



GULF SOUTH CONFERENCE

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For immediate release

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October 26, 2013

ALABAMA HUNTSVILLE CLAIMS THIRD-STRAIGHT GSC CHAMPIONSHIP

Birmingham, Ala. — The University of Alabama Huntsville won the Gulf South Conference Men's Cross Country Championships at Veteran's Park in Hoover, Ala., on Saturday.

Alabama Huntsville (29 points) had four runners finish in the Top 10, while it posted a total time of 2:11:34.79. Last season's *Top Individual Medalist*, **Blaise Binns** of UAH, did it again, finishing with a time of 25:33.25. Claiming *Freshman of the Year* honors was **West Florida's Nick Merrett**, who finished 14th.

West Florida finished second with a total time of 2:12:49.73 (41 points), followed by, **West Alabama** (84 points; 2:15:46.99), **Valdosta State** (95 points; 2:17:19.32), **Christian Brothers** (141 points; 2:21:31.12), **West Georgia** (170 points; 2:25:20.48) and **North Alabama** (185 points; 2:26:41.17).

2013 GSC Men's Cross Country All-GSC First Team	
Time	Student-Athlete, School
25:33.25	Blaise Binns, Alabama Huntsville
26:05.52	Jose Ortega, Alabama Huntsville
26:09.85	Tim Wenger, West Florida
26:14.64	Jesse Prince, Valdosta State
26:21.16	Cody Haden, West Florida
26:26.19	Joey Bemowski, Alabama Huntsville
26:30.47	Kenneth Richardson, Alabama Huntsville
26:31.98	Sam Hippely, West Florida
26:32.78	Casey Claborn, Valdosta State
26:38.05	Armando Fierro, West Alabama

2013 GSC Men's Cross Country All-GSC Second Team	
Time	Student-Athlete, School
26:44.61	Nick Merrett, West Florida
26:45.94	Kenny Slavik, West Alabama
26:59.36	Alex Gilliland, Alabama Huntsville
27:02.13	A.J. Cunningham, West Florida
27:06.46	Taylor Buzzard, Alabama Huntsville
27:07.74	Brandon Nelson, West Alabama
27:09.18	Sam Todd, West Georgia
27:10.06	Nathinael Wondimu, Valdosta State
27:11.91	Brandon Skeie, West Florida
27:16.79	Don Kerrigan, West Florida