

FEBRUARY 13-16, 2014 • GRAHAM AQUATIC CENTER • YORK, PA

MIDDLE ATLANTIC CONFERENCE CHAMPIONSHIP



MAC

SWIMMING 2014

ALBRIGHT COLLEGE • ARCADIA UNIVERSITY • ELIZABETHTOWN COLLEGE • FAIRLEIGH DICKINSON UNIVERSITY, COLLEGE AT FLORHAM • HOOD COLLEGE
KING'S COLLEGE • LEBANON VALLEY COLLEGE • LYCOMING COLLEGE • MESSIAH COLLEGE • MISERICORDIA UNIVERSITY • WIDENER UNIVERSITY



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ABOUT THE MAC

Founded on December 11, 1912, the Middle Atlantic Conferences, commonly known as the MAC, is one of the oldest intercollegiate athletics associations in the United States. The first conference competition occurred on May 20, 1913 with a track & field meet at Lafayette College. Since then, 59 institutions have competed in 25 sports and won 36 NCAA team championships. The MAC has evolved into the only NCAA umbrella organization of three conferences – Commonwealth, Freedom, and Middle Atlantic. Currently 18 Division III schools, spanning four states, have 6448 student-athletes competing in 24 sports for 37 conference championships. Member schools are: Albright College, Alvernia University, Arcadia University, Delaware Valley College, DeSales University, Eastern University, Elizabethtown College, Fairleigh Dickinson University - The College at Florham, Hood College, King's College, Lebanon Valley College, Lycoming College, Manhattanville College, Messiah College, Misericordia University, Stevenson University, Widener University, and Wilkes University.

MAC CODE OF CONDUCT

We expect conduct that exemplifies the best traditions of intercollegiate athletics. Coaches and student-athletes abide by the spirit and letter of the sport playing rules and are gracious in both victory and defeat. Competition is conducted in a nondiscriminatory manner that encourages enthusiastic, positive support of the participants and teams by all spectators. Profanity; sexist, ethnic, or racial comments; or, other intimidating actions will not be tolerated. Consumption or possession of alcoholic beverages, smoking, and the use of artificial noisemakers is prohibited. As hosts, we are responsible for providing the visitors with an environment that would meet our expectations if the roles were reversed. This is our home; please treat it as you would your own.

MESSAGE FROM THE EXECUTIVE DIRECTOR

On behalf of the Middle Atlantic Conference, I welcome the student-athletes, coaches, families, and fans to the 2014 Middle Atlantic Conference Swimming Championships. Special thanks to Graham Aquatic Center for providing a great venue for this event. It is my hope that everyone in attendance at this year's championship is influenced by the effort and determination of our conference's student-athletes. Let us support these student-athletes in a positive manner. On behalf of the MAC, I thank you for your support of our Swimming Championship.

Sincerely,
KENNETH W. ANDREWS
MAC Executive Director

We extend a thank you to all of those individuals that help make this championship a reality and a success.

MAC OFFICE STAFF

Ken Andrews, Executive Director
Pat Ross, Director of Media Relations
Marie Stroman, Asst. Executive Director

MAC SWIMMING COMMITTEE

Jerry Hammaker, Lycoming (Chair)
John Stuhltrager, Albright
Nancy Luley, Messiah
Mary Gardner, Lebanon Valley

GRAHAM AQUATICS CENTER STAFF

Brian Gunn
Karen Ruppert

YORK COUNTY CONVENTION & VISITORS BUREAU

Samantha Longworth

ANNOUNCER

Anthony Shipkowski

OFFICIALS

John Sanbower (Head Official)
Dan Herner
Stu Juppenlatz
Deb Kachel
Dennis Maurer
Todd Parsons
Peg Sanbower
Sue Strano

ATHLETIC TRAINING STAFF

Bridget Spooner, Elizabethtown

2014 MIDDLE ATLANTIC CONFERENCE TEAM ROSTERS

A L B R I G H T C O L L E G E L I O N S

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL	WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Jake Andryshak	Fr.	Bayville, N.J. • Central Regional	Julia Barry	Fr.	Malvern, Pa. • Delaware Valley Friends
Alex Bauer	Jr.	Pottstown, Pa. • Owen J. Roberts	Lauren Cormier	Jr.	Summit Hill, Pa. • Panther Valley
Dan Cahill	Sr.	Old Bridge, N.J. • Red Bank Catholic	Gwen Fesmire	Sr.	Holland, Pa. • Council Rock South
Mitch Cain	So.	Moorestown, N.J. • Moorestown	Corinne Freeland	Fr.	Harrisburg, Pa. • Susquehanna Township
Michael Capogna	Fr.	Seaside Park, N.J. • Central Regional	Adina Gaughran	Jr.	Andover, N.J. • Newton
Richard Edwards	Sr.	Yardley, Pa. • Pennsbury	Sam Hand	Fr.	Reading, Pa. • Muhlenberg
Rainer Floeter	Sr.	Wayne, Pa. • Radnor Senior	Danielle Hassard	Jr.	Glenolden, Pa. • Cardinal O'Hara
Tyler Huizing	Jr.	Brick, N.J. • Brick Township	Jasmine Hawkins	Fr.	Neptune, N.J. • Neptune
Chris Longworth	Jr.	Wallingford, Pa. • Strath Haven	Codi Herr	Sr.	Silver Spring, Pa. • Hempfield
Mike McBride	Sr.	Eagleville, Pa. • Mathacton	Madeline Hudson	Fr.	Oro Valley, Ariz. • Ironwood Ridge
Adam Natale	Jr.	Reading, Pa. • Exeter	Kaitlyn Huizing	Jr.	Brick, N.J. • Brick Township
Ralph Porrazzo	Sr.	Mohnton, Pa. • Governor Mifflin	Tricia Janowiak	Sr.	Jim Thorpe, Pa. • Panther Valley
Matthew Rein	Fr.	South River, N.J. • St. Joseph's	Jessie Maboné	Jr.	Southampton, Pa. • William Tennent
Ken Richardson	Fr.	Downington, Pa. • Downington	Erika McEnany	Sr.	Reading, Pa. • Reading
Sam Rosenthal	Sr.	Doylestown, Pa. • Central Bucks East	Julie McNeil	Fr.	Oxford, Pa. • Oxford Area
Matt Runtas	So.	Williamsport, Pa. • Loyalsock Township	Liz Muller	Jr.	Jamison, Pa. • Central Bucks West
Mike Sloboda	Jr.	Summit Hill, Pa. • Panther Valley	Amanda Osterlind	Jr.	Burlington, N.J. • Burlington Township
Rick Sutton	Jr.	Hatboro, Pa. • Hatboro-Horsham	Allie Peters	So.	Point Pleasant, N.J. • Point Pleasant Boro
Stephen Thomas	Sr.	Warminster, Pa. • William Tennent	Melanie Roy	Jr.	Bristol, Conn. • Bristol Eastern
Thomas Wicklund	So.	Shrewsbury, N.J. • Chrisitan Brothers	Gwen Stefan	Jr.	Lewisburg, Pa. • Lewisburg
Sean Yuschovitz	So.	Scranton, Pa. • Scranton	Karley Thompson	Jr.	Harrisburg, Pa. • Central Dauphin

Head Coach: John Stuhltrager

Assistant Coach: Pat McDevitt

Assistant Coach: Jena Marrinucci

Assistant Coach: Aimee Snyder

Assistant Coach: Adam Kurtz

A R C A D I A U N I V E R S I T Y K N I G H T S

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL	WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Collin Andrew	So.	Westmont, N.J. • Haddon Township	Erin Adelsberger	So.	Philadelphia, Pa. • Saint Hubert
David Battistelli	Jr.	Mays Landing, N.J. • Oakcrest	Elizabeth Begley	Jr.	Kendall Park, N.J. • South Brunswick
Alex Ganguzza	Jr.	Hasbrouck Heights, N.J. • Hasbrouck Heights	Whitney Boeckel	Jr.	York, Pa. • Spring Grove
Timothy Graham	So.	Teaneck, N.J. • Teaneck	Charity Brain	So.	Kendall Park, N.J.
Eric Lam	Fr.	Fremont, Calif. • Mission San Jose	Rebecca Burkhart	So.	Bethel Park, Pa. • Bethel Park
Jake Lindenau	So.	Maywood, N.J. • Hackensack	Lillie Curtis	Fr.	East Prospect, Pa. • Lancaster Catholic
Jonah McMasters	So.	Fontana, Calif. • Etiwanda	Maria D'Abbene	Jr.	Pottstown, Pa. • Pope John Paul II
Matthew Morano	Fr.	Staten Island, N.Y. • Monsignor Farrell	Elizabeth Dalton	Fr.	Bordentown, N.J. • Bordentown Regional
Will Nolter	So.	Philadelphia, Pa. • Father Judge	Shannon Davies	Fr.	Broomall, Pa. • Villa Maria Academy
			Carly Evans	Fr.	Waldorf, Md. • North Point
			Samantha Heeren	Jr.	Philadelphia, Pa. • Nazareth Academy
			Lauren Kerr	Jr.	Springfield, N.J. • Jonathan Dayton
			Melissa Malik	Fr.	Cherry Hill, N.J. • Cherry Hill West
			Katherine Nagy	Sr.	Merrimack, N.H. • Merrimack
			Jenna Neil	Jr.	Harrisburg, Pa. • Central Dauphin East
			Tara Nuzzo	Sr.	Mahwah, N.J. • Immaculate Heart Academy
			Kelly Stevenson	Jr.	Peekskill, N.Y. • Peekskill
			Anna Sweeney	Fr.	Highland Lakes, N.J. • Vernon Township
			Emma Tomasetti	Fr.	Garnet Valley, Pa. • Garnet Valley

Head Coach: John Geissinger

Assistant Coach: Quinn Bartlett

2014 MIDDLE ATLANTIC CONFERENCE TEAM ROSTERS

ELIZABETHTOWN COLLEGE BLUE JAYS

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Frank Capria	Jr.	Northborough, Mass. • St. John's
Matt Jensen	So.	Trenton, N.J. • Steinert
Kieran Koehler	Fr.	Hanover, Pa. • South Western
Conner Land	So.	Ephrata, Pa. • Ephrata
Andrew Malik	Sr.	Cherry Hill, N.J. • Cherry Hill West
Michael Rentschler	Sr.	Camp Hill, Pa. • East Pennsboro
Ramon Rios	Fr.	Stroudsburg, Pa. • Stroudsburg
Jake Stonecipher	Fr.	Catonsville, Md. • Catonsville
Ethan Weber	Fr.	Swarthmore, Pa. • Strath Haven

Head Coach: Mark Wilson

Assistant Coach: Slater Waltz

WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Sarah Alps	Fr.	Southampton, Pa. • Home School
Colleen Barry	So.	Eldora, N.J. • Middle Township
Anh Bui	Fr.	Hanoi, Vietnam • Hanoi-Amsterdam
Kimberly Cosgrove	Sr.	Easton, Pa. • Easton
Alyson Courtney	Fr.	Hamilton, N.J. • Hamilton West
Tara Deisher	Jr.	Kingsville, Md. • Notre Dame Prep
Katie Derreth	Fr.	Hanover, Pa. • South Western
Ashley Dispenziere	So.	Wantage, N.J. • High Point Regional
Rachel Engelhardt	So.	Horsham, Pa. • Hatboro-Horsham
Joni Fleming	So.	Murrysville, Pa. • Franklin Regional
Becki Lane	Jr.	Branchburg, N.J. • Somerville
Megan Leary	Sr.	Chestertown, Md. • Kent County
Megan Leppo	Sr.	Myerstown, Pa. • ELCO
Bonnie Lisk	So.	Bridgewater, N.J. • Bridgewater-Raritan
Amanda Long	So.	Bethlehem, Pa. • Saucon Valley
Mariselle Parisi	Fr.	Reading, Pa. • Berks Catholic
Amanda Robbins	Fr.	Chetlham, Pa. • Chetlham
Sarah Roesner	Fr.	Kingsville, Md. • Fallston
Sarah Romagnoli	So.	Frederick, Md. • Linganore
Hunter Smith	Jr.	Forked River, N.J. • Lacey Township

FAIRLEIGH DICKINSON UNIVERSITY DEVILS

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Kevin Andrews	So.	Sayreville, N.J. • Sayreville War Memorial
Justus Bredthauer	Fr.	Wunstorf, Germany • Holty Gymnasium
Quami Brown	Fr.	Union, N.J.
Christian Bustillo	So.	Ridgefield Park, N.J. • Ridgefield Park
Erik Ekstrand	Jr.	Scotch Plains, N.J. • Scotch Plains Fanwood
Corey Esposito	Sr.	Wayne, N.J. • Wayne Valley
Harry Givas	Sr.	Manahawkin, N.J. • Southern Regional
Jhonathan Gonzalez	So.	North Plainfield, N.J. • North Plainfield
Logan Minick	Fr.	West Milford, N.J. • West Milford
David Nadler	So.	Randolph, N.J. • Randolph
Stephen O'Brien	Fr.	Washington, N.J. • Warren Hills Regional
David Padilla	Sr.	Elizabeth, N.J. • Elizabeth
William Raynes	So.	Basking Ridge, N.J. • Ridge
Jurgen Troka	Fr.	Elizabeth, N.J. • Alexander Hamilton Prep
David Warren	Jr.	Trenton, N.J. • Trenton

WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Alexandra Duarte	So.	Bayville, N.J. • Central Regional
Katherine Emery	Fr.	Ridley Park, Pa. • Ridley Park
Tamara Guzman	So.	Perth Amboy, N.J. • Perth Amboy
Jenna Levine	Fr.	New Milford, N.J. • New Milford
Stephanie Petrosino	So.	Hillsborough, N.J. • Hillsborough

Head Coach: Courtney Larcom

HOOD COLLEGE BLAZERS

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Eliseo Bell-Urbe	Fr.	Keizer, Ore. • McNary
Alex Bodine	Jr.	Frederick, Md. • Urbana
Jonathan Bullard-Sisken	So.	Silver Spring, Md. • Montgomery Blair
Scott Clark	Fr.	Ft. Lauderdale, Fla. • American Heritage
Jonathan Collier	Jr.	Darby, Pa. • Home School
Michael Curry	So.	Charlotte, N.C. • Charlotte Catholic
BJ Daisey	Fr.	Lewes, Del. • Sussex Tech
Connor Eliff	Sr.	Frederick, Md. • Frederick
Kenny Garced-Valle	Fr.	Frederick, Md. • Tuscarora
Chris Gardner	Fr.	Smyrna, Del. • Cab Calloway School of the Arts
Drake Halpern	Sr.	Oceanport, N.J. • Shore Regional
Nate Leighton	So.	Pittsfield, Mass. • Taconic
Alessio Mario	Fr.	Mullica Hill, N.J. • Clearview Regional
Lucas Mestas-Nunez	Fr.	Corpus Christi, Texas • Bluff
Victor Muleki	Fr.	Irving, Texas • MacArthur
Cameron Rogers	Fr.	Severn, Md. • Archbishop Spalding
Peter Shepard	Jr.	New Market, Md. • Linganore (FCC)

WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Lindsay Cronin	Jr.	Arlington, Va. • Washington & Lee
Caitlin Fay	So.	Henrico, Va. • Mills E. Godwin
Lauren Fogarty	So.	Arnold, Md. • Broadneck
Ashley Griffin	Fr.	Littlestown, Pa. • Delone Catholic
Sydney Langer	Fr.	Falls Church, Va. • Falls Church
Anne Lessard	Fr.	Natick, Mass. • Natick
Shannon McHale	So.	Hauppauge, N.Y. • Hauppauge
Daniela Mittelkamp	Sr.	Parkville, Md. • Catholic
Hayley Rogers	Jr.	Jefferson, Md. • Brunswick
Theresa Schwarzwald Jr.	Fr.	Columbia, Md. • Wilde Lake
Shannon Welch	Fr.	Henderson, Nev. • Las Vegas Academy of the Arts
Brittany Whitham	So.	Fort Collins, Colo. • Resurrection Christian

Head Coach: Don Feinberg

Assistant Coach: Andrew Bodine

2014 MIDDLE ATLANTIC CONFERENCE TEAM ROSTERS

K I N G ' S C O L L E G E M O N A R C H S

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Lucas Crock	Jr.	Silver Spring, Md. • St. John's
Matthew Dickson	Jr.	Galloway, N.J. • Absegami
Logan Kraus	Fr.	Harrisburg, Pa. • Central Dauphin
Nate Lahr	Sr.	Galloway, N.J. • Absegami
Jame McLaughlin	Fr.	Mt. Kisco, N.Y. • Yorktown
Kyle Newton	Jr.	Cheshire, Conn. • Xavier
Andrew Reimann	So.	Morton, Pa. • Ridley
Josh Shoemaker	Fr.	Gilbertsville, Pa. • Boyertown Area
Michael Sweeney	Jr.	Highland Lakes, N.J. • Vernon Township
Justin Weilert	Sr.	West Islip, N.Y. • West Islip
Joseph Wescoat	Sr.	Egg Harbor City, N.J. • Absegami

Head Coach: Matt Easterday

Assistant Coach: Warren Dolben

WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Macawley Brown	Jr.	Harding, Pa. • Wyoming Area
Caroline Fitch	Jr.	Bethlehem, Pa. • Liberty
Katie Fitch	Fr.	Bethlehem, Pa. • Liberty
Shannon Johnson	Jr.	Bensalem, Pa. • Nazareth Academy
Rachel Jonas	So.	Philadelphia, Pa. • St. Hubert's Girls
Alexa Lambert	Fr.	Alburtis, Pa. • Brandywine Heights
Patricia Manning	Sr.	York, Pa. • York Suburban
Erin McLin	Sr.	Sinking Spring, Pa. • Wilson
Chrissy O'Loughlin	Jr.	Westtown, N.Y. • Minisink Valley
Gabrielle Pellicciotti	Fr.	Morgantown, Pa. • Twin Valley
Marybeth Rudy	Fr.	Annaville, Pa. • Palmyra
Caitlin Tracchio	Jr.	Macungie, Pa. • Allentown Central Catholic
Brigid Wynn	Fr.	Watertown, Conn. • William H. Hall

L E B A N O N V A L L E Y C O L L E G E D U T C H M E N

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Bryce Betz	Fr.	Palmyra, Pa. • Palmyra
Elliott Bonds	Sr.	Palmyra, Pa. • Palmyra
Adam Brock	Fr.	Hummelstown, Pa. • Lower Dauphin
Bobby Burkhart	So.	Pottstown, Pa. • Germantown Academy
Timothy Carroll	Jr.	Birdsboro, Pa. • Twin Valley
Joseph Chubb	Sr.	Hershey, Pa. • Hershey
Garrett Collins	Fr.	Allentown, Pa. • Salisbury
David Corvino	So.	Bethlehem, Pa. • Freedom
Andrew Deihl	So.	Elysburg, Pa. • Southern
Matt Dwyer	Sr.	Collegeville, Pa. • Spring Ford
Jonathan Fogleman Jr.	Jr.	York, Pa. • William Penn
Brett Frazier	Jr.	Conowingo, Md. • Rising Sun
Brandon Gawel	Jr.	Newark, Del. • Caravel
Nate Ginder	Fr.	Manheim, Pa. • Manheim
Clay Heebner	So.	Mercersburg, Pa. • James Buchanan
Austen Hellerick	Sr.	Douglassville, Pa. • Daniel Boone
Ian Jackson	So.	Schwenksville, Pa. • Perkiomen Valley
Brody Lipsett	Jr.	Pottsville, Pa. • Minersville
Michael Meck	Jr.	Lancaster, Pa. • Lancaster Catholic
Nick Seaton	Jr.	Ambler, Pa. • Lansdale Catholic
Blade Umstead	So.	Pennsburg, Pa. • Upper Perkiomen
Dan Weinel	Jr.	Jarrettsville, Md. • Baltimore Lutheran

Head Coach: Mary Gardner

Assistant Coach: Jim Gardner

WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Jessica Boyd	Jr.	Hellam, Pa. • Eastern York
Noelle Brossman	Sr.	Ephrata, Pa. • Ephrata
Kalah Burger	Jr.	Lititz, Pa. • Manheim Township
Brianna Cosgrove	Fr.	Easton, Pa. • Easton
Lauren Decker	Fr.	Grove City, Pa. • Grove City
Sabrina Fellenbaum	Jr.	Manheim, Pa. • Manheim Central
Samantha Fellenbaum Jr.	Jr.	Manheim, Pa. • Manheim Central
Sarah Foery	Jr.	York, Pa. • West York
Katie Frace	Fr.	Nazareth, Pa. • Nazareth
Marie Gorman	Fr.	Holidaysburg, Pa. • Holidaysburg
Alicia Hain	Sr.	Lebanon, Pa. • Cedar Crest
Morgan Heisey	Fr.	East Petersburg, Pa. • Hempfield
Kara Hess	Fr.	Reinholds, Pa. • Cocalico
Samantha Heydt	Fr.	Reading, Pa. • Exeter
Robin Holman	Jr.	Reading, Pa. • Towanda Area
Jan Ikeda	Jr.	Harleysville, Pa. • North Penn
Kelsey Jackson	Jr.	Birdsboro, Pa. • Exeter Township
Alayna Kalinay	So.	Dillsburg, Pa. • Northern Senior
Erin Kingham	So.	Haddonfield, N.J. • Haddon Township
Krysteena Koller	Sr.	Lebanon, Pa. • Cedar Crest
Erica Laufer	Jr.	Fair Lawn, N.J. • Fair Lawn
Kat Matekovic	Fr.	Boothwyn, Pa. • Chichester
Kendall Mehaffey	So.	Vineland, N.J. • Vineland
Julia Mongeau	Sr.	Lancaster, Pa. • Hempfield
Elizabeth O'Connor	Fr.	Cleona, Pa. • Annville-Cleona
Gio Ortiz	So.	Manheim, Pa. • Manheim Central
Jackie Paton	Jr.	Milford, Conn. • Jonathan Law
Emily Pipkin	So.	Hollywood, Md. • Leonardtown
Krystal Steenwyk	Jr.	Glen Rock, Pa. • Susquehannock
Taylor Steinsnyder	So.	Lancaster, Pa. • Manheim Township
Alexis Tate	Fr.	York Springs, Pa. • Bermudian Springs
Kyra Valent	Fr.	Stevens, Pa. • Ephrata
Carli Weldon	Sr.	Harrisburg, Pa. • Central Dauphin

2014 MIDDLE ATLANTIC CONFERENCE TEAM ROSTERS

LYCOMING COLLEGE WARRIORS

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL	WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Alex Anderson	So.	Webster, N.Y. • Webster Thomas	Hannah Bischoff	So.	Germantown, Md. • Northwest
Dan Apostolu	So.	Springfield, Pa. • Springfield	Morgan Black	Fr.	Douglassville, Pa. • Daniel Boone
C.J. Arhontakis	Sr.	West Grove, Pa. • Avon Grove	Carly Brower	Fr.	East Stroudsburg, Pa. • East Stroudsburg North
Zack Brower	Sr.	East Stroudsburg, Pa. • East Stroudsburg	Brigid Clark	Jr.	Wyndmoor, Pa. • Springfield
Joshua Cram	Fr.	Mill Hall, Pa. • Central Mountain	Cydnei Crust	Fr.	Bellefonte, Pa. • Commonwealth Connections Academy
D.J. Cunningham	So.	McAdoo, Pa. • Hazleton Area	Meredith Ellmore	Sr.	Lothian, Md. • Southern
Luke Dohrman	Sr.	Huntingtown, Md. • Huntingtown	Jilly Flynn	So.	Murrysville, Pa. • Franklin Regional
Trevor Endler	So.	East Brunswick, N.J. • East Brunswick	Alexia Follweiler	Jr.	New Ringgold, Pa. • Panther Valley
Peter Fields	Sr.	Burke, Va. • Robinson	Emily Grusholt	Jr.	Mechanicsville, Md. • Chopticon
Jacob Fronko	Fr.	Lewisberry, Pa. • Red Land	Linda Hawn	Fr.	Mansfield, Pa. • Mansfield
Andrew Gale	Jr.	Levittown, Pa. • Pennsbury East	Megan Hepler	Fr.	Williamsport, Pa. • Williamsport Area
T.J. Guminski	Jr.	Ambler, Pa. • Hatboro-Horsham	Jordyn Hotchkiss	So.	Weare, N.H. • John Stark Regional
Zak Kibler	So.	East Greenville, Pa. • Upper Perkiomen	Tenninger Kellenbarger	So.	Encinitas, Calif. • LaCosta Canyon
Jacob Miller	Fr.	Cooperstown, N.Y. • Cooperstown Central	Courtney Kitchen	Fr.	Montgomery, Pa. • Montgomery
Jake Pelinsky	Sr.	Southwick, Mass. • Westfield	Danielle Loiseau	Jr.	Lancaster, Pa. • Hempfield
Kyle Petchock	Jr.	Belle Mead, N.J. • Montgomery	Cathrin Manning	So.	York, Pa. • York Suburban
Jack Port	Sr.	Mechanicsburg, Pa. • Cedar Cliff	Jennie Marosits	Sr.	Mt. Lakes, N.J. • Mt. Lakes
Kyle Shakespeare	Sr.	Budd Lake, N.J. • Mount Olive	Kelsey Rawson	Jr.	Waldorf, Md. • North Point
Aaron Slagle	Jr.	Waynesburg, Ohio • Sandy Valley	BethAnn Schwoyer	Jr.	Williamsport, Pa. • Home School
Josh Thomas	So.	Fort Wayne, Ind. • Concordia Lutheran	Felicia Sloyer	So.	East Greenville, Pa. • Upper Perkiomen
Daniel Woods	Jr.	East Stroudsburg, Pa. • East Stroudsburg	Madison Walmer	Fr.	Ephrata, Pa. • Ephrata
			Jess Wimmer	Fr.	Souderton, Pa. • Souderton Area

Head Coach: Jerry Hammaker

Assistant Coach: Myles Biggs

Assistant Coach: Jeff Rauff

Assistant Coach: Charlie Robinson

Assistant Coach: Kelly Henrie

MESSIAH COLLEGE FALCONS

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL	WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Chad Alshouse	Fr.	Lancaster, Pa. • Conestoga Valley	Gabrielle Brubaker	So.	Lititz, Pa. • Warwick
Nate Brown	Sr.	Ephrata, Pa. • Ephrata	Lauren Clune	Jr.	Burrell, Pa. • Burrell
Daniel Clemente	Fr.	Bayport, N.Y. • Bayport/Blue Point	Serena Dixon	Sr.	Harrisburg, Pa. • Central Dauphin
Dylan Clemente	Fr.	Bayport, N.Y. • Bayport/Blue Point	Lydia Ellsworth	Fr.	Edwardsville, Pa. • Wyoming Valley West
Joe Cornelius	So.	South Plainfield, N.J. • South Plainfield	Cassie Forman	Sr.	Westminster, Md. • Francis Scott Key
Aaron Eckman	So.	New Holland, Pa. • Lancaster Mennonite	Tara Freeman	Fr.	Lititz, Pa. • Lancaster Bible College
Reid Hartzell	Sr.	Williamsport, Pa. • Loyalsock Township	Marissa Jones	Jr.	Louisville, Ohio • Louisville
Daniel Jessen	Fr.	Annandale, Va. • Annandale	Caitlin Magaw	So.	Gambrills, Md. • South River
Evan Jewell	Sr.	Winchester, Va. • Home School	Anna McArdle	So.	Orchard Park, N.Y. • Orchard Park
Sam Kidd	Jr.	Sinking Spring, Pa. • Wilson	Autumn Merrill	Fr.	Uniontown, Ohio • Green
Zach Krueger	Sr.	Glen Rock, Pa. • Southwestern	Renee Ormond	So.	Fairlawn, Ohio • Cuyahoga Valley Christian Academy
Duncan McDermond	So.	Mechanicsburg, Pa. • Mechanicsburg Area	Emily Reale	Fr.	Mount Joy, Pa. • Elizabethtown Area
Luke Morrissey	Fr.	Waldorf, Md. • North Point	Brittany Redell	Fr.	Wellsboro, Pa. • Wellsboro
Phil Rodo	Fr.	Lock Haven, Pa. • Central Mountain	Katie Reiter	Jr.	Columbus, Ohio • Worthington Kilbourne
Luke Sagaser	Jr.	Centerville, Md. • Home School	Hanna Schaffer	Sr.	Mechanicsburg, Pa. • Mechanicsburg
Zach Schutte	Sr.	Lititz, Pa. • Warwick	Aimee Stehman	So.	Mount Joy, Pa. • Donegal
Ryan Shields	Sr.	Wyomissing, Pa. • Wyomissing	Abbie Stonelake	Jr.	Collegeville, Pa. • Methacton
Nathanael Skroban	Fr.	Waynesboro, Pa. • Home School	Sarah Zwart	Fr.	Montgomery, Pa. • Pine Bush
Mark Wagner	Jr.	Bel Air, Md. • Fallston			
David Whiting	Jr.	Lititz, Pa. • Warwick			
Nick Wieder	Fr.	Souderton, Pa. • Souderton			
Daniel Wingert	Sr.	Lebanon, Pa. • Home School			
Adam Zech	So.	York, Pa. • Central York			

Head Coach: Nancy Luley

Assistant Coach: Jeannie Zappe

2014 MIDDLE ATLANTIC CONFERENCE TEAM ROSTERS

M I S E R I C O R D I A U N I V E R S I T Y C O U G A R S

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL	WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
David Barylski	So.	Bethlehem, Pa. • Freedom	Dani Blass	So.	Berwick, Pa. • Central Columbia
Matt Cullen	So.	Weatherly, Pa. • Weatherly Area	Kerri Ciriello	So.	Pompton Lakes, N.J. • Pompton Lakes
Kelsey Dorman	Fr.	Millersburg, Pa. • Millersburg	Jacqueline Cormier	So.	Maywood, N.J. • Hackensack
Matthew Essington Sr.		Brick, N.J. • Brick Township	Leah Davis	Jr.	Stafford Township, N.J. • Southern Regional
Nicholas Essington Jr.		Brick, N.J. • Brick Township	Megan DiPalo	So.	Cherry Hill, N.J. • Bishop Eustace
Christopher Gleason	So.	Philadelphia, Pa. • Father Judge	Taylor Grenier	So.	Willow St., Pa. • Lampeter-Strasburg
Rob Jacobs	Fr.	Kingston, Pa. • Wyoming Valley West	Bree Grzech	Sr.	Mountaintop, Pa. • Crestwood
Peter Kolokithias	Jr.	North Wales, Pa. • North Penn	Dana Hallam	Jr.	Schenectady, N.Y. • Schalmont
Thomas Machi	Jr.	West Caldwell, N.J. • James Caldwell	Beth Karmondy	Sr.	Colorado Springs, Colo. • Air Academy
Pat O'Dell	So.	Beacon Falls, Conn. • Woodland Regional	Brittany Luzik	Sr.	Halifax, Pa. • Halifax Area
Chris Panagacos	Jr.	Sinking Spring, Pa. • Danville Area	Allison McCallister	So.	Huntingdon Valley, Pa. • Bishop McDevitt
Danny Redell	So.	Danville, Pa. • Danville Area	Amanda Stammherr	Jr.	Bethlehem, Pa. • Freedom
Thomas Scott	Fr.	Huntington Station, N.Y. • Huntington	Kelly Strahosky	Fr.	Mechanicsburg, Pa. • Carlisle
Brad Thomas	Jr.	Wappingers Falls, N.Y. • Roy C Ketcham	Allison Thomas	Sr.	Warminster, Pa. • Williams Tennent
			Aryn Zimmerman	Jr.	Murrysville, Pa. • Franklin Regional

Head Coach: Matt VanDerMeid

Assistant Coach: Ray Amato

Assistant Coach: Ed Halloran

W I D E N E R U N I V E R S I T Y P R I D E

MEN	CLASS	HOMETOWN • PREVIOUS SCHOOL	WOMEN	CLASS	HOMETOWN • PREVIOUS SCHOOL
Vadim Belogorodsky Jr.		Huntingdon Valley, Pa. • Lower Moreland	Jennifer Barkofski	Sr.	Norristown, Pa. • Archbishop Carroll
Gianni DeFrancesco	Fr.	Cherry Hill, N.J. • Cherry Hill	Kelly Compell	Fr.	Jackson, N.J. • Jackson Memorial
Eric Farrington	Fr.	Neptune, N.J. • Neptune	Laura Harris	Sr.	Phoenix, Md. • Dulaney
Joseph Fresta	Fr.	Cherry Hill, N.J. • Cherry Hill	Melaney Heald	Fr.	Georgetown, Del. • Sussex Central
Ian Gaynor	Fr.	Donegal, Ireland • Scoil Mhuire	Alicia Jenkins	So.	Downingtown, Pa. • Downintown West
Shimron George	Fr.	St. Andrew, Grenada • Presentation Brothers College	Sara Leonelli	Sr.	Vineland, N.J. • Vineland
Michael Grajek	Fr.	Freehold, N.J. • Freehold	Kori Meighan	So.	Holmes, Pa. • Ridley
Jeffrey Hicks	Fr.	White Haven, Pa. • Hazelton	Erin Neugebauer	Fr.	Eden Prairie, Minn. • Winona State
Jeremy Lahn	Fr.	Philadelphia, Pa. • Father Judge	Anna Pelligra	Fr.	Manasquan, N.J. • Red Bank Catholic
Michael Lawley	Sr.	Philadelphia, Pa. • Father Judge	Emily Petillo	Fr.	Wilmington, Del. • Padua
Jacob Lightman	Fr.	Turnersville, N.J. • Washington Township	Carli Rapp	Sr.	Reading, Pa. • Muhlenberg
Patrick Lightman	Fr.	Southampton, Pa. • Holy Ghost	Annie Walker	So.	New Castle, Del. • Cab Calloway School for the Arts
Andy Madore	So.	State College, Pa. • State College Area	Carly Wray	Sr.	Ocean View, N.J. • Ocean City
Andrew Olchowecky Jr.		Philadelphia, Pa. • Archbishop Ryan			
Tyler Palma	Fr.	White Haven, Pa. • Hazelton			
Matthew Pettinato	Fr.	Clarks Summit, Pa. • Abington Heights			
Andrew Pownall	Fr.	Pitman, N.J. • Pitman			
James Prouix	Fr.	Tunkhannock, Pa. • Tunkhannock			
Stephen Ranalli	So.	Wildwood, N.J. • Cape May Tech			

Head Coach: Katy Peterson

Assistant Coach: Ben Safran

Assistant Coach: Michael Dougherty

HISTORICAL MAC SWIMMING CHAMPIONS

INDIVIDUAL CHAMPIONS TOP 10 PERFORMANCES MEN

50 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 21.00	2011	Greg Vossler • Misericordia
2. 21.17	2005	Steven Hawley • Lycoming
3. 21.37	2013	RJ Porrazzo • Albright
4. 21.49	1991	Robert Newman • Western Maryland
5. 21.51	2012	RJ Porrazzo • Albright
6. 21.53	1994	Stephen Fowler • Elizabethtown
7. 21.54	1971	Steve Winings • Bucknell
7. 21.54	1972	Steve Winings • Bucknell
9. 21.56	1998	Mike Coughlin • Widener
9. 21.56	2006	Steven Hawley • Lycoming

100 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 46.89	1987	Tyler Bierly • Gettysburg
2. 46.99	1984	Kevin Anderson • Johns Hopkins
3. 47.06	1999	Mike Coughlin • Widener
4. 47.15	2011	Eric Kramer • Albright
4. 47.15	2013	Mike McBride • Albright
6. 47.20	1969	Don Strunk • LaSalle
7. 47.35	2012	Adam Grzech • Misericordia
8. 47.36	2002	Casey Moore • Elizabethtown
9. 47.42	2001	Casey Moore • Elizabethtown
10. 47.47	1986	Tyler Bierly • Gettysburg

200 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 1:42.20	2001	Casey Moore • Elizabethtown
2. 1:42.74	2002	Casey Moore • Elizabethtown
3. 1:43.14	2011	Eric Kramer • Albright
4. 1:43.56	2003	Casey Moore • Elizabethtown
5. 1:44.18	1991	Robert Newman • Western Maryland
6. 1:44.31	2010	Eric Kramer • Albright
7. 1:44.38	2009	Eric Kramer • Albright
8. 1:44.49	2013	Mike McBride • Albright
9. 1:44.89	1987	Tyler Bierly • Gettysburg
10. 1:44.90	1984	Mike Leonhardt • Johns Hopkins

500 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 4:41.06	2013	Rick Sutton • Albright
2. 4:41.46	2012	Rick Sutton • Albright
3. 4:41.92	1983	Mike Leonhardt • Johns Hopkins
4. 4:42.06	2001	Casey Moore • Elizabethtown
5. 4:42.80	1976	Todd Russell • Johns Hopkins
6. 4:43.13	2008	Eric Kramer • Albright
7. 4:43.29	1987	Eric Meixner • Johns Hopkins
8. 4:43.35	1986	Eric Meixner • Johns Hopkins
9. 4:43.50	2011	Eric Kramer • Albright
10. 4:44.56	1982	Scott Barry • Franklin & Marshall

1650 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 16:13.92	2013	Rick Sutton • Albright
2. 16:15.68	2012	Rick Sutton • Albright
3. 16:23.87	1985	Mark Postler • Johns Hopkins
4. 16:32.16	1986	Eric Meixner • Johns Hopkins
5. 16:37.07	1987	Robert Tempel • Gettysburg
6. 16:38.36	2011	Joe Deighan • Albright
7. 16:41.58	2008	Eric Kramer • Albright
8. 16:43.28	2003	Matt Stumhofer • Albright
9. 16:44.22	1990	Steve Grubb • Ursinus
10. 16:45.50	2004	Matt Stumhofer • Albright

100 YARD BACKSTROKE

TIME	YEAR	SWIMMER • SCHOOL
1. 50.72	2013	RJ Porrazzo • Albright
2. 51.20	2012	RJ Porrazzo • Albright
3. 52.52	2007	Chris Miller • Elizabethtown
3. 52.52	2009	Chris Sheerer • Albright
5. 52.57	2008	Chris Miller • Elizabethtown
6. 52.76	2005	Steve Hawley • Lycoming
7. 52.79	2011	Adam Kurtz • Albright
8. 53.06	1996	Seth Klinefelter • Lebanon Valley
9. 53.14	2002	Brent Archer • Drew
10. 53.28	1993	Matt McKenna • Gettysburg

200 YARD BACKSTROKE

TIME	YEAR	SWIMMER • SCHOOL
1. 1:51.29	2013	RJ Porrazzo • Albright
2. 1:52.50	2010	Chris Sheerer • Albright
3. 1:53.63	2011	Chris Sheerer • Albright
4. 1:53.78	2007	Chris Miller • Elizabethtown
5. 1:54.04	2009	Chris Sheerer • Albright
6. 1:54.22	2003	Eric Daney • Albright
7. 1:54.34	2006	Eric Daney • Albright
8. 1:54.85	2004	Eric Daney • Albright
8. 1:54.85	2008	Chris Miller • Elizabethtown
10. 1:55.34	2005	Eric Daney • Albright

100 YARD BREASTSTROKE

TIME	YEAR	SWIMMER • SCHOOL
1. 1:00.09	1977	Bill Smiddy • Johns Hopkins
1. 1:00.09	2003	Billy Ruth • Albright
3. 1:00.41	1984	Alan Barry • Johns Hopkins
4. 1:00.43	2005	Matthew Snyder • Widener
5. 1:00.60	2002	Billy Ruth • Albright
6. 1:00.64	2008	Steven Goss • Widener
7. 1:00.67	2007	Derel Wolf • Susquehanna
8. 1:00.69	2013	Doug Ranson • Misericordia
9. 1:00.80	1992	Mike Schlotterbeck • Elizabethtown
10. 1:00.82	2004	Adam Fletcher • Albright

200 YARD BREASTSTROKE

TIME	YEAR	SWIMMER • SCHOOL
1. 2:05.58	2011	Jeff Clark • Misericordia
2. 2:07.05	2010	Jeff Clark • Misericordia
3. 2:10.43	2012	Doug Ranson • Misericordia
4. 2:11.18	1979	Bill Smiddy • Johns Hopkins
5. 2:11.20	1989	Todd Robinson • Ursinus
6. 2:11.21	1994	Mike Schlotterbeck • Elizabethtown
7. 2:11.26	2009	Jeff Clark • Misericordia
8. 2:11.38	1981	Jon Blank • Johns Hopkins
9. 2:12.11	1986	Alan Barry • Johns Hopkins
10. 2:12.40	1993	Mike Schlotterbeck • Elizabethtown
10. 2:12.40	2005	Matthew Snyder • Widener

100 YARD BUTTERFLY

TIME	YEAR	SWIMMER • SCHOOL
1. 51.61	2005	Kevin Carson • Widener
1. 51.61	2008	Kevin Carson • Widener
3. 51.86	2006	Kevin Carson • Widener
4. 51.89	2012	Adam Kurtz • Albright
5. 51.90	1973	Bill Milne • Johns Hopkins
6. 51.94	2013	Alex Bauer • Albright
7. 52.06	2011	Adam Kurtz • Albright
8. 52.18	2010	Drew Wissler • Messiah
9. 52.37	2007	Kevin Carson • Widener
10. 52.42	1976	Clyde Vetter • Dickinson
10. 52.42	2003	Adam Fletcher • Albright

200 YARD BUTTERFLY

TIME	YEAR	SWIMMER • SCHOOL
1. 1:55.10	1972	Bill Milne • Johns Hopkins
2. 1:55.15	1984	Steve Segreto • Johns Hopkins
3. 1:55.34	2008	Kevin Carson • Widener
4. 1:55.42	1974	Bill Milne • Johns Hopkins
5. 1:55.74	2006	Kevin Carson • Widener
6. 1:55.76	2013	Adam Kurtz • Albright
7. 1:56.25	2012	Adam Kurtz • Albright
8. 1:56.97	2007	Kevin Carson • Widener
9. 1:57.50	1971	Bill Milne • Johns Hopkins
10. 1:57.58	1978	Brian Kawczynski • King's

200 YARD INDIVIDUAL MEDLEY

TIME	YEAR	SWIMMER • SCHOOL
1. 1:53.79	2010	Chris Sheerer • Albright
2. 1:55.37	2011	Joe Deighan • Albright
3. 1:55.38	2009	Chris Sheerer • Albright
4. 1:55.59	2008	Chris Sheerer • Albright
5. 1:56.60	2006	Kevin Carson • Widener
6. 1:57.43	2013	Adam Vogel • Albright
7. 1:57.80	2005	Eric Daney • Albright
8. 1:57.89	2003	Casey Moore • Elizabethtown
9. 1:57.93	2004	Eric Daney • Albright
10. 1:58.06	2007	Kevin Carson • Widener

400 YARD INDIVIDUAL MEDLEY

TIME	YEAR	SWIMMER • SCHOOL
1. 4:07.39	2010	Chris Sheerer • Albright
2. 4:10.23	2013	Adam Vogel • Albright
3. 4:10.97	2011	Chris Sheerer • Albright
4. 4:12.96	2007	Joseph Veselovsky • Scranton
5. 4:13.02	2008	Matt Slomiany • Widener
6. 4:13.22	2006	Eric Daney • Albright
7. 4:14.01	2012	Adam Vogel • Albright
8. 4:14.34	1985	Dick Johnson • Johns Hopkins
9. 4:15.94	2009	Matt Slomiany • Widener
10. 4:15.98	2005	Andy Ikeler • Albright

200 YARD FREESTYLE RELAY

TIME	YEAR	SCHOOL
1. 1:24.22	2013	Albright
2. 1:24.85	2011	Misericordia
3. 1:25.66	2012	Misericordia
4. 1:26.04	1992	Widener
4. 1:26.04	2010	Misericordia
6. 1:26.30	1993	Gettysburg
7. 1:26.36	2003	Albright
8. 1:26.42	2004	Lycoming
9. 1:26.51	2006	Widener
10. 1:26.52	1991	Widener

400 YARD FREESTYLE RELAY

TIME	YEAR	SCHOOL
1. 3:07.26	2013	Albright
2. 3:09.75	1987	Johns Hopkins
3. 3:09.84	2011	Misericordia
4. 3:10.00	2012	Misericordia
5. 3:10.91	2004	Albright
6. 3:11.13	2010	Albright
7. 3:11.26	2009	Albright
8. 3:11.45	1983	Gettysburg
9. 3:11.46	2003	Albright
10. 3:11.68	2008	Widener

800 YARD FREESTYLE RELAY

TIME	YEAR	SCHOOL
1. 7:00.07	1987	Johns Hopkins
2. 7:00.97	1986	Johns Hopkins
3. 7:02.88	2011	Widener
4. 7:03.93	2013	Albright
5. 7:06.09	2008	Widener
6. 7:06.90	1991	Franklin & Marshall
7. 7:06.97	2012	Misericordia
8. 7:07.59	2005	Widener
9. 7:08.25	2007	Widener
10. 7:08.53	2010	Widener

HISTORICAL MAC SWIMMING CHAMPIONS

INDIVIDUAL CHAMPIONS TOP 10 PERFORMANCES MEN (CONT.)

200 YARD MEDLEY RELAY

TIME	YEAR	SCHOOL
1. 1:33.78	2011	Misericordia
2. 1:35.04	2012	Misericordia
3. 1:35.50	2013	Albright
4. 1:35.62	2006	Widener
5. 1:35.67	2010	Misericordia
6. 1:36.00	2009	Albright
7. 1:37.00	2004	Albright
8. 1:37.07	2007	Widener
9. 1:37.13	2008	Widener
10. 1:37.65	2005	Albright

400 YARD MEDLEY RELAY

TIME	YEAR	SCHOOL
1. 3:28.03	2011	Misericordia
2. 3:28.28	2012	Misericordia
3. 3:29.97	2010	Albright
4. 3:30.23	2006	Widener
5. 3:30.77	2013	Albright
6. 3:32.66	2005	Widener
7. 3:32.90	2004	Widener
8. 3:33.65	2008	Widener
9. 3:34.04	2009	Albright
10. 3:34.43	1993	Gettysburg

INDIVIDUAL CHAMPIONS TOP 10 PERFORMANCES WOMEN

50 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 23.93	2011	Laura Harris • Widener
2. 23.97	2012	Laura Harris • Widener
3. 24.46	1977	Debbie Weiler • Ursinus
4. 24.42	2013	Tara Nuzzo • Arcadia
5. 24.54	1992	Jennifer Derstine • Ursinus
6. 24.66	2005	Kathy Trainor • Juniata
6. 24.66	2010	Alicia Bryk • Misericordia
8. 24.71	1991	Jennifer Derstine • Ursinus
9. 24.75	2009	Abby Kocon • Misericordia
10. 24.78	1993	Jennifer Derstine • Ursinus

100 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 52.28	2011	Laura Harris • Widener
2. 52.68	1977	Debbie Weiler • Ursinus
3. 52.82	2012	Kelsey Lake • Widener
4. 53.35	2006	Erin Jagielski • Albright
5. 53.43	2013	Tara Nuzzo • Arcadia
6. 53.48	1991	Jennifer Derstine • Ursinus
7. 53.56	2004	Kathy Trainor • Juniata
8. 53.57	2001	Carrie Miller • Albright
9. 53.62	1993	Jennifer Derstine • Ursinus
10. 53.80	1992	Jennifer Derstine • Ursinus

200 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 1:55.16	1991	Lynne Cassidy • Gettysburg
2. 1:55.53	2012	Kelsey Lake • Widener
3. 1:55.61	2000	Carrie Miller • Albright
4. 1:55.71	2001	Carrie Miller • Albright
5. 1:56.59	1992	Lynne Cassidy • Gettysburg
6. 1:56.81	1989	Lynne Cassidy • Gettysburg
6. 1:56.81	2006	Erin Jagielski • Albright
8. 1:56.83	2007	Erin Jagielski • Albright
9. 1:57.14	2013	Kelsey Lake • Widener
10. 1:57.26	2011	Kelsey Lake • Widener

500 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 5:04.37	1991	Lynne Cassidy • Gettysburg
2. 5:06.98	1992	Lynne Cassidy • Gettysburg
3. 5:08.98	1989	Lynne Cassidy • Gettysburg
4. 5:09.98	2012	Kelsey Lake • Widener
5. 5:11.05	1990	Lynne Cassidy • Gettysburg
6. 5:11.44	2004	Shandra Keeler • Widener
7. 5:11.94	2001	Carrie Miller • Albright
8. 5:11.98	1982	Tonya Balkeman • Franklin & Marshall
9. 5:12.40	1997	Lauren Kenworthy • Drew
10. 5:14.34	1993	Debra Christman • Franklin & Marshall

1650 YARD FREESTYLE

TIME	YEAR	SWIMMER • SCHOOL
1. 17:48.22	1991	Lynne Cassidy • Gettysburg
2. 17:53.19	1989	Lynne Cassidy • Gettysburg
3. 17:55.13	2013	Colleen Tighe • Widener
4. 17:58.21	2004	Shandra Keeler • Widener
5. 17:58.47	2002	Kristen Best • Scranton
6. 17:59.92	1990	Kathleen Carroll • Washington
7. 18:03.57	2003	Shandra Keeler • Widener
8. 18:05.33	1988	Kiki Jacobs • Dickinson
9. 18:06.65	1997	Lauren Kenworthy • Drew
10. 18:06.70	2007	Adrienne Peoples • Albright

100 YARD BACKSTROKE

TIME	YEAR	SWIMMER • SCHOOL
1. 58.74	2011	Katelynn Sagaser • Messiah
2. 58.92	2012	Katelynn Sagaser • Messiah
3. 59.28	2013	Breanna Grech • Misericordia
4. 59.92	2005	Cindy Barner • Albright
5. 1:00.00	1992	Jennifer Derstine • Ursinus
6. 1:00.10	1999	Sarah Gazdalski • Scranton
7. 1:00.25	2002	Cindy Barner • Albright
8. 1:00.33	2004	Cindy Barner • Albright
9. 1:00.38	1993	Jennifer Derstine • Gettysburg
10. 1:00.48	1991	Jennifer Derstine • Ursinus

200 YARD BACKSTROKE

TIME	YEAR	SWIMMER • SCHOOL
1. 2:03.21	2013	Laura Harris • Widener
2. 2:03.30	2012	Laura Harris • Widener
3. 2:07.21	1992	Lynne Cassidy • Gettysburg
4. 2:08.22	1999	Sarah Gazdalski • Scranton
5. 2:08.97	2011	Katelynn Sagaser • Messiah
6. 2:09.32	2001	Sarah Gazdalski • Gettysburg
7. 2:10.88	2000	Sarah Gazdalski • Gettysburg
8. 2:11.17	1988	Amy Shelden • Gettysburg
9. 2:11.48	2005	Jill Palmiotto • Scranton
10. 2:11.58	1998	Sarah Gazdalski • Scranton

100 YARD BREASTSTROKE

TIME	YEAR	SWIMMER • SCHOOL
1. 1:05.87	2012	Laura Farrar • Widener
2. 1:06.13	2011	Stacy Flick • Lycoming
3. 1:06.13	2013	Stacy Flick • Lycoming
4. 1:06.58	1997	Jacklyn Zimmerman • Elizabethtown
5. 1:06.92	1999	Jacklyn Zimmerman • Elizabethtown
6. 1:06.95	1998	Jacklyn Zimmerman • Elizabethtown
7. 1:07.02	2010	Stacy Flick • Lycoming
8. 1:07.28	1996	Jacklyn Zimmerman • Elizabethtown
9. 1:07.41	2001	Kim Allen • Juniata
10. 1:07.44	2004	Kim Allen • Juniata

200 YARD BREASTSTROKE

TIME	YEAR	SWIMMER • SCHOOL
1. 2:23.43	1997	Jacklyn Zimmerman • Elizabethtown
2. 2:23.89	2012	Laura Farrar • Widener
3. 2:24.38	1998	Jacklyn Zimmerman • Elizabethtown
4. 2:25.14	2004	Kim Allen • Juniata
5. 2:25.32	1999	Jacklyn Zimmerman • Elizabethtown
6. 2:25.38	1996	Jacklyn Zimmerman • Elizabethtown
7. 2:25.95	2009	Gretchen Geiger • Elizabethtown
8. 2:26.64	2007	Rachel Cantwell • Albright
9. 2:26.85	2008	Rachel Cantwell • Albright
10. 2:26.97	2001	Kim Allen • Juniata

100 YARD BUTTERFLY

TIME	YEAR	SWIMMER • SCHOOL
1.55.90	2013	Laura Harris • Widener
2. 1:00.00	2007	Cheyenne Gehman • Albright
3. 1:00.15	2010	Lindsey Hunsicker • Lycoming
4. 1:00.32	2008	Cheyenne Gehman • Albright
5. 1:00.43	1976	Maria Mock • Johns Hopkins
6. 1:00.50	1996	Lauren Kenworthy • Drew
7. 1:00.60	1984	Molly Dean • Dickinson
8. 1:00.71	1977	Maria Mock • Johns Hopkins
9. 1:00.89	2002	Jill Hamnett • Scranton
10. 1:01.00	2001	Sarah Gazdalski • Scranton

200 YARD BUTTERFLY

TIME	YEAR	SWIMMER • SCHOOL
1. 2:06.55	1990	Megan Devine • Franklin & Marshall
2. 2:08.04	1991	Deborah Christman • Franklin & Marshall
3. 2:09.48	2013	Katelynn Sagaser • Messiah
4. 2:09.77	1993	Deborah Christman • Franklin & Marshall
5. 2:10.18	2005	Cheyenne Gehman • Albright
6. 2:10.39	1989	Megan Devine • Franklin & Marshall
7. 2:10.44	2012	Jan Ikeda • Lebanon Valley
8. 2:11.20	1996	Lauren Kenworthy • Drew
9. 2:11.28	1992	Jennifer Gareis • Franklin & Marshall
10. 2:12.37	2006	Cheyenne Gehman • Albright

200 YARD INDIVIDUAL MEDLEY

TIME	YEAR	SWIMMER • SCHOOL
1. 2:05.87	2013	Laura Harris • Widener
2. 2:09.39	2012	Laura Farrar • Widener
3. 2:10.25	2005	Rachel Cantwell • Albright
4. 2:10.85	1992	Jodi Woods • Franklin & Marshall
5. 2:11.05	2007	Rachel Cantwell • Albright
6. 2:11.20	1993	Jodi Woods • Franklin & Marshall
7. 2:11.77	2008	Rachel Cantwell • Albright
8. 2:12.14	2011	Katelynn Sagaser • Messiah
9. 2:12.15	2003	Nicole Seward • Widener
10. 2:12.40	2006	Rachel Cantwell • Albright

400 YARD INDIVIDUAL MEDLEY

TIME	YEAR	SWIMMER • SCHOOL
1. 4:36.71	1997	Lauren Kenworthy • Drew
2. 4:37.28	1990	Megan Devine • Franklin & Marshall
3. 4:38.45	1991	Deborah Christman • Franklin & Marshall
4. 4:38.85	1996	Lauren Kenworthy • Drew
5. 4:40.14	2003	Nicole Seward • Widener
6. 4:40.39	1989	Kiki Jacobs • Dickinson
7. 4:40.64	2013	Amanda Osterlind • Albright
8. 4:40.73	1993	Deborah Christman • Franklin & Marshall
9. 4:42.56	2006	Erin O'Connor • Scranton
10. 4:44.45	1988	Amy Shelden • Gettysburg

200 YARD FREESTYLE RELAY

TIME	YEAR	SCHOOL
1. 1:38.20	2005	Albright
2. 1:38.84	2013	Widener
3. 1:39.42	2012	Misericordia
4. 1:39.87	2006	Albright
5. 1:40.16	2009	Misericordia
6. 1:40.18	2011	Misericordia
7. 1:40.27	2004	Albright
8. 1:40.70	1992	Gettysburg
9. 1:40.85	2007	Albright
10. 1:40.92	1999	Elizabethtown

400 YARD FREESTYLE RELAY

TIME	YEAR	SCHOOL
1. 3:33.42	2012	Widener
2. 3:37.03	2013	Widener
3. 3:38.30	2005	Albright
4. 3:38.45	2011	Widener
5. 3:39.94	1992	Gettysburg
6. 3:40.27	2007	Albright
7. 3:40.31	2003	Widener
8. 3:40.60	2006	Albright
9. 3:40.70	2010	Misericordia
10. 3:40.84	2004	Widener

HISTORICAL MAC SWIMMING CHAMPIONS

INDIVIDUAL CHAMPIONS TOP 10 PERFORMANCES WOMEN (CONT.)

800 YARD FREESTYLE RELAY

TIME	YEAR	SCHOOL
1. 7:49.43	2012	Widener
2. 7:54.24	1991	Gettysburg
3. 7:57.51	2013	Widener
4. 7:58.89	2011	Widener
5. 7:59.08	2001	Albright
6. 8:00.97	2005	Albright
7. 8:01.99	1993	Gettysburg
8. 8:02.22	1992	Gettysburg
9. 8:02.48	2003	Scranton
10. 8:02.69	1999	Elizabethtown

200 YARD MEDLEY RELAY

TIME	YEAR	SCHOOL
1. 1:47.98	2012	Widener
2. 1:49.13	2013	Widener
3. 1:49.20	2005	Albright
4. 1:50.20	2011	Misericordia
5. 1:51.20	2006	Albright
6. 1:51.21	2010	Lycoming
7. 1:51.68	2007	Albright
8. 1:51.91	1991	Gettysburg
9. 1:51.92	1992	Gettysburg
10. 1:52.17	2003	Albright

400 YARD MEDLEY RELAY

TIME	YEAR	SCHOOL
1. 3:57.53	2005	Albright
2. 3:59.57	2007	Albright
3. 4:00.84	2012	Misericordia
4. 4:00.91	2013	Misericordia
5. 4:01.34	2011	Misericordia
6. 4:03.67	2006	Albright
7. 4:03.92	2003	Albright
8. 4:04.01	2004	Albright
9. 4:05.67	2008	Albright
10. 4:06.04	2002	Albright

DAVID B. EAVENSON AWARD RECIPIENTS - MEN

YEAR	SWIMMER • SCHOOL
2013	RJ Porrazzo • Albright
2012	Ricky Sutton • Albright
2011	Eric Kramer • Albright
2010	Adam Kurtz • Albright
2009	Chris Sheerer • Albright
2008	Chris Sheerer • Albright
2007	Eric Kramer • Albright
2006	Chris Miller • Elizabethtown
2005	Kevin Carson • Widener
2004	Andy Ikeler • Albright
2003	Casey Moore • Elizabethtown
2002	Brent Archer • Drew
2001	Casey Moore • Elizabethtown
2000	Mike MacDonald • Widener
1999	Mike Coughlin • Widener
1998	Tim Lawler • Drew
1997	Mike Coughlin • Widener
1996	Petr Novak • King's
1995	Mike Gadzinski • Widener
1994	Tim Lawler • Drew
1993	Seth Klinefelter • Lebanon Valley
1992	Mike Schlotterbeck • Elizabethtown
1991	Andy Smith • Albright
1990	Mike Schlotterbeck • Elizabethtown
1989	Matt McKenna • Gettysburg
1988	Joe Geslao • Widener
1987	Rob Newman • Western Maryland
1986	Rob Newman • Western Maryland

DAVID B. EAVENSON AWARD RECIPIENTS - WOMEN

YEAR	SWIMMER • SCHOOL
2013	Laura Harris • Widener
2012	Laura Farrar • Widener
2011	Laura Harris • Widener
2010	Lindsey Hunsicker • Lycoming
2009	Gretchen Geiger • Elizabethtown
2008	Rachel Cantwell • Albright
2007	Rachel Cantwell • Albright
2006	Rachel Cantwell • Albright
2005	Rachel Cantwell • Albright
2004	Shandra Keeler • Widener
2003	Nicole Seward • Widener
2002	Cindy Barner • Albright
2001	Carrie Miller • Albright
2000	Carrie Miller • Albright
1999	Sarah Gazdalski • Scranton
1998	Lauren Kenworthy • Drew
1997	Lauren Kenworthy • Drew
1996	Jaclyn Zimmerman • Elizabethtown
1995	Jaclyn Zimmerman • Elizabethtown
1994	Erin Kenney • Scranton
1993	Christine Lubrano • Scranton
1992	Irene Mullen • Widener
1991	Christine Lubrano • Scranton
1990	Jodi Woods • Franklin & Marshall
1989	Lynne Cassidy • Gettysburg
1988	Jennifer Derstine • Ursinus
1987	Lynne Cassidy • Gettysburg

TEAM CHAMPIONS

YEAR	MEN	WOMEN
2013	Albright	Albright
2012	Albright	Albright
2011	Albright	Widener
2010	Widener	Lycoming
2009	Widener	Misericordia
2008	Widener	Albright
2007	Widener	Albright
2006	Widener	Albright
2005	Albright	Albright
2004	Albright	Scranton
2003	Albright	Albright
2002	Widener	Albright
2001	Widener	Albright
2000	Albright	Albright
1999	Widener	Elizabethtown
1998	Widener	Elizabethtown
1997	Widener	Lycoming
1996	Widener	Scranton
1995	Elizabethtown	Scranton
1994	Widener	Scranton
1993	Gettysburg	Gettysburg
1992	Gettysburg	Gettysburg
1991	Gettysburg	Gettysburg
1990	Gettysburg	Gettysburg
1989	Swarthmore	Gettysburg
1988	Gettysburg	Gettysburg
1987	Johns Hopkins	Gettysburg
1986	Johns Hopkins	Gettysburg
1985	Johns Hopkins	Gettysburg
1984	Johns Hopkins	Dickinson
1983	Johns Hopkins	Gettysburg
1982	Johns Hopkins	Gettysburg
1981	Johns Hopkins	Gettysburg
1980	Johns Hopkins	Gettysburg
1979	Johns Hopkins	Gettysburg
1978	Johns Hopkins	Johns Hopkins
1977	Johns Hopkins	Johns Hopkins
1976	Johns Hopkins	Johns Hopkins
1975	Johns Hopkins	Ursinus
1974	Johns Hopkins	
1973	Johns Hopkins	
1972	Johns Hopkins	
1971	Johns Hopkins	
1970	Elizabethtown	
1969	Johns Hopkins	
1968	Dickinson	
1967	Dickinson	
1966	Not Available	
1965	Franklin & Marshall	
1964	West Chester	
1963	Bucknell	
1962	West Chester	
1961	West Chester	
1960	Bucknell	
1959	Lehigh	
1958	West Chester	
1957	La Salle	
1956	Lafayette	
1955	Lafayette	
1954	Delaware	
1953	Lehigh	
1952	Lehigh	
1951	Lehigh	
1950	Lehigh	
1949	Franklin & Marshall	
1948	West Chester	

2013 MAC SWIMMING CHAMPIONSHIP RESULTS

MEN'S RESULTS

50 YARD FREESTYLE

21.37 RJ Porrazzo • Albright

100 YARD FREESTYLE

47.15 Mike McBride • Albright

200 YARD FREESTYLE

1:44.49 Mike McBride • Albright

500 YARD FREESTYLE

4:41.06 Rick Sutton • Albright

1650 YARD FREESTYLE

16:13.92 Rick Sutton • Albright

100 YARD BACKSTROKE

50.72 RJ Porrazzo • Albright

200 YARD BACKSTROKE

1:51.29 RJ Porrazzo • Albright

100 YARD BREASTSTROKE

1:00.69 Doug Ranson • Misericordia

200 YARD BREASTSTROKE

2:12.75 Doug Ranson • Misericordia

100 YARD BUTTERFLY

51.94 Alex Bauer • Albright

200 YARD BUTTERFLY

1:55.76 Adam Kurtz • Albright

200 YARD INDIVIDUAL MEDLEY

1:57.43 Adam Vogel • Albright

400 YARD INDIVIDUAL MEDLEY

4:10.23 Adam Vogel • Albright

200 YARD FREESTYLE RELAY

1:24.22 Albright

400 YARD FREESTYLE RELAY

3:07.26 Albright

800 YARD FREESTYLE RELAY

7:03.93 Albright

200 YARD MEDLEY RELAY

1:35.50 Albright

400 YARD MEDLEY RELAY

3:30.77 Albright

WOMEN'S RESULTS

50 YARD FREESTYLE

24.42 Tara Nuzzo • Arcadia

100 YARD FREESTYLE

53.43 Tara Nuzzo • Arcadia

200 YARD FREESTYLE

1:57.14 Kelsey Lake • Widener

500 YARD FREESTYLE

5:12.07 Amanda Osterlind • Albright

1650 YARD FREESTYLE

17:55.13 Colleen Tighe • Widener

100 YARD BACKSTROKE

59.28 Breanna Grech • Misericordia

200 YARD BACKSTROKE

2:03.21 Laura Harris • Widener

100 YARD BREASTSTROKE

1:06.13 Stacy Flick • Lycoming

200 YARD BREASTSTROKE

2:27.93 Kari Keller • Albright

100 YARD BUTTERFLY

55.90 Laura Harris • Widener

200 YARD BUTTERFLY

2:09.48 Katelynn Sagaser • Messiah

200 YARD INDIVIDUAL MEDLEY

2:05.87 Laura Harris • Widener

400 YARD INDIVIDUAL MEDLEY

4:40.64 Amanda Osterlind • Albright

200 YARD FREESTYLE RELAY

1:38.84 Widener

400 YARD FREESTYLE RELAY

3:37.03 Widener

800 YARD FREESTYLE RELAY

7:57.51 Widener

200 YARD MEDLEY RELAY

1:49.13 Widener

400 YARD MEDLEY RELAY

4:00.91 Misericordia

TEAM RANKINGS - MEN

RANK	POINTS	TEAM
1.	858	Albright
2.	584.5	Misericordia
3.	415	Lycoming
4.	327	Widener
5.	303.5	Messiah
6.	285	Hood
7.	166	King's
8.	153	Arcadia
9.	148	Elizabethtown
10.	114	Lebanon Valley
11.	61	Fairleigh Dickinson

TEAM RANKINGS - WOMEN

RANK	POINTS	TEAM
1.	618	Albright
2.	545	Widener
3.	493	Misericordia
4.	457	Messiah
5.	302	Lycoming
6.	236	Hood
7.	225	King's
8.	191	Arcadia
9.	169	Lebanon Valley
10.	119	Elizabethtown
11.	48	Fairleigh Dickinson

SESSION START TIMES

THURSDAY 7 p.m. (Finals)
FRIDAY 11 a.m. (Prelims) & 6 p.m. (Finals)
SATURDAY 10 a.m. (Prelims) & 6 p.m. (Finals)
SUNDAY 10 a.m. (Prelims) & 6 p.m. (Finals)
*The facility will open to participants and spectators
2 hours prior to each session start time.*

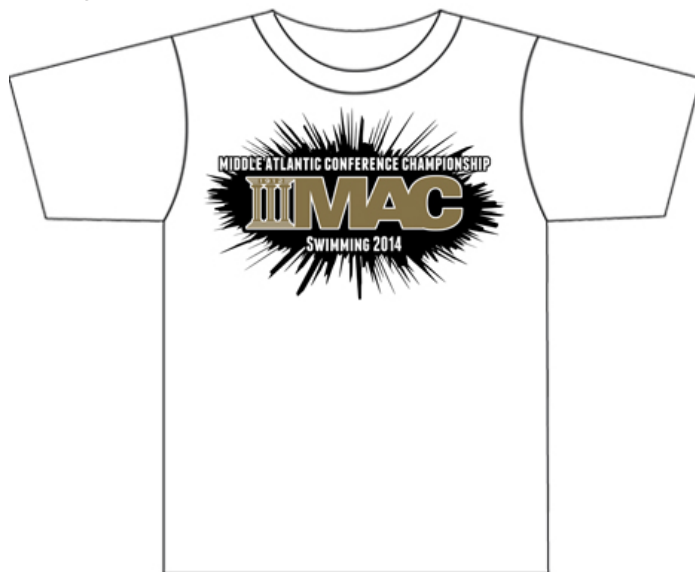
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