



***2018 Dakota Classic  
December 7-8  
Shelly Ellig Indoor Track and Field Facility***

**Teams:**

- Open to all collegiate teams

**Entries:**

- Unlimited entries, including relays. We will try to accommodate each school's requests in the field events.
- Unattached athletes must enter online.
- Horizontal jumps and throwing event competitors will receive three preliminary attempts. The top **nine** competitors (rule 6-2.5) from the preliminary round will receive three more jumps/throws in the final.

**Entry Procedures:**

- On-line only at Direct Athletics
- Entry deadline: Thursday, December 6 at 12:00 PM

**Entry Fees:**

- \$20.00 per individual and/or relay, not to exceed \$200 per team. Combined team entry fee not to exceed \$400 for dual gender programs.
- Payment will be accepted by credit card online prior to entries closing, or check/cash at check-in at the east entrance.
- Non-collegiate unattached athletes' payment will be accepted online only.

**Seeding:**

- All races will be seeded as finals against time, with the exception of the 60m dash and 60m hurdles.
- In the 200, 400, 600, 800, mile, 3000 and 4x400m relay, heats will be run fast to slow.
- In the LJ, TJ, SP and WT, the top nine preliminary marks will advance to the finals (Rule 6-2.5).
- **NCAA Rule 4-2.3 Misconduct:** Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring at the locale of the competition or warm-up that discredits the event or intercollegiate athletics. Misconduct includes the intentional reporting of false marks for entry purposes. Acts of misconduct are subject to reprimand or ejection by the referee or meet management.

### **Team Seating/Team Camps:**

- Team camps should be set up in the bubble immediately to the north of the indoor track building. No team camps are allowed on the infield or in the bleachers.

### **Warm-Up Area:**

- Warm-up area will be located in the bubble north of the track facility. To access the bubble, use the north door of the indoor track. Please be responsible for team clean-up.

### **Event Areas:**

- **In conclusion of warm-ups, only competitors in the active flight are allowed on the infield. Once you are finished competing, you will be asked to leave the infield.**

### **Coaching Boxes:**

- **Coaching boxes will be clearly marked. Please keep your coaching staff in that area.**

### **Event Check-In:**

- **Track Athletes** - Check in 30 minutes prior to your event at the hip number table located on the north end near the start/finish line. Five minutes prior to your event, report to the clerk of the course at the event start area. **If athletes fail to check-in 10 minutes prior to their event, they will be scratched.**
- **Field Event Athletes** - Contestants should check-in with the head official at their event, no later than 30 minutes prior to their event.

### **Implement Certification:**

- Certification will open 90 minutes prior to the first throwing event and close 15 minutes prior to the start of the first throwing event.
- All implements in both the weight throw and shot put will be checked-in by the Weights and Measures Certifying Official. Please have all implements checked in 15 minutes prior to the start of the first throwing event.

### **Lanes:**

- For the 60m dash and 60m hurdles, Preferred lanes are 4-5-3-6-2-7-1-8
- For the 200m, 400m, and 600m, Lanes 3-6 will be used. Preferred lanes are: 7-8-6-5-4-3

### **Team Parking:**

- Buses and vans can drop off at the main entrance located on the east side of the facility and park in the Fargodome lots, or the NDSU R Lot on the west side of the track facility.

### **Results:**

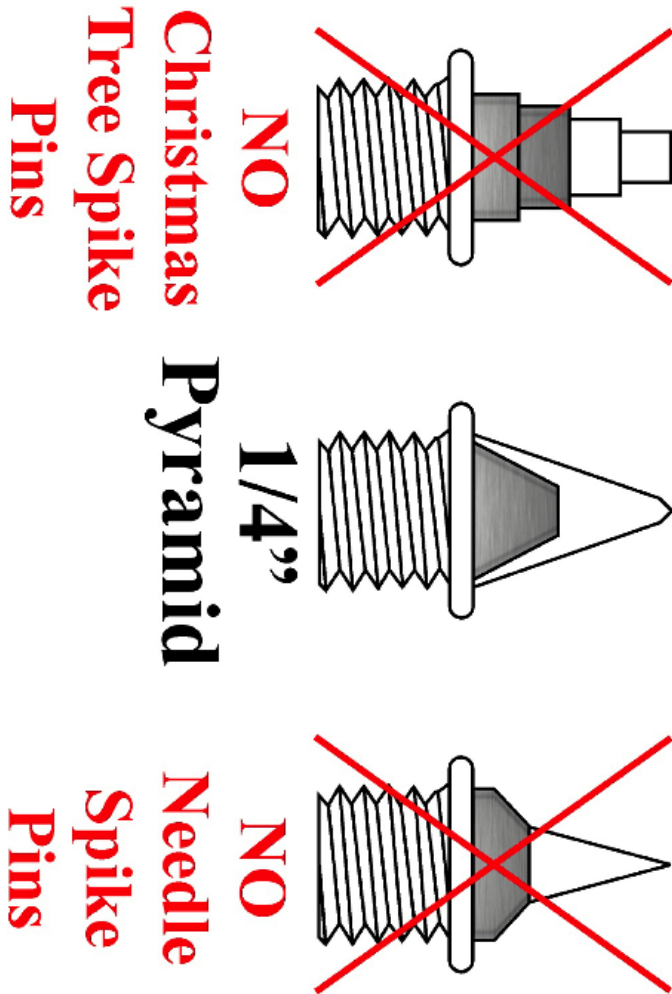
- Results will be posted throughout the meet near the entryway. Results will also be available online at HerosTiming.com and on the Hero's Timing app which can be downloaded free from the App Store.

### **Athletic Trainers:**

- NDSU athletic training staff will be located adjacent to the finish area.

**Facility Restrictions:**

- The use of ¼" pyramid spikes will be enforced. High Jump spikes with the recessed spike elements will be allowed to use 3/8" spikes.
- No marking chalk will be allowed on track or runway.



**Dakota Classic**  
**December 7-8, 2018**  
**Shelly Ellig Indoor Track and Field Facility**

**Friday, December 7**

**Women's Pentathlon**

1:15 pm	60m Hurdles
1:50 pm	High Jump
TBD	Shot Put
TBD	Long Jump
TBD	800m Run

**Men's Heptathlon**

1:00 pm	60m Dash
	Long Jump
	Shot Put
	High Jump

**Running Events:**

5:30 pm	60m Hurdles	Prelims	Women - Men to follow
5:40 pm	60m Dash	Prelims	Women - Men to follow
5:50 pm	1 Mile Run	Final	Women - Men to follow
6:05 pm	60m Hurdles	Final	<b>Men - Women to follow</b>
6:15 pm	600m Run	Final	Women - Men to follow
6:25 pm	60m Dash	Final	Women - Men to follow
<b>6:35 pm</b>	<b>Little Bison 60m Dash</b>	<b>Open to boys and girls ages 12 and under</b>	
6:45 pm	400m Dash	Final	Women - Men to follow
7:00 pm	800m Run	Final	Women - Men to follow
7:20 pm	200m Dash	Final	Women - Men to follow
<b>7:40 pm</b>	<b>Little Bison 1 lap run</b>	<b>Open to boys and girls ages 12 and under</b>	
7:45 pm	4x400m Relay	Final	Women - Men to follow

**Field Events:**

2:00 pm	Weight Throw	Men - Women to follow
Following WT	Shot Put	Men - Women to follow
4:00 pm	Women's Pentathlon Long Jump (East Runway)	
4:00 pm	Long Jump (West Runway)	Men - Women to follow
4:00 pm	Pole Vault	Women - Men to follow
4:00 pm	High Jump	Women - Men to follow
6:00 pm	Triple Jump (East Runway)	Women
6:30 pm	Triple Jump (West Runway)	Men

**Saturday, December 8**

**Men's Heptathlon**

10:00 am	60m Hurdles
	Pole Vault
	1000m Run