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Capital One Academic All-District ® Men's Track & Field/Cross Country Teams Released

The 2013-14 Capital One Academic All-District ® Men's Track & Field/Cross Country Teams, selected by the College Sports Information Directors of America, have been released to recognize the nation's top student-athletes for their combined performances athletically and in the classroom. Capital One has been the entitlement rights holder to CoSIDA's Academic All-America teams programs since 2011.

The Academic All-District ® teams include the student-athletes listed on the following pages and are divided into eight geographic districts across the United States and Canada. This is the second year of the expanded Academic All-America® program as CoSIDA moved from recognizing a University Division (Division I) and a College Division (all non Division I) and has doubled the number of scholar-athletes honored. The expanded teams include NCAA Division I, NCAA Division II and NCAA Division III participants, while the College Division Academic All-America ® Team combines NAIA, Canadian and two-year schools.

The Capital One Division II and III Academic All-America® program is being financially supported by the NCAA Division II and III national governance structures, to assist CoSIDA with handling the awards fulfillment aspects for the 2013-14 DII and DIII Academic All-America® teams program.

First-team Academic All-District ® honorees advance to the Capital One Academic All-America® Team ballot, where first-, second- and third-team All-America honorees will be selected later this month.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A., and Capital One Bank (USA), N. A., had \$206.9 billion in deposits and \$289.9 billion in total assets as of September 30, 2013. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients through a variety of channels. Capital One, N.A. has more than 900 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director. Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 20,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com.



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2013-14 Academic All-District Men's Track & Field /Cross Country Team District 1

NCAA DIVISION I (CT, MA, ME, NH, NY, RI, VT)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Jesse Aprile	MARIST	Sr.	Yorktown, N.Y.	3.54	Biology
Ajani Brown	BROWN	Sr.	Frisco, Texas	3.71	Political science
John Busque	HARTFORD	Sr.	Manchester, Conn.	3.93	Health sciences / physical therapy
Martin Hehir	SYRACUSE	Jr.	Washingtonville, N.Y.	3.92	Biology
Martin Kallur	VERMONT	So.	Falun, Sweden	4.00	Political science
Sam McGrath	HOLY CROSS	Sr.	Tyngsboro, Mass.	3.62	History / Religious studies
David Melly	CORNELL	Jr.	Newton, Mass.	3.99	Government
Erik Quitzau	HARTFORD	Sr.	Blackstone, Mass.	3.81	Mechanical engineering
Peter Rhodes	BROWN	Jr.	Atlanta, Ga.	3.47	International relations
Henry Tufnell	BROWN	Jr.	Cirencester, England	3.65	History
Kendall Ward	U.S. MILITARY ACADEMY	Sr.	Highland Falls, N.Y.	3.96	Economics

NCAA DIVISION II (Central Athletic, East Coast, Northeast 10)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Enock Bor	ROBERTS WESLEYAN	So.	Eldoret, Kenya	3.56	Business administration
Daniel Cormier	STONEHILL	Jr.	Methuen, Mass.	3.46	Marketing / English
Trent Fontanella	STONEHILL	Sr.	Pelham, N.H.	3.71	Criminology / psychology
A.J. Guerra	S. CONNECTICUT STATE	Sr.	Stafford Springs, Conn.	3.32	Physics
Conor Higgins	BENTLEY	Sr.	Randolph, N.J.	3.75	Corporate finance & accounting
Nicholas Kirkpatrick	STONEHILL	So.	Carmel, Ind.	3.73	Electrical engineering
Joseph Lasher	LIU POST	Sr.	Seaford, N.Y.	3.76	Computer science
Stephen Leonard	STONEHILL	Sr.	Chatham, N.J.	3.37	Biology
Steve Maffiolini	BENTLEY	Jr.	Southington, Conn.	3.65	Accountancy / liberal studies
Chris Ricci	BENTLEY	Jr.	Coventry, R.I.	3.52	Corporate finance & accounting
Logan Sharpe	S. CONNECTICUT STATE	Sr.	Esperance, N.Y.	3.50	Exercise science
Bryan Wilcox	STONEHILL	Jr.	Plantsville, Conn.	3.65	Accounting

NCAA DIVISION III (MA, ME, NH, VT)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Wesley DeChristofaro	WORCESTER POLYTECHNIC	Sr.	Woonsocket, R.I.	3.42	Electrical & computer engineering
Nicholas Diamantoni	MIT	Jr.	Boca Raton, Fla.	3.76	Mechanical engineering
Robert Hollinger	WORCESTER POLYTECHNIC	Sr.	Averill Park, N.Y.	3.70	Computer science
States Lee	MIT	So.	Charlotte, N.C.	3.68	Mechanical engineering
Brett Sahlberg	COLBY	Jr.	Duxbury, Mass.	4.00	Biology
Benjamin Schreck	MIT	Jr.	Sherman Oaks, Calif.	3.68	Electrical engineering & computer sci.
Tim Shea	WESTFIELD STATE	So.	West Springfield, Mass.	3.92	English
Tyler Singer-Clark	MIT	Sr.	Falmouth, Mass.	3.76	Computer science & engineering
Jordan Mizerak	MIT	Sr.	Lexington, Mass.	3.92	Mechanical engineering
John Wisener	BATES	Sr.	Ridgewood, N.J.	3.40	Chemistry

COLLEGE DIVISION (AL, CT, DC, DE, FL, GA, MA, MD, ME, MI, MS, NC, NH, NJ, NY, OH, PA, PR RI, SC, VA, VT, WV)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Jacob Alplund	NORTHWOOD (FL)	Jr.	Lund, Sweden	4.00	International business
Alec Hernandez	EMBRY-RIDDLE (FL)	Jr.	North Canton, Ohio	3.83	Aeronautics
Kyler Kathman	SOUTHEASTERN (FL)	So.	Port Orange, Fla.	3.63	Accounting & finance
Zachary Kraus	EMBRY-RIDDLE (FL)	Sr.	New Milford, Conn.	3.65	Aerospace engineering
Ryan Larson	EMBRY-RIDDLE (FL)	So.	Pensacola, Fla.	3.62	Air traffic management
Cam Magro	DAVENPORT	Sr.	Bridgman, Mich.	3.91	Finance
Zach Sollie	AUBURN-MONTGOMERY	So.	Opelika, Ala.	4.00	Secondary education
Jordan Travis	SPRING HILL	So.	Poplarville, Miss.	3.78	Graphic design
Kameron Turner	EMBRY-RIDDLE (FL)	Sr.	Palmdale, Calif.	3.63	Business administration



2013-14 Academic All-District Men's Track & Field /Cross Country Team District 2

NCAA DIVISION I (DC, DE, KY, MD, NJ, PA, WV)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Alejandro Arroyo Yamin	PRINCETON	Sr.	Leon, Mexico	3.47	Architecture
Brett Bogaard	U.S. NAVAL ACADEMY	Sr.	Pella, Iowa	3.95	Quantitative economics
Sam Bombaugh	LOUISVILLE	Sr.	Falmouth, Mass.	3.90	Political science
Thomas Buffone	U.S. NAVAL ACADEMY	Jr.	Freehold, N.J.	4.00	Physics
Tyler Byrne	LOUISVILLE	Sr.	Georgetown, Ind.	3.81	Justice administration
Matthew Howard	GEORGETOWN	Sr.	Blacksburg, Va.	3.90	Biology
Ryan Knouse	LEHIGH	Sr.	Perkasie, Pa.	3.94	Finance
Matt McDonald	PRINCETON	Jr.	Annandale, N.J.	3.61	Chemical & biological engineering
Alfredo Santana	LA SALLE	Sr.	Philadelphia, Pa.	3.32	Psychology
Jim Spisak	DUQUESNE	Gr.	Johnstown, Pa.	3.76	Sec. education (UG) / inst. tech. (G)

NCAA DIVISION II (Central Intercollegiate, Mountain East, Pennsylvania State)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Chris Avampato	CALIFORNIA (PA)	Sr.	Greensburg, Pa.	3.48	Technology education
William Berry	EAST STROUDSBURG	So.	Magnolia, Del.	3.34	Exercise science
Damien Boham	EAST STROUDSBURG	Jr.	Royersford, Pa.	3.44	Nursing
Aaron Dinzeo	CALIFORNIA (PA)	Jr.	Sidney, Ohio	3.88	Anthropology
Morgan Elliott	SLIPPERY ROCK	Sr.	Erie, Pa.	3.40	Parks & resource management
Morgan Huegel	CALIFORNIA (PA)	Jr.	Cranberry, Pa.	4.00	Mathematics
Taffawee Johnson	SAINT AUGUSTINE'S	Sr.	St. Ann, Jamaica	3.64	Sport management
John King Jr.	SAINT AUGUSTINE'S	Jr.	Upper Darby, Pa.	3.78	Business administration
David Reinhardt	SLIPPERY ROCK	Jr.	Bradford, Pa.	3.89	Exercise science / pre PT
Ryan Spangler	SHIPPENSBURG	Jr.	Westminster, Md.	3.83	Biology (biotechnology concentration)
Dustin Thomas	EDINBORO	Sr.	Broadview Heights, Ohio	3.97	HPE-teacher certification

NCAA DIVISION III (CT, DC, DE, KY, MD, NJ, RI, WV)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Nicolas Aldana	HOOD	Sr.	Myersville, Md.	3.77	Computer science
Andrew Ceruzzi	JOHNS HOPKINS	Jr.	Kensington, Md.	3.80	Mechanical engineering
Glenn Kohles	ROWAN	So.	Toms River, N.J.	3.50	Law & justice studies
Michael LeDuc	CONNECTICUT COLLEGE	Sr.	Canton, Conn.	3.77	Botany
Andrew Majkut	CONNECTICUT COLLEGE	Sr.	Upton, Mass.	3.89	International relations
Schaffer Ochstein	JOHNS HOPKINS	So.	Dallas, Texas	3.81	Biomedical engineering
Robert Pinto	STEVENS TECH	Jr.	Staten Island, N.Y.	3.84	Computer engineering
Tyler Pinto	RICHARD STOCKTON	So.	Toms River, N.J.	3.91	Criminal justice
Collin Rozanski	JOHNS HOPKINS	Sr.	Canton, Mass.	3.84	Cognitive science
Adam Scalesse	U.S. COAST GUARD ACADEMY	Sr.	Longview, Wash.	3.39	Civil engineering
Jon Sewnig	ROWAN	Jr.	Yardville, N.J.	3.76	Mechanical engineering
James Seyffart	NEW JERSEY	Sr.	South Plainfield, N.J.	3.64	Finance
Dominic Tasco	NEW JERSEY	Sr.	Bridgewater, N.J.	3.36	Health & exercise science / teaching
Ben Wolhaupter	U.S. COAST GUARD ACADEMY	Sr.	Agoura Hills, Calif.	3.88	Civil engineering

COLLEGE DIVISION (AR, IL, IN, KY, LA, TN)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Aaron Belcher	INDIANA TECH	Sr.	Mooreville, Ind.	3.64	Accounting
Mike Blaszczyk	ST. FRANCIS (IL)	Sr.	Novi, Mich.	3.76	Marketing
Ethan Evans	TAYLOR	Jr.	Muncie, Ind.	3.40	Elementary education
Paul Freese	LOYOLA (LA)	Jr.	New Orleans, La.	3.78	History
Ethan Gallagher	OLIVET NAZARENE	Sr.	Parsippany, N.J.	3.43	International business
Kyle Hall	INDIANA-EAST	So.	Dillsboro, Ind.	3.87	Criminal justice
Marshall Hawn	OLIVET NAZARENE	Jr.	Goshen, Ind.	3.74	Christian education
Scott King	TAYLOR	Jr.	Minooka, Ill.	3.73	Computer science systems
Andy Reidsma	TRINITY CHRISTIAN	Sr.	Wyoming, Mich.	3.90	Business management & marketing
Anthony Simpson	BRYAN	Sr.	Nashville, Tenn.	3.41	History / secondary education



2013-14 Academic All-District Men's Track & Field /Cross Country Team District 3

NCAA DIVISION I (NC, TN, VA)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Adam Chase	EAST TENNESSEE STATE	Jr.	Kingsport, Tenn.	4.00	Mathematics
Lucas Cotter	TENNESSEE CHATTANOOGA	Gr.	Collierville, Tenn.	3.80	MBA
Jacob DeValve	LIBERTY	Gr.	Manchester, Conn.	3.96	Religion (UG) / Biblical studies (G)
Caleb Edmonds	LIBERTY	Sr.	Cooperstown, N.Y.	3.85	Biology (pre-med)
Anders Ludvigsen	EAST TENNESSEE STATE	Sr.	Odense, Denmark	3.82	Finance
Stephan Munz	VIRGINIA TECH	Gr.	Goppingen, Germany	3.72	Curriculum & instruction
Tucker Peabody	LIPSCOMB	Sr.	Memphis, Tenn.	3.45	Biology
John Sherret	LIBERTY	Jr.	Toronto, Ontario	3.91	Biology (pre-med) / chemistry
Houston Summers	NORTH CAROLINA	So.	Greensboro, N.C.	3.81	Psychology
Cabell Willis	VIRGINIA MILITARY INSTITUTE	Sr.	Richmond, Va.	3.97	History

NCAA DIVISION II (Conference Carolinas, Peach Belt, South Atlantic)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Binyam Ateka Belachew	WINGATE	Sr.	Addis Ababa, Ethiopia	4.00	Biology
David Cooper	TUSCULUM	Jr.	Greeneville, Tenn.	4.00	Biology
Parks Edwards	ANDERSON (SC)	Sr.	Greenville, S.C.	3.81	Christian studies
Randall Freeman	CARSON-NEWMAN	Jr.	Ooltewah, Tenn.	3.80	Graphic design
Steve Hammond	WINGATE	Sr.	Warsaw, Ohio	3.66	Sport management
Trent Jones	YOUNG HARRIS	Sr.	Lakeland, Fla.	3.66	English
James Lawson	WINGATE	Sr.	Wake Forest, N.C.	3.94	English
Corey Mundy	FLAGLER	Jr.	Green Cove Springs, Fla.	3.67	English
Harrison Myers	YOUNG HARRIS	Jr.	Bryon, Ga.	3.58	Biology
D'Andre Weaver	UNC PEMBROKE	Sr.	Hope Mills, N.C.	3.33	Exercise science

NCAA DIVISION III (NY)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Jacob Andrews	RENSSELAER POLYTECHNIC	Jr.	New Woodstock, N.Y.	3.52	Chemical engineering
Zac Borrelli	RENSSELAER POLYTECHNIC	Sr.	Methuen, Mass.	3.57	Environmental engineering
Jeffrey Hrebenach	ROCHESTER	So.	Saratoga Springs, N.Y.	3.86	Physics / astronomy
Dylan Karten	NEW YORK UNIVERSITY	Gr.	Millbrook, N.Y.	3.37	Economics / mathematics
Tim Lee	SUNY CORTLAND	Sr.	West Babylon, N.Y.	3.83	Biochemistry
Joseph Livote	RENSSELAER POLYTECHNIC	Sr.	Kings Park, N.Y.	3.70	Nuclear & mechanical engineering
David McWilliams	RENSSELAER POLYTECHNIC	Jr.	West Harwich, Mass.	3.97	Aeronautical engineering
Adam Pacheck	ROCHESTER	Sr.	Baldwinsville, N.Y.	3.94	Biomedical engineering / physics
Dennis Ryan	ITHACA	Jr.	Coventry, R.I.	3.87	Business administration
Yuji Wakimoto	ROCHESTER	Sr.	Newton, Mass.	3.80	Biochemistry

COLLEGE DIVISION (IA, KS, MN, MO, MT, ND, NE, SD, WI)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Tanner Arntzen	SAINT AMBROSE	Jr.	Quincy, Ill.	3.38	Management
Taylor Bodin	NORTHWESTERN (IA)	Sr.	Clara City, Minn.	3.52	Elementary education
John Cartier	CONCORDIA (NE)	Sr.	Las Vegas, Nev.	3.63	Pre-law
Jeriah Dunk	NORTHWESTERN (IA)	Sr.	Whittier, Calif.	3.42	Graphic design
Alex Edwards	WILLIAM PENN	Jr.	Knoxville, Iowa	3.43	Secondary education
Garret Ehlers	MORNINGSIDE	Sr.	Ida Grove, Iowa	3.66	Religious studies
Matt Huseman	NORTHWESTERN (IA)	Sr.	Sac City, Iowa	3.52	Elementary education
Ryan Ingrassia	KANSAS WESLEYAN	Sr.	Salina, Kan.	3.84	Criminal justice / sociology
Kyle Kinney	MORNINGSIDE	Sr.	Sioux City, Iowa	3.90	Biology / chemistry
Benjamin Hinckfoot	CONCORDIA (NE)	Sr.	Colorado Springs, Colo.	3.88	Secondary education (history) / ESL
Colton McNinch	SOUTHWESTERN (KS)	Sr.	Arnold, Kan.	4.00	Biology / biochemistry
Trent Roemmich	JAMESTOWN	Sr.	Linton, N.D.	3.68	Mathematics (secondary education)
Benjamin Sievert	CONCORDIA (NE)	Jr.	Frankenmuth, Mich.	3.68	Middle level education (history & PE)



2013-14 Academic All-District Men's Track & Field /Cross Country Team District 4

NCAA DIVISION I (AL, FL, GA, PR, SC)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Luke Baker	GEORGIA	Jr.	McDonough, Ga.	3.34	Business management
Stefan Brits	FLORIDA STATE	Jr.	Cape Town, South Africa	3.91	Chemical science
Douglas Dyer	TROY	Jr.	Frostproof, Fla.	4.00	Biology / biomedical sciences
Jan-Louw Kotze	SOUTH ALABAMA	So.	Kleinzee, South Africa	4.00	Exercise science
Brandon Lasater	GEORGIA TECH	Jr.	Perry, Ga.	3.64	Electrical engineering
Brandon Lord	GEORGIA	Jr.	Chattanooga, Tenn.	3.64	Applied biotechnology
Alonzo Russell	FLORIDA STATE	Sr.	Freeport, Bahamas	3.78	Psychology
Kevin Shannon	ALABAMA	So.	Vestavia Hills, Ala.	3.98	Mechanical engineering
Connor Smith	SOUTH ALABAMA	Sr.	Mobile, Ala.	3.48	Electrical engineering
Justin Whitaker	WOFFORD	Jr.	Alpharetta, Ga.	4.00	Physics / math
Jakub Zivec	FLORIDA STATE	Sr.	Litomerice, Czech Rep.	3.39	Finance

NCAA DIVISION II (Great Lakes Intercollegiate, Great Lakes Valley, Great Midwest)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Ethan Barnes	GRAND VALLEY STATE	So.	Caledonia, Mich.	3.86	Integrated science / education
Johnnie Guy	SOUTHERN INDIANA	So.	Palmyra, Ind.	3.63	Engineering
Adriel Hawkins	MISSOURI SCIENCE & TECH.	Sr.	Jefferson City, Mo.	3.47	Engineering management
Andrew McLain	LEWIS	Jr.	Fort Wayne, Ind.	3.87	Sports management
Alan Peterson	GRAND VALLEY STATE	Jr.	Ironwood, Mich.	3.71	Exercise science
Brent Showerman	GRAND VALLEY STATE	Sr.	South Lyon, Mich.	3.80	Social work
Sean Smith	LEWIS	Sr.	Winnebago, Ill.	3.98	Mathematics
Joe Vellella	MISSOURI SCIENCE & TECH.	Sr.	Piasa, Ill.	3.49	Chemical engineering
Scott Whitaker	MALONE	Jr.	Pittsburgh, Pa.	3.85	Communication arts
Jeremy Wilk	GRAND VALLEY STATE	Sr.	Wood Dale, Ill.	3.69	Marketing / finance

NCAA DIVISION III (PA)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Tyler Bauer	MUHLENBERG	Jr.	Northampton, Pa.	3.94	Biology / music
Dillon Farrell	MORAVIAN	Jr.	North Wales, Pa.	3.45	Nursing
Chris Garrity	WIDENER	Jr.	Glenolden, Pa.	3.86	Finance
Tim Hartung	YORK (PA)	Sr.	Mohnton, Pa.	3.60	Nursing
Nic Jones	THIEL	Jr.	Franklin, Pa.	3.87	Early childhood education
Zach Kaminski	DE SALES	Sr.	Elkton, Md.	3.87	Sport & exercise science
Brian Layng	ELIZABETHTOWN	Sr.	Canton, Pa.	3.58	Mechanical engineering
Josh Newby	CARNEGIE MELLON	Sr.	Palo Alto, Calif.	3.58	Industrial design
Chansler Poole	SAINT VINCENT	Sr.	Harrison City, Pa.	3.67	Biology
Trevor Stutzman	MESSIAH	Jr.	Kutztown, Pa.	3.68	Nutrition & dietetics
Tyler Williams	WIDENER	Jr.	Hanover, Pa.	3.66	Mechanical engineering

COLLEGE DIVISION (AK, AZ, CA, CO, HI, ID, NM, NV, OK, OR, TX, UT, WA, WY, Canada)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Taylor Adrian	CONCORDIA (OR)	Sr.	Portland, Ore.	3.65	Education
Austin Basterrechea	COLLEGE OF IDAHO	Sr.	Gooding, Idaho	3.79	Environmental studies
Conner Carpenter	WAYLAND BAPTIST	Jr.	Farwell, Texas	3.97	Religion / intercultural missions
Lorenzo Dolphus	WAYLAND BAPTIST	Sr.	Houston, Texas	3.32	Exercise & sport science
Nathan Evans	WESTMONT	So.	Fresno, Calif.	3.60	Economics & business
Matt Galea	BRITISH COLUMBIA	Jr.	Calgary, Alberta	3.90	Chemical engineering
Eric Ghelfi	SOUTHERN OREGON	Jr.	Redding, Calif.	3.89	Psychology
Seth Grotelueschen	WESTMONT	Sr.	Colorado Springs, Colo.	3.64	Philosophy
Steven Ing	CAL STATE-SAN MARCOS	So.	South Africa	3.51	Pre-kinesiology
Ethan Moore	CONCORDIA (OR)	Sr.	Moro, Ore.	3.33	Business administration
Jordan Reeher	CONCORDIA (OR)	Jr.	Prineville, Ore.	3.66	Business administration
Hans Roelle	EASTERN OREGON	Jr.	Anchorage, Alaska	3.83	Computer sci. / multimedia studies
Jack Rogan	WESTMONT	Sr.	Austin, Texas	3.81	Kinesiology



2013-14 Academic All-District Men's Track & Field /Cross Country Team District 5

NCAA DIVISION I (IL, IN, MI, OH)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Kyle Cochrun	AKRON	Jr.	Cuyahoga Falls, Ohio	3.84	English
Harry Dixon	EASTERN MICHIGAN	Sr.	Nelson, New Zealand	3.99	Biology
Timothy Faust	OHIO STATE	Jr.	Harvey, Ill.	3.54	Special education
Mason Ferlic	MICHIGAN	Jr.	St. Paul, Minn.	3.55	Aerospace engineering
Jesse Oxley	KENT STATE	So.	Sugar Grove, Ohio	3.73	Exercise science
Logan Renwick	NOTRE DAME	Sr.	Butler, Pa.	3.89	Mechanical engineering
Caleb Rhynard	MICHIGAN STATE	So.	Shepherd, Mich.	3.96	Kinesiology
Dan Shafer	WRIGHT STATE	Sr.	Painesville, Ohio	4.00	Accountancy
Mick Viken	EASTERN ILLINOIS	Sr.	Arlington Heights, Ill.	3.39	Kinesiology & sport studies
Michael Wetzel	LOYOLA (IL)	Sr.	Green Bay, Wis.	3.61	History / philosophy

NCAA DIVISION II (Gulf South, Southern Intercollegiate, Sunshine State)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Steven Dennig	TAMPA	Jr.	South Bend, Ind.	3.65	Marine science / biology
David Drumm	WEST FLORIDA	So.	Palm Coast, Fla.	3.98	Undecided
Carl Dunne	SAINT LEO	So.	Monasterboice, Ireland	3.99	Accounting & economics
Jordan Halleib	FLORIDA TECH	So.	Auburn, Calif.	3.75	Business administration
Timo Kilp	NOVA SOUTHEASTERN	Sr.	Tallinn, Estonia	3.77	Business admin.
Valentin Lenz	SAINT LEO	So.	Duesseldorf, Germany	3.76	Accounting & economics
Justin McMaster	FLORIDA TECH	Jr.	Horseheads, N.Y.	3.72	Aeronautical science
Daniel Schultz	FLORIDA TECH	So.	Orlando, Fla.	4.00	Mechanical engineering
David Tomchinsky	FLORIDA SOUTHERN	Sr.	Englewood, Fla.	3.60	Communications
Geovanni West	BENEDICT	So.	Portmore, Jamaica	3.95	Computer science
Chris Yanichko	FLORIDA SOUTHERN	Sr.	Grove City, Ohio	3.93	Biochemistry / molecular biology
Mike Zwijacz	TAMPA	Sr.	Valrico, Fla.	3.43	Sport management

NCAA DIVISION III (AL, AR, FL, GA, MO, MS, NC, PR, SC, TN, VA)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Hank Ballard	BIRMINGHAM SOUTHERN	Sr.	Hoover, Ala.	3.64	Biology
David Cason	GUILFORD	So.	Clemmons, N.C.	3.72	Biology / health sciences
David Fishman	WASHINGTON & LEE	Sr.	Westfield, N.J.	3.92	Accounting & economics
Ryan James	BERRY	Sr.	Belfast, Maine	3.55	History
Griffin Metcalf	MISSISSIPPI COLLEGE	Jr.	Anquilla, Miss.	4.00	Biology / medical sciences
Tim Miller	BRIDGEWATER	Jr.	Union Bridge, Md.	3.64	Computer sciences
Edward Mulder	EMORY	Sr.	Pompano Beach, Fla.	3.75	Business
Dillon Myers	WASHINGTON & LEE	Sr.	Foxborough, Mass.	3.69	Business admin./East Asian languages
Chad Norton	GUILFORD	Sr.	Walled Lake, Mich.	3.41	Physics
Drew Padgett	WASHINGTON (MO)	Jr.	St. Louis, Mo.	3.63	Psychology
Kevin Sparks	WASHINGTON (MO)	Sr.	Geneva, Ill.	3.49	Political science / German
Brendan Stone	WASHINGTON (MO)	Jr.	Oreland, Pa.	3.83	Chemical engineering
Keith Thomas	BRIDGEWATER	Jr.	Harrisonburg, Va.	3.87	Environmental studies



2013-14 Academic All-District Men's Track & Field /Cross Country Team District 6

NCAA DIVISION I (AR, IA, LA, MN, MO, MS, ND, SD, WI)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Brogan Austin	DRAKE	Sr.	Boone, Iowa	3.75	Mathematics
Andrew Brekke	WISCONSIN	So.	La Crosse, Wis.	3.68	Biochemistry
Joseph Caraway	LOUISIANA STATE	Sr.	Lacassine, La.	4.00	Masters of kinesiology
Reed Connor	WISCONSIN	Sr.	Houston, Texas	3.43	Real estate & urban econ. / marketing
Andy Curtis	DRAKE	Sr.	Manchester, Iowa	3.94	Biochemistry, cell & molecular biology
Jimmy Evers	NORTH DAKOTA	So.	Grand Forks, N.D.	3.96	Physics
Nathanael Franks	ARKANSAS	Sr.	Damascus, Ore.	3.90	Physics / chemistry (UG) / acct. MBA
Wes Gonzales	LOUISIANA LAFAYETTE	Sr.	New Orleans, La.	4.00	Marketing
Steven Jordan	DRAKE	Jr.	McFarland, Wis.	4.00	Pharmacy
Andrew Pisechko	ARKANSAS	So.	Webb City, Mo.	4.00	Accounting

NCAA DIVISION II (Heartland, Lone Star, Rocky Mountain)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Zach Daniel	WEST TEXAS A&M	So.	Crane, Texas	3.85	Sports & exercise science
Tye Doty	TARLETON STATE	Jr.	Eddy, Texas	3.76	Accounting
Kirk Harvey	METROPOLITAN STATE	Sr.	Lafayette, Colo.	3.84	Biology
Garrett Hoch	COLORADO SCH. OF MINES	Jr.	Wichita, Kan.	3.61	Electrical engineering
Dylan Littlejohn	ANGELO STATE	Jr.	Godley, Texas	3.77	Nursing
Lucas Marquez	WEST TEXAS A&M	So.	Andrews, Texas	3.37	Engineering
Baptiste Moreu	WEST TEXAS A&M	Jr.	Auray, France	3.73	Finance
Austin Shaffer	COLORADO SCH. OF MINES	So.	Rose Hill, Kan.	3.96	Petroleum engineering
Ryder Tam	COLORADO, COLORADO SPRINGS	So.	Boulder, Colo.	3.94	Mechanical engineering
Brett Villarreal	WEST TEXAS A&M	Jr.	Amarillo, Texas	3.40	Finance

NCAA DIVISION III (MI, MN, WI)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Zach Anderson	WISCONSIN-STOUT	Sr.	Frederic, Wis.	3.53	Engineering technology
Brad Boockmeier	ST. NORBERT	So.	Green Bay, Wis.	3.83	Mathematics
Jeremy Brandt	WISCONSIN-OSHKOSH	Sr.	Wausau, Wis.	3.69	Special education
Kevin Buntman	WISCONSIN-WHITEWATER	Sr.	Green, Bay, Wis.	3.76	Secondary education (mathematics)
Cameron Clause	GUSTAVUS ADOLPHUS	Sr.	Mankato, Minn.	3.76	Chemistry
Josh Dederling	WISCONSIN -LA CROSSE	Sr.	Neenah, Wis.	3.77	Sport management
Jared Denu	WISCONSIN-WHITEWATER	Jr.	Waunakee, Wis.	3.74	Accounting
Thomas Feichtinger	SAINT JOHN'S (MN)	So.	Omaha, Neb.	3.83	English
Erik Holstege	CALVIN	Jr.	Keswick, Va.	3.78	Chemistry
Jacob Peterson	WISCONSIN -LA CROSSE	Sr.	Nekoosa, Wis.	3.69	Middle childhood education
Mark Volker	HAMLIN	Jr.	Cambridge, Minn.	4.00	Bio-chemistry
Jalen Weaver	OLIVET	Jr.	Albion, Mich.	3.93	Exercise science
Joe Wistrucill	ST. THOMAS (MN)	Sr.	Cumberland, Wis.	3.92	Psychology / English



2013-14 Academic All-District Men's Track & Field /Cross Country Team District 7

NCAA DIVISION I (CO, ID, KS, MT, NE, NM, OK, TX, WY)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Gabriel Aragon	NEW MEXICO	Gr.	Albuquerque, N.M.	3.95	Business administration
Luke Caldwell	NEW MEXICO	Sr.	Betchworth, England	3.92	Physics
Chris DeWitt	INCARNATE WORD	Jr.	San Antonio, Texas	4.00	Business administration
Levi Gipson	NEBRASKA	So.	Lincoln, Neb.	3.92	Nutrition, exercise & health science
Evan Karakolis	RICE	So.	Scarborough, Ontario	4.00	Mechanical engineering
Nick Miller	OKLAHOMA STATE	Jr.	Carlisle, United Kingdom	3.56	University studies
Josh Nielsen	U.S. AIR FORCE ACADEMY	Sr.	Forest Lake, Minn.	3.87	Computer science / pre-med
Cody Rush	NEBRASKA	So.	Grand Island, Neb.	3.95	Nutrition science
Kyle Wait	KANSAS STATE	Sr.	Gardner, Kan.	3.68	Wildlife biology
Patrick Zacharias	NEW MEXICO	Sr.	Albuquerque, N.M.	4.03	Biology

NCAA DIVISION II (Great American, Mid-America, Northern Sun)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Ben Barrows	CENTRAL MISSOURI	Sr.	Smithville, Mo.	4.00	Mathematics
Jake Benton	MISSOURI SOUTHERN STATE	Sr.	Wentzville, Mo.	4.00	Pre-med (biology)
Kevin Carder	NEBRASKA-KEARNEY	Sr.	Albion, Neb.	3.99	Political science
Nate Cole	MINNESOTA ST. MOORHEAD	Jr.	Fergus Falls, Minn.	3.98	Business management
Mickey Doerr	WAYNE STATE (NE)	Sr.	Bloomfield, Neb.	4.00	History & science education
Stephen Hedlund	HARDING	So.	O'Fallon, Mo.	4.00	Economics
Payson Maydew	EMPORIA STATE	So.	Pratt, Kan.	3.95	Accounting
Kevin Naceanceno	HARDING	Jr.	Clovis, N.M.	3.94	Biochemistry
Dillon Schrodt	NEBRASKA-KEARNEY	Jr.	Lincoln, Neb.	3.86	Math education
William Shell	SOUTHWEST BAPTIST	Sr.	Cape Girardeau, Mo.	4.00	Athletic training

NCAA DIVISION III (IL, IN, OH)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Ben Beidleman	BALDWIN WALLACE	So.	Washington, D.C.	4.00	Economics
John Crain	NORTH CENTRAL	Sr.	Dunlap, Ill.	3.35	Sociology
David Devore	AUGUSTANA (IL)	Jr.	Midland, Mich.	3.58	Math / computer science
David Dixon	CASE WESTERN RESERVE	Sr.	Atlanta, Ga.	3.89	Mechanical engineering
Sean Donnelly	MOUNT UNION	Jr.	Willoughby, Ohio	3.55	Exercise science
Josh Eisenberg	AUGUSTANA (IL)	Sr.	Spring Grove, Ill.	3.96	Biology / pre-medicine
Zac Erba	ROSE-HULMAN	Jr.	Warsaw, Ind.	3.97	Biomedical engineering
Kyle Mackey	DEPAUW	Sr.	Danville, Ind.	3.47	Kinesiology (sport & exercise sci.)
Nathan Rosenbaum	OHIO NORTHERN	Jr.	Orrville, Ohio	4.00	Mechanical engineering
Keith Sands	AUGUSTANA (IL)	So.	Silvis, Ill.	3.78	Math
David Voland	AUGUSTANA (IL)	Jr.	Batavia, Ill.	3.81	Math & secondary education



2013-14 Academic All-District Men's Track & Field /Cross Country Team District 8

NCAA DIVISION I (AK, AZ, CA, HI, NV, OR, UT, WA, Canada)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Nic Bowens	UTAH STATE	Jr.	Meridian, Idaho	3.60	Civil engineering
Curtis Carr	BRIGHAM YOUNG	Sr.	Nashville, Ind.	3.36	Economics
Ben Demaree	SANTA CLARA	Sr.	Portland, Oregon	3.89	Bioengineering
Trevor Halsted	CALIFORNIA DAVIS	Jr.	Davis, Calif.	4.00	Mechanical engineering
Kevin Joerger	LOYOLA MARYMOUNT	Sr.	Thousand Oaks, Calif.	3.94	Biochemistry
Jason Lynch	UTAH VALLEY	So.	Sandy, Utah	3.82	Mathematics
A.J. Maricich	WASHINGTON	Sr.	Spokane, Wash.	3.43	Geography
Kyle McKenna	UTAH STATE	Sr.	Farmington, Utah	3.98	Music
Eric Shellhorn	UTAH STATE	Jr.	Montrose, Colo.	3.78	Civil engineering
Daniel Vartanian	FRESNO STATE	Gr.	Fresno, Calif.	3.90	Business administration
Jason Witt	BRIGHAM YOUNG	Sr.	Midlothian, Va.	3.32	Actuarial science

NCAA DIVISION II (California Collegiate, Great Northwest, Pacific West)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Justin Ellerbee	CAL POLY POMONA	Jr.	Rocklin, Calif.	3.72	Aerospace engineering
Sean Goetzl	CALIFORNIA STATE CHICO	Jr.	Aptos, Calif.	3.38	Mechanical engineering
Phil Graber	CALIFORNIA STATE CHICO	Sr.	Chico, Calif.	3.43	English
William Hilton	CAL STATE STANISLAUS	Sr.	Groveland, Calif.	4.00	Biology
Kellen Levy	CALIFORNIA SAN DIEGO	Sr.	Fresno, Calif.	3.76	Literature / writing
Riley McKee	AZUSA PACIFIC	Sr.	Albuquerque, N.M.	3.85	Political science
Clint Rosser	CALIFORNIA SAN DIEGO	Jr.	Westchester, Calif.	3.96	Environmental engineering
David Schulte	AZUSA PACIFIC	Sr.	Torrance, Calif.	3.68	Psychology
Nicholas Sloggy	CALIFORNIA STATE CHICO	Sr.	Chico, Calif.	3.63	Communication sciences & disorders
Justin Valdez	DOMINICAN (CA)	Sr.	San Jose, Calif.	3.46	Nursing

NCAA DIVISION III (AK, AZ, CA, CO, HI, IA, ID, KS, LA, MT, ND, NE) (NM, NV, OK, OR, SD, TX, UT, WA, WY, Canada)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Tommie Bardsley	NEBRASKA WESLEYAN	Sr.	Beatrice, Neb.	3.54	Accounting
Daniel Bonthius	WARTBURG	Sr.	Iowa City, Iowa	4.00	Biology
Frank Canady	GRINNELL	Sr.	Iowa City, Iowa	3.64	Biological chemistry
Peter Delap	WHITWORTH	Sr.	Portland, Ore.	3.84	Marketing
Alan DenAdel	PACIFIC LUTHERAN	Sr.	Bow, Wash.	3.94	Mathematics
Colt Feltes	WARTBURG	Jr.	Delhi, Iowa	3.52	Accounting & business administration
Jonathan Hoff	WHITWORTH	Sr.	Napa, Calif.	3.93	Engineering physics
Joseph Pia	GEORGE FOX	Sr.	Newberg, Ore.	3.98	Engineering
Johnny Rutford	NEBRASKA WESLEYAN	Sr.	Lincoln, Neb.	3.96	Accounting
Brock Taute	NEBRASKA WESLEYAN	Jr.	Bertrand, Neb.	3.98	Physics