

2023 GULF SOUTH CONFERENCE CROSS COUNTRY CHAMPIONSHIP
OCTOBER 21, 2023 • JOHN HUNT PARK • HUNTSVILLE, ALA.

WOMEN'S TEAM RESULTS - 5K

1. Lee - 21
2. Mississippi College - 44
3. Alabama Huntsville - 110
4. Union - 131
5. Auburn Montgomery - 152
6. West Florida - 187
7. Christian Brothers - 190
8. Montevallo - 207
9. West Georgia - 218
10. Valdosta State - 258
11. Shorter - 351
12. Delta State - 359
13. West Alabama - 373

FIRST TEAM ALL-GSC

1. Aria Hawkins (17:08.4) - Lee
2. Lauren Wallace (17:24.8) - Mississippi College
3. Liza Kellerman (17:31.9) - Lee
4. McKenna Cavanaugh (17:37.0) - Lee
5. Danielle Horter (17:41.5) - Lee
6. Emily McMurry (17:44.7) - Alabama Huntsville
7. Bre Bell (17:45.0) - Mississippi College
8. Katie Krueger (17:46.6) - Lee
9. Jazmin Russell (17:55.3) - Mississippi College
10. Zoe Brickley (17:56.8) - Lee

SECOND TEAM ALL-GSC

11. Ashlyn Iliff (17:56.8) - Lee
12. Emily Berry (18:05.7) - Mississippi College
13. Chloe Rook (18:12.0) - West Florida
14. Taylor Benoit (18:16.8) - Mississippi College
15. Kristal McQueen (18:16.8) - West Georgia
16. Amelia Brady (18:19.6) - Alabama Huntsville
17. Josie Whipp (18:27.6) - Mississippi College
18. Victoria Markham (18:30.3) - Union
19. Ayla Young (18:36.0) - Union
20. Phoebe Moran (18:37.5) - Lee

Runner of the Year: Aria Hawkins, Lee

Freshman of the Year: Kristal McQueen, West Georgia

Coach of the Year: Caleb Morgan, Lee

MEN'S TEAM RESULTS - 8K

1. Lee - 35
2. Alabama Huntsville - 59
3. Mississippi College - 62
4. Christian Brothers - 149
5. Auburn Montgomery - 150
6. West Florida - 167
7. Union - 207
8. West Georgia - 224
9. Montevallo - 235
10. Valdosta State - 257
11. West Alabama - 306
12. Shorter - 345

FIRST TEAM ALL-GSC

1. Sam Wilhelm (23:30.6) - Alabama Huntsville
2. Jan Lukas Becker (23:40.0) - Mississippi College
3. Berket Mesele (23:40.2) - Christian Brothers
4. Matthew Fowler (23:44.1) - Lee
5. Braedon Methvin (24:09.9) - Mississippi College
6. Owen Pearce (24:29.0) - Lee
7. Ezekiel Harless (24:30.2) - Lee
8. Stephen Clark (24:43.5) - Lee
9. Nate Pohlsander (24:43.8) - Alabama Huntsville
10. Caleb Guthrey (24:47.6) - Lee

SECOND TEAM ALL-GSC

11. Nathan Knox (24:48.4) - Alabama Huntsville
12. Zach Fenton (24:50.1) - West Florida
13. Jacob Hatcher (24:52.9) - Lee
14. Roberto Fajardo (24:53.6) - Lee
15. Basil Koech (24:54.2) - Auburn Montgomery
16. Noah George (24:57.9) - Alabama Huntsville
17. Cooper Parmer (25:00.7) - Mississippi College
18. Cole Benoit (25:05.4) - Mississippi College
19. Luke Gaddis (25:11.7) - Lee
20. Griffin Stephens (25:18.1) - West Georgia

Runner of the Year: Sam Wilhelm, Alabama Huntsville

Freshman of the Year: Basil Koech, Auburn Montgomery

Coach of the Year: Caleb Morgan, Lee