



2026 Championships

Friday, May 8

10:30 a.m. Coaches meeting

Friday, May 8

1:00 p.m. (W) Hammer -immediately following- (M) Hammer

1:00 p.m. (M) Shot- immediately following (W) Shot

1:00 p.m. (W) Pole Vault

1:00 p.m. (M/W) 5K racewalk (non-counter towards CCC team scores)

1:45 p.m. (W) 4 x 800 Relay (M) 4 x 800 Relay (non-counter towards CCC team scores/NAIA qualification only)

2:00 p.m. Multi's Awards Presentations

2:05 P.M. (W) Steeplechase

2:25 P.M. (M) Steeplechase

2:40 p.m. (W) 4x100 Relay

2:50 p.m. (M) 4x100 Relay

3:00 p.m. (M) Long Jump (pit 1) -(W) Long Jump (pit 2)

3:00 p.m. (W) 1,500

3:15 p.m. (M) 1,500

3:25 p.m. (W) 100 Hurdles

3:40 p.m. (M) 110 Hurdles

3:55 p.m. (W) 400

4:00 p.m. (M) Pole Vault

4:05 p.m. (M) 400

4:15 p.m. (W) 10 K *

5:05 p.m. (M) 10 K *

*Tentative and may be adjusted later depending on the weather

Saturday, May 9

10 a.m.

Graduation Ceremony

10:30 a.m. (M) Discus,- immediately following- (W) Discus

(M) Triple Jump- (pit 1) (W) Triple Jump- pit (2)

(W) High Jump immediately following (M) High Jump

1:30 p.m. (M) Javelin immediately following- W) Javelin

1:30 p.m. (W) 100

1:40 p.m. (M) 100

1:50 p.m. (W) 800

2:00 p.m. (M) 800

2:15 p.m. (W) 400 Hurdles

2:25 p.m. (M) 400 Hurdles

2:35 p.m. (W) 200

2:45 p.m. (M) 200

2:55 p.m. (W) 5,000

3:25 p.m. (M) 5,000

3:45 p.m. (W) 4x400 Relay

3:55 p.m. (M) 4x400 Relay

4:00 p.m. Coaches Meeting

4:15 p.m. Final Awards