DIRECTIONS TO IONA COLLEGE

BY CAR
• New England Thruway (I-95 North or South) to exit 16. Follow signs to North Avenue. Turn right onto North Avenue. Proceed approximately 1.5 miles, turn right onto campus. The Hynes Athletics Center and Mazzella Field are straight ahead.
• Hutchinson River Parkway North to exit 14 (Pelhamdale Avenue/New Rochelle Road). Turn right at light, onto New Rochelle Road, left on Eastchester Road to North Avenue to second traffic light. Turn left onto campus, the Hynes Athletics Center and Mazzella Field are straight ahead.
• Hutchinson River Parkway South to exit 18E (Mill Road). Turn right onto Mill Road and proceed to first light, at light turn right onto North Avenue. Follow North Avenue about two miles. Make left onto campus, the Hynes Athletics Center and Mazzella Field are straight ahead.

BY AMTRAK
• Amtrak North East Corridor Service to New Rochelle Station. Exit to North Avenue and take a taxi or #45 bus to College.

BY BUS
• From Fordham Road and Valentine Avenue in the Bronx take Fordham Road Bus #60 to North Avenue and Main Street. Take #45 bus North to campus. From 241st street and White Plains Road take #42 bus to Main Street and North Avenue.

BY AIRPLANE
• Iona is accessible to all three major Metropolitan Airports, LaGuardia, Newark and Kennedy as well as Westchester County Airport. All are within one hour of campus. LaGuardia or Westchester are the most convenient (approx. 15-25 minutes away). Please consult your travel agent when booking your flights.

DIRECTIONS TO OFF-CAMPUS FACILITIES

GLEN ISLAND PARK BOATHOUSE - ROWING
• New England Thruway (I-95) to Exit 15 New Rochelle/The Pelhams: Follow exit ramp to traffic light. Turn left onto Main Street. Go to the second traffic light and make a right onto Weyman Avenue. Follow Weyman for .7 miles to Glen Island Park. Follow the service road .3 miles over the drawbridge to the boathouse (castle)
• From Campus: Turn left onto North Avenue and follow approximately 2 miles to the end. Turn right onto Pelham Road. At the fifth traffic light turn left onto Weyman. Follow Weyman to the drawbridge then follow the service road onto Glen Island to the boathouse (castle).

ORCHARD BEACH LAGOON FINISH LINE - ROWING
• From Glen Island: Left on Shore Road -1.5 miles. Take left in roundabout and follow signs for Orchard Beach. Take left into Orchard Beach parking area and Lagoon and Finish Line Tower will be on your left.

DIRECTIONS TO CITY PARK (FLOWERS PARK) - BASEBALL
• New England Thruway (I-95) to Exit 16. Turn right onto North Avenue and follow for 0.6 miles to 5th Avenue. Make a right onto 5th Avenue and follow 1.3 miles to Flowers (City) Park on the left.
• Hutchinson River Parkway North to Exit 17; North Avenue, New Rochelle. Turn right onto North Avenue. Follow North Avenue for approximately two miles to 5th Avenue. Make a left onto 5th Avenue and follow 1.3 miles to Flowers (City) Park on the left.
• Hutchinson River Parkway South to Exit 18E, Mill Road. Right on Mill Road to light then right on North Avenue. Follow North Avenue for approximately two miles to 5th Avenue. Make a left onto 5th Avenue and follow 1.3 miles to Flowers (City) Park on the left.

VAN CORTLANDT PARK - CROSS COUNTRY
• Major Deegan Expressway (I-87) North to the Van Cortlandt Park South Exit (Exit 11). Bear right and go back over the Expressway toward Broadway. Make a right at Broadway. The Park will be on your right. The cross-country course will be approximately 1/4 of a mile further along Broadway.
• New York State Thruway (I-87) South becomes the Major Deegan Expressway when entering the Bronx. Continue south to Van Cortlandt Park South Exit (Exit 11). Turn right at top of ramp then right onto Broadway. The Park will be on your right. The cross-country course will be approximately 1/4 of a mile further along Broadway.
• By Subway: Take the “I” train to the last stop, which is 242nd street. As you exit the train, Van Cortlandt Park will be on your right.

MEDICAL INFORMATION
Any visiting teams that will require special medical consideration are asked to please contact the Iona Athletic Training Office at (914) 633-2333 well in advance of the event. The Iona College Athletics venues are in direct proximity to Sound Shore Medical Center. The number for emergency services at Sound Shore Medical Center is (914) 637-1370.
**Quick Facts**

- President: Dr. Joseph E. Nyre
- Main Switchboard: 914-633-2000
- Founded: 1940
- Nickname: Gaels
- Colors: Maroon & Gold
- Conference: Metro Atlantic Athletic Conference (MAAC)

**Administrative Staff**

All phone numbers begin with 914-633-XXXX; except those marked * begin with 914-637-XXXX

- Director of Athletics: Matthew Glovaski
- Sr. Assoc. AD/SWA: Jamie Fogarty
- Sr. Assoc. AD/Communications: Brian Beyrer
- Sr. Assoc. AD/Sports Medicine: Sam De Rosa
- Sr. Assoc. AD/Adv. & Ext. Aff.: Tom Moran
- Asst. AD/Business: Sean Burke
- Asst. AD/Admin & Team Ops: Jessica Rosenberg
- Asst. AD/Academic Services: Tiffani Troilo
- Asst. AD/Campus Recreation: E.J. Ferraro
- Asst. AD/Development: Bryan Davis
- Asst. AD/Facilities & Operations: TBD
- Asst. AD/Marketing and Tickets: TBD
- Asst. AD/Compliance: TBD
- Head Strength and Cond. Coach: Kelly Shaver
- Assistant Dir. of Ath. Comm.: Jonathan Stanko
- Assistant Dir. of Ath. Comm.: Steven Kultzow
- Coordinator of Campus Rec.: TBD
- Faculty Athletics Representative: Dr. Frank Fazio

**Metropolitan Atlantic Athletic Conference**

- Canisius College: Buffalo, NY
- Fairfield University: Fairfield, CT
- Manhattan College: Riverdale, NY
- Marist College: Poughkeepsie, NY
- Monmouth University: Long Branch, NJ
- Niagara University: Lewiston, NY
- Quinnipiac University: Hamden, CT
- Rider University: Lawrenceville, NJ
- Saint Peter’s University: Jersey City, NJ
- Siena College: Loudonville, NY

**Associate Members**

- Bryant University: Smithfield, RI
- Drake University: Drake, IA
- Jacksonville University: Jacksonville, FL
- Robert Morris University: Moon Township, PA
- Sacred Heart University: Fairfield, CT
- St. Francis College: Brooklyn, NY
- Stetson University: Deland, FL
- Villanova University: Philadelphia, PA
- Virginia Military Institute: Lexington, VA
- Wagner College: Staten Island, NY

**Athletic Communications & Sports Medicine Contacts**

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<th>Sport</th>
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<td>Jonathan Stanko</td>
<td>Greg Tozzi</td>
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<td>Brian Beyrer/Jonathan Stanko</td>
<td>San DeRosa</td>
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<td>W. Basketball</td>
<td>Jonathan Stanko</td>
<td>Whitney Larson</td>
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<td>M/W XC/Track</td>
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<td>Sam DeRosa</td>
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<td>Jonathan Stanko</td>
<td>Joelle Gage</td>
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<td>W. Lacrosse</td>
<td>Steven Kultzow</td>
<td>Ellie Goldense</td>
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<td>M/W Rowing</td>
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<td>M. Soccer</td>
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<td>W. Soccer</td>
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<td>Greg Tozzi</td>
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<td>M/W Water Polo</td>
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