

# GULF SOUTH CONFERENCE

## 2023 OUTDOOR TRACK & FIELD CHAMPIONSHIPS MEET SCHEDULE | All Times LOCAL

THURSDAY	
12:00 pm	Decathlon (M)
	Long Jump
	Shot Put
	High Jump
	400 Meters
12:15pm	Heptathlon (W)
	100 Hurdles
	High Jump
	Shot Put
	200 Meters
1:30pm	Long Jump (M)   <b>PRELIM/FINAL</b>
2:00pm	Hammer (M)   <b>PRELIM/FINAL</b>
3:45pm	Long Jump (W)   <b>PRELIM/FINAL</b>
4:00pm	Hammer (W)   <b>PRELIM/FINAL</b>
5:30pm	200 Meters (M)   <b>PRELIM</b>
5:45pm	200 Meters (W)   <b>PRELIM</b>
6:00pm	3000 Steeplechase (M)   <b>FINAL</b>
6:30pm	3000 Steeplechase (W)   <b>FINAL</b>
7:00pm	10,000 Meters (M)   <b>FINAL</b>
7:45pm	10,000 Meters (W)   <b>FINAL</b>

FRIDAY	
11:00am	Decathlon (M)
	110 Hurdles
	Discus
	Pole Vault
	Javelin
	1500 Meters
11:15am	Heptathlon (W)
	Long Jump
	Javelin
	800 Meters
1:45pm	Triple Jump (M)   <b>PRELIM/FINAL</b>
2:30 pm	High Jump (W)   <b>PRELIM/FINAL</b>
	Discus (M)   <b>PRELIM/FINAL</b>
	Triple Jump (W)   <b>PRELIM/FINAL</b>
4:00 pm	High Jump (M)   <b>PRELIM/FINAL</b>
	Discus (W)   <b>PRELIM/FINAL</b>
6:00 pm	100 Meters (M)   <b>PRELIM</b>
6:15 pm	100 Meters (W)   <b>PRELIM</b>
7:00 pm	110 Hurdles (M)   <b>PRELIM</b>
7:15 pm	100 Hurdles (W)   <b>PRELIM</b>
7:30 pm	5000 Meters (M)   <b>FINAL</b>
7:50 pm	5000 Meters (W)   <b>FINAL</b>

SATURDAY	
10:00 am	Pole Vault (M)   <b>PRELIM/FINAL</b>
	Shot Put (M)   <b>PRELIM/FINAL</b>
	Javelin (W)   <b>PRELIM/FINAL</b>
12:00 pm	<b>NATIONAL ANTHEM</b>
12:05 pm	Pole Vault (W)   <b>PRELIM/FINAL</b>
	Shot Put (W)   <b>PRELIM/FINAL</b>
	Javelin (M)   <b>PRELIM/FINAL</b>
12:30 pm	4x100 Relay (M)   <b>FINAL</b>
12:40 pm	4x100 Relay (W)   <b>FINAL</b>
12:50 pm	1500 Meters (M)   <b>FINAL</b>
1:05 pm	1500 Meters (W)   <b>FINAL</b>
1:25 pm	110 Hurdles (M)   <b>FINAL</b>
1:35 pm	100 Hurdles (W)   <b>FINAL</b>
1:40 pm	400 Meters (M)   <b>FINAL</b>
1:45 pm	400 Meters (W)   <b>FINAL</b>
2:00 pm	100 Meters (M)   <b>FINAL</b>
2:05 pm	100 Meters (W)   <b>FINAL</b>
2:15 pm	800 Meters (M)   <b>FINAL</b>
2:25 pm	800 Meters (W)   <b>FINAL</b>
2:40 pm	400 Hurdles (M)   <b>FINAL</b>
2:50 pm	400 Hurdles (W)   <b>FINAL</b>
3:05 pm	200 Meters (M)   <b>FINAL</b>
3:20 pm	200 Meters (W)   <b>FINAL</b>
3:30 pm	<b>GRADUATION RECOGNITION</b>
4:05 pm	4x400 Relay (M)   <b>FINAL</b>
4:20 pm	4x400 Relay (W)   <b>FINAL</b>
5:00 pm	<b>AWARDS CEREMONY</b>

