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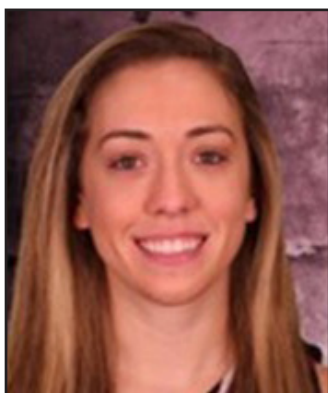
2014-15 Winter Middle Atlantic Conference Scholar-Athletes



Men's Basketball - Richard Douglas (King's)

Richard Douglas (Middletown, N.Y.) led King's to its first Freedom Conference Tournament since 2009 in his senior season. Douglas was a four-year member of the men's basketball team and served as a team captain in 2014-15. He started his final 10 collegiate games at point guard for the Monarchs where he averaged 4.2 rebounds and 3.1 assists per game.

Douglas is an accounting major with an anticipated graduation date of the spring of 2015. He currently holds a 3.91 grade-point average and was named to the 2014-15 Men's Basketball Academic All-MAC team. Douglas is a three-time MAC Academic Honor Roll recipient and has been named to the King's College Dean's List in each of his four years.



Women's Basketball - Kaitlyn Yoh (Alvernia)

Kaitlyn Yoh (Wernersville, Pa.) played in 96 career games for the Crusaders where she totaled 933 points, 340 assists, 329 rebounds and 110 steals. She was a 2014-15 All-Commonwealth Conference Honorable Mention, and was named to the 2013-14 All-Commonwealth Conference Second Team.

Yoh is majoring in athletic training with an anticipated graduation date of May 2015. She currently holds a 3.85 grade-point average and was named to the Women's Basketball Academic All-MAC team for the second-straight year. Yoh is a three-time recipient of the MAC Academic Honor Roll, and has been named to the Alvernia University Dean's List in each of the seven semesters she has been enrolled.



Men's Indoor Track & Field - Trevor Stutzman (Messiah)

Trevor Stutzman (Kutztown, Pa.) is a three-time NCAA Division III All-American in the shot put with two fifth-place finishes and one eighth-place finish the last three years. He also qualified for the NCAA Division III Outdoor discus. Stutzman is a four-time MAC Champion in shot put—twice in during indoor season and twice during outdoor season. He is also a two-time MAC Champion in the discus during outdoor season.

Stutzman is majoring in nutrition and dietetics and is expected to graduate in the spring of 2015. He currently holds a 3.70 grade-point average and was named to the Men's Indoor Track & Field Academic All-MAC team for the second-straight year. Stutzman is a three-time MAC Academic Honor Roll recipient during the indoor season. He is also a Messiah Senior Scholar-Athlete Men's Finalist.



Women's Indoor Track & Field - Cynthia Adams (Lebanon Valley)

Cynthia Adams (Elysburg, Pa.) became Lebanon Valley's first national champion in any sports since 1994 after she captured the 2015 NCAA Division III Indoor 800-meter run national title with a school record time of 2:08.81. She became a three-time All-American with the title. In 2015, she was the MAC Champion in the 800-meter run, the mile run and the 4x800 meter relay. Between the indoor and outdoor seasons, she is a 12-time MAC individual champion, including eight wins in the 800-meter run. She was also the 2013-14 MAC Outdoor Track Athlete of the Year, and finished her career as a six-time NCAA qualifier.

Adams is majoring in physical therapy and has already obtained her Bachelor of Science degree in May of 2014, and will finish her doctorate in the spring of 2017. She finished her undergraduate degree with a 3.63 grade-point average, and was named to the Women's Indoor Track & Field Academic All-MAC team for a second-straight year. Adams has also been named to the MAC Academic Honor Roll in each of her last three years.



Men's Swimming - Brad Thomas (Misericordia)

Brad Thomas (Wappinger Falls, N.Y.) captured three silver medals and two bronze at the 2015 MAC Swimming Championship. He was the runner-up in the 100-yard backstroke and 100-yard freestyle events to be named All-MAC First Team. Thomas was also part of the 400-yard freestyle relay runner-up squad and the 200- and 400-yard medley third-place relay teams. He set the school 100-yard freestyle record and was part of the 400-yard freestyle relay school record breaking team.

Thomas is currently working towards his doctorate in physical therapy with an anticipated graduate date of December 2017. He currently holds a 3.65 grade-point average and was named to the Men's Swimming Academic All-MAC team for a second-straight year. Thomas is a three-time MAC Academic Honor Roll recipient, and was named to the Misericordia University Dean's List in all seven semesters he has been enrolled.



Women's Swimming - Macawley Brown (King's)

Macawley Brown (Harding, Pa.) earned bronze medals in the 100- and 200-yard butterfly events at the 2015 MAC Swimming Championship to earn All-MAC First Team honors. She also set three individual school records and was part of four relay team school records at the 2015 MAC Swimming Championship.

Brown is double majoring in Spanish and secondary education with an anticipated graduation date of May 2015. She currently holds a perfect 4.0 grade-point average and was named to the Women's Swimming Academic All-MAC team for the second-straight year. Brown is a three-time MAC Academic Honor Roll recipient. She has been named to the King's College Dean List every semester, and is a four-time Collegiate Swimming Coaches Association of America (CSCAA) Scholar All-American.



Wrestling - Alec Horan (Delaware Valley)

Alec Horan (Bryn Athyn, Pa.) helped Delaware Valley to its 2015 MAC Championship title after winning the MAC individual title in the 165 lbs. class to earn All-MAC First Team honors. He placed third at the East Region in 2015 to lead the Aggies to an East Region title, and to qualifier for the national tournament. He also placed fourth at the 2014 East Regional. At NCAAs, Horan helped lead the Aggies to a fifth-place team finish.

Horan finished his undergraduate degree in business administration in May of 2014 and is currently finishing his Masters of Business Administration (MBA). He currently has a 3.8 grade-point average and was named to the Wrestling Academic All-MAC team for a second-straight year. Horan is a three-time MAC Academic Honor Roll recipient, and has been named to the Delaware Valley Dean's List in every semester he has been enrolled. He is also a two-time member of the National Wrestling Coaches Association (NWCA) Division III Scholar All-America team.