



FAN GUIDE

FEBRUARY 15-16, 2024
BIRMINGHAM CROSSPLEX
BIRMINGHAM, ALA.



WELCOME TO BIRMINGHAM – Birmingham was born out of the iron and steel industry. Remnants of those early beginnings are preserved in places such as Sloss Furnaces National Historic Landmark and Vulcan Park & Museum. The city is also well known for its prominent role in America’s Civil Rights Movement of the 1960s. A visit to the Birmingham Civil Rights Institute gives visitors an in-depth look at that important era.

Today, Birmingham wears a much different face. It’s a place that’s brimming with entertainment, the arts, nightlife, outdoor recreation and world-class cuisine.

Should you have Birmingham pigeonholed as serving only barbecue and fried pies, remember that the city is home to “the Oscars of dining,” with James Beard Foundation Award winners and nominees. Visitors to the city should take in the beauty of down-home cooking as well. And guests with an appetite for live music have come to the right place.

The area’s antique shops are featured in upscale lifestyle magazines around the country. Trendy malls have taken root, bringing tony, high-end shops to the state’s retail giant. Dozens of art galleries surprise enthusiasts and collectors with a spectrum of paintings, sculpture, jewelry, ceramics, fine and folk art.

With a comfortable climate nearly year-round, Birmingham attracts outdoor advocates to play golf along two courses on the state’s Robert Trent Jones Golf Trail. Biking, hiking and mountain climbing are popular activities, along with family gatherings in green spaces like Railroad Park downtown.

It is a potpourri of experiences that is the city’s greatest strength and strongest appeal. We are a medley of cultures and attitudes that blend beautifully with the Southern charm that is Birmingham.

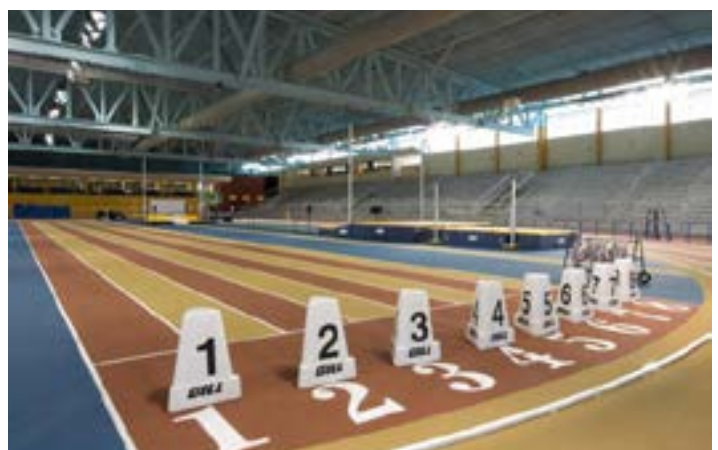
BIRMINGHAM CROSSPLEX – The Birmingham CrossPlex is a \$46 million multi-purpose facility developed by the City of Birmingham and the centerpiece of the redevelopment of the Alabama State Fairgrounds. The CrossPlex facility opened on August 20, 2011.

In addition to housing one of the fastest indoor hydraulic tracks in the world, the facility also features an Olympic size swimming pool, a nine volleyball court venue, a 5,000-seat basketball arena and a platform to develop many other sports.

Since opening in Summer 2011, the indoor track & field space at the CrossPlex has hosted several majors events including NCAA Division I and II national championships, NCAA Division II Winter Festivals, and most recently was utilized for the 2022 World Games. The venue is also the site for numerous high school and collegiate indoor track events, serving as the home for the GSC Indoor Track & Field Championships since 2020.

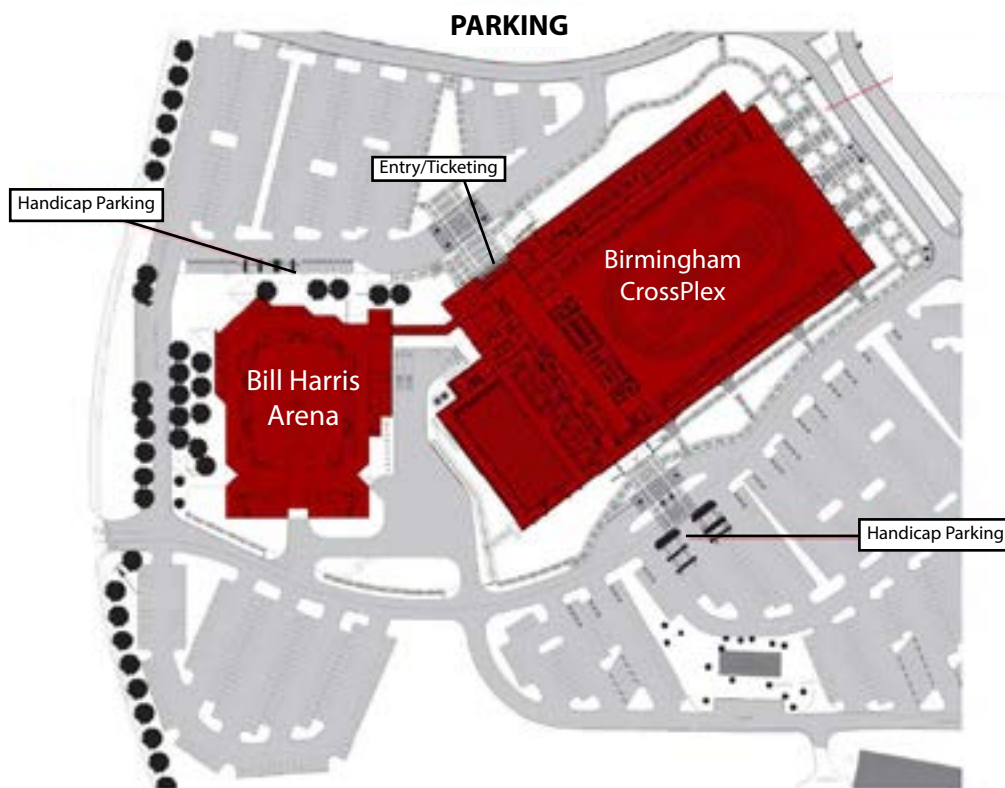
Starting in late 2023, the Birmingham CrossPlex moved to a completely cashless operation for all transactions from event parking to concessions.

Visit birminghamcrossplex.com for more info.





VENUE & PARKING INFO



2340 CrossPlex Blvd • Birmingham AL 35208

CASHLESS — Beginning in late 2023, the Birmingham CrossPlex moved to a completely cashless facility. They accept most major credit/debit cards and mobile pay options (Apple, Google & Samsung).

PARKING — The Birmingham CrossPlex provides over 1,000 parking spaces located on property. There are front and rear turnabouts for bus and van drop-off as well as dedicated bus/van parking located in the back parking lot. The parking lot is equipped with 26 handicap parking spaces. **There is a \$5.00 parking fee for sporting events at the CrossPlex.**

ADA PARKING — A limited number of designated parking areas is located at the front of the CrossPlex and in the back of the facility. The designated handicap parking spaces are available on a first come, first serve basis and cannot be reserved in advance. Please contact a parking attendant to assist with drop off or pick up arrangements. Guests in wheelchairs should enter the building at the Main Entrance (front of building). The Bill Harris Arena has ADA parking located at the front entrance.



FEB. 15-16 • BIRMINGHAM, AL
TICKETS ON SALE NOW

PURCHASE TICKETS
Scan the QR code below
or [CLICK HERE](#)



Visit gscsports.org/ITF24 for more info



FUN ACTIVITIES & ATTRACTIONS

ATTRACTIONS

TOP GOLF

1111 24th St. N, Birmingham
topgolf.com

VESTAVIA BOWL

1429 Montgomerwy Highway,
Vestavia Hills
vestaviabowl.com

ALABAMA SPORTS HALL OF FAME

2150 Richard Arrington Jr. Blvd,
Birmingham
ashof.org

BIRMINGHAM ZOO

2630 Cahaba Rd, Birmingham
birminghamzoo.com



» Barber Vintage Motorsports Museum



VULCAN PARK & MUSEUM

1701 Valley View Dr, Birmingham
visitvulcan.com

DAVE & BUSTERS

2700 Galleria Circle, Ste 110
Birmingham
daveandbusters.com

SOUTHERN MUSEUM OF FLIGHT

4343 73rd St N, Birmingham
southernmuseumofflight.org

McWANE SCIENCE CENTER

200 19th St. N, Birmingham
mcwane.org

BARBER VINTAGE MOTORSPORTS MUSEUM

6030 Barber Motorsports Pkwy,
Birmingham
barbermuseum.org

BIRMINGHAM BOTANICAL GARDENS

2612 Lane Park Rd, Birmingham
bbgardens.org

SLOSS FURNACES NATIONAL HISTORIC LANDMARK

20 32nd St N, Birmingham
slossfurnaces.com

SHOPPING

THE SUMMIT

214 Summit Blvd, Birmingham
thesummitbirmingham.com

RIVERCHASE GALLERIA

2000 Galleria Circle
riverchasegalleria.com



RESTAURANTS & HOTELS

RESTAURANT

SANTOS COFFEE FARMERS

2221 Richard Arrington Blvd Jr N
Birmingham

DREAMLAND BBQ

1427 14th Ave S, Birmingham
dreamlandbbq.com

EUGENE'S HOT CHICKEN

2268 9th Ave N, Birmingham
eugeneshotchicken.com

IRON CITY PIZZA CO.

2005 11th Ave S, Birmingham
ironcitypizzaco.com

THE SOUTHERN KITCHEN

2301 Richard Arrington Jr Blvd N
Birmingham
thesouthernbirmingham.com

GOOD PEOPLE BREWING COMPANY

114 14th St. S, Birmingham
goodpeoplebrewing.com

BIG SPOON CREAMERY

4000 3rd Ave S #104, Birmingham
bigspooncreamery.com

TACO MAMA

700 Montgomery Hwy #194A
Vestavia Hills
tacomamaonline.com

CALA COFFEE

3950 Autumn Ln, Vestavia Hills
calacoffeeco.com

PIE AND PINTS

125 20th St. S, Birmingham
piesandpints.net

RUBY SUNSHINE

1017 Oxmoor Rd, Birmingham
rubybrunch.com

HOMEWOOD SUITES BY HILTON

215 Inverness Center Dr
Birmingham
205-988-8444

HYATT PLACE BIRMINGHAM/INVERNESS

4686 Highway 280, Birmingham
205-995-9242

COMFORT INN & SUITES CROSSPLEX VILLAGE

2341 Crossplex Blvd, Birmingham
205-719-2414

COMFORT INN BIRMINGHAM/HOMEWOOD

226 Summit Pwky, Birmingham
205-719-2414

HOLIDAY INN EXPRESS & SUITES

320 Commons Dr, Birmingham
205-848-7911

HOTELS

REDMONT HOTEL BIRMINGHAM

2101 5th Ave N, Birmingham
205-991-0272



» Historic Redmont Hotel Birmingham



SCHEDULE OF EVENTS

Thursday, February 15		Friday, February 16	
10:00 am	Heptathlon (M)	9:00 am	Heptathlon (M)
	60 Meters		60 Hurdles
	Long Jump		Pole Vault
	Shot Put		1000 Meters
	High Jump	9:30 am	35 lb. Weight Throw (M)
10:30 am	Pentathlon (W)		Triple Jump (M)
	60 Hurdles		High Jump (W)
	High Jump	11:30 am	20 lb. Weight Throw (W)
	Shot Put		Triple Jump (W)
	Long Jump		High Jump (M)
	800 Meters	11:45 am	Mile (M) FINAL
12:30 pm	Pole Vault (W)	12:05 pm	Mile (W) FINAL
1:30 pm	5000 Meters (M) FINAL	12:25 pm	400 Meters (M) FINAL
2:30 pm	Long Jump (W)	12:45 pm	400 Meters (W) FINAL
	Shot Put (M)	12:55 pm	60 Hurdles (M) FINAL
	5000 Meters (W) FINAL	1:05 pm	60 Hurdles (W) FINAL
3:30 pm	Pole Vault (M)	1:15 pm	60 Meters (M) FINAL
4:15 pm	60 Meters (M) PRELIM	1:25 pm	60 Meters (W) FINAL
4:30 pm	Shot Put (W)	1:45 pm	800 Meters (M) FINAL
	60 Meters (W) PRELIM	1:55 pm	800 Meters (W) FINAL
4:45 pm	60 Hurdles (M) PRELIM	2:05 pm	200 Meters (M) FINAL
5:00 pm	60 Hurdles (W) PRELIM	2:15 pm	200 Meters (W) FINAL
	Long Jump (M)	2:25 pm	3000 Meters (M) FINAL
5:20 pm	200 Meters (M) PRELIM	2:55 pm	3000 Meters (W) FINAL
5:40 pm	200 Meters (W) PRELIM	3:25 pm	4x400 Relay (M) FINAL
6:00 pm	Distance Medley Relay (M) FINAL	3:40 pm	4x400 Relay (W) FINAL
6:20 pm	Distance Medley Relay (W) FINAL	4:00 pm	AWARDS CEREMONY

Changes from last year highlighted in Orange

For more info visit gscsports.org/ITF24