

### SCHOOL INFORMATION

|                                 |                                |
|---------------------------------|--------------------------------|
| Name.....                       | Eastern Oregon University      |
| Location .....                  | La Grande, Ore.                |
| Founded.....                    | 1929                           |
| Enrollment.....                 | 3,350                          |
| Campus Size.....                | 110 acres                      |
| Nickname.....                   | Mountaineers                   |
| Colors .....                    | Navy & Vegas Gold              |
| Venue.....                      | Community Stadium (3,000/Turf) |
| Affiliation.....                | NAIA                           |
| Conference.....                 | Cascade Collegiate (CCC)       |
| President .....                 | Kelly Ryan                     |
| Athletic Director .....         | Anji Weissenfluh               |
| Faculty Representative.....     | Dr. Michael Fields             |
| Athletic Department Phone ..... | 541-962-3499                   |
| Athletic Department Fax.....    | 541-962-3577                   |

### ATHLETIC MEDIA RELATIONS

|                      |                                                                  |
|----------------------|------------------------------------------------------------------|
| SID .....            | Hope Maes / Danny Amezcuita                                      |
| Statistician .....   | Sam Ghrist                                                       |
| Office Phone .....   | 541-962-3946                                                     |
| Cell Phone .....     | (909) 664-4308                                                   |
| Email .....          | hmaes@eou.com / damezcuita@eou.edu                               |
| Website .....        | www.EOUSports.com                                                |
| Facebook.....        | /EOUAthletics                                                    |
| Twitter.....         | @EOUAthletics                                                    |
| Instagram .....      | @eouathletics                                                    |
| YouTube .....        | /EOUAthletics                                                    |
| Mailing Address..... | Sports Information<br>One University Blvd<br>La Grande, OR 97850 |

### EOU WOMEN'S SOCCER

|                                   |                                  |
|-----------------------------------|----------------------------------|
| Head Coach.....                   | Josh Goodman                     |
| Year at EOU.....                  | 4th                              |
| Overall Record .....              | 34-15-9                          |
| Overall Winning Percentage .....  | (.636)                           |
| Assistant Coaches.....            | Oscar Alegria & Tally Connors    |
| Goalkeeper Coach.....             | Maddie Barker                    |
| Athletic Trainer.....             | Hillary Ishii                    |
| 2025 Record .....                 | 14-6-2                           |
| CCC Record/Finish .....           | 10-2/3rd                         |
| CCC Postseason.....               | Championship (L, 0-1(OT) to COI) |
| NAIA Postseason .....             | First Round (L, 0-1 to OCU)      |
| Final NAIA Ranking.....           | RV                               |
| Letterwinners Returning/Lost..... | 18/17                            |
| Starters Returning/Lost.....      | 5/6                              |
| Seniors .....                     | 4                                |
| Juniors .....                     | 11                               |
| Sophomores.....                   | 2                                |
| Freshmen .....                    | 12                               |
| Newcomers (Non-FR).....           | 2                                |

### 2026 SCHEDULE

| DATE       | OPPONENT                       | LOCATION          | TIME       |
|------------|--------------------------------|-------------------|------------|
| 8/15       | Northwest Nazarene^            | Nampa, ID         | 12:30 PM   |
| 8/22       | SPOKANE COLLEGES^              | LA GRANDE, OR     | 11:00 AM   |
| 8/26       | Pacific University             | Forest Grove, OR  | 10:00 AM   |
| 8/27       | Saint Martin's University      | Lacey, WA         | 1:00 PM    |
| 9/2        | Cumberland University (TN)     | Lebanon, TN       | 1:00 PM CT |
| 9/5        | University of Tennessee S.     | Pulaski, TN       | 7:00 PM ET |
| 9/7        | Campbellsville University (KY) | Lebanon, TN       | 1:00 PM CT |
| 9/13       | Stanton University             | Salem, OR         | 10:00 AM   |
| 9/18       | WALLA WALLA*                   | LA GRANDE, OR     | 1:00 PM    |
| 9/20       | WARNER PACIFIC*                | LA GRANDE, OR     | 10:30 AM   |
| 9/25       | Corban*                        | Salem, OR         | 4:30 PM    |
| 9/26       | Bushnell*                      | Eugene, OR        | 4:30 PM    |
| 10/2       | COLLEGE OF IDAHO*              | LA GRANDE, OR     | 4:00 PM    |
| 10/9       | ROCKY MOUNTAIN*                | LA GRANDE, OR     | 4:00 PM    |
| 10/10      | CARROLL COLLEGE*               | LA GRANDE, OR     | 4:00 PM    |
| 10/16      | Southern Oregon*               | Ashland, OR       | 12:00 PM   |
| 10/17      | Oregon Tech*                   | Klamath Falls, OR | 12:00 PM   |
| 10/24      | Providence*                    | Great Falls, MT   | 12:00 PM   |
| 10/31      | EVERGREEN*                     | LA GRANDE, OR     | 4:00 PM    |
| 11/1       | NORTHWEST*                     | LA GRANDE, OR     | 4:00 PM    |
| 11/7-11    | CCC Tournament                 | MEDFORD, OR       | TBD        |
| 11/19-21   | NAIA Opening Round             | TBD               | TBD        |
| 11/30/12-7 | NAIA National Championships    | DECATUR, AL       | TBD        |

Home Games in CAPS & GOLD | CCC GAME\* | SCRIMMAGE^  
 All Times Listed are in Pacific Time Zone Unless Specified Otherwise

### THE RUNDOWN

Eastern Oregon women's soccer returns to the pitch following a historic 2025 season in which the Mounties finished 14-6-2 overall and 10-2 in Cascade Collegiate Conference play. Under Head Coach Josh Goodman, Eastern recorded its most wins since 2019, including a program-record 10 consecutive matches, advanced to its first CCC Championship match since 2019, and earned its first NAIA National Tournament appearance since 2020.

Despite graduating 11 seniors, Eastern returns a strong core with 18 returners, including five starters, while welcoming 14 newcomers made up of 12 freshmen, one junior college transfer and one NCAA D2 transfer. Leading the returning group is forward Peyton Jacaway, who paced the Mounties with seven goals, 16 points, 48 shots, and 32 shots on goal while posting an impressive .667 shots-on-goal percentage. Fellow attacking threats Ashley Smith and Ava Henkemeyer also return after each tallied four goals and 10 points during the 2025 season.

The Mounties also add an exciting recruiting class highlighted by Samantha Jones from Boise Timbers ECNL, Samantha Gjersvold of West Coast Girls Academy, and Karydn Martinez from Spokane Shadow Girls Academy. With a proven foundation, experienced leadership, and an influx of talented newcomers, Eastern Oregon enters the 2026 season looking to build on last year's breakthrough campaign and make another deep run in conference and national postseason play.

## 2026 ROSTER

| No. | Name               | Pos. | Ht. | Yr.  | Hometown/High School/Previous School             |
|-----|--------------------|------|-----|------|--------------------------------------------------|
| 0   | Hannah Krantz      | GK   | 5-6 | SR   | Deer Park, Wash./ Deer Park HS                   |
| 00  | Meridee Hill       | D    | 5-7 | R-JR | Yelm, Wash./ Yelm HS/ Saint Martin's University  |
| 1   | Elysa Morse        | GK   | 5-9 | FR   | Everett, Wash./ Kamiak HS                        |
| 2   | Kenzie Snell       | MF   | 5-6 | JR   | Keys, Okla. / Fort Gibson HS/ Pittsburg State    |
| 4   | Mackenzie Isaak    | D/MF | 5-4 | JR   | Yakima, Wash./ East Valley HS                    |
| 5   | Gracie Rainsberry  | MF   | 5-2 | JR   | Richland, Wash./ Kamiakin HS                     |
| 6   | Sienna Holbrook    | MF/F | 5-2 | FR   | Meridian, Idaho/ Mountain View HS                |
| 7   | Cassidy Harding    | F    | 5'5 | SO   | West Linn, Ore./ West Linn HS                    |
| 8   | Abbey Atkins       | D    | 5-5 | SR   | Boring, Ore./ Damascus Christian HS              |
| 9   | Samantha Jones     | MF/F | 5-9 | FR   | Meridian, Idaho/ Mountain View HS                |
| 10  | Holly Dorhauer     | MF   | 5-6 | SO   | Yelm, Wash./ Yelm HS                             |
| 11  | Kaydence Martinez  | MF/F | 5-5 | GR   | Moses Lake, Wash./ Moses Lake HS                 |
| 12  | Samantha Gjersvold | F    | 5-7 | FR   | Yorba Linda, Calif./ Esperanza HS                |
| 13  | Ava Henkemeyer     | F    | 5-3 | JR   | Forest Grove, Ore./ Forest Grove HS              |
| 14  | Ava Nelson         | F    | 5-5 | FR   | Redmond, Wash./ Lake Washington HS               |
| 15  | Eveyanna Townsend  | F    | 5-9 | JR   | Yakima, Wash./ East Valley HS                    |
| 16  | Ashley Smith       | F    | 5-4 | JR   | Garden Grove, Calif./ Pacifica HS                |
| 17  | Makenna Moore      | F    | 5-3 | FR   | Greenacres, Wash./ Ridgeline HS                  |
| 18  | Kardyn Martinez    | CB   | 5-7 | FR   | Moses Lake, Wash./ Moses Lake HS                 |
| 19  | Grace Schafer      | MF   | 5-7 | JR   | Boise, Idaho/ Borah HS                           |
| 21  | Joslyn Sizemore    | D    | 5-5 | R-JR | Central Point, Ore./ Crater Renaissance Academy  |
| 22  | Jenna Seals        | W    | 5-6 | FR   | Caldwell, Idaho/ Thomas Jefferson Charter School |
| 23  | Peyton Jacaway     | MF   | 5-2 | SR   | Elko, Nev./ Elko HS                              |
| 25  | Jocelyn Baker      | MF   | 5-8 | FR   | Star, Idaho/ Owyhee HS                           |
| 27  | Addy Osterholm     | MF   | 5-4 | FR   | Happy Valley, Ore. / Adrienne C. Nelson HS       |
| 28  | Calie Hitt         | MF/D | 5-4 | FR   | Apple Valley, Calif./ Granite Hills HS           |
| 30  | Erin Kelley        | MF   | 5-9 | JR   | Huntington Beach, Calif./ Huntington Beach HS    |
| 32  | Taylor Bair        | F    | 5-3 | FR   | Meridian, Idaho/ Owyhee HS                       |
| 99  | Samantha Groesbeck | GK   | 5-8 | JR   | Vancouver, Wash./ Skyview HS/ Columbia Basin     |

## KEY RETURNERS

**#13 Ava Henkemeyer**

Forward • 5-3 • JR

Forest Grove, Ore. • Forest Grove HS

**2025 Awards:** 2nd Team All-CCC, NAIA Scholar Athlete, Academic All-Conference, CSC Academic All-District**2025 Stats:** 22 GP/15 GS, 10 Points (4 Goals, 2 Assist), 37 Shots (19 SOG), .514 SOG%, 2 Game Winning Goals**#16 Ashley Smith**

Forward • 5-4 • JR

Garden Grove, Calif. • Pacifica HS

**2025 Awards:** N/A**2025 Stats:** 21 GP/19 GS, 10 Points (4 Goals, 2 Assist), 25 Shots (12 SOG), .480 SOG%, 2 Game Winning Goals**#23 Peyton Jacaway**

Midfielder • 5-2 • SR

Elko, Nev. • Elko HS

**2025 Awards:** 1st Team All-CCC, Academic All-Conference, CCC OPOTW**2025 Stats:** 22 GP/22 GS, 16 Points (7 Goals, 2 Assist), 48 Shots (32 SOG), .667 SOG%, 2-2 PK-ATT, 2 Game Winning Goals

## KEY LOSSES

**#6 Sydney Peck**

Defender/ Midfielder • 5-6 • GRADUATED

West Jordan, Utah • Real Salt Lake Academy

**2025 Awards:** Academic All-Conference, NAIA Scholar Athlete, CSC Academic All-District**2025 Stats:** 20 GP/17 GS, 1 pts (1 Assist), 3 SOG, anchored the backline to help record 7 shutouts**#28 Tess Sando**

Defender • 5-7 • GRADUATED

Minden, Nev. • Douglas HS

**2025 Awards:** CCC DPOTW**2025 Stats:** 21 GP/18 GS, 5 pts (2 Goals, 1 Assist), 12 shots (7 SOG), .583 SOG%, 1 Game Winning Goal**#32 Karina DeYoung**

Midfielder/ Defender • 5-5 • GRADUATED

Meridian, Idaho • Shattuck St. Mary HS

**2025 Awards:** All-CCC Honorable Mention, Academic All-Conference**2025 Stats:** 22 GP/22 GS, 10 pts (3 Goals, 4 Assists), 38 shots (19 SOG), .500 SOG%, 1 Game Winning Goal

## KEY NEWCOMERS

**#9 Samantha Jones**

Center Forward • 5-9 • FR

Meridian, Idaho • Mountain View HS

ECNL Player • Scoring threat

**#12 Samantha Gjersvold**

Winger • 5-7 • FR

Yorba Linda, Calif. • Esperanza HS

2x Top 5 in the nation finishes in Girls Academy

**#18 Kardyn Martinez**

Center Back • 5-7 • FR

Moses Lake, Wash. • Moses Lake HS

Playoff Girls Academy Team • Physical presence

2025 SEASON STATS

| RECORD:        | OVERALL | HOME  | AWAY  | NEUTRAL |
|----------------|---------|-------|-------|---------|
| ALL GAMES      | 14-6-2  | 8-0-1 | 5-3-0 | 1-3-1   |
| CONFERENCE     | 10-2-0  | 5-0-0 | 5-2-0 | 0-0-0   |
| NON-CONFERENCE | 4-4-2   | 3-0-1 | 0-1-0 | 1-3-1   |

| DATE                   | OPPONENT                          | SCORE          | ATT. |
|------------------------|-----------------------------------|----------------|------|
| 08/21/2025             | Dordt (IA)                        | W, 4-0         | 0    |
| 08/29/2025             | Doane (NE)                        | W, 4-0         | 0    |
| 09/03/2025             | Park-Gilbert (AZ)                 | W, 1-0         | 100  |
| 09/07/2025             | Whitman College                   | T, 2-2         | 0    |
| 09/11/2025             | vs. Central Washington University | L, 2-0         | 79   |
| 09/13/2025             | at Western Oregon                 | L, 3-0         | 198  |
| * 09/19/2025           | at Warner Pacific (OR)            | W, 2-0         | 0    |
| * 09/21/2025           | at Walla Walla                    | W, 5-1         | 116  |
| * 09/26/2025           | Bushnell (OR)                     | W, 3-0         | 0    |
| * 09/27/2025           | Corban (OR)                       | W, 1-0         | 0    |
| * 10/03/2025           | at College of Idaho               | L, 3-1         | 317  |
| * 10/09/2025           | at Carroll (MT)                   | W, 3-1         | 154  |
| * 10/11/2025           | at Rocky Mountain (MT)            | L, 5-1         | 0    |
| * 10/17/2025           | Oregon Tech                       | W, 2-1         | 0    |
| * 10/18/2025           | Southern Oregon                   | W, 2-1         | 0    |
| * 10/24/2025           | Providence (MT)                   | W, 3-2         | 0    |
| * 10/31/2025           | at Northwest (WA)                 | W, 1-0         | 108  |
| * 11/01/2025           | at Evergreen (WA)                 | W, 3-1         | 65   |
| 11/08/2025             | vs. Oregon Tech                   | W, 3-2         | 0    |
| 11/10/2025             | vs. Southern Oregon               | T, 0-0         | 210  |
| 11/12/2025             | vs. College of Idaho              | L, 1-0         | 130  |
| 11/20/2025             | vs. Oakland City                  | L, 1-0         | 50   |
| TEAM STATISTICS        |                                   | EASTERN OREGON | OPP  |
| SHOT STATISTICS        |                                   |                |      |
| Goals-Shot attempts    | 41-334                            | 26-151         |      |
| Goals scored per game  | 1.86                              | 1.18           |      |
| Shot pct.              | .123                              | .172           |      |
| Shots on goal-Attempts | 165-334                           | 81-151         |      |
| SOG pct.               | .494                              | .536           |      |
| Shots/Game             | 15.2                              | 6.9            |      |
| CORNER KICKS           | 124                               | 44             |      |
| PENALTY KICKS          | 2-3                               | 1-2            |      |
| PENALTIES              |                                   |                |      |
| Yellow cards           | 15                                | 16             |      |
| Red cards              | 1                                 | 0              |      |
| ATTENDANCE             |                                   |                |      |
| Total                  | 100                               | 958            |      |
| Dates/Avg per date     | 9/12                              | 8/119          |      |
| Neutral Site #/Avg     | 5/93                              | -              |      |

| FOULS BY PERIOD | 1   | 2   | OT | 2OT | TOTAL |
|-----------------|-----|-----|----|-----|-------|
| Eastern Oregon  | 129 | 132 | 2  | 3   | 266   |
| Opponents       | 73  | 78  | 0  | 2   | 153   |

| ##                | PLAYER            | GP | G       | A  | PTS | SH     | SH%   | SOG  | SOG%  | GW | PK-ATT |
|-------------------|-------------------|----|---------|----|-----|--------|-------|------|-------|----|--------|
| 8                 | Abbey Atkins      | 12 | 0       | 0  | 0   | 2      | .000  | 2    | 1.000 | 0  | 0-0    |
| 00                | Madeline Barker   | 8  | 0       | 0  | 0   | 0      | -     | 0    | -     | 0  | 0-0    |
| 14                | Jillian Brown     | 20 | 0       | 1  | 1   | 14     | .000  | 8    | .571  | 0  | 0-0    |
| 32                | Karina DeYoung    | 22 | 3       | 4  | 10  | 38     | .079  | 19   | .500  | 1  | 0-0    |
| 18                | Holly Dorhauer    | 21 | 3       | 0  | 6   | 14     | .214  | 6    | .429  | 0  | 0-0    |
| 1                 | Kennady Flint     | 1  | 0       | 0  | 0   | 0      | -     | 0    | -     | 0  | 0-0    |
| 22                | Amanda Gribble    | 21 | 0       | 0  | 0   | 11     | .000  | 2    | .182  | 0  | 0-0    |
| 33                | Cassidy Harding   | 15 | 0       | 0  | 0   | 2      | .000  | 0    | .000  | 0  | 0-0    |
| 31                | Ava Henkemeyer    | 22 | 4       | 2  | 10  | 37     | .108  | 19   | .514  | 2  | 0-1    |
| 13                | Emersyn Heuett    | 2  | 0       | 0  | 0   | 0      | -     | 0    | -     | 0  | 0-0    |
| 24                | Meridee Hill      | 1  | 0       | 0  | 0   | 0      | -     | 0    | -     | 0  | 0-0    |
| 9                 | Carly Imes        | 15 | 3       | 0  | 6   | 10     | .300  | 5    | .500  | 2  | 0-0    |
| 4                 | Mackenzie Isaak   | 13 | 0       | 0  | 0   | 5      | .000  | 3    | .600  | 0  | 0-0    |
| 23                | Peyton Jacaway    | 22 | 7       | 2  | 16  | 48     | .146  | 32   | .667  | 2  | 2-2    |
| 30                | Erin Kelley       | 22 | 0       | 1  | 1   | 5      | .000  | 2    | .400  | 0  | 0-0    |
| 0                 | Hannah Krantz     | 4  | 0       | 0  | 0   | 0      | -     | 0    | -     | 0  | 0-0    |
| 11                | Kaydence Martinez | 14 | 0       | 0  | 0   | 7      | .000  | 2    | .286  | 0  | 0-0    |
| 3                 | Sienna Newhouse   | 9  | 0       | 0  | 0   | 2      | .000  | 0    | .000  | 0  | 0-0    |
| 6                 | Sydney Peck       | 20 | 0       | 1  | 1   | 3      | .000  | 3    | 1.000 | 0  | 0-0    |
| 25                | Delaney Pink      | 20 | 1       | 0  | 2   | 5      | .200  | 2    | .400  | 0  | 0-0    |
| 7                 | Megan Poler       | 8  | 0       | 0  | 0   | 3      | .000  | 1    | .333  | 0  | 0-0    |
| 5                 | Gracie Rainsberry | 17 | 4       | 2  | 10  | 14     | .286  | 7    | .500  | 1  | 0-0    |
| 10                | Macy Reed         | 22 | 2       | 5  | 9   | 25     | .080  | 10   | .400  | 1  | 0-0    |
| 12                | Hailey Rogan      | 22 | 0       | 0  | 0   | 6      | .000  | 3    | .500  | 0  | 0-0    |
| 20                | Siena Salazar     | 21 | 5       | 2  | 12  | 27     | .185  | 14   | .519  | 0  | 0-0    |
| 28                | Tess Sando        | 21 | 2       | 1  | 5   | 12     | .167  | 7    | .583  | 1  | 0-0    |
| 19                | Grace Schafer     | 1  | 0       | 0  | 0   | 0      | -     | 0    | -     | 0  | 0-0    |
| 99                | Rylee Schei       | 16 | 0       | 0  | 0   | 0      | -     | 0    | -     | 0  | 0-0    |
| 21                | Joslyn Sizemore   | 21 | 3       | 1  | 7   | 15     | .200  | 4    | .267  | 2  | 0-0    |
| 16                | Ashley Smith      | 21 | 4       | 2  | 10  | 25     | .160  | 12   | .480  | 2  | 0-0    |
| 15                | Eveyanna Townsend | 3  | 0       | 0  | 0   | 2      | .000  | 1    | .500  | 0  | 0-0    |
| 17                | Ava Weatherly     | 5  | 0       | 0  | 0   | 1      | .000  | 1    | 1.000 | 0  | 0-0    |
| Totals            |                   | 22 | 41      | 24 | 106 | 334    | .123  | 165  | .494  | 14 | 2-3    |
| Opponents         |                   | 22 | 26      | 18 | 70  | 151    | .172  | 81   | .536  | 6  | 1-2    |
| ##                | GOALIE            | GP | MIN     |    | GA  | GA AVG | SAVES | PCT  | W-L-T |    | SHO    |
| 00                | Madeline Barker   | 7  | 578:11  |    | 5   | 0.78   | 15    | .750 | 2-3-1 |    | 1      |
| 0                 | Hannah Krantz     | 3  | 156:36  |    | 5   | 2.87   | 3     | .375 | 1-0-0 |    | 0      |
| 99                | Rylee Schei       | 15 | 1283:24 |    | 16  | 1.12   | 37    | .698 | 8-2-1 |    | 5      |
| Totals            |                   | 22 | 2018:11 |    | 26  | 1.16   | 55    | .679 | 0-0-0 |    | 8      |
| Opponents         |                   | 22 | 2018:11 |    | 41  | 1.83   | 120   | .745 | 0-0-0 |    | 5      |
| GOALS BY PERIOD   |                   |    |         |    | 1   | 2      | OT    | 2OT  | TOTAL |    |        |
| Eastern Oregon    |                   |    |         |    | 23  | 18     | 0     | 0    | 41    |    |        |
| Opponents         |                   |    |         |    | 12  | 13     | 0     | 1    | 26    |    |        |
| SHOTS BY PERIOD   |                   |    |         |    | 1   | 2      | OT    | 2OT  | TOTAL |    |        |
| Eastern Oregon    |                   |    |         |    | 167 | 164    | 0     | 3    | 334   |    |        |
| Opponents         |                   |    |         |    | 63  | 82     | 1     | 5    | 151   |    |        |
| SAVES BY PERIOD   |                   |    |         |    | 1   | 2      | OT    | 2OT  | TOTAL |    |        |
| Eastern Oregon    |                   |    |         |    | 24  | 28     | 1     | 2    | 55    |    |        |
| Opponents         |                   |    |         |    | 62  | 61     | 0     | 1    | 124   |    |        |
| CORNERS BY PERIOD |                   |    |         |    | 1   | 2      | OT    | 2OT  | TOTAL |    |        |
| Eastern Oregon    |                   |    |         |    | 54  | 67     | 2     | 1    | 124   |    |        |
| Opponents         |                   |    |         |    | 16  | 25     | 0     | 3    | 44    |    |        |