



May 3, 2012

## 2012 Commonwealth Conference Women's Lacrosse All-Conference Teams

Annville, Pa. – The Middle Atlantic Conference has announced the 2012 All-Commonwealth Conference women's lacrosse teams. Lebanon Valley's Hana Krechel earns Player of the Year honors, while her coach, Brianne Tierney won Coach of the Year. Rookie of the Year goes to Elizabethtown's Leigh Ann Flounlacker.

Krechel led the Commonwealth Conference in scoring with 72 goals and 43 assists, ranking second in the nation with 7.3 points per game. She also snagged 71 draw controls to lead LVC. The junior tore through Commonwealth competition, scoring nine goals against both Widener and Alvernia, a 14-point game against Albright, and scoring hat tricks in all but the regular-season finale against Elizabethtown, when she still had two goals and three assists. This season she had 12 hat tricks and eight games with five or more goals.

Tierney has built Lebanon Valley into a contender in just three short years. Tierney has taken Lebanon Valley to two consecutive tournament appearances including the Commonwealth Conference's #3 seed this year. LVC proved it could play with anyone, finishing the season 9-7 and giving nationally-ranked Messiah one of its toughest conference games of the season.

Flounlacker stepped into Elizabethtown's starting lineup immediately upon her arrival to the team. This move has produced 48 goals, 19 assists and 67 points in her rookie season. Flounlacker scored six points in the Blue Jays' Commonwealth Conference semifinal win over Lebanon Valley, making her one of the top ten single-season scorers in program history. Flounlacker leads the team in goals, points and game-winning goals (three). She's scored five goals in a game four times this year, has nine hat tricks and scored at least a point in 16-of-17 contests. Flounlacker is the second player from Elizabethtown to be named conference Rookie of the Year, joining Katie Caprinolo in 2007.

### First Team

Position	Name	School	Year	Hometown/High School
ATT	Emily Butler	Elizabethtown	Junior	Finksburg, MD/Mount de Sales Acad.
ATT	Lizzy Keeney	Messiah	Sophomore	Cockeysville, MD/Dulaney
ATT	Hana Krechel	Lebanon Valley	Junior	Fawn Grove, PA/Kennard-Dale
MID	Bailey Benz	Lebanon Valley	Freshman	Ellicott City, MD/Howard
MID	Sam Landis	Alvernia	Senior	Watsontown, PA/Warrior Run
MID	Rachel Dirksen	Messiah	Senior	Glenside, PA/Abington
MID	Cecilia Kjellman	Messiah	Junior	Phippsburg, ME/Brunswick
MID	Kara Solesky	Elizabethtown	Junior	Parkville, MD/Mercy
DEF	Rachel Coyle	Messiah	Senior	Harleysville, PA/Souderton
DEF	Alexis Morris	Elizabethtown	Junior	Whiteford, MD/North Harford
DEF	Anna Lou Pagels	Lebanon Valley	Freshman	Hampstead, MD/North Carroll
GK	Jen Czarnecki	Alvernia	Senior	Philadelphia, PA/St. Hubert

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Second Team

Position	Name	School	Year	Hometown/High School
ATT	Rachel Porter	Widener	Senior	Medford, NJ/Shawnee
ATT	Leigh Ann Flounlacker	Elizabethtown	Freshman	Ocean City, MD/Stephen Decatur
ATT	Alyssa Verillo	Alvernia	Junior	North Wales, PA/Archbishop Wood
MID	Julia Costello	Widener	Junior	Brookhaven, PA/Cardinal O'Hara
MID	Mel Modrick	Lebanon Valley	Sophomore	Leesport, PA/Schuylkill Valley
MID	Katie Scheurich	Elizabethtown	Senior	Lancaster, PA/Conestoga Valley
MID	Brooke Strausser	Lycoming	Junior	Myerstown, PA/Conrad Weiser
MID	Meghan Wilson	Albright	Freshman	Barnegat, NJ/Barnegat
DEF	Maddie Comfort	Messiah	Junior	Freehold, NJ/Freehold Twp.
DEF	Lindsey Miller	Elizabethtown	Sophomore	Ocean City, MD/Decatur
DEF	Nora Walsh	Alvernia	Sophomore	Hatfield, PA/Lansdale Catholic
GK	Taylor Phillips	Messiah	Junior	Berlin, MD/Stephen Decatur

Player of the Year: Hana Krechel, Lebanon Valley

Rookie of the Year: Leigh Ann Flounlacker, Elizabethtown

Coach of the Year: Brianne Tierney, Lebanon Valley