



May 4, 2012

2012 Freedom Conference Men's Lacrosse All-Conference Teams

Annville, Pa. – The Middle Atlantic Conference has announced the 2012 All-Freedom Conference men's lacrosse teams. King's College swept the special awards: Lenny Fox took home the Player of the Year honors, Kevin Sweeney won Rookie of the Year and Andy Orlowski earned Coach of the Year.

Fox, a two-time first-team All-Freedom selection, led the Monarch's with ability to play both ends of the field as an offensive and defensive midfielder. He finished second on the King's team with 26 points on 24 goals and two assists while totaling 32 ground balls. Fox also played a key role on defense for the Monarchs who allowed just 7.05 goals per-game. Fox was named to the Inside Lacrosse Magazine Pre-Season All-Middle Atlantic Conferences squad.

Sweeney enjoyed a fine freshman season for King's, finishing third on the team with 26 points on 15 goals and a team-high 11 assists while adding 25 ground balls. He scored 15 points in six conference games, including 12 in the final three.

In his ninth season at King's, Orlowski led the Monarchs to their first-ever post-season tournament berth since the program's inception in 1999. He did so with a roster which lost 20 players from last year's team. Orlowski's team was built on a solid defense which yielded just seven goals per-game. Saddled with early-season injuries, the Monarchs rebounded from a slow 1-4 start to win six of their last nine regular-season contests. Included was King's first-ever win over Commonwealth Conference contender Lycoming.

First Team

Position	Name	School	Year	Hometown/High School
ATT	Lee Blair	Misericordia	Senior	West Orange, NJ/Seton Hall Prep
ATT	Chris Farrar	Eastern	Junior	Jackson, NJ/Jackson Memorial
ATT	Matt Wagner	Eastern	Grad Student	Dillsburg, PA/Northern
MID	Paul Colflesh	FDU-Florham	Senior	Moorestown, N J/Holy Cross
MID	Lenny Fox	King's	Junior	Marlton, NJ/Cherokee
MID	Zac Ivy	Eastern	Junior	San Diego, CA/Foothills Christian
MID	Ron Johnson	Eastern	Junior	Carlsbad, CA/Santa Fe Christian
DEF	Sean Cunningham	FDU-Florham	Senior	Spring Lake, NJ/Christian Brothers Acad.
DEF	Jordan Norris	Eastern	Freshman	Lancaster, PA/Manheim Township
DEF	Jon Pacitto	Eastern	Sophomore	Brockport, NY/Brockport
LSM	Brendan Guerrier	DeSales	Senior	Bellerose Terrace, NY/Chaminade
LSM	Brendan Stouber	Eastern	Junior	Landenberg, PA/Stevenson
SSP	AJ Ryan	Eastern	Junior	Phoenixville, PA/Phoenixville
GK	Aaron Benz	Eastern	Junior	Louisville, KY/St. Xavier

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Second Team

Position	Name	School	Year	Hometown/High School
ATT	Grant Ferguson	Eastern	Freshman	Rochester, NY/Gates Chill
ATT	Kieran McMahon	King's	Sophomore	Lindenhurst, NY/Lindenhurst
ATT	Ryan Rowse	DeSales	Freshman	Ljamsville, MD/Urbana
MID	Pat Bonnot	King's	Sophomore	Levitttown, PA/Pennsbury
MID	Jake Higgins	FDU-Florham	Sophomore	Bridgewater, NJ/Bridgewater
MID	Will Johnson	Eastern	Junior	Canandaigua, NY/Canandaigua Academy
MID	Adam Koontz	FDU-Florham	Senior	Oak Ridge, NJ/Jefferson
DEF	Drew Abatangelo	Misericordia	Junior	Montgomery, NY/Valley Central
DEF	Edward Dowse	King's	Sophomore	Bayshore, NY/St. Anthony's
DEF	Joe Massa	King's	Sophomore	Branchburg, NJ/Somerville
SSP	Brennan Gmeiner	DeSales	Junior	New Market, MD/St. John's Catholic Prep
GK	George Beck	FDU-Florham	Sophomore	Mendham, NJ/Mendham

Player of the Year: Lenny Fox, King's

Rookie of the Year: Kevin Sweeney, King's

Coach of the Year: Andy Orlowski, King's