UNIVERSITY OF VICTORIA

FIELD HOCKEY VISITING TEAM GUIDE
2017-2018

ATHLETICS AND RECREATION
PO BOX 1700 STN CSC
VICTORIA, BC
V8W 2Y2

Phone: (250) 472-4000
Fax: (250) 721-8956
FACILITIES
Locker rooms are located at the Centre for Athletics, Recreation & Special Abilities (CARSA) which is accessible by Vikes Way and Gabriola Rd (please see map below). Please check in with our Membership Services Counter staff in the main lobby for locker room access. Our event and facility staff will direct you to the locker rooms which will also be labelled.

TICKETS
Game day tickets are available at the CARSA Membership Services Counter and online at www.govikesgo.com/tickets. Adult $8, Senior/Other Student/Alumni $7.00, Children 3-12 $6.00, Children 2 & under FREE. Please note all paid tickets are subject to a $1.00 service fee.

CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Vikes Staff</th>
<th>Name</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director</td>
<td>Clint Hamilton</td>
<td>250.721.6519</td>
<td><a href="mailto:clinth@uvic.ca">clinth@uvic.ca</a></td>
</tr>
<tr>
<td>Associate Director, Spot</td>
<td>James Keogh</td>
<td>250.721.8411</td>
<td><a href="mailto:jkeogh@uvic.ca">jkeogh@uvic.ca</a></td>
</tr>
<tr>
<td>Communications Officer</td>
<td>Ali Baggott</td>
<td>250.418.5633</td>
<td><a href="mailto:vikes@uvic.ca">vikes@uvic.ca</a></td>
</tr>
<tr>
<td>Coordinator, Vikes Events</td>
<td>Marlena Stubbings</td>
<td>250.721.8414</td>
<td><a href="mailto:athevent@uvic.ca">athevent@uvic.ca</a></td>
</tr>
<tr>
<td>Athletic Therapist</td>
<td>Traci Vander Byl</td>
<td>250.721.6130</td>
<td><a href="mailto:vikesat@uvic.ca">vikesat@uvic.ca</a></td>
</tr>
<tr>
<td>Women’s Head Coach</td>
<td>Lynne Beecroft</td>
<td>250.721.8422</td>
<td><a href="mailto:beecroft@uvic.ca">beecroft@uvic.ca</a></td>
</tr>
<tr>
<td>Women’s Assistant Coach</td>
<td>Krista Thompson</td>
<td>250-721-8422</td>
<td><a href="mailto:kristat@uvic.ca">kristat@uvic.ca</a></td>
</tr>
<tr>
<td>Men’s Head Coach</td>
<td>Derrick Norton</td>
<td>250-893-5248</td>
<td><a href="mailto:dnorton@uvic.ca">dnorton@uvic.ca</a></td>
</tr>
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Emergency Numbers
UVic Campus Security Emergency 250.721.7599
UVic Health Services 250.721.8492
Emergency Services/Paramedics 911

DIRECTIONS TO GAME SITES

From Vancouver to UVic: If you are coming from Vancouver, drive to the BC Ferries terminal in Tsawwassen which is about a one hour drive from downtown Vancouver. Ferries generally leave every odd hour beginning at 7:00am until 9:00pm. Please check the BC Ferries website BC Ferries to view the current schedule and to make a reservation. Be sure to arrive at the terminal early—at least 30 minutes before the scheduled sailing time, and even earlier during busy periods. The ferry takes one hour and 35 minutes to cross from Tsawwassen to Swartz Bay on Vancouver Island, and an additional 15 minutes to offload.

As you exit the terminal, you will be traveling on the Pat Bay Highway (Highway 17) towards the city of Victoria. The drive to UVic should take about 40-50 minutes depending on traffic. After about 10-15 minutes on the Pat Bay highway, you will pass Elk and Beaver Lakes on your right. About 5 minutes further along, you will come to the University of Victoria/ McKenzie Avenue exit. Stay in the right lane to access the off-ramp; then keep to the left-hand side of the exit lane. Turn left onto McKenzie Avenue. Once on McKenzie Ave, you will go through 12 traffic lights. Parking is available in Lots #2, and #3 (Parkade or gravel off of Vikes Way)—please see the map below.
**From Victoria International Airport:** The Victoria International Airport is located along Highway 17, about 30-40 minutes north of the university. For more information about flights, transport options, and services, visit the Victoria International Airport website [Victoria Airport](#). When leaving the airport, follow the signs to Victoria. Just outside the airport, you will turn onto Highway 17. From there, follow the directions above to the UVic campus.

**UVic Campus:**
For more information on campus routes, please visit our website: [http://www.uvic.ca/search/browse/maps.php](http://www.uvic.ca/search/browse/maps.php)

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**LOCKER ROOM CONDUCT**
We appreciate you leaving the locker areas as clean as you found them and we ask that teams dispose of all garbage and recycling in the bins provided. Alcohol is prohibited in our facilities and locker rooms.

The field hockey pitch is located next to CARSA
PARKING
Parking is available in Lots #3, McKenzie Avenue Parkade or gravel lot, and #2 on the map above. The ticketing machine accepts quarters, $1 coins, $2 coins, Visa and Mastercard. The cost is $1.50/hour to a maximum of $8.00/day. This will let you park in any of the General Parking areas indicated by blue signs. There is a $3.00 charge for parking after 6pm-11:59pm on weekdays. Parking on Saturday is $3.00 for the entire day. Parking is free on Sundays and statutory holidays. **Note your license plate information is required to begin your parking transaction.**

Large Team Buses:
Parking for large team buses can be arranged in advance with the Athletics Clerk, Gail Milliken, gmillike@uvic.ca or 250-721-8409.

MEDIA ACCREDITATION
For teams with media or photographers accompanying them, please contact Ali Baggott, Communications Officer: 250-418-5633, vicvikes@uvic.ca to arrange for accreditation and hook-ups.

HOST HOTEL INFORMATION
Best Western Carlton Plaza Hotel
642 Johnson Street
Victoria, BC V8W 1M6

Contact: Manami Watson – Sales Assistant
Phone: (250) 413-2193 or toll free 1-800-663-7241 Email: manami@bestwesterncarlton.com
Fax: (250) 388-5343 Room rates: from $91.00/night

VEHICLE RENTAL INFORMATION
Budget Car & Truck Rental
Phone: 1-800-668-9833 or 250-953-5202
Fax: 250-953-5280
E-mail: reserve@budgetvictoria.com
Website: www.budgetvictoria.com
Rate: Please contact Budget Car & Truck Rental directly for current rates

Wilson’s Transportation
Phone: 1-800-567-3288 or 250-475-3235
Fax: 250-475-2911
E-mail: wilsonstransportation@shawcable.com
Website: www.wilsonstransportation.com
Rate: 15 passenger vans, mini-buses, school buses and coach buses available
Please contact Wilson’s directly for current rates