



MEN'S INDOOR TRACK & FIELD

2024 GSC ALL-CONFERENCE HONOREES

Event	First Team	Second Team
60m	Michael Gizzi, UAH	Doniven Jackson, LEE
60H	Cale Kassen, Lee	Wilson McClain, UAH
200m	Michael Gizzi, UAH	Doniven Jackson, LEE
400m	Grayson Foster, MC	Justin Steele, LEE
800m	Weston Ellison, UAH	Titus Lagat, LEE
Mile	Cole Benoit, MC	Jacob Hatcher, LEE
3000m	Sam Wilhelm, UAH	Aaron Himes, LEE
5000m	Jan Lukas Becker, MC	Sam Wilhelm, UAH
4x400	MC - Palmieri, Hodson, Stewart, Foster	LEE - Masengu, Jackson, Henry, Steele
DMR	LEE - Lovelace, Henry, Lagat, Hatcher	MC - Benoit, Hodson, Wrights, Smith
High Jump	Cale Kassen, Lee	Malik Turner, UAH
Shot Put	Camden Williams, LEE	Steven Conrad, CBU
Triple Jump	Caleb Kariuki, UM	Joshua Pruitt, UM
Long Jump	Caleb Kariuki, UM	Cale Kassen, LEE
Pole Vault	Benjamin Woolhouse, MC	Thomas Vaughn, UAH
Weight Throw	Matthew Black, LEE	Camden Williams, LEE
Heptathlon	Cameron Stine, LEE	Caleb Long, LEE