



**Great Midwest Athletic Conference
2013 Women's Cross Country
Championships**



Hosted by Central State University
Course: King Cross Country Course

Great Midwest Athletic Conference: Team Champion
CEDARVILLE UNIVERSITY - *Time: 1:59:09.40*

Great Midwest Athletic Conference: Women's Runner of the Year
ALEX ARCHAMBAULT - *Time: 22:32.30* - Cedarville University - Sophomore

Great Midwest Athletic Conference: Women's Coach of the Year
JEFF BOLENDER - Cedarville University

Great Midwest Athletic Conference: Women's Freshman of the Year
MICHELLE KLIM - *Time: 23:03.10* - Ursuline College - Freshman

Great Midwest Athletic Conference: Women's Cross Country All-Conference First Team

ALEX ARCHAMBAULT - Cedarville University - Sophomore - 22:32.30
JENNY BREWER - Alderson Broaddus University - Sophomore - 23:01.20
MICHELLE KLIM - Ursuline College - Freshman - 23:03.10
NICOLE BURLINSON - Ursuline College - Sophomore - 23:47.20
LINDSEY MATHIS - Trevecca Nazarene University - Freshman - 23:53.40
KATIE HIX - Trevecca Nazarene University - Freshman - 23:54.80
BIZ McCLENDON - Trevecca Nazarene University - Freshman - 24:05.90
OLIVIA ESBENSHADE - Cedarville University - Freshman - 24:05.90
RACHEL GROH - Cedarville University - Freshman - 24:07.60
KRISTIN LAMAAN - Cedarville University - Sophomore - 24:08.60

Great Midwest Athletic Conference: Women's Cross Country All-Conference Second Team

MELISSA KLIM - Ursuline College - Freshman - 24:09.10
LAUREN CARMODY - Trevecca Nazarene University - Freshman - 24:09.90
HALEY BREDESON - Cedarville University - Freshman - 24:15.00
APRIL KIRK - Ohio Valley University - Freshman - 24:28.10
KAY DUNN - Cedarville University - Freshman - 24:31.40
MELANIE REDFIELD - Cedarville University - Junior - 24:31.60
JACKIE SENDEWICZ - Trevecca Nazarene University - Sophomore - 24:35.20
ELLEN CANTARAL - Davis & Elkins College - Junior - 24:39.10
ALI LOGAN - Cedarville University - Sophomore - 24:44.80
WILLOW MOORE - Trevecca Nazarene University - Freshman - 24:47.20