

April 30 - May 2, 2015 • Messiah College • Grantham, Pa.



Albright College • Alvernia University • Delaware Valley University • DeSales University
Hood College • Lebanon Valley College • Manhattanville College • Messiah College
Misericordia University • Stevenson University • Widener University

2015 MAC OUTDOOR TRACK & FIELD CHAMPIONSHIPS

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ABOUT THE MAC

Founded on December 11, 1912, the Middle Atlantic Conferences, commonly known as the MAC, is one of the oldest intercollegiate athletics associations in the United States. The first conference competition occurred on May 20, 1913 with a track & field meet at Lafayette College. Since then, 59 institutions have competed in 25 sports and won 36 NCAA team championships. The MAC has evolved into the only NCAA umbrella organization of three conferences - Commonwealth, Freedom, and Middle Atlantic. Currently 17 Division III schools, spanning four states, have over 6,500 student-athletes competing in 24 sports for 37 conference championships. Member schools are: Albright College, Alvernia University, Arcadia University, Delaware Valley College, DeSales University, Eastern University, Fairleigh Dickinson University - The College at Florham, Hood College, King's College, Lebanon Valley College, Lycoming College, Manhattanville College, Messiah College, Misericordia University, Stevenson University, Widener University, and Wilkes University.

NCAA DIVISION III

Follow Your Passions and Discover Your Potential. The college experience is a time of learning and growth - a chance to follow passions and develop potential. For student-athletes in Division III, all of this happens most importantly in the classroom and through earning an academic degree. The Division III experience provides for passionate participation in a competitive athletic environment, in which student-athletes push themselves to excellence and build upon their academic success with new challenges and life skills. And student-athletes are encouraged to pursue their full passions and find their potential through a comprehensive educational experience.

MAC CODE OF CONDUCT

We expect conduct that exemplifies the best traditions of intercollegiate athletics. Coaches and student-athletes abide by the spirit and letter of the sport playing rules and are gracious in both victory and defeat. Competition is conducted in a nondiscriminatory manner that encourages enthusiastic, positive support of the participants and teams by all spectators. Profanity; sexist, ethnic, or racial comments; or, other intimidating actions will not be tolerated. Consumption or possession of alcoholic beverages and tobacco products is prohibited. We are responsible for providing the visitors with an environment that would meet our expectations if the roles were reversed. This is our home; please treat it as you would your own.

MESSAGE FROM THE EXECUTIVE DIRECTOR

On behalf of the Middle Atlantic Conference, I welcome the student-athletes, coaches, families, and fans to the 2015 Middle Atlantic Conference Outdoor Track & Field Championships. Special thanks to Messiah College for providing a great venue for this event. It is my hope that everyone in attendance at this year's championship is influenced by the effort and determination of our conference's student-athletes. Let us support these student-athletes in a positive manner. On behalf of the MAC, I thank you for your support of our Outdoor Track & Field Championships.

Sincerely,
KENNETH W. ANDREWS
MAC Executive Director

We extend a special thank you to all of those individuals that help make this championship a reality and a success.

MAC OFFICE STAFF

Ken Andrews, Executive Director
Marie Stroman, Associate Executive Director
Jonathan Hower, Director of Media Relations

MAC TRACK & FIELD COMMITTEE

Vince Touey, Widener [Chair]
Dale Fogelsanger, Messiah
Chris Wadas, Misericordia
Al Weiner, DeSales

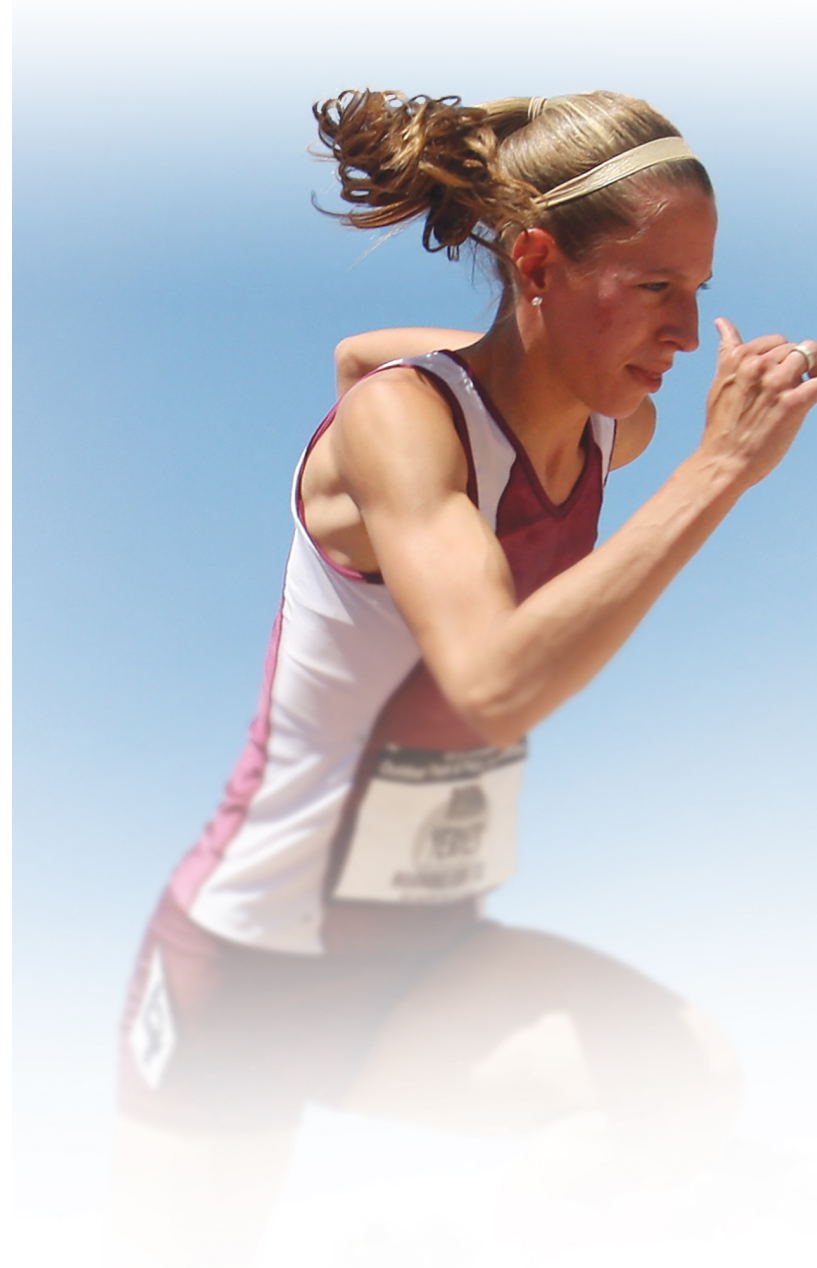
CENTRAL PENN TRACK & FIELD OFFICIALS

MAC FAT TIMING STAFF

Jim Ellingsworth
Dave Roberts

MESSIAH ATHLETIC DEPARTMENT STAFF

MESSIAH ATHLETIC TRAINING STAFF



DISTINCTLY DIVISION III

DISCOVER

40 percent of NCAA® member schools sponsor athletics programs in Division III – the largest division in college sports.

DEVELOP

Division III schools average **412 student-athletes**, who account for **21 percent** of the student body.

DEDICATE

Approximately **18,000 student-athletes** compete annually in NCAA Division III championships.



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2015 MAC QUALIFYING STANDARDS AND RECORDS

MEN

EVENT	MAC QUALIFIER	MAC RECORD	YEAR	STUDENT-ATHLETE • SCHOOL
100m Dash	11.74	10.60	2007	Ozzie Brown • Moravian
110m Hurdles	16.74	14.38	2007	Ozzie Brown • Moravian
200m Dash	23.74	21.34	2000	Tony Brown • Widener
400m Dash	53.74	47.02	1983	Dave German • Susquehanna
400m Hurdles	1:00.24	52.18	1988	Cal Williams • Dickinson
800m Run	2:04.24	1:51.15	2009	Patrick Roach • Messiah
1500m Run	4:18.24	3:45.68	1983	Kevin Foley • Haverford
3000m Steeplechase	10:50.24	9:09.13	1983	Matt Leighninger • Haverford
5000m Run	16:15.24	14:27.83	1991	Seamus McElligott • Haverford
10,000m Run	36:00.24	30:16.14	2005	Macharia Yuot • Widener
4x100m Relay	Open	41.70	2014	Widener
4x400m Relay	Open	3:15.62	1982	Delaware Valley
4x800m Relay	Open	7:41.21	2012	Elizabethtown
Shot Put	11.58m / 38'	17.04m / 55' 11"	2014	Trevor Stutzman • Messiah
Discus Throw	35.05m / 115'	51.69m / 169' 7"	1973	Knut Hjeltness • Western Maryland
Javelin Throw	45.72m / 150'	68.91m / 226' 1"	2002	Matt Deamer • Susquehanna
Hammer Throw	32.00m / 105'	65.10m / 213' 7"	2014	Tyler Williams • Widener
Pole Vault	3.90m / 12' 9.5"	4.90m / 16' 0.75"	2006	Kevin Clark • Elizabethtown
High Jump	1.78m / 5' 10"	2.08m / 6' 10"	2001	Chris Boyles • Messiah
Long Jump	5.79m / 19'	7.39m / 24' 3"	1989	Dan Reichembach • Moravian
Triple Jump	11.58m / 38'	15.28m / 50' 1.5"	1975	Mike Williams • Widener
Decathlon	Participate in all events prior	6,357 points	2014	Brian Layng • Elizabethtown

WOMEN

EVENT	MAC QUALIFIER	MAC RECORD	YEAR	STUDENT-ATHLETE • SCHOOL
100m Dash	14.14	12.04	2013	Danisha Higgs • Albright
100m Hurdles	18.74	14.14	2009	Kristen Bates • Messiah
200m Dash	29.14	24.69	2013	Danisha Higgs • Albright
400m Dash	1:07.24	56.06	2014	Amy Viti • Misericordia
400m Hurdles	1:20.24	1:01.85	2007	Emily Lepley • Susquehanna
800m Run	2:39.24	2:13.82	2014	Cynthia Adams • Lebanon Valley
1500m Run	5:35.24	4:35.64	2014	Cynthia Adams • Lebanon Valley
3000m Steeplechase	13:45.24	11:22.16	2010	Megan VanDenHengel • Elizabethtown
5000m Run	20:39.24	17:20.87	1994	Carla Thomas • Moravian
10,000m Run	46:00.24	37:01.42	2009	Amanda Daws • Elizabethtown
4x100m Relay	Open	48.20	2007	Moravian
4x400m Relay	Open	3:53.40	2014	Misericordia
4x800m Relay	Open	9:16.48	2014	Lebanon Valley
Shot Put	9.14m / 9' 11.75"	14.31m / 46' 11.5"	2003	Christina Scherwin • Moravian
Discus Throw	28.96m / 95' 0.25"	43.28m / 142'	1998	Ann Musser • Lebanon Valley
Javelin Throw	37.43m / 122' 9.5"	50.19m / 164' 8"	2002	Christina Scherwin • Moravian
Hammer Throw	25.90m / 84' 11.75"	46.43m / 152' 4"	2014	Rachel Heisler • Widener
Pole Vault	2.67m / 8' 9"	3.7m / 12' 1.5"	2013	Melissa Fellenbaum • Alvernia
High Jump	1.42m / 4' 8"	1.76m / 5' 7.75"	2014	Ashlee Ward • Misericordia
Long Jump	4.42m / 14' 6"	5.64m / 18' 6"	1996	Janine Shirk • Messiah
Triple Jump	9.45m / 31'	11.83m / 38' 9.75"	2008	Kristen Bates • Messiah
Heptathlon	Participate in all events prior	4,244 points	2012	Alexis Maylor • Delaware Valley

2014 MAC OUTDOOR TRACK & FIELD CHAMPIONSHIP RESULTS

MEN'S CHAMPIONS

100 METER DASH

10.76 Devonte Williams • Stevenson

110 METER HURDLES

15.11 Nicholas White • Messiah

200 METER DASH

21.51 Devonte Williams • Stevenson

400 METER DASH

48.52 Andrew Nelson • Misericordia

400 METER HURDLES

53.86 Anthony Clayton • Widener

800 METER RUN

1:55.53 Matt Rever • Elizabethtown

1500 METER RUN

3:53.92 Chris Garrity • Widener

3,000 METER STEEPLECHASE

9:11.54 Chris Garrity • Widener

5,000 METER RUN

15:07.84 Will McDermott • Widener

10,00 METER RUN

32:26.70 Seamus McCullough • Widener

4X100 METER RELAY

41.70 Widener
Ameer Sorrell, Ethan Schmalhofer,
Jonathan Blake, Gavin Colley

4X400 METER RELAY

3:19.96 Widener
Honorio Freeland, Will Betts,
Alex Flores, Tyler Schmalhofer

4X800 METER RELAY

7:46.72 Elizabethtown
Sam Brookes, Jon Anderson,
Michael Twist, Matt Rever

SHOT PUT

17.04m 55' 11" Trevor Stutzman • Messiah

DISCUS THROW

51.27m 168' 2" Trevor Stutzman • Messiah

JAVELIN THROW

56.01m 183' 9" Matthew Miller • Messiah

HAMMER THROW

65.10m 213' 7" Tyler Williams • Widener

POLE VAULT

4.65m 15' 3" Dennis Nguyen • Widener

HIGH JUMP

1.93m 6' 4" Max Mahan • Elizabethtown

LONG JUMP

6.84m 22' 5.25" Ameer Sorrell • Widener

TRIPLE JUMP

14.18m 46' 6.25" Ameer Sorrell • Widener

DECATHLON

6,357 points Brian Layng • Elizabethtown

WOMEN'S CHAMPIONS

100 METER DASH

12.08 Danisha Higgs • Albright

100 METER HURDLES

14.56 Hilari Norris • Misericordia

200 METER DASH

25.03 Danisha Higgs • Albright

400 METER DASH

56.06 Amy Viti • Misericordia

400 METER HURDLES

1:03.15 Liz Martin • Messiah

800 METER RUN

2:13.82 Cynthia Adams • Lebanon Valley

1500 METER RUN

4:35.64 Cynthia Adams • Lebanon Valley

3,000 METER STEEPLECHASE

11:48.85 Megan Tursi • Elizabethtown

5,000 METER RUN

17:39.35 Jessica Curry • DeSales

10,00 METER RUN

38:35.34 Traci Tempone • Elizabethtown

4X100 METER RELAY

48.42 Misericordia
Sarah Downer, Hilari Norris,
Kelsey O'Donnell, Stacey Perrins

4X400 METER RELAY

3:53.40 Misericordia
Mary Fairchild, Stacey Perrins,
Kelty Fairchild, Amy Viti

4X800 METER RELAY

9:16.48 Lebanon Valley
Lauren Decker, Kelsey Patrick,
Dana Stockdale, Cynthia Adams

SHOT PUT

13.76m 45' 1.75" Erica Szpynda • Widener

DISCUS THROW

40.22m 131' 11" Erica Szpynda • Widener

JAVELIN THROW

39.95m 131' 1" Casey Meier • Elizabethtown

HAMMER THROW

46.43m 152' 4" Rachel Heisler • Widener

POLE VAULT

3.42m 11' 2.5" Monica Loranger • Elizabethtown

HIGH JUMP

1.72m 5' 7.75" Ashlee Ward • Misericordia

LONG JUMP

5.31m 17' 5.25" Alexis Maylor • Delaware Valley

TRIPLE JUMP

11.11m 36' 5.5" Marie Johnson • Messiah

HEPTATHLON

4,123 points Alexis Maylor • Delaware Valley

MEN'S TEAM STANDINGS

FINISH	POINTS	TEAM
1.	323	Widener
2.	111	Messiah
3.	95	Lebanon Valley
4.	90	Elizabethtown
5.	67	DeSales
6.	41	Misericordia
7.	32	Stevenson
8.	31	Albright
9.	22	Alvernia
10.	18	Delaware Valley
11.	16	Manhattanville
12.	9	Hood

WOMEN'S TEAM STANDINGS

FINISH	POINTS	TEAM
1.	153	Elizabethtown
2.	143	Lebanon Valley
3.	142	Misericordia
4.	104	Messiah
5.	90	DeSales
6.	73.5	Widener
7.	38	Hood
8.	35.5	Alvernia
9.	25	Manhattanville
10.	24	Albright
11.	23	Delaware Valley
12.	4	Stevenson

SPECIAL AWARDS

ROOKIES OF THE YEAR

Men Devonte Williams • Stevenson
Women Marie Johnson • Messiah

FIELD EVENT ATHLETES OF THE YEAR

Men Trevor Stutzman • Messiah
Tyler Williams • Widener
Women Alexis Maylor • Delaware Valley

TRACK ATHLETES OF THE YEAR

Men Chris Garrity • Widener
Women Cynthia Adams • Lebanon Valley

COACHES OF THE YEAR

Men Vince Touey • Widener
Women Joel Hoffsmith • Elizabethtown

MEN'S TEAM ROSTERS

ALBRIGHT COLLEGE LIONS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Richie Amarante	So.	Bronx, N.Y. • Hyde Leadership
Matthew Azzaro	Fr.	Baltimore, Md. • Loyola Blakefield
Jonathan Bieber	Fr.	Birdsboro, Pa. • Exeter
Russell Cramer	Fr.	Stroudsburg, Pa. • Stroudsburg
Zackary Daly	Fr.	Long Island, N.Y. • Longwood
Oumar Diawara	Jr.	Philadelphia, Pa. • Boys Latin
Jacob Dickinson	So.	Dalton, Pa. • Scranton Prep
Xavier Gonzalez	Jr.	Allentown, Pa. • Louis E. Dieruff
Jermaine Grey	Sr.	Brooklyn, N.Y. • George Washington
Muhammad Haras	So.	Montvale, N.J. • Pascack Hills
Joshua Keener	Fr.	Tulpehocken, Pa. • Tulpehocken
Colby Kutz	Jr.	Reading, Pa. • Holy Name
Oinye McKinzie	Sr.	New Castle, Del. • Christiana
Travis Napier	Fr.	Northfield, N.J. • Mainland Regional
Jonathan Pulley	Sr.	Hamilton, N.J. • Hamilton East
Rob Raison	Sr.	Bensalem, Pa. • Warminster
Dwayne Randall	Jr.	Frederick, Md. • Liganore
Ja'Von Rankin	Fr.	Vineland, N.J. • St. Joseph's
Tymeer Roberts	So.	Camden, N.J. • Lindenwald
Alexander Robles	So.	Reading, Pa. • Reading
Gregory Shelton	Sr.	Wilmington, Del. • Concord
Naeem Smith	Sr.	Hillside, N.J. • Hillside
Malik Sylla	Fr.	Philadelphia, Pa. • Carver
Trey Thatcher	So.	Easton, Pa. • Haddon Township
Trent Thorne	So.	Clementon, N.J. • Highland Regional
Kevin Waller	So.	Philadelphia, Pa. • Simon Gratz

Deneen Ebling	Head Coach
Anthony Skiles	Assistant Coach
Barry Stebbins	Assistant Coach
Bryan Marison	Assistant Coach

ALVERNIA UNIVERSITY CRUSADERS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Corey Allegrucci	Fr.	Moscow, Pa. • North Pocono
Corey Allegrucci	Fr.	Moscow, Pa. • North Pocono
Seth Bellott	So.	Mohnton, Pa. • Governor Mifflin
Kahlil Bennett	Fr.	Old Bridge, N.J. • Old Bridge
Thomas Bialek	So.	Wyomissing, Pa. • Wyomissing
Edward Cadman	Sr.	Whitehall, Pa. • Allentown Central Catholic
Jeremiah Clinchoc	Jr.	DuBois, Pa. • DuBois Area
Brian Elliott	Jr.	Newark, Del. • Hodgson Vo-Tech
Peter Hamati-Attiah	So.	Allentown, Pa. • Allentown Central Catholic
Cody Hughes	Sr.	Birdsboro, Pa. • Twin Valley
Christopher Lockhart	So.	Wyomissing, Pa. • Wilson
Peter MacNamee	Sr.	Dublin, Pa. • Pennridge
Andrew Martin	Sr.	Thornton, Pa. • Garnet Valley
Jaree Reid	Fr.	-
Frederick Riccio	Fr.	-
Zachary Seaman	So.	Wyomissing, Pa. • Wyomissing
Joshua Streeter	Sr.	Paoli, Pa. • Great Valley
Nicholas Sturm	Fr.	Hamburg, Pa. • Hamburg
Rodre Tomlinson	Jr.	Swarthmore, Pa. • Strath Haven
Jamie Valdez	Fr.	-
Bronson Whitt	Jr.	Philadelphia, Pa. • Northeast
Brandon Young	Sr.	Baltimore, Md. • Loyola Blakefield

Eric Bennett	Head Coach
Neal Fox	Assistant Coach • Sprints/Hurdles
Peter Schaefer	Assistant Coach • Middle Distance
Ty Smith	Assistant Coach • Throws
Joe McCool	Assistant Coach • Distance
Allie Whitesel	Assistant Coach • Sprints/Hurdles
Melissa Fellenbaum	Assistant Coach • Pole Vault

DELAWARE VALLEY UNIVERSITY AGGIES

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
JDakota Atley	So.	Townsend, Del. • Hodgson Vo-Tech
Sam Baldasari	Sr.	Perkasie, Pa. • Lansdale Catholic
John Bernard	Fr.	Mays Landing, N.J. • Oakcrest
Jonathan Bradshaw	Fr.	Willingboro, N.J. • BCIT-Medford
Quinton Bryant	Sr.	Levittown, Pa. • Harry S. Truman
Shane Bush	So.	Atlantic City, N.J. • Oakcrest
Lorin Butler	Fr.	Camp Hill, Pa. • Susquehanna Township
Brian Carter	Sr.	Philadelphia, Pa. • George Washington
Sam Cullen	Jr.	Glenolden, Pa. • Monsignor Bonner
Jason Doll	Jr.	Boalsburg, Pa. • State College
Kaisean Freedman	Fr.	New York, N.Y. • Milton Hershey
Amani Fuller-Williams	Fr.	Philadelphia, Pa. • Mastery Charter
Alex Habernern	So.	Slatedale, Pa. • Northern Lehigh
Patrick Hastings	Sr.	Staten Island, N.Y. • Monsignor Farrell
Amir Johnson	Fr.	Philadelphia, Pa. • Imhotep
Tre' Jones	Fr.	Ewing, N.J. • Ewing
Kris Kline	Fr.	Mohnton, Pa. • Governor Mifflin
Mike Lentine	So.	Hampton, N.J. • Voorhees
Charles Logue	Sr.	Bernardsville, N.J. • Bernards
Brandon Roberson	Fr.	Mays Landing, N.J. • Oakcrest
Leo Shinohara	Fr.	Ramsey, N.J. • Ramsey
Ta'riq Thomas	Fr.	Woodstown, N.J. • Woodstown

Felix Moreno	Head Coach
Warren Robertson	Assistant Coach
Joe Dyas	Assistant Coach

DESALES UNIVERSITY BULLDOGS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Rob Amoroso	So.	Flanders, N.J. • Mount Olive
Ed Ashton	Jr.	Media, Pa. • Penncrest
Austin Bartholomew	So.	Bethlehem, Pa. • Salisbury
John Bayeux	Sr.	Basking Ridge, N.J. • Ridge
Dylan Bonge	So.	Allentown, Pa. • Salisbury
Patrick Collins	So.	Pitman, N.J. • Pitman
David Connolly	Fr.	Summit, N.J. • Summit
Matt Cummings	So.	Oak Ridge, N.J. • West Milford
Kevin Drastura	Jr.	Linden, N.J. • Roselle Catholic
Sean Dusz	Jr.	Schwenksville, Pa. • Souderton
William Edwards	So.	Shiremanstown, Pa. • Trinity
James Evans	Fr.	Lambertville, N.J. • South Hunterdon
JC Falcon	Fr.	Whitehall, Pa. • Whitehall
Billy Foster	Fr.	South River, N.J. • Bishop George Ahr
Dalton Friend	Fr.	Rock Tavern, N.Y. • Don Bosco Prep
Julien Guitau	Fr.	Freemansburg, Pa. • Liberty
Braheem Ingalls	Jr.	Woodlynne, N.J. • Collingswood
Nick Jara	Fr.	Warminster, Pa. • William Tennent
Robert Jones	Fr.	Maple Shade, N.J. • Maple Shade
Bradley Kilheeneey	So.	North Brunswick, N.J. • North Brunswick
Justin Kulhamer	Sr.	Northampton, Pa. • Northampton
Thomas Lang	Fr.	Hi-Nella, N.J. • Paul VI
Rob Lawler	Jr.	Middlesex, N.J. • St. Joseph
Chris Lisi	So.	Flemington, N.J. • Hunterdon Central
Nick Medway	Fr.	Cedar Knolls, Pa. • Whippany Park
Christian Mendez	Fr.	Fair Lawn, N.J. • Fair Lawn
Connor Metzger	Fr.	Williamsport, Pa. • Williamsport
Mike Michell	Jr.	White Plains, N.Y. • White Plains
Ethan Motsney	So.	Ashland, Pa. • North Schuylkill
Lee Orzol	Sr.	Hamilton, N.J. • Notre Dame
Scott Rennalls	Jr.	Budd Lake, N.J. • Mount Olive
Mark Sabol	Fr.	Minersville, Pa. • Nativity BVM
Ryan Schwarz	Fr.	Huntingdon Valley, Pa. • Lower Moreland
Anthony Stienmire	Fr.	Allentown, Pa. • Notre Dame
Steve Van Doran	Sr.	Goshen, N.Y. • Goshen

Al Weiner	Head Coach
Chris Mateer	Graduate Assistant
Scott Karwacki	Assistant Coach • Distance
Andrzej Wasik	Assistant Coach • Sprints/Hurdles
Mariusz Wittbrodt	Assistant Coach • Throws
Dan Wessner	Assistant Coach • Jumps/Pole Vault
Joe Webster	Assistant Coach • Sprints
Jack Tarpey	Assistant Coach • Mid-Distance

MEN'S TEAM ROSTERS

HOOD COLLEGE BLAZERS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Kyle Bulgarelli	Fr.	York, Pa. • York Suburban
Kevin Cestero	Fr.	Brunswick, Md. • Brunswick
Justin Cifuentes	Sr.	Teaneck, N.J. • Teaneck
Andrew Drum	Sr.	Middletown, Md. • Middletown
Austin Hager-Perry	So.	Williamsport, Md. • Williamsport
Zachary Helms	Fr.	Frederick, Md. • Tuscarora
Thomas Marino	Jr.	Easton, Pa. • Easton
Jeremiah Ratliff	So.	Kent, Wash. • Kent Meridian
Raymond Rivera	Jr.	Frederick, Md. • Frederick
Josh Sexton	So.	Mesa, Ariz. • Mesa
Nick Slawson	Sr.	Mesa, Ariz. • Mesa
R.J. Tucker	Fr.	Thurmont, Md. • Catoclin
Todd Welch	Sr.	Gwynn Oak, Md. • Western Tech
Derrick Wood	So.	Glen Burnie, Md. • Northeast
Dylan Wood	So.	Glen Burnie, Md. • Northeast

Brent Ayer	Head Coach
Jack Griffin	Assistant Coach
Brett Shelley	Assistant Coach
Sophie Grizzle	Assistant Coach

LEBANON VALLEY COLLEGE DUTCHMEN

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Noe Aguilar	Jr.	Biglerville, Pa. • Biglerville
Drice Bahajak	Fr.	Middletown, Pa. • Middletown
Joe Bennett	Sr.	Teaneck, N.J. • Passaic County Tech Institute
Chad Bomgardner	Fr.	Lebanon, Pa. • Cedar Crest
Ian Brown	So.	Grove City, Pa. • Grove City
Stephen Chappell	Jr.	Chalfont, Pa. • Central Bucks South
Kyle Fronk	Sr.	Thompstontown, Pa. • Greenwood
Michael Gang	Fr.	Glen Ridge, N.J. • Glen Ridge
Andrew Goelz	Sr.	Brick, N.J. • Brick Township
Terrence Habiaryame	So.	Hummelstown, Pa. • Central Dauphin
Michael Harnish	Sr.	Myerstown, Pa. • ELCO
Bradley Hartman	So.	Myerstown, Pa. • ELCO
Kevin Johnson	So.	Randolph, N.J. • Randolph
Jon Jones	Fr.	Plant City, Fla. • Brandon
Corey Keen	Fr.	Wilkes-Barre, Pa. • James M. Coughlin
Bryan Kukulski	Fr.	Langhorne, Pa. • Notre Dame
Cody Lloyd	Jr.	Lebanon, Pa. • Cedar Crest
Ian McGinnis	So.	Burnham, Pa. • Mifflin County
Brandon McMinn	Fr.	Hanover, Pa. • South Western
Jermaine McQueen	So.	Philadelphia, Pa. • Milton Hershey
Ja'von Nelson	Fr.	Tampa, Fla. • Middleton
Reid Pavlik	Jr.	Manheim, Pa. • Manheim
Ibsen Powers	So.	Ephrata, Pa. • Ephrata
Mike Pugh	Sr.	Hanover, Pa. • South Western
Jonathan Riley	Sr.	Aberdeen, N.J. • Matawan
Bradee Ruhl	Jr.	Mifflinburg, Pa. • Mifflinburg Area
John Salcedo	Jr.	York, Pa. • York Suburban
Steven Salcedo	Fr.	York, Pa. • York Suburban
CJ Sayous	Sr.	Randolph, N.J. • Randolph
Nick Scullin	Fr.	Winfield, Pa. • Lewisburg
Stephen Shelly	Fr.	Quakertown, Pa. • Quakertown
Jesse Shetrom	Sr.	Osceola Mills, Pa. • Philipsburg-Osceola
Darryl Sweeper	Sr.	Reading, Pa. • Muhlenberg
Kems Sylvain	So.	Cleona, Pa. • Annville-Cleona
Ben Tanner	So.	Jonestown, Pa. • Northern Lebanon
Ryan Vogel	Fr.	Reading, Pa. • Exeter
Andrew Walker	Sr.	Spring Grove, Pa. • Spring Grove
Alex Whitsett	Fr.	Denver, Pa. • Cocalico
Dylan Yost	So.	Mifflinburg, Pa. • Mifflinburg

Melissa Byler	Head Coach • Sprints/Hurdles
Frank Gilbert	Assistant Coach • Horizontal Jumps
Jim Weaver	Assistant Coach • Vertical Jumps
James O'Brien	Assistant Coach • Distance
Tim Biever	Assistant Coach • Throws
Shaylene Scheib	Assistant Coach
Amy Hartman	Assistant Coach
Logan Stroman	Assistant Coach

MANHATTANVILLE COLLEGE VALIANTS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Kofi Adusei	Jr.	Accra, Ghana • Taft Educational Campus
Rodrigo Castiglioni	So.	Asuncion, Paraguay • Colegio Internacional
Chris Fallague	So.	New Canaan, Conn. • Stamford
Matt Goidell	Jr.	Centerport, N.Y. • St. John the Baptist
Blake Hagerman	Fr.	Greenlawn, N.Y. • Harborfields
Dave Mangum	Jr.	Rye, N.Y. • Rye
Austin McGlone	Jr.	Mastic, N.Y. • William Floyd
Mike Pottle	Sr.	Windham, Maine • Windham
Jelani Price	So.	Plainfield, N.J. • Plainfield
Peter Rizzo	Jr.	Tomkins Cove, N.Y. • North Rockland
Reuben Salcedo	So.	Bronx, N.Y. • Salesian
Evan Winston	Jr.	North Salem, N.Y. • Briarcliff
Megan Patterson	Head Coach	
Andrew Heath	Assistant Coach • Jumps	

MESSIAH COLLEGE FALCONS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Abram Albert	Sr.	Dillsburg, Pa. • Northern
Andrew Badgerow	Fr.	Midlothian, Va. • Midlothian
Chris Beardsley	Sr.	Bear, Del. • Red Lion Christian Academy
Edward Bley	Jr.	Lancaster, Pa. • Penn Manor
Timothy Bolos	So.	-
Michael Boyles	Jr.	Centreville, Va. • Westfield
Kaleb Burch	Fr.	Marlton, N.J. • Cherokee
Dane Cornelius	So.	Orbisonia, Pa. • Southern Huntingdon
Jakob Davenport	Fr.	Salem, N.J. • Pennsgrove
Drew Engle	Sr.	Manheim, Pa. • Manheim Central
Mark Engle	Sr.	East Petersburg, Pa. • Lancaster Mennonite
Chris Falkner	Fr.	Lewistown, Pa. • Mifflin County
Alex Faus	Jr.	Elizabethtown, Pa. • Elizabethtown Area
Nathan Fleming	Jr.	Milton, Vt. • Milton
Brett Gabrick	Fr.	South Williamsport, Pa. • South Williamsport
Matthew Glenzel	Fr.	Hingham, Mass. • Hingham
Aaron Gray	Fr.	Middletown, Pa. • Middletown
Kenton Grossnickle	Jr.	Fredrick, Md. • Middletown
Quentin Hampton	Jr.	Kutztown, Pa. • Kutztown
Josiah Haws	Jr.	East Earl, Pa. • Garden Spot
Phil Headland	Jr.	Lititz, Pa. • Warwick
Anthony Jones	Fr.	Mechanicsburg, Pa. • Indiana Senior High
Scott Kerstetter	Fr.	Millerstown, Pa. • Greenwood
Matthew Kline	So.	Spring Grove, Pa. • Spring Grove
Ryan Laird	Jr.	New Holland, Pa. • Garden Spot
Randy Lohman	Fr.	Keedysville, Md. • Boonsboro
Timothy Mast	So.	Lancaster, Pa. • Lampeter-Strasburg
Curtis Mather	Fr.	Millerstown, Pa. • Greenwood
Caleb McLaughran	Sr.	Derry, Pa. • Home School
Jonphilip McGill	Sr.	Interlaken, N.Y. • South Seneca
Donnell McNair	Fr.	Manheim, Pa. • Manheim Township
Braden Miller	So.	Mechanicsburg, Pa. • Cumberland Valley
Matthew Miller	Jr.	New Holland, Pa. • Garden Spot
David Moretz	Fr.	Camp Hill, Pa. • Camp Hill
Tim Moses	So.	Palmyra, Pa. • Palmyra
Joshua Pardoe	So.	Red Lion, Pa. • Red Lion Area Senior
Nathaniel Pardoe	So.	Red Lion, Pa. • Red Lion Area Senior
Joseph Pavlovich	Fr.	Carlisle, Pa. • Carlisle
Derrick Peterson	Fr.	Refton, Pa. • Lampeter-Strasburg
Spencer Potesta	Fr.	Stow, Ohio • Cuyahoga Valley Christian
Aaron Powell	Jr.	Chambersburg, Pa. • Chambersburg
Richard Prensner	Fr.	Harrisburg, Pa. • Covenant Christian Academy
Jared Schatz	Jr.	Elizabethtown, Pa. • Lancaster Mennonite
Christopher Scheib	Jr.	Halifax, Pa. • Halifax Area
Tyler Sensenig	Jr.	Lancaster, Pa. • Ephrata
Cameron Shirk	Jr.	Harrisburg, Pa. • Harrisburg Christian
Brandon Stearns	Jr.	Union Bridge, Md. • Francis Scott Key
Jacob Stockner	Sr.	Fredericksburg, Va. • Mountain View
Brandon Straley	So.	Ephrata, Pa. • Ephrata
Trevor Stutzman	Sr.	Kutztown, Pa. • Kutztown
Jeremy White	So.	Washingtonville, Pa. • Washingtonville
Nicholas White	Sr.	Washingtonville, Pa. • Washingtonville
Max Whitehead	So.	Marysville, Pa. • Susquehita
Alex Yoder	Sr.	Greencastle, Pa. • Greencastle
Joel Zeigler	Sr.	Mechanicsburg, Pa. • Mechanicsburg

Dale Fogelsanger	Head Coach
Bill Barko	Assistant Coach
John Grim	Assistant Coach
John Long	Assistant Coach
Dick Ocker	Assistant Coach
A.J. Smith	Assistant Coach
Andrew Springer	Assistant Coach
Brian Hager	Assistant Coach

MEN'S TEAM ROSTERS

MISERICORDIA UNIVERSITY COUGARS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Benjamin Becker	So.	Swoyersville, Pa. • Wyoming Valley West
Paul Collins	Fr.	Nazareth, Pa. • Nazareth
Carl Daubert	Jr.	Hanover Township, Pa. • Hanover
Eric Deignan	So.	Harrisburg, Pa. • Central Dauphin
Justin Faust	Fr.	Nazareth, Pa. • Nazareth
Ryan Foster	Sr.	Lebanon, Pa. • Lebanon
Skyler Gerrity	Jr.	Towanda, Pa. • Towanda
Angel Guzman	Sr.	Windsor, N.J. • Highstown
Mike Harth	Fr.	Pittston Township, Pa. • Pittston
Mikael Hause	Jr.	Kulpmont, Pa. • Mt. Carmel
James Hermesen	Fr.	Simsbury, Conn. • Simsbury
Jarrett Higley	Sr.	Dushore, Pa. • Sullivan County
Shadrack Kiprop	So.	Lancaster, Pa. • Penn Manor
Michael Krsulic	Jr.	Rockaway, N.J. • Morris Hills
Tyler Lamberson	So.	Dallas, Pa. • Allen [Texas]
A.J. Limongelli	Sr.	Dallas, Pa. • Holy Redeemer
Sean Luzzi	Fr.	Bethpage, N.Y. • Chaminade
Cameron McDowell	Fr.	Milton, Pa. • Milton
Sean Meade	Fr.	Cornwall, N.Y. • Cornwall Central
Zach Moody	Fr.	Clarence, Pa. • Bald Eagle Area
Andrew Nelson	Jr.	Olyphant, Pa. • Holy Cross
Jeremy Osko	Sr.	Ashley, Pa. • Hanover
Cory Poepperling	Jr.	Laceyville, Pa. • Montrose
Dylan Quirk	So.	Frackville, Pa. • Marian Catholic
Matt Quirk	Jr.	Collegeville, Pa. • Perkiomen
Trevor Reed	Fr.	Gaithersburg, Md. • Gaithersburg
Michael Ryan	Fr.	W. Simsbury, Conn. • Simsbury
Gregory Shultz	Fr.	Milton, Pa. • Milton
Luigi Tirro	So.	Staten Island, N.Y. • St. Joseph-by-the-Sea
Nick Weron	Sr.	Nanticoke, Pa. • Nanticoke

Chris Wadas	Head Coach
Steve Ambrosi	Intern
Vitaliy Doboni	Assistant Coach • Pole Vault
Amy Mantush	Graduate Assistant
Joe MacMillan	Assistant Coach • Throws
Mike Kinney	Assistant Coach

STEVENSON UNIVERSITY MUSTANGS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Thomas Adle	Fr.	Parkton, Md. • Hereford
Adam Diabagate	Fr.	Hyattsville, Md. • Northwestern
Razonte Dunn	Jr.	Bryans Road, Md. • Lackey
Tom Ferguson	Jr.	Pasadena, Md. • Chesapeake
Travis Kesler	Fr.	Finksburg, Md. • Westminster
Brady Lusk	Jr.	Pasadena, Md. • Chesapeake
Curtis McInnis	Fr.	District Heights, Md. • Forestville
Grier Melick	Jr.	Catawissa, Pa. • Lourdes Regional
David Miles	Fr.	Glen Mills, Pa. • West Chester Rustin
Seun Omolana	Fr.	Laurel, Md. • Reservoir
Nish Patel	Sr.	Owings Mills, Md. • Allentown
Garrett Pegg	Jr.	Pasadena, Md. • Chesapeake
Kyle Rudman	Fr.	Pasadena, Md. • Archbishop Spalding
Brandon Shepherd	So.	Upper Marlboro, Md. • DeMatha
Dalonte Simpson	Jr.	Lusby, Md. • Patuxent
Shane Skyers	Sr.	Miami, Fla. • Owings Mills
Devonte Williams	So.	Clinton, Md. • Frederick Douglass

Erick Camodeca	Head Coach
David Berdan	Assistant Coach
Dustin Johnson	Assistant Coach
Matt Hutchings	Assistant Coach
Ashley Seymour	Assistant Coach
Eugene Hildebrand	Assistant Coach
Phil DeRosier	Assistant Coach
Mo Drammeh	Assistant Coach

WIDENER UNIVERSITY PRIDE

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Michael Ambrulavage Jr.	Jr.	Mountain Top, Pa. • Holy Redeemer
Andrew Assile	Jr.	Ramsey, N.J. • Ramsey
Dustin Bachman	Fr.	Lebanon, Pa. • Northern Lebanon
William Betts	Sr.	Wayne, Pa. • Conestoga
Michael Bilotta	Jr.	Springfield, Pa. • Cardinal O'Hara
Jonathan Blake	Sr.	Trenton, N.J. • Northern Burlington Co. Regional
Graham Blehart	Fr.	Beaver Dam, Wis.
Denzell Boham	Sr.	Royersford, Pa. • Spring-Ford
Matthew Bolland	Jr.	Harrisburg, Pa. • Valley Forge Military
Richard Buttillo	Jr.	Bethlehem, Pa. • Liberty
Jason Caporale	Sr.	Langhorne, Pa. • Neshaminy
Michael Ciavarelli	Sr.	Secane, Pa. • Monsignor Bonner
Gavin Colley	Sr.	Tunkhannock, Pa. • Tunkhannock
Josh Colley	So.	Tunkhannock, Pa. • Tunkhannock
Zachary Conner	Sr.	West Grove, Pa. • Avon Grove
Christian Cook	Fr.	Pittsburgh, Pa. • Central Catholic
Andrew Cooper	Jr.	Freehold, N.J. • Freehold
Qadree Counsel	Sr.	Philadelphia, Pa. • Monsignor Bonner
Evan Crouch	Fr.	Philadelphia, Pa. • Calvary Christian
Alex Cucciarre	So.	Souderton, Pa. • Souderton
Ethan DiBona	Sr.	Blue Bell, Pa. • Wissahickon
Malik Dixon	Fr.	Morris Hills, N.J. • Morris Hills
Mathew Dockery	Fr.	Somerdale, N.J. • Sterling
Jamie Eller	Sr.	Downington, Pa. • Downington
Richie Eppleman	Sr.	Chester Springs, Pa. • Great Valley
Thomas Fleming	Sr.	Philadelphia, Pa. • Walter D. Palmer Academy
Lloyd Flores	Jr.	Columbus, N.J. • Northern Burlington County
Stephen Fortin	Jr.	Goffstown, N.H. • Goffstown
Honorio Freeland	So.	Ridley, Pa. • Ridley
Ka'shawn Garnes	Sr.	Poughkeepsie, N.Y. • Roosevelt
Chris Garrity	Sr.	Glenolden, Pa. • Cardinal O'Hara
Cebastien Glosy	Jr.	Philadelphia, Pa. • Central
Anthony Green	Sr.	Penns Grove, N.J. • Penns Grove
Leonard Harmon	Jr.	Charlton, Mass. • Shepherd Hill
Tyler Hellmig	Fr.	Delsea, N.J. • Delsea
Daniel Herbster	So.	Garnet Valley, Pa. • Garnet Valley
Robert Herbster	Sr.	Garnet Valley, Pa. • Garnet Valley
Zach Hill	So.	North Plainfield, N.J. • Bishop Ahr
Jihad Jasper	Sr.	Newark, Del. • Hodgson
Kyle Landis	Jr.	Lincoln University, Pa. • Avon Grove
Matthew Lemmo	Fr.	Mount Royal, N.J. • Kingsway
Jeffery Lord	Fr.	Springfield, Pa. • Springfield
James Madden	Jr.	Haddonfield, N.J. • Haddon Township
Jabari Mani	Fr.	Stratford, N.J. • Paul VI
Kristopher Martin	Sr.	Wallingford, Pa. • Strath Haven
Ryan McBride	Jr.	Cherry Hill, N.J. • Cherry Hill West
Kal McCloskey	Sr.	Pittsburgh, Pa. • Bethel Park
Seamus McCullough	Sr.	Plymouth Meeting, Pa. • La Salle College HS
William McDermott	So.	Lansdowne, Pa. • Monsignor Bonner
Daniel Miller	Fr.	Pennsburg, Pa. • Lansdale Catholic
Christopher Mitchell	Fr.	Newtown Square, Pa. • Marple Newtown
Robert Montoro	So.	Drexel Hill, Pa. • Cardinal O'Hara
Seamus Morgan	Sr.	Warrington, Pa. • La Salle College HS
Logan Murray	Jr.	Westmont, Pa. • La Salle College HS
Jabre Nicholson	Fr.	Chester, Pa. • Chester
Edwin Noyes	Jr.	Glen Mills, Pa. • Penncrest
Thojae Peoples	Jr.	Browns Mills, N.J. • Holy Cross
Nick Pettit	So.	Jamison, Pa. • Central Bucks South
Ernie Pitone	So.	Springfield, Pa. • Cardinal O'Hara
James Proulx	So.	Tunkhannock, Pa. • Tunkhannock
Michael Quinn	Sr.	Conshohocken, Pa. • Plymouth-Whitemarsh
Mike Recia	Sr.	Bloomsburg, Pa. • Bloomsburg
Anthony Robertson	Fr.	Penns Grove, N.J. • Penns Grove
Isaac Robins	Fr.	Christina, Pa. • Lancaster Mennonite
Andrew Robinson	Sr.	Coatesville, Pa. • Coatesville
Connor Schlegel	Jr.	Denver, Pa. • Garden Spot
Ethan Schmalhofer	So.	Conestoga Valley, Pa. • Conestoga Valley
Kevin Shaddock	Jr.	Malvern, Pa. • Bishop Shanahan
Grant Shaffer	Jr.	Glen Rock, Pa. • Susquehannock
James Siglin	Jr.	Sussex, N.J. • Verson Township
Nate Sites	Fr.	Loysville, Pa. • West Perry
Bryan Solomon	Fr.	Columbia, Pa. • Hempfield
Eric Solomon	Sr.	Columbia, Pa. • Hempfield
Ameer Sorrell	Sr.	Port Norris, N.J. • Penns Grove
Ross Staudt	Jr.	Marlton, N.J. • Cherokee
Joseph Stefanski	Fr.	Carneys Point, N.J. • Penns Grove
Shane Stranahan	So.	Carneys Point, N.J. • Salem CC
Derrick Sulton	So.	Bridgeton, N.J. • Bridgeton
Wolfgang Trumbauer	Fr.	Egg Harbor Township, N.J. • Egg Harbor Township
Martin Turner	Sr.	New Castle, Del. • Chester
William Updegrove	Jr.	Bethlehem, Pa. • Liberty
Nalson Vo	Fr.	Souderton, Pa. • Souderton
Sean Weiss	So.	Spring City, Pa. • Spring-Ford
Daniel Whalen	So.	Rockaway, N.J. • Morris Hills
Tyler Williams	Sr.	Hanover, Pa. • South Western
Thomas Zamorski	Jr.	Frenchtown, N.J. • Delaware Valley Regional

Vince Touey	Head Coach
Chuck Butz	Assistant Coach • Hurdles/Sprints
Nick Price	Assistant Coach • Throws
Lauren Lucci	Assistant Coach
Dan Gale	Assistant Coach • Pole Vault
Buzz Moorman	Assistant Coach
Fallon Heddings	Assistant Coach
Anthony Giles	Assistant Coach • Sprints

WOMEN'S TEAM ROSTERS

ALBRIGHT COLLEGE LIONS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Kamree Alexander	Fr.	York, Pa. • Northeastern
Jo Carter	Fr.	Stratford, N.J. • Sterling
Aysha Cotto	Fr.	Reading, Pa. • Reading
Yumaya Dupont	So.	Philadelphia, Pa. • High School of the Future
Karen Gasior	Jr.	Union Bridge, Md. • Francis Scott Key
Cassidy Gilmore	Fr.	Brick, N.J. • Brick Memorial
Aaliyah Hopkins	So.	Milford, Pa. • Delaware Valley
Angelica Hull	Sr.	Litiz, Pa. • Warwick
Katlynn Kuhns	Jr.	Leesport, Pa. • Schuylkill Valley
Ronya Nassar	Sr.	Allentown, Pa. • Allentown Central Catholic
Shea Olcheski	Sr.	East Brunswick, N.J. • East Brunswick
Emily Phillips	So.	Levittown, Pa. • Cornwall Egan Catholic
Marleen Rios	Fr.	Mastic, N.Y. • William Floyd
Lily Ritter	Fr.	Dillsburg, Pa. • Northern York
Tamahra Sheard	Jr.	King of Prussia, Pa. • Upper Merion
Alexis Young	Fr.	Jim Thorpe, Pa. • Carbon Career and Technical Institute

Deneen Ebling	Head Coach
Anthony Skiles	Assistant Coach
Barry Stebbins	Assistant Coach
Bryan Marison	Assistant Coach

ALVERNIA UNIVERSITY CRUSADERS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Christanna Brown	So.	Elkton, Md. • Elkton
Jamie Cappiello	Jr.	Levittown, Pa. • Neshaminy
Olivia Dunzelman	Sr.	Monmouth Beach, N.J. • Shore
Kelsey Glennen	Fr.	Newton, N.J. • Sussex County Technical School
Kayla Guerrieri	Jr.	Newfoundland, Pa. • Wallenpaupack Area
Meaghan Hanrahan	So.	Wilmington, Del. • The Tatnall School
Abby Lackman	Fr.	Mohnton, Pa. • Twin Valley
Katerina Lawlor	Fr.	-
Alicia Lesneski	So.	Clarks Summit, Pa. • Abington Heights
Rachel Loar	Fr.	Macungie, Pa. • Lehigh Valley Christian
Julia Malpass	Fr.	Medford Lakes, N.J. • Shawnee
Gabriella Messina	Jr.	Washington, N.J. • Warren Hills
Liz Newman	Sr.	Fleetwood, Pa. • Brandywine Heights
Delaney Reynolds	So.	Dickson City, Pa. • Mid Valley Secondary Charter
Tyra Roberts	So.	Bensalem, Pa. • Bensalem
Mylen Ruppert	Sr.	Reading, Pa. • Reading Area
Andrea Stevko	Jr.	Palmerton, Pa. • Palmerton Area
Tina Marie Streleckis	Sr.	Philadelphia, Pa. • St. Hubert
Claire Sutliff	So.	Sinking Spring, Pa. • Wilson
Tia Thomas	Jr.	Williamstown, N.J. • Williamstown
Aaleyah Thompson	Jr.	Coatsville, Pa. • Coatsville Area
Erin Verdon	Sr.	Washington, N.J. • Warren Hills Regional
Heather Wanner	So.	Blandon, Pa. • Fleetwood Area
Kimberly Whelan	Fr.	Lansdowne, Pa. • Cardinal O'Hara

Eric Bennett	Head Coach
Neal Fox	Assistant Coach • Sprints/Hurdles
Peter Schaefer	Assistant Coach • Middle Distance
Ty Smith	Assistant Coach • Throws
Joe McCool	Assistant Coach • Distance
Allie Whitesel	Assistant Coach • Sprints/Hurdles
Melissa Fellenbaum	Assistant Coach • Pole Vault
John Hart	Assistant Coach • Throws

DELAWARE VALLEY UNIVERSITY AGGIES

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Sara Chamerlain	So.	Bloomsburg, Pa. • Central Columbia
ZuZu Cooper	Fr.	Holmdel, N.J. • Holmdel
Nikki Eagan	Fr.	Hampstead, Md. • Hereford
Juanita Ezemba	Fr.	-
Samantha King	Jr.	York Springs, Pa. • Bermudian Springs
Jaimee Martin	Fr.	Auburn, Mass. • Auburn
Teagan McCardle	Sr.	Lewistown, Pa. • Indian Valley
Kerry O'Connell	So.	Camp Hill, Pa. • Cedar Cliff
Kelianne O'Shea	So.	Cape May, N.J. • Lower Cape May Regional
Kat Przblyowski	Fr.	Perkasie, Pa. • Pennridge
Kelli Readinger	Fr.	Pine Grove, Pa. • Pine Grove
Brittany Roberts	Sr.	Bloomingdale, N.J. • Butler
Vanessa Rodriguez	So.	-
Meghan Trenholm	Fr.	Williamsport, Pa. • St. John Neumann Regional
Stephanie Unger	Sr.	Oreland, Pa. • Saint Basil Academy
Julie Wisniewski	Fr.	New Britain, Pa. • Central Bucks West
Anastasia Zajchowski	So.	Gardiner, Maine • Gardiner

Felix Moreno	Head Coach
Warren Robertson	Assistant Coach
Scott Sherwood	Assistant Coach

DESALES UNIVERSITY BULLDOGS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Kaelee Alpha	So.	Bethlehem, Pa. • Freedom
Natala Balla	Jr.	Trevose, Pa. • Bensalem
Michele Bartkus	Sr.	Havertown, Pa. • Cardinal O'Hara
Alyssa Brandt	Sr.	Hagerstown, Md. • Clear Spring
Victoria Cantelmo	Fr.	Monmouth Beach, N.J. • Shore Regional
Katie Cappuccino	So.	Kutztown, Pa. • Northwestern Lehigh
Meghan Carr	Sr.	Atco, N.J. • Paul VI
Michelle Churchman	Sr.	Wharton, N.J. • Morris Hills
Stephanie Churzman	Sr.	Wharton, N.J. • Morris Hills
Gianna Colella	Jr.	Wayne, N.J. • Wayne Valley
Shannon Connell	Jr.	Sparta, N.J. • Pope John XXIII
Jessica Curry	Jr.	Syracuse, N.Y. • Bishop Ludden
Beth Dauer	So.	Newton, N.J. • Pope John XXIII
Katie Downing	So.	Bethlehem, Pa. • Notre Dame
Emily Edwards	Jr.	Phillipsburg, N.J. • Phillipsburg
Paige Hansen	So.	Sellersville, Pa. • Pennridge
Emily Hoats	So.	Bethlehem, Pa. • Salisbury
Sarah Jones	Fr.	Reading, Pa. • Exeter Township
Emma Kemmerer	Jr.	New Tripoli, Pa. • Northwestern Lehigh
Abby Labar	Jr.	Bethlehem, Pa. • Nazareth
Morgan McCollian	So.	Bangor, Pa. • Bangor
Samantha Myles	Sr.	Stroudsburg, Pa. • Stroudsburg
Hannah Popp	Fr.	Arnold, Md. • Mount deSales Academy
Erica Price	Jr.	Voorhees, N.J. • Eastern
Vanessa Rappold	Jr.	Allentown, Pa. • Allentown Central Catholic
Emily Rogan	So.	Glen Rock, N.J. • Glen Rock
Shaye Smith	So.	Easton, Pa. • Wilson
Erica Thomas	So.	Allentown, Pa. • William Allen
Nicole Umbenhauer	So.	Whitehall, Pa. • Whitehall
Megan Warner	Jr.	Palm Bay, Fla. • Heritage High
Veronica Wheeler	Fr.	Yardley, Pa. • Nazareth Academy

Gordon Hornig	Head Coach
Andrzej Wasik	Assistant Coach • Sprints/Hurdles
Mariusz Wittbrodt	Assistant Coach • Throws
Dan Wessner	Assistant Coach • Jumps/Pole Vault
Joe Webster	Assistant Coach • Sprints
Randy Latza	Assistant Coach • Hurdles/Steeplechase

WOMEN'S TEAM ROSTERS

HOOD COLLEGE BLAZERS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Samantha Bailey	Fr.	Shelton, Conn. • Shelton
Ashley Barnes	Jr.	Yigo, Guam • Guam
Caitlin Bean	Sr.	Chester, Md. • Kent Island
Jayda Blount	So.	Waldorf, Md. • McDonough
Chelsea Bunker	Sr.	Denton, Md. • North Caroline
Andrea Christmas	Fr.	Germantown, Md. • Northwest
Alexandra Dystant	Sr.	Odenton, Md. • Arundel
Jill Heymann	So.	Hackettstown, N.J. • Warren Hills
Jackie Mangogna	Fr.	Kings Park, N.J. • King's Park
Mariah Purtee	Fr.	Libertytown, Md. • Linganore
Heather Silveira	Sr.	Baltimore, Md. • Chesapeake
Miranda Sly	Fr.	New Market, Md. • Oakdale
Verkia Smith	Jr.	Waldorf, Md. • North Point
Karina Stetsyuk	So.	Frederick, Md. • Governor Thoomas Johnson
Margarita Swissler	Sr.	Madison, Wisc. • West

Brent Ayer	Head Coach
Jack Griffin	Assistant Coach
Sophie Grizzle	Assistant Coach
Brett Shelley	Assistant Coach

LEBANON VALLEY COLLEGE DUTCHMEN

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Emily Banks	Jr.	Hummelstown, Pa. • Lower Dauphin
Abbey Barnhart	Fr.	Glen Rock, Pa. • Susquehannock
Cheyenne Brown	Fr.	York, Pa. • William Penn
Laura Calderone	Gr.	Monmouth Junction, N.J. • South Brunswick
Lauren Decker	So.	Grove City, Pa. • Grove City
Kristen Eberhardt	Fr.	Saylorsburg, Pa. • Pleasant Valley
Rachel Eyler	Sr.	York, Pa. • West York
Lauren Grauer	Sr.	Mohrsville, Pa. • Schuylkill Valley
Sarah Grow	Fr.	Turbotville, Pa. • Warrior Run
Olivia Jendrzewski	So.	Hanover, Pa. • Hanover
Hannah Jones	Jr.	York, Pa. • York Suburban
Alyssa Keich	Sr.	Tamaqua, Pa. • Tamaqua
Sara Lemke	So.	North Merrick, N.Y. • WC Mephan Senior
Tabitha Litschi	Fr.	Myerstown, Pa. • ELCO
Annesse Mauer	Sr.	Enola, Pa. • East Pennsboro
Alexa Muffly	Jr.	Watsonstown, Pa. • Warrior Run
Kat O'Hara	Sr.	Harrisburg, Pa. • Central Dauphin East
Kelsey Patrick	Jr.	Tamaqua, Pa. • Tamaqua Area
Brittany Rees	So.	McDonald, Pa. • South Fayette Township
Taylor Seiber	Sr.	Elliptsburg, Pa. • West Perry
Teanna Shutt	Fr.	Elysburg, Pa. • Southern Columbia
Rebecca Sitler	So.	Wrightsville, Pa. • York Catholic
Mariah Smolka	Sr.	Rio Grande, N.J. • Middle Township
Dana Stockdale	Sr.	Lewisburg, Pa. • Lewisburg
Claudia Thomas	Fr.	Lancaster, Pa. • JP McCaskey
Nicole Vasiliu	Sr.	Mechanicsburg, Pa. • Mechanicsburg
Emily White	Jr.	Palmyra, Pa. • Annville Cleona
Brittany Wilson	Jr.	Elkton, Md. • Bohemia Manor
Bri Wynn	Fr.	Pine Beach, N.J. • Toms River
Morgan Yealy	So.	Hanover, Pa. • Hanover
Katrina Zicot	Fr.	Monticello, N.Y. • Monticello

Melissa Byler	Head Coach • Sprints/Hurdles
Frank Gilbert	Assistant Coach • Horizontal Jumps
Jim Weaver	Assistant Coach • Vertical Jumps
James O'Brien	Assistant Coach • Distance
Tim Bieber	Assistant Coach • Throws
Shaylene Scheib	Assistant Coach
Amy Hartman	Assistant Coach
Logan Stroman	Assistant Coach

MANHATTANVILLE COLLEGE VALIANTS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Rebecca Canavan	Jr.	New York, N.Y. • Saint Jean Baptiste
Katie DiCola	Fr.	Cortlandt Manor, N.Y. • Hendrick Hudson
Ali Johnson	Fr.	Fairfield, Conn. • Fairfield Ludlowe
Alexis Lanzillotti	Sr.	Wallkill, N.Y. • Wallkill
Lauren Limato	Fr.	Mount Vernon, N.Y. • The Ursuline School
Polin Petkova	So.	Vratza, Bulgaria • IES Parque de Lisboa
Jazmin Pryce	So.	Patterson, N.Y. • Brewster
Debbie Rivera	Jr.	Lynbrook, N.Y. • Lynbrook
Shannon Roberts	Jr.	Saddle Brook, N.J. • Saddle Brook
Alla Traun	Sr.	Edina, Minn. • Benilde-St. Margaret's
Noelle Vidaic	So.	Massapequa, N.Y. • Massapequa
Catherine Weiner	Jr.	Mount Kisco, N.Y. • Fox Lane

Megan Patterson	Head Coach
Andrew Heath	Assistant Coach • Jumps

MESSIAH COLLEGE FALCONS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Rachel Aukamp	Fr.	Lancaster, Pa. • Conestoga Valley
Karina Ayala	Fr.	Dover, N.J. • Dover
Emma Barbagallo	Jr.	Newtown, Pa. • Council Rock North
Tasha Becker	Jr.	New Holland, Pa. • Garden Spot
Natalie Booz	So.	Whitinsville, Mass. • Whitinsville Christian
Jenny Bove	Gr.	Bear, Del. • Red Lion Christian Academy
Rachel Bowser	Jr.	Hollidaysburg, Pa. • Hollidaysburg
Rebecca Brown	So.	Middletown, Pa. • Middletown
Tiffany Burrows	Sr.	Quakerstown, Pa. • Quakerstown
Rachel Chopka	So.	Dillsburg, Pa. • Northern
Skylar Cohick	So.	Newville, Pa. • Big Spring
Hadlee Coker	So.	East Falmouth, Mass. • Falmouth
Elizabeth Cole	Fr.	Lansdale, Pa. • Phil-Mont
Holly Eliason	Fr.	Findley Lake, N.Y. • Sherman Central School
Lyndsay Feather	Jr.	Akron, Ohio • Copley Senior
Kristen Frawley	Fr.	West Milford, N.J. • Hawthorne Christian
Katie Heindel	Fr.	Sweet Valley, Pa. • Lake Lehman
Julie Heisey	So.	Orrstown, Pa. • Chambersburg
Kaitlyn Hostetler	So.	Marshallville, Ohio • Smithville
Marie Johnson	So.	Middletown, N.Y. • Middletown
Gabriella Khalil	Fr.	Oradell, N.J. • Riverdell
Abbey King	So.	Lake Meade, Pa. • Bermudian Springs
Elizabeth Lelonek	Fr.	Baltimore, Md. • Catholic HS of Baltimore
Brooke Maneval	So.	McAlisterville, Pa. • East Juniata
Susannah Marshall	Jr.	Waynesboro, Pa. • Waynesboro Area
Grace McClelland	Fr.	Sayre, Pa. • Homeschool
Alyssa Mills	Sr.	Plainville, Conn. • Plainville
Leah Novak	Sr.	Telford, Pa. • Souderton
Rebecca Querfield	So.	Areguipa, Peru • Colegio Internacional
Gabrielle Rekully	Sr.	Harrisburg, Pa. • Central Dauphin
Megan Renes	Fr.	Severn, Md.
Rachel Robinson	Jr.	Stroudsburg, Pa. • Pocono Mountain East
Alissa Rogers	So.	Londonderry, N.H. • Londonderry
Natalie Ross	So.	Harleysville, Pa. • Souderton
Holly Seipt	So.	Lansdale, Pa. • North Penn
Emily Senning	Jr.	South Hamilton, Mass. • Hamilton Wenham
Courtney Slinkard	So.	Pottstown, Pa. • Conventry Christian
Hannah Sowers	So.	Dillsburg, Pa. • Northern
Tori Wright	Fr.	Newington, Conn. • Mercy

Dale Fogelsanger	Head Coach
Brian Hager	Assistant Coach
Jason Brown	Assistant Coach
Bill Barko	Assistant Coach
John Long	Assistant Coach
A.J. Smith	Assistant Coach
Andrew Springer	Assistant Coach
John Grim	Assistant Coach

WOMEN'S TEAM ROSTERS

MISERICORDIA UNIVERSITY COUGARS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Allison Amos	Fr.	Trucksville, Pa. • Dallas
Jackie Bamberski	So.	Feasterville, Pa. • Archbishop Ryan
Bianca Bolton	Jr.	Pittston, Pa. • Pittston Area
Rachel Callahan	Fr.	Wapwallopen, Pa. • Crestwood
Nicole Charbonneau	So.	Thomaston, Conn. • Thomaston
Georgia Cleary	So.	Leola, Pa. • Lancaster Catholic
Leah Dixon	Fr.	Liverpool, N.Y. • Liverpool
Sarah Downer	Sr.	Moscow, Pa. • North Pocono
Jillian Eberly	So.	Quarrrville, Pa. • Solanco
Katie Fairchild	So.	Sussex, N.J. • High Point Regional
Kelty Fairchild	So.	Sussex, N.J. • High Point Regional
Emma Federinko	Fr.	Spring Mills, Pa. • Penns Valley
Melanie Fry	Fr.	Ambler, Pa. • Wissahickon
Chelsea Hall	Jr.	Northampton, Pa. • Northampton
Lauren Hause	Fr.	Kulpmont, Pa. • Mt. Carmel
Katie Hurley	So.	Sayre, Pa. • Sayre
Bethany Killmon	So.	Bridgeville, Del. • Sussex Tech
Emily Mesaris	Fr.	Lansdale, Pa. • North Penn
Marissa Metric	Fr.	Hanover Township, Pa. • Hanover
Alexandria Miller	Jr.	Scott Township, Pa. • Lakeland
Anna Nole	Sr.	Tunkhannock, Pa. • Tunkhannock
Maggie O'Day	Fr.	Honesdale, Pa. • Honesdale
Kelsey O'Donnell	So.	Clarks Summit, Pa. • Abington Heights
Molly O'Hara	So.	Sayre, Pa. • Sayre
Sarah Ostroski	So.	Athens, Pa. • Sayre
Valerie Pagano	Fr.	Folsom, N.J. • Hammonton
Elise Reardon	So.	Langhorne, Pa. • Neshaminy
Savannah Schools	So.	Wyalusing, Pa. • Wyalusing
Nicole Schwartz	Jr.	Toms River, N.J. • Toms River North
Alyssa Schwarz	Fr.	Belle Mead, N.J. • Montgomery
Alicia Stavitski	Jr.	Hunlock Creek, Pa. • Northwest
Katie Steffney	Sr.	West Deptford, N.J. • West Deptford
Lindsey Stitzer	Jr.	Nazareth, Pa. • Nazareth
Olivia Sumeriski	Fr.	Toms River, N.J. • Manchester Township
Amy Viti	Jr.	Sugar Notch, Pa. • Hanover
Sarah Wigg	Jr.	Montgomery, Pa. • Montgomery
Samantha Wise	So.	Montgomery, Pa. • Montgomery
Chris Wadas	Head Coach	
Steve Ambrosi	Intern	
Amy Mantush	Graduate Assistant	
Vitaliy Doboni	Assistant Coach • Pole Vault	
Joe MacMillan	Assistant Coach • Throws	

STEVENSON UNIVERSITY MUSTANGS

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Josephine Adutwum	Sr.	Hyattsville, Md. • High Point
Brittany Appleby	Fr.	Hagerstown, Md. • North Hagerstown
Ruth Casadevall	Jr.	Wilkes-Barre, Pa. • Wallenpaupack
Christyna Falden	Sr.	Burtsonville, Md. • James Hubert Blake
Niavanni Grant	So.	Hillside, N.J. • Roselle Catholic
Monee Hill	Sr.	Columbia, Md. • Annapolis Area Christian
Claudia Lohr	So.	Monrovia, Md. • Urbana
Rebecca Moore	-	-
Heather Nerenberg	So.	Reisterstown, Md. • Maryvale Prep
Monica Pozuc	Fr.	Kent, Ohio • Field
TaKera Smalley	Jr.	Owings Mills, Md. • Pikesville
Lanie Swanhart	Jr.	Mount Airy, Md. • Glenelg
Sherrie Wallace	Jr.	Wilmington, Del. • Mt. Pleasant
Destiny Watts	Fr.	
Erick Camodeca	Head Coach	
David Berdan	Assistant Coach	
Dustin Johnson	Assistant Coach	
Matt Hutchings	Assistant Coach	
Ashley Seymour	Assistant Coach	
Eugene Hildebrand	Assistant Coach	
Phil DeRosier	Assistant Coach	
Mo Drammeh	Assistant Coach	

WIDENER UNIVERSITY PRIDE

NAME	YEAR	HOMETOWN • PREVIOUS SCHOOL
Kayla Bodine	So.	Moorestown, N.J. • Moorestown
Miranda Broussard	So.	Gibbstown, N.J. • Gloucester Catholic
Bryn Callan	So.	Royersford, Pa. • Spring-Ford
Amber Char	Sr.	Southampton, Pa. • William Tennent
Katherine Colt	So.	Hartland, Vt. • Lebanon
Marissa Conley	So.	Broomall, Pa. • Cardinal O'Hara
Emily Creighton	Sr.	Springfield, Pa. • Gwynedd-Mercy College
Nicole Crossey	Jr.	Plainsboro, N.J. • West Windsor-Plainsboro
Gwendolynne Davis	Jr.	Pottstown, Pa. • Pottstown
Samantha DeCapua	So.	Barneget, N.J. • Barneget
Meghan Devine	Jr.	Lewisburg, Pa. • Lewisburg
Brittany Diehl	Sr.	Havertown, Pa. • Haverford
Emily Donahue	Jr.	Point Pleasant, N.J. • Point Pleasant Boro
Brooke Durnin	So.	Bath, Pa. • North Hampton Area
Samantha Eigenbrot	Fr.	Douglassville, Pa. • Daniel Boone
Brianna Englert	Jr.	Pottsville, Pa. • Pottsville
Taylor Englert	Jr.	Pottsville, Pa. • Pottsville
Danaishia Forney	Fr.	Clarsville, Tenn. • Kenwood
Shakeira Fowler	Jr.	Philadelphia, Pa. • Girard College
Allison Gallagher	Fr.	Souderton, Pa. • Souderton
Teresa Giangulio	Fr.	Havertown, Pa. • Haverford
Amanda Greisman	So.	Staten Island, N.Y. • Saint John Villa
Kimberly Hall	Fr.	York, Pa. • York Suburban
Shauna Harris	Jr.	Mount Holly, N.J. • Moorestown
Rachel Heisler	Sr.	Boyertown, Pa. • Boyertown
Madeline Mayes	Fr.	Hillsborough, N.J. • Hillsborough
Briana McKnight	So.	Marcus Hook, Pa. • Chichester
Emily Meade	Fr.	Nazareth, Pa. • Nazareth
Tara Moken	Sr.	Somerdale, N.J. • Triton
Chelsea Morrison	Sr.	Philadelphia, Pa. • Archbishop Ryan
Lauren Peterson	Sr.	Glen Mills, Pa. • Garnet Valley
Adrienne Phelps	So.	New Ashford, Mass. • Albany Academy
Stacey Pinto	Fr.	Oceanside, N.Y. • Oceanside
Kelly Poretti	Fr.	Jackson, N.J. • Jackson Memorial
Jessica Schappelle	Fr.	Aston, Pa. • Sun Valley
Shae Spicer	So.	Burlington, N.J. • Northern Burlington County Regional
Samantha Thach	Fr.	Pennsauken, N.J. • Pennsauken
Kaylynne Timmons	Fr.	Clayton, N.J. • Paul VI
Erica Trofa	Jr.	Upper Chichester, Pa. • St. Mark's
Caitlin Yakas	So.	Aston, Pa. • Sun Valley
Kevin Cunningham	Head Coach	
Chuck Butz	Assistant Coach • Hurdles/Sprints	
Nick Price	Assistant Coach • Throws	
Lauren Lucci	Assistant Coach	
Dan Gale	Assistant Coach • Pole Vault	
Buzz Moorman	Assistant Coach	
Fallon Heddings	Assistant Coach	
Anthony Giles	Assistant Coach • Sprints	

SCHEDULE OF EVENTS

DAY 1 | THURSDAY

TIME	EVENT	NOTES
10 a.m.	Check-in & Registration	
11:30 a.m.	Implement Inspection	
1 p.m.	M Decathlon	
	<i>100, Long Jump, Shot Put, High Jump, 400</i>	
2 p.m.	W Heptathlon	
	<i>100 Hurdles, High Jump, Shot Put, 200</i>	
6 p.m.	W 4x800 m Relay	Finals
6:15 p.m.	M 4x800 m Relay	Finals
6:30 p.m.	W 10,000 m	Finals
During W 10K	4x800 Awards Presentation	
7:15 p.m.	M 10,000 m	Finals
	10K Awards Presentation	

DAY 2 | FRIDAY

TIME	EVENT	NOTES
9:30 a.m.	Implement Inspection	
9:30 a.m.	Coaches & Officials Meeting	
10 a.m.	M Decathlon	
	<i>110 Hurdles, Discus, Pole Vault, Javelin, 1500</i>	
10:15 a.m.	W Heptathlon	
	<i>Long Jump, Javelin, 800</i>	
11 a.m.	M High Jump	Finals
11:45 a.m.	M 3,000 m Steeplechase	Finals
12 p.m.	W 3,000 m Steeplechase	Finals
12 p.m.	M Hammer Throw	Trials / Finals
12 p.m.	W Shot Put	Trials / Finals
12:20 p.m.	M 4x100 m Relay	Trials
12:30 p.m.	W Long Jump	Trials / Finals
12:35 p.m.	W 4x100 m Relay	Trials
12:50 p.m.	M 110 m Hurdles	Trials
1:10 p.m.	W 100 m Hurdles	Trials
1:30 p.m.	M 400 m Dash	Trials
1:50 p.m.	W 400 m Dash	Trials
2:00 p.m.	W High Jump	Finals
2:20 p.m.	M 100 m Dash	Trials
2:30 p.m.	M Long Jump	Trials / Finals
2:30 p.m.	M Shot Put	Trials / Finals
2:30 p.m.	W Hammer Throw	Trials / Finals
2:40 p.m.	W 100 m Dash	Trials
3:10 p.m.	M 800 m Run	Trials
3:30 p.m.	W 800 m Run	Trials
3:50 p.m.	M 400 m Hurdles	Trials
4:10 p.m.	W 400 m Hurdles	Trials
4:30 p.m.	M 200 m Dash	Trials
4:50 p.m.	W 200 m Dash	Trials

LIVE RESULTS

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Visit the Middle Atlantic Conference website for full coverage of today's championship.

DAY 3 | SATURDAY

TIME	EVENT	NOTES
8:30 a.m.	Implement Inspection	Falcon Hut
10 a.m.	M Triple Jump	Trials / Finals
10 a.m.	W Discus Throw	Trials / Finals
11:30 a.m.	W Triple Jump	Trials / Finals
11:45 a.m.	M Discus Throw	Trials / Finals
12 p.m.	M Pole Vault	Finals
12:45 p.m.	Alumni Recognition	Awards Podium
1 p.m.	W 4x100 m Relay	Finals
1:10 p.m.	M 4x100 m Relay	Finals
1:20 p.m.	W 1500 m Run	Finals
1:30 p.m.	W Javelin Throw	Trials / Finals
1:35 p.m.	M 1500 m Run	Finals
1:50 p.m.	W 100 m Hurdles	Finals
2 p.m.	M 110 m Hurdles	Finals
2:10 p.m.	W 400 m Dash	Finals
2:20 p.m.	M 400 m Dash	Finals
2:30 p.m.	W Pole Vault	Finals
2:30 p.m.	W 100 m Dash	Finals
2:40 p.m.	M 100 m Dash	Finals
2:50 p.m.	W 800 m Run	Finals
3 p.m.	M 800 m Run	Finals
3 p.m.	M Javelin Throw	Trials / Finals
3:10 p.m.	W 400 m Hurdles	Finals
3:20 p.m.	M 400 m Hurdles	Finals
3:30 p.m.	W 200 m Dash	Finals
3:40 p.m.	M 200 m Dash	Finals
3:50 p.m.	W 5000 m Run	Finals
4:15 p.m.	M 5000 m Run	Finals
4:35 p.m.	W 4x400 m Relay	Finals
4:50 p.m.	M 4x400 m Relay	Finals
5 p.m.	Coaches Awards Meeting	
5:20 p.m.	Awards Presentation	

Events will follow the above time schedule as closely as possible, with no event starting earlier than it's posted time.

Multi-event [decathlon and heptathlon] schedule times are approximate after the first event of the day; the next events start approximately 30 minutes following the previous event, as the meet allows.

Eight places score for all events: 10 • 8 • 6 • 5 • 4 • 3 • 2 • 1

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