

2013 Women's XC Academic All-Conference Team

<u>First Name</u>	<u>Last Name</u>	<u>School</u>	<u>Year</u>	<u>Hometown</u>	<u>High School</u>
Jessica	Curry	DeSales	So.	Syracuse, NY	Bishop Ludden
Cara	Guth	DeSales	Sr.	Mohnton, PA	Governer Mifflin
Kelsey	Patrick	Lebanon Valley	So.	Tamaqua, PA	Tamaqua
Josey	Rupert	Eastern	Jr.	Shickshinny, PA	Home School
Amelia	Tearnan	Elizabethtown	Jr.	Towson, MD	Mercy
Traci	Tempone	Elizabethtown	Sr.	Collegeville, PA	Perkiomen Valley
Megan	Tursi	Elizabethtown	Sr.	Eatontown, NJ	Monmouth Regional
Jessica	Visneksi	Messiah	Sr.	Lancaster, PA	Lampeter Strasburg