



# 2021 CONFERENCE USA OUTDOOR TRACK & FIELD CHAMPIONSHIPS

MAY 13-16

HOSTED BY MIDDLE TENNESSEE

## SCHEDULE OF EVENTS

### Thursday, May 13

2:45 PM	Heptathlon	Day 1
3:15 PM	Decathlon	Day 1

### Friday, May 14

2:00 PM	Hammer-Women	Final
2:45 PM	Decathlon	Day 2
4:30 PM	Hammer-Men	Final
4:30 PM	Heptathlon	Day 2
7:15 PM	800 Heptathlon	Day 2
8:00 PM	10,000-Women	Final
8:45 PM	1500 Decathlon	Day 2
9:00 PM	10,000-Men	Final

### Saturday, May 15

#### Field Events

1:00 PM	Discus-Women	Final
1:00 PM	Long Jump-Men	Final
1:30 PM	Long Jump-Women	Final
3:30 PM	Pole Vault-Women	Final
3:30 PM	Discus-Men	Final
4:30 PM	High Jump-Men	Final

#### Running Events

3:30 PM	1500-Women	Prelims
3:45 PM	1500-Men	Prelims
4:00 PM	100 Hurdles-Women	Prelims
4:15 PM	110 Hurdles-Men	Prelims
4:30 PM	400-Women	Prelims
4:45 PM	400-Men	Prelims
5:05 PM	100-Women	Prelims
5:15 PM	100-Men	Prelims
5:30 PM	800-Women	Prelims
5:40 PM	800-Men	Prelims
6:00 PM	400 Hurdles-Women	Prelims
6:10 PM	400 Hurdles-Men	Prelims
6:25 PM	200-Women	Prelims
6:40 PM	200-Men	Prelims
7:00 PM	3000 Steeple-Women	Final
7:15 PM	3000 Steeple-Men	Final

### Sunday, May 16

#### Field Events

1:00 PM	Shot Put-Women	Final
1:00 PM	Triple Jump-Men	Final
1:00 PM	Javelin-Men	Final
1:30 PM	Pole Vault-Men	Final
2:30 PM	Javelin-Women	Final
3:30 PM	Triple Jump-Women	Final
3:30 PM	Shot Put-Men	Final
4:30 PM	High Jump-Women	Final

#### Running Events

4:00 PM	4x100 Relay-Women	Final
4:05 PM	4x100 Relay-Men	Final
4:15 PM	1500-Women	Final
4:25 PM	1500-Men	Final
4:35 PM	110 Hurdles-Women	Final
4:40 PM	100 Hurdles-Men	Final
4:50 PM	400-Women	Final
4:55 PM	400-Men	Final
5:05 PM	100-Women	Final
5:10 PM	100-Men	Final
5:20 PM	800-Women	Final
5:25 PM	800-Men	Final
5:35 PM	400 Hurdles-Women	Final
5:40 PM	400 Hurdles-Men	Final
5:50 PM	200-Women	Final
5:55 PM	200-Men	Final
6:05 PM	5,000-Women	Final
6:25 PM	5,000-Men	Final
6:50 PM	4x400-Women	Final
7:00 PM	4x400-Men	Final

Awards immediately following the last event.

All times Central