

AMERICAN RIVERS CONFERENCE CHAMPIONSHIPS

Decorah, IA
Luther College

Saturday, October 30, 2021



OFFICIAL MEET REPORT
printed: 10/30/2021 12:44 PM

Race #2
WOMEN • 6 Kilometers (3.73 Miles)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Wartburg	20	2-3-4-5-6(7)(9)	1:52:27	0:38.7
2 Loras	62	1-12-15-16-18(19)(20)	1:56:36	3:24.0
3 Central College	77	8-11-13-21-24(28)(35)	1:59:16	1:09.9
4 Simpson (Iowa)	121	17-22-25-27-30(34)(37)	2:02:07	0:38.9
5 Nebraska Wesleyan	148	10-23-36-38-41(42)(45)	2:03:15	1:57.3
6 Luther	161	26-31-32-33-39(43)(44)	2:04:03	0:27.0
7 Buena Vista	192	14-29-48-50-51	2:09:30	3:15.0
8 Dubuque	247	46-47-49-52-53(54)(55)	2:14:26	1:47.9
9 Coe	270	40-56-57-58-59	2:22:35	5:55.4

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 ROSENBUM, Kassie	JR	Loras	1	20:43.0	---	5:33.2	3:27.2
2 FISHER, Aubrie	SO	Wartburg	2	22:09.5	1:27.5	5:56.4	3:41.6
3 MAYER, Riley	JR	Wartburg	3	22:19.0	1:36.0	5:59.0	3:43.2
4 COLLET, Carina	SR	Wartburg	4	22:29.6	1:47.6	6:01.8	3:44.9
5 HOSTAGER, Shaelyn	FR	Wartburg	5	22:40.4	1:58.4	6:04.7	3:46.7
6 BORLAND, Trinity	JR	Wartburg	6	22:48.1	2:06.1	6:06.8	3:48.0
7 PAULSON, Natalie	SO	Wartburg	(7)	23:06.4	2:24.4	6:11.7	3:51.1
8 MCMARTIN, Caroline	FR	Central College	8	23:11.8	2:29.8	6:13.1	3:52.0
9 BROWN, Lexi	SO	Wartburg	(9)	23:20.0	2:37.0	6:15.3	3:53.3
10 MORTER, Moriah	JR	Wartburg	-	23:25.5	2:43.5	6:16.8	3:54.2
11 MEYER, Ellie	FR	Wartburg	-	23:30.1	2:48.1	6:18.0	3:55.0
12 THOMAS, Gabby	FR	Nebraska Wesleyan	10	23:32.3	2:50.3	6:18.6	3:55.4
13 JOHNSON, Megan	FR	Central College	11	23:38.6	2:56.6	6:20.3	3:56.4
14 HERTZ, Anna	JR	Wartburg	-	23:39.4	2:57.4	6:20.5	3:56.6
15 OSTERBERGER, Ellie	JR	Loras	12	23:43.4	3:01.4	6:21.6	3:57.2
16 PARROTT, Addy	FR	Central College	13	23:49.6	3:07.6	6:23.3	3:58.3
17 HODGES, Latrice		Buena Vista	14	23:53.7	3:11.7	6:24.4	3:58.9
18 RIESBERG, Alexis	SO	Loras	15	24:00.0	3:17.0	6:26.1	4:00.0
19 RENNER, Brianna	JR	Loras	16	24:02.3	3:20.3	6:26.7	4:00.4
20 LUCHT, Cat	JR	Simpson (Iowa)	17	24:03.7	3:21.7	6:27.0	4:00.6
21 CHAIDEZ, Frankie	FR	Loras	18	24:07.0	3:24.0	6:27.9	4:01.2
22 OSTERBERGER, Kaylee	JR	Loras	(19)	24:09.3	3:27.3	6:28.5	4:01.5
23 CARLSON, Addy	SO	Wartburg	-	24:13.3	3:31.3	6:29.6	4:02.2
24 HERBST, Valerie	SO	Loras	(20)	24:13.4	3:31.4	6:29.6	4:02.2
25 VROOM, Mari	SR	Central College	21	24:14.0	3:31.0	6:29.8	4:02.3
26 KALLEM, Lara	FR	Simpson (Iowa)	22	24:15.5	3:33.5	6:30.2	4:02.6
27 PINKOWSKI, Jane	SO	Wartburg	-	24:16.5	3:34.5	6:30.5	4:02.7
28 LARSEN, Camryn	SR	Nebraska Wesleyan	23	24:19.1	3:37.1	6:31.2	4:03.2
29 DAVIDSON, Lindsey	FR	Central College	24	24:21.6	3:39.6	6:31.8	4:03.6
30 MOREY, Jenna	FR	Wartburg	-	24:25.6	3:43.6	6:32.9	4:04.3
31 BOOTH, Teghan	FR	Simpson (Iowa)	25	24:26.7	3:44.7	6:33.2	4:04.4
32 BERG, Lauren	SR	Luther	26	24:37.0	3:54.0	6:36.0	4:06.2

AMERICAN RIVERS CONFERENCE CHAMPIONSHIPS

Decorah, IA
Luther College

Saturday, October 30, 2021



OFFICIAL MEET REPORT
printed: 10/30/2021 12:44 PM

Race #2 WOMEN • 6 Kilometers (3.73 Miles)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
33 LAUGHLIN, Mackenzie	JR	Simpson (Iowa)	27	24:38.5	3:56.5	6:36.4	4:06.4
34 BLOOMQUIST, Ashley	SO	Wartburg	-	24:39.7	3:57.7	6:36.7	4:06.6
35 MURPHY, Emma	FR	Central College	(28)	24:42.0	3:59.0	6:37.3	4:07.0
36 HOESING, Emily		Buena Vista	29	24:42.4	4:00.4	6:37.4	4:07.1
37 ANGUS, Emma	FR	Simpson (Iowa)	30	24:42.6	4:00.6	6:37.5	4:07.1
38 HOSTAGER, Heather	SR	Luther	31	24:44.5	4:02.5	6:38.0	4:07.4
39 KNAUSS, Anneke	SR	Luther	32	24:48.1	4:06.1	6:39.0	4:08.0
40 FETTING, Katie	SR	Luther	33	24:49.5	4:07.5	6:39.3	4:08.2
41 WALLACE, Alayna	FR	Simpson (Iowa)	(34)	24:51.2	4:09.2	6:39.8	4:08.5
42 HOOGENSEN, Kate	FR	Central College	(35)	24:55.7	4:13.7	6:41.0	4:09.3
43 MARSH, McKenna	FR	Nebraska Wesleyan	36	24:56.4	4:14.4	6:41.2	4:09.4
44 BOPP, Macie	FR	Simpson (Iowa)	(37)	24:56.7	4:14.7	6:41.2	4:09.4
45 BLATNY, Josephine	FR	Nebraska Wesleyan	38	24:57.0	4:14.0	6:41.3	4:09.5
46 GOELLNER, Ana	SO	Luther	39	25:04.0	4:21.0	6:43.2	4:10.7
47 ROCHA, Emma	FR	Central College	-	25:04.4	4:22.4	6:43.3	4:10.7
48 HILL, Hailey	SO	Central College	-	25:15.0	4:32.0	6:46.2	4:12.5
49 RUCH, Brielle	FR	Wartburg	-	25:17.6	4:35.6	6:46.9	4:12.9
50 PHELAN, Erin	FR	Loras	-	25:21.1	4:39.1	6:47.8	4:13.5
51 CONWAY, Kiersten	FR	Central College	-	25:23.7	4:41.7	6:48.5	4:13.9
52 KITTINGER, Kandice	JR	Coe	40	25:26.2	4:44.2	6:49.2	4:14.4
53 KALLHOFF, Claire	FR	Nebraska Wesleyan	41	25:29.6	4:47.6	6:50.1	4:14.9
54 DIDDIA, Becca	FR	Loras	-	25:30.0	4:47.0	6:50.2	4:15.0
55 FORD, Anna	SO	Loras	-	25:30.3	4:48.3	6:50.3	4:15.0
56 GLEASON, Marianne	SO	Loras	-	25:33.1	4:51.1	6:51.0	4:15.5
57 MURANO, Katie	JR	Simpson (Iowa)	-	25:35.1	4:53.1	6:51.5	4:15.8
58 GOODENBOUR, Sara	FR	Central College	-	25:41.3	4:59.3	6:53.2	4:16.9
59 SCHOENING, Kate	SO	Nebraska Wesleyan	(42)	25:41.4	4:59.4	6:53.2	4:16.9
60 TURNER, Tatum	FR	Simpson (Iowa)	-	25:44.5	5:02.5	6:54.1	4:17.4
61 MCCLURE, Peyton	SR	Luther	(43)	25:45.6	5:03.6	6:54.4	4:17.6
62 YOUNG, Kaya	FR	Simpson (Iowa)	-	25:47.0	5:04.0	6:54.7	4:17.8
63 HOOPER, Kira	FR	Central College	-	25:50.1	5:08.1	6:55.6	4:18.3
64 FIERRO-PEREZ, Jimena	FR	Loras	-	25:50.1	5:08.1	6:55.6	4:18.3
65 VEIT, Julia	SO	Luther	(44)	25:55.3	5:13.3	6:57.0	4:19.2
66 SCHMIDT, Sarah	FR	Luther	-	25:58.8	5:16.8	6:57.9	4:19.8
67 ROCKHOLD, Ashley	FR	Simpson (Iowa)	-	26:00.6	5:18.6	6:58.4	4:20.1
68 FOHT, Sammy	FR	Loras	-	26:02.3	5:20.3	6:58.8	4:20.4
69 NEUBAUER, Alissa	JR	Wartburg	-	26:03.7	5:21.7	6:59.2	4:20.6
70 RICHTER, Emily	FR	Wartburg	-	26:04.7	5:22.7	6:59.5	4:20.8
71 SEIBEL, Thea	FR	Nebraska Wesleyan	(45)	26:05.8	5:23.8	6:59.8	4:21.0
72 ROMAN, Riley	SO	Dubuque	46	26:06.2	5:24.2	6:59.9	4:21.0
73 MILLER, Lauren	SO	Central College	-	26:09.3	5:27.3	7:00.7	4:21.5
74 ERHARDT, Emily	FR	Simpson (Iowa)	-	26:16.3	5:34.3	7:02.6	4:22.7
75 COON, Lauren	SO	Central College	-	26:18.5	5:36.5	7:03.2	4:23.1
76 LANDWEHR, Abby	SO	Loras	-	26:18.7	5:36.7	7:03.2	4:23.1
77 PHELAN, Erin	FR	Wartburg	-	26:22.1	5:40.1	7:04.1	4:23.7
78 ASHING, Liz	FR	Wartburg	-	26:23.8	5:41.8	7:04.6	4:24.0

AMERICAN RIVERS CONFERENCE CHAMPIONSHIPS

Decorah, IA
Luther College

Saturday, October 30, 2021



OFFICIAL MEET REPORT
printed: 10/30/2021 12:44 PM

Race #2 WOMEN • 6 Kilometers (3.73 Miles)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
79 LOECKE, Abby	JR	Simpson (Iowa)	-	26:27.1	5:45.1	7:05.5	4:24.5
80 HALL, Sophie	JR	Simpson (Iowa)	-	26:28.0	5:45.0	7:05.7	4:24.7
81 BERRY, Eliana	JR	Dubuque	47	26:29.5	5:47.5	7:06.1	4:24.9
82 POWELL, Gracia	FR	Luther	-	26:33.4	5:51.4	7:07.2	4:25.6
83 PATTERSON, Natalie	FR	Central College	-	26:34.5	5:52.5	7:07.5	4:25.7
84 KLUMP, Wren		Buena Vista	48	26:42.2	6:00.2	7:09.5	4:27.0
85 ANTONIO, Brandi	JR	Wartburg	-	26:43.1	6:01.1	7:09.8	4:27.2
86 HOCH, Eva	FR	Central College	-	26:43.8	6:01.8	7:10.0	4:27.3
87 JOHNSEN, Danielle	SR	Dubuque	49	26:44.0	6:01.0	7:10.0	4:27.3
88 BLANKENSHIP, Alyssa	FR	Luther	-	26:47.1	6:05.1	7:10.8	4:27.8
89 BLAKELY, Genna	FR	Nebraska Wesleyan	-	26:51.0	6:08.0	7:11.9	4:28.5
90 GRAMS, Sarah	FR	Luther	-	26:55.3	6:13.3	7:13.0	4:29.2
91 ORR, Kyli	JR	Simpson (Iowa)	-	26:56.5	6:14.5	7:13.4	4:29.4
92 FORBES, Jadyn		Buena Vista	50	27:02.6	6:20.6	7:15.0	4:30.4
93 BYTNAR, Layken	FR	Central College	-	27:06.9	6:24.9	7:16.2	4:31.1
94 JONDLE, Katara		Buena Vista	51	27:08.6	6:26.6	7:16.6	4:31.4
95 SNOW, Carleen	FR	Dubuque	52	27:12.4	6:30.4	7:17.6	4:32.1
96 KOZA, Reagan	FR	Nebraska Wesleyan	-	27:13.0	6:30.0	7:17.8	4:32.2
97 CAWLEY, Abigail	SO	Nebraska Wesleyan	-	27:15.3	6:33.3	7:18.4	4:32.5
98 JANSSEN, Gabrielle	SO	Luther	-	27:20.3	6:38.3	7:19.7	4:33.4
99 SKOGEN, Berit	JR	Luther	-	27:22.9	6:40.9	7:20.4	4:33.8
100 TILL, Allison	SO	Loras	-	27:28.7	6:46.7	7:22.0	4:34.8
101 KNIGHT, Courtney	SR	Loras	-	27:33.6	6:51.6	7:23.3	4:35.6
102 CHYMA, Alyssa	FR	Wartburg	-	27:35.5	6:53.5	7:23.8	4:35.9
103 BREITBACH, Victoria	SO	Wartburg	-	27:36.1	6:54.1	7:24.0	4:36.0
104 PARROTT, Grace	SO	Luther	-	27:37.2	6:55.2	7:24.3	4:36.2
105 VROMAN, Amber	FR	Central College	-	27:41.0	6:58.0	7:25.3	4:36.8
106 PORATH, Grace	FR	Simpson (Iowa)	-	27:41.6	6:59.6	7:25.5	4:36.9
107 HANSEN, Morgan	SO	Luther	-	27:45.1	7:03.1	7:26.4	4:37.5
108 CORBO, Miricle	JR	Wartburg	-	27:48.6	7:06.6	7:27.3	4:38.1
109 TRUITT, Katrina	FR	Dubuque	53	27:54.1	7:12.1	7:28.8	4:39.0
110 KNUDSON, Allegra	SO	Wartburg	-	27:58.8	7:16.8	7:30.1	4:39.8
111 COGLIANESE, Madison	FR	Dubuque	(54)	28:09.5	7:27.5	7:32.9	4:41.6
112 REILLY, Ella	FR	Loras	-	28:11.2	7:29.2	7:33.4	4:41.9
113 MOSELEY, Ally	JR	Luther	-	28:13.6	7:31.6	7:34.0	4:42.3
114 SMITH, Audrey	JR	Central College	-	28:14.8	7:32.8	7:34.4	4:42.5
115 SLAMA, Kate	SO	Nebraska Wesleyan	-	28:18.9	7:36.9	7:35.4	4:43.1
116 BARBER, Taylor	FR	Dubuque	(55)	28:19.5	7:37.5	7:35.6	4:43.2
117 BURKE, Crystal	SO	Coe	56	28:20.3	7:38.3	7:35.8	4:43.4
118 WRIGHT, Cailyn	FR	Coe	57	28:20.6	7:38.6	7:35.9	4:43.4
119 BASS, Kylee	SO	Simpson (Iowa)	-	28:25.4	7:43.4	7:37.2	4:44.2
120 MERTENS, Isabella	JR	Simpson (Iowa)	-	28:28.5	7:46.5	7:38.0	4:44.7
121 HAMILTON, Carlene	SO	Wartburg	-	28:49.6	8:07.6	7:43.7	4:48.3
122 CHAPMAN, Kiley	FR	Dubuque	-	29:03.0	8:20.0	7:47.3	4:50.5
123 ALBERTI, Abby	FR	Central College	-	29:05.7	8:23.7	7:48.0	4:50.9
124 MILLS, Becky	FR	Coe	58	29:06.3	8:24.3	7:48.2	4:51.0

AMERICAN RIVERS CONFERENCE CHAMPIONSHIPSDecorah, IA
Luther College

Saturday, October 30, 2021

**OFFICIAL MEET REPORT**
printed: 10/30/2021 12:44 PM**Race #2**
WOMEN • 6 Kilometers (3.73 Miles)**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
125 ZARLING, Lydia	FR	Dubuque	-	29:12.7	8:30.7	7:49.9	4:52.1
126 OHLROGGE, Iris	SR	Luther	-	29:33.6	8:51.6	7:55.5	4:55.6
127 HERBERT, Amelia	FR	Nebraska Wesleyan	-	30:03.0	9:20.0	8:03.4	5:00.5
128 MARTINEZ, Barbara	JR	Simpson (Iowa)	-	30:50.2	10:08.2	8:16.0	5:08.4
129 MAHLER, Fiona	FR	Coe	59	31:21.6	10:39.6	8:24.4	5:13.6
130 BAINBRIDGE, Rylie	FR	Wartburg	-	31:26.6	10:44.6	8:25.8	5:14.4
131 DALLY, Rayanne	JR	Central College	-	31:44.8	11:02.8	8:30.6	5:17.5
132 NYGAARD, Paige	SO	Simpson (Iowa)	-	32:33.1	11:51.1	8:43.6	5:25.5
133 NELSON, Mary	JR	Simpson (Iowa)	-	33:02.8	12:20.8	8:51.6	5:30.5
134 PARRACK, Ryleigh	FR	Wartburg	-	35:40.4	14:58.4	9:33.8	5:56.7
-- TELLEEN, Ashley		Buena Vista	-	DNF		---	---
-- SELENKE, Sophie	SO	Luther	-	DNF		---	---