

Conference USA
Indoor Track & Field Championships
CrossPlex, Birmingham, AL - 2/18/2023 to 2/19/2023
Meet Program - Sunday Running Events

Event 17 Heptathlon: #5 Men 60 Meter Hurdles**Sunday 2/19/2023 - 8:30 AM****C-USA Meet: 8.15 2/24/2013 Clayton Chaney****CrossPlex: 7.86 3/12/2016 Bilah Abdullah**

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
2	222 Aidan Holland	SO	Louisiana Te	NT
4	338 Romet Vahter	FR	North Texas	NT
6	96 Thomas Olesen	SO	Charlotte	NT
8	579 Jack Turner	SR	UTSA	NT

Section 2 of 2 Finals

2	580 Justin Wright	SR	UTSA	NT
4	325 Daniel Jenkins	JR	North Texas	NT
6	483 Jalen Cadet	SO	UTEP	NT
8	567 Joel McFarlane	SR	UTSA	NT

Event 17 Heptathlon: #7 Men 1000 Meter Run**Sunday 2/19/2023 - 0:00 AM****C-USA Meet: 2:41.91 2/26/2011 Connor Hayes****CrossPlex: 2:33.28 2/23/2018 Jake Horsch**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	96 Thomas Olesen	SO	Charlotte	NT
2	579 Jack Turner	SR	UTSA	NT
3	338 Romet Vahter	FR	North Texas	NT
4	580 Justin Wright	SR	UTSA	NT
5	325 Daniel Jenkins	JR	North Texas	NT
6	483 Jalen Cadet	SO	UTEP	NT
7	567 Joel McFarlane	SR	UTSA	NT
8	222 Aidan Holland	SO	Louisiana Te	NT

Event 6 Men 3000 Meter Run**Sunday 2/19/2023 - 1:50 PM****C-USA Meet: 8:00.79 2/20/2022 Nick Scudder****CrossPlex: 7:51.46 1/31/2021 Christian Noble**

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	78 Gunner Hogston	SO	Charlotte	NT
2	557 Spencer Herbstritt	SR	UTSA	9:06.79
3	577 Jake Smith	JR	UTSA	8:40.79
4	220 Hayes Gill	FR	Louisiana Te	10:11.31
5	66 Austin Carroll	SR	Charlotte	NT
6	335 Nicholas Rodriguez	FR	North Texas	NT
7	415 Davis Thames	SO	Rice	8:50.17
8	316 Luke Canon	JR	North Texas	NT
9	406 Jackson Moran	FR	Rice	NT
10	276 Vincent Yegon	SO	Mid. Tenn. S	8:25.04
11	94 Maddon Muhammad	SO	Charlotte	8:25.05
12	553 Caden Cunningham	SO	UTSA	8:38.31
13	321 Mason Garner	SO	North Texas	8:34.99
14	59 Zach Beale	JR	Charlotte	NT
15	497 Juan Olmos	SO	UTEP	8:52.27

Section 2 of 2 Finals

1	112 Hunter White	JR	Charlotte	8:06.55
2	55 Bryce Anderson	SO	Charlotte	8:17.34
3	100 Aaron Rovnak	SO	Charlotte	8:10.77
4	482 Daniel Bernal	SR	UTEP	8:09.60
5	71 Jacob Gallant	SO	Charlotte	8:14.48
6	394 Gus Gannon	FR	Rice	8:15.79
7	74 Tim Haughton	SO	Charlotte	8:13.10
8	485 Titus Cheruiyot	JR	UTEP	8:12.54
9	272 Molutsi Mohlouwa	JR	Mid. Tenn. S	8:15.60
10	405 Elliot Metcalf	SO	Rice	8:15.16
11	103 Nickolas Scudder	JR	Charlotte	8:09.23
12	269 Habtamu Geta	JR	Mid. Tenn. S	8:15.61

Event 23 Women 3000 Meter Run**Sunday 2/19/2023 - 2:20 PM****C-USA Meet: 9:10.40 3/1/2014 Elinor Kirk****CrossPlex: 8:57.86 3/12/2016 Molly Seidel**

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	309 Miranda Vreeland	SO	North Texas	NT
2	458 Gracie Sears	JR	UAB	NT
3	368 Katlyn Schmeltzer	SO	Rice	10:35.32
4	171 Adrianna Mier	FR	Florida Atla	NT
5	123 Emilie Christiansen	SR	FIU	NT
6	177 Paige Saiz	JR	Florida Atla	10:38.20
7	518 Chante Dixon	SO	UTSA	NT
8	29 Kaleigh Hanson	JR	Charlotte	NT
9	202 Rebecca Quebedeaux	SO	Louisiana Te	11:35.05
10	381 Ava White	FR	Rice	NT
11	180 Jordan Stevens	JR	Florida Atla	NT
12	4 Sarah Bechtel	SO	Charlotte	NT
13	537 Brooke Veltman	FR	UTSA	10:43.27
14	424 Anna Behmer	FR	UAB	NT
15	208 Lexa Thompson	FR	Louisiana Te	11:52.16
16	183 Elyssa Toal	SO	Florida Atla	NT
17	425 Ava Brooks	FR	UAB	11:03.43
18	166 Leah Helms	FR	Florida Atla	NT
19	474 Joan Kimaiyo	JR	UTEP	10:36.89
20	344 Amelie Attenborough	FR	Rice	NT

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Section 2 of 3 Finals...(Event 23 Women 3000 Meter Run)

1	258 Zaila Smith	FR	Mid. Tenn. S	10:11.91	_____
2	25 Emma Fredericks	SO	Charlotte	10:07.17	_____
3	12 Jessie Connick	SO	Charlotte	10:02.20	_____
4	8 Caitlyn Burkett	SO	Charlotte	10:07.39	_____
5	376 Lina Spjut	SR	Rice	10:10.37	_____
6	521 Sabrina Goains	SR	UTSA	10:26.11	_____
7	439 Kyra Hayes	FR	UAB	10:20.12	_____
8	245 Mercy Chepkurui	JR	Mid. Tenn. S	10:06.30	_____
9	33 Chandler Horton	JR	Charlotte	9:54.06	_____
10	478 Victoria Ovalles	SO	UTEP	10:31.37	_____
11	427 Lauren Charlton	JR	UAB	9:57.40	_____
12	371 Rachel Shoemaker	JR	Rice	10:23.77	_____
13	115 Lisa Adjouadi	SO	FIU	10:17.46	_____
14	370 Ellie Schweiker	SO	Rice	10:24.98	_____
15	10 Cali Coffin	SO	Charlotte	9:56.71	_____
16	524 Madison Henry	SR	UTSA	10:09.88	_____
17	117 Delilah Ayan	JR	FIU	10:30.73	_____
18	159 Holly Arrison	FR	Florida Atla	10:29.12	_____
19	176 Anabell Reumann	FR	Florida Atla	10:21.10	_____
20	244 Agnes Chepkurui	FR	Mid. Tenn. S	10:04.33	_____

Section 3 of 3 Finals

1	37 Louise Lounes	SO	Charlotte	9:26.20	_____
2	35 Lauren Johnston	SO	Charlotte	9:37.95	_____
3	254 Lesego Mpshe	SR	Mid. Tenn. S	9:44.02	_____
4	257 Purity Sanga	SR	Mid. Tenn. S	9:43.82	_____
5	382 Caitlin Wosika	SR	Rice	9:47.23	_____
6	16 Karoline Daland	SR	Charlotte	9:41.20	_____
7	255 Faith Nyathi	FR	Mid. Tenn. S	9:48.78	_____
8	457 Kathleen Schellman	SO	UAB	9:53.16	_____
9	44 Jenna Newman	JR	Charlotte	9:53.75	_____
10	168 Madlen Kappeler	SR	Florida Atla	9:51.31	_____
11	47 Sophia Ritter	SO	Charlotte	9:43.79	_____
12	473 Ruth Jerubet	SO	UTEP	9:41.37	_____

Event 9 Men 4x400 Meter Relay**Sunday 2/19/2023 - 2:50 PM****C-USA Meet: 3:09.17 2/17/2019 Middle Tennessee****B Bisschop, T Sanders, J Torian, W Wright****CrossPlex: 3:04.28 3/12/2016 LSU****C Grayson, L Bruton, M Cherry, F Dunkley**

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

3	Rice		3:24.41	_____
	1) #407 Zach Neuman FR	2) #411 Kevin Schott FR		
	3) #404 Connor McGrath FR	4) #412 Dominik Skorjanc FR		
4	Louisiana Te		3:21.93	_____
	1) #217 Marshall Ellis SO	2) #238 Laeden Tucker FR		
	3) #229 Micah Pernetter SO	4) #221 Rodney Heath Jr. SO		
5	Mid. Tenn. S		3:19.65	_____
	1) #261 Jackson Burns FR	2) #264 Carmelo Cannizzaro SO		
	3) #274 Brian Rono SR	4) #266 Stephen Eloji JR		
6	Western Kent		3:20.81	_____
	1) #612 Gabriel Dozier SO	2) #616 Julian Klenner FR		
	3) #622 Steven Simmons SR	4) #611 Teodoro DaSilva SO		

Section 2 of 2 Finals

3	North Texas		3:18.89	_____
	1) #329 Zavion Langrin FR	2) #341 Samir Williams SR		
	3) #333 Evan Nichols FR	4) #328 Davonye Jones SR		
4	UTSA		3:14.08	_____
	1) #565 Logan Masters SR	2) #573 Noah Rhodes JR		
	3) #571 Dennis Phillips JR	4) #575 Michael Roth SO		
5	Charlotte		3:10.81	_____
	1) #98 Jayden Phillip FR	2) #108 Jaiden Ventour SR		
	3) #99 Jordan Reece FR	4) #85 Donny Lee SO		
6	UTEP		3:13.06	_____
	1) #489 Joshua Hill FR	2) #498 Julio Pacheco Estrada I		
	3) #506 Jordani Woodley SO	4) #486 Karon Dean JR		

Event 26 Women 4x400 Meter Relay**Sunday 2/19/2023 - 3:15 PM****C-USA Meet: 3:37.53 2/19/2017 Middle Tennessee****J Amponsah, A Abu, A Egbeniyi, L Odia****CrossPlex: 3:28.27 3/12/2016 Texas****C Gordan, A Jones, M Akinosun, C Okolo**

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

5	UAB		3:57.16	_____
	1) #455 Eriyanna Reed FR	2) #438 Regina Harris JR		
	3) #441 Jabriana Jemison SR	4) #422 Alicia Abalos Cervera J		
6	FIU		NT	_____
	1) #124 Kaylen Clark SR	2) #121 Hannah Buchanan FR		
	3) #125 Maika Cuenca SO	4) #134 Keara Hardy SO		

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Section 2 of 3 Finals...(Event 26 Women 4x400 Meter Relay)

3	Louisiana Te	3:56.86	
	1) #192 Chanel Honeywell FR	2) #194 Ulanda Lewis FR	
	3) #200 Nariah Parks SO	4) #207 Faith Tarver SO	
4	North Texas	3:52.75	
	1) #284 Macy Burnham JR	2) #288 Alike Crawford SO	
	3) #298 Chinazaekpere Okoye I	4) #308 Kendahl Tucker FR	
5	Rice	3:50.78	
	1) #374 Savannah Simms SO	2) #373 Lindsay Simms JR	
	3) #363 Arayna Mickles SO	4) #356 Kennedy Gamble JR	
6	Mid. Tenn. S	3:51.70	
	1) #243 Leonie Beu SO	2) #256 Glory Nyenke SR	
	3) #253 Pamela Milano SO	4) #246 Esther Isa SR	

Section 3 of 3 Finals

3	UTSA	3:50.60	
	1) #516 Ibiso David-West SO	2) #519 Marie Duvigneau SR	
	3) #511 Gerald Barron SR	4) #541 Alanah Yukich SR	
4	Florida Atla	3:47.89	
	1) #179 Cara Simpson SR	2) #181 Eriana Teague SO	
	3) #170 Jessica Lambert JR	4) #172 Melissa Mundell SO	
5	UTEP	3:41.84	
	1) #467 Oghenekaro Brume SO	2) #465 Loubna Benhadja SO	
	3) #471 Carshaylah Harrison SI	4) #468 Niesha Burgher JR	
6	Charlotte	3:47.54	
	1) #39 Aniya Matthews SO	2) #20 Ta-halia Fairman JR	
	3) #45 Victoria Porter SR	4) #51 Maya Singletary SR	

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Event 17 Heptathlon: #6 Men Pole Vault**Sunday 2/19/2023 - 0:00 AM****C-USA Meet: 5.00m 2/16/2019 Gary Haasbroek****CrossPlex: 5.40m 3/12/2016 Zack Ziemek**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	580 Justin Wright	SR	UTSA	NH	_____
2	483 Jalen Cadet	SO	UTEP	NH	_____
3	325 Daniel Jenkins	JR	North Texas	NH	_____
4	579 Jack Turner	SR	UTSA	NH	_____
5	96 Thomas Olesen	SO	Charlotte	NH	_____
6	338 Romet Vahter	FR	North Texas	NH	_____
7	222 Aidan Holland	SO	Louisiana Te	NH	_____
8	567 Joel McFarlane	SR	UTSA	NH	_____

Event 15 Men Shot Put**Sunday 2/19/2023 - 10:00 AM****C-USA Meet: 19.34m 2/20/1999 John Davis****CrossPlex: 21.71m 3/8/2019 Payton Otterdahl**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	216 Nemoy Cockett	JR	Louisiana Te	13.16m	_____
2	574 Angel Robles	SR	UTSA	16.12m	_____
3	386 Elian Ahmar	JR	Rice	17.72m	_____
4	549 Michael Campbell	SO	UTSA	17.10m	_____
5	614 John Elam	SR	Western Kent	14.76m	_____
6	543 Jorge Ayala	SR	UTSA	16.20m	_____
7	608 Kaison Barton	SO	Western Kent	15.85m	_____
8	418 Sam Welsh	JR	Rice	17.06m	_____
9	547 Paul Bouey	SR	UTSA	16.19m	_____
10	409 Chris Rivera	JR	Rice	15.02m	_____
11	398 Jorge Hinojosa	SO	Rice	16.63m	_____
12	105 Jacob Soorus	SO	Charlotte	16.52m	_____

Event 14 Men Triple Jump**Sunday 2/19/2023 - 10:00 AM****C-USA Meet: 16.34m 2/18/2018 John Warren****CrossPlex: 16.89m 3/9/2019 Jordan Scott**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	561 Jacob Jenkins	JR	UTSA	15.15m	_____
2	568 Jemuel Miller	SO	UTSA	15.73m	_____
3	91 Jordan McNair	SO	Charlotte	14.55m	_____
4	267 Justin Eugene	JR	Mid. Tenn. S	13.25m	_____
5	101 Shyhiem Scotland	SO	Charlotte	13.54m	_____
6	79 Mikai Hunt	SO	Charlotte	14.65m	_____
7	545 Gabriel Binion	JR	UTSA	15.44m	_____
8	563 Christiaan Le Roux	JR	UTSA	ND	_____
9	327 Tyrell Johnson	JR	North Texas	14.14m	_____
10	560 Dylan James	SO	UTSA	ND	_____
11	235 Mateo Smith	FR	Louisiana Te	ND	_____
12	273 Benjamin Onyekwelu	SR	Mid. Tenn. S	ND	_____
13	104 Chris Smith	SO	Charlotte	12.97m	_____
14	102 Avery Scott	SO	Charlotte	15.12m	_____

Event 28 Women High Jump**Sunday 2/19/2023 - 10:00 AM****C-USA Meet: 1.86m 2/20/2022 Josie Taylor****CrossPlex: 1.92m 1/16/2016 Chaunte Lowe**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	440 Nia Hill	JR	UAB	1.60m	_____
2	526 Sigrid Kleive	SR	UTSA	1.65m	_____
3	205 Jiana Stewartburgess	FR	Louisiana Te	1.70m	_____
4	246 Esther Isa	SR	Mid. Tenn. S	1.84m	_____
5	125 Maika Cuenca	SO	FIU	1.52m	_____
6	149 Celia Rifaterra	FR	FIU	1.75m	_____
7	300 Nazah Reddick	SR	North Texas	1.70m	_____
8	173 Karina Nentwig	FR	Florida Atla	1.55m	_____
9	423 Olivia Beard	SO	UAB	1.57m	_____
10	582 Allison Arnett	SO	Western Kent	1.62m	_____
11	136 Arielle Ho	SO	FIU	1.60m	_____
12	157 Anouk Victor	FR	FIU	1.50m	_____
13	593 Katie Isenbarger	SR	Western Kent	1.84m	_____
14	126 Fabiola Declet	JR	FIU	1.55m	_____
15	605 Grace Turner	JR	Western Kent	1.70m	_____

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Event 32 Women Shot Put**Sunday 2/19/2023 - 1:00 PM****C-USA Meet: 17.95m 2/26/2015 Claire Uke****CrossPlex: 18.56m 1/23/2016 Raven Saunders**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	470 Lizbeth Fierro	SO	UTEP		12.04m
2	17 Kayla Davis-Edwards	FR	Charlotte		13.28m
3	476 Arianne Morais	JR	UTEP		12.59m
4	199 Shania Parkinson	JR	Louisiana Te		13.16m
5	534 Zoe Shanklin	JR	UTSA		13.23m
6	450 Zoria Miller	JR	UAB		13.11m
7	197 Natalie Moten	SO	Louisiana Te		12.49m
8	477 Natalie Murillo	SO	UTEP		12.66m

Flight 2 of 2 Finals

1	156 Bessline Verneau	JR	FIU		13.74m
2	435 Birthe' Franck-Peterse	JR	UAB		13.79m
3	296 Macayla Needham	JR	North Texas		14.01m
4	290 KeAyla Dove	SO	North Texas		17.45m
5	303 Jaleisa Shaffer	SR	North Texas		15.57m
6	352 Morgan Fey	FR	Rice		14.06m
7	357 Erna Gunnarsdottir	SR	Rice		17.70m
8	158 Marqueisha Weeks	SO	FIU		14.15m
9	525 Amaya King	JR	UTSA		15.06m

Event 31 Women Triple Jump**Sunday 2/19/2023 - 1:00 PM****C-USA Meet: 13.88m 2/26/2011 Ganna Demydova****CrossPlex: 14.12m 3/12/2016 Keturah Orji**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	539 Maren Wilms	SR	UTSA		ND
2	423 Olivia Beard	SO	UAB		10.64m
3	279 Makenzi Arceneaux	FR	North Texas		ND
4	53 Rebecca Tirko	FR	Charlotte		11.27m
5	301 Jasmyyn Reece	FR	North Texas		ND
6	348 Christelle Bonzil	SO	Rice		ND
7	532 Marilis Remmel	SO	UTSA		ND
8	281 Kaitlyn Bradford	FR	North Texas		11.10m
9	526 Sigrid Kleive	SR	UTSA		ND

Flight 2 of 2 Finals

1	246 Esther Isa	SR	Mid. Tenn. S		12.89m
2	242 Akera Benton	SR	Mid. Tenn. S		12.12m
3	203 Tia Reder	FR	Louisiana Te		11.68m
4	523 Ingeborg Gruenwald	SR	UTSA		11.71m
5	364 Ginnie Okafor	JR	Rice		12.62m
6	278 Kennedy Adams	JR	North Texas		12.13m
7	507 Oreoluwa Adamson	JR	UTSA		12.71m
8	3 Chaunesse Barringer	FR	Charlotte		11.47m
9	446 Shauntia Landrum	SR	UAB		11.75m
10	374 Savannah Simms	SO	Rice		12.38m