



GULF SOUTH CONFERENCE

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For immediate release

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ALABAMA HUNTSVILLE CLAIMS WOMEN'S GSC CROSS COUNTRY TITLE

Birmingham, Ala. — The University of Alabama Huntsville won the Gulf South Conference Women's Cross Country Championships at Veteran's Park in Hoover, Ala., on Saturday.

Alabama Huntsville had four runners finish in the Top 10, while it posted a total time of 1:36:25.39 (28 points), and also saw **Vicky Winslow** claim her second-consecutive *Top Individual Medalist* award with a time of 18:20.78. **North Alabama's Savannah Roland** ran a time of 19:32.98 en route to *Freshman of the Year* honors.

West Florida placed second with a total time of 1:39:47.31 (66 points). Finishing third was **West Georgia** (95 points; 1:42:06.70), followed by **North Alabama** (105 points; 1:42:20.71), **Valdosta State** (140 points; 1:45:17.98), **West Alabama** (143 points; 1:44:50.79), **Delta State** (157 points; 1:45:52.22) and **Christian Brothers** (198 points; 1:52:35.52).

2013 GSC Women's Cross Country All-GSC First Team	
Time	Student-Athlete, School
18:20.78	Vicky Winslow, Alabama Huntsville
19:10.66	Kasey Spence, Alabama Huntsville
19:22.62	Renea Porsch, West Florida
19:23.94	Juliana Boehm, Valdosta State
19:29.23	Kayla Luechtefeld, Alabama Huntsville
19:29.96	Tiffany Wommack, West Georgia
19:31.00	Kelley Bahn, West Florida
19:32.67	Michelle Kruse, Alabama Huntsville
19:32.98	Savannah Roland, North Alabama
19:37.90	Cayla Nousain, West Alabama

2013 GSC Women's Cross Country All-GSC Second Team	
Time	Student-Athlete, School
19:43.48	Alexis Parnell, West Florida
19:52.05	Kailey Williams, Alabama Huntsville
19:54.24	Annalee Pierce, Delta State
19:55.58	Victoria Acocella, North Alabama
20:05.81	Sarah Smith, West Florida
20:12.51	Morgan Laushey, West Georgia
20:28.21	Amber Powell, Alabama Huntsville
20:31.60	Brooke Wommack, West Georgia
20:32.95	Kelsey Crawford, Alabama Huntsville
20:35.36	Oliva Brady, North Alabama