is one of the most explosive wrestlers at 133 pounds against No. 19 Josh Terao of American. The redshirt freshman tallied three takedowns and a pair of four-point nearfalls to bully past Terao by 16-1 technical fall in 5:41.

To reach the blood round, Gomez had a rematch with Wyoming’s No. 12 Montorie Bridges. After seven minutes of wrestling, the two 133-pounders were locked...
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With their top-8 finishes, Degen and Miklus become the first All Americans for head coach Kevin Dresser at Iowa State. They are the school’s 292nd and 293rd All Americans in school history and the first since the 2016 NCAA Championships.

As a team, Iowa State has 32 team points and is 15th in the team race.

Round of 12
No. 6 Miklus was not on the mat for very long in the blood round. The now four-time All American countered a shot from Stanford’s Nathan Traxler, secured a takedown and brought the Cardinal’s shoulders to the mat in just 27 seconds for the fall.

In the blood round, No. 8 Degen wrestled Penn’s No. 13 Anthony Artalona. Degen secured an early 4-2 lead with two first period takedowns. He controlled the rest of the match, earning All-America honors with a 6-5 decision.

At 133-pounds, No. 13 Austin Gomez toed the line in a rematch with Iowa’s No. 7 Austin DeSanto. Gomez came out firing, throwing a full arsenal at DeSanto. The Hawkeye was able to counter Gomez’s attack and built a 12-1 lead after one period of action. Gomez fought back, cutting DeSanto’s lead to 12-5, but DeSanto’s early advantage was too much to overcome, and Gomez ultimately fell 16-5.

No. 10 Sam Colbray wrestled No. 4 Emery Parker of Illinois for a shot at the 184-pound podium. Parker scored on two takedowns on the match and fended off a late attack from Colbray to take the match by 5-2 decision.

Consolation Round of Four
No. 6 Miklus continued to roll on the backside of the bracket. He notched the first takedown of the match against No. 9 Ben Honnis of Cornell and went on to take the match by 7-5 decision.

After solidifying his spot on the podium, No. 8 Degen took on a familiar foe in No. 4 Brock Mauller of Missouri. Degen got the better of Mauller in their first two meetings, but Mauller flipped the script in this one, defeating Degen by 10-7 decision.

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PITTSBURGH, Pa. – Iowa State’s Jarrett Degen and Willie Miklus have locked in a spot on the podium at the 2019 NCAA Championships and are All Americans.

This is Miklus’ fourth time earning All-America honors. After missing the podium by just one match last season, Degen will finish in the top-8 in 2019 for the first time of his career.

With their top-8 finishes, Degen and Miklus become the first All Americans for head coach Kevin Dresser at Iowa State. They are the school's 292nd and 293rd All Americans in school history and the first since the 2016 NCAA Championships.

As a team, Iowa State has 32 team points and is 15th in the team race.

No. 6 Miklus bounced back in a big way on Friday afternoon. He found himself with an early 4-2 deficit to Bucknell’s No. 28 Drew Phipps. That’s when the redshirt senior raked up 15 unanswered points, scoring a takedown and three four-point nearfalls to win the match by 17-4 major decision.

To advance to the blood round, Miklus scrapped with Nebraska’s No. 14 Eric Schultz. Willie trailed 2-1 after one period, but rode the Husker for the entire second period, racking up 1:47 of riding time. In the third, Miklus earned an escape to tie the match at 2-2. He fended off Schultz’s attack and his 1:47 of riding time pushed him to a 3-2 victory.

No. 17 Ian Parker, No. 23 Chase Straw, No. 21 Marcus Coleman and No. 25 Gannon Gremmel all fell during session III and were eliminated from the tournament. was topped by No. 1 Preston Weigel, 10-0.

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ISU’s Jarrett Degen was an All American at 149 pounds, finishing 7th. Willie Miklus became a four-time All-American in Pittsburgh and took 6th at 197 pounds.

149 Pound Seventh Place Match
No. 8 Degen had a rematch with in-state rival No. 10 Pat Lugo of Iowa in the seventh-place bout at 149 pounds. Just like their matchup in Iowa City, this match came down to a takedown late in the match.

After one period, Degen found himself in a 6-2 hole to the Hawkeye. Degen tied the match in the second period behind and escape, a takedown, Lugo’s second stall warning and a reversal. Heading to the third period, the two 149-pounders were tied at 8-8.

Lugo took a 9-8 lead with an escape to begin the third period. With 22 seconds left in the third, Degen countered Lugo’s shot and came out on top in a scramble to notch the go-ahead takedown. He tacked on a point for riding time and won the match by 11-9 decision.

Degen finished the tournament with a 4-2 record and became Iowa State’s first 149-pound All American since 2002. He concludes his sophomore campaign with a 29-8 record and All-America honors.

197 Pound Fifth Place Match
No. 6 Miklus had a familiar opponent in No. 16 Josh Hokit of Fresno State. Miklus and the Bulldog had wrestled on two previous occasions during the season, splitting 1-1. The two traded escapes to begin the second and third periods, but that was all the scoring that came in regulation and they headed to sudden victory locked in a 1-1 tie.

In the sudden victory period, their tie could not be broken so the match would be decided in tiebreaker one. In the first 30 seconds, Willie escaped Hokit’s ride in just four seconds to take a 2-1 lead. In the second 30-second stanza, Hokit reversed Miklus and turned him for four points to win the match by 7-2 decision.

Miklus puts a bookend to an incredible career that includes being a four-time All American, a MAC Champion, tallying 105 career victories and 55 career dual victories. He finishes the season with a 27-6 record and All-America honors.