

## 2013 COSIDA ACADEMIC ALL-AMERICA MEN'S TRACK/CROSS COUNTRY TEAM

### NCAA DIVISION I

NAME	SCHOOL	YR	HOMETOWN	GPA	MAJOR
<b>FIRST TEAM</b>					
Bjorn Barrefors	Nebraska	Sr	Stockholm, Sweden	3.75	Computer Science
Andy Bayer	Indiana	Sr	Leo, Ind.	3.60	Biology
Peter Callahan	Princeton	Sr	Evanston, Ill.	3.40	History
Matt Carey	Rice	Sr	San Antonio, Texas	4.24	MBA
Ben DeJarnette	Oregon	Jr	Mechanicsville, Va.	4.00	Journalism
Jeremy Drenckhahn	Air Force	Sr	Plymouth, Minn.	3.80	Biology
Christopher Galvin	Navy	Sr	Austin, Texas	4.00	Mechanical Engineering
Nick Happe	Arizona State	Sr	St. Charles, Mo.	4.00	Finance/Accountancy
Elliot Krause	Wisconsin	Sr	Appleton, Wis.	3.72	Mathematics/Philosophy
Stephen Mackell	Dayton	Sr	Findlay, Ohio	3.99	Economics/Philosophy
Quentin Mege	Minnesota	Grad	Chelles, France	3.92	Mechanical Engineering
Edgar Rivera-Morales	Arizona	Sr	Agua Prieta, Mexico	3.58	Industrial Engineering
Jeremy Taiwo	Washington	Sr	Renton, Wash.	3.54	International Studies
David Triassi	Florida	Grad	Jacksonville, Fla.	3.88	Entrepreneurship (Grad)
Alexander Ziegler	Virginia Tech	Grad	Dischingen, Germany	3.53	MBA(G)/Management(UG)
<b>SECOND TEAM</b>					
Gabriel Aragon	New Mexico	Sr	Albuquerque, N.M.	3.97	Business Administration
Sam Bombaugh	Louisville	Jr	Falmouth, Mass.	3.88	Political Science
Matt Bova	Cincinnati	Jr	Kettering, Ohio	4.00	Mathematics
Stefan Brits	Florida State	So	Cape Town, South Africa	3.94	Chemical Science
Paul Chelimo	UNC-Greensboro	Jr	Eldoret, Kenya	3.68	Nursing
Anton Kokorin	Arkansas	Sr	Leningradskaya, Russia	3.78	Supply Chain Management
Alex McGrath	William & Mary	Sr	Marlborough, N.H.	3.42	International Relations
Jeff Mettler	South Dakota	Jr	Eureka, S.D.	4.00	Kinesiology & Sports Science
Blake Niccum	Baylor	Sr	Houston, Texas	4.00	Engineering
Kevin Oliver	Santa Clara	Sr	Tualatin, Ore.	3.98	Economics/Political Science
Demetrios Pagonis	Davidson	Sr	Westminster, Md.	3.89	Chemistry
Eric Powers	Georgia Tech	Sr	Mt. Pleasant, S.C.	4.00	Chemical & Biomolecular Engineering
Robert Razick	South Carolina	Sr	Florence, S.C.	3.90	Biological Sciences
Logan Renwick	Notre Dame	Jr	Butler, Pa.	3.89	Mechanical Engineering
Brandon Stryganek	Illinois	So	Hawthorn Woods, Ill.	3.49	Recreation, Sport & Tourism
<b>THIRD TEAM</b>					
Mark Amirault	Virginia	Grad	Walpole, Mass.	3.57	Public Health
Erik Barkhaus	Seattle University	Sr	Whitefish Bay, Wis.	3.50	Business Administration/Finance
Matthew Bell	Air Force	Sr	Denver, Colo.	3.54	Environmental Engineering
Adam Chase	East Tennessee State	So	Kingsport, Tenn.	4.00	Mathematics
Robby Creese	Penn State	So	Mount Airy, Md.	3.59	Mathematics
Brandon Douglass	Wyoming	Sr	Casper, Wyo.	3.97	Physiology
Jack Greenlee	Michigan	Sr	Cincinnati, Ohio	3.80	Business Administration
Taylor Jackson	Baylor	Sr	El Paso, Texas	3.95	Biology (Pre-Health Care)
Reed Kamyszek	Syracuse	Jr	Grand Rapids, Mich.	4.00	Biochemistry
Declan Murray	Loyola (Ill.)	Sr	Strongsville, Ohio	3.47	Psychology/Economics
Marcus Popenfoose	Auburn	Jr	Huntley, Ill.	3.80	Human Dev. & Family Studies
Thomas Trujillo	New Mexico	Sr	Rio Rancho, N.M.	4.07	Business Administration
Mick Viken	Eastern Illinois	Jr	Rolling Meadows, Ill.	3.30	Kinesiology
Cabell Willis	Virginia Military Institute	Jr	Richmond, Va.	3.99	History
Alex Zisser	Southeast Missouri State	Sr	St. Louis, Mo.	4.00	History/Psychology

**ACADEMIC ALL-AMERICAN OF THE YEAR:** Andy Bayer, Indiana

## 2013 COSIDA ACADEMIC ALL-AMERICA MEN'S TRACK/CROSS COUNTRY TEAM

### NCAA DIVISION II

NAME	SCHOOL	YR	HOMETOWN	GPA	MAJOR
<b>FIRST TEAM</b>					
Brayden Barrientez	Oklahoma Christian	Sr	Wichita, Kan.	3.85	Biology
Aaron Dinzeo	California (Pa.)	Jr	Sidney, Ohio	3.90	Anthropology
John Drago	Bentley	Sr	Avon, Conn.	3.81	Corp. Finance & Acct./Liberal Studies
Russell Drummond	Colorado School of Mines	Sr	Eugene, Ore.	3.76	Civil Engineering
Garrett Grey	Ashland	Sr	Grahamsville, N.Y.	3.59	Sport Management
Kevin Jewel	Slippery Rock	Sr	North Versailles, Pa.	3.63	Health & Physical Education
Tracy Marshall	Oklahoma Christian	Sr	Hutchinson, Kan.	3.97	Electrical Engineering
David McWilliams	Oklahoma Christian	Sr	Naperville, Ill.	4.00	Bible
Dalton Moberly	Central Missouri	Grad	Kearney, Mo.	3.94	Kinesiology (MS)
Clint Rosser	California-San Diego	Jr	Westchester, Calif.	3.97	Environmental Engineering
Robert Sandlin, Jr.	Bellarmine	Sr	Frankfort, Ky.	3.93	Exercise Science
William Shell	Southwest Baptist	Jr	Cape Girardeau, Mo.	4.00	Athletic Training
John Talbert	Pittsburg State	Sr	Newton, Kan.	3.36	Manufacturing Engineering Tech.
Matt Tholis	East Stroudsburg	Sr	Belle Mead, N.J.	3.90	Exercise Science
Brent Vogel	Central Missouri	Sr	Jefferson City, Mo.	3.74	Biology
Dawson Vorderbruegge	Cal State Stanislaus	Grad	Honolulu, Hawaii	4.00	English
<b>SECOND TEAM</b>					
Rob Albano	Felician	Sr	Pompton Plains, N.J.	3.74	Elementary Education
Luke Beasley	Limestone	Sr	Gaston, S.C.	4.00	Strength & Conditioning
Binyam Ateka Belachew	Wingate University	Jr	Addis Ababa, Ethiopia	4.00	Pre-Med
William Brockmueller	Sioux Falls	So	Brandon, S.D.	4.00	Applied Mathematics
David Cooper	Tusculum	So	Greeneville, Tenn.	4.00	Business Administration
Ramon Cooper	Grand Canyon	Sr	Kingston, Jamaica	3.64	Business Administration
Mickey Doerr	Wayne State	Jr	Bloomfield, Neb.	4.00	History & Science Education
Joel Flott	Shippensburg	Sr	Phoenixville, Pa.	3.57	Marketing
Kirk Harvey	Metropolitan State	Jr	Lafayette, Colo.	3.84	Biology
Alfred Kangogo	Alaska Anchorage	Sr	Eldoret, Kenya	3.37	Nursing
Aron Kurzinski	Seton Hill	Grad	Greensburg, Pa.	3.50	Business Marketing/MBA
Vegard Olstad	Western State (Colo.)	So	Gjovik, Norway	3.86	Business Administration
Nathan Saliga	Michigan Tech	Sr	Leonard, Mich.	3.88	Mechanical Engineering
Scott Tanis	Lewis	Sr	Yorkville, Ill.	3.90	Sports Management
<b>THIRD TEAM</b>					
Ben Barrows	Central Missouri	Jr	Smithville, Mo.	4.00	Math Education
Jake Benton	Missouri Southern State	Jr	Wentzville, Mo.	4.00	Biology
Scott Boiko	Massachusetts Lowell	Jr	Chelmsford, Mass.	3.38	Biology
Bryan Deibel	Edinboro	Jr	Albion, N.Y.	3.66	Communications/Broadcast Journalism
Paul Fort	American International	So	St. Doulchard, France	3.86	Business Management
Tanner Fruit	Nebraska-Kearney	Grad	Ogallala, Neb.	3.69	Exercise Science
Jacob Griffin	Mercyhurst	Jr	Danville, Iowa	3.96	Forensic Anthropology
Kellen Levy	California-San Diego	Jr	Fresno, Calif.	3.72	Literature/Writing
Doug Mack	Wayne State	Sr	Lake Orion, Mich.	3.88	Biochemistry/Chemical Biology
Sean Maguire	Bentley	Sr	Essex, Vt.	3.71	Corporate Finance & Accounting
Andrew McLain	Lewis	Jr	Fort Wayne, Ind.	3.84	Sports Management
Kori Meshaw	Kutztown	Sr	Lancaster, Pa.	3.36	Business Administration
Pardon Ndhlovu	UNC-Pembroke	Sr	Harare, Zimbabwe	3.43	Business
Phil Schneider	Colorado School of Mines	So	The Woodlands, Texas	3.46	Chemical & Biological Engineering
Kelly Troester	Chadron State	Sr	Marsland, Neb.	3.98	Rangeland Management
Chris Yanichko	Florida Southern	Jr	Grove City, Ohio	3.94	Biochemistry/Molecular Biology

**ACADEMIC ALL-AMERICAN OF THE YEAR:** Brent Vogel, Central Missouri

## 2013 COSIDA ACADEMIC ALL-AMERICA MEN'S TRACK/CROSS COUNTRY TEAM

### NCAA DIVISION III

NAME	SCHOOL	YR	HOMETOWN	GPA	MAJOR
<b>FIRST TEAM</b>					
Daniel Bonthius	Wartburg	So	Iowa City, Iowa	4.00	Biology
Isaac Chambers	Emory	Sr	Champaign, Ill.	4.00	Business
Kyle Chowhan	Virginia Wesleyan	Sr	Flanders, N.J.	3.95	History/Social Sciences
John Dewitt	Wisconsin-Oshkosh	Sr	Oshkosh, Wis.	4.00	Mathematics Secondary Education
Eyo Ekpo	St. Thomas (Minn.)	Sr	Andover, Minn.	3.63	Business & Entrepreneurship
Evan Gates	Carnegie Mellon	Sr	Pittsburgh, Pa.	4.00	Mechanical & Biomedical Engineering
Kenny Janosko	Baldwin Wallace	Sr	Mentor, Ohio	3.70	Masters of Accounting
Daniel Kerley	North Central	Sr	Vienna, Ill.	3.96	Psychology
Dan Kerr	Calvin	Sr	Petoskey, Mich.	3.74	Exercise Science/Pre-Physical Therapy
Michael LeDuc	Connecticut College	Jr	Canton, Conn.	3.77	Botany
Tim Nelson	Wisconsin-Stout	Sr	Augusta, Wis.	3.70	Business Administration
Johnny Rutford	Nebraska Wesleyan	Sr	Lincoln, Neb.	3.95	Accounting
Tim VanLiew	Rutgers-Camden	Sr	Deptford, N.J.	3.46	Psychology
Greg Whittle	Calvin	Sr	Galesburg, Ill.	3.69	Civil & Environmental Engineering
Greg Patton	Augustana (Ill.)	Sr	Bloomington, Ill.	3.56	Accounting/Political Science
Paul Yerhot	Wisconsin-La Crosse	Grad	Chaska, Minn.	3.90	Biology/Biomedical & Pre-Physical Therapy
<b>SECOND TEAM</b>					
Joshua Baker	Johns Hopkins	Sr	Chatham, N.J.	3.88	Chemical & Biomolecular Engineering
Tyler Bauer	Muhlenberg	So	Northampton, Pa.	3.94	Biology/Music
Job Christiansen	Calvin	Sr	New Ipswich, N.H.	3.71	History
David Hamm	Washington (Mo.)	Sr	Louisville, Ky.	3.97	Architecture
Kyle Hannon	Mass. Inst. of Tech.	Sr	Park Ridge, Ill.	3.92	Computer Science
Zach Heerspink	North Central	Sr	Holland, Mich.	3.66	Exercise Science
Jeremy Kieser	Wisconsin-Eau Claire	Sr	Verona, Wis.	3.94	Engineering/Physics
Eric Larson	Central	So	Waverly, Iowa	3.34	Economics
Matt Martin	Ohio Wesleyan	Sr	New Brighton, Pa.	3.70	Politics & Government
Taylor Purdue	Rowan	Sr	Highland Lakes, N.J.	3.77	Mechanical Engineering
Tyler Singer-Clark	Mass. Inst. of Tech.	Jr	Falmouth, Mass.	3.76	Computer Science & Engineering
Jonathan Smith	Augustana (Ill.)	Sr	Moline, Ill.	3.69	Biology
Kevin Sparks	Washington (Mo.)	Jr	Geneva, Ill.	3.48	Political Science
Bradley Wiseman	Gettysburg	Sr	Newtown Square, Pa.	4.00	Economics
<b>THIRD TEAM</b>					
Justin Campbell	Trinity (Texas)	Sr	Victoria, Texas	3.79	Business Admin./Int'l. Studies, Chinese
Wesley DeChristofaro	Worcester Polytechnic	Jr	Woonsocket, R.I.	3.54	Electrical & Computer Engineering
Josh Dederig	Wisconsin-La Crosse	Jr	Neenah, Wis.	3.73	Sport Management
Brian Desmond	Colby	Sr	Ann Arbor, Mich.	4.02	English
Josh Eisenberg	Augustana (Ill.)	Jr	Spring Grove, Ill.	3.97	Biology/Pre-Med
Stephen Ellwood	Emory	Sr	Princeton Junction, N.J.	3.90	Biology
Andrew Erskine	Amherst	Sr	Stamford, Conn.	3.98	Computer Science/Mathematics
Tim Hartung	York (Pa.)	Jr	Mohnton, Pa.	3.68	Nursing
Andy Keefe	Macalester	Sr	Minneapolis, Minn.	4.00	Linguistics/Media & Cultural Studies
Stephen Kocienski	Worcester Polytechnic	Sr	Schaghticoke, N.Y.	3.85	Mechanical Engineering
Spencer Lefort	Fredonia State	Sr	Java Center, N.Y.	3.65	Accounting/Economics/Finance
Jeff Macdonald	Claremont-Mudd-Scripps	Sr	Arcadia, Calif.	3.89	Philosophy, Politics & Econ./Spanish
Nils Michaelis	Franklin & Marshall	Sr	Hilden, Germany	3.51	Business, Organizations & Society
Dan Regino	Castleton State	Sr	Pine Bush, N.Y.	4.00	Biology/Health Science
David Volland	Augustana (Ill.)	So	Batavia, Ill.	3.81	Mathematics

**ACADEMIC ALL-AMERICAN OF THE YEAR:** Tim Nelson, Wisconsin-Stout

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### COLLEGE DIVISION

NAME	SCHOOL	YR	HOMETOWN	GPA	MAJOR
<b>FIRST TEAM</b>					
Cordell Baker	Oklahoma Baptist	Sr	Sapulpa, Okla.	3.95	Biology
Austin Basterrechea	College of Idaho	Jr	Gooding, Idaho	3.77	Biology
Andy Coy	Dakota State	Sr	Hill City, S.D.	3.97	Biology
John Darmody	Saint Ambrose	Grad	Everett, Wash.	3.86	Masters of Organizational Leadership
Luke Fischer	Northwest (Wash.)	Grad	Kalispell, Mont.	3.75	Business Administration
John Harris	Morningside	Sr	Holstein, Iowa	4.00	Engineering Physics/Mathematics
Brad Higgins	Doane	Sr	Norfolk, Neb.	3.67	Math/Physics
Benjamin Hinckfoot	Concordia (Neb.)	Jr	Colorado Springs, Colo.	3.91	Secondary Education/History & ESL
Bo Johnson	Concordia (Ore.)	Sr	Toledo, Ore.	3.82	Exercise & Sports Science
Luke Keogh	St. Gregory's	Sr	Dublin, Ireland	3.97	Criminal Justice
Vincent Krejci	Doane	Sr	Crete, Neb.	3.70	Biochemistry
Monte Larsen	Morningside	Grad	Neola, Iowa	4.00	Masters of Arts in Teaching
Kyle Marshall	Arizona Christian	Jr	Phoenix, Ariz.	4.00	Secondary Education/Social Studies
Andy Reidsma	Trinity Christian	Jr	Wyoming, Mich.	3.90	Business Management & Marketing
Phil Rizzo	St. Francis (Ill.)	Sr	Evergreen Park, Ill.	3.88	History/Political Science
<b>SECOND TEAM</b>					
Frank Adelman	Southwestern (Kan.)	Sr	Yukon, Okla.	3.41	Psychology/Biology
Michael Bellamy	Northwest Christian	Sr	Eugene, Ore.	4.00	Exercise Science
Mike Blaszczyk	St. Francis (Ill.)	Jr	Novi, Mich.	3.71	Marketing
Tim Boes	Madonna	Sr	Westland, Mich.	3.83	Social Work
Mitchell Brickson	Goshen	So	Enon, Ohio	3.94	Physics
Aaron Caldwell	Baker	Sr	Overland Park, Kan.	3.74	Exercise Science
Conner Carpenter	Wayland Baptist	So	Farwell, Texas	3.96	Religion
Doug Dawson	Siena Heights	Sr	Roseville, Mich.	3.70	Criminal Justice
Conner Drendel	Southwestern (Kan.)	Sr	Haviland, Kan.	3.98	Elementary Education
Garret Ehlers	Morningside	Jr	Ida Grove, Iowa	3.61	Religious Studies
Matt Huseman	Northwestern (Iowa)	Jr	Sac City, Iowa	3.41	Elementary Education
Tyler Norby	Saint Ambrose	Grad	Dubuque, Iowa	3.94	Masters of Accounting
Casey Orndorff	West Virginia U. Inst. Tech.	Sr	High View, W.Va.	4.00	Mathematics
Matt Pieri	Xavier (La.)	Sr	New Orleans, La.	3.62	Pharmacy
Brooks Swigart	Arizona Christian	Sr	Phoenix, Ariz.	3.82	Elementary Education/English
<b>THIRD TEAM</b>					
Danny Bahret	St. Francis (Ill.)	So	Channahon, Ill.	3.91	Mathematics/Secondary Education
Aaron Belcher	Indiana Tech	Jr	Mooreville, Ind.	3.86	Accounting
Francisco Escobar	Monroe	So	Cali, Colombia	3.85	Business Management
James Fisher	Olivet Nazarene	Jr	Wales, Mich.	3.94	Geological Engineering
Alec Hernandez	Embry-Riddle (Fla.)	So	North Canton, Ohio	3.78	Aerospace Engineering
Zachary Kraus	Embry-Riddle (Fla.)	Jr	New Milford, Conn.	3.81	Aerospace Engineering
Colton McNinch	Southwestern (Kan.)	Jr	Utica, Kan.	4.00	Chemistry/Biology
Javon Mead	Xavier (La.)	Jr	Baton Rouge, La.	3.69	Accounting
Isaias Miranda	Lubbock Christian	Sr	Clovis, N.M.	3.49	Youth and Family Ministry
Colin Morrissey	Concordia (Neb.)	Sr	Omaha, Neb.	3.82	Secondary Education
Trent Roemmich	Jamestown	Jr	Linton, N.D.	3.65	Math (Education)
Peter Stacy	Biola	Sr	Issaquah, Wash.	3.70	Biochemistry
Zach Wittenberg	Northwestern (Iowa)	Jr	Pella, Iowa	3.73	Biology/Health Professions
Zane Zeigler	Embry-Riddle (Fla.)	So	Pittsburgh, Pa.	4.00	Aerospace Engineering
Nick Zink	William Woods	So	Iberia, Mo.	3.90	Biology Education

**ACADEMIC ALL-AMERICAN OF THE YEAR:** Monte Larsen, Morningside