



GULF SOUTH CONFERENCE

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GSC ANNOUNCES 2012 ALL-CONFERENCE HONORS

Birmingham, AL—The Gulf South Conference announced the 42nd edition of its All-Conference Football Teams today.

Valdosta State led the way on this year's squad, landing 16 total players led by 13 First Team members. **GSC Champion West Alabama** followed closely with 15 overall honorees and seven First Team standouts. **North Alabama** was third overall, placing 10 led by five First Teamers, while **Delta State** (six First Team) and **West Georgia** (four First Team) each added eight overall.

VSU'S FORD IS GSC OFFENSIVE PLAYER OF THE YEAR

The *GSC Offensive Player of the Year* was awarded to a wide receiver for just the third time in history and the first time since 1975. **Valdosta State's Gerald Ford** completed his impressive comeback campaign in grand fashion, becoming the first VSU winner since running back Aaron Jenkins in 2002. His victory snapped a nine-year quarterback streak. The junior follows North Alabama's Roger Ralph (1975) and Troy State's Perry Griggs (1974) as the only wide receivers to capture the accolade and he is also the Blazers' sixth all-time winner.

The New Orleans, FL native enters the NCAA Playoffs No. 1 in the GSC in receiving (92.9), receptions (5.8) and touchdown catches (12). He was named GSC Player of the Week twice and set personal bests in single-game and single-season action this year. Ford returns to the individual honors list after notching the GSC Offensive Freshman of the Year award in 2009.

UWA'S WILSON CHOSEN AS GSC DEFENSIVE PLAYER OF THE YEAR

West Alabama provided the *GSC Defensive Player of the Year* for the second consecutive season when **defensive end Ridge Wilson** collected this year's honor. The senior was a unanimous choice and he follows current teammate, linebacker Deon Lacey, who claimed the award in 2011. Wilson's selection marks the first by a defensive lineman since Delta State's Anthony Maddox in 2003, snapping the seven-year streak by linebackers. The Louisville, KY native is tops in the Conference in sacks (8.5) and tackles for loss (18.0) and he is a two-time GSC Defensive Player of the Week.

VSU'S O'NEIL, UNA'S JONES CLAIM GSC FRESHMAN HONORS

Valdosta State provided the *GSC Offensive Freshman of the Year* for the first time since 2009. **Running back Cedric O'Neil** was a key cog in the league's top offense, guiding VSU to the No. 1 seed in the Super Regional Two field. The Dublin, GA native enters the post-season at No. 1 in the Conference in rushing (90.1), second in rushing touchdowns (seven) and ninth in total offense (90.1).

North Alabama defensive back Floyd Jones became North Alabama's first-ever *GSC Defensive Freshman of the Year*. The Town Creek, AL native started in all 10 games for the Lions, ranking seventh in the league in tackles (6.2) and third on the team in total stops (62). Jones did not stop there, also nabbing two interceptions.

INDIVIDUAL AWARDS CONTINUED ON NEXT PAGE

UWA'S HALL IS GSC COACH OF THE YEAR

West Alabama's Will Hall was tabbed *GSC Coach of the Year* for the second year in a row after sharing accolades in 2011. Hall guided UWA to its first-ever outright Conference Championship, finishing a perfect 5-0 in league play and guiding the Tigers to their second consecutive NCAA Playoff appearance. UWA posted its fourth straight winning seasons for the first time since 1972-1975.

2012 ALL-GSC TEAM

The 2012 All-GSC Football Team is headlined by *eight returning First Team* members from 2011. Two schools provided the list of returning First Teamers. Valdosta State led the way five, including **guard Edmund Kugbila, offensive tackles Ryan Schraeder and Mesh Wokomaty, linebacker Chris Pope and defensive back Matt Pierce**. VSU became the first school in All-GSC history to advance four offensive linemen to the First Team. West Alabama added **running back Matt Willis, linebacker Deon Lacey and placekicker Ryan Smith**.

Four players made the jump from Second Team laurels. **VSU wide receiver Seantavious Jones, UWA guard Andy Nations and West Alabama defensive back Otha Foster** climbed up from last year's Second Team, while **Valdosta State wide out Gerald Ford** moves up from the 2009 Second Team.

ALL-GSC FOOTBALL FIRST TEAM ON NEXT PAGE

2012 ALL-GSC FOOTBALL FIRST TEAM

OFFENSE						
POS	NAME	SCHOOL	HT	WT	YEAR	HOMETOWN
QB	Cayden Cochran	Valdosta State	6-2	188	JR	Cashion, OK
RB	Cedric O'Neal	Valdosta State	5-11	197	FR	Dublin, GA
RB	!Matt Willis	West Alabama	5-8	205	SR	Collins, MS
WR	Lavon Downs	Delta State	6-1	185	SR	Avon Park, FL
WR	\$Gerald Ford	Valdosta State	6-3	220	JR	New Orleans, LA
WR	#Seantavious Jones	Valdosta State	6-4	193	JR	Tucker, GA
WR	Regginald Lewis	Valdosta State	6-2	186	JR	Forest Park, GA
TE	Daniel Youssif	West Georgia	6-4	249	SR	Clinton Township, MI
AP	Rondreaus Truesdale	Delta State	5-10	180	FR	Lancaster, SC
C	Jordan Ritchey	West Georgia	6-4	295	SR	Covington, GA
G	!Edmund Kugbila	Valdosta State	6-5	347	SR	Lawrenceville, GA
G	#Andy Nations	West Alabama	6-7	360	SR	Pascagoula, MS
G	Cam Short	Valdosta State	6-3	287	SR	Thomaston, GA
T	!Ryan Schraeder	Valdosta State	6-7	300	SR	Wichita, KS
T	!Mesh Wokomaty	Valdosta State	6-6	283	SR	Dallas, GA

DEFENSE						
POS	NAME	SCHOOL	HT	WT	YEAR	HOMETOWN
DL	Tyler Josey	Valdosta State	6-2	249	SR	Dublin, GA
DL	Richie Mata'afa	North Alabama	5-11	230	SR	Temecula, CA
DL	Juan Pickett	West Georgia	6-1	275	SR	Columbus, GA
DL	Ridge Wilson	West Alabama	6-4	256	SR	Louisville, KY
LB	Jeremy Grable	Valdosta State	6-1	210	JR	Alpharetta, GA
LB	Rory Island	Delta State	6-0	210	SO	Waveland, MS
LB	!Deon Lacey	West Alabama	6-2	208	SR	Brighton, AL
LB	Diego Lubin	Delta State	5-11	245	SO	Winter Haven, FL
LB	!Chris Pope	Valdosta State	6-1	216	JR	Jackson, GA
LB	Tavarius Wilson	North Alabama	5-11	225	JR	Jackson, MS
DB	Kenny Barnes	Delta State	6-0	190	JR	Madison, MS
DB	Malcolm Butler	West Alabama	5-11	180	JR	Vicksburg, MS
DB	Kelly Dawsey	West Georgia	6-0	190	SR	Valdosta, GA
DB	#Otha Foster	West Alabama	6-1	207	SR	Angie, LA
DB	Caleb Massey	North Alabama	6-0	226	JR	Sulligent, AL
DB	!Matt Pierce	Valdosta State	5-10	196	SR	New Orleans, LA

SPECIAL TEAMS						
POS	NAME	SCHOOL	HT	WT	YEAR	HOMETOWN
K	!Ryne Smith	West Alabama	5-8	180	SR	Madison, MS
P	Michael Schuster	North Alabama	5-10	180	SR	Decatur, AL
RS	Lavon Downs	Delta State	6-1	185	SR	Avon Park, FL
BT	Josh Roberts	North Alabama	5-11	215	SR	Wetumpka, AL

!—2011 First Team All-GSC
 \$—2009 First Team All-GSC

#—2011 Second Team All-GSC

GSC OFFENSIVE PLAYER OF THE YEAR:	WR, Gerald Ford, Valdosta State
GSC DEFENSIVE PLAYER OF THE YEAR:	DE, Ridge Wilson, West Alabama
GSC OFFENSIVE FRESHMAN OF THE YEAR:	RB, Cedric O'Neal, Valdosta State
GSC DEFENSIVE FRESHMAN OF THE YEAR:	DB, Floyd Jones, North Alabama
GSC COACH OF THE YEAR:	Will Hall, West Alabama

ALL-GSC FOOTBALL SECOND TEAM ON NEXT PAGE

2012 ALL-GSC FOOTBALL SECOND TEAM

OFFENSE						
POS	NAME	SCHOOL	HT	WT	YEAR	HOMETOWN
QB	Gary Johnston	West Alabama	5-11	200	JR	Gulf Shores, AL
RB	Seth Hinsley	West Georgia	5-10	224	SO	Norcross, GA
RB	Lamonte Thompson	North Alabama	5-8	175	FR	Florence, AL
WR	Chad Toocheck	West Alabama	6-3	208	SO	Medina, OH
C	Skeeter Sellers	West Alabama	6-1	280	JR	Enterprise, AL
G	David Lundberg	North Alabama	6-1	328	JR	Winfield, AL
G	William Wright	West Georgia	6-3	310	JR	Coconut Creek, FL
T	Taylor Burnett	West Alabama	6-3	271	JR	Spanish Fort, AL
T	Will Furlong	North Alabama	6-5	275	SR	DeLand, FL

DEFENSE						
POS	NAME	SCHOOL	HT	WT	YEAR	HOMETOWN
DL	Tevin Davis	Valdosta State	6-0	244	SO	Forsyth, GA
DL	Willie Packer	West Alabama	6-1	290	JR	Moss Point, MS
DL	Lawrence Virgil	Valdosta State	6-5	278	JR	Quitman, GA
LB	Brion James	North Alabama	6-1	190	JR	Hahnville, LA
LB	Bobby Liggins	West Georgia	6-0	235	JR	Hephzibah, GA
DB	Montavius Hill	Delta State	5-10	175	SR	Cleveland, MS
DB	Floyd Jones	North Alabama	6-0	210	FR	Town Creek, AL

SPECIAL TEAMS						
POS	NAME	SCHOOL	HT	WT	YEAR	HOMETOWN
K	Davis Brackett	West Georgia	5-9	172	SR	Marietta, GA
P	Daniel Andersen	Valdosta State	6-0	182	SR	Meansville, GA
P	Jordan Ikner	West Alabama	6-4	230	FR	Alabaster, AL
P	Andrew Jones	Delta State	6-0	185	SR	Corinth, MS
RS	Malik Lofton	West Alabama	6-0	180	JR	Shubuta, MS
BT	Josh Senkbeil	West Alabama	6-0	228	SR	Red Bay, AL

NOTE: The 2012 All-GSC Football Team was selected by the Head Coaches. Coaches were not allowed to vote for their own players.

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