

MAC Track & Field Coaches' Meeting

11/20/12 Minutes

In attendance: Justin Germani, Jason Kilgore, Brian Falk, Brent Ayer, Gordon Hornig, Mariusz Wittbrodt, Scott Karwacki, Dan Wessner, Joe Webster, Al Weiner, Ken Andrews, Dale Fogelsanger, Brian Hager, Jason Brown, Patrick Hager, John Long, Tom Masterson, Larry Hannon, Chris Wadas, Frank Redmond, Michael Owens, Deneen Ebling, Kevin Cunningham, Vince Touey, Frank Gilbert, James O'Brien, Melissa Weidler

MAC:

1. MAC 100 – tattoos, alumni reception and competition
Athletes to wear the 100 tattoos
Please forward information when received to alums to attend the Saturday of Outdoor MAC
Discussion of offering alum events of Outdoor Championships (100, 1500, LJ, shot)
2. Sportsmanship ranking
We will add the sportsmanship ranking to the coaches' outdoor ballot
3. Sportsmanship team
Will be added to the outdoor coaches' ballot

NCAA:

1. NCAA lightning policy
Athletic Trainers are in charge of making the call during lightning storms
Discussion on checking weather patterns for incoming lightning. Optimal would be to make a decision prior to race start
2. NCAA recruiting calendar
Any strong opinions on a set calendar should be expressed to AD or school President
3. Medical hardships
Check with AD on any questions. Be clear of when this is in effect and not
4. Recruiting athletes during a meet
Must not interact and recruit athletes until they have been released and finished competing for that specific day

Indoor Championship:

1. Reconfigured Lehigh
Jumping events are now inside the track
Lane 1 is where lane 3 used to be
Entire Mondo surface
Lanes are alternating colors
Need to be sure teams are cleaning up when finished
Hip numbers need to be placed in garbage
May not use tape on the flooring, may use chalk that will be provided
2. For 2014, the host will only need to provide insurance, the MAC will be doing the program
3. Indoor Championship Schedule
Day 1 will continue at Widener
Able to run 55 at Widener with point conversion to the 60
Day 2 alterations:
Switch high jumps (Men to 2:30 and Women to 12)
Stress the importance of keeping pole vault moving along quickly to get through all 3 events
Motion and approval to have women's LJ to begin at 9:45 and Men's LJ at 11:15 (Touey/ Ayer: all in favor)
Add 4x800 in the 4:00 place (typo, 4x400 listed twice)

Motion and approval to begin Women's weight at 9:45 and Men's weight at 11:15, Women's Pent shot 12:45, 1:30 Women's shot 1:30 and Men's shot 3:00 (Fogelsanger/ Ayer: all in favor)

Motion and approval to move the National Anthem 9:25 (Weidler/ Touey: all in favor)

4. Hosting Indoors: (need 2 trainers available on Saturday, Widener will provide Friday athletic trainers)
2013 DeSales (Alvernia AT)
2014 Misericordia (DeSales AT)
2015 Hood (DeSales)? (Delaware Valley AT)
2016 Manhattanville? (Albright AT)

Remove Widener from the rotation of helpers on Saturday, they will provide Friday help and provide officials

5. Review Qualifying Standards
Motion by Kilgore to use last year's NCAA conversion qualifying standards for Championships- table the motion until we receive more info from Direct Athletics
Kilgore to check into
6. Number of place finishers- remains at 6 places
7. Items to note for officiating
Officials may not have their children with them when working
8. The qualification standards that was approved upon at the November 2011 Coaches' meeting must be entered into the Indoor Fact Book
9. Definition of "Free Entry" should be removed from the Fact Book since we do not have free entries.
10. Motion and approval to use and publish the metric qualifying standards for field events (Touey/ Fogelsanger: all in favor)
These were the approved marks:

	Men	Women
Shot	11.58	8.84
Weight Throw	10.66	8.23
Long Jump	5.79	4.42
Triple Jump	11.58	9.45
High Jump	1.73	1.37
Pole Vault	3.35	2.29

Outdoor Championship Meet notes:

1. Can't host MAC outdoor meet without rail
NCAA does allow for cones to be used around the inside track perimeter
2. Grade of throwing areas
Should be 1% or less to hosting schools
3. Hosting and ticket sales
Need to be on-top of this as host school
4. Ellingsworth is scheduled to handle outdoor entries/results
5. Hosting Outdoors:
2013 Lebanon Valley
2014 Widener
2015 Messiah
2016 Alvernia?
DeSales may be in rotation after 2016 with building of a new facility
6. Review Qualifying Standards- no discussion
7. Vertical Jump starting heights
Motion and approval to establish opening heights to the lowest closest ECAC standards and move in 5 cm progression for high jump and 15cm progression for pole vault (Fogelsanger/ Weidler: all in favor)

8. A one-hour warm-up will be followed for pole vault; unless all competitors are ready to begin prior to the hour deadline.
9. Outdoor Championship Schedule
 Thursday awards will be presented on Thursday after the conclusion of the 10k.
 The Coaches' meeting on Friday will begin 30 minutes after the conclusion of the last event finish.
 For the throwing events: Friday will contest the hammer and shot put. Saturday will contest the javelin and discus
10. As approved upon at the November 2011 Coaches' Meeting this needs to be added to the Fact Book:
11. For multi-events, the athlete must have competed in all events during the current track and field season.
 The mile qualifies as the 1500 standard.
12. These were the approved marks for outdoor metric qualifying standards:

	Men	Women
Shot	11.58	9.14
Discus	35.05	28.96
Javelin	45.72	27.43
Hammer	32.00	25.90
Long Jump	5.79	4.42
Triple Jump	11.58	9.45
High Jump	1.73	1.37
Pole Vault	3.50	2.29

MEETING WAS ADJOURNED AT 8:00 PM

Respectfully submitted,
 Melissa Weidler