Welcome To Riverside!

Dear Guest:

We look forward to your visit to UC Riverside, home of the Highlanders. In preparation for your trip, we have compiled information regarding travel, dining, lodging, points of interest and miscellaneous information to help make your time in Riverside enjoyable.

If you have additional questions or need assistance, please refer to the Athletics Department Staff Directory on page 2.

We look forward to seeing you during the 2016-17 athletics season.

Sincerely,

Tamica Smith Jones
Director of Intercollegiate Athletics
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ATHLETICS STAFF DIRECTORY

ADMINISTRATION

Director of Athletics
Tamica Smith Jones (951) 827-5432
Executive Associate Athletics Director/ SWA
Janet Lucas (951) 827-4572
Senior Associate Athletics Director, CFAO
Michael Boele (951) 827-5446
Associate Athletics Director, Strategic Communications
John Maxwell (951) 827-5438
Assistant Athletics Director, Operations
Joe Erbland (951) 827-3261
Assistant Athletics Director, Sports Medicine
Tony Ontiveros (951) 827-3809
Assistant Athletics Director, Marketing & Promotions
Alyssa Carillo (951) 827-5030
Assistant Athletics Director, Compliance
Jessica Weaver (951) 827-5927
Strength & Conditioning
Gary Heron (951) 827-2890
Director of Academic Services
Michelle Almazan (951) 827-3253
Manager of Tickets Sales & Service
Chelsea Weiss (951) 827-4653
Equipment Manager
Tom Rector (951) 827-5737
Spirit Squad Advisor
Radiance Jackson TBD

HEAD COACHES

Baseball
Troy Percival (951) 827-5441
Men’s Basketball
Dennis Cutts (951) 827-2671
Women’s Basketball
John Margaritis (951) 827-3811
Men’s & Women’s Cross Country/Track & Field
Nate Browne (951) 827-5207
Men’s Golf
Rick Todd (951) 827-2120
Women’s Golf
Mary Ritchie (951) 440-4894
Men’s Soccer
Tim Cupello (951) 827-5022
Women’s Soccer
Nat Gonzalez (951) 827-2575
Softball
Nikki Palmer (951) 827-2218
Men’s Tennis
Mattias Johansson (951) 827-2669
Women’s Tennis
Mark Henry (951) 827-4758
Women’s Volleyball
Michelle Patton Coleman (951) 827-5439

Updated through August, 2016. For a complete staff and coaches listing, please visit gohighlanders.com.
GENERAL INFORMATION

SPORTS MEDICINE
The UCR Sports Medicine facility is located in the Athletics & Dance Building on the Lower Level. Please contact our staff at (951) 827-3813 during the hours of 9 am to 6 pm Monday through Friday to coordinate any special requests or needs for your team. Please also contact us if you are not traveling with an athletic trainer so that we may be prepared to provide service to your athletes (please bring your own supplies).

For more information please visit gohighlanders.com/SportsMedWelcome or email us at sportsmedicine@ucr.edu.

EQUIPMENT & LOCKER ROOMS/GAME OPERATIONS
It is recommended that all teams arrive at the competition venue in uniform. Towels can be provided upon request for showers following competition. Please contact our Equipment staff at (951) 827-5737 if your team has any special needs (i.e. shower facilities or laundry service). Contact the Operations office at (951) 827-3261 or email at athleticsoperations@ucr.edu for practice needs, which will be accommodated as conditions allow.

FACILITIES
Ag/Ops Cross Country Course ........................................... Men’s & Women’s Cross Country
Amy S. Harrison Field .................................................................Softball
Oak Quarry Golf Club ............................................................... Men’s & Women’s Golf
Riverside Sports Complex ............................................................ Baseball
SRC Arena (Student Recreation Center) .............................Men’s & Women’s Basketball
.............................................................................. Volleyball
SRC Tennis Courts (Student Recreation Center) .........Men’s & Women’s Tennis
UC Riverside Soccer Stadium ............................................. Men’s & Women’s Soccer
UC Riverside Track Facility ............................................. Men’s & Women’s Track & Field

MEDIA RELATIONS
The Athletics Media Relations office is located in the Athletics & Dance Building, Room 106. Please contact our staff at (951) 827-4571 in advance of your trip to coordinate media guide/statistical information delivery and media credential requests.
**From Los Angeles/Orange County:** Take 10 East, 60 East, or 91 East to 215 South. Exit Blaine Street. Turn left at the traffic signal. Turn right at Rustin and left into the parking area for baseball events. For basketball, soccer, softball, tennis, and volleyball, continue on Blaine until you reach Canyon Crest. Turn right. Basketball, tennis, and volleyball teams, should contact Operations at (951) 827-3261 for specific parking locations. For soccer and softball teams, as well as spectators, continue on Canyon Crest past the Linden traffic signal and turn left into Lot 24.

**From San Diego:** Take 15 North to 215 North. Exit at University, loop around on the off ramp, and turn left. University will turn and become Canyon Crest. Soccer teams, softball teams, and spectators, turn right into Lot 24. Basketball, tennis, and volleyball teams, should contact Operations at (951) 827-3261 for specific parking locations. For baseball, take the Blaine Street off ramp from 215, turn right, and then turn right again at Rustin.

**From Eastern Riverside County/ San Bernardino County:** Take the 10 West to the 215 South. Follow Los Angeles/Orange County directions above. If using the 60 West, take 215 North and follow the instructions listed for San Diego above.

**To Cross Country Ag/Ops Course** Take the appropriate freeway to reach 215, as noted above. Take the Martin Luther King off ramp. North 215 will turn left; South 215 will turn right coming off of the freeway. Teams and persons with disabled placards/license plates will turn left onto Canyon Crest and right into the Ag/Ops course. All other spectators will proceed through the Canyon Crest traffic signal on MLK and turn right into Lot 30.

**To Oak Quarry Golf Club** From Interstate 10, exit Sierra Ave. Go south three miles to the club entrance on the right. From the 60, exit Valley Way north to Sierra Ave. Turn left, clubhouse entrance on the left.
Athletics Mailing Address
Department of Intercollegiate Athletics
Athletics & Dance Building
900 University Avenue
Riverside, CA 92521
It is important to remember that parking is strictly enforced on the UC Riverside campus. Please contact the Athletics Operations office at (951) 827-3261 or email at athleticsoperations@ucr.edu with information on your mode of transportation to campus (i.e. # of buses or vans) and your practice/gameday arrival times. The Operations staff will then make appropriate parking arrangements with UCR Transportation and Parking Services (TAPS). Spectators are required to purchase parking permits from either lot attendants or permit dispensing machines.

Please refer to the chart below for lot numbers of where to park:

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<th></th>
<th>Team Vans</th>
<th>Media *</th>
<th>Spectators</th>
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<td>Course</td>
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<td>19 **</td>
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<tr>
<td>Tennis</td>
<td>TBD</td>
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<td>Track &amp; Field</td>
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<td>Volleyball</td>
<td>TBD ***</td>
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* Please contact Media Relations at (951) 827-4571 to arrange for permits.

** Please stop at the kiosk located at University Avenue and West Campus Drive or contact the attendant in Lot 24 for assistance to the designated parking area.

*** Please contact Operations at (951) 827-3261 for parking information.

BUS PARKING

* Amy S. Harrison Field/UC Riverside Soccer Stadium/UC Riverside Track Facility - Contact Operations office for directions to an assigned parking area (may be different each day). **Do not pull the bus into Lot 24.**

* Riverside Sports Complex - There are no designated bus parking spaces in Lot 26. Buses may park wherever they can fit.

* Student Recreation Center - Drop off at Aberdeen Drive ramp east of the Student Recreation Center and then park in area designated by TAPS signage.
GENERAL TICKET INFORMATION
All spectators attending a UC Riverside Athletics event must possess a valid game ticket for admission (excluding Tennis & Golf events). Tickets are sold at the game site one hour (one to one and a half hours for Baseball) prior to the event start time. Ticket pricing will increase on the day of the game, you can contact the UCR Ticketing Office at (951) 827-4653 or go online at gohighlanders.com to purchase tickets in advance. In accordance with UCR policy, any fan arriving early will be asked to exit the venue in order to obtain a game ticket upon the opening of sales. Please note that there are no refunds for ticket sales and prices listed herein are subject to change without notice or for special events/tournaments. Please also be aware that UCR Athletics prohibit outside food or beverage at the Student Recreation Center. Aluminum cans and glass bottles are prohibited at all venues. Sunflower seeds and peanuts are permitted only at the Riverside Sports Complex.

COMPLIMENTARY ADMISSIONS
Complimentary admissions are provided for visiting teams per contract or Big West Conference regulations and are administered per NCAA and institutional regulations. There are no complimentary admissions provided for the annual UC Riverside Invitational Cross Country meet or for Big West Conference/ NCAA events. Teams wishing to purchase (or purchase additional) admissions for a complimentary list, as well as those requesting tickets on a consignment basis, should contact the UCR Athletics Ticket Office at (951) 827-4653 as far in advance as possible of the event date. Also, if you wish to staff a complimentary admissions representative on-site, please inform us as soon as possible and make arrangements to be at the venue a minimum of 90 minutes prior to game time.
EMERGENCY & MISCELLANEOUS INFORMATION

EMERGENCY NUMBERS
Police/Fire/Medical Emergencies........................................911 (from campus phones)
UCR Police ..........................................................(951) 827-5222 (from cell phones)
Riverside Police ..........................................................(951) 787-7912
Riverside Fire ..........................................................(951) 782-5321

HOSPITALS
Riverside Community Hospital .......................................(951) 788-3000
   4445 Magnolia Avenue, Riverside
Kaiser Permanente Medical Center ...............................(951) 353-2000
   10800 Magnolia Avenue, Riverside
Riverside County Regional Medical Center ...............(951) 486-4000
   26520 Cactus Avenue, Moreno Valley
Loma Linda University Medical Center .......................(951) 558-4000
   11234 Anderson Street, Loma Linda

DENTISTS
Canyon Crest Dental ..............................................(951) 682-7878
   5225 Canyon Crest Dr. Suite #209, Riverside

MISCELLANEOUS INFORMATION
American Express ......................................................(800) 528-2121
Discover Card ..........................................................(800) 347-2683
Express Mail .............................................................(800) 222-1811
Federal Express ......................................................(800) 463-3339
MasterCard ..............................................................(800) 826-2181
UPS Store .............. 5225 Canyon Crest Drive, Suite 71 ...(951) 781-8586
U.S. Post Office .......... 4150 Chicago Avenue ............(800) 275-8777
Visa .................................................................(800) 336-8472
Western Union .......................................................(800) 325-6000
**HOTELS**

**COURTYARD by Marriott**
1510 University Avenue, Riverside, CA 92507
Contact: Dawn Katlego, Director of Sales
T (951) 781-2859
www.courtyard.com/ralcy
dawn.katlego@courtyardriverside.com

- Less than one mile from campus
- Reservations at UC Riverside rate

**HYATT PLACE**
3500 Market Avenue, Riverside, CA 92501
Contact: Donna Esparza, Director of Sales
T (951) 321-3504  F (951) 248-0727
www.hyattplacerriversidedowntown.com
donna.esparza@hyatt.com

- Brand new, and only 2.5 miles from campus
  - Complimentary hot breakfast
  - 24-hour guest kitchen
  - Complimentary wireless internet throughout entire hotel

**QUALITY INN**
1590 University Avenue, Riverside, CA 92507
Contact: Greg Hamilton
T (951) 683-6000
www.comfortinnriverside.com
greg@comfortinnriverside.com

- Less than one mile from campus
- Special group rates available
- Complimentary hot breakfast
  - Free bus parking
  - Free Wi-Fi

- Microwaves and refrigerators in every guest room
- Outdoor heated pool, fitness center, laundry facilities
RESTAURANTS

Baker’s Drive-Thru
1300 Blaine Street
(951) 683-4649
Fast Food (Burgers)
- Fresh, hot food prepared fresh daily
- Hometown value, hometown delicious

Chick-fil-a
3640 Central Ave
(951) 300-2029
Chicken
- Healthy food choices for athletes
- Minutes from campus
- Delivery available
- Special team pricing / Coaches eat free

Wing Stop
1744 University Avenue
(951) 682-9464

Old Spaghetti Factory
3191 Mission Inn Ave
(951) 784-4417
Italian

The Sub Station
3663 Canyon Crest Drive
(951) 683-4523
Sandwiches, Soups, Salads
Home Of The Big Dude!
AIRPORTS
Ontario International Airport
   “Official Airport Partner of UC Riverside Athletics”
Los Angeles International Airport

AIRLINES SERVICING ONTARIO AIRPORT
Alaska (800) 426-0333 alaskaair.com
American (800) 433-7300 aa.com
Delta (800) 221-1212 delta.com
Southwest (800) 435-9792 southwest.com
United/United Express (800) 241-6522 united.com
US Airways (800) 235-9292 usairways.com

RENTAL VEHICLES
Avis (800) 331-1212 avis.com

RADIO STATIONS
FM AM
88.3 KUCR UCR Campus Radio 570 KLAC Sports
95.1 KFRG Country 590 KTIE News/ Talk
96.7 KCAL Classic Rock 640 KFI News/ Talk
99.1 KGIG Urban Contemporary 1070 KNX News
99.9 KOLA Oldies 1350 KTDD Sports
103.9 KCXX Alternative Rock
ENTERTAINMENT & POINTS OF INTEREST

Cryofix Wellness specializes in alternative, all natural therapies that can help athletes recover faster and help everyday people decrease their pain and inflammation. Some of the latest technologies that we offer include Whole Body Cryotherapy, NormaTec Compression, Theragun/Percussive Therapy and so much more!
2025 Chicago Ave. Suite A2
Riverside, CA 92507 -- 951-405-8150

Glo Mini Golf is a unique venue that offers hours of fun for all ages. Located at the Tyler Mall, Glo Mini Golf is a state of the art, indoor, glow in the dark mini golf course. Glo Mini Golf also offers new Virtual Reality Game Portals as well as a gaming area with a fully stocked arcade and private 10 unit Xbox gaming suite with the latest and most popular games! So if you’re looking to do something out of the ordinary, come to Glo Mini Golf, your new favorite pastime!
1299 Galleria at Tyler Ste E106
Riverside, California 92503 -- 888-896-8419

TOURS OF THE CITY
The Riverside Cultural Heritage Board has designed a self-tour of Riverside including historical objects and landmarks. For information, call the Riverside Convention & Visitors Bureau at (888) 748-7733.

POINTS OF INTEREST

Benedict Castle
(951) 683-4241
5445 Chicago Avenue
Riverside, CA 92507

California Citrus State Historic Park
(951) 780-6222
9400 Dufferin Avenue
Riverside, CA 92503

March Field Air Museum
(951) 697-6602
22550 Van Buren Avenue
Riverside, CA 92518

Metropolitan Museum
(951) 826-5273
3580 Mission Inn Avenue
Riverside, CA 92501

UCR California Museum of Photography
(951) 784-3686
3824 Main Street
Riverside, CA 92501

UCR Sweeney Art Gallery
(951) 827-3755
3800 Main Street

Mission Inn Museum
(951) 788-9556
3696 Main Street
Riverside, CA 92501

Riverside Art Museum
(951) 684-7111
3425 Mission Inn Avenue
Riverside, CA 92501

UCR Botanic Gardens (pictured)
(951) 827-4650
On Campus
LOCATION
At the heart of the Inland Empire, Riverside is located on the Santa Ana River Valley, approximately 60 miles east of Los Angeles and 100 miles north of San Diego. Riverside, the county seat, is the largest city in Riverside County.

POPULATION AND GROWTH
Riverside is one of the fastest growing areas in the United States. Population has grown dramatically since 1970, when the population of the City of Riverside was a little more than 140,000. Riverside’s current population is estimated at more than 303,000. The dramatic growth is expected to continue in the foreseeable future.

The Riverside-area population is a stable mix of different age groups and diverse ethnic backgrounds. The racial and ethnic groups represented in Riverside and Riverside County support a wide array of facilities, activities and events with specialized interests in mind.

MISSION INN
At the heart of Riverside’s original mile-square town site stands the Mission Inn, a state historical monument and a registered national landmark. Built in 1902, it is renowned for its Spanish Mission Revival-style architecture and eclectic charm. The Mission Inn has unique art treasures collected by founder-builder, Frank Miller; beautiful stained glass windows; with its valuable gold alter brought intact from the interior of Mexico.

Teddy Roosevelt, William Howard Taft, Clark Gable, Bob Hope, Will Rogers, Booker T. Washington and other notables have graced the fabled halls of the Inn. Bette Davis, as well as former President Richard Nixon and his wife Pat were married at the Inn. Former President Ronald Reagan and his wife Nancy honeymooned there.

CITY SYMBOL
The Bell and the Raincross from the world famous collection of the Mission Inn has become the symbol of Riverside, appearing on vintage streetlights and the city flag. The bell is a replica of Fr. Junipero Serra’s Mass Bell. The Navajo and Central America Indians prayed to the raincross, an ancient symbol, for the rain. Hence, the name “Indian Raincross” was adopted. The symbol also appears in Egyptian tombs, medieval heraldic designs and Asian religions. A large cast replica of the Bell and the Raincross is on display in the lobby of the Mission Inn.

CLIMATE
Riverside enjoys a Mediterranean-type climate: warm to hot rainless summers and mild winters with light rainfall. For the most part, the city offers dry air with a minimum of fog and rain. Summer daytime highs are frequently more than 90 degrees, but evening temperatures drop greatly, ranging from 50 to 65 degrees and are accompanied by cool desert or marine breezes. Low humidity keeps even the hottest summer days from being overly oppressive, especially in comparison with eastern climates.
ABOUT UC RIVERSIDE

UC Riverside is a major research university and national center for the humanities, offering students a supportive, collegial learning environment with nationally and internationally recognized faculty dedicated to the highest standards in research, teaching and public service.

Located on nearly 1,200 acres near the Box Springs Mountains in Southern California, the park-like campus provides convenient access to the vibrant and growing Inland region. This is an ideal setting in which to study, work and live in a community steeped in rich heritage, offering a dynamic mix of arts and entertainment, and an opportunity for quality living.

UC Riverside began its rich history in 1907 as the Citrus Experiment Station to support the state’s emerging citrus industry. It became a campus of the University of California in 1954. As the 21st century begins, UC Riverside resembles its undergraduate students: energetic and enthusiastic about the quest to innovate the future with distinct opportunities. California has invested millions of dollars in the construction of new buildings at UCR. Within these state-of-the-art structures, discoveries are being made in laboratories and studios, and knowledge is shared in classrooms.

The future also holds great opportunity for UC Riverside to pursue enduring excellence. As the University continues to attract top faculty and students, it is also committed to enhancing programs and resources to maintain the highest academic quality. UCR offers 101 Bachelor’s Degree Programs, 52 Master’s Degree Programs, 42 Ph.D. Programs, and 13 State Teaching Credential Programs. UCR recently welcomed its first students to two new programs, a School of Public Policy and a Medical School. UCR ranks in the top tier of universities nationwide and is the 55th ranked national public university according to U.S. News & World Report.

Enrollment in fall 2013 was over 21,000, with 22,000 predicted by the year 2020. 62% of Bachelor’s Degrees are completed by students within four years and 32% within five years.

THE HIGHLANDER NAME

In 1954 when UCR opened its doors, the student body began a quest to find the right mascot for the new campus. There were 67 varied suggestions to start with and six made it to an election, but none of them were accepted. Then, a write-in campaign led by the men’s basketball team suggested the name “Hylanders”, which was adjusted to its current spelling and won easily when brought to a student vote. The name Highlanders fits in well at UCR based on its proximity to the Box Springs Mountains and that it is the highest elevation of the UC campuses.