<table>
<thead>
<tr>
<th>Title</th>
<th>Name</th>
<th>phone (716)</th>
<th>@hilbert.edu</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director of Athletics</td>
<td>Megan Valentine</td>
<td>926-8800</td>
<td>mvalentine@</td>
</tr>
<tr>
<td>Athletic Facilities Coor.</td>
<td>Matt Diegelman</td>
<td>926-8796</td>
<td>mdiegelman@</td>
</tr>
<tr>
<td>Head Athletic Trainer</td>
<td>Greg Peri</td>
<td>926-8806</td>
<td>gperi@</td>
</tr>
<tr>
<td>Assistant Athletic Trainer</td>
<td>Mike Plandowski</td>
<td>926-8805</td>
<td>mplandowski@</td>
</tr>
<tr>
<td>Athletic Operations Assistant</td>
<td>Jeff Hallenbeck</td>
<td>926-8794</td>
<td>jhallenbeck@</td>
</tr>
<tr>
<td>Compliance/Student Success</td>
<td>Mike Carbery</td>
<td>926-8797</td>
<td>mcarbery@</td>
</tr>
<tr>
<td>Recruiting Coor./Assist AD</td>
<td>Rob deGrandpre</td>
<td>926-8803</td>
<td>rdegrandpre@</td>
</tr>
<tr>
<td>SID/Assist AD</td>
<td>Kara Rehbaum</td>
<td>926-8805</td>
<td>krehbaum@</td>
</tr>
<tr>
<td>Travel Coor.</td>
<td>Amy Senefelder</td>
<td>926-8775</td>
<td>asenefelder@</td>
</tr>
</tbody>
</table>

**FALL SPORT HEAD COACHES:**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Coach</th>
<th>Phone (716)</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cross Country</td>
<td>Robert “Bob” Krug</td>
<td>926-8802</td>
<td>rkrug@</td>
</tr>
<tr>
<td>Golf</td>
<td>Drew Fittry</td>
<td>926-8798</td>
<td>dfittry@</td>
</tr>
<tr>
<td>Men’s Soccer</td>
<td>Jeff Hallenbeck</td>
<td>926-8794</td>
<td>jhallenbeck@</td>
</tr>
<tr>
<td>Women’s Soccer</td>
<td>Jenna Castricone</td>
<td>926-8802</td>
<td>jcastricone@</td>
</tr>
<tr>
<td>Women’s Volleyball</td>
<td>Calvin Crosby</td>
<td>926-8917</td>
<td>ccrosby@</td>
</tr>
</tbody>
</table>

**WINTER SPORT HEAD COACHES:**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Coach</th>
<th>Phone (716)</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men’s Basketball</td>
<td>Rob deGrandpre</td>
<td>926-8803</td>
<td>rdegrandpre@</td>
</tr>
<tr>
<td>Women’s Basketball</td>
<td>Amy Senefelder</td>
<td>926-8775</td>
<td>asenefelder@</td>
</tr>
<tr>
<td>Women’s Bowling</td>
<td>Warren Bush</td>
<td>983-1321</td>
<td>wbush@</td>
</tr>
</tbody>
</table>

**SPRING SPORT HEAD COACHES:**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Coach</th>
<th>Phone (716)</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>Drew Fittry</td>
<td>926-8798</td>
<td>dfittry@</td>
</tr>
<tr>
<td>Men’s Lacrosse</td>
<td>Mike Carbery</td>
<td>926-8797</td>
<td>mcarbery@</td>
</tr>
<tr>
<td>Women’s Lacrosse</td>
<td>Jennifer Marmion</td>
<td>926-8801</td>
<td>jmarmion@</td>
</tr>
<tr>
<td>Softball</td>
<td>John Hall</td>
<td>926-8715</td>
<td>jhall13@</td>
</tr>
<tr>
<td>Men’s Volleyball</td>
<td>Calvin Crosby</td>
<td>926-8917</td>
<td>ccrosby@</td>
</tr>
</tbody>
</table>
DRIVING DIRECTIONS:

FROM DOWNTOWN BUFFALO:
Route 5 - Skyway – to the “souhtowns”
Exit Route 5 at Route 179 East
Travel 3/4 around rotary
Stay on Route 179 East
Turn right at traffic light onto Route 62 South which is South Park Avenue
Travel through two traffic lights
Turn left onto campus

FROM THE EAST:
Take Route 90 (NYS Thruway) to Exit 56 (Blasdell)
After paying toll, turn right at traffic light onto Route 179 West (Mile Strip Road)
Left turn at 1st traffic light onto Route 62 South, which is South Park Avenue
Travel through two traffic lights and turn left onto campus

FROM THE WEST:
Take Route 90 (NYS Thruway) to Exit 57 (Hamburg)
After paying toll, turn right at traffic light onto Route 75 (Camp Road)
Turn right at traffic light onto Route 20 (Southwestern Blvd)
Turn right at traffic light onto Route 62 South, which is South Park Avenue
Turn left onto campus

FROM SOUTH:
Take Route 219 north to the Route 391 - Boston State Road Exit
Turn left onto Boston State Road
Turn right at traffic light onto McKinley Parkway
Turn left at traffic light onto Route 20 West (Southwestern Blvd)
Turn left at traffic light onto Route 62 South, which is South Park Avenue
Turn left onto campus

To Baseball and Softball fields: turn left at pond, follow ring road to fields
To Hafner Recreation Center (basketball and volleyball courts) and soccer/lacrosse fields, turn right at pond and follow ring road to back of campus
Visiting Team Information

Athletic Training Room:

The Training Room is staffed by two full-time athletic trainers and it will be available ninety (90) minutes prior to any contest. Teams who do not travel with an athletic trainer should contact Hilbert at least 48 hours prior to an event date with any special needs. Teams are required to bring their own training kit and athletic supplies.

Athletic Trainer:

Direct Dial: 716-926-8806 Greg Peri: gperi@hilbert.edu; Mike Plandowski: mplandowski@hilbert.edu

Event Manager:

A Hilbert College athletic administrator serves as the Game Day Event Manager for each home game. This individual will greet the visiting team, will escort the group to their assigned locker room and will collect the locker room key from the visiting team’s coach/manager prior to their departure. The Event Manager serves as the visiting team’s point of contact should an issue develop which requires assistance.

Facilities:

The Hafner Recreation Center is home to Hilbert’s Athletic Administrators and coaches, the Athletic Training Room, the campus’ primary Fitness Center and the main gymnasium. Men’s and women’s basketball and women’s volleyball compete in the 800-seat gymnasium which is situated near the visiting teams locker rooms.

The College maintains a grass Varsity Game Field for the Hawks’ men’s and women’s lacrosse and soccer programs. A practice grass field complements the back end of Hilbert’s 60-acer campus.

Hilbert’s baseball and softball teams compete right on campus on the baseball and softball diamonds.

Film Exchange:

Hilbert will follow conference protocol during regular season contests. Any in-season or post-season tournament film exchange procedure will be made available in the tournament information packet.

Game Day Admission (Basketball and Volleyball events only):

- Hilbert students + VIPs with ID: Free
- Children 3 years and under: Free
- Adults (12 years +): $5.00
- Seniors (55 Years+) and Children (4-11 years): $2.00

Hilbert will not provide comp tickets to visiting teams.

Game Officials:

All officials are assigned by the local board of officials or by approved designated assignors based on conference affiliation.
Locker rooms:
Each visiting team will be provided a secure space in which they may change, assemble, store their belongings during the contest and shower post-game. A Game Day Event Manager will escort the team to their locker room and be given a key to their specific locker room. Soap and towels will not be provided.

Media Requests:
All requests for working press, radio, television and photograph passes should be made as early as possible to Hilbert’s Sports Information Director, by calling 716-926-8805 or e-mailing krehbaum@hilbert.edu.

Parking:
Spectators may park in any parking lot on campus during home events. Spectators park at their own risk and should understand the potential for car damage should they park next to the Varsity Game Field or the Baseball & Softball diamond.

56-passenger buses (and smaller) will be able to maneuver to each game site on the college’s Ring Road. The bus for men’s and women’s lacrosse and soccer should park near the Varsity Game Field during contests. Athletes who will be competing in the Hafner Recreation Center should be dropped off by the HRC prior to the game and the bus should park in the lot by the Varsity Game Field near the back of campus.

- Spectators and buses who park on Ring Road will be ticketed by the college’s Campus Safety

Practice Times:
Teams who would like additional use of the campus facilities should contact the Athletic Facilities Coordinator at least one week prior to the original contest date by calling 716-926-8796 or e-mailing mdiegelman@hilbert.edu.

Sports Information:
Game day rosters and programs will be available to visiting teams and fans. Hilbert will also provide live stats and live video streaming ($).

Sportsmanship:
Hilbert College and the Allegheny Mountain Collegiate Conference fully supports the ‘GameDay the DIII Way’ good sportsmanship initiative by encouraging all spectators, coaches and players to be courteous to fans, officials, coaches and competitors.

Uniforms:
Hilbert will wear white at all home contests unless sport or conference / tournament guidelines dictate otherwise.
Hotel and Restaurant Information

Local Lodging

Comfort Inn Suites
3615 Commerce Place
Hamburg, NY  14075
www.comfortinn.choicehotels.com
716-648-2922
800-424-6423

Econo-Lodge
4344 Milestrip Road
Blasdell, NY  14219
www.econolodge.choicehotels.com
716-825-7530

Holiday Inn Express
3563 Commerce Place
Hamburg, NY  14075
www.ichotelsgroup.com
716-649-0500
1-888-HOLIDAY

Quality Inn
544 Camp Road
Hamburg, NY  14075
www.qualityinn.com
716-649-0500
1-877-424-6423

Red Roof Inn
5370 Camp Road
Hamburg, NY  14075
www.redroof.com
716-648-7222
1-800-RED-ROOF
Local Restaurants

**Wegman’s Grocery**
McKinley Parkway
Hot and cold prepared food: chinese, fruit, pasta; pizza, subs, burritos, sushi

SIT-DOWN, MENU SERVICE:

Recommended Sponsor:

**Danny’s Buffalo Cuisine**
Rt. 20A / Abbott Road

Illo DiPalo’s Italian
Pizza Hut
Denny’s
Applebee’s
TGI Friday’s
Olive Garden
South Park Ave
Camp Road
Camp Road
Milestrip Road
McKinley Parkway
McKinley Parkway

FAST FOOD

**Camp Road (near NYS Thruway Exit 57)**

Wendy’s / Tim Horton’s / McDonald’s

**Milestrip Road / McKinley Parkway (near NYS Thruway Exit 56)**

Chipotle / Five Guys / Panera Breads

**Southwestern Blvd (close to Hilbert campus)**

Burger King / Subway

The McKinley Mall and Galleria Mall – The McKinley Mall is just five minutes from campus and features over 100 stores and food courts. The 2-story Galleria Mall offers over 200 stores and shops and is about a 15-minute drive from campus located on Route 90 NYS Thruway Exit 52E.