

February 21, 2011

2010-11 Freedom Men's Basketball All-Conference Teams

Annville, Pa. – The Middle Atlantic Conference has announced the 2010-11 Freedom Conference all-conference men's basketball teams. Delaware Valley senior James Jones earned Player of the Year honors, Kyle Hammonds of King's was named Rookie of the Year, and Delaware Valley's Casey Stitzel took home Coach of the Year honors.

A three-time all-conference honoree, Jones is the first Aggie men's basketball player to receive conference player of the year honors. He finished the regular-season as the Freedom's leading scorer with an average of 20.5 points and placed in the top 10 in assists (2nd - 5.4 avg), free throw percentage (2nd - .895) and steals (4th - 1.6 avg). He reached double figures in scoring in all but two games this year, including 13 games of 20 or more points and four games of 30 or more points.

Hammonds started all 25 games of the season for King's, helping the team to a 15-10 record. He finished second on the Monarchs with 13.1 points per-game while adding 53 three-pointers. He also contributed 4.8 rebounds, 51 assists, and 33 steals. Hammonds scored in double-figures in 18 of King's 25 games, including a career-high 30 points at FDU-Florham on January 8. He scored 20 or more points in five games while leading the team in scoring on five occasions. He becomes King's first "Rookie of the Year" since Steve Mayernick won the old "Freedom League" top rookie honor in 1992-93.

Stitzel took over a program that was 3-22 overall and 0-12 in the Freedom Conference the year before his arrival, and he has had led them to two conference tournament appearances in his three years. Delaware Valley had reached the postseason just one other time in their history and that was back in 1969. This year's squad was picked fifth in the preseason poll but, instead, finished tied for first and will host a conference tournament game for the first time in program history.

First Team All-Conference

<u>Player</u>	<u>Team</u>	<u>Position</u>	<u>Year</u>	<u>Hometown/High School</u>
Kevin Conroy	King's	Center	Senior	Chatham, NJ/Chatham
Chris DeRojas	Wilkes	Guard	Senior	Dallas, PA/Bishop O'Reilly
Ethan Eichhorst	Misericordia	Forward	Junior	Drums, PA/Hazleton Area
Brian Hunter	DeSales	Guard	Senior	Allentown, PA/Emmaus
James Jones	Delaware Valley	Guard	Senior	Philadelphia, PA/Edward Bok Tech

Second Team All-Conference

<u>Player</u>	<u>Team</u>	<u>Position</u>	<u>Year</u>	<u>Hometown/High School</u>
Jeremy Beckett	Delaware Valley	Forward	Sophomore	Reading, PA/Holy Name
Brett Moyer	DeSales	Forward	Sophomore	Souderton, PA/Christopher Dock
Robbie Johnson	Misericordia	Guard	Senior	Jackson, PA/Mountain View
Adam Katz	FDU-Florham	Guard	Junior	Wharton, NJ/Morris Hills
Trevoy Pointer	Manhattanville	Guard	Junior	Dallas, TX/Skyline

Player of the Year: James Jones, Delaware Valley

Rookie of the Year: Kyle Hammonds, King's

Coach of the Year: Casey Stitzel, Delaware Valley