



NDSU Tune-Up

Friday, May 4, 2018

Final Schedule

Field Events

11:30 a.m.	Hammer	Women-Men (2 rings)
1:00 p.m.	Javelin	Women-Men
1:00 p.m.	Pole Vault	Women-Men
1:00 p.m.	Long Jump	Men-Women
1:00 p.m.	High Jump	Women-Men
2:30 p.m.	Shot Put	Men (West Ring)
2:30 p.m.	Shot Put	Women (East Ring)
3:30 p.m.	Triple Jump	Men-Women
4:00 p.m.	Discus	Women-Men

Running Events

11:30 a.m.	5,000 Meters	Women-Men
2:15 p.m.	3000m Steeplechase	Women-Men
2:50 p.m.	4 x 100 Meter Relay	Women-Men
3:00 p.m.	1500 Meters	Women-Men
3:25 p.m.	100 Meter Hurdles	Women
3:35 p.m.	110 Meter Hurdles	Men
3:50 p.m.	400 Meters	Women-Men
4:05 p.m.	100 Meters	Women-Men
4:10 p.m.	Little Bison 100m Dash	
4:15 p.m.	800 Meters	Women-Men
4:35 p.m.	400 Meter Hurdles	Women-Men
4:45 p.m.	Little Bison 1 Lap Run	
4:50 p.m.	200 Meters	Women-Men
5:15 p.m.	BIO Girls Mile Run	
5:30 p.m.	4 x 400 Meter Relay	Women-Men (if needed)