



**FOR IMMEDIATE RELEASE: May 29, 2014**

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## **Capital One Academic All-District ® Women's Track & Field /Cross Country Teams Released**

The 2013-14 Capital One Academic All-District ® Women's Track & Field/Cross Country Teams, selected by the College Sports Information Directors of America, have been released to recognize the nation's top student-athletes for their combined performances athletically and in the classroom. Capital One has been the entitlement rights holder to CoSIDA's Academic All-America teams programs since 2011.

The Academic All-District ® teams include the student-athletes listed on the following pages and are divided into eight geographic districts across the United States and Canada. This is the second year of the expanded Academic All-America® program as CoSIDA moved from recognizing a University Division (Division I) and a College Division (all non Division I) and has doubled the number of scholar-athletes honored. The expanded teams include NCAA Division I, NCAA Division II and NCAA Division III participants, while the College Division Academic All-America ® Team combines NAIA, Canadian and two-year schools.

The Capital One Division II and III Academic All-America® program is being financially supported by the NCAA Division II and III national governance structures, to assist CoSIDA with handling the awards fulfillment aspects for the 2013-14 DII and DIII Academic All-America® teams program.

First-team Academic All-District ® honorees advance to the Capital One Academic All-America® Team ballot, where first-, second- and third-team All-America honorees will be selected later this month.

### ***About Capital One***

Capital One Financial Corporation ([www.capitalone.com](http://www.capitalone.com)) is a financial holding company whose subsidiaries, which include Capital One, N.A., and Capital One Bank (USA), N. A., had \$206.9 billion in deposits and \$289.9 billion in total assets as of September 30, 2013. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients through a variety of channels. Capital One, N.A. has more than 900 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director. Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 20,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit [www.cosida.com](http://www.cosida.com).



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# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 1

## NCAA DIVISION I (CT, MA, ME, NH, NY, RI, VT)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Morayo Akande	BROWN	So.	Robinson, Ill.	3.64	Undeclared
Katrina Anderson	LIU BROOKLYN	Jr.	Auckland, New Zealand	3.90	Biology
Megan Barry	HARTFORD	Sr.	South Yarmouth, Mass.	3.92	Biology
Allison Barwise	BOSTON	Gr.	Orange, Conn.	3.67	Speech-language pathology
Holleigh Bergstrom	BROWN	Sr.	Eugene, Ore.	3.79	Education studies
Nikki Braceras	VERMONT	So.	Essex Junction, Vt.	3.96	Exercise & movement science
Heidi Caldwell	BROWN	Sr.	Hanover, N.H.	3.61	Environmental studies
Abbey D'Agostino	DARTMOUTH	Sr.	Topsfield, Mass.	3.72	Psychology
Sarah Dahlstrom	HOLY CROSS	Jr.	Southborough, Mass.	3.63	Economics
Adabelle Ekechukwu	HARVARD	Sr.	Oak Brook, Ill.	3.69	Neurobiology
Devin McMahon	CORNELL	Sr.	Redmond, Wash.	4.00	Biological sciences
Yolanda Ngarambe	VERMONT	Sr.	Marsta, Sweden	3.43	Psychology
Emily Shearer	CORNELL	Sr.	Lafayette, Calif.	4.00	Biological sciences / government
Kirsten Weberg	VERMONT	Sr.	East Aurora, N.Y.	3.93	Animal science

## NCAA DIVISION II (Central Athletic, East Coast, Northeast 10)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Emily Anderson	STONEHILL	Jr.	Manchester, Conn.	3.58	Early childhood education
Elizabeth Bashir	S. CONNECTICUT STATE	Jr.	Colchester, Conn.	3.36	Sports management
Chloe Boutelle	SAINT MICHAEL'S	Jr.	Saratoga Springs, N.Y.	3.70	Biology
Briana Conyers	NEW HAVEN	Jr.	Derby, Conn.	3.42	Communication
Tara Dooley	BENTLEY	Jr.	Lee, Mass.	3.87	Accountancy
Kaydian Jones	DISTRICT OF COLUMBIA	Sr.	Kingston, Jamaica	3.53	Journalism
Gladys Kimutai	NEW YORK INST. OF TECH	Jr.	Eldama Ravine, Kenya	3.63	Health sciences
Elizabeth LaRegina	STONEHILL	Sr.	New Fairfield, Conn.	3.84	Psychology
Stephanie Meyer	MOLLOY	Jr.	Seaford, N.Y.	3.90	Speech pathology
Trisha Pierson	STONEHILL	So.	East Hanover, N.J.	3.98	Criminology / accounting
Ada Udaya	NEW HAVEN	Sr.	West Haven, Conn.	3.34	Biology (pre-med)
Amy Varsell	BENTLEY	Gr.	Burlington, Conn.	3.82	MS in accountancy
Ivy Watts	NEW HAVEN	Jr.	Waltham, Mass.	3.99	Psychology



# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 1

## NCAA DIVISION III (MA, ME, NH, VT)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Kaitlin Allen	MIT	Sr.	Bedford, N.H.	3.92	Biology
Amina Avril	WILLIAMS	Sr.	Decatur, Ga.	3.32	Political science
Christy Deininger	WORCESTER STATE	Sr.	N. Attleboro, Mass.	3.51	Psychology / elementary education
Julie Eagle	WORCESTER POLYTECHNIC	Gr.	Rock Island, Ill.	3.58	Mechanical engineering
Targie Gervais	WESTFIELD STATE	Sr.	Springfield, Mass.	3.56	Social work
Jana Hieber	TUFTS	Sr.	Goffstown, N.H.	3.68	Anthropology & music
Alyssa Jasper	WORCESTER STATE	Jr.	Rockland, Mass.	3.71	Nursing
Jaclyn Konopka	MIT	Sr.	Novi, Mich.	3.84	Brain & cognitive sciences
Kallie Nixon	BATES	Sr.	Medfield, Mass.	3.63	Religious studies
Frances Onyilagha	COLBY	Sr.	Little Rock, Ark.	3.43	Psychology (neuroscience)
Liz Pellegrini	WORCESTER POLYTECHNIC	So.	Worcester, Mass.	3.72	Biomedical engineering
Danielle Poto	BRIDGEWATER STATE	So.	North Andover, Mass.	3.94	Spanish
Louise van den Heuvel	MIT	Sr.	Nashua, N.H.	3.92	Mechanical engineering

## COLLEGE DIVISION (AL, CT, DC, DE, FL, GA, MA, MD, ME, MI, MS, NC, NH, NJ, NY, OH, PA, PR, RI, SC, VA, VT, WV)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Rachel Jerrils	DAVENPORT	Sr.	Rockford, Mich.	3.73	Pre-nursing
Kristina Kendrick	EMBRY-RIDDLE (FL)	Sr.	Washington, Pa.	3.79	Unmanned aircraft systems
Claire Kennedy	SOUTH CAROLINA BEAUFORT	So.	Columbia, S.C.	3.93	Studio art
Ciera Love	SOUTH CAROLINA BEAUFORT	So.	Ladson, S.C.	3.79	English
Meleah Powers	SOUTH CAROLINA BEAUFORT	Jr.	Aiken, S.C.	4.00	Business administration
Evanna Ramirez	EMBRY-RIDDLE (FL)	So.	Ridge, N.Y.	3.58	Homeland security
Aleiyah Ross	EMBRY-RIDDLE (FL)	Jr.	Hummelstown, Pa.	3.75	Business administration
Emily Scott	SOUTHEASTERN	So.	Fort Myers, Fla.	3.86	Exceptional student education
Ellie Staker	EMBRY-RIDDLE (FL)	Sr.	Seattle, Wash.	3.71	Computational mathematics
Katherine Toy	AUBURN-MONTGOMERY	Sr.	Sugar Land, Texas	3.58	Organizational leadership
Kelsee VanderBaan	DAVENPORT	Sr.	Grand Rapids, Mich.	3.84	Pre-nursing
Alli Veneklase	DAVENPORT	Sr.	Grand Rapids, Mich.	3.83	Human resources management



# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 2

## NCAA DIVISION I (DC, DE, KY, MD, NJ, PA, WV)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Ashley Adams	DUQUESNE	Sr.	Rochester, Pa.	3.90	Pharmacy
Emily de La Bruyere	PRINCETON	Jr.	New York, N.Y.	3.80	Public & international affairs
Ann Eason	EASTERN KENTUCKY	Jr.	Lexington, Ky.	3.95	Elementary education
Megan Elgin	RIDER	Gr.	Doylestown, Pa.	3.89	Psychology
Andrea Keklak	GEORGETOWN	Jr.	Sudbury, Mass.	3.77	Sociology
Rachael Kotula	ROBERT MORRIS (PA)	Sr.	East Berlin, Pa.	3.88	Biology
Meghan McGlinchey	LA SALLE	Sr.	West Deptford, N.J.	3.47	Speech language hearing science
Katie Pratt	SAINT JOSEPH'S	Sr.	Beaverton, Ore.	3.87	Elementary education
Lindsay Prettyman	DELAWARE	Sr.	Newark, Del.	3.88	Exercise science
Emma Slattery	SAINT JOSEPH'S	Sr.	Downingtown, Pa.	3.88	Biology
Kelly Williams	WEST VIRGINIA	So.	Chesterland, Ohio	4.00	Strategic communications
Mercedes Yanora	SAINT JOSEPH'S	Sr.	Wilkes Barre, Pa.	3.96	History
Becky Yep	MARYLAND	Sr.	Ellicott City, Md.	3.90	Mechanical engineering

## NCAA DIVISION II (Central Intercollegiate, Mountain East, Pennsylvania State)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Tabitha Bemis	EDINBORO	Sr.	Fair Oaks, Pa.	3.90	Sports & recreation
Brittany Brown	SAINT AUGUSTINE'S	Sr.	Akron, Ohio	4.00	Communications
Julia Cain	SLIPPERY ROCK	Sr.	Magnolia, Ohio	3.52	Psychology
Vicki Davis	BLOOMSBURG	Gr.	New Ringgold, Pa.	3.76	Curriculum & instruction
Sarah Krolick	EDINBORO	Sr.	Arcade, N.Y.	3.96	Health & physical education
Megan Lundy	SHIPPENSBURG	So.	York, Pa.	4.00	Early childhood education
Christina O'Connor	EAST STROUDSBURG	Jr.	Oneonta, N.Y.	3.79	Biology
Mallory Sanner	SETON HILL	Jr.	Uniontown, Pa.	3.79	Elementary education
Kara Styles	SLIPPERY ROCK	Gr.	Windber, Pa.	4.00	Doctor of physical therapy
Alex Zanella	CALIFORNIA (PA)	Jr.	Everett, Pa.	3.95	Education



# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 2

## NCAA DIVISION III (CT, DC, DE, KY, MD, NJ, RI, WV)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Anginelle Alabanza	NEW JERSEY	Sr.	East Brunswick, N.J.	3.64	Chemistry
Kim Bolick	CONNECTICUT	Jr.	Hopkinton, Mass.	3.78	Biology
Amira Dardir	STEVENS INST OF TECH	Jr.	Jersey City, N.J.	3.86	Chemical engineering
Heather Gearity	MONTCLAIR STATE	Sr.	Rutherford, N.J.	3.85	Biology
Becky Kaler	McDANIEL	Sr.	Jefferson, Md.	3.96	History
Frances Loeb	JOHNS HOPKINS	Jr.	Wynnewood, Pa.	3.54	Psychology
Hannah Oneda	JOHNS HOPKINS	So.	Westminster, Md.	3.30	Global environmental change
Maggie Shelton	JOHNS HOPKINS	Sr.	Wilmette, Ill.	3.33	Chemical & bimolecular engineering
Emily Swenson	JOHNS HOPKINS	Sr.	Woodstock, Conn.	3.40	Biomedical engineering
Morgan Sinclair	RICHARD STOCKTON	Sr.	Chadds Ford, Pa.	4.00	Speech pathology
Jessalynn Wright	ROWAN	So.	Marlton, N.J.	3.90	Civil engineering

## COLLEGE DIVISION (AR, IL, IN, KY, LA, TN)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Anna Bos	TRINITY CHRISTIAN	Jr.	Rockford, Mich.	3.96	Chemistry
Katie DeHaan	TAYLOR	So.	Rockford, Mich.	3.82	Elementary education
Kirsten Flake	INDIANA TECH	Jr.	Muncie, Ind.	3.31	Psychology
Hilary Halford	ST. FRANCIS (IL)	Sr.	Antioch, Ill.	3.54	Nursing
Jane Hawks	TAYLOR	So.	Rockford, Mich.	4.00	Elementary education
Brooke Johnson	ST. FRANCIS (IL)	So.	Flat Rock, Mich.	3.56	Special education
Jenna Norris	TAYLOR	Jr.	Swayzee, Ind.	3.94	Psychology
Erin Price	TAYLOR	Sr.	Heppner, Ore.	3.53	Social work
Malika Rashid	INDIANA TECH	So.	Suffolk, Va.	3.40	Recreational therapy
Chelsea Rimington	ST. FRANCIS (IL)	Sr.	Lena, Ill.	3.84	Elementary education
Jewel Thomas	INDIANA TECH	Jr.	Lathrup Village, Mich.	3.63	Psychology
Francesca Vaccaro	LOYOLA (LA)	Jr.	Yorba Linda, Calif.	4.00	Biochemistry
Ashley Watley	INDIANA TECH	Sr.	Eastpointe, Mich.	3.67	Business administration



# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 3

## NCAA DIVISION I (NC, TN, VA)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Molly Basch	AUSTIN PEAY STATE	Sr.	Cincinnati, Ohio	4.00	Psychology
Juliet Bottorff	DUKE	Gr.	Newark, Del.	3.70	Markets & management studies
Frances Dowd	VIRGINIA TECH	Sr.	Fairfax, Va.	4.00	Environmental policy & planning
Jenna Flickinger	JAMES MADISON	So.	Hummelstown, Pa.	4.00	Graphic design
Autumn Gipson	MIDDLE TENNESSEE STATE	Sr.	Knoxville, Tenn.	4.00	Exercise science
Teghan Henderson	TENNESSEE CHATTANOOGA	So.	Pickering, Ontario	3.87	Business (general management)
Tessa Hoefle	LIPSCOMB	Sr.	Winnebago, Ill.	4.00	English
Sarah Howard	NORTH CAROLINA	So.	Dublin, Ga.	3.73	Undeclared
Kaitlyn Llewellyn	LIPSCOMB	Jr.	Perrysburg, Ohio	4.00	Exercise science
Meghan O'Donoghue	TENNESSEE TECH	Jr.	Talbot, Tenn.	4.00	French & political science
Barbara Strehler	VIRGINIA	Gr.	Richmond, Va.	3.66	English education
Teresa Williamson	RADFORD	Jr.	Chesapeake, Va.	4.00	Nursing

## NCAA DIVISION II (Conference Carolinas, Peach Belt, South Atlantic)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Holli Abernathy	YOUNG HARRIS	Jr.	Blairsville, Ga.	3.86	Psychology
Anna Bauder	CARSON-NEWMAN	Jr.	Cary, N.C.	3.92	History
Erica Brooks	YOUNG HARRIS	Sr.	Watkinsville, Ga.	3.93	Business & public policy
Maegan Henry	KING (TN)	Jr.	Bluefield, Va.	3.79	Biology
Christina Matheny	WINGATE	Jr.	Akron, Ohio	3.71	Human services
In-Mi Matsunaga	MONTEVALLO	Sr.	Enterprise, Ala.	3.97	Accounting
Hana Metzinger	NORTH CAROLINA-PEMBROKE	Jr.	Louisburg, N.C.	3.60	Education
Olivia Myers	CATAWBA	Sr.	Lexington, N.C.	3.98	Biology
Nicole Smith	YOUNG HARRIS	So.	Ball Ground, Ga.	4.00	Education
Hannah Witt	KING (TN)	Sr.	Mountain City, Tenn.	3.95	Biology
Keeley Wood	WINGATE	Sr.	Sanford, N.C.	3.88	Communication studies

## NCAA DIVISION III (NY)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Christine Artim	RENSSELAER POLYTECHNIC	Jr.	Middlebury, Vt.	3.93	Chemical engineering
Danielle Bessette	ROCHESTER	Sr.	Pittsford, N.Y.	3.92	English
Sarah Bonnell	SUNY CORTLAND	Sr.	Norwich, N.Y.	3.49	Childhood education
Katie Bott	SUNY OSWEGO	Sr.	Camillus, N.Y.	3.65	Accounting / management
Emily Cousens	NEW YORK UNIVERSITY	Sr.	Contoocook, N.H.	3.53	English
Rebecca Galasso	ROCHESTER	Sr.	Franklin, Mass.	3.60	Comp. sci. / ecology & evolutionary bio.
Rachel Malone	BROCKPORT	Jr.	Fairport, N.Y.	3.90	Nursing
Sarah Ohanesian	HAMILTON	Sr.	Saratoga Springs, N.Y.	3.80	Psychology & Hispanic studies
Jennifer Randall	ITHACA	Gr.	Cincinnatus, N.Y.	3.73	Physical therapy (DPT)
Grace Tilton	RENSSELAER POLYTECHNIC	Sr.	Concord, N.H.	3.97	Aeronautical engineering

## COLLEGE DIVISION (IA, KS, MN, MO, MT, ND, NE, SD, WI)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Katie Bonnema	DORDT	Sr.	Ireton, Iowa	3.52	Elementary education
April DeVore	SAINT AMBROSE	Sr.	Wilton, Iowa	3.97	Elementary education
Erin DeVries	DOANE	Jr.	Chambers, Neb.	3.93	Psychology & sociology
Dawn Gildersleeve	NORTHWESTERN (IA)	Sr.	Elkhart, Iowa	3.53	Physical education / fitness mgmt.
Samantha Goff	JAMESTOWN	So.	Danvers, Minn.	3.96	Accounting / bus. admin. / mgmt. info
Christy Heidema	DORDT	Sr.	Ridgetown, Ontario	4.00	Biology
Nikki Iverson	JAMESTOWN	Sr.	Jamestown, N.D.	3.82	Physical education (teaching)
Sarah Kortze	CONCORDIA (NE)	Sr.	Rockford, Ill.	3.95	Biology & physical science
Lauren Opp	DORDT	Jr.	Garner, Iowa	4.00	Health human performance
Nicole Wager	SAINT AMBROSE	Jr.	Kewanee, Ill.	3.56	Exercise science
Lacey Wright	DOANE	Sr.	Council Bluffs, Iowa	3.59	Exercise science



# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 4

## NCAA DIVISION I (AL, FL, GA, PR, SC)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Hannah Acton	FLORIDA STATE	So.	Bloomington, Ind.	4.00	Exercise science / pre-med
Nia Barnes	ALABAMA	Jr.	West Orange, N.J.	4.00	Telecomm. & film-media production
Sarah Graham	SOUTH CAROLINA	So.	Wake Forest, N.C.	4.00	Management science
Leah Hixon	SOUTH ALABAMA	Sr.	Woodstock, Ga.	3.83	Biology
Katie Kessler	WOFFORD	Sr.	Springboro, Ohio	4.00	Biology
Elinor Kirk	ALABAMA-BIRMINGHAM	Gr.	Swansea, Wales	3.75	Communications
Lucie Ondraschkova	GEORGIA	Sr.	Opava, Czech Republic	3.89	Finance
Alexis Paine	ALABAMA	Sr.	Mobile, Ala.	3.89	English
Colleen Quigley	FLORIDA STATE	Jr.	St. Louis, Mo.	3.94	Dietetics
Jeannelle Scheper	SOUTH CAROLINA	Sr.	Gros Islet, St. Lucia	3.71	Mathematics

## NCAA DIVISION II (Great Lakes Intercollegiate, Great Lakes Valley, Great Midwest)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Mary Ann Bradshaw	MISSOURI SCIENCE & TECH.	Sr.	Jackson, Mo.	3.94	Geological engineering
Courtney Brewis	GRAND VALLEY STATE	Sr.	Dearborn, Mich.	3.89	Physical therapy
Taylor Cipicchio	MISSOURI SCIENCE & TECH.	Sr.	Highland, Ill.	3.55	Mathematics
Rachel Ederle	MISSOURI SCIENCE & TECH.	Sr.	St. Louis, Mo.	3.91	Mechanical engineering
Lisa Galasso	GRAND VALLEY STATE	Sr.	Orion, Mich.	3.96	Biomedical sciences
Kristen Hixson	GRAND VALLEY STATE	Sr.	Remus, Mich.	3.97	Finance
Jessica Janecke	GRAND VALLEY STATE	Jr.	Scales Mound, Ill.	3.73	Biomedical sciences
Samantha Johnson	FERRIS STATE	Jr.	Troy, Mich.	3.53	Pharmacy
Andrea Kober	GRAND VALLEY STATE	Sr.	Conklyn, Mich.	3.39	Therapeutic recreation
Madison Pines	NORTHWOOD (MI)	Gr.	Troy, Mich.	4.00	Accounting
Anna Rudd	FERRIS STATE	Sr.	Leslie, Mich.	3.83	Nursing (B.S.N.)

## NCAA DIVISION III (PA)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Cynthia Adams	LEBANON VALLEY	Sr.	Elysburg, Pa.	3.66	Physical therapy
Nicki Cronin	MUHLENBERG	Sr.	Kings Park, N.Y.	3.81	Physics
Diana D'Achille	MARYWOOD	Sr.	Denville, N.J.	3.70	Graphic design
Jacqueline Guevel	CARNEGIE MELLON	Sr.	Dallas, Texas	3.59	Civil engineering
Danisha Higgs	ALBRIGHT	Sr.	Nassau, Bahamas	3.59	Biochemistry / pre-med / French
Emily Lambright	MORAVIAN	Jr.	Chalfont, Pa.	4.00	Economics & political science
Alexis Maylor	DELAWARE VALLEY	Sr.	Deery, N.H.	3.75	Large animal science
Kelsey Patrick	LEBANON VALLEY	So.	Tamaqua, Pa.	3.91	Physical therapy
Emily Rabenold	GROVE CITY	So.	Allison Park, Pa.	3.89	Biology
Erica Szpynda	WIDENER	Sr.	Berwick, Pa.	3.97	Economics / accounting
Traci Tempone	ELIZABETHTOWN	Sr.	Collegeville, Pa.	3.84	Art education / special education

## COLLEGE DIVISION (AK, AZ, CA, CO, HI, ID, NM, NV, OK, OR, TX, UT, WA, WY, Canada)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Christi Avery	WARNER PACIFIC	Sr.	Boise, Idaho	3.83	Psychology
Kadie Booth	EASTERN OREGON	Sr.	Post Falls, Idaho	3.48	Multidisc. studies / elementary edu.
Talitha Fagen	EASTERN OREGON	So.	Fruitland, Idaho	3.37	Psychology
Hannah Helker	OKLAHOMA BAPTIST	Jr.	Edmond, Okla.	3.93	Mathematics
Halie Herbert	OKLAHOMA BAPTIST	Jr.	Perryton, Texas	4.00	Mathematics education
Hillary Holt	COLLEGE OF IDAHO	Sr.	Meridian, Idaho	3.60	Exercise science
Jackie Regan	BRITISH COLUMBIA	Jr.	Vancouver, B.C.	3.87	Kinesiology
Alexandra Rudd	SOUTHERN OREGON	Sr.	North Bend, Wash.	3.82	Communications
Heidi Swanson	CAL STATE-SAN MARCOS	Sr.	Lakeside, Calif.	3.70	Psychology
Whitney Warfield	OKLAHOMA BAPTIST	Jr.	Enid, Okla.	3.92	Pre-allied health



# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 5

## NCAA DIVISION I (IL, IN, MI, OH)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Juli Accurso	OHIO	Sr.	Casstown, Ohio	3.90	French / linguistics
Kelsie Ahbe	INDIANA	Gr.	Uniontown, Ohio	3.47	Public health administration
Katie Borchers	OHIO STATE	Jr.	Russia, Ohio	3.65	Exercise science
Katie Clark	BUTLER	Gr.	Hull, U.K.	3.74	Criminology & psych. / counseling
Dior Delophon	KENT STATE	So.	Nancy, France	3.94	Fashion design
Samantha Ginther	INDIANA	Gr.	Ft. Wayne, Ind.	3.75	Professional health education
Lizzie Gleason	DAYTON	Sr.	Dayton, Ohio	3.99	Biology
Mara Olson	BUTLER	Jr.	Minneapolis, Minn.	4.00	Biology
Brooke Pleger	BOWLING GREEN STATE	Jr.	Saline, Mich.	3.72	Nursing
Kiley Tobel	MICHIGAN	Sr.	Commerce Twp., Mich.	3.79	Biopsychology, cognition, & neurosci.
Rachel Zajac	IUPUI	Gr.	St. John, Ind.	3.89	Applied communication

## NCAA DIVISION II (Gulf South, Southern Intercollegiate, Sunshine State)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Peri Bowman	NOVA SOUTHEASTERN	Sr.	Virginia Beach, Va.	3.94	Marine biology
Kristin Howe	FLORIDA TECH	So.	Edgewater, Md.	3.98	Chemical engineering
Danielle Kissel	TAMPA	So.	Tampa, Fla.	3.96	Graphic design
Renea Porsch	WEST FLORIDA	Sr.	Land O' Lakes, Fla.	3.43	Athletic training
Stephanie Rhoden	BENEDICT COLLEGE	So.	St. Croix, U.S. V.I.	3.95	Computer engineering
Vanessa Righeimer	TAMPA	Sr.	Park Ridge, Ill.	3.52	Advertising & public relations
Aimee Sims	NOVA SOUTHEASTERN	Jr.	St. Anne, Ill.	3.84	Biology
Terae Sweeting	BENEDICT COLLEGE	Jr.	Nassau, Bahamas	3.97	Accounting
Brittany Todaro	NOVA SOUTHEASTERN	Jr.	Plantation, Fla.	3.89	Athletic training
Rebecca Urrutia	NOVA SOUTHEASTERN	Jr.	Coral Springs, Fla.	3.92	Biology
Alyson Vezina	FLORIDA TECH	So.	Oviedo, Fla.	4.00	Molecular biology
Ashley Vezina	FLORIDA TECH	So.	Oviedo, Fla.	4.00	Chemical engineering
Sarah Waller	TAMPA	Jr.	Valrico, Fla.	3.77	Elementary education

## NCAA DIVISION III (AL, AR, FL, GA, MO, MS, NC, PR, SC, TN, VA)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Debora Adjibaba	EMORY	Jr.	Chambersburg, Pa.	3.48	Business
Stephanie Breen	BRIDGEWATER	Sr.	Waynesboro, Pa.	3.96	Spanish
Elizabeth Bromirski	BIRMINGHAM SOUTHERN	Sr.	Somerville, Ala.	3.82	Religion / psychology
Beth Burgess	COVENANT	Jr.	Nicholasville, Ky.	3.91	Biology
Lucy Cheadle	WASHINGTON (MO)	Jr.	Seattle, Wash.	3.78	Chemical engineering
Anna Etherington	WASHINGTON (MO)	Sr.	Deer Park, Ill.	3.67	Systems engineering
Electra Korn	EMORY	Jr.	Woodinville, Wash.	3.84	Biology
Annelise Madison	WASHINGTON & LEE	Sr.	Roca, Neb.	3.99	History & politics
Morgan Monroe	EMORY	Sr.	Bridgewater, N.J.	3.75	French
Claire Simons	WASHINGTON (MO)	Jr.	Brownington, Vt.	3.91	Chemistry



# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 6

## NCAA DIVISION I (AR, IA, LA, MN, MO, MS, ND, SD, WI)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Andria Aguilar	LSU	So.	Metairie, La.	3.91	International studies
Kristina Aubert	ARKANSAS STATE	Sr.	Crystal Lake, Ill.	3.67	Nursing
Robiann Broomfield	MISSOURI STATE	So.	Clarendon, Jamaica	3.83	Psychology
Emma Huston	DRAKE	So.	Des Moines, Iowa	4.00	Biology
Therese Jernbeck	LSU	So.	Stockholm, Sweden	4.00	International trade & finance
Taylor Kirby	WISCONSIN	Jr.	Carlock, Ill.	3.96	Biology
Deanna Latham	WISCONSIN	Jr.	Newbury, Mass.	3.57	Zoology
Maddie McClellan	NORTH DAKOTA STATE	Jr.	Perham, Minn.	4.00	English education
Sandi Morris	ARKANSAS	Sr.	Greenville, S.C.	3.94	Journalism
Courtney Neubert	SOUTH DAKOTA STATE	Jr.	Aberdeen, S.D.	4.00	Pharmacy
Kali Olson	SOUTH DAKOTA STATE	Sr.	Lisbon, N.D.	4.00	Psychology
Haley Scott	MISSOURI STATE	Jr.	Arlington Heights, Ill.	3.81	Radiography
Brecca Wahlund	NORTH DAKOTA STATE	So.	Minot, N.D.	3.89	Exercise science
Erin Wysocki	NORTH DAKOTA	Jr.	Grand Forks, N.D.	3.69	Community nutrition
Taylor Zimprich	WISCONSIN	So.	Waunakee, Wis.	4.00	Accounting

## NCAA DIVISION II (Heartland, Lone Star, Rocky Mountain)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Lauren Baldauf	REGIS	Sr.	Salida, Colo.	4.00	Education
Rhemecka Graham	WEST TEXAS A&M	Jr.	Saginaw, Texas	3.69	Business management
Mireia Guarner	WEST TEXAS A&M	So.	Catalonia, Spain	3.65	Sports & exercise science
Chloe Gustafson	COLORADO SCH. OF MINES	Jr.	Lincoln, Neb.	3.84	Geophysical engineering
Breanna Hemming	METROPOLITAN STATE	Jr.	Kiowa, Colo.	4.00	Human development
Kayla Johnson	COLORADO SCH. OF MINES	Gr.	Littleton, Colo.	3.89	Metallurgical & materials science
Bri Leeper	WEST TEXAS A&M	So.	Amarillo, Texas	4.00	Mass communications / broadcasting
Emma Love	WEST TEXAS A&M	Jr.	San Antonio, Texas	4.00	Sports & exercise science
Amber Moore	WEST TEXAS A&M	Sr.	Longview, Texas	4.00	Mass communications
Tara Richardson	WESTERN STATE COLORADO	Sr.	Wiggins, Colo.	3.93	Biology / exercise & sport science
Libby Strickland	WEST TEXAS A&M	So.	Amarillo, Texas	3.84	Biology
Cyndi Thomas	CHADRON STATE	Sr.	Omaha, Neb.	3.96	Family & consumer science

## NCAA DIVISION III (MI, MN, WI)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Hilary Banning	CALVIN	Sr.	Whitinsville, Mass.	3.94	Nursing
Christy Cazzola	WISCONSIN-OSHKOSH	Gr.	Kaukauna, Wis.	3.40	Educational leadership
Rebecca Hare	GUSTAVUS ADOLPHUS	Sr.	Albany, Minn.	3.93	English
Shelby Mahr	WISCONSIN-WHITEWATER	Jr.	Boyd, Wis.	3.95	Special education
Jenna Mayle	OLIVET	Sr.	Ionia, Mich.	4.00	Visual arts
Sheri McCormack	HOPE	Sr.	Holland, Mich.	3.91	Spanish
Nicole Michmerhuizen	CALVIN	Sr.	Holland, Mich.	3.99	Chemical engineering / biochemistry
Lauren Rice	AUGSBURG	Sr.	Minnertonka, Minn.	4.00	Communications
Erin Statz	ST. THOMAS (MN)	Sr.	Lincoln, Neb.	3.92	International studies/ political science
Breanna Strupp	WISCONSIN-OSHKOSH	Sr.	Slinger, Wis.	3.72	Education



# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 7

## NCAA DIVISION I (CO, ID, KS, MT, NE, NM, OK, TX, WY)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Alycia Butterworth	IDAHO	Sr.	Parksville, B.C.	3.91	Marketing
Rebecca Esselstein	U.S. AIR FORCE ACADEMY	Jr.	Dayton, Ohio	3.97	Astronautical engineering
Kellee Glaus	MONTANA	Sr.	Whitehall, Mont.	3.92	Biology
Janice Jackson	TEXAS-EL PASO	Gr.	St. Catherine, Jamaica	3.93	History
Hannah Kiser	IDAHO	Sr.	Wenatchee, Wash.	3.94	Biochemistry
Anne Martin	NEBRASKA	Sr.	Waverly, Neb.	4.00	Elementary education
Holly Page	WYOMING	Jr.	Maitland, Fla.	3.96	Elementary education
Regan Rogers	U.S. AIR FORCE ACADEMY	Sr.	Wellsboro, Pa.	3.90	Biology
Margo Tucker	NEW MEXICO	Sr.	Valparaiso, Ind.	3.90	Anthropology
Caitlin Way	OKLAHOMA STATE	Sr.	Mitchell, S.D.	4.00	Physiology
Candace Wollert	WYOMING	Sr.	Lingle, Wyo.	4.00	Family consumer sciences

## NCAA DIVISION II (Great American, Mid-America, Northern Sun)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Erin Alewine	CENTRAL MISSOURI	Sr.	Jefferson City, Mo.	3.58	Dietetics
Dallis Bailey	HARDING	Sr.	Conway, Mo.	3.91	Kinesiology
Michelle Beavers	SOUTHERN ARKANSAS	Sr.	Metairie, La.	4.00	Chemistry & biology pre-health
Kristen Celsor	HARDING	Sr.	Searcy, Ark.	3.91	Communication science & disorders
Courtney Klaty	CENTRAL MISSOURI	Sr.	Newberry, Mich.	4.00	Biology / pre-med
Ashleigh McFarland	MISSOURI SOUTHERN STATE	Jr.	Rio Vista, Texas	3.97	Education
Emma Shell	SOUTHWEST BAPTIST	Sr.	Cape Girardeau, Mo.	3.89	Biology
Peyton Weiss	EMPORIA STATE	Jr.	Russell, Kan.	4.00	Psychology
Ewa Zaborowska	HARDING	Sr.	Wejherowo, Poland	4.00	Accounting
Jackie Ziemke	NEBRASKA-KEARNEY	Sr.	Waco, Neb.	3.93	Business administration

## NCAA DIVISION III (IL, IN, OH)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Lina Baker	NORTH CENTRAL	Jr.	Cary, Ill.	3.68	Exercise science
Liana Beauchamp	AUGUSTANA (IL)	Sr.	Kingston, Ill.	3.58	Biology / pre-med
Lauren Buyan	WOOSTER	Jr.	Sheridan, Wyo.	3.69	Neuroscience
Elizabeth Composto	NORTH CENTRAL	Jr.	Bloomington, Ill.	3.89	Interactive media studies
Cara DeAngelis	OHIO WESLEYAN	Sr.	Norton, Ohio	3.43	Pre-profess. zoology / mathematics
Brooke Hradisky	BALDWIN WALLACE	Sr.	Aurora, Ohio	3.93	Political science
Trisha King	TRINE	Jr.	Archbold, Ohio	3.85	Math education
Gabriella Kreuz	JOHN CARROLL	Sr.	Lakewood, Ohio	3.60	Communications
Molly Martorella	OBERLIN	Sr.	Winchendon, Mass.	3.87	Biochemistry & neuroscience
Sarah Peluse	CHICAGO	Sr.	Buffalo Grove, Ill.	3.88	Mathematics
Jocelyn Redlinski	NORTH CENTRAL	Sr.	Orchard Park, N.Y.	3.62	Entrepreneurship
Kierra Smith	AUGUSTANA (IL)	Sr.	Creston, Iowa	3.64	Accounting / political science
Becca Sund	AUGUSTANA (IL)	Jr.	Palatine, Ill.	3.97	Mathematics



# 2013-14 Academic All-District Women's & Field Track/Cross Country Team District 8

## NCAA DIVISION I (AK, AZ, CA, HI, NV, OR, UT, WA, Canada)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Alexandra Collatz	USC	Jr.	Bakersfield, Calif.	3.52	Cognitive science
Lauren Crockett	OREGON	Jr.	Ogden, Utah	3.50	Advertising
Rachel Fisher	BRIGHAM YOUNG	Sr.	Allen, Texas	3.91	Nutritional science
Kinsey Gomez	OREGON STATE	Jr.	Coeur d' Alene, Idaho	3.84	Marketing
Amber Henry Schultz	WEBER STATE	Sr.	Mountain View, Wyo.	3.89	Nursing
Ruby Roberts	WASHINGTON STATE	Sr.	Kingston, Wash.	3.97	Fine arts / human development
Laura Roesler	OREGON	Sr.	Fargo, N.D.	3.54	Psychology
Jaide Stepter	USC	So.	Tucson, Ariz.	3.86	Communications
Jamie Stokes	WEBER STATE	So.	Ogden, Utah	3.99	Political science
Rosalie Waller	UTAH	Sr.	Bountiful, Utah	3.99	Biomedical engineering
Jessica Yates	GRAND CANYON	Gr.	Snohomish, Wash.	3.85	Master of business administration

## NCAA DIVISION II (California Collegiate, Great Northwest, Pacific West)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Courtney Anderson	CAL STATE-STANISLAUS	Sr.	Folsom, Calif.	3.49	History
Lorato Anderson	CALIFORNIA-SAN DIEGO	Sr.	Fremont, Calif.	3.78	Literature / writing
Kasey Barnett	CAL STATE-CHICO	Sr.	Chico, Calif.	3.96	Recreation administration
Aja Erskine	CAL STATE-CHICO	So.	Fairfield, Calif.	3.37	Cellular & molecular biology
McKayla Fricker	SEATTLE PACIFIC	Sr.	Canby, Ore.	3.32	Integrated studies
Bryn Haebe	ALASKA ANCHORAGE	Jr.	Evergreen, Colo.	3.92	Nursing, psychology & nutrition
Lindsay Honea	POINT LOMA NAZARENE	Sr.	Marana, Ariz.	3.56	Liberal studies
Eva Isaacs	CALIFORNIA-SAN DIEGO	Sr.	Lafayette, Calif.	3.75	Physics
Sara Mikesell	CAL STATE-CHICO	Sr.	Altaville, Calif.	3.72	Exercise physiology
Channing Wilson	CAL STATE-STANISLAUS	Jr.	Turlock, Calif.	4.00	Kinesiology

## NCAA DIVISION III (AK, AZ, CA, CO, HI, IA, ID, KS, LA, MT, ND, NE) (NM, NV, OK, OR, SD, TX, UT, WA, WY, Canada)

### FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Kristin Canning	WARTBURG	Sr.	Lisbon, Iowa	3.91	Communication arts
Rebekah Daniel	WILLAMETTE	Sr.	Silverdale, Wash.	3.94	Physics
Adele Eslinger	CLAREMONT-MUDD-SCRIPPS	Sr.	Edmonds, Wash.	3.96	Linguistics / Spanish
Laura Ettl	CORNELL	Sr.	Torrance, Calif.	3.84	Biomechanics
Kayla Hemann	WARTBURG	Jr.	Stacyville, Iowa	3.84	Accounting
Dakota Kliamovich	WHITWORTH	So.	Liberty Lake, Wash.	4.00	Biology / psychology
Ashley Meadows	TEXAS LUTHERAN	Sr.	Schertz, Texas	4.00	Molecular biology / chemistry
Tricia Serres	LUTHER	So.	Platteville, Wis.	3.54	Biology
Rosemary Steup	TRINITY (TX)	Sr.	Kingwood, Texas	3.91	Computer science
Megan Wagenaar	CONCORDIA (TX)	Sr.	Missouri City, Texas	3.97	Business (marketing)