



FOR IMMEDIATE RELEASE: Jan. 30, 2014

Visit the Capital One Academic All-America website at: <http://www.capitaloneacademicallamerica.com/>

Capital One Academic All-District ® Men's Basketball Teams Released

The 2013-14 Capital One Academic All-District ® Men's Basketball Teams, selected by the College Sports Information Directors of America, have been released to recognize the nation's top student-athletes for their combined performances athletically and in the classroom. Capital One has been the entitlement rights holder to CoSIDA's Academic All-America teams programs since 2011.

The Academic All-District ® teams include the student-athletes listed on the following pages and are divided into eight geographic districts across the United States and Canada. This is the second year of the expanded Academic All-America® program as CoSIDA moved from recognizing a University Division (Division I) and a College Division (all non Division I) and has doubled the number of scholar-athletes honored. The expanded teams include NCAA Division I, NCAA Division II and NCAA Division III participants, while the College Division Academic All-America ® Team combines NAIA, Canadian and two-year schools.

The Capital One Division II and III Academic All-America® program is being financially supported by the NCAA Division II and III national governance structures, to assist CoSIDA with handling the awards fulfillment aspects for the 2013-14 DII and DIII Academic All-America® teams program.

First-team Academic All-District ® honorees advance to the Capital One Academic All-America® Team ballot, where first-, second- and third-team All-America honorees will be selected later this month.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A., and Capital One Bank (USA), N. A., had \$206.9 billion in deposits and \$289.9 billion in total assets as of September 30, 2013. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients through a variety of channels. Capital One, N.A. has more than 900 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director. Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 20,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com.



###



2013-14 Academic All-District Men's Basketball Team District 1

NCAA DIVISION I (CT, MA, ME, NH, NY, RI, VT)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Luke Apfeld	VERMONT	Gr.	Chattanooga, Tenn.	3.83	English / sociology
Gilvydas Biruta	RHODE ISLAND	Jr.	Jonava, Lithuania	3.48	Public relations
Connor Boehm	DARTMOUTH	So.	Winnetka, Ill.	3.60	Undeclared
Peter Hooley	ALBANY	Jr.	Adelaide, Australia	3.50	Journalism / psychology
Rafael Maia	BROWN	Jr.	Sao Paulo, Brazil	3.71	Business
Matt Townsend	YALE	Jr.	Chappaqua, N.Y.	4.00	Molecular / cellular biology

NCAA DIVISION II (Central Athletic, East Coast, Northeast 10)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Peter Alexis	PHILADELPHIA	So.	Wilkes-Barre, Pa.	3.57	Psychology
Dominykas Milka	SAINT ROSE	Sr.	Ridgewood, N.Y.	3.65	Accounting
Tyler Sayre	SAINT ROSE	So.	Garnerville, N.Y.	3.73	Business administration
Janek Schmidkunz	AMERICAN INTERNATIONAL	Sr.	Berlin, Germany	4.00	Business
Tylon Smith	S. CONNECTICUT STATE	Jr.	Manchester, Conn.	3.68	Recreation & leisure

NCAA DIVISION III (MA, ME, NH, VT)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Ryan Sheehan	NICHOLS	Sr.	North Attleboro, Mass.	3.86	International business
Dane Jobst	WORCESTER STATE	Sr.	Athol, Mass.	3.91	Criminal justice
Nicholas DaPrato	CLARK	Sr.	Marshfield, Mass.	3.66	Business management
Joey Kizel	MIDDLEBURY	Sr.	Short Hills, N.J.	3.47	Economics
Ben Johnson	MAINE, FARMINGTON	Sr.	Manchester, Maine	3.76	History of political theory
Nick Sienkiewicz	SPRINGFIELD	Jr.	Cranston, R.I.	4.00	Physical therapy

COLLEGE DIVISION (AL, CT, DC, DE, FL, GA, MA, MD, ME, MI, MS, NC, NH, NJ, NY, OH, PA, PR, RI, SC, VA, VT, WV)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Jake DuPree	LOURDES	Jr.	Toledo, Ohio	3.89	Business marketing
CJ McElrath	S. POLYTECHNIC STATE	Gr.	Grapevine, Texas	3.35	Business administration
Bobby Naubert	MADONNA	Sr.	Livonia, Mich.	3.68	Social studies / history
Cody Scott	MOBILE	Jr.	Springfield, La.	3.96	Accounting
Caleb Williams	MOUNT VERNON NAZARENE	Sr.	New Bremen, Ohio	3.84	Marketing



2013-14 Academic All-District Men's Basketball Team District 2

NCAA DIVISION I (DC, DE, KY, MD, NJ, PA, WV)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Wayne Blackshear	LOUISVILLE	Jr.	Chicago, Ill.	3.40	Communication
Seth Hinrichs	LAFAYETTE	Jr.	Clara City, Minn.	3.35	Economics
John Kopriva	GEORGE WASHINGTON	Jr.	Milwaukee, Wis.	3.93	Chemistry
Kevin Noreen	WEST VIRGINIA	Sr.	Minneapolis, Minn.	3.70	Sport management
Joey Ptasinski	LAFAYETTE	Jr.	Highlands Ranch, Colo.	3.49	Biology
Franz Rassman	LOYOLA (MD)	So.	Washington, D.C.	3.94	Business administration

NCAA DIVISION II (Central Intercollegiate, Mountain East, Pennsylvania State)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Adam Blazek	GANNON	Jr.	Erie, Pa.	3.62	Journalism communications
Justin Fritts	WHEELING JESUIT	So.	Mentor, Ohio	3.31	Finance
C.J. Hester	WEST LIBERTY	Jr.	West Mifflin, Pa.	3.64	Biology
Mike Kromka	CLARION	Sr.	Monroeville, Pa.	3.92	Mid-level math education
Bill Luther	PITTSBURGH-JOHNSTOWN	Sr.	Gibsonia, Pa.	3.42	Business
Ian Vescovi	PITTSBURGH-JOHNSTOWN	Jr.	Patton, Pa.	4.00	Mathematics

NCAA DIVISION III (CT, DC, DE, KY, MD, NJ, RI, WV)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
George Bugarinovic	JOHNS HOPKINS	Jr.	Overland Park, Kan.	3.77	Public health
Jimmy Hammer	JOHNS HOPKINS	Jr.	Collegeville, Pa.	3.50	Economics
Tim Harwood	SALISBURY	Sr.	Rockville, Md.	3.53	Physical education
Joshua Hohlfelder	SALVE REGINA	Sr.	Noank, Conn.	3.88	Business studies
Steve Limberiou	CATHOLIC	Jr.	Pittsburgh, Pa.	3.52	Finance

COLLEGE DIVISION (AR, IL, IN, KY, LA, TN)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
DJ Bettinger	INDIANA WESLEYAN	Jr.	Richfield, Ohio	3.71	Business
Brandon Cole	BRYAN	So.	Crossville, Tenn.	3.68	Exercise & health science
Aaron Evans	MARIAN (IN)	Sr.	Indianapolis, Ind.	3.30	Marketing
Brad Karp	SAINT XAVIER	Sr.	Valparaiso, Ind.	3.56	Biology
Scott Kohne	ST. FRANCIS (IN)	Sr.	Fort Wayne, Ind.	3.31	Business
Andrew Lerg	ST. FRANCIS (IL)	Sr.	DeWitt, Mich.	3.91	Management
Greg Miller	GRACE	Sr.	Akron, Ind.	3.60	Business administration
Zach Miller	BETHEL (IN)	Jr.	Connersville, Ind.	3.94	Economics / finance & accounting



2013-14 Academic All-District Men's Basketball Team District 3

NCAA DIVISION I (NC, TN, VA)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
J.J. Mann	BELMONT	Sr.	Smyrna, Ga.	3.51	Economics
Shelby Moats	VANDERBILT	Jr.	Waconia, Minn.	3.55	Economics
Dennis Ogbe	TENNESSEE TECH	Sr.	Munich, Germany	3.91	Electrical engineering
Marcus Paige	NORTH CAROLINA	So.	Marion, Iowa	3.39	Journalism & mass communication
Terence Smith	TENNESSEE, MARTIN	Jr.	Russellville, Ala.	3.67	Management

NCAA DIVISION II (Conference Carolinas, Peach Belt, South Atlantic)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Travis Core	NORTH GEORGIA	Jr.	Trenton, Ga.	3.87	Exercise sport science
Jonathon Gardner	COKER	Sr.	Florence, S.C.	3.80	Physical education
Chandler Hash	ANDERSON (SC)	Sr.	Greer, S.C.	3.51	Nursing
Ben Jacobs	UNC PEMBROKE	Jr.	Four Oaks, N.C.	3.96	Exercise science
Jesse Seilern	SOUTH CAROLINA-AIKEN	Sr.	Innsbruck, Austria	3.57	Industrial mathematics

NCAA DIVISION III (NY)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Richie Bonney	HOBART	Sr.	Norwich, N.Y.	3.88	Public policy studies / philosophy
John Coleman	CLARKSON	Jr.	Potsdam, N.Y.	3.98	Mathematics
Brad Ford	NAZARETH	Sr.	Victor, N.Y.	3.83	Business administration
Gordon Lyons	SUNY GENESEO	Jr.	Amherst, N.Y.	3.76	Accounting
Benjamin Ritholtz	YESHIVA	Sr.	West Hempstead, N.Y.	3.98	History

COLLEGE DIVISION (IA, KS, MN, MO, MT, ND, NE, SD, WI)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Trae Bergh	DAKOTA WESLEYAN	So.	Crooks, S.D.	4.00	Athletic training
Trevor Johnson	NEBRASKA WESLEYAN	Sr.	Lincoln, Neb.	3.95	Biology
Brady Lollman	HASTINGS	Sr.	Norfolk, Neb.	3.59	Exercise science
Nick Reed	DOANE	Sr.	Syracuse, Neb.	3.71	Exercise science
Danny Rudeen	MORNINGSIDE	Sr.	Sioux City, Iowa	3.74	Computer science



2013-14 Academic All-District Men's Basketball Team District 4

NCAA DIVISION I (AL, FL, GA, PR, SC)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Michel Enanga	COASTAL CAROLINA	So.	Yaounde, Cameroon	3.57	Computer science
Jakob Gollon	MERCER	Sr.	Stevens Point, Wis.	3.47	Educational leadership (grad.)
Hunter Miller	STETSON	Sr.	Nashville, Tenn.	3.70	Business administration
Justin Raffington	FLORIDA ATLANTIC	Jr.	Freiburg, Germany	3.48	Communications
Levi Randolph	ALABAMA	Jr.	Madison, Ala.	3.45	Marketing
Patric Young	FLORIDA	Sr.	Jacksonville, Fla.	3.37	Telecommunications

NCAA DIVISION II (Great Lakes Intercollegiate, Great Lakes Valley, Great Midwest)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Austin Armga	MICHIGAN TECH	Sr.	Waupun, Wis.	3.78	Exercise science
Derek Billing	LAKE SUPERIOR STATE	Sr.	Anna, Ohio	3.59	Exercise science
Bryce Foster	MISSOURI SCIENCE & TECH	Sr.	Florissant, Mo.	3.89	Business & management systems
Keisten Jones	BELLARMINE	Sr.	Louisville, Ky.	3.57	Business administration
Ben Stelzer	MICHIGAN TECH	Jr.	Manitowoc, Wis.	3.74	Finance

NCAA DIVISION III (PA)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Nate Bellhy	WASHINGTON & JEFFERSON	Jr.	McDonald, Pa.	3.31	Computing & information studies
Brad Brolen	MESSIAH	Sr.	Ashton, Md.	3.62	Accounting
Ross Danzig	SCRANTON	Jr.	Clarks Green, Pa.	3.37	Management
Kyle Hammonds	KING'S (PA)	Sr.	Rosemont, Pa.	3.67	Finance
Brian Scholly	JUNIATA	Sr.	State College, Pa.	3.72	History

COLLEGE DIVISION (AK, AZ, CA, CO, HI, ID, NM, NV, OK, OR, TX, UT, WA, WY, Canada)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Derek Dickerson	SAN DIEGO CHRISTIAN	Sr.	Bellingham, Wash.	4.00	Communication
Michael Greene	NORTHWEST (WA)	Gr.	Bellingham, Wash.	3.90	Master in business administration
Andre Murillo	BIOLA	Sr.	Lake Forest, Calif.	3.92	Biblical studies
Tallon Robertson	WESTMINSTER (UT)	Sr.	Pleasant Grove, Utah	3.83	Public health
Eric Thompson	SOUTHERN OREGON	Jr.	Roseburg, Ore.	3.54	Psychology



2013-14 Academic All-District Men's Basketball Team District 5

NCAA DIVISION I (IL, IN, MI, OH)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Alex Barlow	BUTLER	Jr.	Springboro, Ohio	3.74	Finance
Aaron Craft	OHIO STATE	Sr.	Findlay, Ohio	3.93	Nutrition (pre-med)
Drew Crawford	NORTHWESTERN	Gr.	Naperville, Ill.	3.31	Sports administration
Kendrick Perry	YOUNGSTOWN STATE	Sr.	Ocoee, Fla.	3.46	Criminal justice
Dave Sobolewski	NORTHWESTERN	Jr.	Naperville, Ill.	3.63	Economics

NCAA DIVISION II (Gulf South, Southern Intercollegiate, Sunshine State)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Alex Bodney	ECKERD	Sr.	Jacksonville, Fla.	3.83	Business administration
Brian Cahill	NOVA SOUTHEASTERN	Jr.	Arlington, Va.	3.76	Business administration
Trey Casey	CHRISTIAN BROTHERS	Jr.	Cincinnati, Ohio	4.00	Business administration
Magne Fivelstad	BARRY	Sr.	Bergen, Norway	3.78	Finance
Dominic Lane	FLORIDA SOUTHERN	Sr.	St. Petersburg, Fla.	3.43	Business administration

NCAA DIVISION III (AL, AR, FL, GA, MO, MS, NC, PR, SC, TN, VA)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Nate Frierson	COVENANT	Jr.	Laurel, Md.	3.87	History
Jessie Jenkins	PIEDMONT	So.	McDonough, Ga.	3.83	Software engineering
Drew Kimberly	WASHINGTON & LEE	Sr.	Fairfield, Conn.	3.70	Computer science / mathematics
McPherson Moore	EMORY	Sr.	St. Louis, Mo.	3.53	Economics
Matt Palucki	WASHINGTON (MO)	Jr.	Park Ridge, Ill.	3.65	Systems engineering



2013-14 Academic All-District Men's Basketball Team District 6

NCAA DIVISION I (AR, IA, LA, MN, MO, MS, ND, SD, WI)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Jake Barnett	SAINT LOUIS	Gr.	Wauwatosa, Wis.	3.74	Business administration / MBA
Brayden Carlson	SOUTH DAKOTA STATE	Sr.	Brookings, S.D.	3.94	Economics
Jordan Dykstra	SOUTH DAKOTA STATE	Sr.	Rock Valley, Iowa	3.71	Biology / pre-dentistry
Melvin Ejim	IOWA STATE	Sr.	Toronto, Ontario	3.70	History
Chip Rank	NORTHERN IOWA	Sr.	Cedarburg, Wis.	3.79	Economics

NCAA DIVISION II (Heartland, Lone Star, Rocky Mountain)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Brett Green	COLORADO SCH. OF MINES	Gr.	Peyton, Colo.	3.33	Engineering technology management
Nicholas Kay	METROPOLITAN STATE	Jr.	Tamworth, Australia	3.91	Sport industry operations
Mitch McCarron	METROPOLITAN STATE	Jr.	Brisbane, Australia	3.87	Sport industry operations
Ryan McCarthy	NEWMAN	Jr.	Wichita, Kan.	3.82	Biology
Kyle Weaver	COLORADO CHRISTIAN	Sr.	Phoenix, Ariz.	3.45	Business

NCAA DIVISION III (MI, MN, WI)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Mark Ghafari	KALAMAZOO	Sr.	Grosse Pt. Shores, Mich.	3.78	Economics
Taylor Hanson	CARLETON	Sr.	St. Paul, Minn.	3.77	Economics
James Lazarcik	BELOIT	Sr.	LaCrescent, Minn.	3.78	Chemistry
Adam Peters	KALAMAZOO	Jr.	Hickory Corners, Mich.	3.84	Chemistry
Kyle Zimmermann	BETHEL (MN)	Sr.	Champlin, Minn.	3.86	Athletic training



2013-14 Academic All-District Men's Basketball Team District 7

NCAA DIVISION I (CO, ID, KS, MT, NE, NM, OK, TX, WY)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Phil Forte III	OKLAHOMA STATE	So.	Flower Mound, Texas	3.41	Marketing
Jordan Gregory	MONTANA	Jr.	Pueblo, Colo.	3.69	Psychology
Christien Sager	OKLAHOMA STATE	Jr.	Wichita Falls, Texas	4.00	Electrical engineering
Shavon Shields	NEBRASKA	So.	Olathe, Kan.	3.77	Microbiology
Parker Wentz	ABILENE CHRISTIAN	So.	Lubbock, Texas	3.90	Pre-dentistry / biology

NCAA DIVISION II (Great American, Mid-America, Northern Sun)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Mike Dentlinger	NEBRASKA-KEARNEY	Sr.	Omaha, Neb.	3.95	Business administration
Hayden Johnson	HARDING	Sr.	Phoenix, Ariz.	3.48	Accounting
Carson Konrade	FORT HAYS STATE	Sr.	Spearville, Kan.	3.96	Exercise science
Ryan Rolfzen	WAYNE STATE	Sr.	Papillion, Neb.	3.99	Exercise science
Nick Smith	SOUTHWEST MINNESOTA ST.	Sr.	Johnston, Iowa	3.78	Sports management / finance
Skye Warwick	NORTHERN STATE	So.	Rapid City, S.D.	4.00	Health & physical education

NCAA DIVISION III (IL, IN, OH)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Dave Brown	MUSKINGUM	Sr.	Coshocton, Ohio	3.76	Special education
Alex Longi	DENISON	Sr.	Cincinnati, Ohio	3.98	Economics / mathematics
Tyler Peters	WHEATON (IL)	Sr.	Medina, Ohio	3.51	Business / economics
David Thompson	CASE WESTERN RESERVE	Sr.	Plano, Texas	3.80	Accounting
Andrew Ziemnik	ILLINOIS WESLEYAN	Sr.	Oswego, Ill.	3.42	Business administration (finance)



2013-14 Academic All-District Men's Basketball Team District 8

NCAA DIVISION I (AK, AZ, CA, HI, NV, OR, UT, WA, Canada)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Johnny Dee	SAN DIEGO	Jr.	Vista, Calif.	3.41	Finance
Holton Hunsaker	UTAH VALLEY	Sr.	N. Salt Lake City, Utah	3.88	Accounting
Malte Kramer	PEPPERDINE	Sr.	Frieburg, Germany	4.00	Economics
Beau Levesque	SAINT MARY'S (CA)	Gr.	Lafayette, Calif.	3.80	Master of arts in leadership
Brandon Taylor	UTAH	So.	Los Angeles, Calif.	3.70	Psychology
Thomas van der mars	PORTLAND	Jr.	Gouda, Netherlands	3.95	Operations & technology mgmt.

NCAA DIVISION II (California Collegiate, Great Northwest, Pacific West)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
David Downs	SEATTLE PACIFIC	Sr.	Kirkland, Wash.	3.80	Accounting
Connor Haysbert	DOMINICAN (CA)	Sr.	Sacramento, Calif.	3.72	Biological sciences
Sean Park	CALIFORNIA STATE CHICO	Gr.	Goleta, Calif.	3.42	Kinesiology
Teancum Stafford	ALASKA ANCHORAGE	Jr.	Auburn, Wash.	4.00	Psychology
Riley Stockton	SEATTLE PACIFIC	Jr.	Spokane, Wash.	3.87	Business administration

NCAA DIVISION III (AK, AZ, CA, CO, HI, IA, ID, KS, LA, MT, ND, NE) (NM, NV, OK, OR, SD, TX, UT, WA, WY, Canada)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Brett DeMetrotion	CONCORDIA (TX)	Jr.	Allen, Texas	3.88	Computer science
Tyler Gaffaney	CLAREMONT-MUDD-SCRIPPS	Sr.	Mill Valley, Calif.	3.53	Psychology / economics
Matt Greenfield	CENTRAL	Sr.	Huxley, Iowa	3.45	Athletic training
Troy Griffith	TEXAS LUTHERAN	Sr.	San Antonio, Texas	4.00	Mathematics
Jake Klewer	POMONA-PITZER	Sr.	Tucson, Ariz.	3.73	Biology
Kyle McAndrews	POMONA-PITZER	Jr.	Seattle, Wash.	3.84	Economics / mathematics
Dustin McConnell	WHITWORTH	Sr.	Clarkston, Wash.	3.81	Kinesiology
Kyle Schleigh	TEXAS-DALLAS	Sr.	Houston, Texas	3.42	Accounting