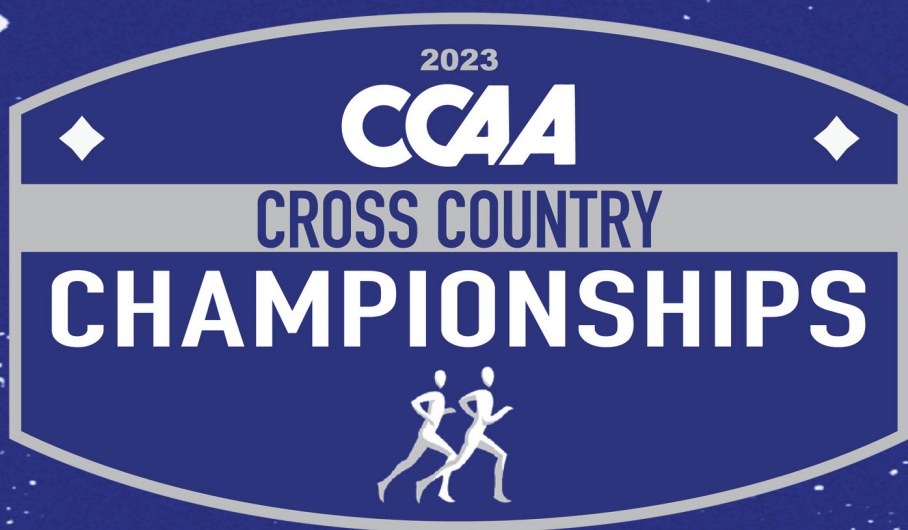




Quarry Lakes Regional Park
Fremont, Calif.
Hosted by Cal State East Bay



goccaa.org/championships

2023 CCAA Men's Runners of the Week

Aug. 31-Sept. 3	Daniel Echeveste, Cal Poly Pomona
Sept. 4-10	Mario Giannini, Chico State
Sept. 11-17	Daniel Echeveste, Cal Poly Pomona
Sept. 18-24	Daniel Hernandez, Chico State
Oct. 2-8	Daniel Hernandez, Chico State



ABOUT THE QUARRY LAKES REGIONAL RECREATION AREA & HOST CAL STATE EAST BAY

The picturesque Quarry Lakes Regional Recreation Area will be the site of the 2023 CCAA Cross Country Championships, hosted by Cal State East Bay. The park, located in Fremont, is part of the East Bay Parks District.

The meet, which determines the conference's individual and team champions, will start with the women's 6,000 meter race at 9 a.m. and conclude with the men's 8,000 meter race that is scheduled for a 10 a.m. start time, mirroring the NCAA Division II Championships order.

Quarry Lakes incorporates the historic boundaries of two Mexican ranchos and the former Mission San Jose lands. Alameda Creek was the original boundary between Contra Costa and Santa Clara Counties.

Alameda County was carved out of these two counties in 1853 and was named after the creek that drains it. The quarries for which Quarry Lakes Regional Recreation Area is named were established in the mid-19th century. Gravel taken from the banks of Alameda Creek was used in the construction of the transcontinental railroad's western section.



Quarry Lakes Regional Recreation Area in Fremont

Cal State East Bay has come a long way in the last 60+ years — it's had six presidents, gone by five different names and produced thousands of graduates who have entered the region's workforce.

The university was originally named the State College for Alameda County when it was officially established by the California State Assembly in 1957. The first academic year began in 1959 at Sunset High School in Cherryland with 25 faculty and 293 students. Groundbreaking ceremonies for the current Hayward Campus were held in February 1961 and the college moved to its permanent location in Fall 1963.

A pioneering spirit pervaded campus in the idealistic months before President John F. Kennedy was assassinated in 1963, born of identification with Kennedy's New Frontier programs. Hence the student body chose to call themselves Pioneers. The first Pioneer mascot was an astronaut from NASA's Space Program.

Located in the heart of the Bay Area, Cal State East Bay connects experiential learning with innovative ideas and talented people to improve our regional economy, foster collaboration and make the region a better place to live. CSUEB offers classes at its Hayward Campus, Concord Center and Oakland Professional Development & Conference Center.

Most Popular Undergraduate Majors: Business Administration, Psychology, Health Science, Kinesiology, Criminal Justice, Biological Sciences, Sociology, Computer Science, Human Development, Art BFA.



For more information, visit www.csueastbay.edu.

CAL POLY HUMBOLDT LUMBERJACKS



MEN'S ROSTER

Name	Yr.	Hometown/High School
Thomas Becannon	Jr.	Eureka/Eureka Senior HS
Pablo Chapman	Fr.	San Marcos/High Tech North County HS
Daniel Gober	Fr.	Antioch/Deer Valley HS
Finn Granger	Fr.	Beaverton, Ore./Beaverton HS
Jonah Grubbs	So.	Fairfax/Archie Williams HS
Keegan Henry	So.	Grass Valley/
Jaxon Leduc	Jr.	Chico/Chico HS
Evan Lonestar	So.	Concord/De La Salle HS
Hunter Phillips	So.	Antioch/Dozier-Libbey Medical HS
Dominic Raffetto	Jr.	Placerville/El Dorado HS
Luis Sandoval	So.	Carson/San Pedro HS
Daniel Shaver	Fr.	Eureka/Eureka Senior HS
Zachary Sherman	Fr.	San Diego/Rancho Bernardo HS
Michael Sides	Fr.	Willows/Willows HS
Johnny Slone	Jr.	Camarillo/Adolfo Camarillo HS
Carson Smith	Jr.	San Jose/Santa Teresa HS
AJ Sverlow-Mendoza	Fr.	San Pedro/San Pedro HS
Kaleb Traficante	Sr.	Chico/Inspire School of Arts and Science
Sebastian Vaisset-Fauvel	Jr.	Pleasant Hills/College Park HS
Aris Valerio	Sr.	Murrieta/Murrieta Mesa HS
Elias Wiggins	So.	Ventura/Buena HS
James Woolery	So.	Brentwood/Heritage HS



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Alexa Amador	So.	Fairfield/Rodriguez HS
Matilda Fitzgerald	Fr.	Thousand Oaks/Thousand Oaks HS
Jessica Hill-Roddick	So.	Scotts Valley/Scotts Valley HS
Mariska Kessler	Jr.	Antioch/Deer Valley HS
Charlotte Leonard	Fr.	Eureka/Eureka Senior HS
Isabel Perez-Zoghbi	So.	Merced/Merced HS
Kate Pringle	Fr.	Ladera Ranch/Tesoro HS
Reese Sion	So.	Glendale/Crescenta Valley HS
Sophie Smith	Jr.	Portland, Ore./Lincoln HS
Saedy Williamson	Sr.	Vacaville/Lincoln HS

Head Coach: Jamey Harris (6th season)

Assistant Coaches: Jorge Ramirez, Amelia Jackson

CCAA Individual Champions

Women: Bridget Berg ('12), Kori Gilley ('14)

QUICK FACTS

Nickname: Lumberjacks

Colors: Green, Gold

Location: Arcata, Calif.

Founded: 1913

Enrollment: 5,869

CCAA Member Since: 2006

Director of Athletics:

President: Dr. Tom Jackson

SID: Drew Gwerder

University Website: humboldt.edu

Athletics Website: humboldtathletics.com

Twitter/Instagram: @humboldtjacks



CAL POLY POMONA BRONCOS



Men's ROSTER

Name	Yr.	Hometown/High School
Nicholas Albro	Sr.	Chula Vista/Olympian
Trevor Benson	Jr.	San Dimas/Bonita
Leandro Candray	Jr.	Temecula/Great Oak
Gavin Dion	Fr.	Saugus/Saugus
Diego Duran	Sr.	Santa Ana/Santa Ana
Daniel Echeveste	Jr.	Pomona/Bonita
David Flores	So.	Tustin/Tustin
Evan Franco	Jr.	San Jose/Branham
James Guerrero	Fr.	Downey/Downey
Jack Humphrey	Fr.	Redondo Beach/Redondo Union
Tom McDonnell	So.	Newbury Park/Newbury Park
Ansh Parashar	Fr.	Irvine/University
Gideon Pichardo	Sr.	Fullerton/Sunny Hills
Juan Ramos	Fr.	Santa Ana/Santa Ana
Chris Razo	So.	Walnut/Walnut
Ethan Romero	Fr.	Highland/Citrus Valley
Hunter Roy	Fr.	Apple Valley/Granite Hills
Vincent Sarino	Sr.	Anaheim/Servite
Ricardo Vargas	So.	Lake Arrowhead/Rim of the World
Francisco Zavaleta	Jr.	Riverside/Martin Luther King

CCAA Individual Champions

Men: Matt Blaty ('83), Steve Perez ('85), Mark Batres ('02), Daniel Rojas ('04), Three-Way Tie ('68)

Women: Tiffany Turner ('08)

CCAA Team Champions

Men (6): 1968, '83, '85, '94, '96, '97

NCAA Champions

Men: 1983



Women's ROSTER

Name	Yr.	Hometown/High School
Chloe Alchin	Fr.	Chico/Pleasant Valley
Angela Arellano	Jr.	Torrance/Torrance
Alondra Arias	Fr.	Ontario/Ontario
Julia Butler	So.	Gardena/Redondo Union
Itzel Del Rio	Fr.	Highland/Citrus Valley
Bridget Edwards	Jr.	Moorpark/Moorpark
Victoria Escanuelas	So.	Rancho Cucamonga/Etiwanda
Andrea Guadian	Fr.	Riverside/Martin Luther King
Arisa Hatcher	Jr.	West Covina/South Hills
Lauren Jauregui	Jr.	Chino Hills/Chino Hills
Galilea Jimenez	Fr.	Ontario/Eleanor Roosevelt
Brianna King	Jr.	Chino Hills/Ruben S. Ayala
Jade Kingston	Fr.	San Diego/High Tech High Mesa
Vivian Martinez	So.	Los Angeles/Redondo Union
Paige Moore	Jr.	Rancho Palos Verdes/Palos Verdes Peninsula
Shelby Ortega-Hufana	Fr.	Santa Clarita/Saugus
Miranda Palacios	Fr.	Fontana/Covina
Tiffany Ton	Fr.	El Monte/Arroyo
Vivian Ton	Fr.	El Monte/Arroyo

Head Coach: Chris Bradford (10th season)

Associate Head Coach: Wes Ashford

QUICK FACTS

Nickname: Broncos
Colors: Green & Gold
Location: Pomona, Calif.
Founded: 1938
Enrollment: 27,173
CCAA Member Since: 1967

Director of Athletics: Brian Swanson
President: Dr. Soraya M. Coley
SID: Alex Kline
Athletics Website: broncoathletics.com
University Website: cpp.edu
Twitter/Instagram: @cppbronzos



CAL STATE EAST BAY PIONEERS



MEN'S ROSTER

Name	Yr.	Hometown/High School
Gage Bellomo	Jr.	Redding/Shasta
Kyle Byrne	Jr.	Oakland/Skyline
Juan Cadena Jr.	Sr.	Bakersfield/Bakersfield
Jose Garcia	Jr.	Norwalk/Norwalk
Dylan Gong	Jr.	Oakland/Oakland Military Institute
Justin Matties	Sr.	Redding/University Prep
Cole McKain	Jr.	Merced/Merced
Ian Mead	So.	Lake Forest/El Toro
Matthew Morgon	So.	Dublin/Dublin
Chas O'Bear	So.	Sacramento/Pleasant Grove
Ian Queenan	So.	Porterville/Monache
Ignacio Ramirez	So.	Hayward/Moreau Catholic
Jack Reindel	Jr.	Redding/Shasta
Andrew Sandoval	So.	Santa Clarita/Golden Valley
Dylan Shubert	Jr.	La Mesa/West Hills
Aidan Singh	Jr.	Elk Grove/Pleasant Grove
Isaac Tiscareno	Fr.	Sunnyvale/Fremont
Miles Worthen	Jr.	Sacramento/Jesuit

Head Coach: Norm Alston (1st season)

Assistant Coaches: Ayla Granados, Anthony Lozano



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Madison Armstrong	Jr.	Santa Maria/St. Joseph
Alyssa Escay	Jr.	Sacramento/Rio Americano
Karla Galvan	Jr.	Walnut/Walnut
Madison Gomez	So.	Bakersfield/Frontier
Kimberly Lima Pardina	Jr.	Perris/Rancho Verde
Mariana Lopez-Tapia	Fr.	Hayward/Mt. Eden
Angelique Martinez	So.	Ontario/Ontario
Jenna Rodriguez	So.	Madera Ranchos/Liberty
Ashley Trout	Jr.	Ontario/Ayala
Anya von Euw	Fr.	Hayward/Castro Valley
Evelyn Zambrano-Montemayor	Jr.	Madera/Madera

QUICK FACTS

Nickname: Pioneers
 Colors: Red, Black & White
 Location: Hayward, Calif.
 Founded: 1957
 Enrollment: 15,528
 CCAA Member Since: 2009

Director of Athletics: Allison Kern
 President: Cathy Sandeen
 SID: Mark Alexander
 Athletics Website: eastbaypioneers.com
 University Website: csueastbay.edu
 Twitter/Instagram: @eastbaypioneers



CAL STATE LA GOLDEN EAGLES



MEN'S ROSTER

Name	Yr.	Hometown/High School
Damian Bonds	Fr.	Escondido/Escondido HS
David Bonds	Jr.	Escondido/Escondido HS
John Covarrubias	Jr.	Whittier/Pioneer HS
Clifton Johnson	Jr.	Oakland/Cheyenne HS
Joshua Lovato	So.	Alhambra/Alhambra HS
Christian Perez	Fr.	El Monte/Don Bosco Tech HS
Kai-William Rasshan	Fr.	Pomona/Diamond Ranch HS
David Rush	Jr.	Perris/Arlington HS
Shannon Turner	Jr.	Highland Park/Eagle Rock HS
Gerardo Zuniga	Jr.	Los Angeles/Bell HS

Head Coach: Tina Fernandes (11th season)

Assistant Coaches: Orentheus Hutcherson, Sean Fernandes



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Serena Duenas	Sr.	Los Angeles/Alhambra HS
Karina Felix	Jr.	El Monte/Arroyo HS
Ashanti Gaither	So.	Long Beach/Long Beach Wilson HS
Nelly Garnica	Fr.	Los Angeles/Oscar De La Hoya Animo Charter HS
Norma Martinez	Jr.	Los Angeles/Stem Academy of Hollywood
Jaqueline Monroy	Fr.	Fontana, Fontana HS
Paula Romo	So.	Inglewood/Santa Monica HS

CCAA Individual Champions

Men: Benito Cruz ('87), Jesus Gutierrez ('88)

Women: Sylvia Mosqueda ('86), Marisa Avendano ('94), Martha Pinto ('96), Sawako Nakamura ('97), Annmarie Housen ('02), Sarah Bouchard ('03), Karla Alburez ('07)

CCAA Team Champions

Men (1): 1987

Women (2): 1994, '07

QUICK FACTS

Nickname: Golden Eagles

Colors: Black & Gold

Location: Los Angeles, Calif.

Founded: 1947

Enrollment: 22,888

CCAA Member Since: 1950; '74

Director of Athletics: Dr. Daryl Gross

President: Dr. William A. Covino

SID: Paul Helms

Athletics Website: lagoldeneagles.com

University Website: calstatela.edu

Twitter/Instagram: @lagoldeneagles



CAL STATE MONTEREY BAY OTTERS



MEN'S ROSTER

Name	Yr.	Hometown/High School
Captain Burnett	Fr.	San Diego/San Diego HS
Lorenzo Cilia	Fr.	Vacaville/Vacaville HS
Luis Contreras	Sr.	Indio/Indio HS
Cameron Cornforth	Fr.	Kailua-Kona, Hawaii/Kealakehe HS
Connor Farrow	Sr.	Modesto/Beyer HS
Alex Fernandes	So.	San Ramon/Dougherty Valley HS
Jaime Gonzalez	Jr.	Somis/Camarillo HS
Alexis Lorenzana	So.	Santa Rosa/Roseland University Prep
Logan Mendez	Fr.	Little Rock/Little Rock HS
Dylan Rosenthal	Fr.	Camarillo/Rancho Campana HS
William Trowbridge	Fr.	Santa Cruz/Santa Cruz HS
Jake Walton	Fr.	Livermore/Granada HS

QUICK FACTS

Nickname: Otters
 Colors: Blue, Gold
 Location: Seaside, Calif.
 Founded: 1994
 Enrollment: 7,020
 CCAA Member Since: 2004

Director of Athletics: Kirby Garry
 President: Vanya Quiñones
 SID: Kevin Gilmore
 Athletics Website: otterathletics.com
 University Website: csumb.edu
 Twitter/Instagram: @otterathletics



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Cassidy Andreadakis	Fr.	Orcutt/Orcutt Academy
Angelee Berganio	Jr.	Santa Clarita/Canyon HS
Mackenzie Caprino	Jr.	Salem, Ore./South Salem HS
Maya Centeno	So.	Chino Hills/Chino Hills HS
Audrey Garcia	Jr.	Lodi/Lodi HS
Cyndee Gonzalez	Fr.	San Jose/Piedmont Hills HS
Natalie Harper	Jr.	Elk Grove/Cosumnes Oaks HS
Lisa Irvine	Jr.	Roseville/Woodcreek HS
Ali Keith	So.	Billings, Mont./Billings West HS
Daniela Munguia	Fr.	San Jose/Clovis North HS
Ainslee Robbins	Fr.	Temecula/Great Oaks HS
Jessica Salinas	Jr.	Tyler, Tex./Tyler Legacy HS
Kim Tovar	Jr.	Clovis/ Clovis HS
Ava Wettlaufer	Fr.	Temecula/Temecula Valley HS
Cozette Wood	Fr.	Kailua-Kona, Hawaii/Kealakehe HS
Danielle Yost	Jr.	Raleigh, N.C./Wakefield HS
Taylor Yost	Jr.	Raleigh, N.C./Wakefield HS
Kayla Young	So.	Santa Clarita/Canyon HS
Carly Zahrt	So.	Canyon Country/Golden Valley HS

Head Coach: Greg Rhines (12th season)

Assistant Coach: Jake Bermel

CSUSB YOTES



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Samantha Avila	So.	Menifee/Paloma Valley HS
Liana Brehm	Fr.	/
Giselle Cabrera	So.	Norco/Norco HS
Arlene Castro	Sr.	Yucca Valley/Yucca Valley HS
Jordan Dennert	Fr.	San Bernardino/Redlands East Valley HS
Caty Gaynor	Jr.	Claremont/Claremont HS
Tayonna Hargrove	Sr.	Highland/San Geronio HS
Brianna Johnson	Fr.	Gardena/Narbonne HS
Joanna Lopez	Jr.	Ontario/Ontario HS
Amanda Lynch	Fr.	San Bernardino/Cajon HS
Hailey Lynk	Fr.	Banning/Banning HS
Kai Marroquin	So.	Rosemead/San Gabriel HS
Maria Rojas	Sr.	Riverside/J.W. North HS
Helena Valdez	Sr.	Riverside/Riverside Poly HS
Diana Vera	Fr.	Colton/Colton HS

Head Coach: Lauren Podgaysky (6th season)

Assistant Coaches: Nicole McDonald, David McDonald

CCAA Individual Champion: Laura Aceves ('16)

QUICK FACTS

Nickname: Coyotes
Colors: Blue, Black
Location: San Bernardino, Calif.
Founded: 1965
Enrollment: 20,767
CCAA Member Since: 1991

Director of Athletics: Shareef Amer
President: Dr. Tomas D. Morales
SID: TBD
Athletics Website: csusbathletics.com
University Website: csusb.edu
Twitter/Instagram: @csusbathletics



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CAL STATE SAN MARCOS COUGARS



MEN'S ROSTER

Name	Yr.	Hometown/High School
Alex Anderson	Jr.	Torrance/Torrance HS
Trevor Boaz	Sr.	San Diego/Rancho Bernardo HS
Cris Carrillo	So.	Brawley/Brawley Union HS
Mark De Haro	Fr.	Vista/Vista HS
Atakltu Gebru	Jr.	San Diego/Hoover HS
Owen Hinz	Fr.	Murrieta/Temecula Prep
Diego Lopez	Jr.	San Diego/Steele Canyon HS
Anthony Martinez	So.	San Diego/Eastlake HS
Renton McGregor	So.	Chico/Pleasant Valley HS
Nick Melanese	Jr.	Scripps Ranch/Scripps Ranch HS
Max Miller	Fr.	San Diego/Canyon Hills HS
Jason Morse	Sr.	Murrieta/Murrieta Valley HS
Mathew Musa	Jr.	El Cajon/Valhalla HS
Ziggy Nacco	Fr.	Larkspur/Marin Catholic HS
Braden Oberg	Fr.	Santee/West Hills HS
Jayson Oliver	Fr.	Santee/Santana High School
Sankalp Shastri	So.	Aliso Viejo/Aliso Niguel HS

CCAA Individual Champion: Josh Litwiller ('19)

QUICK FACTS

Nickname: Cougars
 Colors: Med. Blue, Lt. Blue, White
 Location: San Marcos, Calif.
 Founded: 1989
 Enrollment: 15,109
 CCAA Member Since: 2015

Director of Athletics: Jennifer Milo
 President: Dr. Ellen J. Neufeldt
 SIDs: Mindy Mills, Tyler Morrison
 Athletics Website: csusmcougars.com
 University Website: csusm.edu
 Twitter/Instagram: @csusmcougars



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Rasha Badrani	So.	San Marcos/San Pasqual HS
Kristin Cole	Fr.	Moorpark/Moorpark HS
Giuliana Contreras	Fr.	Bakersfield/Frontier HS
Lola Cook	Fr.	Santa Rosa/Santa Rosa HS
Tamara Cornejo	Fr.	Chula Vista/Hilltop HS
Melissa Estrada	Fr.	Oceanside/Vista HS
Hazel Groff	Fr.	San Diego/Palomar College
Jalyn Guglielmana	So.	Lake Elsinore/Elsinore HS
Aubri Le	Fr.	Fountain Valley/Fountain Valley HS
Angela McManus	So.	Durango, Colorado / Durango HS
Emily Mendoza	So.	Oceanside/El Camino HS
Emma Mills	Jr.	Joshua Tree/Yucca Valley HS
Ana Moreno	So.	Dana Point/Dana Hills HS
Elise Ortiz	Jr.	Oceanside/El Camino HS
Isabel Ortiz	So.	Oceanside/El Camino HS
Mia Salinas	So.	Selma/Selma HS
Jessica Schempp	Jr.	Anaheim Hills/Canyon HS
Carly Schuerger	Jr.	Aliso Viejo/Aliso Niguel HS
Maslin Sigler	Fr.	Hillsboro, Ore. / Valley Catholic HS
Maria Taxis	Jr.	Oxnard/Channel Islands HS
Angela Vine	Fr.	Indio/Shadow Hills HS
Tylar Wolff	Fr.	Richland, Wash. / Richland HS
Kayla Wrathall	So.	Eastvale/Eleanor Roosevelt HS
Olivia Yackey	Fr.	Yorba Linda/Yorba Linda HS

Head Coach: Torrey Olson (6th season)

Assistant Coaches: Anthony Heredia, Tracy Thompson, Nancy diBenedetto

CHICO STATE WILDCATS



MEN'S ROSTER

Name	Yr.	Hometown/High School
Sean Alliegro	Fr.	Hermosa Beach/Mira Costa HS
Omar Alvarez-Hernandez	Jr.	Santa Rosa/Maria Carrillo HS
Anders Beil	So.	Portland, Ore./Central Catholic HS
Dylan Devine	Fr.	Chico/Chico HS
Hunter Dougherty	Jr.	Turlock/Pitman HS
Damian Garcia	So.	Chico/Chico HS
Charlie Giannini	Jr.	Chico/Chico HS
Mario Giannini	Fr.	Chico/Chico HS
Matthew Gordon	So.	Reno, Nev./Galena HS
Nicholas Guzman	So.	Gilroy/Gilroy HS
Daniel Hernandez	Jr.	Vacaville/Vacaville HS
Adrian Hipolito	Fr.	Loomis/Del Oro HS
Alex Lamoureux	Fr.	Sanger/Sanger HS
Brayden McLaughlin	Jr.	Rancho Santa Margarita/Trabuco Hills HS
Jayden Olea	So.	Rocklin/Rocklin HS
Joshua O'Neill	Jr.	Nevada City/Nevada Union HS
Devin Pereira	Fr.	Nevada City/Nevada Union HS
Travis Selby	So.	Santa Rosa/Santa Rosa HS
Wesley Selby	Fr.	Ventura/Ventura HS
Andrew Stevens	Fr.	Oceanside/Vista High School
Michael Torres	Fr.	Moraga/Campolindo HS
Jesus Villarreal	Jr.	Clayton/Clayton Valley HS
Blake Webster	Fr.	Rocklin/Whitney HS
Dylan White	Jr.	
Bennett Woodward	Jr.	
Head Coach: Gary Towne (28th season)		

26 CCAA Individual Champions

17 men's winners (last - Rory Abberton, '22), 9 women's winners (last - Destiny Everett '19)

CCAA Team Champions

Men (20): 2002, '03, '04, '05, '06, '07, '08, '09, '10, '11, '12, '13, '14, '15, '16, '17, '18, '19, '21, '22

Women (16): 2002, '03, '04, '06, '08, '09, '10, '11, '12, '13, '14, '15, '16, '17, '18, '19



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Esmeralda Aguayo Ruiz	Sr.	Saint Helena/Thomas Downey HS
Melissa Barajas	So.	Modesto/Modesto HS
Aurora Barkley	Jr.	Wilsonville, Ore./Wilsonville HS
Olivia Beschoner	Fr.	West Fargo, N.D./West Fargo Sheyenne
Sienna Bianchi	So.	Sanger/Sanger HS
Jacqueline Cascione	Jr.	Santa Clarita/Saugus HS
Marina Dear	So.	Gilbert, Ariz./Highland HS
Jaclyn Denham	Jr.	Ferndale, Wash./Ferndale HS
Natalie Dinin	Jr.	Fair Oaks/Bella Vista HS
Gracie Dupuis	Sr.	Livermore/Granada HS
Jasmine Fletcher	So.	Clackamas, Ore./Clackamas HS
Grace Gaddy	So.	Redding/University Prep HS
Megan Malloy	Fr.	Walnut Creek/Northgate HS
Della Molina	So.	Chico/Chico HS
Iresh Molina	So.	Chico/Chico HS
Sophie Pelletier	Jr.	Folsom/Vista del Lago HS
Melissa Pinter	Fr.	Rancho Santa Margarita/Trabuco Hills HS
Grace Reed	Fr.	Pleasant Hill/College Park HS
Jennifer Ruiz	Jr.	Alturas/Modoc HS
Hannah Ryan	Sr.	San Francisco/George Washington HS
Alexi Steinmaus	Jr.	San Luis Obispo/San Luis Obispo HS
Maleah Wilton	So.	Oxnard/Oxnard HS
Hannah Wirth	Jr.	Roseville/Del Oro HS

QUICK FACTS

Nickname: Wildcats

Colors: Cardinal, White

Location: Chico, Calif.

Founded: 1887

Enrollment: 15,421

CCAA Member Since: 1998

Director of Athletics: Anita Barker

President: Dr. Gayle E. Hutchinson

SIDs: Rick Hoskin, Cayden Jones

Athletics Website: chicowildcats.com

University Website: csuchico.edu

Twitter: [@chicowildcats](https://twitter.com/chicowildcats)



SAN FRANCISCO STATE GATORS



MEN'S ROSTER

Name	Yr.	Hometown/High School
Simon Baptiste-Daumin	Jr.	Lyon, France/Lycée Charlie Chaplin
Dominic Clima	So.	San Jose/Branham HS
Benjamin Elfenbaum	Fr.	Albany/Albany HS
Isaack Garcia	Fr.	Thousand Oaks/Thousand Oaks HS
Brandon Johnson	Jr.	San Jose/Santa Teresa HS
Brayden Koontz	Fr.	Woodland/Pioneer HS
Joey Manahan	Sr.	San Bruno/Capuchino HS
Jose Melchor	Sr.	Baldwin Park/Baldwin Park HS
Muhammad Izaan Mohamed Imtiaaz	Fr.	El Segundo/El Segundo HS
Aidan Murtagh	So.	San Francisco/Archbishop Riordan HS
Tyler Sharp	So.	Redondo Beach/Redondo Union HS
Jose Torres	Sr.	Reseda/El Camino Real Charter HS
Gary Valle	Sr.	La Puente/Bishop Amat Memorial HS



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Mackenzie MacDonald	Fr.	San Jose/Santa Teresa HS
Raven Nieto	Fr.	San Jose/Willow Glen HS
Anika Pettinger	So.	West Seattle, Wash. / West Seattle HS
Julia Pioroda	Fr.	Newark/Newark Memorial HS
Olivia Renfro	Jr.	Fresno/Clovis West HS
Daisy Salinas	Jr.	Los Angeles/Immaculate Heart HS
Sydney Seyer	Jr.	Pacifica/Terra Nova HS
Zaida Velazquez	Fr.	Selma/Granada Hills Charter HS

Head Coach: Tom Lyons (17th season)

Assistant Coaches: Sierra Brill, Jen Tave

QUICK FACTS

Nickname: Gators
Colors: Purple & Yellow
Location: San Francisco, Calif.
Founded: 1899
Enrollment: 28,880
CCAA Member Since: 1998

Dir. of Athletics: Stephanie Shrieve-Hawkins
President: Dr. Lynn Mahoney
SIDs: Brandon Davis, Kendrick Mooney
Athletics Website: sfstategators.com
University Website: sfsu.edu
Twitter/Instagram: @sfstate_gators



SSU SEAWOLVES



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Isabella Blanco	Fr.	Clovis/Clovis North HS
Gianna Bomarito	So.	Fresno/Clovis North HS
Abby Carroll	Fr.	Davis/Davis Senior HS
Loralie Clements	Fr.	El Dorado Hills / Ponderosa HS
Maddy Petersen	Jr.	Galt/Galt HS
Abby Ribet	Jr.	Elk Grove/Elk Grove HS
Sophie Rodriguez	Jr.	Temecula/Great Oak HS
Liliana Salado	Jr.	Visalia/Mt. Whitney HS

Head Coach: David Lawrence (5th season)

Assistant Coach: Breann Jackson

QUICK FACTS

Nickname: Seawolves
 President: Mike Lee, Ph.D.
 Location: Rohnert Park, Calif.
 Founded: 1960
 Enrollment: 6,000
 CCAA Member Since: 1998

Colors: University Blue, University Light Blue & White
 Director of Athletics: Dr. Nicole Annaloro
 SIDs: Scott Kimmelman, Evan Roehrig
 Athletics Website: sonomaseawolves.com
 University Website: sonoma.edu
 Twitter/Instagram: @sonomaseawolves



CCAA CARES PROGRAM CONTINUES IN 2023-24

The California Collegiate Athletic Association is proud to continue the CCAA Cares program in 2023-24. Launched in 2022, the program promotes the community engagement efforts by the student-athletes.

The conference provides 10 percent of the net ticket revenue to the Student-Athlete Advisory Committee (SAAC) program at each CCAA institution hosting a conference tournament or championship for them to donate to their preferred non-profit. Institutions hosting a conference championship that does not charge admission (i.e., cross country, golf) will receive a \$250 contribution.

"The CCAA takes pride in showing how this conference engages and collaborates with our campus, local, regional and state-wide communities," said CCAA Commissioner Allen Hardison. "We are proud to continue this program and support our student-athletes and their outreach efforts."

For the CCAA Cross Country Championships, \$250 will be donated to the Hayward Education Foundation. The Hayward Education Foundation is an accredited non-profit 501(c)(3) organization dedicated to helping ALL Hayward Students Succeed by providing teachers with the resources necessary to support, enhance, enrich, and strengthen educational activities and experiences in ways that existing funding cannot.

Please visit goccaa.org/ccaacares or haywarded.org for more information.

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STANISLAUS STATE WARRIORS



MEN'S ROSTER

Name	Yr.	Hometown/High School
Joey Acosta	Jr.	San Diego/Vista HS
Abe Alsaidi	Jr.	Ripon/Ripon HS
Diego Cisneros	Fr.	Turlock/Pitman HS
Jacob Diaz	Fr.	Reedley/Reedley HS
Adin Dibble	So.	Sonora/Sonora HS
Cooper Freeman	So.	Manteca/East Union HS
Jose Garcia	Sr.	San Diego/University Center HS
Mario Gutierrez	Jr.	Bakersfield/Highland HS
Nate Olsen	Fr.	Modesto/Beyer HS
Dominic Robles	Jr.	Oakdale/Oakdale HS
Carson Sanchez	Sr.	El Cajon/Grossmont HS
Gavin Van Oostende	Fr.	Turlock/Turlock HS
Franky Varela	Sr.	Escondido/San Pasqual HS
Brody Vecchione	So.	Turlock/Turlock HS

Head Coach: Darren Holman (5th season)

Assistant Coach: Courtney Heiner

QUICK FACTS

Nickname: Warriors
Colors: Red & Gold
Location: Turlock Calif.
Founded: 1960
Enrollment: 9,439
CCAA Member Since: 1998

Director of Athletics: Aaron Allaire
President (interim): Dr. Susan E. Borrego
SID: Joe Danahey
Athletics Website: warriorathletics.com
University Website: csustan.edu
Twitter/Instagram: @gostanstate



WOMEN'S ROSTER

Name	Yr.	Hometown/High School
Brinley Ewen	Fr.	San Luis Obispo/San Luis Obispo HS
Kassidy Fmura	Fr.	Modesto/Oakdale HS
Nina Furtado	Fr.	Elk Grove/Elk Grove HS
Crystal Hernandez	Fr.	Los Banos/Los Banos HS
Kayden Legan	Jr.	Oakdale/Oakdale HS
Holly Little	Sr.	Glasgow, Scotland/Bearsden Academy
Bela Moreno	So.	Modesto/Thomas Downey HS
Yelena Ordonez	Fr.	Modesto/Beyer HS
Milca Osorio	Jr.	Canyon Country/Canyon HS
Ariana Puccini	Fr.	Elk Grove/Franklin HS
Noheli Ron	So.	Modesto/Modesto HS
Jacqueline Sanchez	Fr.	Merced/Buhach County HS
Bianca Scott	Fr.	Madera/Madera HS
Tessa Vasquez	Fr.	Folsom/Folsom HS
Annie Wild	Fr.	Ripon/Ripon HS
Yahaira Zuniga	Sr.	San Diego/San Diego Mesa College

CCAA Individual Champions

Men: Vincente Moreno ('07)
Women: Kaela Dishion ('21, '22)

CCAA Team Champions

Women (2): 2021, '22

2022 YEAR IN REVIEW - MEN

Athlete of the Year	Rory Abberton, Chico State
Newcomer of the Year	Ricardo Vargas, Cal Poly Pomona
Freshman of the Year	Cooper Freeman, Stanislaus State
Coach of the Year	Gary Towne, Chico State
Elite 13 Award	Justin Matties, Cal State East Bay

CCAA CHAMPIONSHIP (8K) - Nov. 5, 2022 - Palo Corona Cross Country Trail (Carmel)

TEAM			ALL-CCAA - Top 15		
Pl.	School (Finishers)	Points	Pl.	Individual (School)	Time
1.	Chico State (1-2-4-5-8-9*-17*)	20	1.	Rory Abberton (Chico State)	24:45.2
2.	Cal Poly Pomona (6-7-10-13-19-21*-27*)	55	2.	Jack Emanuel (Chico State)	24:49.9
3.	San Marcos (11-16-18-31-37-46*-48*)	105	3.	Medhane Woldu (Stanislaus State)	24:52.8
4.	Stanislaus State (3-14-30-43-50-52*-65*)	128	4.	Cameron Duquette (Chico State)	24:53.3
5.	Cal Poly Humboldt (12-22-35-44-45-49*-57*)	145	5.	Brayden McLaughlin (Chico State)	24:58.8
6.	Cal State East Bay (15-23-34-39-53-54*-58*)	150	6.	Leandro Candray (Cal Poly Pomona)	24:59.1
7.	San Francisco St. (25-32-33-42-47-67*-71*)	161	7.	Ricardo Vargas (Cal Poly Pomona)	25:03.4
8.	Cal St. Monterey Bay (26-36-38-40-41-61*-69*)	163	8.	Omar Alvarez-Hernandez (Chico State)	25:08.4
DNP Cal State LA (51-72-74-76)		----	9.	Daniel Hernandez (Chico State)	25:09.3
			10.	Vincent Sarino (Cal Poly Pomona)	25:12.4
			11.	Ruben Pina (Cal St. San Marcos)	25:17.1
			12.	Nick Brichta (Cal Poly Humboldt)	25:19.3
			13.	Daniel Echeveste (Cal Poly Pomona)	25:22.5
			14.	Cristian Alcantar (Stanislaus State)	25:26.4
			15.	Cole McKain (Cal State East Bay)	25:30.1

NCAA WEST REGION (10K) - Nov. 19, 2022 - Amend Cross Country Course (Billings, Mont.)

TEAM			ALL-WEST REGION - Top 25		
Pl.	School	Points	Pl.	Individual (School)	Time
1.	Chico State (3-8-9-12-16-19*-25*)	48	3.	Rory Abberton (Chico State)	30:14.6
5.	Cal Poly Pomona (6-18-32-34-37-47*-74*)	127	6.	Ricardo Vargas (Cal Poly Pomona)	30:30.0
9.	Cal St. San Marcos (22-46-57-77-93-97*-130*)	295	8.	Jack Emanuel (Chico State)	30:32.3
11.	San Francisco St. (40-41-81-88-95-96*-100*)	345	10.	Omar Alvarez-Hernandez (Chico State)	30:33.4
12.	Cal Poly Humboldt (24-35-84-91-113-116*-128*)	347	13.	Brayden McLaughlin (Chico State)	30:36.5
14.	Stanislaus State (49-53-78-80-114-124*)	374	17.	Daniel Hernandez (Chico State)	30:39.4
17.	Cal St. East Bay (58-66-76-92-105-122*-133*)	397	19.	Leandro Candray (Cal Poly Pomona)	30:42.3
18.	Cal St. Monterey Bay (69-85-86-98-111-120*)	449	20.	Joshua O'Neill (Chico State)	30:47.9
			23.	Nick Melanese (Cal State San Marcos)	30:52.3
			25.	Nick Brichta (Cal Poly Humboldt)	30:54.9

NCAA CHAMPIONSHIP (10K) - Dec. 2, 2022 - Chambers Bay Golf Course (University Place, WA)

TEAM			ALL-AMERICAN - Top 40		
Pl.	School	Points	Pl.	Individual (School)	Time
5.	Chico State (22-41-59-62-81-97*-122*)	265	25.	Rory Abberton (Chico State)	30:20.0

2022 YEAR IN REVIEW - WOMEN

Athlete of the Year	Kaela Dishion, Stanislaus State
Newcomer of the Year	Najwa Chouati, Stanislaus State
Freshman of the Year	Gianna Bomarito, Sonoma State
Coach of the Year	Darren Holman, Stanislaus State
Elite 13 Award	Olivia Renfro, San Francisco State

CCAA CHAMPIONSHIP (6K) - Nov. 5, 2022 - Palo Corona Cross Country Trail (Carmel)

TEAM			ALL-CCAA - Top 15		
Pl.	School (Finishers)	Points	Pl.	Individual (School)	Time
1.	Stanislaus State (1-3-7-9-21-33*-50*)	39	1.	Kaela Dishion (Stanislaus State)	20:54.4
2.	Chico State (4-10-11-12-15-16*-17*)	52	2.	Gianna Bomarito (Sonoma St.)	21:11.1
3.	Cal State East Bay (6-8-13-29-31-41*-43*)	83	3.	Najwa Chouati (Stanislaus State)	21:20.9
4.	Cal Poly Pomona (20-24-27-34-35-40*-48*)	130	4.	Marissa D'Atri (Chico State)	21:29.5
5.	Cal St. San Marcos (22-26-28-32-39-46*-52*)	137	5.	Rosa Granados (Cal Poly Humboldt)	21:39.7
6.	Cal Poly Humboldt (5-23-37-51-59-62*-63*)	163	6.	Chase Worthen (Cal St. East Bay)	21:48.1
7.	Cal St. San Bernardino (14-36-38-53-58-65*-74*)	187	7.	Kayden Legan (Stanislaus State)	21:53.6
8.	Cal St. Monterey Bay (25-30-44-47-64-70*-73*)	197	8.	Leza Cassidy (Cal St. East Bay)	22:00.6
9.	Sonoma State (2-54-55-56-57-60*-69*)	208	9.	Yahaira Zuniga (Stanislaus State)	22:03.0
10.	San Francisco State (42-61-71-75-82-88*)	297	10.	Iresh Molina (Chico State)	22:08.1
11.	Cal St. LA (79-84-87-89-91)	356	11.	Gracie Dupuis (Chico State)	22:16.5
			12.	Hannah Tiffany (Chico State)	22:19.3
			13.	Claire Fisher (Cal St. East Bay)	22:24.1
			14.	Alexis Wallace (CSUSB)	22:26.2
			15.	Jaclyn Denham (Chico State)	22:30.2

NCAA WEST REGION (6K) - Nov. 19, 2022 - Amend Cross Country Course (Billings, Mont.)

TEAM			ALL-WEST REGION - Top 25		
Pl.	School	Points	Pl.	Individual (School)	Time
1.	Stanislaus State (5-6-10-18-52-86*-129*)	91	3.	Marissa D'Atri (Chico State)	21:05.4
2.	Chico State (3-11-21-27-31-45*-64*)	93	5.	Kaela Dishion (Stanislaus State)	21:13.8
4.	Cal Poly Pomona (19-28-34-54-56-89*-100*)	191	6.	Najwa Chouati (Stanislaus State)	21:23.7
8.	Cal State East Bay (29-36-43-60-63-78*151*)	231	10.	Kayden Legan (Stanislaus State)	21:32.5
14.	Cal St. San Marcos (35-71-74-81-108-127*-135*)	369	11.	Gracie Dupuis (Chico State)	21:33.1
15.	Cal Poly Humboldt (47-48-85-121-124-154*-161*)	425	18.	Yahaira Zuniga (Stanislaus State)	21:43.1
17.	Cal St. Monterey Bay (49-65-79-118-128-141*-145*)	439	19.	Samantha Aguilar (Cal Poly Pomona)	21:43.5
19.	Sonoma State (33-75-104-122-132-140*-143*)	466	21.	Iresh Molina (Chico State)	21:45.2
21.	Cal St. San Bernardino (83-88-97-107-123-150*-165*)	498			
24.	San Francisco St. (69-91-153-166-167)	646			

NCAA CHAMPIONSHIP (6K) - Dec. 2, 2022 - Chambers Bay Golf Course (University Place, WA)

TEAM		ALL-AMERICAN - Top 40			
Pl.	School	Points	Pl. Individual (School)	Time	
12.	Chico State (13-69-78-89-112-139*-146*)	361	14.	Marissa D'Atri (Chico State)	20:56.4
18.	Stanislaus State (29-45-115-117-150-198*-219*)	456	34.	Kaela Dishion (Stanislaus State)	21:16.5

CCAA CHAMPIONSHIP HISTORY - MEN

Year	Champion	Pts.	Individual Champion	Time	Course/Location
1966	San Diego State		Jeff Dunbar (FSU)		
1967	San Diego State		Dave Cords (FSU)		
1968	Cal Poly Pomona		Swift, Scruggs, Ryan (CPP)		
1969	Cal Poly SLO		Mathyes Michael (SLO)		
1970	CS Fullerton		John Casso (CSUF)		
1971	CS Fullerton		Mark Covert (CSUF)		
1972	CS Fullerton		Chris Hoffman (CSUF)		
1973	CS Northridge		Eddie Granillo (CSUN)		
1974	CS Northridge	28	Ed Chaidez (CSUN)		
1975	CS Northridge	25	Ed Chaidez (CSUN)		
1976	CS Northridge	28	Paul Wright (CSUN)	32:04	
1977	Cal Poly SLO	31	Jim Schankel (SLO)	30:10	
1978	Cal Poly SLO	19	Jim Schankel (SLO)	30:46	Crystal Springs, Belmont
1979	Cal Poly SLO	20	Jim Schankel (SLO)		
1980	Cal Poly SLO	23	Steve Alvarez (UCR)	30:59	
1981	UC Riverside	25	Frank Assumma (UCR)	31:15	
1982	UC Riverside	47	Carmelo Rios (SLO)	30:02	
1983	Cal Poly Pomona	24	Matt Blaty (CPP)	31:14	
1984	UC Riverside	31	Ray Cook (UCR)	30:35	Riverside
1985	Cal Poly Pomona	21	Steve Perez (CPP)	31:45	Rocklin
1986	Cal Poly SLO	37	Dave Walsh (CSUN)	25:10	San Luis Obispo
1987	Cal State LA	36	Benito Cruz (CSULA)	25:15	Northridge
1988	Cal Poly SLO	38	Jesus Gutierrez (CSULA)	27:38	Bonelli Park, San Dimas
1989	Cal Poly SLO	39	Jim Sorenson (SLO)	24:09	Bakersfield
1990	Cal Poly SLO	31	Scott Hempel (SLO)	24:01	Bonelli Park, San Dimas
1991	UC Riverside	30	Simon Vroeman (UCR)	25:02	Riverside
1992	Cal Poly SLO	22	Dan Berkeland (SLO)	25:16	Pomona
1993	Cal Poly SLO	20	Dan Berkeland (SLO)	24:35	Bonelli Park, San Dimas
1994	Cal Poly Pomona	33	Linh Le (UCR)	25:29	La Jolla
1995	UC Riverside	35	Dan Reed (UCR)	24:45	Riverside
1996	Cal Poly Pomona	31	Dan Reed (UCR)	23:59	Pomona
1997	Cal Poly Pomona	23	Gavin Klinger (UCSD)	25:05	Pomona
1998	UC Davis	26	James Nielsen (UCSD)	25:46	Davis
1999	UC Davis	37	James Nielsen (UCSD)	25:20	Riverside
2000	UC Davis	21	Jeff Kaiser (UCD)	24:53	Tuolumne River Reg. Park, Modesto
2001	UC Davis	25	David Braund (CHICO)	25:57	San Diego
2002	Chico State	28	Mark Batres (CPP)	24:52	Bakersfield
2003	Chico State	27	Tyler Graff (CHICO)	24:22	Bidwell Park, Chico
2004	Chico State	25	Daniel Rojas (CPP)	22:20	CPP Campus Course, Pomona
2005	Chico State	16	Patrick Boivin (CHICO)	24:24	Golden Gate Park, San Francisco
2006	Chico State	23	Charlie Serrano (CHICO)	25:44	La Jolla
2007	Chico State	20	Vicente Moreno (CSUS)	24:48	Turlock
2008	Chico State	17	Scott Bauhs (CHICO)	25:34	San Bernardino
2009	Chico State	20	Jimmy Elam (CHICO)	24:50	Beau Pre GC, McKinleyville
2010	Chico State	16	Brent Handa (CHICO)	24:41	Legg Lake, Whittier
2011	Chico State	16	Adrian Sherrod (CHICO)	25:39	Spring Lake Reg. Park, Santa Rosa
2012	Chico State	23	Isaac Chavez (CHICO)	25:41	Triton XC Course, La Jolla
2013	Chico State	15	Aaron Thomas (CHICO)	24:50.6	Hooker Oak Park, Chico
2014	Chico State	29	Alex McGuirk (CHICO)	25:13.8	San Bernardino
2015	Chico State	24	Will Reyes (CHICO)	24:13.6	Golden Gate Park, San Francisco
2016	Chico State	20	Will Reyes (CHICO)	24:18.1	Cucamonga-Guasti Reg. Park, Ontario
2017	Chico State	18	Kyle Medina (CHICO)	24:16.2	River Oaks GC, Ceres
2018	Chico State	19	Eddie King (CHICO)	24:09.8	Cal State San B'Dino Campus Course
2019	Chico State	33	Joshua Litwiller (CSUSM)	24:40.28	Baywood Golf & Country Club, Arcata
2021	Chico State	25	Brayden McLaughlin (CHICO)	24:43.0	Championship Course, San Marcos
2022	Chico State	20	Rory Abberton	24:45.2	Palo Corona Course, Carmel

CCAA CHAMPIONSHIP HISTORY - WOMEN

Year	Champion	Pts.	Individual Champion	Time	Course/Location
1981	Cal Poly SLO	27	Eileen Kraemer (SLO)	18:03	
1982	Cal Poly SLO	16	Amy Harper (SLO)	16:29	
1983	Cal Poly SLO	15	Amy Harper (SLO)	17:19	
1984	Cal Poly SLO	19	Robyn Root (SLO)	16:51	
1985	Cal Poly SLO	22	Lori Lopez (SLO)	17:02	Rocklin
1986	Cal Poly SLO	30	Sylvia Mosqueda (CSULA)	16:54	San Luis Obispo
1987	Cal Poly SLO	21	Darcy Arreola (CSUN)	17:58	Northridge
1988	Cal Poly SLO	20	Pauline Stehly (SLO)	18:30	Bonelli Park, San Dimas
1989	Cal Poly SLO	22	Darcy Arreola (CSUN)	16:43	Bakersfield
1990	Cal Poly SLO	16	Sydney Thatcher (SLO)	17:26	Bonelli Park, San Dimas
1991	Cal Poly SLO	29	Kristina Hand (SLO)	17:11	Riverside
1992	Cal Poly SLO	25	Jennifer Lacovara (SLO)	18:19	Pomona
1993	Cal Poly SLO	28	Angela Orefice (SLO)	17:36	Bonelli Park, San Dimas
1994	Cal State LA	15	Marisa Avendano (CSULA)	17:33	La Jolla
1995	Grand Canyon	29	Sherish Marion (UCR)	19:09	Riverside
1996	Grand Canyon	40	Martha Pinto (CSULA)	17:14	Pomona
1997	UC San Diego	29	Sawako Nakamura (CSULA)	18:49	Pomona
1998	UC Davis	27	Sarah Shuler (UCD)	17:40	Davis
1999	UC Davis	36	Araceli Martinez (CSUDH)	21:57	Riverside
2000	UC Davis	23	Yvonne Liebig (UCD)	21:53	Tuolumne River Reg. Park, Modesto
2001	UC Davis	20	Heather Gibson (UCD)	21:52	San Diego
2002	Chico State	42	Annmarie Housen (CSULA)	20:52	Bakersfield
2003	Chico State	28	Sarah Bouchard (CSULA)	21:22	Bidwell Park, Chico
2004	Chico State	15	Jennifer James (CHICO)	20:09	CPP Campus Course, Pomona
2005	UC San Diego	28	Mimi Hodgins (UCSD)	21:31	Golden Gate Park, San Francisco
2006	Chico State	34	Mary Torres (CHICO)	22:41	La Jolla
2007	Cal State LA	24	Karla Alburez (CSULA)	20:55	Turlock
2008	Chico State	30	Vivien Wadeck (CSULA)**	21:27	San Bernardino
2009	Chico State	33	Vivien Wadeck (CSULA)**	21:52	Beau Pre GC, McKinleyville
2010	Chico State	19	Kara Lubieniecki (CHICO)	21:30	Legg Lake, Whittier
2011	Chico State	37	Alia Gray (CHICO)	21:07	Spring Lake Reg. Park, Santa Rosa
2012	Chico State	35	Bridget Berg (HSU)	21:48.5	Triton XC Course, La Jolla
2013	Chico State	29	Ayla Granados (CHICO)	22:10.9	Hooker Oak Park, Chico
2014	Chico State	50	Kori Gilley (HSU)	22:29.3	San Bernardino
2015	Chico State	38	McCall Habermehl (CHICO)	21:33.1	Golden Gate Park, San Francisco
2016	Chico State	25	Laura Aceves (CSUSB)	21:03.3	Cucamonga-Guasti Reg. Park, Ontario
2017	Chico State	37	Hannah Dorman (CHICO)	20:50.2	River Oaks GC, Ceres
2018	Chico State	24	Kartie Garcia (CHICO)	20:58.1	Cal State San B'Dino Campus Course
2019	Chico State	23	Destiny Everett (CHICO)	22:02.55	Baywood Golf & Country Club, Arcata
2021	Stanislaus State	38	Kaela Dishion (STAN)	20:41.7	Championship Course, San Marcos
2022	Stanislaus State	39	Kaela Dishion (STAN)	20:54.4	Palo Corona Course, Carmel

*Note: In 1999, the women's race increased from 5K to 6K

** Ruled ineligible and forfeited title



ABOUT THE CCAA

The California Collegiate Athletic Association has been the nation's most successful Division II intercollegiate athletic conference since its establishment in December 1938.

The 12-member league is home to some of the nation's finest NCAA Division II athletic programs in Cal State Dominguez Hills, Cal State East Bay, Cal State LA, Cal State Monterey Bay, Cal State San Bernardino, Cal State San Marcos, Cal Poly Pomona, Chico State, Humboldt State, San Francisco State, Sonoma State, and Stanislaus State.

CCAA institutions compete in seven women's and six men's conference-sponsored sports. Fall sports include men's and women's cross country, men's and women's soccer and women's volleyball. Men's and women's basketball are contested in the winter, and baseball, men's and women's golf, men's and women's outdoor track & field and softball comprise spring competition.

CCAA members have won 155 NCAA Championships (103 men, 52 women) all time, far and away the most of any Division II conference. Since 2000, CCAA institutions have earned 23 national championships in 10 sports. During that span, eight members have earned at least one title highlighted by back-to-back championships for UC San Diego women's soccer (2000, '01) and Cal Poly Pomona women's basketball (2001, '02). In 2011, the Cal State Monterey Bay men's golf team finished at the top of the national leaderboard while UC San Diego softball also claimed the NCAA crown, marking a memorable May. Cal State San Bernardino volleyball ran the table in 2019 and hoisted the hardware with an undefeated season. Most recently, Cal State LA men's soccer captured the national championship with a 1-0 win.

The CCAA has undergone several changes in Conference membership since charter members UC Santa Barbara, Fresno State, San Diego State and San Jose State came together to form the league in 1938. Over the past 80-plus years, a number of institutions have been members of the CCAA, including Cal State Bakersfield, Cal State Northridge, Cal Poly San Luis Obispo, Chapman, Cal State Fullerton, Long Beach State, Pacific, Pepperdine, UC Riverside, UC Davis and Grand Canyon University. Most recently UC San Diego departed the conference to join the Big West (DI) on July 1, 2020. The CCAA Commissioner's Office is located in Aliso Viejo.

THE CCAA AT A GLANCE

First Year of Competition: 1939	Members of the California Collegiate Athletic Association:	
Commissioner: Allen Hardison	Cal Poly Humboldt	Cal St. San Bernardino
Associate Commissioner: Carol Rivera	Cal Poly Pomona	Cal State San Marcos
Director of Communications: Danny Barnts	Cal State Dominguez Hills	Chico State
Director of Championships: Hung P. Tsai	Cal State East Bay	San Francisco State
Athletics Leadership Development Intern: Glory Smith	Cal State LA	Sonoma State
	Cal State Monterey Bay	Stanislaus State

2023-24 CCAA Championships

Sport	Dates	Host	Location
Men's & Women's Cross Country	Oct. 21	Cal State East Bay	Quarry Lakes Regional Park
Men's Soccer	Nov. 10-12	Cal Poly Humboldt	College Creek Soccer Field
Women's Soccer	Nov. 10-12	Cal State Monterey Bay	Cardinale Stadium
Volleyball	Nov. 16-18	Cal State LA	University Gym
Men's & Women's Basketball	Mar. 7-9	Cal State San Bernardino	Coussoulis Arena
Men's & Women's Golf	Apr. 22-24	Chico State/Sonoma State	Santa Rosa Country Club
Softball	May 1-4	Cal State San Marcos	CSUSM Softball Field
Track & Field	May 2-4	Stanislaus State	Al Brenda Track at Warrior Stadium
Baseball	May 8-11	Cal Poly Pomona	Scolinos Field

2023 CCAA Men's & Women's Cross Country Championships

2023 CCAA Women's Runners of the Week

Aug. 31-Sept. 3	Holly Little, Stanislaus State
Sept. 4-10	Gianna Bomarito, Sonoma State
Sept. 11-17	Reese Sion, Cal Poly Humboldt
Sept. 18-24	Gianna Bomarito, Sonoma State
Oct. 2-8	Della Molina, Chico State



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