2017–18
Men’s Basketball

Men’s Head Coach Records
Record at Grinnell/Years
343–206: 29th year
Career Record/Years
343–266: 29th year

Head Coach David Arseneault

Now in his 29th year at Grinnell College, David Arseneault serves as the Pioneers men’s basketball coach and has become nationally and internationally renowned for his innovative coaching techniques and offensive-minded basketball.

Known for full-court pressing and 3-point shooting, his teams have won 11 NCAA Division III National Championships, 11 Midwest Conference titles, and 11 NCAA Division III Tournament berths. The Pioneers also have a NCAA record of 126.2 points per game, during the 2001–02 campaign. The team averaged previous NCAA record marks of 124.9 points per game and 28.4 3-pointers per game in 2001–02. A byproduct of his high-flying, fast-paced basketball has been increased player participation, enthusiastic home crowds, and a virtual stand on the offensive records section compiled by the NCAA Statistic Office.

On and off the ball in 2016–17, Arseneault fulfilled numerous coaches’ requests by publishing a book entitled Running to Win: A video that describes the evolution of the program’s playing style. These instructional tools explain his unique playing and substitution style, which emphasizes shooting and ball movement. He had over 30 seconds and incorporating as many as 16 players per outing.


In 2013–14, the Pioneers held their title in 2013 as advance to the NCAA Division III National Championships for the second year in a row. In 2015, the Pioneers made it in a row in a row of long conference title streaks. They were led by head coach and Mike Arsenault Jr. Vashul led them to be named NCAA Division III National Freshman of the Year and earned All-America honors, while Vashul was an All-Midwest Conference.

Grinnell went to its fourth consecutive round of 16 in a season which saw Vashul Sinha earn All-America honors, both she and Vashul Sinha were named All Region.

Arseneault borrows Grinnell with his wife, Lisa. They have two children: David and Isabel.

Interim Head Coach David Arseneault Jr. ’09

After a successful run coaching the NBA D-League, David Arseneault Jr., 29, is back on the highprestige basketball sidelines.

Arseneault Jr. is the Pioneers’ women’s head men’s basketball coach, being named by his father, David Arseneault. The older Arseneault is an undersized big man who was named Coach of the Year five times (1993–94, 1995–96, 2000–01, 2008–09 and 2013–14), while Arseneault Jr. has been named the new Pioneers head coach when his father retires after the 2017–18 basketball season. Arseneault Jr. was named Coach of the Year for the 2018 season.

In his final season season there, the Bighorns won the Western Conference with a 33-17 mark, claimed the Pacific Division title and set a D-League record for offensive efficiency. Arseneault Jr., who previously played and coached at Grinnell, led the Reno Bighorns, the NBA D-League affiliate of the Sacramento Kings, to a 33-17 record, 3-point field goals, 3-point percentage, assists per game and assist turnover rates.

As a player at Grinnell, Arseneault Jr. was a three-time finalist for the Bob Cousy Point Guard of the Year Award while finishing as the NCAA Division III National Freshman of the Year. Arseneault Jr. was named the NCAA Division III All-Region selection.

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Assistant Coach Bob Belf

Bob Belf begins his third season as the men’s basketball assistant coach at Grinnell.

While he has a few years of experience, most recently he was athletic director at St. Mary’s Catholic School in Royal Oak, Mich. He has 17 years of college coaching experience with the most recent as head women’s coach at Henry Ford Community College in Dearborn, Mich.

Belf has been actively involved with the System since 1998. This includes coaching at both the high school and college levels, assisting with clinics, helping other coaches, plus running a system web site and serving as moderator of a system email list. He helps with clinics, helping other coaches, plus running a system web site and serving as moderator of a system email list.

Belf has also been head coach of the Pioneer women’s team since 2000. In 2013 he led Grinnell in its first Midwest Conference championship in the program’s 43-year history. Belf was named Men’s Coach of the Year in 2014, 2015 and 2016.

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2017–18 Men’s Basketball Preview

Grinnell College enjoyed a stellar season in 2016–17, compiling a 16–7 overall mark. The Pioneers are after more this season with plenty of talent returning.

Leading the way is junior captain Vinny Curta ’19, a D3hoops.com All-Central Region first-teamer who also stood out on the All-Midwest Conference first team. Curta, a 6-foot-5 guard, averaged 25.2 points per game, which ranked sixth nationally. He was also second in the MVC in assists and steals with 5 and 2 per game, respectively.

“Vinny burst onto the scene last year,” said interim head coach David Arseneault Jr. ’09, who is running the team for the second year in a row while his father and head coach David Arseneault Sr. is on sabbatical leave. “His size, athleticism, and decision-making from the point guard position allow him to impact the game in numerous ways.”

Another talented junior returnee is Ky-Sean Johnson ’19. “Ky-Sean is a dynamic guard who can get to the rim at will and has the ability to create his own shot from the 3-point line,” said the coach.

“Another junior is Griffin Boehm ’20. “Another talented junior returnee is Vinny Curta ’19,” said Arseneault. “Jacob is one of the better defensive players on the floor,” said Arseneault. “A lot of our success this season will depend on how this team meshes together and how quickly some of our younger players get up to speed. Certainly, with the amount of returning players in the mix, there’s a chance for this team to be special.”


Grinnell College vs. Beloit College (11/25/10) 31

Grinnell College vs. Faith Baptist College (11/23/10) 20

SCORING

Games at Least 100 Points

Grinnell, 2002 (24-game season) 23

Consecutive Games with at Least 100 Points

Grinnell, from Nov. 23, 2002, to Feb. 8, 2003 19

Consecutive Games at Least 100 Points (Multiple Seasons)

Grinnell, from Jan. 25, 2002, to Feb. 8, 2003 28

Free Throws Made per Game

Grinnell, 1999 (16-of-17) 23.7

Free Throws Attempted per Game

Grinnell, 1995 (496-in-21) 23.7

Points per Game

Grinnell, 1998 (679-in-22) 30.9

Team Information

2016–17 Record: 10–7

Free Throws Made: 1,902

Free Throws Attempted: 2,166

Rebounds Per Game:

Grinnell (118-of-122, 97.0%) 74.2%

Nathan Balcom (1.2)

Nathan Balcom (1.2)

Steals Per Game:

Ikaika Phillip (3.2)

Ikaika Phillip (3.2)

Turnovers:

Simpson (251-of-296, 84.6%) 75.9%

Nathan Balcom (49)

Ikaika Phillip (30)

Turnovers Per Game:

Simpson (1.7)

Simpson (1.3)

Points Per Game:

Simpson (37)

Ikaika Phillip (3.5)

Points:

Ikaika Phillip (3.2)

Ikaika Phillip (3.2)

Free Throws Percentage:

Nathan Balcom (90.9%) 90.9%

Nathan Balcom (90.9%) 90.9%

Free Throws:

Ikaika Phillip (37)

Ikaika Phillip (37)

Players:

Simpson (16) vs. Grinnell (14) (11/19/1994) 315

Free Throws Made:

Simpson (135-of-168, 80.8%) 77.3%

Simpson (135-of-168, 80.8%) 77.3%

Assists Per Game:

Ikaika Phillip (3.2)

Ikaika Phillip (3.2)

3-Point Field Goals Made:

Simpson (1.6)

Simpson (1.6)

3-Point Field Goals Made Per Game:

Simpson (18-of-33) 54.5%

Simpson (18-of-33) 54.5%

Turnovers:

Ikaika Phillip (30)

Ikaika Phillip (30)

Turnovers Per Game:

Simpson (1.5)

Simpson (1.5)

Points:

Simpson (37)

Simpson (37)

Free Throws:

Simpson (1.7)

Simpson (1.7)

Free Throws:

Simpson (1.7)

Simpson (1.7)
# 2017–18 Women's Basketball

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Time</th>
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<tbody>
<tr>
<td>Nov. 15</td>
<td>EMMAUS BIBLE</td>
<td>5 p.m.</td>
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<tr>
<td>Nov. 16</td>
<td>Central</td>
<td>7 p.m.</td>
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<td>Nov. 21</td>
<td>BUENA VISTA</td>
<td>6 p.m.</td>
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<td>Nov. 25</td>
<td>KANSAS CHRISTIAN</td>
<td>1 p.m.</td>
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<td>Nov. 28</td>
<td>IOWA WESLEYAN</td>
<td>7 p.m.</td>
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<tr>
<td>Dec. 1</td>
<td>Beloit</td>
<td>7:30 p.m.</td>
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<td>Dec. 2</td>
<td>Lake Forest #</td>
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<td>Dec. 6</td>
<td>Cornell</td>
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<td>Dec. 9</td>
<td>LAWRENCE #</td>
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<td>Jan. 3</td>
<td>RIPON #</td>
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<td>Jan. 6</td>
<td>St. Norbert #</td>
<td>3 p.m.</td>
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<td>Jan. 12</td>
<td>LAKE FOREST #</td>
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<td>Jan. 13</td>
<td>BELOIT #</td>
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<td>MONMOUTH #</td>
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<td>Jan. 20</td>
<td>Ripon #</td>
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<td>Jan. 24</td>
<td>CORNELL #</td>
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<td>Lawrence #</td>
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<td>Jan. 30</td>
<td>Monmouth #</td>
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<td>Feb. 3</td>
<td>ILLINOIS COLLEGE #</td>
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<td>Feb. 7</td>
<td>Knox #</td>
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<td>Feb. 10</td>
<td>ST. NORBERT #</td>
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<td>Feb. 13</td>
<td>KNOX #</td>
<td>7:30 p.m.</td>
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<td>Feb. 17</td>
<td>Illinois College #</td>
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<tr>
<td>Feb. 23–24</td>
<td>Midwest Conference Tournament@TBA</td>
<td>TBA</td>
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Home contests are in CAPS.
# Midwest Conference contests

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**Head Coach Dana Harrold**

Dana Harrold was named the head women's basketball coach at Grinnell College in July 2013.

Harrold’s 2015–16 team enjoyed the biggest season for the program in more than a decade. The Pioneers qualified for the Midwest Conference Tournament for the first time since the 2003–04 campaign.

They also had 12 league wins, the most in program history, and the 15-9 overall mark ranked among the most wins in team history.

Despite losing one of the better players in program history in Alina Wheth ’16, the 2016–17 squad didn’t miss a beat. Grinnell again posted 12 wins in league play while going 14-10 overall and earning a repeat trip to the MW, Tournament. It was the first time since the early 1990s that Grinnell qualified for back-to-back league tournaments.

Harrold became the 11th Pioneer women’s basketball coach in program history after serving as an assistant coach at the University of Dubuque since 2009.

A native of Iowa, Harrold gained her bachelor’s in physical education with a concentration in athletic administration from Loras College in 2006.

Dana and her husband Clay have a daughter, Braylee.

**Assistant Coach Taylor White**

Taylor White joined the Grinnell women’s basketball staff in 2017.

In high school, White was four-year letter winner and two-year team captain. Following her senior season, she committed to play at Meredith College; however, before the season started she was not medically cleared for competition. She used her redshirt season to understand the game on the college level and spend valuable time with her coach. Due to injury, she transferred to Coastal Carolina University, where she received her bachelor’s in exercise and sport science.

While at Coastal Carolina, she was an assistant basketball coach at Coastal Carolina High School in Myrtle Beach, S.C. and helped run several local and national basketball tournaments with the National Traveling Basketball Association.

White currently lives in Grinnell with her fiancé.

**Assistant Coach Kirsten Koester**

Kirsten Koester came to Grinnell in June 2014 as the Pioneers’ head women’s soccer and assistant basketball coach.

She was a three-year basketball performer at Luther College and served as assistant coach for the Dubuque, Iowa, school during the 2005–06 season.

Koester led the Cornell College women’s soccer team 2011–2013, guiding the Rams to their best season since 2002 during her final campaign. Prior to coaching at Cornell, Koester was head soccer coach and athletics recruiting coordinator at the College of Notre Dame of Maryland for two years.

The Stoughton, Wis., native attended Luther, where she was a three-year starter and was named to the All-Iowa Conference second-team and earned a place in the Iowa Conference Tournament four of the past six seasons.

In 2011–12 the Spartans broke the school record for most conference wins in a season with 10, including posting 15 overall wins, second-most in school history.

Koester holds a U.S. Soccer Federation (USSF) national D license and has been active in the Maryland Youth Soccer Association Development Program. She held previous positions as a U–12 club coach for the Westminster Area Soccer Program in Denver and the Phoenix Soccer Club in Minneapolis.

Koester gained her master’s in English from Washington College in Maryland in 2009. She was assistant women’s volleyball coach at Washington 2006–08 and also assisted the women’s basketball squad for a season.

Koester has been active in the Maryland Youth Soccer Association. She also coached the club team FC United in Marion.

Koester was named to Parker Koester ’09, and they have a son, James.

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**Assistant Coach Travis Renze**

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The Grinnell College women’s basketball team has been on a roll in recent years, and is looking to continue that trend in 2017–18.

The team’s 29 wins in the past two seasons are the most wins in back-to-back seasons since the early 1990s at Grinnell. In the 2016–17 season, Grinnell again posted 12 wins in league play while going 14–10 overall and earning a repeat trip to the Midwest Conference Tournament. It was the first time since the early 1990s that Grinnell qualified for back-to-back league tournaments.

The challenge the team faces this year will be filling the shoes of the impactful senior class that graduated last season. There will be many new faces on our sideline and on the court this year, while that brings some unknowns to the team, it also brings some excitement and opportunity for the young players.

The top returnees is last year’s leading MWC scorer and first-team All-MWC selection, Kayla Morrissey ’18. “Kayla is the definition of what we are looking for in a player within our program,” said Coach Dana Harrold. “She is hardworking, talented, coachable, and fun to watch. We are looking forward to her having another breakout season. Kayla will be a four-year starter, and she will be a weapon in many aspects of our attack. “Our other senior, Margaret Giles ’18, is entering her third season within our program, and we have enjoyed watching Margaret get better each season,” Harrold continued. “Last year she was an asset to us on defense and gained some confidence back with her shot as well.”

The third-year class features Daria Guzzo ’19, Hanna Kessel ’19, Regan Kasprak ’19, and Abby Hellweg ’19. “Daria is a natural leader and has been a very vocal player for us in the preseason,” Harrold said. “She has put in time and energy to be more of an impact player for us this season, and I am looking forward to seeing her work her way into a bigger role on our team.

“Hanna is an athlete and has been our energy on the bench the past two seasons,” Harrold continued. “I think she is ready to be a contributor within our team and is willing to play wherever she is needed. Her biggest strengths will be defense, running in transition, and offensive rebounding.

“Regan Kasprak is a player that I am excited to watch this season,” Harrold added. “Regan has great speed and ball skills and will be able to help set the tempo for us offensively. Abby Hellweg saw time for us as a first-year and unfortunately spent last season on the injured list. I have expectations that Abby will be able to help us wherever she is needed this season. I think her versatility as a player will be a benefit to our squad this season.”

Mikayla Kricfalusi ’20 is the representative from the sophomore class and is back from an ACL injury last year. “We are excited to have Mikayla with us physically in practices this year and look forward to seeing what she is capable of on the court,” said Harrold. “She is athletic and strong and will help deepen our post play.”

Harrold is excited to add six talented first-years to the team — Tyria Heath ’21 Olivia Woolam ’21, Claire Collier ’21, Kathrynn Stender ’21, May Hanlon ’21, and Stephany Dos Santos ’21.

“This group is working hard and learning more and more each day they are in the gym,” said Harrold. “I am optimistic that we will get some very early contribution from them as a group this season.”

That should all add up to an exciting campaign for Grinnell. “Our team continues to be very high-energy, close-knit and hardworking,” said Harrold. “While we will be making the necessary adjustments to replace an incredible group of seven, we look forward to the opportunity to compete night in and night out.

“Our goals moving forward are to be competitive in each game, fight to be in the top half of the league, and defend our home court for the fourth season in a row,” she added. “The Midwest Conference will prove to be strong again, and we are grateful for the chance to do our part to work our way up the 10-team ladder.”

2017–18 Women’s Basketball Preview
2017–18 Men’s Basketball Team

Front row (l-r): Jackson Breshears, manager Evan Bunis, Jacob Ekstrand, Ikaika Phillip, Nathan Balcom, Andrew Redhead, Gus King, Sean Cullinane, Griffin Boehm
Middle row (l-r): Manager Creede McClellan, Ky-Sean Johnson, Noah Jacobson, Anthony Gulve, Jacob Leder, Morgan Walser, Zack Stice, Tyler Grumhaus, manager Sophie Banegas
Back row (l-r): Assistant coach Bob Belf, Alex Mickus, Derek Jones, Hannes Kogelnik, Tommy Smith, Brad Geiman, Dawson Keller, Will Dubow, Jake Conran, Vinny Curta, interim head coach David Arseneault Jr.

2017–18 Women’s Basketball Team

Front row (l-r): Olivia Woolam, Tyria Heath, Margaret Giles, Kayla Morrissey, Hanna Kessel, Regan Kasprak
Back row (l-r): Head coach Dana Harrold, Kathryn Stender, Claire Collier, Stephany Dos Santos, Mikayla Kricfalusi, Daria Guzzo, May Hanlon, Abby Heller, assistant coach Taylor White

Game Results • Schedules • Information > pioneers.grinnell.edu • All athletic events are free and open to the public.