VISITING TEAM GUIDE
BRING YOUR “A” GAME. WE’VE BROUGHT OURS.

Win or lose, your stay will be a victory at Courtyard by Marriott® Cleveland Airport North.

WELCOME TO OBERLIN!
• Close to Oberlin Campus
• Indoor Pool
• Courtyard Cafe
• Restaurants Nearby

Courtyard by Marriott
Cleveland Airport North
24901 Country Club Blvd.
North Olmsted, OH 44070
(440) 716-9977

To reserve your room, call 1-800-MARRIOTT or visit www.courtyardclevelandairportnorth.com. Please use Oberlin Corporate/Promotional Code Z11.
Welcome to Oberlin College

Oberlin College, founded in 1833, is an independent coeducational institution, which is comprised of two divisions, the College of Arts and Sciences, with about 2,300 students, and the Conservatory of Music, with about 500 enrolled. Oberlin offers Bachelor of Arts and Bachelor of Music degree programs, as well as a combined five-year program leading to both degrees.

The presence of the College of Arts and Sciences and the Conservatory of Music on one campus is rare and enriching. Students in the College and Conservatory share residences and dining facilities as part of a single academic community. Most Conservatory students take academic work in the College of Arts and Sciences, and each year more than one-third of the College students take applied music or courses in the Conservatory.

Oberlin’s size, residential character, diversity and selectivity provide an atmosphere highly conducive to intellectual and personal growth. Its faculty of teacher-scholars has traditionally emphasized both academic achievement and individual development. Oberlin students participate in a wide variety of extracurricular activities on the campus.

Oberlin College is highly selective and dedicated to recruiting students from diverse backgrounds. Oberlin was the first truly coeducational college in the United States, as well as an early leader in educating black students.

The Oberlin College Department of Athletics and Physical Education welcomes you to this beautiful campus. Enclosed in this packet you will find pertinent information, which will assist you during your visit to Oberlin College and the surrounding community. Please let any member of our staff know if we can help you with your visit.

Table of Contents
Welcome 3
Staff Directory 4
Sports Medicine Information 5
Lodging 6
Dining 7
Directions to Philips Physical Education Center 8
Facilities 9
Campus Map 10
Department of Athletics Staff Directory
(all phone numbers are in the 440 area code)

Administration
Delta Lodge Director of Athletics Natalie Winkelfoos 775-6463
Sr. Associate Director of Athletics Greg Jantz 775-6401
Associate Director of Athletics Eric Lahetta 775-8534
Senior Women’s Administrator Erica Rau 775-8505
Assistant Director of Athletics/Communications Mike Mancini 775-8503
Assistant Director of Communications Mike Durkin 775-8503
Administrative Assistant Carrie Ragnoni 775-8840
Department of Athletics Fax 775-8957

Support Staff
Director of Sports Medicine TBA 775-8589
Assistant Athletic Trainer Jill Rondini 775-8568
Assistant Athletic Trainer Christine Schwartz 775-8344
Assistant Athletic Trainer John Brutvan 775-8588
Equipment Room Larry Ramey 775-8148
Equipment Room Vera Peterson 775-8513
Equipment Room Jack Kubicki 775-8513
Sports Medicine Fax 775-8616

Team Directory
Baseball Adrian Abrahamowicz 775-5676
Basketball (Men) Isaiah Cavaco 775-8407
Basketball (Women) Kerry Jenkins 775-8546
Cross Country Ray Appenheimer 775-8525
Field Hockey Tiffany Saunders 775-8511
Football Jay Anderson 775-8966
Lacrosse (Men) Topher Grossman 775-5171
Lacrosse (Women) Lynda McCandlish 775-6556
Soccer (Men) Blake New 775-8506
Soccer (Women) Dan Palmer 775-5789
Softball Sara Schoenhoft 775-8536
Swimming & Diving Andrew Brabson 775-8492
Tennis (Men) Eric Ishida 775-8559
Tennis (Women) Constantine Ananiadis 775-6752
Track & Field Ray Appenheimer 775-8525
Volleyball Erica Rau 775-8505
Sports Medicine Information

The Oberlin College Sports Medicine staff welcomes you and your athletic teams to our campus. We will strive to provide you with the convenience of services and facilities as if you were playing at home. The following facilities, services, and supplies will be available to make your visit a comfortable one.

Facilities
The main training room is a co-ed facility located on the east end of Williams Field House. The following therapeutic modalities will be available to student-athletes and/or student athletic trainers with written referral from a Certified Athletic Trainer or Team Physician:

- Ultrasound
- HV Muscle Stim
- Pre-modulation
- Interferential
- Russian
- Biphasic
- M.E.N.S.
- Paraffin Bath
- Bio Cryo Compression System

Services
If a team will not have an athletic trainer traveling with them, we will be glad to assist in any reasonable way. Please notify us in advance and bring your own taping supplies. A Certified and Licensed Athletic Trainer and/or Sports Medicine Aide will be in attendance for all contests.

Supplies
The following supplies will be available:

- Water, cups, and ice on the sideline of all contests.
- Emergency equipment (AED, backboard, splints, crutches, etc.) will be available for your use should the need arise.
- An ambulance will be on site for all football games.

Sports Medicine Staff

Main Training Room 440-775-8514
Philips Training Room 440-775-8598
Team Physician James Voos, MD (University) 216-985-7529
Director of Sports Medicine TBA 440-775-8589
Senior Athletic Trainer Jill Rondini, ATC 440-775-8568
Assistant Athletic Trainer Christine Schwartz, ATC 440-775-8344
Assistant Athletic Trainer John Brutvan, ATC 440-775-8588

Hospital
Mercy Allen Hospital
200 West Lorain Street
Oberlin, Ohio 44074
440-775-1211
Lodging

This condensed list of accommodations does not constitute a recommendation by Oberlin College. Reservations can be made through the individual facility.

<table>
<thead>
<tr>
<th>Lodging Name</th>
<th>Phone</th>
<th>Address</th>
<th>Distance from Oberlin</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Hotel at Oberlin</td>
<td>440-775-1001</td>
<td>10 East College Street, Oberlin, Ohio</td>
<td>Located on college campus</td>
</tr>
<tr>
<td>Courtyard by Marriott</td>
<td>440-716-9977</td>
<td>24901 Country Club Blvd., N. Olmsted, Ohio</td>
<td>20 miles NE and 25 minutes from Oberlin</td>
</tr>
<tr>
<td>Courtyard Westlake</td>
<td>440-871-3756</td>
<td>25050 Sperry Drive, Westlake, Ohio</td>
<td>25 miles NE and 30 minutes from Oberlin</td>
</tr>
<tr>
<td>Best Western</td>
<td>440-324-5050</td>
<td>636 West Griswold, Elyria, Ohio</td>
<td>13 miles NE and 20 minutes from Oberlin</td>
</tr>
<tr>
<td>Hopkins Marriott</td>
<td>216-252-5333</td>
<td>4277 W. 150th St., Cleveland, Ohio</td>
<td>30 miles NE and 40 minutes from Oberlin</td>
</tr>
<tr>
<td>Comfort Inn</td>
<td>440-324-7676</td>
<td>739 Leona St., Elyria, Ohio</td>
<td>13 miles NE and 20 minutes from Oberlin</td>
</tr>
<tr>
<td>Crown Plaza</td>
<td>440-524-0700</td>
<td>5300 Rockside Road, independence, Ohio</td>
<td>34 miles E and 36n minutes from Oberlin</td>
</tr>
<tr>
<td>Days Inn</td>
<td>440-985-1428</td>
<td>934 N. Leavitt Rd, Amherst, Ohio</td>
<td>8 miles N and 15 minutes from Oberlin</td>
</tr>
<tr>
<td>Country Inn &amp; Suites</td>
<td>440-324-0099</td>
<td>645 Griswold Road Elyria, OH 44035</td>
<td>13 miles NE and 20 minutes from Oberlin</td>
</tr>
<tr>
<td>Econolodge</td>
<td>440-324-3911</td>
<td>523 Griswold Rd., Elyria, Ohio</td>
<td>13 miles NE and 20 minutes from Oberlin</td>
</tr>
<tr>
<td>Hampton Inn Hotel</td>
<td>440-734-4477</td>
<td>25105 Country Club Blvd., N. Olmsted, Ohio</td>
<td>20 miles E and 25 minutes from Oberlin</td>
</tr>
<tr>
<td>Hampton Inn Westlake</td>
<td>440-892-0333</td>
<td>29690 Detroit Road, Westlake, Ohio</td>
<td>25 miles NE and 30 minutes from Oberlin</td>
</tr>
<tr>
<td>Homestead Suites</td>
<td>440-777-8585</td>
<td>24851 Country Club Blvd., N. Olmsted, Ohio</td>
<td>20 miles NE and 25 minutes from Oberlin</td>
</tr>
<tr>
<td>Howard Johnson</td>
<td>440-323-1515</td>
<td>1724 Lorain Blvd., Elyria, Ohio</td>
<td>13 miles NE and 20 minutes from Oberlin</td>
</tr>
<tr>
<td>Motel 6</td>
<td>440-988-3266</td>
<td>704 North Leavitt Rd, Amherst, Ohio</td>
<td>8 miles N and 15 minutes from Oberlin</td>
</tr>
<tr>
<td>Ramada Hotel</td>
<td>440-324-5411</td>
<td>1825 Lorain Blvd., Elyria, Ohio</td>
<td>13 miles NE and 20 minutes from Oberlin</td>
</tr>
<tr>
<td>Red Roof Inn</td>
<td>440-324-4444</td>
<td>621 Midway Blvd., Elyria, Ohio</td>
<td>13 miles NE and 20 minutes from Oberlin</td>
</tr>
<tr>
<td>Sheraton-Hopkins</td>
<td>216-267-1500</td>
<td>5300 Riverside Dr., Cleveland, Ohio</td>
<td>27 miles NE and 35 minutes from Oberlin</td>
</tr>
<tr>
<td>Spitzer Plaza Hotel</td>
<td>440-246-5767</td>
<td>301 Broadway Ave., Lorain, Ohio</td>
<td>15 miles N and 25 minutes from Oberlin</td>
</tr>
<tr>
<td>Super 8</td>
<td>440-323-7488</td>
<td>910 Lorain Blvd., Elyria, Ohio</td>
<td>13 miles NE and 20 minutes from Oberlin</td>
</tr>
</tbody>
</table>
Dining

This list of restaurants does not constitute a recommendation by Oberlin College. Please see the enclosed map to help with directions to these establishments.

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Phone Number</th>
<th>Type</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agave Burrito Bar</td>
<td>440-774-7336</td>
<td>(Tex-Mex Lunch &amp; Dinner)</td>
<td>19 W. College St., Oberlin</td>
</tr>
<tr>
<td>Aladdins Eatery</td>
<td>440-774-5282</td>
<td>(Coffee, Pastries, &amp; Sandwiches)</td>
<td>5 W. College St., Oberlin</td>
</tr>
<tr>
<td>Black River Café</td>
<td>440-775-3663</td>
<td>(Breakfast &amp; Lunch)</td>
<td>15 S. Main St., Oberlin</td>
</tr>
<tr>
<td>Chipotle</td>
<td>440-989-4100</td>
<td>(Mexican)</td>
<td>901 North Leavitt Rd., Amherst</td>
</tr>
<tr>
<td>Domino’s Pizza</td>
<td>440-774-3033</td>
<td>(Pizza)</td>
<td>155 S. Main St., Oberlin</td>
</tr>
<tr>
<td>East of Chicago</td>
<td>440-774-8820</td>
<td>(Pizza)</td>
<td>175 S. Main St., Oberlin</td>
</tr>
<tr>
<td>The Feve</td>
<td>440-774-1978</td>
<td>(American Food)</td>
<td>30 S. Main St., Oberlin</td>
</tr>
<tr>
<td>Lorenzo’s Pizzaria</td>
<td>440-775-0118</td>
<td>(Italian Favorites)</td>
<td>52 1/2 S. Main St., Oberlin</td>
</tr>
<tr>
<td>Lupita’s</td>
<td>440-774-7080</td>
<td>(Mexican Food)</td>
<td>84 S. Main St., Oberlin</td>
</tr>
<tr>
<td>Main Street Diner</td>
<td>440-774-2841</td>
<td>(American Daytime Diner)</td>
<td>51 South Main St., Oberlin</td>
</tr>
<tr>
<td>The Mandarin</td>
<td>440-774-4500</td>
<td>(Chinese Fast Food)</td>
<td>82 S. Main St., Oberlin</td>
</tr>
<tr>
<td>McDonald’s</td>
<td>440-774-1314</td>
<td>(Fast Food)</td>
<td>265 S. Main St., Oberlin</td>
</tr>
<tr>
<td>Pappy Bob’s BBQ</td>
<td>440-775-4227</td>
<td>(Barbecue)</td>
<td>14858 OH-Route 58, Oberlin</td>
</tr>
<tr>
<td>Red Chinese Bistro</td>
<td>440-774-2988</td>
<td>(Chinese Food)</td>
<td>27 W. College St., Oberlin</td>
</tr>
<tr>
<td>Slow Train Café</td>
<td>440-774-7570</td>
<td>(Coffee, Pastries, &amp; Sandwiches)</td>
<td>55 East College St., Oberlin</td>
</tr>
<tr>
<td>Sterk’s of Oberlin</td>
<td>440-775-0020</td>
<td>(Lunch &amp; Dinner)</td>
<td>580 W. Lorain St., Oberlin</td>
</tr>
<tr>
<td>Subway</td>
<td>440-774-7827</td>
<td>(Sandwiches &amp; Salads)</td>
<td>18 S. Main St., Oberlin</td>
</tr>
<tr>
<td>Weia-Teia</td>
<td>440-774-8880</td>
<td>(Cuisine with an Asian flair)</td>
<td>9 S. Main St., Oberlin</td>
</tr>
<tr>
<td>Wild Mango</td>
<td>440-774-8880</td>
<td>(Asian Fusion)</td>
<td>9 South Main St., Oberlin</td>
</tr>
</tbody>
</table>
Directions to the Philips Physical Education Center

From Cleveland-Hopkins International Airport
Follow the signs for I-480 West, and then use the directions to Oberlin from the east on I-480 (see below).

From the East on I-80
Take I-80 West to exit 152 (N. Olmsted/Cleveland interchange). Go west on Ohio Route 10. Route 10 becomes U.S. Route 20. The Oberlin exit (Ohio Route 511 heading west) takes you into town. Turn right on to Woodland Street, which will end in a parking lot adjacent to the Philips Physical Education Center.

From the East on I-90
Take I-90 West to I-271 South (express or local) to I-480 West. Follow I-480 west to the Oberlin/Norwalk Exit for Ohio Route 10 (exit is to the left). Route 10 becomes U.S. Route 20. The Oberlin exit (Ohio Route 511 heading west) takes you into town. Turn right on to Woodland Street, which will end in a parking lot adjacent to the Philips Physical Education Center.

From the East on I-480
Follow I-480 West to the Oberlin/Norwalk Exit for Ohio Route 10 (exit is to the left). Route 10 becomes U.S. Route 20. The Oberlin exit (Ohio Route 511 heading west) takes you into town. Turn right on to Woodland Street, which will end in a parking lot adjacent to the Philips Physical Education Center.

From the West
Take I-80/90 to exit 135 (Vermilion Interchange). Turn south (right) on Baumhart Road (Lorain County Route 51). At Ohio Route 511 (flashing light) turn east (left) on Route 511 and follow it into town. Turn left on to Woodland Street, which will end in a parking lot adjacent to the Philips Physical Education Center.

From the South
Take I-71 North to the U.S. Route 250 Ashland/Wooster exit 186. Go east (right) on Route 250 to Ohio Route 89. Go north (left) on Route 89 (towards Polk, at bottom of big hill) two miles after exiting I-71. Ohio Route 58 joins Route 89. Continue on Route 58 North to Oberlin. Once in Oberlin, turn left at the intersection of Route 58 and Lorain Street (Ohio Route 511). Turn right on to Woodland Street, which will end in a parking lot adjacent to the Philips Physical Education Center.
Facilities

**Jesse Philips Physical Education Center**
The Jesse Philips Physical Education Center is a 115,000 square-foot facility. Its gymnasia are used for basketball, volleyball, and intramural and other recreational activities. Other facilities in Philips include: the Robert Carr Pool; climbing wall; weight rooms; and six racquetball and eight squash courts, two of which are set up for table tennis and one for indoor golf practice. Oberlin’s extensive outdoor athletics facilities also include 23 playing and practice fields, a 1.25-mile fitness trail, and 12 tennis courts.

**John W. Heisman Club Field House**
The John W. Heisman Club Field House is located in the far west end of the Philips complex. It includes an indoor track with six 200-meter lanes and four standard-sized indoor tennis courts.

**Austin E. Knowlton Stadium and Bailey Field**
Opened in 2014, The Knowlton Stadium and Bailey Field complex is a 3,000 seat outdoor arena which hosts numerous Oberlin athletic competitions, from football, field hockey, lacrosse, soccer and some club sport and intramural events.

**Robert Carr Pool (under construction)**
The Robert Carr Pool, located in the Philips Center, consists of six 25-yard lanes, plus a diving well with 1- and 3-meter springboards. It may be entered through both the men’s and women’s locker rooms.

**Robert Kahn Track and Fred Shults Field**
This outdoor facility, which includes an eight-lane state-of-the-art running track and a soccer and lacrosse field.

**Williams Field House**
Williams Field House, with its recently updated indoor turf, provides a weatherproof practice space for various varsity sports teams and club sports.

**Dill Field**
Dill Field is the home of the Oberlin College baseball team. The field has a turf infield, new backstop, and stadium seating as well as an outdoor batting cage adjacent to the field and has your typical college dimensions. A variety of teams use the facility during the summer and fall months.

**Culhane Field**
Culhane Field is the home of the Oberlin College softball team. The field has an outdoor batting cage adjacent to the field.
Makes you and your smart phone even smarter

- Free Mobile Banking—View account balances, transaction history, pay bills and transfer funds between OECU accounts using most browser enabled mobile devices
- Free Text Banking—Quick access to account balances and recent transactions using most text compatible phones
- Free Home Banking—Your personal and always-open online OECU office
- Free Bill Pay—Takes the worry out of missing payments
- Free access to FinanceWorks™—The ultimate way to manage your money conveniently and securely online
- No minimum balance, monthly fees or check processing costs
- Pay using an OECU Visa® Check Card—At stores, restaurants or any merchant that displays the VISA emblem
- Free initial supply of 150 OECU logo checks—Discounts available on subsequent orders

Students, family and alumni—you’re eligible!

To see how Real Everyday Checking with Mobile and Text banking can make you and your smart phone even smarter, speak with an OECU Member Service Representative.

Building your financial future

THE OHIO EDUCATIONAL CREDIT UNION

Oberlin (440) 775-0037
Lakewood (216) 221-3800
Cleveland (216) 621-6296 or (800) 552-6328
Lyndhurst (216) 382-1800
Zanesville (740) 453-1009 or (800) 686-0664

Access to more than 4000 locations and over 13,800 surcharge-free ATMs throughout the country

www.ohioedcu.com

* Some restrictions may apply. Speak with an OECU Member Service Representative for complete details.