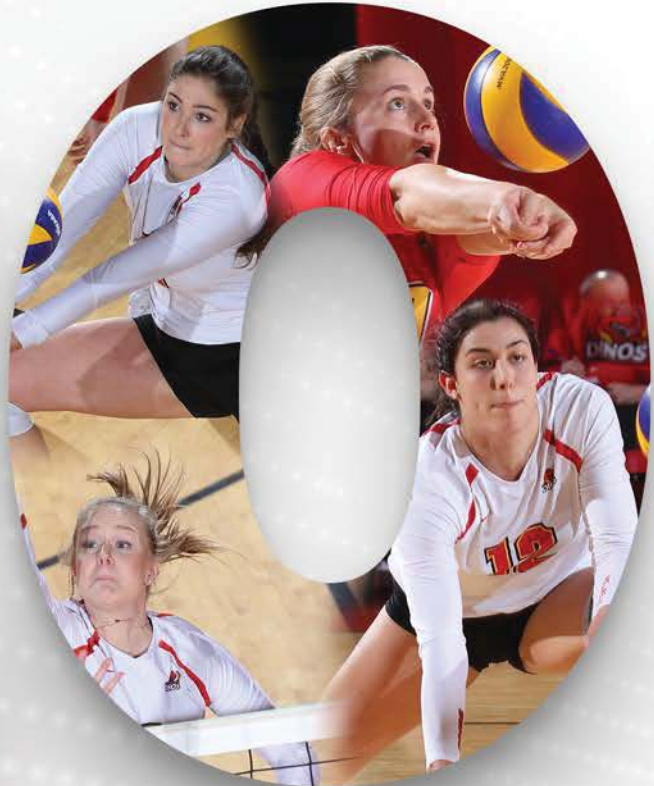


DINOS

VOLLEYBALL



U SPORTS WOMEN'S VOLLEYBALL CHAMPIONSHIP MEDIA GUIDE





FINGERTIP FACTS

INSTITUTION

Location.....Calgary, Alberta, Canada
 Website.....www.ucalgary.ca
 Founded.....1966
 Enrollment.....30,000
 Mailing Address.....2500 University Drive NW
 Calgary, AB T2N 1N4
 President & Vice Chancellor.....**Dr. M. Elizabeth Cannon**
 Dean, Faculty of Kinesiology.....**Dr. Penny Werthner**

ATHLETICS DEPARTMENT

Founded.....1964
 Nickname.....Dinos
 Colours.....Red, Gold, Black
 Mascot.....Rex
 Website.....www.GoDinos.com
 Affiliation.....U SPORTS
 Conference.....Canada West (CW)
 Director of Athletics.....**Jason Kerswill**
jason.kerswill@ucalgary.ca
 Office (403) 220-3409
 Asst. AD, Ops & Comms.....**Ben Matchett** BComm, BA, MEd
ben.matchett@ucalgary.ca
 Office (403) 220-8143
 Mobile (403) 863-8143

DINOS WOMEN'S VOLLEYBALL

Head Coach.....**Natalie Gurnsey** BA
 Years as Head Coach: 7th
nrschwar@ucalgary.ca
 Office (403) 220-3427
 Assistant Coaches.....**Al Taylor, Amber Brown,**
Penni Nicol, Andrea Price
 Nutrition Consultant.....**Diane Johnson**
 CW Championships (10).....1970, 1972, 1982, 1983, 1985, 1994,
 2001, 2002, 2005, 2018
 U SPORTS Championships (4).....1970*, 1989, 1994, 2004
 2017-18 Record (U SPORTS opponents only).....31-4
 Conference.....21-3
 1st, Canada West
 Playoffs.....5-0
 Canada West Champions
 Home Court.....Jack Simpson Gym (3,424)

2017-18 COMPOSITE SCHEDULE

Home games in **BOLD+CAPS**; playoff matches in *italics*; *indicates conference game

Date	Opponent	Result	Record (conf.)	Top 10
Alberta/MacEwan Tournament at Edmonton, Alta.				
Sept. 14	UBC	L 0-3	0-1	
Sept. 15	Saskatchewan	W 3-0	1-1	
Sept. 16	at MacEwan	W 3-0	2-1	--
West Coast Classic at Vancouver/Langley, B.C.				
Oct. 12	at UBC	W 3-1	3-1	
Oct. 13	Thompson Rivers	W 3-0	4-1	
Oct. 14	at Trinity Western	W 3-1	5-1	--
Canada West				
Oct. 20	*at Regina	W 3-1	6-1 (1-0)	
Oct. 21	*at Regina	W 3-0	7-1 (2-0)	--
Oct. 27	*MANITOBA	W 3-2	8-1 (3-0)	
Oct. 28	*MANITOBA	W 3-0	9-1 (4-0)	2
Nov. 3	*at UBC	L 1-3	9-2 (4-1)	
Nov. 4	*at UBC	L 0-3	9-3 (4-2)	6
Nov. 10	*at Winnipeg	W 3-2	10-3 (5-2)	
Nov. 11	*at Winnipeg	W 3-1	11-3 (6-2)	6
Nov. 17	*SASKATCHEWAN	W 3-1	12-3 (7-2)	
Nov. 18	*SASKATCHEWAN	W 3-1	13-3 (8-2)	6
Nov. 24-25	Bye			5
Nov. 30	*UBC OKANAGAN	W 3-0	14-3 (9-2)	
Dec. 1	*UBC OKANAGAN	W 3-0	15-3 (10-2)	3
Jan. 5-6	Bye			3
Jan. 12	*BRANDON	W 3-0	16-3 (11-2)	
Jan. 13	*BRANDON	W 3-1	17-3 (12-2)	2
Jan. 19	*at Alberta	L 2-3	17-4 (12-3)	
Jan. 20	*at Alberta	W 3-2	18-4 (13-3)	4
Jan. 26	*at Thompson Rivers	W 3-0	19-4 (14-3)	
Jan. 27	*at Thompson Rivers	W 3-1	20-4 (15-3)	4
Feb. 2	*TRINITY WESTERN	W 3-0	21-4 (16-3)	
Feb. 3	*TRINITY WESTERN	W 3-2	22-4 (17-3)	3
Feb. 9	*MacEWAN	W 3-1	23-4 (18-3)	
Feb. 10	*MacEWAN	W 3-1	24-4 (19-3)	3
Feb. 15	*MOUNT ROYAL	W 3-2	25-4 (20-3)	
Feb. 16	*at Mount Royal	W 3-1	26-4 (21-3)	2
Canada West Quarter-final (best-of-three)				
Feb. 22	MOUNT ROYAL	W 3-0	27-4	
Feb. 23	MOUNT ROYAL	W 3-0	28-4	T-1
Canada West Semifinal (best-of-three)				
March 2	ALBERTA	W 3-2	29-4	
March 3	ALBERTA	W 3-1	30-4	1
Canada West Final				
March 9	UBC	W 3-1	31-4	
U SPORTS Championship at Quebec City				
March 16	at Laval			

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HEAD COACH NATALIE GURNSEY



One of the most successful players to ever put on a Dinos jersey, Natalie (Schwartz) Gurnsey was named the eighth head coach in University of Calgary women's volleyball history on April 26, 2011.

Gurnsey is the first alumna to be head coach of the Dinos women's volleyball program since Theresa (Sekura) Maxwell, who was at the helm from 1972-79.

A native of St. Albert, Alta., Natalie headed south in 2001 to begin a more than 10-year association with the Dinos, including stints as a student-athlete, an assistant coach, and executive director of the Dinos volleyball club – nationally recognized as one of the elite

volleyball development clubs in Canada.

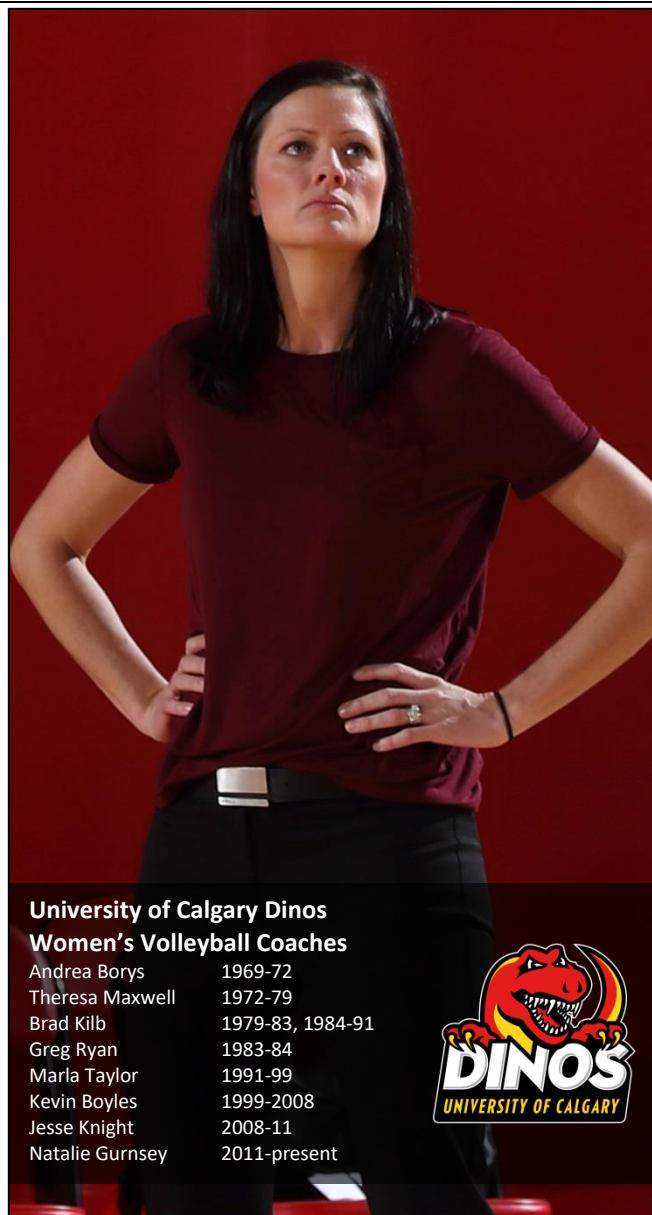
In her five-year varsity career, Natalie was a two-time All-Canadian setter, a three-time Canada West champion, and part of the Dinos' 2004 U SPORTS national championship squad. She was the 2002 winner of the Bill Popplewell award as the University of Calgary's female rookie of the year, and she was the starting setter for all five of her seasons with the team.

A former member of the junior national team, Natalie represented Canada again at the 2005 Summer Universiade in Izmir, Turkey on the national 'B' team.

A two-time Academic All-Canadian, Natalie graduated from the University of Calgary in 2007 with a BA in communications and became the first executive director of the Dinos women's volleyball club. She spent three seasons as an assistant coach with the varsity squad from 2007-08 through 2009-10, a period during which the team earned CIS silver and bronze medals. Her experience also includes head and assistant coaching duties with the provincial team program and the Dinos club. In 2009, she was an assistant with the Alberta team that captured bronze at the Canada Games.

Administratively, she co-founded the 'Best of the West' tournament which runs in Calgary each spring and brings together the top 17U and 18U club teams in Western Canada. Not only is the event an important recruiting showcase where U SPORTS coaches and club players can connect, but it serves as a fundraiser to support women's health and wellness initiatives in the communities of all participating teams.

Natalie and her husband Josiah were married in July 2013 and welcomed their first child, Levi, in March 2018.



University of Calgary Dinos Women's Volleyball Coaches

Andrea Borys	1969-72
Theresa Maxwell	1972-79
Brad Kilb	1979-83, 1984-91
Greg Ryan	1983-84
Marla Taylor	1991-99
Kevin Boyles	1999-2008
Jesse Knight	2008-11
Natalie Gurnsey	2011-present



Natalie Gurnsey's U SPORTS Coaching Record

Year	Conference			Playoffs			Overall			Season result	Playoff result
	GP	W	L	GP	W	L	GP	W	L		
2011-12	20	11	9	2	0	2	37	21	16	5 th (Canada West)	Lost CW quarter-final
2012-13	22	11	11	2	0	2	38	17	21	7 th (Canada West)	Lost CW quarter-final
2013-14	22	5	17	0	0	0	29	9	20	11 th (Canada West)	Missed playoffs
2014-15	24	14	10	2	0	2	39	22	17	4 th (Canada West)	Lost CW quarter-final
2015-16	24	10	14	0	0	0	34	14	20	8 th (Canada West)	Missed playoffs
2016-17	24	18	6	3	1	2	33	23	10	4 th (Canada West)	Lost CW quarter-final
2017-18	24	21	3	5	5	0	34	30	4	1 st (Canada West)	Canada West Champions
TOTAL	160	90	70	14	6	8	245	137	108		
Winning Pct.		.563			.429			.559			



PAST CHAMPIONSHIP RESULTS

(since 1982)

Year	Host	Calgary games, results	Calgary placing	National Champion
1982	Dalhousie	Calgary 3 Memorial 2 Calgary 3 Laval 0 Calgary 3 Winnipeg 1 Final: Dalhousie 3 Calgary 2	Silver medal	Dalhousie
1983	UBC	Final: Winnipeg 3 Calgary 0 (15-1, 15-12, 15-0)	Silver Medal	Winnipeg
1985	York	Quarter-final: Calgary 3 Laval 2 Semifinal: Calgary 3 York 0 Final: Winnipeg 3 Calgary 1 (15-13, 15-13, 12-15, 15-11)	Silver medal	Winnipeg
1988	Sherbrooke	Quarter-final: Calgary 3 Victoria 2 (15-10, 6-15, 3-15, 17-15, 16-14) Semifinal: Sherbrooke 3 Calgary 0 (15-10, 15-7, 15-2) Bronze Medal: Laval 3 Calgary 1 (5-15, 15-3, 15-12, 15-11)	4 th place	Winnipeg
1989	Saskatchewan	Quarter-final: Calgary 3 Manitoba 0 (15-8, 15-7, 15-5) Semifinal: Calgary 3 Winnipeg 2 (15-11, 5-15, 5-15, 15-13, 15-9) Final: Calgary 3 Victoria 0 (15-10, 15-5, 16-14)	Gold medal	CALGARY
1991	Calgary	Quarter-final: York 3 Calgary 2 Consolation Semifinal: Calgary 3 Dalhousie 0 Consolation Final: UBC 3 Calgary 1	6 th place	Manitoba
1992	York	Quarter-final: Calgary 3 Saskatchewan 1 Semifinal: Manitoba 3 Calgary 0 Bronze Medal: Calgary 3 York 1	Bronze medal	Manitoba
1993	Laval	Quarter-final: Calgary 3 Montreal 1 Semifinal: Winnipeg 3 Calgary 0 Bronze Medal: Manitoba 3 Calgary 0	4 th place	Winnipeg
1994	Winnipeg	Quarter-final: Calgary 3 Alberta 0 (15-5, 15-5, 15-6) Semifinal: Calgary 3 Montreal 0 (15-5, 15-5, 15-6) Final: Calgary Winnipeg 0 (15-2, 15-10, 15-12)	Gold medal	CALGARY
1995	Alberta	Quarter-final: Manitoba 3 Calgary 0 (15-4, 15-7, 15-7) Consolation Semifinal: York 3 Calgary 0 (15-2, 16-14, 15-8) 7 th Place: Calgary 3 UNB 0 (15-11, 15-8, 15-3)	7 th place	Alberta
2001	Manitoba	Quarter-final: Toronto 3 Calgary 2 (25-27, 25-23, 25-22, 14-25, 15-9) Consolation Semifinal: Calgary 3 Saskatchewan 1 (23-25, 27-25, 25-15, 25-18) Consolation Final: UBC 3 Calgary 0 (25-13, 25-23, 25-13)	6 th place	Manitoba
2002	Laval	Quarter-final: Calgary 3 Moncton 0 (25-15, 25-15, 25-18) Semifinal: Calgary 3 Sherbrooke 2 (20-25, 25-16, 20-25, 25-17, 15-8) Final: Manitoba 3 Calgary 1 (27-25, 25-19, 22-25, 25-22)	Silver medal	Manitoba



WOMEN'S VOLLEYBALL

2018 U SPORTS Championship • Quebec, Que.

		Calgary games, results	Calgary placing	National Champion
2003	Laval	Quarter-final: Calgary 3 Toronto 2 (25-21, 25-19, 21-25, 28-30, 15-8) Semifinal: Winnipeg 3 Calgary 1 (26-24, 25-23, 27-29, 25-17) Bronze Medal: Alberta 3 Calgary 1 (21-25, 25-15, 25-21, 25-14)	4 th place	Sherbrooke
2004	Saskatchewan	Quarter-final: Calgary 3 Montreal 1 (25-15, 25-16, 18-25, 25-11) Semifinal: Calgary 3 Laval 2 (21-25, 25-27, 25-15, 25-17, 15-7) Final: Calgary 3 Alberta 1 (25-18, 25-17, 19-25, 25-22)	Gold medal	CALGARY
2005	Saskatchewan	Quarter-final: Calgary 3 Saskatchewan 0 (25-14, 25-19, 25-16) Semifinal: UBC 3 Calgary 1 (25-21, 20-25, 25-16, 25-23) Bronze Medal: Calgary 3 Alberta 1 (20-25, 25-23, 25-18, 25-22)	Bronze medal	Sherbrooke
2006	Calgary	Quarter-final: Calgary 3 Trinity Western 0 (25-17, 26-24, 25-16) Semifinal: UBC 3 Calgary 1 (25-21, 20-25, 25-16, 25-23) Bronze Medal: Calgary 3 Montreal 2 (19-25, 25-16, 25-13, 23-25, 18-16)	Bronze medal	Laval
2007	Calgary	Quarter-final: Calgary 3 Montreal 1 (18-25, 25-16, 25-16, 25-18) Semifinal: Alberta 3 Calgary 2 (25-20, 25-22, 23-25, 21-25, 15-10) Bronze Medal: Calgary 3 Trinity Western 0 (25-19, 25-23, 25-22)	Bronze medal	Alberta
2008	UNB	Quarter-final: Calgary 3 McMaster 0 (25-20, 25-13, 25-19) Semifinal: Montreal 3 Calgary 1 (14-25, 25-22, 20-25, 22-25) Bronze Medal: Calgary 3 Alberta 2 (24-26, 25-19, 22-25, 25-19, 17-15)	Bronze medal	UBC
2009	UNB	Quarter-final: Calgary 3 York 0 (25-18, 25-21, 25-21) Semifinal: Calgary 3 Montreal 2 (19-25, 25-13, 20-25, 27-25, 15-12) Final: UBC 3 Calgary 2 (20-25, 25-22, 27-29, 25-20, 9-15)	Silver medal	UBC

OVERALL RESULTS *(since 1982)*

Total appearances.....20 (incl. 2018)
 Consecutive.....9 (2001-09)
 Record.....34-22

FINAL STANDINGS *(since 1982)*

Gold medal.....3 (1989, 94, 2004)
 Silver medal.....5 (1982, 83, 85, 2002, 09)
 Bronze medal.....5 (1992, 2005, 06, 07, 08))
 4th place.....3 (1988, 93, 2003)
 5th place.....0
 6th place.....2 (1991, 2001)
 7th place.....1 (1995)

RESULTS BY OPPONENT

Opponent	Last faced	GP	W	L
Montreal	2009	7	6	1
Winnipeg	2003	7	3	4
Alberta	2008	6	4	2
York	2009	5	3	2
Manitoba	2002	5	1	4
UBC	2009	5	0	5
Laval	2004	4	3	1
Saskatchewan	2005	3	3	0
Trinity Western	2007	2	2	0
Victoria	1989	2	2	0
Dalhousie	1991	2	1	1
Sherbrooke	2002	2	1	1
Toronto	2003	2	1	1
McMaster	2008	1	1	0
Memorial	1982	1	1	0
Moncton	2002	1	1	0
UNB	1995	1	1	0
TOTAL		56	34	22



2017-18 CANADA WEST VOLLEYBALL



*x-clinched playoff spot;
y-clinched first place*

*Top 8 teams qualify for
playoffs*

*Top four playoff teams
advance to U SPORTS
Championship*

<i>Standings</i>	GP	W	L	SW	SL	Pts
xy-CALGARY	24	21	3	66	28	42
x-UBC	24	20	4	65	29	40
x-UBC Okanagan	24	19	5	61	27	38
x-Alberta	24	15	9	57	38	30
x-Trinity Western	24	15	9	54	41	30
x-Manitoba	24	12	12	48	46	24
x-Regina	24	12	12	45	54	24
x-Mount Royal	24	11	13	47	49	22
Brandon	24	10	14	42	51	20
Saskatchewan	24	9	15	42	56	18
Thompson Rivers	24	7	17	38	59	14
MacEwan	24	4	20	33	64	8
Winnipeg	24	1	23	15	71	2

PLAYOFF RESULTS

Quarter-finals

MRU 0 @ CGY 3
MRU 1 @ CGY 3
CGY wins 2-0

TWU 0 @ ALB 3
TWU 3 @ ALB 1
TWU 0 @ ALB 3
ALB wins 2-1

MAN 1 @ UBCO 3
MAN 1 @ UBCO 3
UBCO wins 2-0

REG 1 @ UBC 3
REG 0 @ UBC 3
UBC wins 2-0

Semifinals

ALB 2 @ CGY 3
ALB 1 @ CGY 3
CGY wins 2-0

UBCO 1 @ UBC 3
UBCO 0 @ UBC 3
UBC wins 2-0

Canada West Final @ Calgary

UBC 1 @ CGY 0 (25-21, 20-25, 25-22, 25-10)

2017-18 Canada West All-Stars

First Team

Katelyn Devaney, TWU
Alessandra Gentile, UBC
Aidan Lea, UBCO
Kate Pexman, CALGARY
Kiera Van Ryk, UBC
Beth Vinnell, CALGARY
Kory White, Alberta

Second Team

Kearley Abbott, Manitoba
Alex Donaghy, Mount Royal
Hilary Howe, TWU
Michelle Jakszuk, UBCO
Nikala Majewski, Brandon
Eryn Orusiuk, Alberta
Satomi Togawa, Regina

All-Rookie Team

Michelle Egger, Brandon
Jenae Eisler, Alberta
Avery Heppel, TWU
Jessica Lermينياux, Regina
Anastasiya Muzyka, TRU
Kiera Van Ryk, UBC
Julia Zonneveld, Alberta

2016-17 Canada West Awards

Player of the Year
Student-Athlete Community Service

Kate Pexman, CALGARY
Brianna Solberg, CALGARY

Rookie of the Year
Coach of the Year

Kiera Van Ryk, UBC
Melanie Sanford, Regina



2017-18 TEAM STATISTICS

CONFERENCE MATCHES

	CGY	OPP				
ATTACK						
Kills	1145	1136				
Errors	440	576				
Total Attacks	3152	3319				
Attack Pct	.224	.169				
Kills/Set	12.2	12.1				
SET						
Assists	1065	1060				
Assists/Set	11.3	11.3				
SERVE						
Aces	193	121				
Errors	123	168				
Aces/Set	2.1	1.3				
SERVE RECEPTIONS						
Errors	121	193				
Errors/Set	1.3	2.1				
DEFENSE						
Digs	1334	1354				
Digs/Set	14.2	14.4				
BLOCKING						
Block Solo	56	34				
Block Assist	371	261				
Total Blocks	241.5	164.5				
Blocks/Set	2.6	1.8				
Block Errors	40	28				
Ball handling errors	13	26				
ATTENDANCE						
Total	5287	4477				
Dates/Avg Per Date	13/407	11/407				
Neutral site #/Avg	0/0					
Current win streak	9	-				
Home win streak	13	-				
MATCH WINS BY #SETS						
Calgary	0	0	7	9	5	21
Opponents	0	0	1	1	1	3
SETS WON BY SET						
Calgary	1	2	3	4	5	Total
Calgary	17	16	15	13	5	66
Opponents	7	8	9	3	1	28
POINTS BY SET						
Calgary	1	2	3	4	5	Total
Calgary	563	549	581	382	85	2160
Opponents	501	505	511	310	61	1888

PLAYOFF MATCHES

	CGY	OPP				
ATTACK						
Kills	239	232				
Errors	97	124				
Total Attacks	662	687				
Attack Pct	.214	.157				
Kills/Set	12.6	12.2				
SET						
Assists	222	206				
Assists/Set	11.7	10.8				
SERVE						
Aces	23	25				
Errors	21	52				
Aces/Set	1.2	1.3				
SERVE RECEPTIONS						
Errors	25	23				
Errors/Set	1.3	1.2				
DEFENSE						
Digs	277	282				
Digs/Set	14.6	14.8				
BLOCKING						
Block Solo	9	2				
Block Assist	98	76				
Total Blocks	53.0	40.0				
Blocks/Set	2.8	2.1				
Block Errors	13	0				
Ball handling errors	8	7				
ATTENDANCE						
Total	2122	0				
Dates/Avg Per Date	5/424	0/0				
Neutral site #/Avg	0/0					
Current win streak	5	-				
Home win streak	4	-				
MATCH WINS BY #SETS						
Calgary	1	2	3	4	5	Total
Calgary	0	0	2	2	1	5
Opponents	0	0	0	0	0	0
SETS WON BY SET						
Calgary	1	2	3	4	5	Total
Calgary	3	4	4	3	1	15
Opponents	2	1	1	0	0	4
POINTS BY SET						
Calgary	1	2	3	4	5	Total
Calgary	114	124	124	75	15	452
Opponents	105	106	118	49	13	391



2017-18 INDIVIDUAL STATISTICS

CONFERENCE GAMES

##	Name	SP	MP	ATTACK				TA	Pct	SET		SERVE		SE
				K	K/Set	E	A			A/Set	SA	SA/Set		
12	Beth Vinnell	94	24-	207	2.20	37	385	.442	8	0.09	24	0.26	17	
9	Lexi Peart	39	22-	5	0.13	1	11	.364	131	3.36	1	0.03	2	
16	Hannah Tanasichuk	40	22-	62	1.55	24	140	.271	2	0.05	5	0.12	3	
1	Kate Pexman	70	18-	273	3.90	100	658	.263	16	0.23	27	0.39	15	
14	Jaylynn Moffatt	92	24-	157	1.71	51	408	.260	9	0.10	19	0.21	19	
10	Emma Kastelein	10	6-	4	0.40	2	10	.200	0	0.00	0	0.00	1	
11	Amber Adolf	35	13-	64	1.83	28	191	.188	3	0.09	3	0.09	6	
2	Laura McManes	94	24-	232	2.47	100	735	.180	19	0.20	54	0.57	19	
5	Leah Shevkenek	91	24-	22	0.24	13	68	.132	807	8.87	40	0.44	29	
6	Brianna Solberg	80	22-	97	1.21	65	454	.070	12	0.15	17	0.21	8	
7	Rachel Solecki	20	9-	19	0.95	16	82	.037	10	0.50	3	0.15	3	
8	Megan Cain	2	2-	0	0.00	0	1	.000	0	0.00	0	0.00	0	
3	Kenzie Vaandering	33	18-	2	0.06	2	7	.000	1	0.03	0	0.00	1	
13	Kennedy Snape	94	24-	0	0.00	0	0	.000	47	0.50	0	0.00	0	
18	Adriel Goodman	1	1-	1	1.00	1	2	.000	0	0.00	0	0.00	0	
	CALGARY.....	94	24-	1145	12.18	440	3152	.224	1065	11.33	193	2.05	123	
	Opponents.....	94	24-	1136	12.09	576	3319	.169	1060	11.28	121	1.29	168	

##	Name	S	RE	DIG		BLOCKING				Blk/S	BE	BHE
				DIG	Dig/S	BS	BA	Total				
12	Beth Vinnell	94	0	73	0.78	21	91	112	1.19	10	0	
9	Lexi Peart	39	0	27	0.69	0	3	3	0.08	0	3	
16	Hannah Tanasichuk	40	0	21	0.52	0	10	10	0.25	0	0	
1	Kate Pexman	70	24	203	2.90	8	37	45	0.64	1	0	
14	Jaylynn Moffatt	92	0	48	0.52	13	90	103	1.12	11	0	
10	Emma Kastelein	10	0	2	0.20	1	2	3	0.30	0	0	
11	Amber Adolf	35	10	39	1.11	2	7	9	0.26	3	1	
2	Laura McManes	94	2	143	1.52	2	50	52	0.55	3	1	
5	Leah Shevkenek	91	1	218	2.40	5	47	52	0.57	9	7	
6	Brianna Solberg	80	24	165	2.06	4	31	35	0.44	2	0	
7	Rachel Solecki	20	10	36	1.80	0	1	1	0.05	0	1	
13	Kennedy Snape	94	36	342	3.64	0	0	0	0.00	0	0	
18	Adriel Goodman	1	0	0	0.00	0	0	0	0.00	0	0	
8	Megan Cain	2	0	1	0.50	0	1	1	0.50	0	0	
3	Kenzie Vaandering	33	9	16	0.48	0	1	1	0.03	0	0	
	TEAM		5									
	CALGARY.....	94	121	1334	14.19	56	371	241.5	2.57	40	13	
	Opponents.....	94	193	1354	14.40	34	261	164.5	1.75	28	26	

PLAYOFF GAMES

##	Name	SP	MP	ATTACK				TA	Pct	SET		SERVE	
				K	K/Set	E	A			A/Set	SA	SA/Set	
12	Beth Vinnell	19	5-	41	2.16	9	87	.368	4	0.21	4	0.21	
5	Leah Shevkenek	17	5-	4	0.24	1	12	.250	154	9.06	5	0.29	
14	Jaylynn Moffatt	19	5-	33	1.74	11	95	.232	6	0.32	5	0.29	
11	Amber Adolf	13	5-	28	2.15	11	76	.224	0	0.00	1	0.09	
3	Kenzie Vaandering	18	5-	13	0.72	2	38	.289	2	0.11	3	0.17	
1	Kate Pexman	19	5-	82	4.32	36	217	.212	3	0.16	4	.021	
2	Laura McManes	19	5-	30	1.58	20	106	.094	3	0.16	4	.021	
16	Hannah Tanasichuk	6	4-	6	1.00	5	27	.037	0	0.00	4	0.67	
9	Lexi Peart	8	4-	2	0.25	2	5	.000	40	5.00	0	0.00	
10	Emma Kastelein	1	1-	0	0.00	0	0	.000	0	0.00	0	0.00	
13	Kennedy Snape	19	5-	0	0.00	0	0	.000	10	0.53	0	0.00	
	CALGARY.....	19	5-	239	12.58	97	662	.215	222	11.68	23	1.21	
	Opponents.....	19	5-	232	12.21	124	687	.157	206	10.84	25	1.32	

##	Name	S	DIG		BLOCKING				Blk/S	Pts	Pts/S
			DIG	Dig/S	BS	BA	Total				
12	Beth Vinnell	18	11	0.58	4	27	17.5	1.63	62.5	3.3	
5	Leah Shevkenek	17	41	2.41	1	13	7.5	0.82	16.5	1.0	
14	Jaylynn Moffatt	19	10	0.53	3	17	11.5	1.05	45.5	2.4	
11	Amber Adolf	13	16	1.23	0	4	2.0	0.31	31.0	2.4	
3	Kenzie Vaandering	18	14	0.78	0	5	2.5	0.28	18.5	1.0	
1	Kate Pexman	19	50	2.63	1	12	7.0	0.68	93.0	4.9	
2	Laura McManes	19	48	2.53	0	6	3.0	0.32	37.0	1.9	
16	Hannah Tanasichuk	6	4	0.67	0	3	1.5	0.50	8.5	1.4	
9	Lexi Peart	8	15	1.88	0	1	0.5	0.13	2.5	0.3	
13	Kennedy Snape	19	67	3.52	0	0	0	0.00	0	0	
10	Emma Kastelein	1	1	1.00	0	0	0	0.00	0	0	
	TEAM										
	CALGARY.....	19	277	14.58	9	88	53.0	2.79	315.0	16.6	
	Opponents.....	19	282	14.84	2	76	40.0	2.11	297.0	15.6	

Kate **PEXMAN**

1


Position Outside Hitter **Height** 6-0 **Year** 3
Hometown Calgary, Alta. **Faculty** Schulich School of Engineering
Last Team Team Alberta

2018: After being named Rookie of the Year during her Inaugural season, Kate has continued her trend as one of the elite young players in Canada West... Started in 18 regular season games... 273 kills while averaging a Canada West high 3.90 kills per set... First Team Canada West All-Star and conference player of the year... first team All-Canadian in 2018, second team in 2017 ...

Before UC: 2 time National Indoor Club Champion/MVP in 2010 and 2013... NTCC Champion and MVP in 2014... 2 time National Beach Volleyball Champion in 2012 and 2014... won Canada Games gold medal in beach volleyball with partner Olivial Furlan (UBC) in 2017 ...

Personal: Mother was a varsity rower at Western University... Father competed in the World Championship in the Triathlon... Hopes to play professional beach volleyball upon graduation...

Laura **McMANES**

2


Position Outside Hitter **Height** 6-0 **Year** 5
Hometown Winnipeg, Man. **Faculty** Kinesiology
Last Team Cobras Volleyball Club

2018: In her final season of University volleyball... Started in all 24 regular season games... Main area of success came from the service line, picking up 54 service aces, 0.57 per set... 232 total kills...

Before UC: 2013 Winnipeg Sun Coaches Poll #1 Ranked Female High School Volleyball Player... 2013 AAAA Athlete of the Year award... Manitoba Provincial Team for the Western Canada Games in 2011...

Personal: Upon graduation, hopes to travel and then return to attend grad school... Participated in the Catholic Family Mentoring program...

Kenzie **VAANDERING**

3


Position Middle/Outside **Height** 5-10 **Year** 1
Hometown Calgary, Alta. **Faculty** Kinesiology
Last Team Dinos Volleyball Club

2018: Saw court time in 18 regular season games...

Before UC: 2015/2016 WIC Volleyball MVP... 2015 Provincial Club All-Star... Member of Team Alberta in 2015... Beach Volleyball for Team Alberta in 2015 and 2016...

Personal: Other interests involve travelling, camping, and hiking... Travelled to Spain in high school... Hopes to find a career in her field after graduation...

Sydney **AUSTIN**

4

Position Outside Hitter **Height** 6-0 **Year** 1
Hometown Edmonton, Alta. **Faculty** Arts
Last Team Team Alberta

2018: Redshirting with the Dinos ...

Leah **SHEVKENEK**

5

Position Setter **Height** 5-11 **Year** 4
Hometown Calgary, Alta. **Faculty** Arts
Last Team University of Regina

2018: Starting setter in all 24 games in her second year as a member of the Dinos... Top ten in Canada West in assists (807) and Assists per Set (8.87)... Strong from the service line with 40 service aces...

Before UC: Transfer from University of Regina... Led high school team to a city championship in 2012... Won a gold medal at 2013 Canada Summer Games with Team Alberta... Team Alberta 16U Blue team at that 2011 Western Elite Championship...

Personal: Cousin of former U of C volleyball athlete Christy Torgenson who also went on to play Internationally...

Brianna **SOLBERG**

6

Position Outside Hitter **Height** 5-9 **Year** 5
Hometown Winnipeg, Man. **Faculty** Science
Last Team Team Manitoba

2018: In Brianna's last year of eligibility, she started 21 of the 22 games she entered into... Main contribution came from digs, achieving 165 total for the season... 454 total attacks during the regular season... named winner of the Thérèse Quigley award for academics, volleyball, and community service by U SPORTS ...

Before UC: 2013 Manitoba Graduating Female Volleyball Player of the Year... Manitoba's Governor General Award in 2013 given to top scholar athlete... Team Manitoba for the Canada Summer Games in 2013... Member of Team Alberta in the Western Canada Summer Games for beach volleyball in 2015...

Personal: Also enjoys travelling, music and painting... Has travelled to Asia and Africa throughout her university career... Has been in a volleyball movie that is expected to come out in 2018...

Rachel **SOLECKI**

7

Position Outside Hitter **Height** 5-11 **Year** 3
Hometown Calgary, Alta. **Faculty** Kinesiology
Last Team Team Alberta

2018: In her junior year, Rachel got into nine regular season matches, three in which she started... 19 kills in her short sample size... Strongest area of game in 2018 was in the assist department, lending 10 total to her club...

Before UC: Team Alberta four consecutive years throughout high school career... Matthew Mundy Award recipient...

Personal: Mom played at University of Calgary and was on the Canadian National Team for volleyball... Father played for Canadian National Volleyball team... Would like to pursue a career in medicine...

Megan **CAIN**

8

Position Middle/Outside **Height** 6-0 **Year** 2
Hometown Calgary, Alta. **Faculty** Haskayne School of Business
Last Team Ernest Manning HS

2018: Saw court time in two matches during her second year...

Before UC: Won Provincial Championships with her Dinos club team three consecutive years from 2013 to 2015... Picked up for Team Alberta in 2014 where she won a National Championship...

Personal: Mom played soccer for U of C as well as volleyball at Mount Royal University...

Lexi **PEART**

9

Position Setter **Height** 5-10 **Year** 2
Hometown Calgary, Alta. **Faculty** Kinesiology
Last Team Dinos Volleyball Club

2018: Played in 22 matches throughout the season in the role of a backup to Leah Shevkenek... Sat 17th in overall assists in Canada West with 131 or 3.36 per set... Put home five kills... Helped on the defensive side as well, helping out in 3 blocks...

Before UC: Team Alberta for Beach Volleyball in 2015... Team Alberta Indoor Provincial team in 2014, 2015, and 2016... Youth National Team 2015... Awards won include Athlete of the Year, Provincial All-Star, and the Mikasa Award...

Personal: Travelled Europe with her sister...

Emma **KASTELEIN**

10



Position Middle **Height** 6-2 **Year** 3
Hometown Langley, B.C. **Faculty** Arts
Last Team Team Academy

2018: Got game action in six total matches... One solo block, while lending two blocking assists... Contributed four kills to the Dinos attack...

Before UC: High school volleyball Provincial runner up with First Team All Star recognition... Basketball B.C. Provincial Champion and first team all-star... Junior and Senior high school athlete of the year...

Personal: Coached volleyball in Haiti during a summer... Played soccer, basketball, badminton, and track and field in addition to volleyball throughout high school...

Amber **ADOLF**

11



Position Outside Hitter **Height** 5-9 **Year** 5
Hometown Trochu, Alta. **Faculty** Kinesiology
Last Team Red Deer College

2018: In her final year eligible for play, Adolf started in five of the 13 matches she was involved in... Played a strong production role in the games she got into, contributing 72.5 total points... 64 kills on 191 total attacks on the year...

Before UC: High School Athlete of the Year award from 2010 to 2012... ACAC volley Rookie of the Year in 2013... MVP in Provincials and Nationals in 2014... RDC Athlete of the Year in 2014... U16 and U17 Team Alberta...

Personal: After her Dinos career, Amber would like to attend med school in order to become a sports med doctor and open her own clinic or work for a sports team...

Beth **VINNELL**

12



Position Middle **Height** 6-2 **Year** 3
Hometown Cochrane, Alta. **Faculty** Kinesiology/Werklund School of Education
Last Team Dinos Volleyball Club

2018: Started in all 24 regular season games in 2018... Led Canada West in hitting percentage, owning a 0.443 rate... Most significant part of her game was at the net where she picked up 21 solo blocks, and assisted in an additional 91 ... Recorded a total 297.5 points throughout the regular season... Canada West 1st Team All-Star in 2018... Named a first team All-Canadian...

Before UC: Team Alberta All-Star team... U16 and U17 national All Star team for club volleyball... Female Athlete of the Year in high school in grade 10, 11, and 12...

Personal: Would like to play pro or at the national level when graduated... Would also like to pursue a career as a physical education teacher...

Kennedy **SNAPE****13**

Position Libero **Height** 5-7 **Year** 3
Hometown Yorkton, Sask. **Faculty** Science
Last Team Jr. Heat Volleyball

2018: Played in all 24 games during the regular season at Libero... Finished fourth in Canada West in total digs with 342 total while averaging 3.64 per set...

Before UC: 4A high school First Team All Star... Top Female Athlete grade 10-12... Top Academic Athlete in high school...

Personal: Would like to play professionally in Europe upon graduation...

Jaylynn **MOFFATT****14**

Position Middle **Height** 6-1 **Year** 5
Hometown Calgary, Alta. **Faculty** Kinesiology
Last Team Dinos Volleyball Club

2018: Started in all 24 matches throughout the season... Contributed 103 total blocks to the strong Dinos middle combination... Also contributed to the offensive side of the game, adding 157 kills...

Before UC: High school MVP in volleyball... Team Alberta Volleyball at the U16 level...

Personal: Involved in athletes mentorship program... Also played ringette in high school

Marina **CULO****15**

Position Outside Hitter **Height** 6-0 **Year** 1
Hometown Edmonton, Alta. **Faculty** Kinesiology
Last Team Team Alberta

2018: Redshirting with the Dinos ...

Hannah **TANASICHUK**

16



Position Outside Hitter **Height** 6-2 **Year** 2
Hometown Calgary, Alta. **Faculty** Arts
Last Team Dinos Volleyball Club

2018: Made an appearance in 22 games during the season in her sophomore year... 62 kills on 140 total attacks...

Before UC: U18 Womens National All Star 2016... Played for team Alberta for two years and one year on the youth national team...

Personal: Would like to play professional volleyball... Lived in Trinidad for three years...

Autumn **DAVIDSON**

17



Position Outside Hitter **Height** 6-1 **Year** 3
Hometown Surrey, B.C. **Faculty** Arts
Last Team Douglas College

2018: Redshirting with the Dinos...

Adriel **GOODMAN**

18



Position Middle **Height** 6-0 **Year** 3
Hometown Burton, B.C. **Faculty** Science
Last Team College of the Rockies

2018: Redshirting with the Dinos ...



ALL-TIME WOMEN'S VOLLEYBALL HONOURS

BLG Award: U SPORTS Athlete of the Year

2004 Joanna Niemczewska

U SPORTS Player of the Year

2001 Alisa Marriott

2004 Joanna Niemczewska

2005 Joanna Niemczewska

U SPORTS Championship MVP

1989 Kathy Tough

1994 Fiona Waters

2004 Amanda Moppett

U SPORTS Rookie of the Year

2000 Amanda Moppett

2003 Janelle Findlay

2015 Kate Pexman

U SPORTS Community Service Award

1994 Tricia Stevenson

2018 Brianna Solberg

U SPORTS Coach of the Year

2005 Kevin Boyles

Canada West Female Athlete of the Year

2004 Joanna Niemczewska

Canada West Player of the Year

1994 Jennifer Johnson

2001 Alisa Marriott

2003 Amanda Moppett

2004 Joanna Niemczewska

2005 Joanna Niemczewska

2009 Holly Harper

2018 Kate Pexman

Canada West Rookie of the Year

2000 Amanda Moppett

2003 Janelle Findlay

2005 Lauren Perry

2015 Kate Pexman

Canada West Coach of the Year

1982 Brad Kilb

1983 Brad Kilb

1985 Brad Kilb

1993 Marla Taylor

2001 Kevin Boyles

2005 Kevin Boyles

2015 Natalie Gurnsey

Canada West Student-Athlete Award

2015 Jordhynn Guy

2018 Brianna Solberg

First Team All-Canadians

1982 Bonnie MacRae

1983 Bonnie MacRae

1985 Bonnie MacRae

1989 Christina Nezc

1994 Jennifer Johnson

1994 Fiona Waters

2001 Alisa Marriott

2002 Krista Kinsman

2003 Amanda Moppett

2004 Joanna Niemczewska

2005 Joanna Niemczewska

2005 Natalie Schwartz

2007 Joanna Niemczewska

2009 Holly Harper

2018 Kate Pexman

2018 Beth Vinnell

Second Team All-Canadians

1983 Suzi Smith

1983 Reta Lichtenegger

1989 Kathy Tough

1993 Kelly Boyko

1993 Barb Donadt

1995 Tricia Stevenson

2004 Amanda Moppett

2006 Natalie Schwartz

2008 Julie Young

2017 Kate Pexman

U SPORTS All-Rookie Team

2000 Amanda Moppett

2002 Natalie Schwartz

2003 Janelle Findlay

2005 Lauren Perry

2008 Sarah Lacny

2010 Maura Hayes

2015 Kate Pexman

First Team CW All-Stars

1978 Sandy Stevens

1980 Bonnie MacRae

1981 Bonnie MacRae

1982 Bonnie MacRae

1983 Bonnnie MacRae

1983 Reta Lichtenegger

1985 Bonnie MacRae

1985 Reta Lichtenegger

1987 Karen Bergmann

1988 Karen Bergmann

1989 Christina Nezc

1989 Kathy Tough

1989 Jeanette Degner

1990 Michelle Genereux

1992 Kelly Boyko

1992 Candace Holt

First Team CW All-Stars (cont'd)

1993 Barb Donadt

1993 Kelly Boyko

1994 Jennifer Johnson

1994 Fiona Waters

1995 Tricia Stevenson

1996 Carrie Westgard

2001 Alisa Marriott

2002 Krista Kinsman

2003 Amanda Moppett

2004 Joanna Niemczewska

2004 Amanda Moppett

2005 Joanna Niemczewska

2005 Natalie Schwartz

2006 Natalie Schwartz

2007 Joanna Niemczewska

2009 Holly Harper

2011 Melanie Miazga

2017 Kate Pexman

2018 Kate Pexman

2018 Beth Vinnell

Second Team CW All-Stars

1979 Cori Royal

1980 Helen Vukovich

1981 Corinne Wenstob

1982 Suzi Smith

1982 Reta Lichtenegger

1982 Kris Wagner

1983 Candy Olson

1983 Lou Thomson

1983 Susan Sanden

1984 Candy Olson

1984 Karen Tourigny

1984 Lou Thomson

1985 Christina Nezc

1985 Candy Olson

1986 Karen Bergmann

1987 Shelly Burdick

1988 Shelly Burdick

1988 Jeanette Degner

1988 Kathy Tough

1990 Cheryl Curda

1991 Kelly Boyko

1991 Candace Holt

1991 Cheryl Curda

1994 Candace (Holt) Greves

1994 Tara Algajer

1994 Tricia Steventson

1995 Carrie Westgard

1996 Michelle Hendrix

1997 Michelle Hendrix

1998 Michelle Hendrix

1998 Fiona Waters

2000 Amanda Moppett

2001 Krista Kinsman

ALL-TIME WOMEN'S VOLLEYBALL HONOURS

Second Team CW All-Stars (cont'd)

- 2001 Amanda Moppett
- 2002 Amanda Moppett
- 2003 Tracy Keats
- 2004 Natalie Schwartz
- 2005 Reid Brodie
- 2006 Lauren Perry
- 2010 Raynell Lavertu
- 2012 Lindsey Doland
- 2012 Sarah Lacny
- 2013 Courtney Dawson
- 2015 Jordhynn Guy
- 2017 Beth Vinnell

Canada West All-Rookie Team

- 2014 Janna Ogle
- 2015 Kate Pexman
- 2015 Beth Vinnell
- 2016 Natasha Gordey
- 2017 Hannah Tanasichuk





2018 U SPORTS ROSTER

NUMERICAL

#	Name	Pos.	Ht.	Yr.	Hometown	Faculty	Last Team
1	Kate Pexman	OH	6-0	3	Calgary, Alta.	Schulich Engineering	Team Alberta
2	Laura McManes	OH	6-0	5	Winnipeg, Man.	Kinesiology	Cobras VC
3	Kenzie Vaandering	M/OH	5-10	1	Calgary, Alta.	Kinesiology	Dinos VC
4	Sydney Austin	OH	6-0	1	Edmonton, Alta.	Arts	Team Alberta
5	Leah Shevkenek	S	5-11	4	Calgary, Alta.	Arts	Univ. of Regina
6	Brianna Solberg	OH	5-9	5	Winnipeg, Man.	Science	Team Manitoba
7	Rachel Solecki	OH	5-11	3	Calgary, Alta.	Kinesiology	Team Alberta
8	Megan Cain	M/OH	6-0	2	Calgary, Alta.	Haskayne Business	Ernest Manning HS
9	Lexi Peart	S	5-10	2	Calgary, Alta.	Kinesiology	Dinos VC
10	Emma Kastelein	M	6-2	3	Langley, B.C.	Arts	Team Academy
11	Amber Adolf	OH	5-9	5	Trochu, Alta.	Kinesiology	Red Deer College
12	Beth Vinnell	M	6-2	3	Cochrane, Alta.	Kinesiology/Education	Dinos VC
13	Kennedy Snape	L	5-7	3	Yorkton, Sask.	Science	Jr. Heat VC
14	Jaylynn Moffatt	M	6-1	5	Calgary, Alta.	Kinesiology	Dinos VC
15	Marina Culo	OH	6-0	1	Edmonton, Alta.	Kinesiology	Team Alberta
16	Hannah Tanasichuk	RS	6-2	2	Calgary, Alta.	Arts	Dinos VC
17	Autumn Davidson	OH	6-1	3	Surrey, B.C.	Arts	Douglas College
18	Adriel Goodman	M	6-0	3	Burton, B.C.	Science	College of the Rockies

ALPHABETICAL

#	Name	Pos.	Ht.	Wt.	Yr.	Hometown	Last Team (High School)
11	Amber Adolf	OH	5-9	5		Trochu, Alta.	Red Deer College
4	Sydney Austin	OH	6-0	1		Edmonton, Alta.	Team Alberta
8	Megan Cain	M/OH	6-0	2		Calgary, Alta.	Ernest Manning HS
15	Marina Culo	OH	6-0	1		Edmonton, Alta.	Team Alberta
17	Autumn Davidson	OH	6-1	3		Surrey, B.C.	Douglas College
18	Adriel Goodman	M	6-0	3		Burton, B.C.	College of the Rockies
10	Emma Kastelein	M	6-2	3		Langley, B.C.	Team Academy
2	Laura McManes	OH	6-0	5		Winnipeg, Man.	Cobras VC
14	Jaylynn Moffatt	M	6-1	5		Calgary, Alta.	Dinos VC
9	Lexi Peart	S	5-10	2		Calgary, Alta.	Dinos VC
1	Kate Pexman	OH	6-0	3		Calgary, Alta.	Team Alberta
5	Leah Shevkenek	S	5-11	4		Calgary, Alta.	Univ. of Regina
13	Kennedy Snape	L	5-7	3		Yorkton, Sask.	Jr. Heat VC
6	Brianna Solberg	OH	5-9	5		Winnipeg, Man.	Team Manitoba
7	Rachel Solecki	OH	5-11	3		Calgary, Alta.	Team Alberta
16	Hannah Tanasichuk	RS	6-2	2		Calgary, Alta.	Dinos VC
3	Kenzie Vaandering	M/OH	5-10	1		Calgary, Alta.	Dinos VC
12	Beth Vinnell	M	6-2	3		Cochrane, Alta.	Dinos VC



Head Coach Natalie Gurnsey (7th season)

Assistant Coaches Al Taylor, Amber Brown, Andrea Price, Penni Nicol **Nutritionist** Diane Johnson

Athletic Therapist Bonnie Sutter **AT Students** Paola Romeo, Harleen Bhullar

Director of Athletics Jason Kerswill **Assistant AD (Communications)** Ben Matchett



PRONUNCIATION GUIDE

2	McManes	mick-MANN-us
6	Solberg	SOUL-berg
9	Peart	PEERT
10	Kastelein	KASS-tell-ein
12	Vinnell	vin-NELL



2017-18 UCalgary Dinos Women's Volleyball



**Kate
PEXMAN**



**Laura
McMANES**



**Kenzie
VAANDERING**



**Leah
SHEVKENEK**



**Brianna
SOLBERG**



**Rachel
SOLECKI**



**Megan
CAIN**



**Lexi
PEART**



**Emma
KASTELEIN**



**Amber
ADOLF**



**Beth
VINNELL**



**Kennedy
SNAPE**



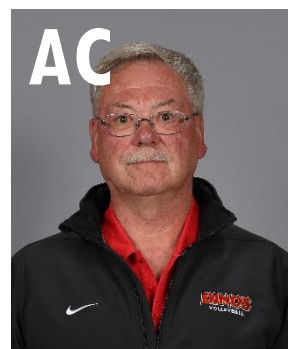
**Jaylynn
MOFFATT**



**Hannah
TANASICHUK**



**Natalie
GURNSEY**



**Al
TAYLOR**

