



GULF SOUTH CONFERENCE

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GSC ANNOUNCES WOMEN'S BASKETBALL AWARDS

Birmingham, AL—The Gulf South Conference is proud to announce its All-GSC Women's Basketball honors for the 2012-13 season.

Seven GSC schools landed at least one post-season honoree, while **Delta State, North Alabama** and **West Alabama** claimed two members. UWA posted two First Team winners, while DSU and UNA provided one on the First and Second Teams. **Alabama-Huntsville** lone member came on the First Team, while **Valdosta State, West Florida** and **West Georgia** earned Second Team designations.

UAH'S HAMMON NAMED PLAYER OF THE YEAR

Junior guard Jasmine Hammon became just the second UAH standout to take home the *GSC Player of the Year*. Hammon is the first Lady Charger to earn the honor since Kim Young in 2002.

The Muscle Shoals, AL native finished the regular season No. 1 in the league in scoring (18.1), No. 6 in three-point percentage (.350—41-117) and steals (2.0) and No. 9 in three-pointers made (1.5). Hammon became the school's career leader in points on February 23rd and she has scored in double-digits in every game this season.

DSU'S RHODES SELECTED FRESHMAN OF THE YEAR

Delta State provided the *GSC Freshman of the Year* for the second year in a row. **Guard Chelsey Rhodes** took her turn this year, following teammate Rhandi Ball's selection last year while also becoming DSU's eighth all-time winner.

The Monticello, AR native started in all but one of the Lady Statesmen's 26 games this season, placing 10th in the GSC and second on the team with 12.1 points per game. Rhodes also enters the post-season ranking second in the league in three-point percentage (.393—42-107), fourth in free throw percentage (.798—71-89), fifth in field goal percentage (.447—101-226) and sixth in three-pointers made (1.6).

UNA'S FOWLER IS COACH OF THE YEAR

North Alabama Head Coach Terry Fowler garnered his second *GSC Coach of the Year* award in three seasons. Fowler guided the Lions to a No. 2 seed in the GSC Tournament, finishing just one game behind first place. He also took home the honor in 2011 after UNA advanced to the NCAA Tournament.

ALL-GSC TEAM OVERVIEW

UAH's Jasmine Hammon and **UWA's Brittany Weathers** are the lone returning members from last year's All-GSC Teams. Hammon makes a repeat appearance on the First Team, while Weathers makes the jump from the 2012 Second Team.

Rounding out the First Team are **Delta State forward Rhandi Ball, North Alabama forward Mekena Randle** and **West Alabama guard Nikki Jordan**. Ball and Second Team teammate **Seneca Walton** are the only sophomore's on post-season list.

Completing the Second Team are **UNA forward Nichelle Filmore, VSU guard/forward Brittney Nelson, UWF guard Hanna Vette** and **UWG guard/forward Mone Peoples**.

All-GSC First and Second Teams Listed On Next Page

2012-13 ALL-GSC WOMEN'S BASKETBALL FIRST TEAM					
POS	NAME	SCHOOL	YR	HT	HOMETOWN
G	Jasmine Hammon	Alabama-Huntsville	JR	5-9	Muscle Shoals, AL
F	Rhandi Ball	Delta State	SO	6-0	Pontotoc, MS
F	Mekena Randle	North Alabama	JR	5-9	Madison, AL
G	Nikkia Jordan	West Alabama	SR	5-6	Decatur, AL
F	#Brittany Weathers	West Alabama	SR	6-0	Hattiesburg, MS
2012-13 ALL-GSC WOMEN'S BASKETBALL SECOND TEAM					
POS	NAME	SCHOOL	YR	HT	HOMETOWN
C	Seneca Walton	Delta State	SO	6-1	Clarksdale, MS
F	Nichelle Filmore	North Alabama	JR	6-1	Birmingham, AL
G/F	Brittney Nelson	Valdosta State	SR	6-1	Rochester, MI
G	Hanna Vette	West Florida	SR	5-9	Tarkio, MO
G/F	Mone Peoples	West Georgia	SR	5-8	San Francisco, CA
!—2011-12 First Team All-GSC; #—2011-12 Second Team All-GSC					

GSC Player of the Year: G, Jasmine Hammon, Alabama-Huntsville

GSC Freshman of the Year: G, Chelsey Rhodes, Delta State

GSC Coach of the Year: Terry Fowler, North Alabama

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