Welcome to Colorado College!

We are happy that your team has chosen to play at Colorado College, and would like to take this opportunity to inform you of Colorado College's services and the wonderful Pikes Peak region. We are located in the magnificent Rocky Mountains and encourage you and your student-athletes to explore some of the local attractions.

In this guide you will find a comprehensive listing of our services. Please contact the hotels listed when making reservations for your stay. You will find that these supporters of CC Athletics offer the best accommodations at the most affordable prices in the area. Feel free to share this information with others who are traveling to the Pikes Peak region with your team.

You can access the Official Visitors Guide for Colorado Springs and the Pikes Peak Region online at http://www.visitcos.com. This guide includes valuable information about local attractions and includes detailed maps of Colorado Springs and the Pikes Peak region.

We hope that you will find this information helpful when planning your trip to Colorado Springs. If you have additional questions, please feel free to contact any of our athletics department staff members.

We look forward to your visit to our beautiful campus. In the mean time, we wish you and your program continued success.

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Athletics Staff

Colorado College Department of Athletics
14 East Cache La Poudre (Campus Mailing Address)
44 West Cache La Poudre (Building Address)
Colorado Springs, CO 80903
719-389-6476  719-389-6873 (Fax)
www.cctigers.com

Vice President / Director of Athletics  Lesley Irvine  719-389-6475
Senior Associate AD  Greg Capell  719-389-6493
Associate Director of Athletics, Marketing  Scott Lowenberg  719-389-6111
Assistant Athletic Director for Operations  Andy Obringer  719-389-6107
Director of Sports Medicine  Tom Monagan  719-389-6813
Athletics Insurance Coordinator  Celina Swedlund  719-389-6321
Executive Assistant  Jane Newberry  719-389-6475
Administrative Assistant  Gina Smith  719-389-6476
Campus Security  Maggie Santos  719-389-6707
Director, Recreation & Fitness Center  Chris Starr  719-389-6767
Equipment Manager  Bowen Bradshaw  719-389-6489
Equipment Manager/Hockey  Spud Hamilton  719-477-2184
Honnen Ice Arena  Linda Alexander  719-389-6156
Director of Athletic Marketing  Jessica Bennett  719-389-6336
Assistant Director of Marketing  David Bailey  719-389-6324
Schlessman Pool - Manager  Anne Goodman-James  719-389-6486
Director, Athletics Communications  Jerry Cross  719-389-6755
Associate Director, Athletics Communications  Dave Reed  719-389-6105
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<td>Andy Partee</td>
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<td>Katherine Menendez</td>
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<td>Mike Haviland</td>
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<td>Travis Culhane</td>
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<td>Sean Woods</td>
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<td>Volleyball – Head Coach</td>
<td>Rick Swan</td>
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<td>719-389-6485</td>
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<tr>
<td>Assistant Coach</td>
<td>Chad Koenegstein</td>
<td></td>
<td>719-389-7314</td>
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Sports Medicine, Emergency & Physicians

The athletic training room is located on the 1st floor of the El Pomar Sports Center. The facility offers a variety of services and is supported by five certified athletic trainers. A Colorado College athletic trainer will be on-site for all home varsity events and contact sport practices. If your team is traveling without a certified athletic trainer, advance notice is appreciated. We do ask that all teams bring a stocked medical bag with necessary supplies. Water, ice bags, cups, an AED and biohazard supplies will be provided on your bench. Additional supplies including crutches, splints, etc., will be available if needed. A team physician will, at minimum, be on call for all events, and can be reached through one of our staff athletic trainers.

The Colorado College athletic training room will try to accommodate all reasonable requests. If you are in need of any additional supplies or information, or if we can be of service to you in any way, please do not hesitate to contact a staff member.

Sports Medicine Staff

- **Director of Sports Medicine**: Tom Monagan 719-389-6813
- **Coordinator of Rehabilitation Services**: Katie Lynch 719-389-6991
- **Assistant Athletic Trainer/Hockey**: Jason Bushie 719-389-6488
- **Assistant Athletic Trainer**: Holly Pechacek 719-389-6990
- **Assistant Athletic Trainer**: Angie Matson-Rufenacht 719-389-6154
- **Assistant Athletic Trainer**: Kristen McTernan 719-389-6015

Emergency Information

- **Colorado College Campus Safety**: 719-389-6707
- **Colorado Springs Police**: Emergency - 911 705 S. Nevada Avenue 719-444-7000

Local Medical Facilities closest to Colorado College

- **Penrose Hospital**: 2222 N. Nevada Avenue Colorado Springs, CO 80907 719-776-5000 Emergency - 719-776-5333
- **Memorial Hospital Central**: 1400 East Boulder Street Colorado Springs, CO 80909 719-365-5000
- **Urgent Care**: Davita Medical Group 1633 Medical Center Point Colorado Springs, CO 80907 (719)-636-2999
Athletics Facilities

El Pomar Sports Center
The El Pomar Sports Center houses the athletics department offices as well as J. Juan Reid Arena, home court for the CC basketball and volleyball teams, and Schlessman Natatorium. It is also the location of visiting team locker rooms for both indoor and outdoor events.

Reid Arena
Reid Arena is the home court for CC’s volleyball and basketball teams. The facility features seating for approximately 800 spectators with stands on both sides of the main surface as well as above the east end zone. It is equipped with courtside internet access, as well as telephone service for visiting radio broadcasts and six retractable backboards.

Schlessman Natatorium
Schlessman Natatorium serves as the home for Colorado College’s varsity swimming and diving teams. CC’s aquatic complex features 1- and 3-meter maxiflex diving boards above a 14-feet-deep diving well along with the pool’s eight racing lanes. Recent renovations include a new video board, vestibule entrance, new bleachers and renovated locker rooms.

Washburn Field
Washburn Field is the home for the lacrosse teams, as well as a practice/training facility for track and field. The playing surface, updated in 2019, is the Greensport Synthetic Turf System from Sprinturf’s Natural Series. An enclosed two-story press box houses a medical trainers’ room on its lower level.

Stewart Field
Stewart Field is the current home turf for men’s and women’s varsity soccer. The playing surface, updated in 2019, is the Greensport Synthetic Turf System from Sprinturf’s Natural Series. An enclosed two-story press box houses a medical trainers’ room on its lower level.

The Broadmoor World Arena
One of the finest college hockey facilities anywhere, The Broadmoor World Arena has been on national display as the site for the NCAA West Regional in 2004 and 2008. Part of a $58.8 million complex located in the southern end of the city’s business district off Interstate 25, the main arena features an Olympic-size sheet of ice (100 by 200 feet) and seats 7,380 spectators for hockey.

Burghart Tennis Courts
The Burghart Courts, located adjacent to Washburn Field on the Colorado College campus, provide a home competition site for the men’s and women’s tennis teams. The complex can accommodate as many as five matches at once, with convenient entrances to all courts and easy access to locker rooms.
Athletics Facilities Map & Directions

Following are the directions to various athletic facilities used by Colorado College.

El Pomar Sports Center
44 W. Cache La Poudre St.
Colorado Springs, CO 80903
includes the following:
Reid Arena-basketball and volleyball
Washburn Field-lacrosse
Frank Flood Track-track and field
Stewart Field-soccer
Schlessman Natatorium-swimming and diving
North Monument Valley Park-cross country

From Colorado Springs Municipal Airport:
(approximately 15 miles)
Head west (towards mountains) on Drennan Road
Left on Academy Blvd. to Interstate 25
Right onto Interstate 25 to Exit 143
From Exit 143; turn east
(right or away from mountains) on Uintah Street
Right on Cascade to Cache La Poudre (next stop light)
Right on Cache La Poudre and down the hill
El Pomar Sports Center on the right

From Denver International Airport:
(approximately 90 miles)
Pena Blvd. to Interstate 70-West
Interstate 70-West to Interstate 225-South
Interstate 225-South to Interstate 25 South
Interstate 25 South to Exit 143
From Exit 143; turn east
(left or away from mountains) on Uintah Street
Right on Cascade to Cache La Poudre (next stop light)
Right on Cache La Poudre and down the hill
El Pomar Sports Center on the right

Parking is on the street and very limited near the facility.
Please contact Andy Obringer for bus/van parking info: andy.obringer@coloradocollege.edu or (719) 389-6107

The Broadmoor World Arena
3185 Venetucci Boulevard
Colorado Springs, CO 80906
I-25 to Exit 138 (Lake Ave./Circle Dr.), then go west (towards the mountains)
Continue on Lake Ave., underneath I-25 and merge left to turn left at either Cheyenne Mountain Rd. (1st traffic signal) or Venetucci Blvd. (2nd traffic signal).
If using Cheyenne Mountain Rd., go left at the 1st traffic signal (Geyser Ctr.).
Continue to the end of Geyser Ctr. and enter Lot C on the left.
If using Venetucci Blvd., go left at the 2nd traffic signal (Cheyenne Meadows) to park in Lot B, or continue 1 block further and turn left on Bob Johnson Drive to park in Lot D (at the Ice Hall).
Hotels

Please contact the hotels listed below when making reservations for your stay and ask for the Colorado College Athletics rate. Feel free to share this information with others who are traveling to the Pikes Peak region with your team.

Hyatt Place
503 West Garden of the Gods Road
Colorado Springs, CO 80907
719-265-9385 (phone ext 5105)
719-532-9514 (fax)
www.coloradosprings.place.hyatt.com
Contact: Todd Mees
todd.mees@hyatt.com
complimentary Wi-Fi and breakfast

Fairfield Inn Colorado Springs South
2765 Geyser Drive
Colorado Springs, CO 80906
719-576-1717
www.marriott.com
Contact: Lorna Spangler
lorna.spangler@rhwhotels.com

Marriott Colorado Springs
5580 Tech Center Drive
Colorado Springs, CO 80919
719-260-1800
719-260-1492 (fax)
www.marriott.com
Contact: Jennifer Tisson
jtisson@marriottcoloradosprings.com
includes complimentary hot breakfast

Embassy Suites
7290 Commerce Center Drive
Colorado Springs, CO 80919
719-599-9100
www.wcghotels.com/embassysuites.com
Contact: Parks Bedell
parks.bedell@hilton.com

The Broadmoor
1 Lake Avenue
Colorado Springs, CO 80906
719-623-5112 or 855-634-7711
http://www.broadmoor.com/
One of America's Premiere 5-Star Resorts
no special rates
Restaurants

Following is a small listing of restaurants located near Colorado College as well as near the hotels listed on the previous page. You will also find the usual fast food establishments located throughout the city.

THE FOLLOWING RESTAURANTS ARE PROUD PARTNERS OF COLORADO COLLEGE ATHLETICS

Catering: contact Nate Rose
304-395-3447
natedogg8023@gmail.com
559 S. 8th St.
719-434-3705
4451 Venetucci Blvd Suite 120
719-434-4020
1466 Garden of the Gods Rd.
719-434-4720
Sandwiches $

405 E. Platte Ave.
719-471-2743
502 W Garden of the Gods Rd
719-532-9686
325 E. Fillmore St.
719-471-3357
Mexican/Fast food $

1340 W. Garden of the Gods Rd.
719-268-6874
975-A N. Academy Blvd.
719-314-3616
American, Diners, Breakfast & Brunch

10 S. Tejon St.
719-227-SUBS (7827)
Sandwiches $

604 N. Tejon St.
719-635-7452
Italian $$$

2540 Tenderfoot Hill
719-576-2540
American $$$

252 E. Cheyenne Mtn Blvd.
719-576-5223
American $$$

222 N Tejon St
719-636-2311
Mexican $$$

Other options for meals near the CC campus are numerous.
The main street through downtown Colorado Springs begins at the south side of the CC campus - Tejon St.
In 1893, on a summer break from her professorship at Wellesley College in Massachusetts, Katharine Lee Bates picked up her pen and traveled west to Colorado Springs. From atop purple Pikes Peak, a Front Range mountain six miles west of town, the writer looked east to the rolling plains. Thrilled by the panorama, Bates returned to her hotel room in Colorado Springs and wrote the legendary song, “America the Beautiful.”

Since the 19th century, “The Springs” has inspired poets, lured gold prospectors and welcomed vacationers to its luxurious resorts and local mineral pools. Today, gold mining is but a memory, but the city continues to draw nature lovers who seek inspiration and rejuvenation near the Rockies. Attractions abound: visitors admire the ancient red sandstone formations at the Garden of the Gods public park, explore the trails of Pikes Peak or unwind over Sunday brunch at the luxurious Broadmoor Resort, a coral-pink Italianate estate complex at the foot of Cheyenne Mountain.

Nestled between the Rockies to the west and the plains to the east, and just an hour south of the Denver capital, the second-largest city in Colorado enjoys year-round sunshine and a mild climate. In Downtown, a cultural art scene thrives at the Colorado Springs Philharmonic and, just minutes north, at the Colorado Springs Fine Arts Center, where you will find exhibits showcasing the renowned glassmaker Dale Chihuly, as well as regional artists.

Founded in 1859, historic Old Colorado City is situated west of downtown, between Twenty-Fourth and Twenty-Eighth Streets. In the 1880s, prosperous railroaders and gold miners roistered about in the local saloons and red-light district. Today, shoppers peruse the galleries, kitschy souvenir shops and restaurants.

One of the top Colorado Springs attractions lies about 12 miles north of the city at the U.S. Air Force Academy, established in 1954 on 18,000 verdant acres. The highlight of the tour, which includes B-52 exhibits and a replica of a cadet’s room, is the futuristic non-denominational Air Force chapel, a structure that features 17 spires shaped like razor-sharp pinnacles. The Barry Goldwater Air Force Academy Visitor Center offers films and exhibits on the academy’s history and maps for self-guided tours.

Outdoor enthusiasts who head minutes west to the Garden of the Gods can explore 1,300 acres of spectacular red sandstone formations, molded by wind and rain for more than 300 million years. Twisted columns and abstract monoliths are framed by Pikes Peak, and hiking, biking and horseback riding trails weave past 1,000-year-old juniper trees.

One of the most spectacular views in Colorado also lies six miles west of the city, atop the 14,115-foot summit of Pikes Peak. By private vehicle or plain-old hiking boots, visitors can ascend to the top and take in the 360-degree view that so moved Katharine Lee Bates. A three-hour round-trip by car leads above the timberline, past wildlife such as mountain sheep and deer. At the very top of Pikes Peak, Summit House cafe and trading post sells refreshments and meals.
Colorado Springs Attractions

Cave of the Winds - 6 mi. west of Colorado Springs off Hwy. 24 – 719-685-5444
The cave was discovered in 1881 by two brothers while on a church picnic. The dramatic rock formations offer spectacular images throughout the three guided tours available.

Cheyenne Mountain Zoo - 4250 Cheyenne Mountain Zoo Rd. – 719-633-9925 *CC Athletics Sponsor
Located on Cheyenne Mountain, the zoo showcases more than 500 animals from Siberian tigers to red pandas to Mexican wolves. Other attractions include a nature trail, seasonal tram rides and a vintage carousel.

The museum is housed in the 1903 El Paso County Courthouse and contains displays of regional history.

Garden of the Gods - 1805 N. 30th Street - 719-385-5940/719-634-6666
Colorado Springs is home to this Registered National Natural Landmark. The park has numerous hiking trails and is open year round. The Visitor’s Center provides historical and educational programs as well as a gift shop and restaurant.

Manitou Springs - 6 miles west of downtown Colorado Springs with 3 exits off of Highway 24 West
Within the foothills of Pikes Peak, the storybook town of Manitou Springs offers a little bit of something for everyone to enjoy. Year round attractions, events, nightlife, health and well being will complete your adventure in Manitou Springs.

Pikes Peak - West of Colorado Springs
As the most distinctive peak along the Front Range of Colorado, Pikes Peak rises 14,110 feet above sea level. The summit provides scenic views of the Rampart Range, the Sangre de Cristo Mountains, the Continental Divide, Colorado Springs, Denver and the eastern Colorado prairies. The summit can be reached via the Pikes Peak Highway or the 13-mile Barr National Recreation Trail.

Seven Falls & South Cheyenne Canyon - Cheyenne Blvd., west of Colorado Springs — 719-632-0765
For a dramatic view of the Seven Falls, climb the 185-step stairway or ride the elevator to Eagle’s Nest Platform. From the platform, visitors are treated to views of all seven falls cascading 181 feet down the sheer granite cliff. Native American dances take place during the summer season, mid-May through Labor Day weekend, when visitors also may enjoy nighttime views of the colorfully lighted falls.

United States Olympic Complex - One Olympic Plaza - 719-632-5551
The Olympic Complex is home to the U.S. Olympic Committee and nine National Governing Bodies (NGBs) of Olympic/Pan American sports organizations. Fifteen other NGBs also are located in Colorado Springs. The site features a visitor center that provides information about the USOC, the U.S. Olympic training centers and the Olympic movement. Year-round tours are available. More than 80 percent of the 1996 U.S. Olympic team, which won 101 medals in Atlanta, trained at the U.S. Olympic Training Center in Colorado Springs.

Van Briggle Art Pottery - 1024 S. Tejon Street - 719-633-7729
Potter-sculptor Artus Van Briggle introduced his work to the Pikes Peak region in 1899, and the same styles still are being created today. The studio is one of the oldest active art potteries in the U.S.
Admission Information

Division I - Hockey
www.cctigers.com
719-576-2626
Tickets start at $14
For group tickets contact David Bailey:
david.bailey@coloradocollege.edu or 719-389-6324

Division I - Women's Soccer
$5 Adults
$3 Students (12-18)
12 and under free
Tickets purchased at the gate

Division III - Volleyball and Basketball
$5 Adults
$3 Students (12-18)
12 and under free
Tickets purchased at the gate

-Sports Information
Live stats and box scores will be provided for all games.
A free live stream will be made available for the following Colorado College home contests:
basketball, lacrosse, soccer and volleyball.
Hockey live streams require a subscription to NCHC.tv.
For other services, please contact Dave Reed or Jerry Cross.

Locker Room, Towels & Laundry
A locker room will be made available for your team on game day (if desired).
You will be able to use this locker room pre and post-game.
Towels will be provided.

If you would like to request locker room space during non-gamedays, please contact Andy Obringer:
andy.obringer@coloradocollege.edu or 719-389-6107.

Bench towels will be provided (volleyball/basketball) for your team.

Should you have laundry service needs, please contact Andy Obringer:
andy.obringer@coloradocollege.edu or 719-389-6107.
The Colorado Springs Airport has added a lot of flights in recent months. Before you book a flight through Denver DIA, check out www.flycos.com

For larger vans and buses:

The following rental company is recommended by the Colorado College transportation department.

Colorado Gray Line / Pikes Peak Tours
(719) 633-1181
(800) 345-8197
Joanie@ColoradoGrayLine.com

Yellow Cab of Colorado Springs
719-777-7777

Text For Taxi
719-428-2777
Text pickup address