

Lints Alumni Open - 1/19/2019

Grand Valley State University

Allendale, Michigan

Results

Women 60 Meter Dash

KellyTurfRec: 7.36 K 2013 Adella King
GVSU Rec: 7.43 G 2017 Angela Ritter
 7.46 D2A Divison II Auto
 7.68 D2P Divison II Provo

Name	Yr	School	Prelims
Preliminaries			
1	Johnston, Syanne	SO Northern Ill	7.73Q
2	Ofil, Cindy	SR Adidas	7.74Q
3	Amarteifio, Remy	JR Northern Ill	7.87Q
4	Hew, Britney	JR Northern Ill	7.90Q
5	Eyamba, Eunice	SR Aquinas	8.10Q
6	Benson, Kelani	FR Grand Valley	7.97q
7	Parry, Allysia	FR Academy of A	8.02q
8	Utchel, Sarah	SR Ferris State	8.04q
9	Henderson, Tiana	FR Illinois-Chi	8.18q
10	Russo, Rose	SO Aquinas	8.21
11	Terhorst, Cassidy	SO Grand Valley	8.25
12	Lawal, Alimot	JR Illinois-Chi	8.29
13	Huizen, Hannah	JR Hope	8.35
14	Fajardo, Janine	JR Illinois-Chi	8.41
15	Paye, Muabon	SO Trinity Chri	8.44
16	Carlson, Julia	SO GV Running C	8.47
17	Peters, Brenna	FR Illinois-Chi	8.50
18	Armour, Mary	FR Aquinas	8.55
19	Siddiqui, Roma	JR Illinois-Chi	8.57
20	Han, Shanna	FR Aquinas	8.57
21	Haan, Ellie	FR Hope	8.59
22	Coats, Veronica	FR Ferris State	8.59
23	Olekanma, Kessie	FR Illinois-Chi	8.61
24	Jones, Megan	JR Aquinas	8.62
25	Bastien, Brenna	FR Hope	8.70
26	Achieng, Mitchel	JR Hope	8.72
27	Faulkner, Allyson	SO Ferris State	8.94
28	Peters, Lydia	JR Grace Christ	8.94
29	Wieberr, Madeline	FR Calvin	9.25
30	Vazquez, Daisy	SR Trinity Chri	10.05
31	Lebron, Adara	SO Grace Christ	10.17
32	Fredlock, Bailie	JR Trinity Chri	10.30
33	VanderPloeg, Bethany	SO Trinity Chri	10.63
34	Selwyn, Serena	FR Calvin	12.40

Women 60 Meter Dash

KellyTurfRec: 7.36 K 2013 Adella King
GVSU Rec: 7.43 G 2017 Angela Ritter
 7.46 D2A Divison II Auto
 7.68 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1	Ofil, Cindy	SR Adidas	7.60 D2P
2	Johnston, Syanne	SO Northern Ill	7.75 8
3	Amarteifio, Remy	JR Northern Ill	7.82 6
4	Hew, Britney	JR Northern Ill	7.82 5
5	Benson, Kelani	FR Grand Valley	7.88 4

6	Parry, Allysia	FR Academy of A	7.99 3
7	Utchel, Sarah	SR Ferris State	8.06 2
8	Eyamba, Eunice	SR Aquinas	8.06 1
9	Henderson, Tiana	FR Illinois-Chi	8.26

Women 200 Meter Dash

KellyTurfRec: 23.89 K 2013 Adella King
GVSU Rec: 24.32 G 2014 Kalena Franklin
 23.97 D2A Divison II Auto
 24.89 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1	Jones, Jahnetta	FR Northern Ill	24.71 D2P
2	Tilmon, Taylor	FR Northern Ill	24.90 8
3	Amarteifio, Remy	JR Northern Ill	24.92 6
4	Johnston, Syanne	SO Northern Ill	25.43 5
5	Hew, Britney	JR Northern Ill	25.80 4
6	Kimbrough, Tanayea	FR Grand Valley	25.81 3
7	McGill, Bailey	FR Grand Valley	25.82 2
8	Lewis, Kaitlyn	FR Northern Ill	26.06 1
9	Parry, Allysia	FR Academy of A	26.15
10	Avila, Mia	FR Academy of A	26.16
11	Young-Werner, Rian	SR Academy of A	26.24
12	Benson, Kelani	FR Grand Valley	26.36
13	Utchel, Sarah	SR Ferris State	26.37
14	Turner, Hava	FR Academy of A	26.52
15	Gustad, Jessica	JR Grand Valley	26.79
16	Phillips, Aniese	FR Northern Ill	26.86
17	Lawal, Alimot	JR Illinois-Chi	27.59
18	Clasen, Abbey	SO Grand Valley	27.60
19	Armour, Mary	FR Aquinas	28.04
20	Kernahan, Madeline	FR GV Running C	28.11
21	Haan, Ellie	FR Hope	28.43
22	Todd, Hannah	FR Ferris State	28.46
23	Coats, Veronica	FR Ferris State	28.49
24	Huizen, Hannah	JR Hope	28.67
25	VanDeWeg, Rebekah	FR Muskegon CC	28.73
26	Olekanma, Kessie	FR Illinois-Chi	28.76
27	Kruithof, Nicole	JR Hope	28.79
28	Bastien, Brenna	FR Hope	28.81
29	Pickelheimer, Hailey	JR Hope	29.20
30	Carlson, Julia	SO GV Running C	29.43
31	Wisse, Carissa	JR Trinity Chri	29.63
32	Achieng, Mitchel	JR Hope	29.74
33	Gerig, Addyson	JR Hope	29.75
34	Faulkner, Allyson	SO Ferris State	30.06
35	Peters, Lydia	JR Grace Christ	30.65
36	Clausen, Madelyn	SO Trinity Chri	30.86
37	DeVries, Sarah	SO Trinity Chri	31.68
38	Postma, Megan	FR Grace Christ	32.25
39	Nettie, Emily	SO Grand Valley	32.33
40	Fullmer, Natalie	FR GV Running C	33.34
41	Vazquez, Daisy	SR Trinity Chri	34.61
42	Fredlock, Bailie	JR Trinity Chri	35.37
43	Lebron, Adara	SO Grace Christ	39.30

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Women 400 Meter Dash

KellyTurfRec: 53.19 K 2011 Valerie Brown
 GVSU Rec: 54.97 G 2018 Chant'e Roberts
 54.45 D2A Divison II Auto
 56.65 D2P Divison II Provo

Name	Yr	School	Finals		
Finals					
1	Walters, Rachael	JR Grand Valley	57.38	10	
2	Hawkins, Latavia	SO Academy of A	57.84	8	
3	Floyd, Analis	SR Aquinas	58.25	6	
4	Terhorst, Cassidy	SO Grand Valley	1:00.74	5	
5	Crouch, Abby	JR Grand Valley	1:00.84	4	
6	Clasen, Abbey	SO Grand Valley	1:00.89	3	
7	Diekema, Nicole	JR Aquinas	1:00.91	2	
8	Webb, Rachel	SR Grand Valley	1:01.08	1	
9	Kruihof, Nicole	JR Hope	1:02.94		
10	McKenzie, Rachel	JR Illinois-Chi	1:03.48		
11	Pedzinski, Emily	SR UNA	1:04.32		
12	Todd, Hannah	FR Ferris State	1:04.36		
13	Tardani, Sophia	FR Hope	1:05.56		
14	Carlson, Julia	SO GV Running C	1:05.61		
15	Peters, Brenna	FR Illinois-Chi	1:05.92		
16	Hall, Sophie	FR Hope	1:05.93		
17	Fajardo, Janine	JR Illinois-Chi	1:06.13		
18	Scollard, Hayley	FR Hope	1:06.70		
19	Adams, Brianna	FR Aquinas	1:07.56		
20	Wisse, Carissa	JR Trinity Chri	1:07.97		
21	Acamovic, Tanja	JR Illinois-Chi	1:08.42		
22	Mauer, Kaelee	FR Grace Christ	1:29.22		
23	Doonan, Reanna	JR Grace Christ	1:44.93		

Women 600 Meter Run

KellyTurfRec: 1:30.47 K 2015 Bre'Anna Smith
 GVSU Rec: 1:31.97 G 2018 Lisa Galasso, Rachael Walters

Name	Yr	School	Finals		
Finals					
1	Rustmann, Sarah	SR Grand Valley	1:37.02	10	
2	Curtis, Neshay	JR Northern Ill	1:37.64	8	
3	Harris, Grace	JR Northern Ill	1:38.00	6	
4	Brown, Ashley	JR Academy of A	1:41.44	5	
5	dobson, charlie	MMTC	1:43.34	4	
6	Hassan, Titi	FR Illinois-Chi	1:45.96	3	
7	Heintzelman, Hannah	SO Muskegon CC	1:47.31	2	
8	Schaub, Lexi	FR Aquinas	1:47.41	1	
9	Ray, Haylee	FR Muskegon CC	1:48.70		
10	Whitney, Maggie	FR Aquinas	1:49.34		
11	Cichon, Adeline	FR Aquinas	1:51.10		
12	Hoekman, Brittany	SR Trinity Chri	1:51.63		
13	Rangel, Annie	SO Trinity Chri	1:52.19		
14	Maurer, Amanda	FR Aquinas	1:52.54		
15	Hoekstra, Valerie	FR Trinity Chri	1:55.76		

Women 800 Meter Run

KellyTurfRec: 2:03.79 K 2011 Rebecca Addison
 GVSU Rec: 2:05.75 G 2003 Steph Kuhlman
 2:08.32 D2A Divison II Auto
 2:14.12 D2P Divison II Provo

Name	Yr	School	Finals		
Finals					
1	Finegan, Nora	SO Northern Ill	2:13.95	D2P	
2	Biddle, Meagan	SO Northern Ill	2:21.20	8	
3	Lark, Colette	SO Aquinas	2:21.39	6	
4	Schuster, Cassie	JR Grand Valley	2:23.43	5	
5	Petsch, Kate	FR UNA	2:23.46	4	
6	Bartlett, Brynn	FR Northern Ill	2:23.50	3	
7	Buskirk, Kimberly	JR Grace Christ	2:24.84	2	
8	Kenny, Hannah	JR Hope	2:26.40	1	
9	Winchester, Melissa	SR Aquinas	2:27.13		
10	Taylor, Whitney	SO Aquinas	2:27.27		
11	Adgate, Tannah	JR Aquinas	2:27.45		
12	Best, Ellie	SR Hope	2:30.65		
13	Weenum, Olivia	FR Grace Christ	2:31.63		
14	Dawes, Sydney	SO Ferris State	2:33.61		
15	del Valle, Sydney	SO UNA	2:36.55		
16	Thompson, Lauryn	FR Hope	2:38.40		
17	Kloostera, Erin	FR Hope	2:39.05		
18	Carlson, Julia	SO GV Running C	2:40.10		
19	Sweet, Riley	FR Aquinas	2:43.84		
20	Wabel, Emma	SO Hope	2:44.34		
21	Droski, Katrina	FR Ferris State	2:45.23		
22	Streberger, Alaina	JR Hope	2:49.19		
23	Frailing, Kaela	SO Aquinas	2:54.37		
24	Berna, Christina	FR Ferris State	2:57.53		
25	Fedorowicz, Autumn	SO Aquinas	3:03.43		
26	Lapinski, Claire	FR Aquinas	3:09.56		
27	Rogers, Christine	SO Ferris State	3:17.89		

Women 1000 Meter Run

KellyTurfRec: 2:57.57 K 2013 Lisa Galasso
 GVSU Rec: 2:57.57 G 2013 Lisa Galasso

Name	Yr	School	Finals		
Finals					
1	Weltin, Lexi	FR Illinois-Chi	3:12.25	10	
2	DeWeerd, Megan	SR Trinity Chri	3:12.63	8	
3	Boss, Allie	FR Trinity Chri	3:12.75	6	
4	Sweet, Grace	FR Muskegon CC	3:12.91	5	
5	Brown, Ashley	JR Academy of A	3:14.54	4	

Women 1 Mile Run

KellyTurfRec: 4:34.28 K 2015 Leah O'Connor
 GVSU Rec: 4:43.24 G 2011 Monica Kinney
 4:44.72 D2A Divison II Auto
 4:58.90 D2P Divison II Provo

Name	Yr	School	Finals		
Finals					
1	Walters, Rachael	JR Grand Valley	4:55.10	D2P	

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Finals ... (Women 1 Mile Run)

Name	Yr	School	Finals
2 Crouch, Abby	JR	Grand Valley	4:56.54 D2P
3 Duffey, Karenna	FR	UNA	4:57.50 D2P
4 Kaarour, Hasna	JR	Academy of A	5:00.15 5
5 Webb, Rachel	SR	Grand Valley	5:01.06 4
6 Ricci, Hannah	FR	Northern Ill	5:02.48 3
7 Callahan, Mackenzie	SO	Northern Ill	5:02.75 2
8 Ricci, Melissa	JR	Northern Ill	5:05.33 1
9 Pedzinski, Emily	SR	UNA	5:05.62
10 Amthor, Lynsey	FR	UNA	5:11.68
11 Dohm, Madison	FR	UNA	5:14.33
12 Hansma, Sally	JR	Hope	5:22.85
13 Kenny, Hannah	JR	Hope	5:24.55
14 Syverson, Nicole	SR	Trinity Chri	5:24.99
15 Linzmeier, Annika	FR	UNA	5:25.27
16 Krupp, Courtney	FR	UNA	5:26.51
17 Clarizio, Lidia	FR	UNA	5:27.46
18 Schurr, Carissa	SO	Ferris State	5:28.49
19 Karpukhno, Lyudmyla	FR	UNA	5:28.95
20 Cole, Jacinda	SO	Hope	5:29.25
21 Mack, Mercer	JR	Northern Ill	5:29.42
22 Cavanaugh, Maggie	SO	Northern Ill	5:29.67
23 Dawes, Sydney	SO	Ferris State	5:32.95
24 George, Amanda	JR	Michigan Sta	5:35.20
25 Robleski, Julia	FR	Hope	5:39.49
26 Truszkowski, Brooke	SO	Hope	5:42.09
27 VanLaan, Breanna	JR	Hope	5:42.68
28 Thompson, Lauryn	FR	Hope	5:42.70
29 Windberg, Maddy	FR	Muskegon CC	5:43.71
30 del Valle, Sydney	SO	UNA	5:43.90
31 Stevens, Elizabeth	FR	Hope	5:47.85
32 Fathman, Hope	SR	Trinity Chri	5:48.33
33 Couwenhoven, Abby	SR	Hope	5:49.22
34 Stone, Catherine	SO	Ferris State	5:52.78
35 VanLaan, Mikayla	JR	Trinity Chri	5:54.74
36 Droski, Katrina	FR	Ferris State	6:12.82
37 Berna, Christina	FR	Ferris State	6:30.74
38 Rogers, Christine	SO	Ferris State	6:48.01
--- Hill, Jeannee	FR	Grand Valley	DNF

Women 3000 Meter Run

KellyTurfRec: 8:59.44 K 2016 **Leah O'Connor**
GVSU Rec: 9:22.75 G 2011 **Monica Kinney**
9:29.46 D2A Divison II Auto
9:58.00 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 O'Conner, Leah		Adidas	9:15.02 D2A
2 Oren, Emily		Gazelle Elite	9:16.73 D2A
3 Graber, Natalie	FR	UNA	9:53.97 D2P
4 Overbeck, Vivian	JR	Northern Ill	9:54.75 D2P
5 Teerman, Malea	SO	Grand Valley	9:54.83 D2P
6 Diekema, Katherine	SR	Calvin	9:55.07 D2P
7 Chester, Jordan		UNA	9:57.88 D2P

8 Galloway, Daly	FR	Northern Ill	10:06.90 1
9 Atkins, Sara	SO	Northern Ill	10:10.01
10 Heeringa, Sadie	FR	Calvin	10:25.71
11 Hamilton, Emily	SR	Hope	10:28.01
12 Kaisho, Ai	JR	Illinois-Chi	10:36.14
13 McKinney, Holly	SR	Grand Valley	10:36.23
14 Koetje, Michelle	JR	Calvin	10:41.91
15 Rosencrans, Audrey	FR	Academy of A	10:42.48
16 Bogdajewicz, Carly	FR	Calvin	10:56.63
17 Zerfas, Nicole		Red Cedar Ru	10:58.17
18 Ball, Sarah	JR	Calvin	10:58.18
19 Robleski, Julia	FR	Hope	10:59.43
20 Lowe, Avery	SR	Hope	11:01.53
21 Cole, Jacinda	SO	Hope	11:08.10
22 Shroda, Madison	FR	UNA	11:19.89
23 Waz, Sylvia	FR	Illinois-Chi	11:20.84
24 Gaffner, Jena	SO	Calvin	11:25.61
25 Bostwick, Alicia	SR	Hope	11:34.30
26 Couwenhoven, Abby	SR	Hope	11:36.39
27 Sweatt, Allie	SR	Illinois-Chi	11:37.30
28 Stone, Catherine	SO	Ferris State	11:50.62
29 Bower, Anna	FR	Calvin	11:53.64
30 Cannon, Sarah	FR	Hope	11:58.40
31 Marciniak, Madelyn	FR	Hope	12:05.69
32 Gray, Hannah	FR	Hope	12:58.45

Women 5000 Meter Run

KellyTurfRec: 15:42.31 K 2015 **Nicole Sifuentes**
GVSU Rec: 16:01.53 G 2016 **Kendra Foley**
16:33.62 D2A Divison II Auto
17:27.66 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Brandonisio, Gabby	SO	Aquinas	18:20.05 10
2 Gough, Megan	FR	Aquinas	18:20.64 8
3 Adler, Hannah	FR	Aquinas	18:28.00 6
4 Rylaarsdam, Lauren		UNA	18:40.42 5
5 Bishop, Leah	SO	Calvin	19:00.34 4
6 Kuiper, Maria	SR	Calvin	19:10.80 3
7 Kooiman, Breanna	SR	Calvin	19:14.99 2
8 McManus, Emily	FR	Aquinas	19:18.47 1
9 Schwartz, Alyssa	JR	Aquinas	19:19.57
10 Hubert, Vanessa	SO	Aquinas	19:20.81
11 Grant, Hanna	FR	Aquinas	19:39.78
12 Romanowski, Tea	JR	Aquinas	19:41.03
13 Needs, Annie	SO	Calvin	19:43.67
14 Winiarski, Brynne	FR	Calvin	19:54.71
15 Laube, Kelli	SO	Calvin	21:44.26

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Women 60 Meter Hurdles

KellyTurfRec: 8.13 K 2016 Candice Davis Price
GVSU Rec: 8.29 G 2009 Candice Wheat
 8.42 D2A Divison II Auto
 8.81 D2P Divison II Provo

Name	Yr	School	Prelims
Preliminaries			
1 Ofili, Cindy	SR	Adidas	8.47q D2P
2 Amarteifio, Remy	JR	Northern Ill	8.62q D2P
3 Brown, Amore	SR	Aquinas	9.08q
4 Phillips, Aniese	FR	Northern Ill	9.14q
5 Jouanno, Camille	JR	Academy of A	9.15q
6 Mwenifumbo, Joselyn	FR	Grand Valley	9.22q
7 Hunter, Tyra	JR	Aquinas	9.29q
8 Gustad, Jessica	JR	Grand Valley	9.37q
9 Ramsey, Taylor	FR	Northern Ill	9.42q
10 Fajardo, Janine	JR	Illinois-Chi	9.52
11 VanDeWeg, Rebekah	FR	Muskegon CC	9.74
12 VanderStoep, Allison	SR	Hope	10.38
13 McKenzie, Rachel	JR	Illinois-Chi	10.43
14 Achieng, Mitchel	JR	Hope	10.63

Women 60 Meter Hurdles

KellyTurfRec: 8.13 K 2016 Candice Davis Price
GVSU Rec: 8.29 G 2009 Candice Wheat
 8.42 D2A Divison II Auto
 8.81 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Ofili, Cindy	SR	Adidas	8.24 D2A
2 Amarteifio, Remy	JR	Northern Ill	8.46 D2P
3 Jouanno, Camille	JR	Academy of A	8.91 6
4 Hunter, Tyra	JR	Aquinas	9.12 5
5 Phillips, Aniese	FR	Northern Ill	9.17 4
6 Brown, Amore	SR	Aquinas	9.18 3
7 Mwenifumbo, Joselyn	FR	Grand Valley	9.21 2
8 Gustad, Jessica	JR	Grand Valley	9.39 1

Women 4x400 Meter Relay

KellyTurfRec: 3:39.51 K 2010
Shubert, Baron, Davis, Thompson
GVSU Rec: 3:40.34 G 2018
Roberts, Walters, Eby, Ritter
 3:43.34 D2A Divison II Auto
 3:51.01 D2P Divison II Provo

Team	Relay	Finals
1 Northern Illinois	A	3:51.38 10
1) Tilmon, Taylor FR	2) Jones, Jahnetta FR	
3) Curtis, Neshay JR	4) Lewis, Kaitlyn FR	
2 Grand Valley St.	A	4:02.01 8
1) Benson, Kelani FR	2) McGill, Bailey FR	
3) Mwenifumbo, Joselyn FR	4) Kimbrough, Tanayea FR	

3 Northern Illinois	B	4:02.44 6
1) Harris, Grace JR	2) Bartlett, Brynn FR	
3) Callahan, Mackenzie SO	4) Finegan, Nora SO	
4 Academy of Art	A	4:06.11 5
1) Hawkins, Latavia SO	2) Turner, Hava FR	
3) Avila, Mia FR	4) Parry, Allysia FR	
5 Aquinas	A	4:09.58 4
1) Diekema, Nicole JR	2) Kulman, Laikyn FR	
3) Taylor, Whitney SO	4) Floyd, Analis SR	
6 Hope	A	4:17.45 3
1) Kruihof, Nicole JR	2) Pickelheimer, Hailey JR	
3) VanderStoep, Allison SR	4) Best, Ellie SR	
7 Illinois-Chicago	A	4:24.21 2
1) Siddiqui, Roma JR	2) Peters, Brenna FR	
3) McKenzie, Rachel JR	4) Fajardo, Janine JR	
8 Aquinas	B	4:24.86 1
	2) Winchester, Melissa SR	
3) Whitney, Maggie FR	4) Adgate, Tannah JR	
9 Muskegon CC	A	4:26.63
1) Sweet, Grace FR	2) Heintzelman, Hannah SO	
3) Windberg, Maddy FR	4) Ray, Haylee FR	
10 Illinois-Chicago	B	4:27.17
1) Acamovic, Tanja JR	2) Weltin, Lexi FR	
3) Hassan, Titi FR	4) Stokes, Janeka SR	
11 Grace Christ	A	4:51.82
1) Buskirk, Kimberly JR	2) Weenum, Olivia FR	
3) Postma, Megan FR	4) Peters, Lydia JR	
--- Northern Illinois	C	DNF
1) Biddle, Meagan SO	2) Ricci, Hannah FR	
3) Johnston, Syanne SO	4) Hew, Britney JR	

Women High Jump

1.38, 1.43, 1.48, 1.53, 1.58, 1.63, 1.68, 1.71, 1.74

KellyTurfRec: 1.88m K 2015 Tynita Butts
GVSU Rec: 1.76m G 1993 Kelly O'Brien
 1.76m D2A Divison II Auto
 1.67m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Wade, Peyton	SR	Illinois-Chi	1.68m D2P
2 Gleason, Tabor	FR	Grand Valley	1.58m 8
3 Clausen, Madelyn	SO	Trinity Chri	1.53m 6
4 Stokes, Janeka	SR	Illinois-Chi	J1.53m 4.5
4 Hugo, Yara	SO	Aquinas	J1.53m 4.5
6 Goyette, Crystal	FR	Aquinas	J1.53m 3
7 Gerig, Addyson	JR	Hope	J1.53m 2
8 Eslinger, Amanda	SO	Ferris State	1.48m 1
9 Hayes, Hannah	SO	Aquinas	J1.48m
9 VanderStoep, Allison	SR	Hope	J1.48m
11 Klein, Peyton	SO	Aquinas	J1.48m
12 Mount, Kylie	SO	Grand Valley	1.43m
13 Achieng, Mitchel	JR	Hope	J1.43m
14 Bredeweg, Hannah	SO	Hope	1.38m
--- VanderZwaag, Jamie	JR	Hope	NH
--- Sayre, Lauren	JR	Grand Valley	NH

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Results

Women Pole Vault

Flight 1 on BLUE runway. Flight 2 on BLUE/BLACK runway.
2.51m, 2.66m, 2.81m, 2.96m, 3.11m, 3.26m,
3.41m, 3.56m, 3.71m, 3.86m, 4.01m, 4.11m

KellyTurfRec: 4.80m K 2013 Jennifer Suhr
GVSU Rec: 4.35m G 2014 Kristen Hixson
4.02m D2A Divison II Auto
3.57m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Kimes, Ellianne	SO	Grand Valley	3.86m D2P
2 Stimmel, Kassidie	FR	Grand Valley	3.71m D2P
3 Faber, Victoria	FR	Aquinas	J3.71m D2P
4 Livingston, Carly	SO	Grand Valley	3.56m 4
4 Buckholz, Lucy	SR	Grand Valley	3.56m 4
4 Shell, Avery	FR	Grand Valley	3.56m 4
7 Bray, Jessica	FR	Grand Valley	3.41m 0.8
7 Dolan, Rachel	SO	Grand Valley	3.41m 0.8
9 Overbeek, Sara	JR	Grand Valley	J3.41m 0.8
10 Kulman, Laikyn	FR	Aquinas	J3.41m 0.8
11 Mikulecky, Ann	SR	Illinois-Chi	3.11m
12 Johnson, Emma	JR	Hope	2.66m
13 Pollington, Kennedy	FR	Aquinas	2.51m
--- Kelly, Maddie	SO	Illinois-Chi	NH
--- Marvel, Allyson	JR	Aquinas	NH
--- Mabry, Olivia	FR	Grand Valley	NH
--- Clarke, Peyton	FR	Grand Valley	NH
--- Metzger, Lisa	SR	Aquinas	NH
--- Battani, Aubrey	SO	Grand Valley	NH

Women Long Jump

KellyTurfRec: 6.07m K 2011 Leah Eber(2011), Janelle Perry(2011)
GVSU Rec: 6.03m G 2002 Icic Charles
6.10m D2A Divison II Auto
5.65m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Jouanno, Camille	JR	Academy of A	5.78m D2P
2 Duncan, Alexis	SR	Grand Valley	5.56m 8
3 Riley, Diamond	FR	Northern Ill	5.48m 6
4 Lawal, Alimot	JR	Illinois-Chi	5.20m 5
5 Han, Shanna	FR	Aquinas	5.13m 4
6 Meachum, Grace	SR	Aquinas	5.08m 3
7 Gerig, Addyson	JR	Hope	4.95m 2
8 Dean, Kaylin	SO	Illinois-Chi	4.88m 1
9 Bonga, Prevail	FR	Illinois-Chi	4.75m
10 Faulkner, Allyson	SO	Ferris State	4.60m
11 Haan, Ellie	FR	Hope	4.59m
12 Achieng, Mitchel	JR	Hope	4.57m
13 Paye, Muabon	SO	Trinity Chri	4.56m
14 VanderZwaag, Jamie	JR	Hope	4.55m
15 DeVries, Sarah	SO	Trinity Chri	4.36m
16 Peters, Lydia	JR	Grace Christ	4.22m
17 Van Ryn, Alexis	SO	Trinity Chri	4.14m

18 Lebron, Adara SO Grace Christ 3.75m

Women Triple Jump

Automatic Advancement will be in effect.

KellyTurfRec: 12.74m K 2012 Tori Franklin
GVSU Rec: 11.89m G 2002 Icic Charles
12.48m D2A Divison II Auto
11.64m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Whyte, Jehvania	JR	Northern Ill	12.70m D2A
2 Reeves, Alex	JR	Grand Valley	11.45m 8
3 Young-Werner, Rian	SR	Academy of A	10.97m 6
4 Armstrong, Kendal	SO	Grand Valley	10.37m 5
5 Dean, Kaylin	SO	Illinois-Chi	10.25m 4
6 Gerig, Addyson	JR	Hope	9.75m 3
7 VanderZwaag, Jamie	JR	Hope	9.63m 2
8 Bredeweg, Hannah	SO	Hope	9.31m 1
9 Paye, Muabon	SO	Trinity Chri	9.27m
--- Riley, Diamond	FR	Northern Ill	FOUL
--- Bonga, Prevail	FR	Illinois-Chi	FOUL

Women Shot Put

KellyTurfRec: 18.57m K 2016 Brittany Smith
GVSU Rec: 16.86m G 2013 Sam Lockhart
15.59m D2A Divison II Auto
13.61m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Avery, Dajsha	SR	UNA	13.58m 10
2 Lechner, Erika	SO	Grand Valley	13.43m 8
3 Schaare, Amanda	FR	UNA	13.30m 6
4 Copley, Brianna	FR	Ferris State	12.78m 5
5 Richards, Emma	FR	UNA	12.29m 4
6 Goodwin, Bobbie	JR	Grand Valley	12.27m 3
7 Robinson-Mitche, Franesha	FR	Grand Valley	12.26m 2
8 Garcia, Genora	JR	Illinois-Chi	12.03m 1
9 Pyles, Elizabeth	FR	Grand Valley	11.84m
10 Hecksel, Mary	JR	Grand Valley	11.73m
11 Clinton, Ciana	FR	Illinois-Chi	11.40m
12 Breuker, Jenna	FR	Hope	11.38m
13 Kraft, Olivia	FR	Ferris State	11.11m
14 Stingily, Fatima	SO	Northern Ill	11.07m
15 Ramsey, Taylor	FR	Northern Ill	10.25m
16 Koster, Gretchen	SO	Hope	10.20m
17 Wood, Christina	FR	Northern Ill	10.09m
18 Polito, Gina	FR	Hope	9.81m
19 Gustad, Jessica	JR	Grand Valley	9.63m
20 Mercer, Nat	JR	Grace Christ	8.32m
21 DeKryger, Kate	FR	Trinity Chri	7.73m
22 Heyboer, Paige	SO	Grace Christ	7.53m

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Women Weight Throw

KellyTurfRec: 22.54m K 2011 Jeneva McCall

GVSU Rec: 21.50m G 2013 Sam Lockhart

19.87m D2A Divison II Auto

16.97m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1	Goodwin, Bobbie	JR Grand Valley	18.40m D2P
2	Hecksel, Mary	JR Grand Valley	16.67m 8
3	Kraft, Olivia	FR Ferris State	15.65m 6
4	Ballard, Bailey	JR Aquinas	14.52m 5
5	Lechner, Erika	SO Grand Valley	14.47m 4
6	Bertrand, Alaias	FR Michigan Sta	14.07m 3
7	Breuker, Jenna	FR Hope	13.81m 2
8	Pyles, Elizabeth	FR Grand Valley	13.79m 1
9	Kurowski, Katrina	FR UNA	13.75m
10	Copley, Brianna	FR Ferris State	12.30m
11	Riebschleger, Kennedy	JR Ferris State	12.16m
12	Metzger, Liz	SO Ferris State	11.83m
13	Stingily, Fatima	SO Northern Ill	11.33m
14	Jewell, Morgan	JR Aquinas	11.25m
15	Lee, Ally	JR Trinity Chri	10.83m
16	Kleinheksel, Sophia	SO Hope	9.54m
---	Robinson-Mitche, Franasha	FR Grand Valley	FOUL

Men 60 Meter Dash

KellyTurfRec: 6.55 K 2014 Adam Harris

GVSU Rec: 6.81 G 2016 Lawson Bright-Mitchell

6.72 D2A Divison II Auto

6.88 D2P Divison II Provo

Name	Yr	School	Prelims
Preliminaries			
1	Allen, Clint	UNA	6.95Q
2	Freeman, Justin	SR Hope	6.98Q
3	Jones, Kenny	SR Grand Valley	7.00Q
4	Bujarski, Tristan	FR Grand Valley	7.12Q
5	Williams, Stanley	JR Ferris State	7.15Q
6	Wollenweber, Shaun	SR Illinois-Chi	7.04q
7	Anderson, Brandon	FR Hope	7.17q
8	Derr, Corey	JR Hope	7.22q
9	Berry, Daquan	FR Academy of A	7.23q
10	Toliver, Milton	FR Grand Valley	7.27
11	Stump, Brian	FR Aquinas	7.32
12	Reed, Gabriel	SR Illinois-Chi	7.33
13	Clark, David	SO Hope	7.34
14	King, Joshua	FR Calvin	7.35
15	Mansfield, Tyler	FR Grand Valley	7.36
16	Plate, Wyatt	FR Ferris State	7.37
17	Wells, Logan	FR Muskegon CC	7.39
18	Reinke, Will	JR GV Running C	7.41
19	Hardy, Emari	SO UNA	7.41
20	Meskill, Michael	JR Illinois-Chi	7.41
21	Drewyor, Ryan	SR UNA	7.43
22	Mogorvic, Jakob	JR Illinois-Chi	7.50

23	VanKoevering, Luke	FR Calvin	7.67
24	Querro, Ryan	FR Hope	7.68
25	Houston, Kenyea	FR Hope	7.70
26	Trumble, Nathaniel	FR Hope	7.71
27	McMaster, Justin	FR Grace Christ	7.78
28	Bott, Timothy	SO Hope	7.85
29	Gunnink, Gabriel	SO GV Running C	7.88
30	Geter, Isaac	FR Grace Christ	7.96
31	Stravers, Colin	SO Trinity Chri	8.06
32	Huston, Andrew	JR Calvin	8.17
33	Olson, Andrew	SO Calvin	8.30
34	Kyalangalilwa, Joshua	SO Muskegon CC	9.19

Men 60 Meter Dash

KellyTurfRec: 6.55 K 2014 Adam Harris

GVSU Rec: 6.81 G 2016 Lawson Bright-Mitchell

6.72 D2A Divison II Auto

6.88 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1	Freeman, Justin	SR Hope	6.93 10
2	Jones, Kenny	SR Grand Valley	7.01 8
3	Allen, Clint	UNA	7.01 6
4	Bujarski, Tristan	FR Grand Valley	7.10 5
5	Wollenweber, Shaun	SR Illinois-Chi	7.11 4
6	Derr, Corey	JR Hope	7.13 3
7	Berry, Daquan	FR Academy of A	7.21 2
8	Williams, Stanley	JR Ferris State	7.33 1
9	Anderson, Brandon	FR Hope	8.33

Men 200 Meter Dash

KellyTurfRec: 21.16 K 2012 Zye Boey

GVSU Rec: 21.62 G 2014 Sean Wells

21.21 D2A Divison II Auto

21.74 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1	Ajomale, Mobolade	SR Academy of A	21.67 D2P
2	Williams, Roshard	SO Academy of A	22.42 8
3	Berry, Daquan	FR Academy of A	22.58 6
4	Palacio, Arrun	SO Academy of A	22.65 5
5	Alberdi, David	SO Grand Valley	22.80 4
6	Wells, Logan	FR Muskegon CC	22.92 3
7	McFarland, Andrew	SO Grand Valley	22.93 2
8	Menapace, Ben	FR Ferris State	23.17 1
9	Hasan, Jaylen	FR Grand Valley	23.23
10	Haye, Jahaven	SR Grand Valley	23.30
11	Kiley, Conner	FR Illinois-Chi	23.35
12	Bujarski, Tristan	FR Grand Valley	23.46
13	Stump, Brian	FR Aquinas	23.47
14	Robertson, Brett	FR Ferris State	23.57
15	Hardy, Emari	SO UNA	23.74
16	Howard, Adam	JR Hope	23.81
17	Solberg, Terrell	SO Hope	23.87
18	Drewyor, Ryan	SR UNA	23.96

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Finals ... (Men 200 Meter Dash)

Name	Yr	School	Finals
19	Bates, Matthew	FR Illinois-Chi	24.05
20	Reed, Gabriel	SR Illinois-Chi	24.06
21	Jackson, Isaiah	FR Aquinas	24.06
22	Clark, David	SO Hope	24.18
23	Stamatopolous, Christopher	SO Hope	24.19
24	Trumble, Nathaniel	FR Hope	24.52
25	King, Joshua	FR Calvin	24.57
26	Querro, Ryan	FR Hope	24.75
27	Burton, Qway	FR UNA	24.86
28	Gunnink, Gabriel	SO GV Running C	24.88
29	VanKoevering, Luke	FR Calvin	24.93
30	Piersma, Seth	FR Hope	24.97
31	McMaster, Justin	FR Grace Christ	24.99
32	Gee, Harold	FR Calvin	25.12
33	Petry, Jurrone	SO Trinity Chri	25.19
34	Bytwerk, Ryan	FR Muskegon CC	25.83
35	Keena, Jason	FR Ferris State	25.88
36	Houston, Kenyea	FR Hope	26.00
37	Javed, Adam	FR Grace Christ	26.04
38	Mark, Jacob	FR Hope	26.07
39	Geter, Isaac	FR Grace Christ	26.20
40	Bruinius, James	SO Trinity Chri	27.01
41	Butlevics, Mikelis	JR GV Running C	27.03
42	Braak, Samuel	FR Calvin	27.67

Men 400 Meter Dash

KellyTurfRec:	46.76 K 2016	Tyler Brown
GVSU Rec:	48.04 G 2014	Nathaniel Hammersmith
	47.32	D2A Divison II Auto
	48.58	D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1	Richardson, Kaiwan	SO UNA	49.48 10
2	Carter, Christian	SR Academy of A	49.62 8
3	Meskill, Michael	JR Illinois-Chi	50.30 6
4	Porter, Alexander	FR Grand Valley	50.33 5
5	Bailey, Adam	FR Aquinas	50.49 4
6	Menapace, Ben	FR Ferris State	50.66 3
7	Mogorvic, Jakob	JR Illinois-Chi	50.93 2
8	Egli, Derrick	SO Grand Valley	51.08 1
9	McLaughlin, Matt	SO Grand Valley	51.26
10	Heitzman, Brody	SR Aquinas	51.43
11	Jeninga, James	SR Calvin	51.68
12	Barber, Sean	JR Illinois-Chi	52.31
13	Dow, Drew	FR Hope	52.34
14	Szafranski, Tristen	FR Grand Valley	52.47
15	Bellows, Kalob	FR Grand Valley	52.76
16	Veenstra, Jacob	JR Calvin	53.09
17	Brass, Devyn	JR Grand Valley	53.30
18	Gunnink, Gabriel	SO GV Running C	53.64
19	Stamatopolous, Christopher	SO Hope	53.77
20	Tomlinson, Devin	FR UNA	53.78
21	Bates, Matthew	FR Illinois-Chi	53.82

22	Carson, Noah	FR Grand Valley	54.13
23	Groendyk, Jonathon	FR Grand Valley	54.23
24	Reed, Gabriel	SR Illinois-Chi	54.23
25	Freese, Jake	FR Grand Valley	54.28
26	Ip, Eddie	SR Hope	54.49
27	DeWeerd, Connor	SR GV Running C	54.59
28	Gee, Harold	FR Calvin	55.72
29	Petry, Jurrone	SO Trinity Chri	56.05
30	Bruinius, James	SO Trinity Chri	58.21
31	Olsen, Luke	FR Grace Christ	1:01.03
32	Braak, Samuel	FR Calvin	1:02.00

Men 600 Meter Run

KellyTurfRec:	1:17.14 K 2012	Declan Murray
GVSU Rec:	1:19.77 G 2009	Todd Schuster

Name	Yr	School	Finals
Finals			
1	Haran, William	JR Aquinas	1:20.60 10
2	Ljung, Owen	JR Hope	1:22.15 8
3	Hendricks, Noah	SO Muskegon CC	1:23.32 6
4	Bundy, Adam	SR Aquinas	1:23.77 5
5	Fischer, Joshua	JR Aquinas	1:25.68 4
6	Milarch, Tristan	SO Aquinas	1:25.98 3
7	Jama, Jama	FR Aquinas	1:27.22 2
8	Wojcik, Ken	Aquinas Coll	1:27.58 1
9	Lesley, Paul	SO Illinois-Chi	1:28.35
10	Miller, Andrew	JR Trinity Chri	1:28.52
11	Calvillo, Martin	Aquinas Coll	1:29.30
12	Kennedy, John	FR Trinity Chri	1:31.24
13	Friesen, Noah	SR Trinity Chri	1:31.57
14	Krygsheld, Nathan	SO Trinity Chri	1:33.04
15	Hartstang, Nick	SR UNA	1:33.52
16	Beltran, Jose	JR Trinity Chri	1:36.32
17	Merrell, Malachi	FR Grace Christ	1:49.82

Men 800 Meter Run

KellyTurfRec:	1:46.52 K 2014	Drew Windle
GVSU Rec:	1:49.05 G 2014	Ethan Barnes
	1:49.45	D2A Divison II Auto
	1:53.25	D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1	Houali, Rabah	SO Academy of A	1:52.47 D2P
2	Salomon, Nick	SR Grand Valley	1:53.57 8
3	Mach, Wuoi	Gazelle Elite	1:53.57 6
4	MacGregor, Matthew	JR Aquinas	1:53.98 5
5	Domagalski, Jacob	JR Grand Valley	1:54.14 4
6	McFarland, Andrew	SO Grand Valley	1:54.81 3
7	Falland, Louis	Gazelle Elite	1:56.31 2
8	Hasan, Jaylen	FR Grand Valley	1:56.92 1
9	Peterson, Luke	SR Calvin	1:57.09
10	Uhlenberg, James	FR UNA	1:57.27
11	Jones, Brenden	JR Hope	1:58.31
12	DeWeerd, Caleb	SO Trinity Chri	1:59.63
13	Peterson, Bennett	FR Grand Valley	2:00.09

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Finals ... (Men 800 Meter Run)

Name	Yr	School	Finals
14 Hoop, Alexander	SR	Aquinas	2:00.36
15 Sousey, Kyle	SR	Aquinas	2:00.61
16 Yopez, Jonathan	FR	Hope	2:01.40
17 Vandebunte, Andrew	SR	Hope	2:01.50
18 Peck, Garrett	FR	Hope	2:01.87
19 Bradley, Bryce		Gazelle Elite	2:01.92
20 MacGeorge, Nicholas	JR	Aquinas	2:03.08
21 Blanker, Matthew	SO	Calvin	2:03.64
22 Hoffman, Nicholas	FR	Hope	2:04.43
23 Mathes, Ryan	FR	Trinity Chri	2:05.02
24 Dobrescu, Andrew	FR	Trinity Chri	2:06.13
25 McHugh, David	FR	Hope	2:07.66
26 Jansma, Jonathan	FR	Calvin	2:08.32
27 TenPas, Derek	FR	Calvin	2:09.20
28 Butlevics, Mikelis	JR	GV Running C	2:09.47
29 Heidinger, Nick	SR	Trinity Chri	2:11.06
30 Ghidoni, Kolin	FR	Ferris State	2:13.99
31 Yaworski, Andrew	FR	Ferris State	2:15.81
32 Sergey, Troy	JR	Grace Christ	2:27.66
--- Pavliga '18, Tyler		GVALUM	DNF

Men 1000 Meter Run

KellyTurfRec: 2:23.92 K 2015 Peter Archibald

GVSU Rec: 2:25.29 G 2013 Ethan Barnes

Name	Yr	School	Finals
Finals			
1 Bashqawi, Alex	SR	Illinois-Chi	2:31.09 10
2 English, Joshua	FR	Illinois-Chi	2:33.18 8
3 Skucas, Martin	SO	Illinois-Chi	2:34.87 6
4 Foley, Kyle	FR	Illinois-Chi	2:36.60 5
5 VanOverloop, Brantley	JR	Trinity Chri	2:44.62 4

Men 1 Mile Run

KellyTurfRec: 4:00.46 K 2013 Zach Dahleen

GVSU Rec: 4:06.42 G 2016 Wuoi Mach

4:02.24 D2A Divison II Auto

4:11.12 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Mach, Wuoi		Gazelle Elite	4:04.26 D2P
2 Falland, Louis		Gazelle Elite	4:09.69 D2P
3 Mbuta, Dennis	SO	Grand Valley	4:13.36 6
4 Groendyk, Jonathon	FR	Grand Valley	4:15.17 5
5 Hessian, Freddie	SR	Academy of A	4:15.33 4
6 DeWeerd, Caleb	SO	Trinity Chri	4:17.48 3
7 Bradley, Bryce		Gazelle Elite	4:17.76 2
8 Salomon, Nick	SR	Grand Valley	4:18.12 1
9 Peterson, Bennett	FR	Grand Valley	4:18.44
10 Egli, Derrick	SO	Grand Valley	4:21.21
11 Harding, Grayson	JR	Aquinas	4:21.69
12 McLaughlin, Matt	SO	Grand Valley	4:22.67
13 Huber, Jack	FR	UNA	4:22.72
14 Simonds, Lukas	SR	Aquinas	4:23.17

15 Riley, Colin	SR	Pure Peninsu	4:23.70
16 White, Garrett	SO	Grand Valley	4:26.04
17 Hoffman, Nicholas	FR	Hope	4:26.49
18 Togom, Job	FR	Grand Valley	4:26.93
19 Vreeke, Ryan	FR	Calvin	4:27.64
20 McGrew, Morgan	FR	UNA	4:28.74
21 Murphy, Zackary	SO	UNA	4:29.81
22 Meindertsma, Micah	SO	Calvin	4:33.85
23 Dobrescu, Andrew	FR	Trinity Chri	4:37.10
24 Kelley, Jacob	FR	Hope	4:37.83
25 Carson, Noah	FR	Grand Valley	4:38.09
26 Tomlinson, Devin	FR	UNA	4:38.17
27 Heidinger, Nick	SR	Trinity Chri	4:39.23
28 Mckenzie, Zach	SR	Ferris State	4:42.08
29 Peck, Garrett	FR	Hope	4:43.44
30 VanderPlaats, Kyle	SR	Trinity Chri	4:43.71
31 Mathes, Ryan	FR	Trinity Chri	4:44.23
32 Young, Terrence	FR	GV Running C	4:46.72
33 Ghidoni, Kolin	FR	Ferris State	4:57.91
34 Yaworski, Andrew	FR	Ferris State	4:59.50
35 Akimoff, Cole	SO	Trinity Chri	5:08.36
36 Phillips, Jake	SO	Muskegon CC	5:11.22
--- Barnes, Ethan		UNA	DNF

Men 3000 Meter Run

KellyTurfRec: 7:56.12 K 2010 Lex Williams

GVSU Rec: 8:04.81 G 2018 Wuoi Mach

8:03.28 D2A Divison II Auto

8:23.09 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Johnson, Tyler	JR	Calvin	8:33.29 10
2 Ahmed, Abdi	FR	UNA	8:36.96 8
3 Rylaarsdam, Andrew		Playmakers /	8:37.65 6
4 Allen, Brenden	FR	UNA	8:38.96 5
5 Ellis, Jonathon	SO	Calvin	8:40.49 4
6 Parr, Brendan	FR	UNA	8:42.31 3
7 Varineau, Justin	SO	Calvin	8:42.78 2
8 Smith, Addison	JR	Calvin	8:44.15 1
9 Tanguay, Evan	FR	UNA	8:48.71
10 Wilson, Fraser	FR	UNA	8:49.20
11 Domagalski, Jacob	JR	Grand Valley	8:49.60
12 Foley, Gannon	SO	Aquinas	8:49.85
13 Ferguson, Caleb	JR	Calvin	8:50.36
14 Cabrera, Carlos	SO	Illinois-Chi	8:54.56
15 Ferraro, Justin	FR	UNA	9:00.05
16 Lockette, Hudson	FR	Academy of A	9:01.27
17 Schloff, Nathan	SR	Hope	9:01.55
18 Fair, Jacob	SO	Aquinas	9:01.94
19 Dunklee, Evan	SR	Aquinas	9:13.27
20 Stalzer, Kenny		Aquinas Coll	9:14.63
21 James, Sam		Aquinas Coll	9:15.37
22 Malcolm, Dan		Red Cedar Ru	9:16.25
23 Mauer, Nathan	JR	Aquinas	9:17.43
24 Mckenzie, Zach	SR	Ferris State	9:27.08

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Finals ... (Men 3000 Meter Run)

Name	Yr	School	Finals
25 Shanahan, Brendan	SO	Aquinas	9:28.77
26 Jones, Clayton		Aquinas Coll	9:29.02
27 Kelley, Jacob	FR	Hope	9:29.44
28 Slayton, Brett	SR	Hope	9:35.03
29 Kuyten, Gabe	SR	UNA	9:43.08
30 Peterson, Ben		Aquinas Coll	10:05.45
31 Carpenter, Cameron	FR	Hope	10:06.41
32 Kaleel, Edward	JR	Aquinas	10:08.79

Men 5000 Meter Run

KellyTurfRec: 13:56.66 K 2015 **Willy Fink**
GVSU Rec: 13:58.19 G 2018 **Zach Panning**
14:05.18 D2A Divison II Auto
14:41.13 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Fosdick, Matthew	JR	Aquinas	15:53.94 10
2 Cummisford, Noah	SO	Calvin	15:54.85 8
3 Randall, Jonathon	SR	Calvin	16:01.29 6
4 Kornolje, Charlie	SO	Calvin	16:02.45 5
5 Bleitz, Evan	FR	Hope	16:23.47 4
6 Klaassen, Nathan	FR	Calvin	16:24.64 3
7 Thelen, Nicholas		Playmakers	16:43.84 2
8 Terpstra, William	FR	Calvin	16:44.44 1
9 Engelhardt, Jonah	JR	Hope	17:33.49
--- Van Dyke, Jim	JR	Calvin	DNF
--- Ciaravino, Joseph	SR	Aquinas	DNF

Men 60 Meter Hurdles

KellyTurfRec: 7.66 K 2014 **Jeff Porter**
GVSU Rec: 7.78 G 2015 **Sean Wells**
7.90 D2A Divison II Auto
8.22 D2P Divison II Provo

Name	Yr	School	Prelims
Preliminaries			
1 McKinney, Devin	5	UNA	8.28q
2 Bastien, Steven	SR	UNA	8.43q
3 Brass, Devyn	JR	Grand Valley	8.62q
4 Mansfield, Tyler	FR	Grand Valley	8.83q
5 Jackson, Isaiah	FR	Aquinas	8.85q
6 Izenbart, Joshua	JR	Hope	9.16q
7 Freese, Jake	FR	Grand Valley	9.21q
8 Robertson, Brett	FR	Ferris State	9.24q
9 Kavanagh, Kolton	SR	Grand Valley	9.90q
10 Visser, Christopher	JR	Calvin	10.45

Men 60 Meter Hurdles

KellyTurfRec: 7.66 K 2014 **Jeff Porter**
GVSU Rec: 7.78 G 2015 **Sean Wells**
7.90 D2A Divison II Auto
8.22 D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 McKinney, Devin	5	UNA	8.10 D2P
2 Bastien, Steven	SR	UNA	8.33 8
3 Mansfield, Tyler	FR	Grand Valley	8.35 6
4 Brass, Devyn	JR	Grand Valley	8.53 5
5 Jackson, Isaiah	FR	Aquinas	8.81 4
6 Robertson, Brett	FR	Ferris State	8.96 3
7 Izenbart, Joshua	JR	Hope	9.01 2
8 Freese, Jake	FR	Grand Valley	9.17 1
9 Kavanagh, Kolton	SR	Grand Valley	10.66

Men 4x400 Meter Relay

KellyTurfRec: 3:09.59 K 2009

Orr, Hewlett, Ratowski, Smoot

GVSU Rec: 3:12.10 G 2018

McFarland, Capers, Pavliga, Golson

3:12.20 D2A Divison II Auto

3:16.99 D2P Divison II Provo

Team	Relay	Finals
Finals		
1 Academy of Art	A	3:19.02 10
1) Williams, Roshard SO	2) Houali, Rabah SO	
3) Palacio, Arrun SO	4) Berry, Daquan FR	
2 Illinois-Chicago	A	3:20.69 8
1) Mogorvic, Jakob JR	2) Meskill, Michael JR	
3) Kiley, Conner FR	4) English, Joshua FR	
3 Aquinas	A	3:21.87 6
1) Heitzman, Brody SR	2) Bailey, Adam FR	
3) Bundy, Adam SR	4) Haran, William JR	
4 Grand Valley St.	A	3:21.97 5
1) Toliver, Milton FR	2) Alberdi, David SO	
3) Szafranski, Tristen FR	4) Porter, Alexander FR	
5 Calvin	A	3:29.59 4
1) Veenstra, Jacob JR	2) Blanker, Matthew SO	
3) Peterson, Luke SR	4) Jeninga, James SR	
6 Hope	A	3:30.09 3
1) Solberg, Terrell SO	2) Ljung, Owen JR	
3) Dow, Drew FR	4) McHugh, David FR	
7 Illinois-Chicago	B	3:31.79 2
1) Barber, Sean JR	2) Bashqawi, Alex SR	
3) Bates, Matthew FR	4) Lesley, Paul SO	
8 Hope	B	3:32.31 1
1) Jones, Brenden JR	2) Vandebunte, Andrew SR	
3) Yopez, Jonathan FR	4) Hoffman, Nicholas FR	
9 Aquinas	B	3:33.71
	2) Fischer, Joshua JR	
	3) Milarch, Tristan SO	
	4) Jama, Jama FR	

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Allendale, Michigan

Results

Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals
10 Illinois-Chicago	C	3:34.58
1) Reed, Gabriel SR	2) Foley, Kyle FR	
3) Skucas, Martin SO	4) Keubeng, Bryan FR	
11 Grace Christ	A	4:10.21
1) Olsen, Luke FR	2) Geter, Isaac FR	
3) Sergey, Troy JR	4) Javed, Adam FR	
--- Muskegon CC	A	DNF
1) Wells, Logan FR	2) Hendricks, Noah SO	
3) Bytwerk, Ryan FR	4) Kyalangalilwa, Joshua SO	

Men High Jump

1.75, 1.80, 1.90, 1.95, 2.00, 2.05, 2.08, 2.11

KellyTurfRec: 2.25m K 2011 Major Clay
GVSU Rec: 2.16m G 2017 Hunter Weeks
2.15m D2A Divison II Auto
2.04m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Chappell '15, Trent		GVALUM	2.05m D2P
2 Williams, Josh	SR	Illinois-Chi	2.00m 7
3 Mount, Ryan	FR	Grand Valley	J2.00m 7
4 Ludka, Sam	SO	Grand Valley	1.95m 4
5 McKeown, Nate	JR	Aquinas	J1.95m 4
5 Veldheer, Joshua	FR	Grand Valley	J1.95m 4
7 Bastien, Steven	SR	UNA	1.90m 2
8 Kim, Jack	FR	Calvin	1.85m 0.2
9 Izenbart, Joshua	JR	Hope	J1.85m 0.2
9 Larson, Ethan	SO	Hope	J1.85m 0.2
9 Alabi, Tobi	SO	Illinois-Chi	J1.85m 0.2
12 Keubeng, Bryan	FR	Illinois-Chi	J1.85m 0.2
--- Kyalangalilwa, Joshua	SO	Muskegon CC	NH

Men Pole Vault

Flight 1 on BLUE runway. Flight 2 on BLUE/BLACK runway.

3.52m 3.67m, 3.82m, 3.97m, 4.12m, 4.27m

4.42m, 4.57m, 4.72m, 4.87m, 5.02m, 5.12m

KellyTurfRec: 5.62m K 2011 Mark Hollis
GVSU Rec: 5.33m G 2007 Bryant Wilson
5.23m D2A Divison II Auto
4.73m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Battani, Jacob	JR	Grand Valley	4.72m 9
2 Fortenberry, Evan	SR	Grand Valley	J4.72m 9
3 Koenigsknecht, Andrew	SO	Grand Valley	4.57m 5.5
4 Lubbers, Marcus	SO	Grand Valley	J4.57m 5.5
5 Flint, Zach	FR	Aquinas	4.12m 3.5
6 Kunst, Josh	SO	Aquinas	J4.12m 3.5
7 Turner, Benjamin	SR	Hope	3.97m 2
8 Crist, Jeremy	SO	Aquinas	3.82m 1
9 Bait, Barry	SO	Hope	3.52m
--- Berzley, Scott	SR	Aquinas	NH
--- Faust, Ezra	SO	Aquinas	NH

--- Peskin, Alex JR Grand Valley NH

Men Long Jump

KellyTurfRec: 7.66m K 2017 Isaiah Thomas
GVSU Rec: 7.66m G 2017 Isaiah Thomas
7.59m D2A Divison II Auto
7.11m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Williams, Stanley	JR	Ferris State	6.94m 10
2 Wollenweber, Shaun	SR	Illinois-Chi	6.87m 8
3 Sabado, Nick	JR	Grand Valley	6.66m 6
4 Sawyer, Kyle	SR	Grand Valley	6.59m 5
5 Harko, Cole	FR	Grand Valley	6.42m 4
6 Fernando, Micah	FR	Grand Valley	6.40m 3
7 Keubeng, Bryan	FR	Illinois-Chi	6.39m 2
8 Bytwerk, Ryan	FR	Muskegon CC	6.16m 1
9 Kavanagh, Kolton	SR	Grand Valley	6.08m
10 Bruxvoort, Lukas	SO	Hope	6.02m
11 Van Wyhe, Nathan	JR	Calvin	5.92m
12 Javed, Adam	FR	Grace Christ	5.75m
13 Querro, Ryan	FR	Hope	5.74m
14 Keena, Jason	FR	Ferris State	5.63m
15 Haan, Jager	JR	Hope	5.60m
16 Purdy, Chris	SO	Illinois-Chi	5.54m
17 Bruni, Thomas	FR	GV Running C	5.53m
18 Huston, Andrew	JR	Calvin	5.37m
19 Gibbons, Tucker	SR	Hope	5.25m
20 Larson, Ethan	SO	Hope	5.13m

Men Triple Jump

Automatic Advancement will be in effect.

KellyTurfRec: 16.46m K 2018 Donald Scott
GVSU Rec: 15.23m G 2016 Samora Nesbitt
15.47m D2A Divison II Auto
14.45m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Wollenweber, Shaun	SR	Illinois-Chi	14.71m D2P
2 Palacio, Arrun	SO	Academy of A	13.73m 8
3 Brown, Larnell	JR	Illinois-Chi	13.71m 6
4 Alabi, Tobi	SO	Illinois-Chi	13.55m 5
5 Gibbons, Tucker	SR	Hope	12.08m 4
6 Kopp, Louis	SR	Hope	11.95m 3

Men Shot Put

KellyTurfRec: 19.40m K 2014 Andrew Novak
GVSU Rec: 19.09m G 2012 Daniel Vanek
18.08m D2A Divison II Auto
16.07m D2P Divison II Provo

Name	Yr	School	Finals
Finals			
1 Cartwright, Grant		Velaasa TC	18.62m D2A
2 Scavarda, Justin	SO	Grand Valley	16.92m D2P
3 Boyle, Jack	FR	UNA	16.41m D2P

Lints Alumni Open - 1/19/2019

Grand Valley State University

Allendale, Michigan

Results

Finals ... (Men Shot Put)

Name	Yr	School	Finals
4 Piatek, John	SR	Aquinas	15.34m 5
5 Cwiok, Tommy	SO	Grand Valley	15.04m 4
6 Warman, Brad	FR	UNA	15.03m 3
7 Whaley, Aaron	SR	Aquinas	14.54m 2
8 Pugh, Evan	JR	Aquinas	14.33m 1
9 Cwiok, AJ	JR	UNA	13.66m
10 Jorritsma, Jordan	JR	Calvin	13.60m
11 Schember, Nick	FR	UNA	13.18m
12 Gaca, Chase	SR	Hope	13.13m
13 Russo, Noah	SO	Hope	12.98m
14 Wolfe, Jayvin	JR	Calvin	12.77m
15 Pollatz, Collin	FR	Aquinas	12.73m
16 Reynolds, Bryce	SO	Calvin	12.61m
17 Visser, Christopher	JR	Calvin	10.93m
18 Carter, Benjamin	SO	Calvin	10.85m
19 Bott, Timothy	SO	Hope	10.78m
20 Kavanagh, Kolton	SR	Grand Valley	10.29m
21 Pankow, Scott	JR	Grace Christ	10.19m
22 Houston, Kenyea	FR	Hope	9.80m
23 Barz, Ross	SO	Trinity Chri	9.68m
23 Monje, Derek	SO	Muskegon CC	9.68m
25 Huston, Andrew	JR	Calvin	9.37m

Men Weight Throw

KellyTurfRec: 23.90m K 2011 Libor Charfreitag

GVSU Rec: 22.42m G 2016 Darien Thornton

21.02m D2A Division II Auto

17.59m D2P Division II Provo

Name	Yr	School	Finals
1 Cartwright, Grant		Velaasa TC	22.11m D2A
2 Stilwell, Cody	SR	Ferris State	19.47m D2P
3 Scavarda, Justin	SO	Grand Valley	18.45m D2P
4 Harding, Hunter	FR	Grand Valley	17.50m 5
5 Dale, Isaac	FR	Grand Valley	17.17m 4
6 VanHouten, Brendan	SR	Calvin	17.09m 3
7 Reynolds, Bryce	SO	Calvin	16.68m 2
8 White, Leon	JR	UNA	16.29m 1
9 Pugh, Evan	JR	Aquinas	16.09m
10 Litch, Evan	SO	Michigan Sta	15.55m
11 Van Eck, Eric	SO	Calvin	15.35m
12 Cwiok, Tommy	SO	Grand Valley	14.71m
13 Whaley, Aaron	SR	Aquinas	14.58m
14 Gaca, Chase	SR	Hope	13.67m
15 Pollatz, Collin	FR	Aquinas	13.63m
16 Cwiok, AJ	JR	UNA	11.66m
17 Babb, Tucker	FR	Hope	11.47m
18 Schember, Nick	FR	UNA	11.33m
19 Warman, Brad	FR	UNA	10.93m
20 Monje, Derek	SO	Muskegon CC	10.75m
21 VanHeest, Matthew	JR	Hope	10.55m
22 Roznowski, Trevor	FR	Ferris State	10.30m
23 Barz, Ross	SO	Trinity Chri	7.55m

Women - Team Rankings - 17 Events Scored

1) Grand Valley St.	180.25
2) Northern Illinois	144
3) Aquinas	81.25
4) Academy of Art	52
5) Illinois-Chicago	40.5
6) Adidas	30
7) Trinity Christian	20
8) Hope	16
9) Ferris State	14
10) Calvin	12
11) Gazelle Elite Racing	8
12) Muskegon CC	7
13) MMTC	4
14) Michigan State	3
15) Grace Christian University	2

Men - Team Rankings - 17 Events Scored

1) Grand Valley St.	159
2) Illinois-Chicago	89.4
3) Aquinas	73
4) Academy of Art	71
5) Calvin	49.2
6) Hope	40.4
7) Gazelle Elite Racing	28
8) Ferris State	26
9) Velaasa TC	20
10) Muskegon CC	10
10) GVSU ALUMNI	10
12) Trinity Christian	7
13) Playmakers / New Balance	6
14) Playmakers	2
15) Aquinas College TC	1

Combined Team Scores - 34 Events Scored

1) Grand Valley St.	339.25
2) Aquinas	154.25
3) Northern Illinois	144
4) Illinois-Chicago	129.9
5) Academy of Art	123
6) Calvin	61.2
7) Hope	56.4
8) Ferris State	40
9) Gazelle Elite Racing	36
10) Adidas	30
11) Trinity Christian	27
12) Velaasa TC	20
13) Muskegon CC	17
14) GVSU ALUMNI	10
15) Playmakers / New Balance	6
16) MMTC	4
17) Michigan State	3
18) Playmakers	2
18) Grace Christian University	2
20) Aquinas College TC	1