2018 East Bay Invitational
Meet Information April 13th – 14th

Host: Cal State East Bay

Venue: Chabot College Track Complex
25555 Hesperian Blvd, Hayward, CA 94545
9 Lane Urethane Surface. ⅛ Inch Pyramid Spikes ONLY.

Timing: FinishLynx timing, live results will be posted on highspeedtiming.com
Results: will be posted on www.eastbaypioneers.com, directathletics.com, and TFRRS.

Meet Director: Tony Nicolosi
Email: tony.nicolosi@csueastbay.edu Phone: 727-452-9675 (cell)

Throws: Check in and warm ups will begin at 12:00pm Friday, April 13th. Weigh in
will begin at 7:45am-11:15am Saturday, April 14th. All implements will be taken to
the site of the competition 45 minutes before the start of the event. Implements that
do not make weight will be held until the conclusion of the meet.

All throwing events will be set at 4 attempts and no finals. Due to large fields, we
will measure the first legal mark, but all other attempts must exceed the minimum
mark set in order to be measured:

Men’s Shot Put – 11.40m Women’s Shot Put – 9.40m
Men’s Discus – 34.50m Women’s Discus – 30.00m
Men’s Hammer – 30.00m Women’s Hammer – 29.00m
Men’s Javelin – 32.00m Women’s Javelin – 23.00m

Shot Put ring is located on stadium infield. Discus, Hammer, and Javelin contested on
the fields north of the stadium. There will be a grass runway for javelin.

Jumps: Contested West to East on the South end of the Track Complex. Long Jump
and Triple jump will be 4 attempts and no finals.
PV: Men starting height 3.46m, progression will be 15cm until 4.36m and 10cm
after.
Women’s starting height will be 2.37m, and progression will be 15cm.
**Entry Fee:** $20.00 per athlete, capped at $250.00 per gender per team ($500.00 for men and women maximum). Unattached / Individual entries - $20.00 per athlete.

**Entry Procedure:** Entries are due via Direct Athletics by Tuesday April 10th at 7:00 PM to allow for seeding. Heat sheets will be made available by Thursday April 12th. There will be no refunds for scratched athletes. Collegiate teams may pay at the meet. Checks should be made payable to: CSUEB or California State University East Bay. Unattached / Individual entries must pay online on direct athletics in order for your entries to be submitted.

**Parking:** Lots A, E, F, and G. All vehicles except team buses may park in any of these lots. There is a flea market going on for most of the morning, and you should expect to park in Lot E and F off of Depot Road. Busses should drop off athletes in front of track by using service road off of Depot Road.

**Packet Pickup:** Packet Pickup will take place at the Southeast entrance of the facility.
Friday: 11:00 AM to 5:00 PM
Saturday: 7:00 AM to 11:00 AM

**Warm Up/ Team Camps:** The warm up area will be located on the grass soccer fields on the south west side of the track complex. Team camps are to be set up in the bleachers on either side of the track.

**Admission for spectators:** $5.00

**Concessions:** Will be located on the south east side of the track complex.

**Athlete Check in:** Report to clerk 30 minutes prior to race time. Athletes not checked in at this time will be scratched from the race. Check-in location: check in will be located on the warm-up practice fields on the south end of the stadium. Check-in for field events will occur at the event site 30 minutes prior to start.

**Hotel Information:** Please feel free to contact our sponsored hotel.
Amy Zhu
Double Tree by Hilton Newark-Fremont
39900 Balentine Dr. Newark, CA 94560
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