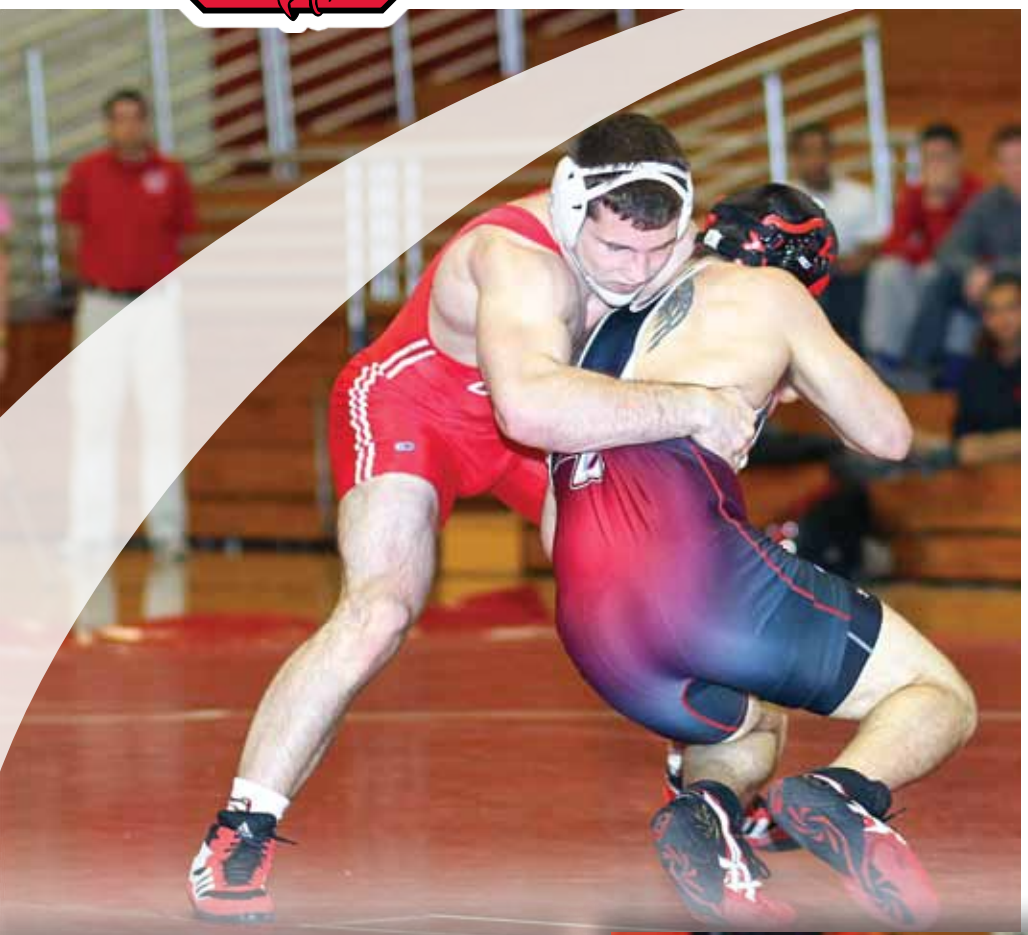
RED DRAGONS

WRESTLING





2012-13 TEAM GUIDE





SUNY Cortland

Head Coach Brad Bruhn's Season Preview

The Red Dragon wrestling team is coming off another fine season. We won our third conference title in the last five years and sent five wrestlers to the NCAA Div. III Championships. We came home with three All-Americans and three Scholar All-Americans. We placed 10th as a team, our fourth top-10 finish in the last eight years. We finished with a 17-3 record, tying the school record for dual-match wins in a season. Senior **Carl Korpi** and sophomore **Brian Bistis** each reached the state finals and finished second. Junior **Jared Myhrberg's** 33-1 record with a school-record 17 pins at 197 pounds was one of the most dominating seasons in Red Dragon history. At the NCAA Championships, he received the most falls in the least amount of time award, while finishing third. Bistis and freshman **Joe Giaramita** both placed eighth in bringing home All-America honors, as well. Korpi and junior **Troy Sterling** also qualified for the NCAA Div. III Championships. It was one of the top individual and team performances in my 10 years.

The coaching staff for the 2012-13 season remains the same with the addition of Korpi. We've been fortunate enough over the last 10 years to produce 20 All-Americans, 13 NWCA Scholar All-Americans, four top-10 national finishes and four Empire Conference titles. It has been a great first 10 seasons, and I hope we will have an even better next 10. Jason Reynolds is back for his 13th year with the Cortland staff. He plays a huge role with the upper weights and team spirit and is essential in our recruiting. Graduate assistant Jake Calhoun enters his second year and will be taking on more responsibilities. He worked very well with the lower weights and helps with many of the day-to-day duties of the program. Also with us for his second season is former two-time All-American Aljamain Sterling. He's finishing his degree as he continues to train for his very promising mixed martial arts career. Aljamain is a huge resource and his physical skills and mental insights are essential to the team's success. The upper weights will greatly benefit with Carl returning. The upper weights were the cornerstone of our program last year and could be even better this season.

With 11 seniors on this year's squad we have a ton of experience. The eight returning starters will have to work hard to keep their spots. The qualifying system for the NCAA Div. III Championships has been totally redone and will allow more opportunities for wrestlers to advance to the national meet.

125 – This looks to be a three-way battle. Freshman **Alec Dierna** brings the most credentials to the table and has wrestled well in big-time matches in the past. Look for him to be the frontrunner here. He might be up at 133 for a little bit before making the move down. Sophomore **Paul Fields** did a good job stepping up at the end of last season and is working hard to keep improving. He is a tremendous worker and a very smart kid. Don't overlook freshman **Tony Battista**. He is eager to learn and sees an opportunity to help the team and himself. If he picks up a few things he could be a contender here as well. Freshman **Tanavung Tim** will add some depth at this weight class.



Senior Sean Kempf.

133 – Senior **Sean Kempf** finished last season wrestling his best. On his way to the runner-up finish at the ECWC Championships, he defeated two wrestlers in a row who he had lost to during the year before falling to a two-time national champion in the finals. It was the big performance we needed to help win the team title. Kempf is coming off an injury and will see limited action early. Look for him to be at his best at the end of the year. Freshman **Max Miller** is fresh and hungry this season and looks great coming off a fantastic summer of training. He brings a tough physical style of wrestling that fans love. If Alec Dierna starts here, he has the skills to battle with anyone in the room at this weight. Freshman **Wes Blanding** is coming off a stellar high school career with two state medals. He is as talented as we have had and has a great style for college. He stays in great position and takes advantage of opponents' mistakes. Another two-time state qualifier, freshman **David Occhipinti**, will round out the weight class.

141 – Bistis got a taste of what he is capable of last year, and it has sparked a fire in him. He put in his best summer yet and is looking to make a big jump on his eighth-place finish. He has tremendous talent and amazing hips in an intense style of wrestling. Junior **Edwin Perry** is the next top returning member from last year's team. He's athletic and tough and can be dangerous. He placed in a few tournaments last year and might be ready to challenge. One of the team's top incoming wrestlers is freshman **Bobby Dierna**. He'll start the year at 149 and may make the drop for the second semester. He is explosive and skilled. As a five-time state placer, Bobby knows how to win at the end of the year.



Senior Troy Sterling.

149 – The big move here is that Sterling may move down to 149 to see if this is the right weight to make his run at the podium. He put in the time this summer and is a very gifted athlete. His determination is as high as I have as seen. He has the potential to be dominant at the weight but may start at 157 before moving down. Sophomore **Brian Vutianitis** had a solid year and is a very hard worker. He continues to mature and improve. Add Bobby Dierna at the weight to start the year and freshman **Mitchell Janes**, who finished third at last year's high school state championships, and they keep things interesting. I see Mitchell as one of the sleepers in this incoming class. He is raw and hungry.



Senior Jonathan Conroy.

157 – This weight class will possibly see two seniors who are new to the weight as the frontrunners. Senior **Jonathan Conroy** has 81 career wins and is poised to make a run at the century club as well as earn his first trip to Nationals. He may be moving down from 165 where he has had a lot of success. His attacking style wears on opponents, and if he stays focused, he is capable of winning almost every time he steps on the mat. His biggest competition looks to be from fellow senior **Andre Berry**, who has been the starting 149-pounder the last two years. Andre is a dangerous wrestler who can put points on the board in bunches. Junior **James Ondris** has shown that he has the potential to be a factor. He can be an explosive wrestler who can really grind you on his feet. He will be in the mix here and at 165 as well. Freshman **Chris Sarro** will try to get his college career off to a good start after taking a year off due to injury. He is a strong wrestler with a lot of potential.

165 – With Conroy possibly moving down, this weight class looks to be fairly balanced. Seniors **Justin Signorelli** and **Eric Kaufman** are the frontrunners. Justin is a tremendous athlete and a quality leader. He has steadily improved his skills throughout his career and is looking to break the starting lineup. Kaufman, who missed his first two years due to injury and illness, is ready to make a name for himself. He had a real solid year last season and looks extremely tough. He possesses incredible strength and is starting to get his skills back on track. Ondris will be in the mix here as well. It looks like he is ready to take his aggressive style of wrestling to the mat and duke it out for one of these weights this season. Freshman **Joe Cataldo** will add depth here and possibly at 174. He is a talented and intelligent young wrestler.

174 – Last year's starter, sophomore **Lou Puca**, came up just short of a trip to Nationals at the conference tournament. He posted 21 wins with 10 by fall as a freshman and was quite impressive. He possesses incredible strength and strong hips that allow him to power through opponents. We are working hard to fine tune a few technical things that will help take him over the top. He should see some competition from sophomore **William Maldonado**. He was having a nice season that ended in December with an injury. He put in some quality time this summer and is looking to fight for a starting spot. Freshman **Josh Reed** was a state qualifier in high school. Josh is looking to learn from the wealth of talent around him and improve his skills.

184 – Will this be the year for senior **Will Parks**? The captain, who was the starter in 2011, is one of the pillars of the team. He had a 17-2 record with two tournament titles and earned his second NWCA Scholar All-America honor last season. He trained hard the whole summer, and, if we can keep him healthy, he should be ready to shine. Will is going to see some serious competition from sophomore **Tyler Beckwith**. Tyler had one of the best high school careers of anyone in New York in some time. He was a two-time state champ and a four-time placer. He is looking for a fresh start to his collegiate wrestling career. He could make a huge impact right away. The sky is the limit. Senior **Alex Meyers** might be the busiest wrestler I've ever coached. He balances a super-tough academic schedule with a part-time music career and several other commitments. He's quick on his feet and is always in matches.

197 – Myhrberg dominated the competition last season. Only an overtime loss in the national semifinals derailed his dream of wrestling on the raised platform for a national championship. He is only one of two returning All-Americans at this weight and should be the preseason favorite. He is a rare combination of power, strength, flexibility and balance. Sophomore **Francisco DeCristo** looks to help push Jared to the top. A former state placer, he is one of the top athletes on the team. We need to keep him injury free and get him up to speed technically after almost two years of limited mat time. Senior **Chris Brown** has been battling with many of our top upper weights for the last two seasons and continues to improve. He is a lanky wrestler who tries to force guys to wrestle his match.



Senior Corey James.

285 – Senior **Corey James** and Giaramita went back and forth all season last year with Joe coming out on top. He parlayed that into a trip to Nationals and a place on the podium. Joe was named the ECWC Rookie of the Year in 2012. Corey was the ECWC champ in 2011, which earned him a trip to Nationals where an early injury ended his season prematurely. He is explosive and has a dominating style of wrestling. Joe came from a first-round loss at the ECWC Championships to earn an at-large bid. He showed tremendous poise for a freshman in his march back at the conference tournament and at Nationals. He has increased his strength over the summer and is ready to become more dominant. He also is playing football this fall, pulling double duty. Finally, freshman **Andrew Scopino** missed last season due to injury and has worked hard to be ready for this year. A two-time state qualifier, Andrew is a very determined individual. He is a workhorse who will be a factor this season.

Coaching Staff



Brad Bruhn
Head Coach

Brad Bruhn enters his 11th season as Cortland's wrestling coach in 2012-13. He has led the Red Dragons to top-30 NCAA Division III finishes in each of his first 10 seasons, including four top-10 and six top-20 showings.

Last season, Bruhn led Cortland to a 10th-place national finish, an Empire Collegiate Wrestling Conference (ECWC) team title and a 17-3 dual-match record that tied the school single-season victory mark. Three of his wrestlers earned All-America honors. Bruhn has guided the Red Dragons to four ECWC crowns since 2007.

In 2010-11, Cortland posted a 14-5-1 dual-match record, placed second as a team at the ECWC qualifiers and finished 14th at the NCAA Division III Championships as two wrestlers earned All-America accolades.

In 2009-10, Bruhn's Red Dragon squad won the ECWC crown and finished 22nd at the NCAA Division III Championships as two wrestlers earned All-America honors. The team compiled a 16-4 dual-match record.

In 2008-09, Cortland placed second in the ECWC and finished 19th nationally. Among his wrestlers was the national runner-up at 149 pounds. In 2007-08, Bruhn led Cortland to an 11-0 dual-match record, which was the first undefeated mark in school history. The Red Dragons earned a share of the ECWC title, sent four competitors to the NCAA Championships and tied for 28th nationally.

In 2006-07, the Red Dragons tied for eighth nationally, won the conference crown and had three wrestlers earn All-America honors. In 2005-06, the Red Dragons placed sixth nationally, their highest finish since the 1995-96 season. The Red Dragons also featured two All-Americans, including Cortland's first individual national champion since 1990. In 2004-05, the Red Dragons placed 16th nationally with two All-Americans. In 2003-04, Cortland finished 10th in the nation with three All-Americans. Bruhn's 2002-03 squad had one All-American and tied for 25th nationally.

The ECWC Coach of the Year in 2005-06, 2007-08 and 2009-10, Bruhn's teams have a combined 138-56-1 dual-match record, including a 16-9 mark in 2003-04, a 13-3 record in 2005-06 and a 16-3 record in 2006-07. The Red Dragons finished second at the conference championships in 2005-06 and in 2003-04.

Prior to his arrival at Cortland, Bruhn was the assistant wrestling coach at the University of Wisconsin-La Crosse during the 1997-98, 2000-01 and 2001-02 seasons. In that time, the wrestling teams placed third, second and fourth, respectively, at the Division III Championships. Bruhn also ha served as the head wrestling coach at Centaurus High School (Colo.), leading the squad to a second-place finish at the state championships. He had five wrestlers earn all-state honors and one claim a state title.

Bruhn is a 1997 graduate of the University of Wisconsin-La Crosse, where he earned a Bachelor of Science in Physical Education Teaching with an emphasis in Coaching Competitive Athletics. In 2002, he earned his Masters of Science in Exercise and Sports - Physical Education Teaching from Wisconsin-La Crosse.

He was a three-time National Wrestling Coaches Association (NWCA) Scholar All-American and earned All-America honors at 126 pounds in 1995. During his career at Wisconsin-La Crosse, Bruhn was named Most Valuable Freshman, Most Improved Wrestler, team captain and was crowned a Wisconsin Intercollegiate Athletic Conference (WIAC) champion. He was also named to the Dean's List five times.

Born in Cadott, Wis., Bruhn attended Cadott High School, graduating in 1992. He competed in wrestling and track and field for four years.



Jason Reynolds
Assistant Coach

Jason Reynolds begins his 13th year as a member of the Cortland wrestling coaching staff after having wrestled for the Red Dragons in the heavyweight division from 1994-99. A 1999 graduate of Cortland with a bachelor's degree in elementary education, Reynolds registered a 28-9 career record with seven pins, including a 9-2 record as a freshman and a 15-5 mark in his second season.

A 1994 graduate of Walton Central, Reynolds lettered in wrestling, football and baseball. He finished second in the state at 215 pounds his senior year and won two gold medals at the 1993 Empire State Games.



Aljamain Sterling
Assistant Coach

The 2012-13 season is Aljamain Sterling's second as an assistant coach on the Cortland wrestling staff after a stellar three-year career for the Red Dragons in which he earned All-America honors as a junior and a senior.

Sterling, who earned a bachelor's degree in physical education from Cortland, posted an 87-27 record with 26 falls during his three seasons. He's currently ranked 11th in career wins and career falls. Sterling went 32-11 as a sophomore with a school-record 17 falls. As a junior, he finished fourth at the NCAA Div. III Championships and posted a 27-8 record. Sterling concluded his career with a sixth-place national finish and a 28-8 record as a senior.

Sterling currently competes in mixed martial arts and is the Cage Fury Fighting Championships bantamweight title holder. He holds a 7-0 professional record.



Jake Calhoun
Graduate Assistant Coach

Jake Calhoun enters his second season on the Cortland wrestling staff in 2012-13. Prior to Cortland, Calhoun served as an assistant coach at Gettyburg College during the 2010-11 season, as well as a volunteer assistant at Wisconsin-Stevens Point the previous year. He also is currently Greco-Roman and freestyle coach and a member of the Board of Directors of the Modern Day Gladiators.

Calhoun, who earned a bachelor's degree at Wisconsin-Stevens Point in 2009, was a four-year member of the wrestling team, where he was a two-time national qualifier, a team captain and received the Coaches Award twice. Calhoun also placed third nationally in Collegiate Adventure Racing while at Stevens Point.

A native of Stevens Point, Wis., Calhoun was a three-time state qualifier and a state placewinner at Stevens Point Area Senior High. A team captain, Calhoun was selected as the team MVP and graduated as the school's career leader in wins and pins.

For more information on the SUNY Cortland wrestling program, please contact:

Brad Bruhn, Wrestling Head Coach
SUNY Cortland, Park Center, P.O. Box 2000
Cortland, NY 13045
607-753-5718

Brad.Bruhn@cortland.edu
Web Site: http://www.cortlandreddragons.com

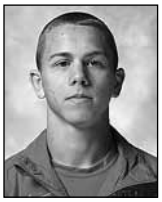
Team Roster

Name	Wt.	Yr.	Hometown/High School
Tony Battista	125	Fr.	Liverpool/Cicero-North Syracuse
Tyler Beckwith	184	So.	Greene/Greene
Andre Berry	157	Sr.	Uniondale/Uniondale
Brian Bistis	141	Jr.	Whitehouse Stn., NJ/Hunterdon
Wes Blanding	133	Fr.	Chittenango/Chittenango
Chris Brown	197	Sr.	Stony Brook/Ward Melville
Joe Cataldo	174	Fr.	Wantagh/MacArthur
Jonathan Conroy	165	Sr.	S. Plainfield, NJ/S. Plainfield
Francisco DeCristo	197	So.	Queens/Springfield Gardens
Alec Dierna	133	Fr.	Webster/Webster Schroeder
Bobby Dierna	149	Fr.	Webster/Wayne Central
Paul Fields	125	So.	Clarkstown/Clarkstown North
Joe Giaramita	285	So.	Elwood/John H. Glenn
Corey James	285	Sr.	Kingston/Kingston
Mitchell Janes	149	Fr.	Port Byron/Port Byron
Eric Kaufman	165	Sr.	Massapequa/Massapequa
Sean Kempf	133	Sr.	Wantagh/MacArthur
William Maldonado	174	So.	Mastic Beach/William Floyd
Alex Meyers	184	Sr.	Morrisville/Morrisville-Eaton
Max Miller	133	Fr.	Charlton/Shenendehowa
Jared Myhrberg	197	Sr.	Queensbury/Queensbury

Name	Wt.	Yr.	Hometown/High School
David Occhipinti	133	Fr.	Croton/Croton-Harmon
James Ondris	157	Jr.	Massapequa Park/Massapequa
Will Parks	184	Sr.	Shoreham/Longwood
Edwin Perry	141	So.	Riverhead/Riverhead
Lou Puca	174	So.	Huntington/Huntington
Josh Reed	174	Fr.	Webster/Webster Schroeder
Chris Sarro	157	Fr.	Massapequa/Massapequa
Andy Scopino	285	Fr.	Mahopac/Mahopac
Justin Signorelli	165	Sr.	Clintondale/Highland
Troy Sterling	157	Sr.	Uniondale/Uniondale
Tanavung Tim	125	Fr.	Rochester/Brighton
Brian Vutianitis	149	So.	Warwick/Warwick Valley

Head Coach: Brad Bruhn *(Wisconsin-La Crosse '97)*, 11th Year (138-56-1)
Assistant Coaches: Jason Reynolds, Aljamain Sterling
Graduate Assistant Coach: Jake Calhoun
Volunteer Assistant Coach: Carl Korpi
Certified Athletic Trainer: Lacy Gunn
Athletic Training Students: Tanner Parrish, Rachel Simkins
2011-12 Record: 17-3 (10th, NCAA Division III Championships; ECWC Champions)

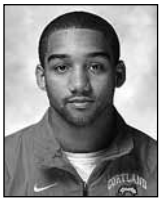
Wrestler Profiles



Tony Battista
Freshman -- 125 lbs.
Major: Physical Education
Liverpool, New York
High School: Tony graduated from Cicero-North Syracuse in 2012, where he was a Scholar Athlete and a Dollars for Scholars recipient...Four-year member of the wrestling team... Reached sectional final as a junior and a senior...**Parents:** Margaret and Peter Battista **Brothers/Sisters:** Peter.



Tyler Beckwith
Sophomore -- 184 lbs.
Major: Criminology
Greene, New York
Prior to Cortland: Tyler attended Binghamton University... Member of the wrestling team...Placed second in the "B" bracket of the NYS Championships...Finished fifth at NWCA Open Nationals...**High School:** A 2010 graduate of Greene Central, where he was a member of the National Honor Society...Six-year member of the wrestling team...Two-time state and four-time section champion...Ten-time All-American...First four-time NHSCA national champion...**Parents:** Sherrie and Gerry Beckwith **Brothers/Sisters:** Mike.



Andre Berry
Senior -- 157 lbs.
Major: Kinesiology/Physical Education
Uniondale, New York
2011-12: Andre posted a 17-10 record with five pins, two technical falls and four majors...Earned all-state honors at the NYS Championships with a 2-1 record and an eighth-place finish...Placed second at the Messiah Petrofes Invitational with a 4-1 record...Went 2-2 at the Empire Conference Qualifiers...**2010-11:** Compiled a 25-13 record with six pins, two technical falls and six majors...Placed third at the Empire Conference Qualifiers with a 3-2 record...Placed third at the Jamestown Open with a 4-1 record...Finished fifth at the Ithaca Invitational with a 6-2 record...Posted a 3-2 record at the RIT Invitational to place fifth...Recorded a 2-2 record at the NYS Championships and the East Stroudsburg Open...**Prior to Cortland:** Attended the University of the Cumberlands...**High School:** A 2009 graduate of Uniondale...Four-year member of the wrestling team...**Parents:** Daphney and Andre Berry **Brothers/Sisters:** Alijah, Alexandra, Adrian.



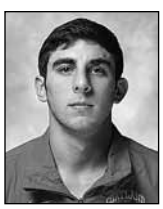
Brian Bistis
Junior -- 141 lbs.
Major: Physical Education
Whitehouse Station, New Jersey
2011-12: Brian earned All-America honors with an eighth-place finish at the NCAA Div. III Championships...Named the ECWC Wrestler of the Week once...Compiled a 26-9 record with three pins and a team-high nine majors...Went 12-2 in dual matches...Won the Empire Conference Qualifiers with a 3-0 record...Earned all-state honors at the NYS Championships with a 3-1 record and a second-place finish...Placed third at the Messiah Petrofes Invitational with a 5-1 record...Went 1-2 at the Buffalo Open...**2010-11:** Named the New York State College Wrestling Coaches Association Freshman of the Year... Selected to the Division III All-Freshman Team...Two-time ECWC Rookie of the Week...Posted a 23-7 record with 11 pins, two technical falls and three majors... Recorded a 9-2 record in dual matches...Placed third at the Empire Conference Qualifiers with a 3-2 record...Finished first with a 4-0 record at the RIT Invitational... Placed third at the Oneonta Invitational with a 4-1 record...Posted a 3-2 record at the Ithaca Invitational...**High School:** Graduated from Hunterdon Central in 2010... Four-year member of the wrestling team...Placed sixth and eighth as an individual at state tournament...Team won section title and placed fifth in state...**Parents:** Janice and Mark Bistis **Brothers/Sisters:** Mark, Jill, Allie.



Wes Blanding
Freshman -- 133 lbs.
Major: Exercise Science
Chittenango, New York
High School: Wes graduated from Chittenango in 2012...Five-year member of the wrestling team...Section Three champion and placed at state tournament as a junior and senior... Graduated as Chittenango's all-time leader in wins...**Other:** Won a silver medal in wrestling at the Empire State Games... **Parents:** Tanya and William Blanding **Brothers/Sisters:** Wyatt, Willy, Gretchen.



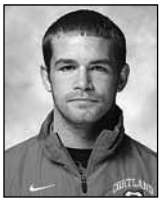
Chris Brown
Senior -- 197 lbs.
Major: Physics/Engineering
Stony Brook, New York
2011-12: Chris went 9-9 with four pins, one technical fall and one major...Placed fourth in the "B" bracket at the NYS Championships with a 2-2 record...Posted a 1-2 record at the Oneonta Invitational and the Messiah Petrofes Invitational...**2010-11:** Posted an 8-13 record with three pins... Placed second at the Oneonta Invitational with a 4-1 record... Finished fourth at the RIT Invitational with a 2-2 mark...Went 1-1 at the Jamestown Open at 197 pounds...Competed in the "B" bracket at the NYS Championships... Went 1-2 at the Ithaca Invitational...**2009-10:** Did not compete...**High School:** A 2009 graduate of Ward Melville...Three-year member of the wrestling team...Placed second in league...Two-year member of the football team...Earned second team all-division honors...**Parents:** Rosemary and Clinton Brown **Brothers/Sisters:** Gabe, Caila.



Joe Cataldo
Freshman -- 174 lbs.
Major: Geology
Wantagh, New York
High School: Joe graduated from MacArthur in 2012...Three-year class president...AP Scholar...Member of the National Honor Society...Received the Nassau County Wrestling Coaches Association Scholarship and the Red Cross Blood Drive Scholarship...Four-year member of the wrestling team... Team captain and state qualifier as a senior...**Parents:** Theresa

Wrestler Profiles

and Joe Cataldo **Brothers/Sisters:** Vito, John, Christopher...Vito is a Cortland graduate...John wrestled at Cortland.



Jonathan Conroy
Senior -- 165 lbs.
Major: Athletic Training
South Plainfield, New Jersey
2011-12: Jonathan compiled a 32-11 record with five pins, one technical fall and one major...Went 12-4 in dual matches... Earned all-state honors at the NYS Championships with a 5-1 record and a third-place finish...Placed third at the Oneonta Invitational and the Messiah Petrofes Invitational with 5-1 records...Finished fifth at the Buffalo Open with a 3-2 record...Went 2-2 at the Empire Conference Qualifiers...**2010-11:** Posted a 26-8 record with seven pins and two majors...Placed first at the Ithaca Invitational (5-0), the RIT Invitational (3-0) and the Jamestown Open (4-0)...Finished fifth at the East Stroudsburg Open with a 5-2 record...Placed fourth at the Empire Conference Qualifiers with a 2-2 mark...**2009-10:** Compiled a 23-10 record with 11 pins and three majors...Second on the team in falls...Placed first at the Jamestown Open with a 4-0 record...Went 5-2 to place fifth at the Oneonta Invitational...Had a 2-2 record at the Ithaca Invitational and in the "B" bracket at the NYS Championships...**High School:** Graduated from South Plainfield in 2009...Four-year member of the wrestling team... Two-time district champion...Region and county champion as a senior...Team won two state titles...Three-year member of the football team...Team reached state finals his senior year...**Parents:** Karen and Jim Conroy **Brothers/Sisters:** Jimmy, Jeffrey... Jimmy was a member of the University of Pittsburgh wrestling team.



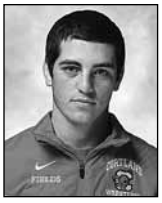
Francisco DeCristo
Sophomore -- 197 lbs.
Major: Physical Education
Queens, New York
2011-12: Francisco joined the team in the second semester... Missed most of the season due to injury...Competed in one bout...**Prior to Cortland:** Attended Nassau Community College...**High School:** A 2010 graduate of Springfield Gardens...Four-year member of the wrestling team...Two-time PSAL city champion...Placed fifth at state tournament... Three-year member of the football team...**Parents:** Blanca and Geraldo DeCristo **Brothers/Sisters:** Andre.



Alec Dierna
Freshman -- 133 lbs.
Major: Pre-major
Webster, New York
High School: Alec graduated from Webster Schroeder in 2012...Wrestled for one season at Webster Schroeder as a senior...Placed third in state tournament...Four-year member of the wrestling team at Wayne Central...State qualifier as a freshman...State champion as a sophomore...Finished third in state as a junior...Named Section Five Wrestler of the Year and All-Greater Rochester...**Parents:** Lori and Bob Dierna **Brothers/Sisters:** Bobby, Heather...Bobby attends Cortland and is a member of the wrestling team.



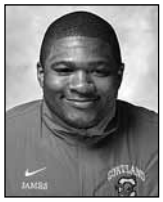
Bobby Dierna
Freshman -- 149 lbs.
Major: Business
Webster, New York
Prior to Cortland: Bobby attended Mercyhurst and Monroe Community College...**High School:** A 2011 graduate of Wayne Central...Five-year member of the wrestling team...Five-time sectional champion and state placewinner...Won a state title as a freshman...Finished as state runner-up as a senior...Won an NHSCA title as a junior...**Parents:** Lori and Bob Dierna **Brothers/Sisters:** Alec, Heather...Alec attends Cortland and is a member of the wrestling team.



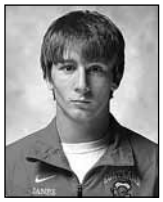
Paul Fields
Sophomore -- 125 lbs.
Major: Physical Education
Clarkstown, New York
2011-12: Paul posted a 10-16 record with two pins...Placed second in the "B" bracket at the NYS Championships with a 2-1 record...Recorded a 3-2 record to finish fifth at the Jamestown Open...Went 1-2 at the Messiah Petrofes Invitational...Competed at the King's and Oneonta Invitationals...**High School:** A 2011 graduate of Clarkstown North...Four-year member of the wrestling team...Two-time team captain...Earned all-league honors and finished fifth in section as a junior...Earned all-league honors, division champion and placed third in the section as a senior...Played one season of golf...**Parents:** Julie and Regis Fields **Brothers/Sisters:** Joseph.



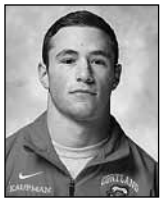
Joe Giaramita
Sophomore -- 285 lbs.
Major: Criminology
Elwood, New York
2011-12: Joe earned All-America honors with an eighth-place finish at the NCAA Div. III Championships...Named the ECWC Rookie of the Year...Compiled a 24-11 record with four pins and two majors...Placed second at the Empire Conference Qualifiers with a 4-1 record...Finished first at the King's Invitational with a 5-0 record...Posted a 4-2 record to place fourth at the Messiah Petrofes Invitational...Finished fifth at the Oneonta Invitational with a 3-2 record...**High School:** A 2011 graduate of John H. Glenn... Four-year member of the wrestling team...Earned all-league honors every season... Three-time all-county selection...Two-time state qualifier...Placed third in the state as a senior...Two-year starter in football...Named all-county as a senior...Team was two-time county finalist and won Long Island and Rutgers Cup titles his senior season...**Other:** Member of Cortland's football team...**Parents:** Caterina and Thomas Giaramita **Brothers/Sisters:** Thomas, Geena, Angela.



Corey James
Senior -- 285 lbs.
Major: Communications
Kingston, New York
2011-12: Corey registered a 15-11 record with one pin... Finished sixth at the Messiah Petrofes Invitational with a 3-2 record...Went 1-2 at the Buffalo Open and the NYS Championships...**2010-11:** Qualified for the NCAA Div. III Championships...Compiled a 28-3 record with two pins... Posted a 9-0 record in dual matches...Won the Empire Conference Qualifiers title with a 4-0 record...Went 5-0 to capture first place at the RIT Invitational...Placed first at the Oneonta Invitational with a 4-0 record... Placed third at the Ithaca Invitational with a 4-1 mark...Went 2-0 at the Jamestown Open...**Prior to Cortland:** Attended Nassau Community College...President of the Entrepreneurs Club...Member of the wrestling team for one season...Placed seventh at junior college championships...**High School:** A 2008 graduate of Kingston... Four-year member of the wrestling team...Placed second in state as a senior and fourth as a junior...Two-time section champion...Eastern States Classic champion as a senior...Posted a 107-26 career record...Two-year starter in football...Two-time second team all-star...**Other:** Member of the Dean's List at Cortland...**Parents:** Hazel and Clement James **Brothers/Sisters:** Cedric, Austin, Clement, Jr., Deidra, Vallerie, Pearl.



Mitchell Janes
Freshman -- 149 lbs.
Major: Biochemistry
Port Byron, New York
High School: Mitchell is a 2012 graduate of Port Byron, where he graduated fifth in his class and was a member of the high honor roll...Five-year member of the wrestling team...First wrestler from Port Byron to compete at state tournament... Placed third...Named Most Outstanding Wrestler...Received Coaches Award and Sportsmanship Award...Three-year member of the football team...Four-year member of the track team...**Parents:** Michele Morgan and Paul Janes **Brothers/Sisters:** Maverick, Marcus.



Eric Kaufman
Senior -- 165 lbs.
Major: Community Health
Massapequa, New York
2011-12: Eric compiled a 16-8 record with one pin, one technical fall and three majors...Placed fifth at the Jamestown Open with a 4-2 record...Finished fourth in the "B" bracket at the NYS Championships with a 3-2 record...Went 3-1 to place sixth at the Oneonta Invitational...Went 1-2 at the King's Invitational...**2010-11:** Missed the season due to injury...**2009-10:** Member of the program but did not compete...**High School:** Graduated from Massapequa in 2009...Four-year member of the wrestling team... Earned all-county honors as a junior and senior...**Parents:** Donna and Roger Kaufman **Brothers/Sisters:** Warren, Bradley, Tyler.



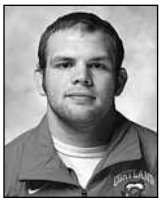
Sean Kempf
Senior -- 133 lbs.
Major: Physical Education
Wantagh, New York
2011-12: Sean posted a 20-10 record with four pins, one technical fall and two majors...Placed second at the Empire Conference Qualifiers with a 2-1 record...Finished fifth at the Messiah Petrofes Invitational with a 5-2 record...Went 1-1 at the NYS Championships...**2010-11:** Compiled a 23-12 record with nine pins, two technical falls and one major...Recorded 10 dual-match wins...Posted a 6-1 record at the Ithaca Invitational to place third... Finished fourth at the East Stroudsburg Open (4-2) and the RIT Invitational (2-2)...

Wrestler Profiles

Went 1-2 at the NYS Championships...**2009-10:** Posted a 22-9 record with eight pins, one technical fall and four majors...Finished third at the Empire Conference Qualifiers with a 3-2 record...Placed second at the RIT Invitational with a 2-1 record... Went 5-1 to finish third at the Oneonta Invitational...Placed third in the "B" bracket at the NYS Championships with a 3-1 mark...Went 2-2 at the Ithaca Invitational... **High School:** A 2009 graduate of MacArthur...Four-year member of the wrestling team...Eastern State and county champion...Earned all-county honors...Named Most Outstanding Wrestler...Four-year member of the soccer team...**Other:** Competed in freestyle wrestling at the Empire State Games...**Parents:** Christine and John Kempf **Brothers/Sisters:** Andy, Stephanie, Kelly...Andy plays football at Albany...Stephanie plays lacrosse at Albany...Kelly plays soccer at Albany.



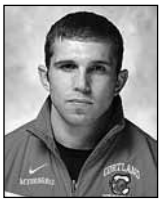
William Maldonado
Sophomore -- 174 lbs.
Major: Physical Education
Mastic Beach, New York
2011-12: William had his season cut short due to injury... Posted a 5-3 record with three pins...Placed fourth at the Oneonta Invitational with a 4-1 record...**2010-11:** Named the ECWC Rookie of the Week once...Recorded a 14-7 record with six pins and two majors...Placed fourth at the RIT Invitational with a 3-2 record...Finished sixth at the Oneonta Invitational with a 2-1 mark...Went 3-2 at the Ithaca Invitational...**High School:** Graduated from William Floyd in 2010...Three-year member of the wrestling team... Team captain and earned all-county honors as a senior...Team won league title his senior season...**Parents:** Melinda and William Maldonado **Brothers/Sisters:** Evelyn.



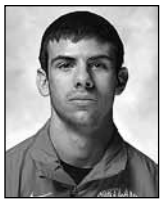
Alex Meyers
Senior -- 184 lbs.
Major: Biochemistry
Morrisville, New York
2011-12: Alex posted a 12-8 record with one pin and one major...Placed second at the Jamestown Open with a 3-0 record...Finished fourth in the "B" bracket at the NYS Championships with a 2-2 record...Went 3-2 at the King's Invitational and 1-2 at the Oneonta Invitational...**2010-11:** Recorded a 5-10 record...Went 1-0 at the Ithaca Invitational... Posted a 2-2 record at the NYS Championships...Went 1-2 at the Jamestown Open...**2009-10:** Went 11-10 on the season with one pin, one technical fall and one major...Had a 4-1 record in dual matches...Recorded a 1-2 record at the Ithaca Invitational, the Oneonta Invitational, the Niagara Community College Open and the Jamestown Open...**High School:** Graduated from Morrisville-Eaton in 2009, where he was class president, National Honor Society vice president, Tri-M Honor Society president and Student Leadership Council treasurer...Four-year member of the wrestling team...Section Three champion and placed fifth at the state meet... Four-year starter in football...Three-time team captain...Four-year member of the tennis team...**Other:** Greco-Roman champion at the Empire State Games...**Parents:** Sue Nichols and Robert Meyers **Brothers/Sisters:** Todd, Andy.



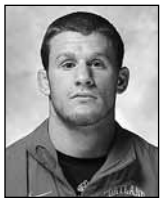
Max Miller
Freshman -- 133 lbs.
Major: Physical Education
Charlton, New York
2011-12: Max missed the season due to injury...**High School:** A 2011 graduate of Shenendehowa...Five-year member of the wrestling team...Two-time sectional champion and state qualifier...Won Eastern States Classic and placed third at the state championship meet as a senior...Team won state title... **Parents:** Catherine Hotaling and Thomas Miller.



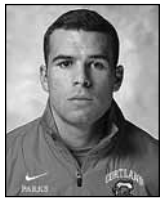
Jared Myhrberg
Senior -- 197 lbs.
Major: Physical Education
Queensbury, New York
2011-12: Jared earned All-America honors with a third-place finish at the NCAA Div. III Championships...Earned the Most Falls Award at the national tournament...Scholar All-American...Compiled a 33-1 record with a school-record 17 pins and five majors...Went 13-0 with six pins in dual matches... Won the title at the Empire Conference Qualifiers with three straight pins...Won the titles at the King's Invitational (4-0), the Oneonta Invitational (4-0) and the Messiah Petrofes Invitational (5-0)...**2010-11:** Qualified for the NCAA Div. III Championships, where he posted a 1-2 record...Named the d3wrestle.com/ WWSport.com Div. III National Wrestler of the Week and the ECWC Wrestler of the Week once...Compiled a 28-4 record with a team-high 12 pins, one technical fall and one major...Went 13-0 with seven pins in dual matches...Earned all-state honors with a second-place finish (3-1) at the NYS Championships...Won the title at the Empire Conference Qualifiers with a 3-0 record...Placed first at the Ithaca Invitational with a 4-0 record...Went 4-1 at the East Stroudsburg Open to place third...**2009-10:** Posted a 17-13 record with six pins and two majors...Earned all-state honors with a sixth-place finish at the NYS Championships...Finished fourth at the Empire Conference Qualifiers with a 3-2 mark...Placed second at the Ithaca Invitational with a 4-1 record...Went 3-2 at the RIT Invitational to finish fourth... **High School:** A 2008 graduate of Queensbury...Three-year member of the wrestling team...Two-time class B champion...Placed sixth in state as a senior...Two-year starter in football...Earned Black Lion Award as a senior...**Other:** Member of the Dean's List at Cortland...Greco-Roman champion at the Empire State Games...Northeast Region Greco-Roman champion...**Parents:** Patty and Steve Myhrberg **Brothers/Sisters:** Katelyn.



David Occhipinti
Freshman -- 133 lbs.
Major: Physical Education
Croton, New York
High School: David graduated from Croton-Harmon in 2012... Five-year member of the wrestling team...Earned all-league honors each season...Four-time all-section selection...Three-time section champion...Four-time team captain...Four-year member of the track team...Earned all-league honors twice... Team captain...**Parents:** Barbara and Sam Occhipinti...Father wrestled at Oneonta...**Brothers/Sisters:** Jessica...Attends Cortland.



James Ondris
Junior -- 157 lbs.
Major: Physical Education
Massapequa Park, New York
2011-12: James posted a 14-11 record with two pins, one technical fall and four majors...Placed fourth at the Jamestown Open with a 4-2 record...Registered a 3-2 record at the Oneonta Invitational...Went 1-2 at the Messiah Petrofes Invitational...**2010-11:** Registered a 20-16 record with one pin and three majors...Placed third at the Empire Conference Qualifiers with a 3-1 record...Posted a 5-2 record at the Oneonta Invitational to finish fifth...Placed second at the Jamestown Open with a 3-1 record...Went 1-2 at the NYS Championships...Went 1-2 at the Ithaca Invitational and the RIT Invitational...**High School:** A 2010 graduate of Massapequa...Four-year member of the wrestling team... Section Eight champion and placed fourth in state as a senior...Two-time team captain and conference champion...Recorded 107 career wins...**Other:** NYS Freestyle finalist...Placed third in NYS Greco-Roman Championships twice...Great uncle is Joe Butler of the band The Lovin' Spoonful...Mother's cousin is actress Yancey Butler... **Parents:** Ann and James Ondris **Brothers/Sisters:** Alyssa, Kelly.



Will Parks
Senior -- 184 lbs.
Major: Physical Education
Shoreham, New York
2011-12: Will was a Scholar All-American and was named to the ECWC All-Academic Team...Named the ECWC Wrestler of the Week once...Registered a 17-2 record with one pin and one major...Won the Oneonta Invitational and the Jamestown Open with 4-0 records...Placed third at the Messiah Petrofes Invitational with a 5-1 record...**2010-11:** A Scholar All-American...Posted an 18-7 record with one pin and two majors...Placed third at the Ithaca Invitational with a 5-1 record...Posted a 3-1 record to finish third at the Jamestown Open...Went 2-2 at the NYS Championships...Finished fourth at the Empire Conference Qualifiers with a 2-2 record...**2009-10:** Compiled a 19-9 record with five pins and one major...Posted a 3-1 record to place third at the Jamestown Open...Finished third in the "B" bracket at the NYS Championships with a 3-1 mark...Placed fifth at the Ithaca Invitational with a 4-2 record...Went 2-1 at the Oneonta Invitational and 1-1 at the Niagara Community College Open...**High School:** Graduated from Longwood in 2009, where he was senior class president...Four-year member of the wrestling team...Earned all-county honors twice...Recorded 104 career wins...**Other:** Member of the Dean's List and President's List at Cortland... Greco-Roman champion at the 2008 Empire State Games...Cadet freestyle and Greco-Roman state champion...**Parents:** Donna and James Parks **Brothers/Sisters:** Dan, Sean.

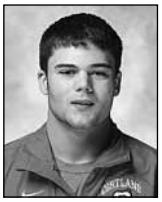


Edwin Perry
Sophomore -- 141 lbs.
Major: Physical Education
Riverhead, New York
2011-12: Edwin posted an 11-5 record with four pins and one major...Placed fourth at the Oneonta Invitational with a 2-2 record...Went 5-2 to finish fifth at the King's Invitational... Went 1-0 at the Messiah Petrofes Invitational...**High School:** A 2010 graduate of Riverhead...Five-year member of the wrestling team...Two-time league champion...Earned all-county honors twice...Four-year starter in football...Five-year member of the track and field team...Earned all-county honors in the high jump and long jump...**Parents:** Pamela Bartlett and Eddie Perry **Brothers/Sisters:** Kyle Bartlett, Marcus Bartlett, Charles Bartlett, Eddie Perry.

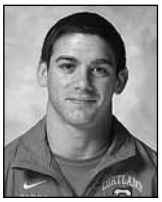
Wrestler Profiles



Lou Puca
Sophomore -- 174 lbs.
Major: Communications
Huntington, New York
2011-12: Lou was named the ECWC Rookie of the Week twice...Compiled a 21-10 record with 10 pins and three majors... Earned all-state honors at the NYS Championships with 3-3 record and a sixth-place finish...Placed third at the Empire Conference Qualifiers with a 3-1 record...Won the Oneonta Invitational with a 4-0 record...Placed second at the Messiah Petrofes Invitational with a 3-1 record...Went 2-3 at the Buffalo Open to finish sixth...**High School:** Graduated from Huntington in 2011...Five-year member of the wrestling team...Placed second in the state as a junior...Two-year member of the cross country team...**Parents:** Wendy and Louie Puca **Brothers/Sisters:** Anthony, J.P., Savannah, Alani.



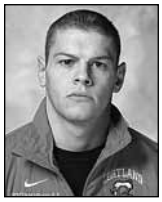
Josh Reed
Freshman -- 174 lbs.
Major: Physical Education
Webster, New York
High School: Josh is a 2012 graduate of Webster Schroeder, where he was a member of the National Honor Society... Four-year member of the wrestling team...Competed at state tournament...Two-year starter in football...Three-year starter in lacrosse...**Parents:** Pam and David Reed **Brothers/Sisters:** Justin.



Chris Sarro
Freshman -- 157 lbs.
Major: Physical Education
Massapequa, New York
2011-12: Chris missed the season due to injury...**High School:** A 2011 graduate of Massapequa...Four-year member of the wrestling team...Earned all-county honors as a junior and a senior...Sixth wrestler in Massapequa H.S. history to record 100 career wins...Team was dual-meet county champion his junior and senior seasons...Played one season of tennis... **Parents:** Laura and Michael Sarro **Brothers/Sisters:** Michael, Deanna.



Andy Scopino
Freshman -- 285 lbs.
Major: Physical Education
Mahopac, New York
2011-12: Andy missed the season due to injury...**High School:** Graduated from Mahopac in 2011...Four-year member of the wrestling team...Team captain and earned all-league honors as a junior and senior...Sectional champion as a junior and senior...Played one season of football...**Other:** Member of the Dean's List at Cortland...**Parents:** Silvia and Robert Scopino **Brothers/Sisters:** Carolyn.



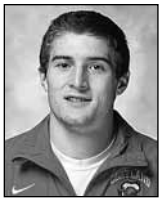
Justin Signorelli
Senior -- 165 lbs.
Major: Communications
Clintondale, New York
2011-12: Justin registered a 15-8 record with one technical fall and three majors...Placed fifth at the Oneonta Invitational with a 5-1 record...Finished seventh at the Messiah Petrofes Invitational with a 4-2 record...Went 2-2 at the Jamestown Open and 1-2 in the "B" bracket at the NYS Championships...**2010-11:** Compiled a 17-15 record with one pin, one technical fall and one major...Placed first at the Jamestown Open with a 3-0 record...Finished sixth at the Ithaca Invitational (4-3) and the RIT Invitational (3-3)...Posted a 3-2 record at the Oneonta Invitational...Competed at the NYS Championships...**2009-10:** Posted a 5-6 record with one pin...Went 4-2 to place fifth at the Oneonta Invitational...Competed at the Ithaca Invitational and in the "B" bracket at the NYS Championships...**High School:** Graduated from Highland in 2009, where he was senior class treasurer...Four-year member of the wrestling team... Three-time league and Section Nine champion...Compiled a 120-23 career record... Two-year starter in football...Team won Section Nine title his senior year...Two-year starter in lacrosse...Led team in ground balls each season...**Parents:** Ann and Michael Signorelli **Brothers/Sisters:** Nicholas Signorelli, Michael Sweeney.



Troy Sterling
Senior -- 157 lbs.
Major: Communications
Uniondale, New York
2011-12: Troy qualified for the NCAA Div. III Championships as a wild-card entry...Registered a 17-7 record with one technical fall and six majors...Went 6-1 in dual matches... Earned all-state honors at the NYS Championships with a 3-1 record and a fourth-place finish...Placed second at the Empire Conference Qualifiers with a 3-1 record...Went 2-0 at the Oneonta Invitational...Finished eighth at the Buffalo Open with a 2-2 record...**2010-11:** Qualified for the NCAA Div. III Championships as a wild-card entry...Posted a 29-10 record with one pin, one technical fall and a team-best seven majors...Led the team in wins...Recorded an 11-3 mark in dual matches...Placed second at the Empire Conference Qualifiers with a 3-1 record...Finished second at the Cleveland St. Open with a 4-1 record...Posted a 4-0 record to capture the title at the RIT Invitational...Placed second at the Oneonta Invitational with a 3-1 record... Finished fourth at the Ithaca Invitational with a 4-2 record...**2009-10:** Compiled an 18-7 record with three pins, two technical falls and three majors...Placed third in the "B" bracket at the NYS Championships with a 4-1 record...Went 4-1 to finish third at the Oneonta Invitational...Placed second at the Niagara Community College Open with a 3-1 mark...Posted a 3-2 record at the Ithaca Invitational...**High School:** A 2009 graduate of Uniondale...Four-year member of the wrestling team...Three-time conference champion...County runner-up...Earned all-county honors twice...**Other:** Placed fourth in wrestling at the Empire State Games...Competes as an amateur in MMA...**Parents:** Sophia and Cleveland Sterling **Brothers/Sisters:** 19 siblings...Brother Aljamain is a Cortland graduate and was an All-America member of the Red Dragon wrestling team.



Tanavung Tim
Freshman -- 125 lbs.
Major: Business Economics
Rochester, New York
2011-12: Tanavung did not compete...**High School:** Graduated from Brighton in 2011...Four-year member of the wrestling team...Three-time top-four sectional place finisher...Team won sectional title his sophomore season...**Parent:** Chheang Tim **Brothers/Sisters:** Chealyn, Chearnsya, Kardy.



Brian Vutianitis
Sophomore -- 149 lbs.
Major: Math Education
Warwick, New York
2011-12: Brian posted a 4-11 record with one pin...Registered a 3-2 record at the King's Invitational...Competed at the Messiah Petrofes Invitational and the Jamestown Open...**High School:** Graduated from Warwick Valley in 2011, where he was a Scholar Athlete...Four-year member of the wrestling team... Section Nine champion as a senior...Competed in track and field for four seasons...**Other:** Named Pine Island Junior Citizen of the Year in 2010... **Parents:** Kelly Chirico and Peter Vutianitis...**Brothers/Sisters:** Sean Vutianitis, Jenna Chirico.



Senior Justin Signorelli (right).

Red Dragon Honor Roll

RICK ARMSTRONG
Rick wrestled at Cortland from 1976-79, posting 88 career wins, currently the 10th-highest total in school history. In 1978, he became Cortland's first NCAA champion, taking top honors at 158 pounds. He was a 158-pound All-American on two other occasions, placing fourth nationally in 1979 and sixth in 1977. Rick also won SUNYAC titles in 1977, 1978 and 1979. He was 27-2-1 in 1979.

MIKE BUCCI
A nationally-acclaimed heavyweight at Cortland from 1995-99, Mike became the Red Dragons' first-ever four-time All-American. He was fourth nationally as a freshman, seventh as a sophomore, sixth as a junior and advanced to the NCAA championship match in his senior year before finishing second. Mike was also a three-time Empire Collegiate Wrestling Conference champion (1996-1998). He graduated as Cortland's career victory leader with an overall record of 108-22. He was 32-5 with 15 pins as a senior to earn Cortland Male Senior Athlete of the Year honors.

SHAWN CAVANAUGH
In three seasons at Cortland from 1989-92, Shawn had an overall record of 76-11. He was a two-time All-American, placing second at the 1992 NCAA Championships and eighth in 1990. He finished the 1991 season 31-3 and was 26-2 in 1992. Shawn captured the 1991 SUNYAC heavyweight title and the 1992 Empire Collegiate Wrestling Conference crown. He was Cortland's 1992 Male Senior Athlete of the Year.

JOHN CIOTOLI
John wrestled from 1975-79, winning 93 matches. As a freshman in 1976, he earned All-America honors with a fifth-place national finish at 126 pounds. He was also an All-American at the 1979 NCAAs with a third-place effort at 134 pounds. John was 29-3-1 in 1979, capturing the second of two consecutive SUNYAC titles. The first title came at 126 pounds, with the latter at 134 pounds.

BILL DESARIO
Bill was a standout on the mats from 1965-68. He earned All-America honors at 123 pounds in both 1967 and 1968. He finished fourth nationally during his senior year. Bill was also a SUNYAC champion at 123 pounds in each of his three seasons as a Red Dragon. Following his final year, Bill placed fourth at 125.5 pounds at the 1968 United States Olympic Wrestling Trials.

TIM GODOY
From 1992-95, Tim fashioned a career record of 67-23 and earned three All-America honors. In his first season at Cortland, he placed sixth nationally at 142 pounds, followed by a fifth-place effort in 1994. As a senior, Tim was sixth at 150 pounds. He was 25-5 in 1994, winning the Empire Collegiate Conference title at 142 pounds. He won 21 matches in 1993 and 1995.

TODD McARDELL
Todd finished his career as the victory leader at Cortland (he's currently third), winning 105 matches between 1984-88. In 1985-86, he posted 32 wins and was an All-American at 190 pounds with a seventh-place finish. In 1987-88, he won 34 matches and earned his second All-America honor with a fifth-place national showing at 190 pounds. Todd also claimed two SUNYAC 190-pound titles, winning in both 1987 and 1988.

BOB MENZ
Bob started with the Red Dragons in 1976-77, earning All-America honors that season with a second-place national finish at 190 pounds. He also captured a SUNYAC title during that season. The following year, Bob won a New York State title at 190 pounds. Later that season, he repeated his efforts with a second-place national finish at 190 pounds.

TROY MONKS
Troy is one of four Cortland NCAA Division III champions, winning the 118-pound NCAA title in 1990. He helped the Red Dragons place third nationally as a team, and his 41 wins are still a school single-season record. Troy also won both the New York State and SUNYAC 118-pound titles in 1990 and earned Cortland Male Senior Athlete of the Year honors. In 1988-89, Troy won 27 matches and was an All-American with a fourth-place national finish.

BRENT RIDER
A competitor for three seasons at Cortland from 2001-02 and 2003-05, Brent earned All-America honors twice despite battling injuries throughout his career. He posted a 60-20 record, including a 27-6 mark in dual matches. As a sophomore, Brent went 26-9 and placed fifth at the NCAA championships at 157 pounds. He followed with a sixth-place national finish and a 24-9 record at the same weight as a junior. As a senior, Brent posted a 10-2 mark at 165 pounds but had his career cut short due to injury.

JOSH ROE
In his two seasons after transferring from Alfred State, Josh posted a combined 61-13 record. In his senior season of 1995-96, he was 37-6, including 20-0 in dual matches, won an Empire Conference title at 142 pounds and placed second nationally. He also was named a Wrestling Scholar All-American, Cortland's Male Senior Athlete of the Year and the Cortland Davis Award winner that season. As a junior he was 24-7, 13-2 in duals and qualified for nationals.

PETE ROSSI
Pete wrestled at Cortland from 1975-79. In his sophomore year, he earned his first of three All-America honors with a second-place national finish at 134 pounds. He was also the New York State and SUNYAC champion during that season. Pete finished second again at nationals in 1978 at 134 pounds, and the following year he placed eighth nationally at 142 pounds.

STEF SAIR
Stef compiled an 80-14 record over four seasons from 2003-07, including a 70-7 mark in his last three years. A three-time All-American, Stef earned an individual national title at 174 pounds as a junior while amassing a 27-2 record. As a sophomore, Stef went 21-2 and placed fourth nationally at 174 pounds. During his senior season, Stef moved up to 184 pounds, finished with a 22-3 record and was the runner-up at the NCAA championships. He also was named Cortland's Male Senior Athlete of the Year for his accomplishments in both football and wrestling.

JON WELCH
In his three seasons at Cortland, Jon earned three All-America honors at three different weight classes. In 1991, he placed fifth nationally at 177 pounds. The following year, he was second in the nation at 190 pounds, and as a senior he was third nationally at heavyweight. Jon's career record stands at 70-11-3, including 27 wins and an Empire Conference title in 1993 and 22 victories and a SUNYAC crown in 1991.

CHUCK WILKISON
Chuck was a standout wrestler at Cortland in four straight seasons from 1960-64. He won state conference individual titles in each of his four seasons, all at 137 pounds. His teams, under head coach Dave Miller, won conference team titles in 1961, 1962 and 1963 and posted a combined four-year dual mark of 30-7, including a 9-1 record during his freshman year.

MIKE YANOSIK
Mike wrestled for the Red Dragons from 1988-90. He is one of four all-time Cortland national champions, winning the 177-pound NCAA title in 1990. Mike was also an All-American in 1989, placing fourth at 167 pounds. He won 57 career matches, including a 28-3 record in 1990, and was a two-time SUNYAC champion (167 lbs. in 1989, 177 lbs. in 1990).

DAVE ZARICZNY
Dave wrestled at Cortland in 1985-86 as well as from 1987-89, earning All-America honors in all three seasons. He was seventh nationally at 158 pounds in 1986, seventh at 150 pounds in 1988 and second at 150 pounds in 1989. Dave won the 1986 New York State 158-pound title and was a SUNYAC champion at 150 pounds in 1989. He won 67 career matches, including 34 in 1986.

2012-13 Schedule

November

3	Sat.	at King's Monarch Invitational ..... 9:30 a.m.
10	Sat.	at Wilkes John Reese Duals ..... 11:00 a.m.
17-18	Sat.-Sun.	NYS Collegiate Championships (at Cornell) ..... 9:30 a.m.
30	Fri.	at Messiah Petrofes Invitational ..... 11:00 a.m.

December

1	Sat.	at Messiah Petrofes Invitational ..... 9:00 a.m.
8	Sat.	at RIT ..... 1:00 p.m.

January

5	Sat.	North-South Duals (Ursinus, PA) ..... 10:00 a.m.
12-13	Sat.-Sun.	at NWCA/Cliff Keen National Duals ..... 9:00 a.m.
19	**Sat.**	**EMPIRE COLLEGIATE WRESTLING CONFERENCE CHAMPIONSHIPS ..... 9:00 a.m.**
23	Wed.	at Oneonta ..... 7:00 p.m.
26	Sat.	at Jamestown Open ..... 10:00 a.m.

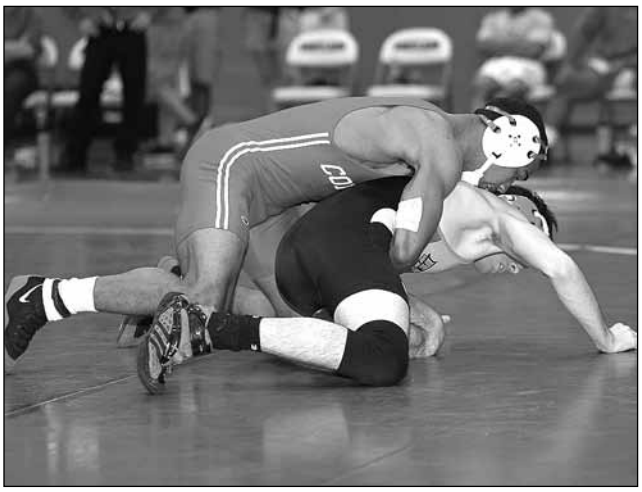
February

1	Fri.	at Delaware Valley ..... 6:00 p.m.
2	Sat.	at York (with Penn St. DuBois) ..... 12:00 p.m.
9	**Sat.**	**OSWEGO AND COAST GUARD ..... 11:00 a.m.**
20	**Wed.**	**ITHACA ..... 7:00 p.m.**

March

2	Sat.	NCAA Div. III Reg. Qualifier (at WPI; Worcester, MA) ..... TBA
15-16	Fri.-Sat.	NCAA Div. III Championships (at Cedar Rapids, IA) ..... TBA

HOME MATCHES IN BOLD CAPS



Senior Andre Berry (top) earned all-state honors at 149 pounds last season.

2011-12 Results

November

5	Sat.	at King's Monarch Invitational ..... 3rd of 13
6	Sun.	at University at Buffalo Open ... no team scoring
12	Sat.	# Plymouth St. ..... W 26-13
12	Sat.	# Wilkes ..... W 28-9
12	Sat.	# King's ..... W 28-15
12	Sat.	# Centenary ..... W 30-10
19	Sat.	at Oneonta Invitational ..... 1st of 11

December

2-3	Fri.-Sat.	Messiah Petrofes Invitational ..... 1st of 12
10	**Sat.**	**MESSIAH ..... W 22-17**
10	**Sat.**	**RIT ..... W 42-3**

January

7	Sat.	$ Stevens Institute ..... W 30-6
7	Sat.	$ Wesleyan ..... W 33-3
7	Sat.	$ McDaniel ..... W 37-2
7	Sat.	$ Merchant Marine Academy ..... W 34-12
13	Fri.	& John Carroll ..... W 26-15
13	Fri.	& Williams ..... W 37-9
13	Fri.	& Wisconsin-Stevens Point ..... W 21-16
14	Sat.	& Springfield ..... L 19-21
14	Sat.	& Ohio Northern ..... L 19-20
18	**Wed.**	**ONEONTA ..... W 25-12**
21-22	Sat.-Sun.	NYS Collegiate Championships (at Cornell) ..... 6th of 15
28	Sat.	at Jamestown Open ..... no team scoring

February

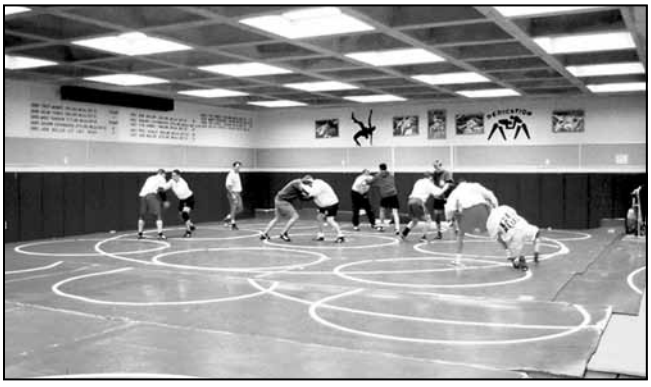
3	**Fri.**	**DELAWARE VALLEY ..... W 24-16**
4	**Sat.**	**LYCOMING ..... W 33-4**
8	Wed.	at Oswego ..... W 31-6
15	Wed.	at Ithaca ..... L 9-22
25	Sat.	Empire Collegiate Wrestling Conference Qualifiers ..... 1st of 8 (at The College at Brockport)

March

9-10	Fri.-Sat.	NCAA Div. III Championships (at La Crosse, WI) ..... 10th of 62

HOME MATCHES IN BOLD CAPS

John Reese Duals (Wilkes, PA)
$ North-South Duals (Ursinus, PA)
& Budd Whitehill Duals (Lycoming, PA)



Team History

Most Victories, Career:

128, Paul LeBlanc, 2005-09
108, Mike Bucci, 1995-99
105, Todd McArdell, 1984-88
104, Jason Chase, 2002-06
103, Joe Murphy, 2006-10
97, Kevin Sackett, 2006-10
95, Bob Eddy, 1978-81
93, John Ciotoli, 1975-79
90, Dave Colagiovanni, 2006-11
88, Rick Armstrong, 1976-79
87, Aljamain Sterling, 2008-11
86, Mike Ciaburri, 2006-10
85, Pete Rossi, 1975-79
84, Scott Ferris, 1995-99
82, Steve Jones, 1995-99
82, Jason Peck, 2002-05
81, Jonathan Conroy, 2009-12
80, Stef Sair, 2003-07
78, Jared Myhrberg, 2009-12
78, Tony Stewart, 1999-2002
76, Carl Korpi, 2009-12
76, Shawn Cavanaugh, 1989-92
75, Joe Boxer, 1996-2000
74, Will Brodfuehrer, 2006-10
72, Ron Serrano, 1998-2003
71, Ben Locke, 2001-04
71, Bryan Roggie, 1994-96
70, Jon Welch, 1990-93
69, Treavor LeBlanc, 2004-08
68, Troy Monks, 1988-90
67, Tim Godoy, 1992-95
67, Dave Zariczny, 1985-86, 87-89
67, Mark Winters, 1995-98
66, Anthony Viola, 1998-2002
65, Sean Kempf, 2009-12
65, Jim Hunter, 1983-87
64, Troy Sterling, 2009-12
64, Joey Widrick, 2007-10
64, Chris Kumrow, 1990-93
64, Bill DeSario, 1965-68
61, Josh Roe, 1994-96
60, Brent Rider, 2001-02, 03-05
60, Kevin Johnson, 1991-95

Most Victories, Best Two Seasons:

78, Jason Peck, 2002-03, 2003-04
71, Paul LeBlanc, 2005-06, 2006-07
71, Bryan Roggie, 1994-95, 1995-96
68, Joe Murphy, 2008-09, 2009-10
68, Troy Monks, 1988-89, 1989-90
66, Todd McArdell, 1985-86, 1987-88
62, Mike Bucci, 1997-98, 1998-99
61, Jared Myhrberg, 2010-11, 2011-12
61, Steve Jones, 1997-98, 1998-99
61, Josh Roe, 1994-95, 1995-96
60, Aljamain Sterling, 2008-09, 2010-11
60, Mike Ciaburri, 2008-09, 2009-10
60, Ben Locke, 2002-03, 2003-04
58, Jonathan Conroy, 2010-11, 2011-12
58, Tony Stewart, 2000-01, 2001-02
57, Mike Yanosik, 1988-89, 1989-90
57, Shawn Cavanaugh, 1990-91, 1991-92
56, Kevin Sackett, 2008-09, 2009-10
56, Jason Chase, 2002-03, 2003-04
56, Dave Zariczny, 1985-86, 1988-89
55, Zack Bogardus, 2006-07, 2007-08
55, John Ciotoli, 1975-76, 1978-79
53, Carl Korpi, 2009-10, 2011-12
52, Stephen Perez, 2008-09, 2009-10
52, Martino Sottile, 2008-09, 2009-10
52, Scott Ferris, 1997-98, 1998-99
50, Joey Widrick, 2007-08, 2008-09
50, Brent Rider, 2001-02, 2003-04
50, Ken Leverich, 1993-94, 1994-95
50, Kevin Johnson, 1993-94, 1994-95

Most Victories, Single Season (min. 25):

41, Troy Monks, 1989-90
40, Jason Peck, 2003-04
40, Dan Garland, 1997-98
38, Paul LeBlanc, 2005-06
38, Jason Peck, 2002-03
37, Bryan Roggie, 1995-96
37, Josh Roe, 1995-96
35, Mike Ciaburri, 2008-09
35, Joe Murphy, 2008-09
35, Steve Jones, 1997-98
34, Troy Tooley, 2005-06
34, Bryan Roggie, 1994-95
34, Todd McArdell, 1987-88
34, Dave Zariczny, 1985-86
33, Jared Myhrberg, 2011-12
33, Joe Murphy, 2009-10
33, Paul LeBlanc, 2006-07
32, Jonathan Conroy, 2011-12
32, Aljamain Sterling, 2008-09
32, Mike Bucci, 1998-99
32, Todd McArdell, 1985-86
31, Kevin Sackett, 2008-09
31, Ben Locke, 2003-04
31, Tony Stewart, 2000-01
31, Jeff Nolan, 1997-98
31, Shawn Cavanaugh, 1990-91
30, Jason Chase, 2003-04
30, Mike Bucci, 1992-93
30, Scott Ferris, 1992-93
29, Troy Sterling, 2010-11
29, Paul LeBlanc, 2008-09
29, Martino Sottile, 2008-09
29, Ben Locke, 2002-03
29, John Ciotoli, 1978-79
29, Mike Yanosik, 1988-89
29, Phil Kealy, 1992-93
28, Carl Korpi, 2011-12
28, Corey James, 2010-11
28, Jared Myhrberg, 2010-11
28, Aljamain Sterling, 2010-11
28, Paul LeBlanc, 2007-08
28, Zack Bogardus, 2006-07
28, Mike Yanosik, 1989-90
27, Stephen Perez, 2009-10
27, Aljamain Sterling, 2009-10
27, Zack Bogardus, 2007-08
27, Stef Sair, 2005-06
27, Tony Stewart, 2001-02
27, Joe Boxer, 1998-99
27, Rick Armstrong, 1978-79
27, Jon Welch, 1992-93
27, Troy Monks, 1988-89
26, Brian Bistis, 2011-12
26, Jonathan Conroy, 2010-11
26, Will Brodfuehrer, 2009-10
26, Treavor LeBlanc, 2006-07
26, Jason Chase, 2005-06
26, Matt Slate, 2003-04
26, Jason Chase, 2002-03
26, Brent Rider, 2001-02
26, Anthony Viola, 2000-01
26, Steve Jones, 1998-99
26, Shawn Cavanaugh, 1991-92
26, Ken Leverich, 1993-94
26, John Ciotoli, 1975-76
26, Chris Kumrow, 1991-92
25, Andre Berry, 2010-11
25, Mike Ciaburri, 2009-10
25, Carl Korpi, 2009-10
25, Kevin Sackett, 2009-10
25, Stephen Perez, 2008-09
25, Joey Widrick, 2008-09
25, Peppy Cabrera, 2007-08
25, Joey Widrick, 2007-08
25, Mike Bucci, 1996-97
25, Kevin Johnson, 1994-95
25, Joel Ferrara, 1993-94
25, Tim Godoy, 1993-94
25, Kevin Johnson, 1993-94
25, Jim Hunter, 1986-87

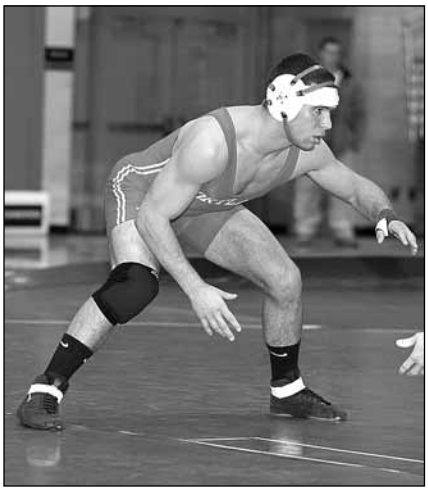
Most Falls (includes technical falls)

Career:
46, Todd McArdell, 1985-88
44, Mike Bucci, 1996-99
43, Paul LeBlanc, 2005-09
42, Kevin Sackett, 2006-10
36, Jared Myhrberg, 2009-12
35, Joe Murphy, 2006-10
35, Scott Ferris, 1996-99
29, Jason Chase, 2002-06
27, Treavor LeBlanc, 2004-08
27, Shawn Cavanaugh, 1990-92
26, Aljamain Sterling, 2008-11
26, Mike Ciaburri, 2006-10
26, Tony Stewart, 1999-2002
26, Bryan Roggie, 1995-96
25, Carl Korpi, 2009-12
25, Dave Colagiovanni, 2006-11

ACTIVE WRESTLERS IN BOLD

Team History

Single Season:
17, Jared Myhrberg, 2011-12
17, Aljamain Sterling, 2008-09
15, Mike Bucci, 1998-99
15, Todd McArdell, 1987-88
14, Kevin Sackett, 2008-09
14, Todd McArdell, 1985-86
14, Bryan Roggie, 1995-96
14, Scott Ferris, 1997-98
13, Brian Bistis, 2010-11
13, Jared Myhrberg, 2010-11
13, Joe Murphy, 2008-09
13, Mike Yanosik, 1989-90
13, Dave Zariczny, 1985-86
13, Mike Bucci, 1997-98
12, Adam Hulett, 2011-12
12, Nigel McNeil, 2011-12
12, Kevin Sackett, 2009-10
12, Mike Ciaburri, 2008-09
12, Paul LeBlanc, 2008-09
12, Paul LeBlanc, 2006-07
12, Bryan Roggie, 1994-95
12, Jon Welch, 1992-93



Senior Will Parks, a two-time Scholar All-American, has a three-year record of 54-18, including a 17-2 record as a junior.

YEAR-BY-YEAR WIN-LOSS RECORDS

Year	Won	Lost	Tied
1946-47	9	1	0
1947-48	5	3	0
1948-49	4	3	1
1949-50	4	4	0
1950-51	4	5	0
1951-52	2	6	0
1952-53	5	3	0
1953-54	3	5	0
1954-55	6	2	1
1955-56	5	3	0
1956-57	4	4	0
1957-58	5	3	1
1958-59	5	5	0
1959-60	5	4	0
1960-61	9	1	0
1961-62	7	2	0
1962-63	7	2	0
1963-64	7	2	0
1964-65	5	5	0
1965-66	7	3	0
1966-67	8	1	0
1967-68	4	5	1
1968-69	6	4	0
1969-70	7	3	0
1970-71	11	3	0
1971-72	6	5	0
1972-73	8	7	0

NCAA Division III

Year	Won	Lost	Tied	NCAA's
1973-74	5	10	1	—
1974-75	4	8	0	31st
1975-76	9	8	0	T 19th
1976-77	11	4	0	6th
1977-78	6	4	0	4th
1978-79	11	4	0	11th
1979-80	9	7	0	25th
1980-81	11	9	0	34th
1981-82	8	8	0	—
1982-83	9	8	0	T 54th
1983-84	9	9	0	29th
1984-85	7	7	1	T 49th
1985-86	6	7	0	T 23rd
1986-87	7	6	0	T 30th
1987-88	6	5	0	21st
1988-89	11	4	0	T 7th
1989-90	10	6	0	3rd
1990-91	11	6	0	T 28th
1991-92	3	15	0	11th
1992-93	10	5	1	14th
1993-94	11	6	0	23rd
1994-95	16	2	0	14th
1995-96	17	3	0	6th
1996-97	8	8	0	T 26th
1997-98	16	9	0	T 17th
1998-99	15	6	1	13th
1999-00	5	17	0	—
2000-01	6	10	0	46th
2001-02	8	8	0	14th
2002-03	13	9	0	T 25th
2003-04	16	9	0	10th
2004-05	10	13	0	16th
2005-06	13	3	0	6th
2006-07	16	3	0	T 8th
2007-08	11	0	0	28th
2008-09	12	7	0	19th
2009-10	16	4	0	22nd
2010-11	14	5	1	14th
2011-12	17	3	0	10th
Totals:	**561**	**359**	**9**	**(60.9%)**

Team History

CORTLAND CONFERENCE CHAMPIONSHIP TEAMS

SUNYAC: 1960-61, 1961-62, 1962-63, 1965-66, 1969-70, 1978-79, 1987-88
Empire: 1998-99, 2006-07, 2007-08, 2009-10. 2011-12

CORTLAND SUNYAC CHAMPIONS

Year	Name	Weight
1961	Mark Cranfield	115 lbs.
	Chuck Wilkison	137 lbs.
	Duane Wittaker	157 lbs.
	Sal Bentivegna	190 lbs.
	John Urquhart	Heavy.
1962	Chuck Wilkison	137 lbs.
	Duane Wittaker	147 lbs.
	Gary Dillingham	157 lbs.
	John Urquhart	Heavy.
1963	Jack LaBombard	115 lbs.
	Chuck Wilkison	137 lbs.
	Larry Cook	147 lbs.
	Duane Wittaker	157 lbs.
	Al Sosa	167 lbs.
	John Urquhart	Heavy.
1964	Chuck Wilkison	137 lbs.
	Richard Coley	177 lbs.
1965	Richard Felser	191 lbs.
1966	Doug Prato	115 lbs.
	Bill DeSario	130 lbs.
	Paul Rose	137 lbs.
	Al Sosa	160 lbs.
	Dan Connors	167 lbs.
	Jeff Wachtel	Heavy.
1967	Bill DeSario	123 lbs.
	Paul Rose	130 lbs.
	John Mulada	152 lbs.
1968	Bill DeSario	123 lbs.
	Ken Furnkranz	134 lbs.
	John Mulada	152 lbs.
1970	Ken Furnkranz	134 lbs.
	Stan Rogers	142 lbs.
	Ron Behe	150 lbs.
1971	Jim Tortorici	126 lbs.
	Stan Rogers	142 lbs.
	Ron Behe	150 lbs.
	Len Schlacter	Heavy.
1972	Len Schlacter	Heavy.
1973	Rob DaRin	150 lbs.
1975	Rory Whipple	158 lbs.
1977	Pete Rossi	134 lbs.
	Rick Armstrong	158 lbs.
	Bob Menz	177 lbs.
1978	Bob Eddy	118 lbs.
	John Ciotoli	126 lbs.
	Rick Armstrong	158 lbs.
1979	John Ciotoli	134 lbs.
	Rick Armstrong	158 lbs.
	Bob Amann	190 lbs.
1981	Bob Eddy	126 lbs.
1985	Scott Freischlag	Heavy.
1987	Todd McArdell	190 lbs.
1988	Matt DeVincenzo	134 lbs.
	Mike Ford	167 lbs.
	Joe Guardino	142 lbs.
	Todd McArdell	190 lbs.
	Randy Sabourin	177 lbs.
	Sean Yengo	158 lbs.
1989	Dave Zariczny	150 lbs.
	Sean Yengo	158 lbs.
	Mike Yanosik	167 lbs.
1990	Troy Monks	118 lbs.
	Sean Yengo	158 lbs.
	Mike Yanosik	177 lbs.
1991	Phil Kealy	158 lbs.
	Jon Welch	177 lbs.
	Shawn Cavanaugh	Heavy.

EMPIRE COLLEGIATE WRESTLING CONFERENCE CHAMPIONS

1992	Shawn Cavanaugh	Heavy.
1993	Jon Welch	Heavy.
1994	Joel Ferrara	134 lbs.
	Tim Godoy	142 lbs.
1995	Bryan Roggie	134 lbs.
1996	Bryan Roggie	126 lbs.
	Josh Roe	142 lbs.
	Mike Bucci	Heavy.
1997	Mark Winters	177 lbs.
	Mike Bucci	Heavy.
1998	Mike Bucci	Heavy.
1999	Joe Boxer	125 lbs.
	Steve Jones	149 lbs.
2001	Tony Stewart	174 lbs.
	Anthony Viola	197 lbs.
2002	Tony Stewart	174 lbs.
2003	Jason Peck	125 lbs.
2004	Jason Peck	125 lbs.
	Brent Rider	157 lbs.
	Ben Locke	184 lbs.
2005	Stef Sair	174 lbs.
2006	Paul LeBlanc	141 lbs.
	Stef Sair	174 lbs.
2007	Paul LeBlanc	141 lbs.
	Treavor LeBlanc	174 lbs.
	Stef Sair	184 lbs.
	Phil Archer	197 lbs.
2008	Dave Colagiovanni	133 lbs.
	Paul LeBlanc	149 lbs.
	Treavor LeBlanc	184 lbs.
2009	Paul LeBlanc	149 lbs.
	Joe Murphy	Heavy.
2010	Mike Ciaburri	174 lbs.
	Martino Sottile	197 lbs.
	Joe Murphy	Heavy.
2011	Dave Colagiovanni	125 lbs.
	Jared Myhrberg	197 lbs.
	Corey James	Heavy.
2012	Brian Bistis	141 lbs.
	Jared Myhrberg	197 lbs.

NEW YORK STATE CHAMPIONS

1973	Rob DaRin	150 lbs.
1977	Bob Eddy	118 lbs.
	Pete Rossi	134 lbs.
1978	Bob Menz	190 lbs.
1986	Dave Zariczny	158 lbs.
1990	Troy Monks	118 lbs.
2006	Paul LeBlanc	141 lbs.

NCAA DIVISION III CHAMPIONS

1978	Rick Armstrong	158 lbs.
1990	Troy Monks	118 lbs.
	Mike Yanosik	177 lbs.
2006	Stef Sair	174 lbs.

ITHACA INVITATIONAL CHAMPIONS

1983	Steve Leone	150 lbs.
1985	Guy Bowers	118 lbs.
1986	Todd McArdell	190 lbs.
1987	Todd McArdell	190 lbs.
1988	Troy Monks	118 lbs.
	Mike Yanosik	167 lbs.
1989	Mike Yanosik	177 lbs.
1990	Shawn Cavanaugh	Heavy.
1991	Jon Welch	190 lbs.
	Shawn Cavanaugh	Heavy.
1992	Phil Kealy	167 lbs.
	Jon Welch	Heavy.
1993	Ken Leverich	126 lbs.
	Tim Godoy	150 lbs.
1994	Mark Kessler	126 lbs.
	Ken Leverich	134 lbs.
1996	Mike Bucci	Heavy.
1997	Mike Bucci	Heavy.
1998	Scott Ferris	141 lbs.
	Steve Jones	149 lbs.
	Mike Bucci	Heavy.
2001	Tony Stewart	174 lbs.
2003	Jason Peck	125 lbs.
2004	Jason Peck	125 lbs.
2006	Paul LeBlanc	149 lbs.
	Phil Archer	197 lbs.
2007	Zack Bogardus	165 lbs.
2008	Paul LeBlanc	149 lbs.
2009	Aljamain Sterling	133 lbs.
	Joe Murphy	Heavy.
2010	Aljamain Sterling	141 lbs.
	Jonathan Conroy	165 lbs.
	Jared Myhrberg	197 lbs.

EXTRA EFFORT AWARD

1992	Chris Kumrow
1993	Phil Kealy
1994	Ken Leverich
1995	Josh Roe
1996	Bryan Roggie
1997	Steve Jones
1998	Scott Ferris
1999	Scott Ferris
2000	Ron Serrano
2001	Ron Serrano
2002	No information available
2003	Dan Root
2004	Jason Chase
2005	Jason Chase
2006	Jason Chase
2007	Stef Sair
2008	Paul LeBlanc
2009	Paul LeBlanc, Stephen Perez
2010	Mike Ciaburri, Stephen Perez
2011	Carl Korpi
2012	Carl Korpi

Team History

MOST IMPROVED AWARD

1993	Chris D'Andria
1994	Joel Ferrara
1995	Curt Kielbasa
1996	Mike Bucci
1997	Mark Winters
1998	Steve Jones
1999	Steve Jones
2000	Anthony Viola
2001	Tom Llewellyn
2002	Bill Magner
2003	Jake Armstrong
2004	Mike Karbowiak
2005	Matt Eldredge
2006	Troy Tooley
2007	Phil Archer
2008	Joe Murphy
2009	Mike Ciaburri
2010	Sean Kempf
2011	Justin Signorelli, Troy Sterling
2012	Brian Bistis, Paul Fields

OUTSTANDING ROOKIE AWARD

1993	C.P. Carroll, Curt Kielbasa
1994	Frank Gruttadauria
1995	John Hogan
1996	Scott Ferris
1997	Rob Padilla
1998	Dan Garland
1999	Shaun Henesy
2000	Brian Hanselman
2001	No award given
2002	No information available
2003	Jason Chase, Jaret Misener
2004	Eddie Ortiz, Stef Sair
2005	Treavor LeBlanc, Matt Sganga
2006	Paul LeBlanc
2007	Dave Colagiovanni, Zack Bogardus
2008	Peppy Cabrera, Joey Widrick
2009	Martino Sottile, Aljamain Sterling
2010	Carl Korpi
2011	Brian Bistis, Corey James
2012	Joe Giaramita, Nigel McNeil

RON ASHCRAFT TEAM SACRIFICE AWARD

1992	Chris Johnson
1993	Chris Chuley
1994	Frank Gruttadauria
1995	Tim Godoy
1996	Josh Roe
1997	Jeremy Flint
1998	Jeff Nolan
1999	Jeremy Eggleston
2000	Jake Armstrong, Tom Llewellyn, Peter Reyes
2001	Steve Aufiero
2002	No information available
2003	No award given
2004	No award given
2005	Trevor Comeau
2006	Matt Eldredge
2007	Matt Eldredge
2008	Brett Giehl
2009	Will Brodfuehrer
2010	Kevin Sackett
2011	James Ondris
2012	Sean Kempf

NO HASSLE AWARD

2011	Carl Korpi
2012	Eric Kaufman, Alex Meyers

CORTLAND MALE SENIOR ATHLETE OF THE YEAR

1990	Troy Monks
1992	Shawn Cavanaugh
1996	Josh Roe
1999	Mike Bucci
2007	Stef Sair
2009	Paul LeBlanc

RED LETTER AWARD (since 1984)

1984	John Scesa
1985	Scott Freischlag
1986	David Zariczny
1987	Jim Hunter
1988	Todd McArdell
1989	David Zariczny
1990	Troy Monks
1991	Shawn Cavanaugh
1992	Shawn Cavanaugh, Jon Welch
1993	Jon Welch
1994	Tim Godoy
1995	Mark Kessler
1996	Josh Roe
1997	Mike Bucci
1998	Jeff Nolan
1999	Mike Bucci
2000	Jacob Roe
2001	Tony Stewart
2002	Tony Stewart
2003	Jason Peck
2004	Jason Lichtenstein
2005	Brent Rider
2006	Jason Chase
2007	Stef Sair
2008	Treavor LeBlanc
2009	Paul LeBlanc
2010	Joe Murphy
2011	Dave Colagiovanni
2012	Jonathan Conroy

MOST VALUABLE WRESTLER

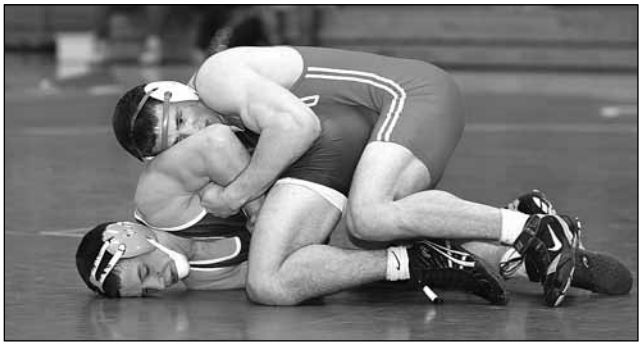
2003	Jason Peck
2004	Brent Rider
2005	Stef Sair
2006	Stef Sair
2007	Stef Sair
2008	Paul LeBlanc
2009	Joe Murphy
2010	Aljamain Sterling
2011	Aljamain Sterling
2012	Jared Myhrberg

DIVISION III NATIONAL DUALS TOP-10 TEAM FINISHES

1989	5th place
1990	2nd place
1991	5th place
1993	2nd place
1994	7th place
1995	3rd place
1997	4th place
1998	6th place
2004	10th place

DIVISION III WRESTLING SCHOLAR ALL-AMERICANS

1991	Rich Walker, 167 pounds
1996	Josh Roe, 142 pounds
1997	Steve Jones, 134 pounds
1997	Mark Winters, 177 pounds
1998	Steve Jones, 142 pounds
1999	Steve Jones, 149 pounds
2000	Tony Stewart, 174 pounds
2001	Ron Serrano, 149 pounds
2003	Jake Armstrong, 184 pounds
2003	Brian Hanselman, 174 pounds
2003	Ron Serrano, 149 pounds
2006	John Franchi, 157 pounds
2006	Stef Sair, 174 pounds
2007	John Franchi, 157 pounds
2008	Zack Bogardus, 165 pounds
2009	Mike Ciaburri, 174 pounds
2010	Kevin Sackett, 157 pounds
2011	Will Parks, 184 pounds
2012	Carl Korpi, 184 pounds
2012	Will Parks, 184 pounds
2012	Jared Myhrberg, 197 pounds



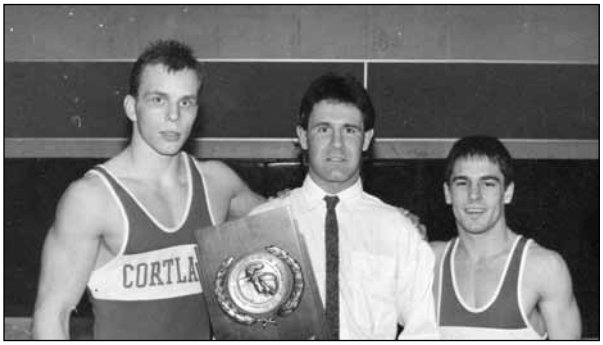
Senior Eric Kaufman (top) shared the team's No Hassle Award last season.

Team History

CORTLAND ALL-AMERICANS

Year	Wrestler	Weight	Finish
1967	Bill DeSario	123 lbs.	6th *
1968	Bill DeSario	123 lbs.	4th *
1972	Len Schlacter	Heavy.	4th **
1976	John Ciotoli	126 lbs.	5th
	Rory Whipple	150 lbs.	6th
1977	Pete Rossi	134 lbs.	2nd
	Bob Menz	190 lbs.	2nd
	Rick Armstrong	158 lbs.	6th
1978	**Rick Armstrong**	**158 lbs.**	**1st**
	Pete Rossi	134 lbs.	2nd
	Bob Menz	190 lbs.	2nd
1979	John Ciotoli	134 lbs.	3rd
	Rick Armstrong	158 lbs.	4th
	Pete Rossi	142 lbs.	8th
1980	Jim Battoglia	134 lbs.	7th
1981	Bob Eddy	126 lbs.	6th
	Marty Conner	158 lbs.	8th
1984	John Scesa	177 lbs.	5th
1986	Guy Bowers	118 lbs.	5th
	Dave Zariczny	158 lbs.	7th
	Todd McArdell	190 lbs.	7th
1987	Jim Hunter	177 lbs.	6th
1988	Todd McArdell	190 lbs.	5th
	Dave Zariczny	150 lbs.	7th
1989	Dave Zariczny	150 lbs.	2nd
	Troy Monks	118 lbs.	4th
	Mike Yanosik	167 lbs.	4th
	Sean Yengo	158 lbs.	8th
1990	**Troy Monks**	**118 lbs.**	**1st**
	Mike Yanosik	**177 lbs.**	**1st**
	Sean Yengo	158 lbs.	7th
	Shawn Cavanaugh	Heavy.	8th
1991	Jon Welch	177 lbs.	5th
1992	Jon Welch	190 lbs.	2nd
	Shawn Cavanaugh	Heavy.	2nd
1993	Jon Welch	Heavy.	3rd
	Tim Godoy	142 lbs.	6th
	Phil Kealy	158 lbs.	8th
1994	Tim Godoy	142 lbs.	5th
1995	Mark Kessler	118 lbs.	3rd
	Tim Godoy	150 lbs.	6th
1996	Josh Roe	142 lbs.	2nd
	Bryan Roggie	126 lbs.	3rd
	Mike Bucci	Heavy.	4th
1997	Mike Bucci	Heavy.	7th
	Mark Winters	177 lbs.	8th
1998	Jeff Nolan	158 lbs.	5th
	Mike Bucci	Heavy.	6th
1999	Mike Bucci	Heavy.	2nd
	Steve Jones	149 lbs.	6th
2002	Tony Stewart	174 lbs.	3rd
	Brent Rider	157 lbs.	5th
2003	Jason Peck	125 lbs.	5th
2004	Jason Peck	125 lbs.	2nd
	Brent Rider	157 lbs.	6th
	Ben Locke	184 lbs.	8th
2005	Stef Sair	174 lbs.	4th
	Matt Sganga	133 lbs.	7th
2006	**Stef Sair**	**174 lbs.**	**1st**
	Paul LeBlanc	141 lbs.	4th
2007	Stef Sair	184 lbs.	2nd
	Treavor LeBlanc	174 lbs.	7th
	Phil Archer	197 lbs.	7th
2008	Paul LeBlanc	149 lbs.	7th
2009	Paul LeBlanc	149 lbs.	2nd
2010	Aljamain Sterling	133 lbs.	4th
	Martino Sottile	197 lbs.	8th
2011	Dave Colagiovanni	125 lbs.	5th
	Aljamain Sterling	141 lbs.	6th
2012	Jared Myhrberg	197 lbs.	3rd
	Brian Bistis	141 lbs.	8th
	Joe Giaramita	Heavy.	8th

* NCAA Div. I ** NCAA Div. II
(all other finishes listed above are NCAA Div. III)



Left to right: National champion Mike Yanosik, head coach Gene Nighman and national champion Troy Monks.

CORTLAND COACHES

Name (Years)	W-L-T	Pct.
Jack MacPhee (1946-48)	14-4-0	.778
Dave Miller (1948-55/57-69)	103-65-4	.610
Roland Eckard (1955-57)	9-7-0	.563
Vince Gonino (1969-71/72-83)	109-83-1	.567
Jerry Casciani (1971-72)	6-5-0	.545
Gene Nighman (1983-99)	163-104-3	.609
Joel Ferrara (1999-2002)	19-35-0	.352
Brad Bruhn (2002-12)	138-56-1	.710

The 2012-13 Cortland Wrestling Guide was written in part by head coach Brad Bruhn and by Cortland Associate SID Dan Surdam. Action photography (except Gene Nighman photo) and team photo by Darl Zehr Photography. The guide was printed by Quartier Printing of Syracuse, N.Y.

On the cover: Cortland's returning 2012 NCAA Division III All-Americans -- senior Jared Myhrberg (top left), sophomore Joe Giaramita (top right) and junior Brian Bistis (bottom right).

About SUNY Cortland

Located atop one of the rolling hills in central New York's "City of Seven Valleys," the State University of New York College at Cortland was founded in 1868 as the Cortland Normal School, which included among its earliest students inventor and industrialist Elmer A. Sperry of Sperry-Rand Corp. fame.

Over the decades, the campus expanded and in 1941, by an act of legislature and the Board of Regents, the institution officially became a four-year college providing courses leading to the bachelor's degree. In 1948, Cortland was a founding member of the State University of New York.

Today, more than 7,200 students are pursuing degrees within the College's three academic divisions — arts and sciences, professional studies and the school of education. Twenty-three departments with a faculty of more than 400 offer the SUNY Cortland student body 70 majors and 44 minors from which to choose.

The College's main campus covers 191 acres and includes 31 traditional and modern buildings. Fifteen of these structures are residence halls providing on-campus housing for approximately 3,000 students. Cortland also operates its Outdoor Education Center at Raquette Lake in the Adirondacks, the Hoxie Gorge Nature Preserve outside Cortland, and the Brauer Education Center on the Helderberg Escarpment near Albany.

At Cortland, athletics are viewed as having an important role in the educational mission of the College. During the fall, winter and spring seasons, Cortland participates in 25 intercollegiate sports — 14 women's and 11 men's — in an attempt to provide a broad program which meets the needs, interests and abilities of its students.

The Cortland athletic program placed 10th nationally out of approximately 440 colleges and universities in the 2011-12 all-sport Learfield Sports Directors' Cup Division III standings. Cortland is the only New York school and one of only five nationwide to finish in the top 20 each of the last 17 years. Since 1989, the Red Dragons have captured 15 NCAA Division III team titles.

The College offers its student-athletes excellent athletic facilities. The newly-constructed on-campus stadium features two artificial turf fields. One field seats 6,500 spectators, the other 1,500. The Cortland football, field hockey, men's and women's soccer, men's and women's lacrosse and men's and women's track and field teams are among those who utilize the facility, which the *New York Times* called "...a new stadium worthy of a major university power."

The Bessie L. Park Physical Education and Recreation Center, opened in 1973, features the Whitney T. Corey Gymnasium with a 3,500 seating capacity; the Olympic-sized Harriet Holsten swimming pool with gallery seating for 1,500; the Alumni Ice Arena, a facility which can accommodate 2,500 spectators; a 500-seat gymnastics arena; racquetball and squash courts; a wrestling room; modern athletic training facilities; and the state-of-the-art Francis Woods Fitness Facility.

Nearby Clayton R. Lusk Field House, with its tartan-textured surface, is home for the indoor track teams, varsity practice sessions and recreational activities. Cortland's soccer teams play on T. Fred "Prof" Holloway Field, which has lights for night contests and newly installed bleachers. The College also has 22 outdoor tennis courts and two outdoor basketball courts and boasts Robert H. Wallace Field (baseball) and Dragon Field (softball) as part of its 51 acres of athletic fields.



SUNY Cortland

RED DRAGONS



2012-13 Red Dragon Wrestling Team (left to right): Front Row: Brian Bistis, Sean Kempf, Max Miller, Paul Fields, David Occhipinti, Corey James, Alec Dierna. Second Row: Assistant Coach Jake Calhoun, Tanavung Tim, Jonathan Conroy, Wes Blanding, Bobby Dierna, Edwin Perry, Andre Berry, William Maldonado, Mitchell Janes, Certified Athletic Trainer Lacy Gunn. Third Row: Assistant Coach Carl Korpi, Assistant Coach Aljamain Sterling, Will Parks, Justin Signorelli, Eric Kaufman, Francisco DeCristo, Chris Brown, Joe Cataldo, Brian Vutianitis, James Ondris, Athletic Training Student Tanner Parrish, Athletic Training Student Rachel Simkins. Back Row: Head Coach Brad Bruhn, Jared Myhrberg, Lou Puca, Joe Giaramita, Troy Sterling, Tony Battista, Alex Meyers, Josh Reed, Tyler Beckwith, Chris Sarro. Not Pictured: Assistant Coach Jason Reynolds, Andy Scopino.