

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Women 100 Meter Dash**

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CCC Record: # 11.78 2019 Katherine Lucas, British Columbia

NAIA A Qual: A 11.90

NAIA B Qual: B 12.00

Name	Year	School	Seed	Finals	Wind	H#	Points
=====							
Finals							
1 Sobkowich, Hanna	SO	British Columbia	11.70	11.69	3.0	2	10
2 Rastad, Emma	JR	British Columbia	12.04	11.93	3.0	2	8
3 Wood, Sage	SO	College of Idaho	12.35	12.08	3.0	2	6
4 Bowman, Charlotte	SO	College of Idaho	12.42	12.26	3.0	2	5
5 Brown, Katie	SO	Eastern Oregon	12.72	12.27	3.4	1	4
6 Chavarria, Yahaira	SO	Eastern Oregon	12.31	12.30	3.0	2	3 12.291
7 Kelly, Madigan	SO	Lewis-Clark	12.54	12.30	3.0	2	2 12.299
8 Peters, Hero	JR	Corban	12.29	12.40	3.0	2	1
9 Macdonald, Allison	JR	British Columbia	12.55	12.49	3.0	2	12.482
10 Urbanowicz, Sonya	FR	British Columbia	12.77	12.49	3.4	1	12.484
11 Behnke, Lizzy	SO	Northwest U.	12.78	12.60	3.4	1	
12 Desemone, Madeline	SO	Bushnell	12.89	12.61	3.4	1	
13 Williams, Sade	FR	Eastern Oregon	13.06	12.62	3.4	1	
14 Robertson, Janea	FR	Bushnell	13.02	12.64	3.4	1	

Women 200 Meter Dash

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CCC Record: # 24.28 5/14/2022 Katherine Lucas, British Columbia

NAIA A Qual: A 24.65

NAIA B Qual: B 24.80

Name	Year	School	Seed	Finals	Wind	H#	Points
=====							
1 Sobkowich, Hanna	SO	British Columbia	24.43	23.99	3.7	2	10
2 Chavarria, Yahaira	SO	Eastern Oregon	25.68	24.78	3.7	2	8
3 Grogan, Anika	JR	Lewis-Clark	25.68	24.86	3.7	2	6
4 Wood, Sage	SO	College of Idaho	25.88	24.96	3.7	2	5
5 Robertson, Janea	FR	Bushnell	26.00	25.37	4.3	1	4
6 Smith, Cayla	JR	British Columbia	25.97	25.42	3.7	2	3
7 Brown, Katie	SO	Eastern Oregon	26.33	25.46	4.3	1	2
8 Bowman, Charlotte	SO	College of Idaho	25.98	25.57	3.7	2	1
9 Collins, Emily	FR	Lewis-Clark	26.07	25.59	4.3	1	
10 Peters, Hero	JR	Corban	26.27	25.79	4.3	1	
11 Behnke, Lizzy	SO	Northwest U.	26.35	26.01	4.3	1	

Women 400 Meter Dash

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CCC Record: # 55.39 2021 Arianna Daniel, Southern Oregon

NAIA A Qual: A 56.90

NAIA B Qual: B 57.36

Name	Year	School	Seed	Finals	H#	Points
=====						
1 Smith, Cayla	JR	British Columbia	57.21	57.59	3	10
2 Grogan, Anika	JR	Lewis-Clark	58.40	57.96	3	8
3 Collins, Emily	FR	Lewis-Clark	57.85	58.02	3	6
4 Chavarria, Yahaira	SO	Eastern Oregon	59.72	59.00	2	5
5 Dumas, Aayzia	SR	Southern Oregon	59.38	59.23	3	4
6 Robertson, Janea	FR	Bushnell	59.91	59.30	2	3
7 Peck, Sydney	FR	Eastern Oregon	1:00.11	59.64	2	2
8 Correa, Geraldin	JR	Lewis-Clark	59.65	59.85	3	1

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women 400 Meter Dash**

9 Mai, Adrienne	SO Bushnell	1:01.24	1:00.04	1	
10 Baxter, Jaimee	JR Eastern Oregon	1:00.84	1:00.61	1	1:00.606
11 Butler, Zoe	SO College of Idaho	1:00.13	1:00.61	2	1:00.607
12 Behnke, Lizzy	SO Northwest U.	1:00.66	1:00.71	2	
13 Everson, Lily	FR Oregon Tech	1:02.58	1:01.41	1	
14 Barylski, Chloe	SO College of Idaho	1:00.29	1:01.69	2	
15 Elison, Dalli	FR Lewis-Clark	1:03.81	1:02.18	1	
16 Brown, Juliana	JR Corban	1:02.80	1:02.92	1	

Women 800 Meter Run

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CCC Record: # 2:09.97 2019 Nicola Symonds, British Columbia

NAIA A Qual: A 2:14.40

NAIA B Qual: B 2:16.00

Name	Year School	Seed	Finals	H#	Points
=====	=====	=====	=====	=====	=====
1 Shirts, Abbey	SO College of Idaho	2:10.86	2:11.30A	2	10
2 MacGillivray, Holly	SO British Columbia	2:10.58	2:11.49A	2	8
3 Herbes, Michelle	SR Eastern Oregon	2:13.89	2:12.74A	2	6
4 Pfohl, Amelia	SO British Columbia	2:19.12	2:14.76B	2	5
5 Correa, Geraldin	JR Lewis-Clark	2:15.98	2:14.91B	2	4
6 Mitchell, Lauryn	SO Eastern Oregon	2:14.74	2:15.52B	2	3
7 Fleming, Elysse	SO British Columbia	2:21.56	2:20.89	1	2
8 Tiegs, Grace	FR Lewis-Clark	2:21.51	2:21.11	1	1
9 Gebhardt, Katie Jo	SR Eastern Oregon	2:18.41	2:21.30	2	
10 Mauk, Sarah	JR Southern Oregon	2:19.78	2:21.55	2	
11 Shell, Brooklyn	JR Lewis-Clark	2:23.73	2:21.84	1	
12 McManus, Megan	SO College of Idaho	2:21.39	2:22.82	1	
13 Kuskie, Jovi	FR College of Idaho	2:22.12	2:23.50	1	
14 Nichols, Madelyn	SO Eastern Oregon	2:20.52	2:24.46	1	
15 Bohuta, Anya	JR Northwest U.	2:26.57	2:25.63	1	
16 Morris, Riley	FR Eastern Oregon	2:19.81	2:26.45	1	

Women 1500 Meter Run

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CCC Record: # 4:29.16 2014 Hilary Holt, College of Idaho

NAIA A Qual: A 4:36.00

NAIA B Qual: B 4:40.00

Name	Year School	Seed	Finals	Points
=====	=====	=====	=====	=====
1 MacGillivray, Holly	SO British Columbia	4:17.60	4:25.54#	10
2 Shirts, Abbey	SO College of Idaho	4:23.40	4:28.30#	8
3 Herbes, Michelle	SR Eastern Oregon	4:32.58	4:34.59A	6
4 Pfohl, Amelia	SO British Columbia	4:35.45	4:36.17B	5
5 Becker, Kyla	JR British Columbia	4:31.95	4:38.29B	4
6 Beckett, Marley	FR British Columbia	4:31.35	4:39.66B	3
7 Figueira, Kahea	SO College of Idaho	4:45.34	4:41.41	2
8 Doorenspleet, Zoe	SO British Columbia	4:46.05	4:46.32	1
9 Fleming, Elysse	SO British Columbia	4:45.44	4:48.49	
10 Gebhardt, Katie Jo	SR Eastern Oregon	4:50.73	4:48.63	
11 Morris, Riley	FR Eastern Oregon	4:49.43	4:51.24	
12 Kuskie, Rebecca	SO Bushnell	4:52.14	4:53.13	
13 McManus, Megan	SO College of Idaho	4:57.37	4:54.11	
14 Shell, Brooklyn	JR Lewis-Clark	4:43.80	4:55.89	
15 Campbell, Mackenzie	SO British Columbia	4:35.51	4:58.19	

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women 1500 Meter Run**

16 Nichols, Madelyn	SO Eastern Oregon	4:59.04	4:58.79
17 Tiegs, Grace	FR Lewis-Clark	4:49.66	5:08.48
18 Dixon, Grace	FR Lewis-Clark		5:20.93
19 Wosachlo, DeAsia	SO Multnomah	5:11.35	5:24.66
-- Mortimer, Rachel	SO British Columbia	4:20.51	DNF

Women 5000 Meter Run

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CCC Record: # 16:37.47 2017 Jessa Perkinson, Southern Oregon

NAIA A Qual: A 17:30.00

NAIA B Qual: B 17:40.00

Name	Year	School	Seed	Finals	Points
1 Figueira, Kahea	SO	College of Idaho	17:34.48	17:56.42	10
2 Lopez, Alejandra	JR	Southern Oregon	17:52.39	17:59.03	8
3 Tingelstad, Ellyse	SO	College of Idaho	17:00.96	18:11.24	6
4 Martin, Sage	SO	College of Idaho	16:48.00	18:16.26	5
5 Mauer, Larissa	SR	College of Idaho	18:10.79	18:31.84	4
6 Kuskie, Rebecca	SO	Bushnell	18:17.44	18:43.73	3
7 Brodahl, Haylee	SR	Southern Oregon	18:18.65	19:02.03	2
8 Connor, Molly	SO	College of Idaho	18:20.90	19:13.22	1
9 Overberg, Chloe	FR	Lewis-Clark	18:04.82	19:17.51	
10 Smith, Maya	SR	Southern Oregon	18:39.06	19:48.39	

Women 10000 Meter Run

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CCC Record: # 36:45.20 2011 Stephanie Hescok, Northwest Christian

NAIA A Qual: A 37:30.00

NAIA B Qual: B 38:13.00

Name	Year	School	Seed	Finals	Points
1 Tingelstad, Ellyse	SO	College of Idaho	35:41.88	37:26.64A	10
2 Hartman, Kaylea	JR	Northwest U.		37:45.62B	8
3 Kizziar, Sydnee	SR	Southern Oregon	38:47.05	37:52.47B	6
4 Connor, Molly	SO	College of Idaho	38:06.82	38:08.21B	5
5 Overberg, Chloe	FR	Lewis-Clark	39:59.68	38:08.79B	4
6 Koehler, Judah	SO	Corban	42:02.01	42:46.47	3
7 Campbell, Emma	SO	College of Idaho	44:18.53	43:59.29	2
8 Janzer, Lindsay	SR	Corban	46:47.58	48:16.72	1

Women 100 Meter Hurdles

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CCC Record: # 14.13 2014 Jasmine Hurd, College of Idaho

NAIA A Qual: A 14.45

NAIA B Qual: B 14.75

Name	Year	School	Seed	Finals	Wind H#	Points
1 Kelly, Madigan	SO	Lewis-Clark	14.22	14.14	2.3 3	10
2 Bayes, Morgan	SR	Eastern Oregon	15.18	14.93	2.3 3	8
3 Britt, Ashley	SR	Lewis-Clark	15.35	15.04	2.3 3	6
4 Collins, India	SO	Southern Oregon	15.84	15.29	1.7 2	5
5 Stevens, Abi	JR	Southern Oregon	15.10	15.42	2.3 3	4
6 Conley, Sammy	SO	Eastern Oregon	15.89	15.44	1.7 2	3
7 Bedard, Karli	JR	Eastern Oregon	15.58	15.52	2.3 3	2
8 Carpenter, Jennah	SO	Lewis-Clark	15.78	15.53	1.7 2	1

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women 100 Meter Hurdles**

9	Young, Roby	SO	College of Idaho	16.40	15.68	2.5	1
10	Odell, Ally	JR	Oregon Tech	15.54	15.70	2.3	3
11	Janikowski, Sierra	SO	Bushnell	16.07	16.05	2.5	1
12	Grandle, Lizzy	FR	Eastern Oregon	15.62	16.09	1.7	2
13	Strickland, Abigail	SO	Evergreen St.	16.10	16.10	2.5	1
14	Bauer, Sienna	JR	Southern Oregon	15.60	16.18	1.7	2
15	Sofaly, Ally	FR	College of Idaho	15.91	16.39	1.7	2
16	Hodges, Jenna	SR	Southern Oregon	16.61	16.74	2.5	1
17	Dickman, Kylee	FR	Bushnell	17.63	16.78	2.5	1
18	Parker, Corona	SO	Evergreen St.	15.58	22.74	1.7	2

Women 400 Meter Hurdles

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CCC Record: # 59.63 2014 Amelia Maguin, Southern Oregon

NAIA A Qual: A 1:03.30

NAIA B Qual: B 1:04.70

Name	Year	School	Seed	Finals	H#	Points
1 Britt, Ashley	SR	Lewis-Clark	1:02.88	1:02.55A	3	10
2 Bayes, Morgan	SR	Eastern Oregon	1:03.33	1:02.65A	3	8
3 Hathaway, Sara	JR	Lewis-Clark	1:05.64	1:04.79	3	6
4 Ortiz, India	FR	Southern Oregon	1:05.84	1:05.46	3	5
5 Peck, Sydney	FR	Eastern Oregon	1:06.28	1:05.61	3	4
6 Bonzani, Kendall	SO	Eastern Oregon	1:08.36	1:07.19	3	3
7 Bedard, Karli	JR	Eastern Oregon	1:08.91	1:08.52	2	2
8 Strickland, Abigail	SO	Evergreen St.	1:07.93	1:08.78	3	1
9 Collins, India	SO	Southern Oregon	1:09.72	1:09.37	2	
10 Young, Roby	SO	College of Idaho	1:08.44	1:09.61	2	
11 Everson, Lily	FR	Oregon Tech	1:08.60	1:09.72	2	
12 Elison, Dalli	FR	Lewis-Clark	1:07.78	1:09.83	3	
13 Hirte, Kristi	SO	Corban	1:10.12	1:10.80	1	
14 Janikowski, Sierra	SO	Bushnell	1:09.19	1:11.52	2	
15 Heulsman, Charlie	FR	Bushnell	1:12.44	1:11.84	1	
16 Pilcher, Keelyn	SO	Lewis-Clark	1:11.47	1:12.73	1	
17 Litton, Graycee	FR	College of Idaho	1:12.01	1:13.30	1	

Women 3000 Meter Steeplechase

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CCC Record: # 10:20.57 5/13/2022 Jenna Melanson, British Columbia

NAIA A Qual: A 11:18.00

NAIA B Qual: B 11:30.00

Name	Year	School	Seed	Finals	Points
1 Martin, Sage	SO	College of Idaho	10:23.11	10:52.75A	10
2 Hennessey, Jamie	SR	British Columbia	10:35.77	11:00.68A	8
3 Mauer, Larissa	SR	College of Idaho	10:58.24	11:33.65	6
4 Dara, Samantha	JR	Corban	11:34.04	11:53.86	5
5 Forster, Lauren	SO	Southern Oregon	11:17.13	12:13.16	4
6 McKay, Dierdre	SR	Eastern Oregon	11:58.04	12:14.08	3
7 Dixon, Grace	FR	Lewis-Clark	12:10.75	12:38.52	2
8 Cook, Kaitlin	SO	Bushnell	12:46.68	13:03.10	1
9 Goodman, Harmony	FR	Bushnell	12:53.87	13:45.23	

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Women 4x100 Meter Relay**

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CCC Record: # 46.11 5/13/2022 Southern Oregon, Southern Oregon
A Dumas, C Lawrence, B Touey, L Bonney

NAIA A Qual: A 47.85

NAIA B Qual: B 48.00

School	Seed	Finals	Points
=====	=====	=====	=====
1 British Columbia	46.91	46.98A	10
1) Rastad, Emma JR	2) Urbanowicz, Sonya FR		
3) Smith, Cayla JR	4) Sobkowich, Hanna SO		
2 College of Idaho	48.11	47.51A	8
1) Barylski, Chloe SO	2) Trent, Addison FR		
3) Bowman, Charlotte SO	4) Wood, Sage SO		
3 Eastern Oregon	48.59	47.59A	6
1) Chavarria, Yahaira SO	2) Williams, Sade FR		
3) Peck, Sydney FR	4) Brown, Katie SO		
4 Lewis-Clark	48.72	48.06	5
1) Grogan, Anika JR	2) Collins, Emily FR		
3) Carpenter, Jennah SO	4) Kelly, Madigan SO		
5 Corban		50.27	4
1) Brown, Juliana JR	2) Hirte, Kristi SO		
3) Miller, Jenna JR	4) Peters, Hero JR		
-- Bushnell	49.69	DQ	Exchange Violation
1) Mai, Adrienne SO	2) Robertson, Janea FR		
3) Desemone, Madeline SO	4) Phillips, Sarah JR		

Women 4x400 Meter Relay

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CCC Record: # 3:47.37 5/14/2022 British Columbia, British Columbia
K Lucas, C Smith, H Fashina-Bombata, H Sobkowich

NAIA A Qual: A 3:55.00

NAIA B Qual: B 3:57.00

School	Seed	Finals	Points
=====	=====	=====	=====
1 British Columbia	4:01.00	3:54.78A	10
1) Smith, Cayla JR	2) Rastad, Emma JR		
3) Campbell, Mackenzie SO	4) Sobkowich, Hanna SO		
2 Eastern Oregon	4:01.09	3:55.15B	8
1) Bayes, Morgan SR	2) Peck, Sydney FR		
3) Mitchell, Lauryn SO	4) Herbes, Michelle SR		
3 Lewis-Clark	3:57.29	3:55.24B	6
1) Grogan, Anika JR	2) Hathaway, Sara JR		
3) Correa, Geraldine JR	4) Collins, Emily FR		
4 Southern Oregon	3:59.24	3:57.09	5
1) Dumas, Aayzia SR	2) Mauk, Sarah JR		
3) Stevens, Abi JR	4) Ortiz, India FR		
5 Bushnell	4:04.45	4:02.47	4
1) Mai, Adrienne SO	2) Bailon, Olivia SO		
3) Desemone, Madeline SO	4) Robertson, Janea FR		
6 College of Idaho	4:06.93	4:03.84	3
1) Barylski, Chloe SO	2) Butler, Zoe SO		
3) Shirts, Abbey SO	4) Wood, Sage SO		
7 Corban	4:18.97	4:17.11	2
1) Brown, Juliana JR	2) Dara, Samantha JR		
3) Hirte, Kristi SO	4) Peters, Hero JR		

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Women High Jump**

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CCC Record: # 1.70m 5/14/2022 Jennah Carpenter, Lewis-Clark St.

NAIA A Qual: A 1.68m

NAIA B Qual: B 1.65m

Name	Year	School	Seed	Finals	Points
=====	=====	=====	=====	=====	=====
1 Carpenter, Jennah	SO	Lewis-Clark	1.66m	1.68mA	5-06.00 10
1.40 1.45 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71					
PPP PPP PPP PPP O PPP XO O XO XXX					
2 Stevens, Abi	JR	Southern Oregon	1.66m	1.65mB	5-05.00 8
1.40 1.45 1.50 1.53 1.56 1.59 1.62 1.65 1.68					
PPP PPP PPP PPP O XXO O XO XXX					
3 Grandle, Lizzy	FR	Eastern Oregon	1.58m	1.59m	5-02.50 6
1.40 1.45 1.50 1.53 1.56 1.59 1.62					
PPP PPP O O XO O XXX					
4 Parker, Corona	SO	Evergreen St.	1.59m	J1.59m	5-02.50 5
1.40 1.45 1.50 1.53 1.56 1.59 1.62					
PPP PPP PPP XO O XO XXX					
5 Pimblett, Sarah	FR	British Columbia	1.62m	J1.59m	5-02.50 4
1.40 1.45 1.50 1.53 1.56 1.59 1.62					
PPP PPP O O O XXO XXX					
6 Harrison, Morgan	SO	College of Idaho	1.52m	J1.59m	5-02.50 3
1.40 1.45 1.50 1.53 1.56 1.59 1.62					
PPP O XO O XO XXO XXX					
7 Odell, Ally	JR	Oregon Tech	1.57m	1.56m	5-01.25 1.50
1.40 1.45 1.50 1.53 1.56 1.59					
O O O XXO O XXX					
7 Washington, Adrienne	FR	Eastern Oregon	1.53m	1.56m	5-01.25 1.50
1.40 1.45 1.50 1.53 1.56 1.59					
PPP O O XXO O XXX					
9 Haughton, Ashton	FR	Eastern Oregon	1.48m	J1.56m	5-01.25
1.40 1.45 1.50 1.53 1.56 1.59					
O O O XO XXO XXX					
10 Harless, Emma	FR	Lewis-Clark	1.58m	1.53m	5-00.25
1.40 1.45 1.50 1.53 1.56					
PPP O XXO O XXX					
11 Conley, Sammy	SO	Eastern Oregon	1.49m	1.50m	4-11.00
1.40 1.45 1.50 1.53					
O O O XXX					
12 Young, Roby	SO	College of Idaho	1.63m	J1.50m	4-11.00
1.40 1.45 1.50 1.53					
PPP XO O XXX					
13 Bratscher, Brittan	JR	Oregon Tech	1.52m	J1.50m	4-11.00
1.40 1.45 1.50					
PPP PPP XO					
14 Phillips, Sarah	JR	Bushnell	1.48m	1.45m	4-09.00
1.40 1.45 1.50					
O XO XXX					

Results

Women Long Jump

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Rastad, Emma	JR	British Columbia	5.78m	5.95m	3.1	19-06.25	2 10
5.79m(2.2)	FOUL	5.95m(3.1)	5.89m(1.8)	5.85m(2.0)	5.80m(2.2)		
2 Browne, Princess	SO	Multnomah	5.54m	5.88m	2.5	19-03.50	2 8
FOUL	5.67m(1.6)	5.88m(2.5)	5.82m(1.7)	5.88m(2.6)	PASS		
3 Trent, Addison	FR	College of Idaho	5.59m	5.88m	3.3	19-03.50	2 6
FOUL	FOUL	5.58m(2.2)	5.56m(2.8)	5.50m(2.2)	5.88m(3.3)		
4 Macdonald, Allison	JR	British Columbia	5.55m	5.87mA	1.4	19-03.25	2 5
5.87m(1.4)	5.59m(1.3)	5.67m(2.9)	5.44m(2.2)	FOUL	5.76m(3.3)		
5 Dutchak, Rebecca	JR	British Columbia	5.67m	5.80m	2.2	19-00.50	2 4
FOUL	5.79m(1.7)	5.80m(2.2)	5.56m(2.8)	5.58m(2.6)	PASS		
6 Pappas, Mayah	SO	Bushnell	5.41m	5.71m	3.8	18-09.00	2 3
5.54m(4.6)	5.63m(3.0)	5.71m(3.8)	5.49m(1.7)	5.67m(2.8)	5.68m(3.2)		
7 Hodges, Jenna	SR	Southern Oregon	5.16m	5.46m	2.0	17-11.00	2 2
5.46m(2.0)	5.34m(1.1)	FOUL	5.07m(2.2)	5.22m(1.4)	5.33m(2.4)		

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women Long Jump**

8	Stevens, Abi	JR Southern Oregon	5.46m	5.40m	2.2	17-08.75	2	1
	5.38m(3.0) 5.26m(1.8) PASS	FOUL	5.40m(2.2) 5.37m(2.3)					
9	Bedard, Karli	JR Eastern Oregon	5.16m	5.29m	2.0	17-04.25	2	
	5.17m(2.2) 5.29m(2.0) FOUL	4.52m(1.6) FOUL	5.26m(3.8)					
10	Bratscher, Brittan	JR Oregon Tech	5.08m	5.19m	2.5	17-00.50	1	
	4.96m(1.0) FOUL	5.19m(2.5)						
11	Williams, Sade	FR Eastern Oregon	5.08m	5.17m	0.7	16-11.50	1	
	5.08m(1.4) 5.17m(0.7) 5.06m(2.5)							
12	Harrison, Morgan	SO College of Idaho	4.98m	5.13m	+0.0	16-10.00	1	
	5.13m(+0.0) 4.96m(0.2) 4.06m(3.3)							
13	Bauer, Sienna	JR Southern Oregon	5.10m	5.10m	+0.0	16-08.75	1	
	5.10m(+0.0) FOUL	4.91m(1.1)						
14	Robertson, Janea	FR Bushnell	5.29m	5.09m	3.4	16-08.50	2	
	5.03m(3.3) 5.09m(3.4) FOUL							
15	Clay, Sophi	FR College of Idaho	5.16m	5.03m	3.0	16-06.00	2	
	FOUL	4.65m(1.9) 5.03m(3.0)						
16	Pimblett, Sarah	FR British Columbia	4.95m	4.95m	2.3	16-03.00	1	
	4.95m(2.3) 4.92m(2.1) PASS							
17	Sofaly, Ally	FR College of Idaho	5.15m	4.89m	+0.0	16-00.50	1	
	4.89m(+0.0) PASS	PASS						
18	Vanderwyk, Sara	FR College of Idaho	4.90m	4.86m	0.7	15-11.50	1	
	4.54m(+0.0) FOUL	4.86m(0.7)						

Women Triple Jump

=====

CCC Record: # 11.97m 2019 Brittany Coleman, Warner Pacific

NAIA A Qual: A 11.75m

NAIA B Qual: B 11.50m

Name	Year	School	Seed	Finals	Wind	Points
=====						
1 Macdonald, Allison	JR	British Columbia	12.05m	12.13m#	1.4	39-09.75 10
		11.39m(2.1) 11.61m(4.0) 11.89m(2.6) 12.13m(1.4) 12.13m(2.3) FOUL				
2 Zywna, Sydnie	FR	Lewis-Clark	11.42m	12.01m	2.7	39-05.00 8
		11.48m(2.6) 11.97m(3.4) 11.65m(3.6) 11.66m(2.1) 12.01m(2.7) 11.66m(1.6)				
3 Clay, Sophi	FR	College of Idaho	10.35m	11.21m	3.6	36-09.50 6
		FOUL FOUL 11.21m(3.6) 10.95m(3.6) 11.04m(3.1) 10.97m(3.1)				
4 Browne, Princess	SO	Multnomah	11.80m	11.19m	1.2	36-08.50 5
		PASS 11.11m(0.1) FOUL 11.19m(1.2) PASS PASS				
5 Kisner, Jada	SO	College of Idaho	10.28m	11.03m	4.5	36-02.25 4
		FOUL 10.62m(4.4) 10.45m(3.8) 10.50m(1.8) 11.03m(4.5) 10.79m(0.8)				
6 Washington, Adrienne	FR	Eastern Oregon	10.26m	J11.03m	2.4	36-02.25 3
		9.51m(4.2) 10.49m(3.4) 9.97m(2.7) 10.37m(0.4) 10.74m(2.4) 11.03m(2.4)				
7 Bauer, Sienna	JR	Southern Oregon	11.15m	10.83m	2.1	35-06.50 2
		FOUL 10.36m(2.5) FOUL FOUL 10.52m(2.4) 10.83m(2.1)				
8 Vanderwyk, Sara	FR	College of Idaho	10.75m	J10.83m	3.8	35-06.50 1
		FOUL 10.83m(3.8) 10.10m(0.7) 10.37m(1.8) FOUL FOUL				
9 Hodges, Jenna	SR	Southern Oregon		10.58m	4.2	34-08.50
		10.12m(3.9) 10.42m(2.0) 10.58m(4.2) 10.55m(2.2) FOUL 10.49m(2.8)				
10 Goodwin, Cami	FR	Southern Oregon	9.72m	10.02m	3.1	32-10.50
		9.89m(2.4) 10.02m(3.1) 9.67m(1.7)				
11 Horsley, Alexa	SO	Lewis-Clark	10.27m	J10.02m	0.6	32-10.50
		FOUL 10.02m(0.6) FOUL				
12 Chamberlin, Kassidy	FR	Multnomah	9.68m	9.70m	2.4	31-10.00
		9.59m(2.0) 9.60m(3.1) 9.70m(2.4)				

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13 Usselman, Jenae JR Bushnell 10.00m 9.57m 0.8 31-04.75
 9.40m(3.2) 9.47m(2.7) 9.57m(0.8)

Women Shot Put

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CCC Record: # 15.18m 2011 Kayla Xavier, Concordia (Ore.)

NAIA A Qual: A 13.55m

NAIA B Qual: B 13.00m

Name	Year	School	Seed	Finals	Points
1 Ledbetter, Maggie	SR	Eastern Oregon	14.87m	14.46mA	47-05.25 10
13.65m 13.34m 14.46m	FOUL	FOUL	FOUL		
2 Herron, Star	SO	College of Idaho	12.49m	13.26mB	43-06.00 8
13.26m FOUL 11.41m	FOUL	12.86m 12.66m			
3 Dadson, Michelle	SO	British Columbia	13.52m	13.13mB	43-01.00 6
12.71m FOUL 12.96m	12.85m 13.13m 12.04m				
4 Woodward, Kenna	JR	Eastern Oregon	12.70m	12.94m	42-05.50 5
12.94m FOUL 12.25m	12.48m 12.69m 12.74m				
5 Osbon, Andrea	SO	Southern Oregon	11.78m	12.49m	40-11.75 4
12.22m 12.49m 11.72m	10.59m 12.00m 12.05m				
6 Mathis, Libby	SO	Bushnell	12.50m	11.42m	37-05.75 3
11.10m 10.98m 11.42m	11.18m 11.21m 11.10m				
7 Underwood, Dakota	JR	Bushnell	10.63m	10.88m	35-08.50 2
9.80m 9.67m 10.23m	10.19m 9.93m 10.88m				
8 Grandle, Lizzy	FR	Eastern Oregon	11.90m	10.78m	35-04.50 1
FOUL FOUL 10.25m	10.33m 10.62m 10.78m				
9 Odell, Ally	JR	Oregon Tech	10.68m	10.61m	34-09.75
10.06m 10.20m 10.57m	9.93m 9.94m 10.61m				
10 Kleiber, Madilyn	JR	Corban	10.52m	10.03m	32-11.00
9.88m 9.92m 10.03m					
11 Reed, Kay	FR	College of Idaho	10.94m	9.85m	32-03.75
9.65m 9.65m 9.85m					
12 Osborne, Grace	FR	Lewis-Clark	10.37m	9.76m	32-00.25
8.54m FOUL 9.76m					
13 Durfey, Taylor	FR	College of Idaho	11.45m	9.29m	30-05.75
FOUL 9.29m FOUL					
14 Schiewe, Leah	FR	Bushnell	10.64m	9.15m	30-00.25
8.26m 8.62m 9.15m					

Women Discus Throw

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CCC Record: # 56.03m 2008 Annie Hess, Concordia (Ore.)

NAIA A Qual: A 44.00m

NAIA B Qual: B 42.40m

Name	Year	School	Seed	Finals	H#	Points
1 Ledbetter, Maggie	SR	Eastern Oregon	42.69m	44.79mA	146-11 2	10
42.60m 43.53m FOUL	41.86m 44.79m 40.23m					
2 Tata-Rodrigues, Gabriell	SO	Corban	37.21m	41.49m	136-01 2	8
34.80m 41.47m 40.09m	35.41m 41.49m FOUL					
3 Woodward, Kenna	JR	Eastern Oregon	36.00m	39.09m	128-03 2	6
34.91m 34.96m 36.55m	FOUL 39.09m FOUL					
4 Durfey, Taylor	FR	College of Idaho	34.81m	38.91m	127-08 1	5
34.70m 38.91m 35.33m	36.20m FOUL FOUL					

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women Discus Throw**

5	Schiewe, Leah	FR Bushnell	32.08m	38.90m	127-07	1	4
	FOUL 35.37m 34.51m 36.19m 38.90m 37.17m						
6	Herron, Star	SO College of Idaho	32.70m	37.39m	122-08	1	3
	37.39m 36.68m FOUL FOUL FOUL FOUL						
7	Gregory, Ciena	FR Oregon Tech	34.03m	36.73m	120-06	1	2
	33.69m 36.73m 36.32m FOUL 35.38m 35.31m						
8	Bitler, Emily	FR Oregon Tech	37.13m	35.24m	115-07	2	1
	34.92m 35.24m 33.63m FOUL 34.79m 35.20m						
9	Osborne, Grace	FR Lewis-Clark	37.19m	35.04m	114-11	2	
	30.89m FOUL 35.04m 33.74m FOUL FOUL						
10	King, McKi	FR Eastern Oregon	35.77m	34.80m	114-02	2	
	33.21m 32.56m 34.80m						
11	Hill, Trinity	JR Eastern Oregon	36.73m	34.65m	113-08	2	
	34.37m 34.65m 32.97m						
12	Osbon, Andrea	SO Southern Oregon	33.04m	34.64m	113-08	1	
	31.17m 34.64m FOUL						
13	Lusco, Abby	SO Eastern Oregon	34.53m	34.44m	113-00	1	
	33.68m 34.44m 33.05m						
14	Underwood, Dakota	JR Bushnell	32.18m	33.24m	109-01	1	
	33.24m FOUL 30.30m						
15	Kleiber, Madilyn	JR Corban	32.55m	33.23m	109-00	1	
	33.23m FOUL FOUL						
16	Stewart, Lily	SO Evergreen St.	34.56m	32.49m	106-07	1	
	32.29m 32.49m FOUL						
17	Reed, Kay	FR College of Idaho	35.84m	32.35m	106-02	2	
	FOUL 30.43m 32.35m						
18	Usselman, Jenae	JR Bushnell	32.02m	32.13m	105-05	1	
	32.13m FOUL FOUL						
19	Sackrider, Jalyne	FR Evergreen St.	36.48m	29.96m	98-03	2	
	29.70m FOUL 29.96m						
20	Stewart, Colbi	FR Evergreen St.	29.64m	29.40m	96-05	1	
	29.17m 29.40m 29.10m						
--	Chavez, Jaelene	JR Corban	33.84m	FOUL		1	
	FOUL FOUL FOUL						

Women Hammer Throw

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CCC Record: # 57.40m 2012 Sharayah Kenedy, Concordia (Ore.)

NAIA A Qual: A 50.50m

NAIA B Qual: B 48.50m

Name	Year	School	Seed	Finals	H#	Points
=====	=====	=====	=====	=====	=====	=====
1 Woodward, Kenna	JR	Eastern Oregon	51.83m	53.69mA	176-02	2 10
	FOUL 53.32m 51.70m 53.69m 52.17m 52.22m					
2 Ledbetter, Maggie	SR	Eastern Oregon	53.65m	52.70mA	172-11	2 8
	49.79m FOUL 50.25m 49.41m 52.11m 52.70m					
3 Dadson, Michelle	SO	British Columbia	53.25m	52.45mA	172-01	2 6
	49.78m FOUL 51.65m 52.45m 50.38m 50.75m					
4 Hall, Bella	FR	British Columbia	51.76m	49.84mB	163-06	2 5
	49.84m 47.28m FOUL 46.17m 47.21m 48.12m					
5 Friesen, Lauren	FR	British Columbia	51.27m	48.38m	158-09	2 4
	38.58m 48.38m FOUL FOUL FOUL FOUL					
6 Herron, Star	SO	College of Idaho	48.47m	48.32m	158-06	2 3
	43.15m FOUL 46.25m 43.50m FOUL 48.32m					

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women Hammer Throw**

7	Durfey, Taylor	FR College of Idaho	40.85m	46.17m	151-06	2	2
	42.35m 41.71m 43.19m 43.77m 44.87m 46.17m						
8	Chavez, Jaelene	JR Corban	45.75m	43.92m	144-01	2	1
	41.52m 43.92m 41.23m 41.45m 41.50m 39.23m						
9	Mull, Katie	JR Oregon Tech	44.92m	43.79m	143-08	2	
	FOUL 39.69m 43.79m FOUL 43.72m FOUL						
10	Kessinger, Ruby	FR College of Idaho	36.71m	42.38m	139-00	1	
	40.81m 42.38m 41.25m						
11	Lusco, Abby	SO Eastern Oregon	41.13m	41.16m	135-00	2	
	FOUL 41.16m FOUL						
12	Stewart, Lily	SO Evergreen St.	38.60m	41.02m	134-07	1	
	35.37m FOUL 41.02m						
13	Tata-Rodrigues, Gabriell	SO Corban	42.23m	40.72m	133-07	2	
	40.72m FOUL FOUL						
14	Hill, Trinity	JR Eastern Oregon	41.68m	39.16m	128-06	2	
	FOUL 39.16m FOUL						
15	Kleiber, Madilyn	JR Corban	37.56m	37.78m	123-11	1	
	37.78m FOUL FOUL						
16	Twede, Leah	FR Corban	34.72m	37.11m	121-09	1	
	37.11m 36.88m 35.61m						
17	Suka, Taylor	FR Evergreen St.	38.11m	J37.11m	121-09	1	
	FOUL FOUL 37.11m						
18	Osbon, Andrea	SO Southern Oregon	36.36m	34.25m	112-04	1	
	34.25m FOUL 8.80m						
19	Henderson, Cassidy	SO Lewis-Clark	38.32m	33.51m	109-11	1	
	FOUL 31.82m 33.51m						
20	Bitler, Emily	FR Oregon Tech	36.68m	33.50m	109-11	1	
	30.47m 33.50m FOUL						
21	King, McKi	FR Eastern Oregon	35.69m	32.82m	107-08	1	
	27.19m 32.82m 30.40m						
22	Gregory, Ciena	FR Oregon Tech	32.35m	32.81m	107-08	1	
	32.81m 31.66m FOUL						
23	Osborne, Grace	FR Lewis-Clark	36.65m	30.45m	99-11	1	
	FOUL FOUL 30.45m						

Women Javelin Throw

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CCC Record: # 49.63m 2018 Bailey Dell, Northwest Christian

NAIA A Qual: A 40.50m

NAIA B Qual: B 39.00m

Name	Year	School	Seed	Finals	H#	Points
1 Conley, Alex	SR	Oregon Tech	46.11m	43.71mA	143-05	2 10
		40.01m 41.60m 41.20m 43.71m 39.94m 42.42m				
2 Janes, Giovanna	JR	British Columbia	43.25m	42.28mA	138-08	2 8
		FOUL 39.11m 38.29m 42.28m 39.37m FOUL				
3 Brooks, Aarika	JR	Oregon Tech	41.73m	41.80mA	137-02	2 6
		41.80m 38.50m 37.10m 37.73m 36.04m 41.41m				
4 Quigley, Malaika	JR	Southern Oregon	37.14m	40.81mA	133-11	1 5
		38.56m 40.15m 40.81m 37.78m 37.67m 35.47m				
5 Stieglitz, Kea	JR	Lewis-Clark	39.89m	40.46mB	132-09	2 4
		39.45m 40.46m FOUL 35.11m 37.24m 39.00m				
6 Grandle, Lizzy	FR	Eastern Oregon	41.04m	40.19mB	131-10	2 3
		36.54m 35.27m 40.19m 34.19m 37.55m 38.25m				

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7	Conley, Sammy	SO Eastern Oregon	38.69m	39.94mB	131-00	2	2
	37.45m 37.99m 39.94m	38.31m FOUL 39.48m					
8	Miller, Amber	SR Oregon Tech	37.98m	39.42mB	129-04	1	1
	35.08m 37.27m 39.42m	34.08m 37.64m 34.38m					
9	Usselman, Jenae	JR Bushnell	38.87m	38.77m	127-02	2	
	38.77m 34.43m 34.41m	37.94m FOUL 37.76m					
10	Bratscher, Brittan	JR Oregon Tech	42.24m	38.75m	127-01	2	
	38.75m 36.30m 35.95m						
11	Dutchak, Rebecca	JR British Columbia	38.06m	38.64m	126-09	1	
	34.53m 38.64m 34.74m						
12	Best, Allie	JR Eastern Oregon	43.45m	38.56m	126-06	2	
	38.35m 37.13m 38.56m						
13	O'Reilly, Keelyn	SO Corban	34.98m	37.60m	123-04	1	
	FOUL 36.41m 37.60m						
14	Jacobsen, Lainy	JR Eastern Oregon	33.54m	36.85m	120-11	1	
	36.85m 34.08m 35.83m						
15	Twede, Leah	FR Corban	36.97m	35.89m	117-09	1	
	33.33m 35.89m 33.28m						
16	Bajarunas, Liepa	FR British Columbia	38.00m	35.78m	117-05	1	
	35.10m 35.31m 35.78m						
17	Macmillan, Madison	SO Eastern Oregon	36.23m	33.91m	111-03	1	
	31.43m 33.91m 28.34m						
18	Durfey, Taylor	FR College of Idaho	34.55m	33.31m	109-03	1	
	30.73m 33.31m FOUL						
19	Young, Roby	SO College of Idaho	34.01m	32.20m	105-08	1	
	FOUL 32.20m 26.99m						
20	Straus, Madelynn	FR Corban	34.16m	31.19m	102-04	1	
	31.07m 31.19m FOUL						

Heptathlon: #4 Women 200 Meter Dash Heptathlon

=====							
Facility: F 24.18							
Name	Year	School	Finals	Wind	H#	Points	
=====							
1 Stevens, Abi	JR	Southern Oregon	26.57	0.8	1	748	
2 Dutchak, Rebecca	JR	British Columbia	26.59	0.8	1	746	
3 Hodges, Jenna	SR	Southern Oregon	27.02	1.7	2	710	
4 Young, Roby	SO	College of Idaho	27.09	0.8	1	704	
5 Parker, Corona	SO	Evergreen St.	27.26	1.7	2	690	
6 Conley, Sammy	SO	Eastern Oregon	27.39	0.8	1	680	
7 Litton, Graycee	FR	College of Idaho	27.41	0.8	1	678	
8 Grandle, Lizzy	FR	Eastern Oregon	27.80	0.8	1	647	
9 Bedard, Karli	JR	Eastern Oregon	28.03	1.7	2	628	
10 Odell, Ally	JR	Oregon Tech	28.24	1.7	2	612	
11 Pimblett, Sarah	FR	British Columbia	28.64	1.7	2	581	
12 Pletcher, Rachel	SO	College of Idaho	29.46	1.7	2	520	

Heptathlon: #7 Women 800 Meter Run Heptathlon

=====				
Facility: F 2:09.55		, Eastern Oregon		
Name	Year	School	Finals	Points
=====				
1 Stevens, Abi	JR	Southern Oregon	2:22.83	785
2 Hodges, Jenna	SR	Southern Oregon	2:28.33	714
3 Bedard, Karli	JR	Eastern Oregon	2:29.87	695

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4 Odell, Ally	JR Oregon Tech	2:29.96	693
5 Young, Roby	SO College of Idaho	2:31.30	677
6 Dutchak, Rebecca	JR British Columbia	2:32.24	665
7 Conley, Sammy	SO Eastern Oregon	2:32.50	662
8 Litton, Graycee	FR College of Idaho	2:41.18	559
9 Grandle, Lizzy	FR Eastern Oregon	2:43.16	537
10 Parker, Corona	SO Evergreen St.	2:45.02	517
11 Pimblett, Sarah	FR British Columbia	2:54.75	415
12 Pletcher, Rachel	SO College of Idaho	2:56.74	396

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Dutchak, Rebecca	JR British Columbia	14.79	0.7	2	870
2 Stevens, Abi	JR Southern Oregon	15.42	2.5	3	787
3 Odell, Ally	JR Oregon Tech	15.54	1.1	1	772
4 Parker, Corona	SO Evergreen St.	15.58	2.5	3	767
5 Grandle, Lizzy	FR Eastern Oregon	15.64	0.7	2	759
6 Bedard, Karli	JR Eastern Oregon	15.83	2.5	3	735
7 Conley, Sammy	SO Eastern Oregon	15.89	0.7	2	728
8 Young, Roby	SO College of Idaho	16.40	0.7	2	666
9 Hodges, Jenna	SR Southern Oregon	16.61	2.5	3	641
10 Pletcher, Rachel	SO College of Idaho	16.87	1.1	1	611
11 Litton, Graycee	FR College of Idaho	17.88	1.1	1	501
12 Pimblett, Sarah	FR British Columbia	18.34	1.1	1	454

Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 Stevens, Abi	JR Southern Oregon	1.62m 5-03.75	759
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65			
PPP PPP PPP PPP PPP PPP PPP PPP O O O O XXX			
1 Pimblett, Sarah	FR British Columbia	1.62m 5-03.75	759
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65			
PPP PPP PPP PPP PPP O O O O XO O XXO XXX			
3 Parker, Corona	SO Evergreen St.	1.59m 5-02.50	724
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62			
PPP PPP PPP PPP PPP PPP PPP O O O O XXX			
4 Grandle, Lizzy	FR Eastern Oregon	1.56m 5-01.25	689
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59			
PPP PPP PPP PPP PPP PPP PPP O XO O XXX			
5 Odell, Ally	JR Oregon Tech	1.53m 5-00.25	655
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56			
PPP PPP PPP PPP O PPP O XXO O XXX			
5 Young, Roby	SO College of Idaho	1.53m 5-00.25	655
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56			
PPP PPP PPP PPP PPP O O PPP XO XXX			
7 Bedard, Karli	JR Eastern Oregon	1.47m 4-09.75	588
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50			
PPP PPP PPP PPP PPP PPP O XXX			
7 Hodges, Jenna	SR Southern Oregon	1.47m 4-09.75	588
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50			
PPP PPP PPP O O O O XXX			

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7	Conley, Sammy	SO Eastern Oregon	1.47m	4-09.75	588
	1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50				
	PPP PPP PPP PPP O O O XXX				
7	Dutchak, Rebecca	JR British Columbia	1.47m	4-09.75	588
	1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50				
	PPP PPP PPP O O O XXO XXX				
11	Litton, Graycee	FR College of Idaho	1.38m	4-06.25	491
	1.29 1.32 1.35 1.38 1.41				
	PPP O O O XXX				
--	Pletcher, Rachel	SO College of Idaho	NH		
	1.29				
	XXX				

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	School	Finals	Wind	Points	
1 Dutchak, Rebecca		JR British Columbia	5.48m	+0.0	17-11.75	694
5.48m(+0.0)	5.33m(+0.0)	5.43m(-1.2)				
2 Stevens, Abi		JR Southern Oregon	5.46m	+0.0	17-11.00	688
5.07m(+0.0)	5.46m(+0.0)	5.46m(-0.8)				
3 Hodges, Jenna		SR Southern Oregon	5.01m	0.3	16-05.25	562
FOUL	FOUL	5.01m(0.3)				
4 Grandle, Lizzy		FR Eastern Oregon	4.93m	-0.5	16-02.25	540
FOUL	4.90m(+0.0)	4.93m(-0.5)				
5 Bedard, Karli		JR Eastern Oregon	4.91m	0.4	16-01.50	535
4.91m(0.4)	FOUL	4.77m(-0.4)				
6 Conley, Sammy		SO Eastern Oregon	4.81m	0.3	15-09.50	508
4.81m(0.3)	4.56m(0.9)	4.62m(+0.0)				
7 Young, Roby		SO College of Idaho	4.72m	0.7	15-06.00	485
FOUL	4.72m(0.7)	4.63m(-0.5)				
8 Parker, Corona		SO Evergreen St.	4.71m	+0.0	15-05.50	482
4.71m(+0.0)	4.71m(+0.0)	4.53m(-0.9)				
9 Pimblett, Sarah		FR British Columbia	4.70m	+0.0	15-05.00	479
4.66m(+0.0)	4.61m(0.2)	4.70m(+0.0)				
10 Odell, Ally		JR Oregon Tech	4.65m	-0.2	15-03.25	466
4.61m(0.7)	4.46m(+0.0)	4.65m(-0.2)				
11 Pletcher, Rachel		SO College of Idaho	4.26m	0.2	13-11.75	369
4.26m(0.2)	4.04m(+0.0)	4.21m(+0.0)				
12 Litton, Graycee		FR College of Idaho	4.16m	+0.0	13-07.75	345
FOUL	4.16m(+0.0)	FOUL				

Heptathlon: #3 Women Shot Put Heptathlon

Facility: F 13.67m					
Name	Year School	Finals	Points		
1 Dutchak, Rebecca	JR British Columbia	11.86m	38-11.00	652	
	11.54m 11.86m 10.90m				
2 Grandle, Lizzy	FR Eastern Oregon	11.32m	37-01.75	616	
	10.79m 11.32m 10.80m				
3 Odell, Ally	JR Oregon Tech	10.42m	34-02.25	557	
	10.42m 10.37m 10.33m				
4 Parker, Corona	SO Evergreen St.	9.95m	32-07.75	526	
	9.95m 9.60m 9.15m				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Heptathlon: #3 Women Shot Put Heptathlon**

5	Conley, Sammy	SO Eastern Oregon	9.90m	32-05.75	523
	9.85m 9.90m 9.44m				
6	Hodges, Jenna	SR Southern Oregon	9.72m	31-10.75	511
	9.27m 9.72m 9.00m				
7	Stevens, Abi	JR Southern Oregon	9.27m	30-05.00	482
	FOUL 9.27m 8.93m				
8	Young, Roby	SO College of Idaho	9.23m	30-03.50	479
	9.23m 8.39m 8.19m				
9	Bedard, Karli	JR Eastern Oregon	8.92m	29-03.25	459
	FOUL 8.89m 8.92m				
10	Pimblett, Sarah	FR British Columbia	8.36m	27-05.25	423
	FOUL 7.68m 8.36m				
11	Pletcher, Rachel	SO College of Idaho	6.97m	22-10.50	333
	FOUL 6.31m 6.97m				
12	Litton, Graycee	FR College of Idaho	6.92m	22-08.50	330
	FOUL 6.63m 6.92m				

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points
1 Grandle, Lizzy	FR Eastern Oregon	39.48m	129-06 657
	30.80m 39.48m 35.09m		
2 Dutchak, Rebecca	JR British Columbia	38.06m	124-10 630
	36.94m 38.06m 36.19m		
3 Conley, Sammy	SO Eastern Oregon	36.86m	120-11 607
	32.42m 36.86m 36.24m		
4 Young, Roby	SO College of Idaho	33.51m	109-11 543
	33.51m 26.45m 26.92m		
5 Hodges, Jenna	SR Southern Oregon	33.29m	109-03 539
	32.18m 31.98m 33.29m		
6 Odell, Ally	JR Oregon Tech	32.65m	107-01 527
	30.40m 28.00m 32.65m		
7 Stevens, Abi	JR Southern Oregon	29.68m	97-04 471
	29.09m 27.35m 29.68m		
8 Pimblett, Sarah	FR British Columbia	27.93m	91-08 437
	25.64m 25.69m 27.93m		
9 Parker, Corona	SO Evergreen St.	25.39m	83-04 390
	25.39m 23.89m 23.36m		
10 Litton, Graycee	FR College of Idaho	23.53m	77-02 355
	23.53m 21.59m 22.09m		
11 Bedard, Karli	JR Eastern Oregon	23.41m	76-10 352
	23.41m 22.32m FOUL		
12 Pletcher, Rachel	SO College of Idaho	18.47m	60-07 261
	18.12m 18.47m 17.83m		

Women Heptathlon

CCC Record: # 5086 5/14/2022 Valerie Schmidt, Corban

Name	Year School	Seed	Finals	H#	Points
1 Dutchak, Rebecca	JR British Columbia	4734	4845	10	
2 Stevens, Abi	JR Southern Oregon	4679	4720	8	
3 Grandle, Lizzy	FR Eastern Oregon	4180	4445	6	
4 Conley, Sammy	SO Eastern Oregon	4119	4296	5	

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women Heptathlon**

5 Odell, Ally	JR Oregon Tech	4146	4282	4
6 Hodges, Jenna	SR Southern Oregon	4257	4265	3
7 Young, Roby	SO College of Idaho	4545	4209	2
8 Parker, Corona	SO Evergreen St.		4096	1
9 Bedard, Karli	JR Eastern Oregon	4025	3992	
10 Pimblett, Sarah	FR British Columbia	3700	3548	
11 Litton, Graycee	FR College of Idaho		3259	
12 Pletcher, Rachel	SO College of Idaho		2490	

Women 5000 Meter Race Walk

=====

CCC Record: # 24:42.29 5/13/2022 Joean Lu, British Columbia

NAIA A Qual: A 27:45.00

NAIA B Qual: B 28:55.00

Name	Year School	Seed	Finals
=====	=====	=====	=====
1 Lundman, Olivia	SO British Columbia	22:53.68	23:49.10#
2 Lu, Joean	SR British Columbia	24:53.01	25:15.25A
3 Cardle, Cassidy	JR British Columbia	25:28.71	25:35.47A

Men 100 Meter Dash

=====

CCC Record: # 10.55 2017 Dwight Shaw, Southern Oregon

NAIA A Qual: A 10.50

NAIA B Qual: B 10.60

Name	Year School	Seed	Finals	Wind	H#	Points
=====	=====	=====	=====	=====	=====	=====
1 Sol, Donte	SO Multnomah	10.28	10.10	3.1	3	10
2 Fornasari-Banguera, Frei	SO Multnomah	10.33	10.28	3.1	3	8
3 Dixon, Daniel	SO Multnomah	10.76	10.56	3.1	3	6
4 Sebastianelli, Nickolas	FR British Columbia	10.95	10.64	3.1	3	5
5 Armstead Jr., Donald (Dj)	FR Corban	11.00	10.69	3.1	3	4
6 Carter, Jaron	SR Bushnell	10.98	10.77	3.1	3	3 10.766
7 Soriano, Jason	SO British Columbia	11.16	10.77	5.0	2	2 10.768
8 Connally, James	FR Eastern Oregon	11.16	10.80	5.0	2	1
9 Milmine, Cody	JR Eastern Oregon	11.02	10.84	3.1	3	
10 Barnaby, Jed	FR Lewis-Clark	10.99	10.85	3.1	3	
11 Castillo, Jordan	FR Lewis-Clark	11.08	10.87	5.0	2	
12 Gilbert, Hunter	FR College of Idaho	11.19	10.95	5.0	2	
13 Peters, Bryce	JR Eastern Oregon	11.28	10.96	2.8	1	
14 Croteau, Keegan	FR College of Idaho	11.17	11.02	5.0	2	
15 Ganz, Tony	FR British Columbia	11.08	11.03	5.0	2	
16 Hardin, Dorian	FR College of Idaho	11.22	11.06	2.8	1	
17 Spears, Bryson	FR Eastern Oregon	11.23	11.13	2.8	1	
18 Wilson, DJ	SO Eastern Oregon	11.32	11.15	2.8	1	
19 Maher, Lane	SO College of Idaho	11.25	11.24	2.8	1	
20 Sibert, Tanner	FR Lewis-Clark	12.05	11.66	2.8	1	

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Men 200 Meter Dash**

=====

CCC Record: # 21.33 2018 Nathan Martin, Corban

NAIA A Qual: A 21.35

NAIA B Qual: B 21.45

Name	Year School	Seed	Finals	Wind	H#	Points
=====						
1 Sol, Donte	SO Multnomah	20.86	20.37	2.3	3	10
2 Fornasari-Banguera, Frei	SO Multnomah	21.31	20.83	2.3	3	8
3 Kirk, London	SO Lewis-Clark	21.67	21.21	2.3	3	6
4 Soto, Roderick	SO Multnomah	21.89	21.26	2.3	3	5
5 Sebastianelli, Nickolas	FR British Columbia	22.82	21.53	3.4	2	4
6 Armstead Jr., Donald (Dj)	FR Corban	22.63	21.61	3.4	2	3
7 Dixon, Daniel	SO Multnomah	22.25	21.70	2.3	3	2
8 Connally, James	FR Eastern Oregon	22.08	21.71	2.3	3	1
9 Castillo, Jordan	FR Lewis-Clark	22.31	21.88	2.3	3	
10 Peters, Bryce	JR Eastern Oregon	22.75	21.98	3.4	2	
11 Milmine, Cody	JR Eastern Oregon	22.95	22.01	4.3	1	
12 Gilbert, Hunter	FR College of Idaho	22.62	22.08	3.4	2	
13 Ganz, Tony	FR British Columbia	22.82	22.17	3.4	2	
14 Barnaby, Jed	FR Lewis-Clark	22.53	22.39	2.3	3	
15 Schmoll, Caleb	SO Corban	23.07	22.80	4.3	1	
16 Giraudo, Patrick	JR Oregon Tech	23.29	23.19	4.3	1	
17 Sibert, Tanner	FR Lewis-Clark	24.76	23.87	4.3	1	

Men 400 Meter Dash

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CCC Record: # 47.70 2013 Jonz Olander, Southern Oregon

NAIA A Qual: A 48.15

NAIA B Qual: B 48.40

Name	Year School	Seed	Finals	H#	Points
=====					
1 Kirk, London	SO Lewis-Clark	47.97	47.97A	2	10
2 Soto, Roderick	SO Multnomah	48.19	48.74	2	8
3 Connally, James	FR Eastern Oregon		49.13	1	6
4 Carter, Jaron	SR Bushnell	49.30	49.19	2	5
5 Davis, Devonte	FR Multnomah	50.32	49.49	2	4
6 O'Connor, Cade	SR Southern Oregon	49.79	49.58	2	3
7 Stevens, Eli	FR Oregon Tech	50.81	50.23	1	2
8 Curtsinger, Zach	SO College of Idaho	49.73	50.52	2	1
9 Lien, Owen	JR Oregon Tech	50.06	51.11	2	
10 Simon, Anthony	SO Multnomah	51.46	51.35	1	
11 Pearson, Kaden	FR Evergreen St.	51.63	51.43	1	
12 Reininger, Hunter	SO Bushnell	51.88	52.66	1	
13 del Prado, Josiah	FR Corban	51.17	52.93	1	
14 Giraudo, Patrick	JR Oregon Tech	52.77	53.34	1	

Men 800 Meter Run

=====

CCC Record: # 1:49.76 2015 Hans Roelle, Eastern Oregon

NAIA A Qual: A 1:52.00

NAIA B Qual: B 1:53.00

Name	Year School	Seed	Finals	H#	Points
=====					
1 Gordon, Carter	JR Lewis-Clark	1:53.12	1:53.58	2	10
2 Parsells, Griffen	SO Lewis-Clark	1:51.93	1:54.37	2	8
3 Nichols, Hunter	JR Eastern Oregon	1:52.99	1:54.61	2	6

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men 800 Meter Run**

4	Fisher, Paul	JR British Columbia	1:52.40	1:55.22	2	5
5	Goudron, Ryan	SO British Columbia	1:53.13	1:55.34	2	4
6	Miller, Riley	JR British Columbia	1:53.04	1:55.64	2	3
7	Kramer, Liam	SR British Columbia	1:52.60	1:55.98	2	2
8	Butler, Daniel	SO College of Idaho	1:52.92	1:56.14	2	1
9	May, Conner	JR Lewis-Clark	1:55.45	1:56.58	1	
10	Holtzen, Trajan	SO College of Idaho	1:54.59	1:56.62	1	
11	Crespi, Adam	FR British Columbia	1:56.48	1:57.01	1	
12	Brown, Caleb	FR Eastern Oregon	1:54.89	1:57.26	1	
13	Wessels, Kobe	FR Lewis-Clark	1:55.49	1:57.88	1	
14	Miller, Noa	SR Multnomah	1:57.30	1:58.42	1	
15	Watkins, Fredrick	FR Multnomah	1:58.30	1:58.52	1	
16	Ammirati, Luke	SO College of Idaho	1:58.47	1:58.71	1	
17	Meadows, Devon	FR British Columbia	1:52.71	1:59.03	2	
18	Wind, Jonny	JR Eastern Oregon	1:53.86	1:59.26	1	
19	Ransford, Jarron	FR Northwest U.	2:05.31	2:07.72	1	

Men 1500 Meter Run

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CCC Record: # 3:43.58 2013 Eric Avila, Southern Oregon

NAIA A Qual: A 3:53.00

NAIA B Qual: B 3:55.00

Name	Year	School	Seed	Finals	Points	
=====						
1	Parsells, Griffen	SO Lewis-Clark	3:57.70	3:54.28B	10	
2	Butler, Daniel	SO College of Idaho	3:51.52	3:55.01	8	3:55.003
3	Nichols, Hunter	JR Eastern Oregon	3:51.79	3:55.01	6	3:55.009
4	Kramer, Liam	SR British Columbia	3:50.21	3:55.76	5	
5	Mendoza, Cristian	SO Eastern Oregon	3:56.49	3:57.14	4	
6	Miller, Riley	JR British Columbia	3:51.19	3:57.24	3	
7	Perrier, John	FR British Columbia	3:55.73	3:57.25	2	
8	May, Conner	JR Lewis-Clark	4:00.52	3:58.45	1	
9	Brown, Caleb	FR Eastern Oregon	3:58.07	3:58.75		
10	Wessels, Kobe	FR Lewis-Clark	3:56.89	3:59.28		
11	Fernandez, Isaac	SR Southern Oregon	3:57.98	3:59.71		
12	Moha, Zander	FR Corban	4:00.78	4:04.92		
13	Holtzen, Trajan	SO College of Idaho	4:00.26	4:05.55		
14	Carne, Alec	FR Bushnell	4:03.76	4:07.89		
15	Hardy, Spencer	SO British Columbia	3:48.95	4:10.92		
16	Kopatich, Jack	SO Northwest U.	4:09.80	4:12.01		
17	Mackwae, Bill	SO British Columbia	4:00.01	4:23.20		

Men 5000 Meter Run

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CCC Record: # 14:26.79 2011 DJ Flores, Eastern Oregon

NAIA A Qual: A 14:40.00

NAIA B Qual: B 14:50.00

Name	Year	School	Seed	Finals	Points	
=====						
1	Ash, Justin	SO Eastern Oregon	14:59.59	15:20.45	10	
2	Mendoza, Cristian	SO Eastern Oregon	14:45.50	15:22.17	8	
3	Heath, Braden	SO College of Idaho	14:55.09	15:22.67	6	
4	Fernandez, Isaac	SR Southern Oregon	14:46.59	15:29.01	5	
5	Telford, Winston	JR Eastern Oregon	15:02.76	15:37.56	4	
6	Carne, Alec	FR Bushnell	15:09.67	15:39.25	3	

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men 5000 Meter Run**

7	Hartline, Jonas	JR Oregon Tech	14:49.54	15:40.58	2
8	McMillen, Nick	SR Oregon Tech	14:53.03	15:45.53	1
9	Bostrom, Hayden	SO College of Idaho	14:49.61	15:49.17	
10	Everist, Elias	SO College of Idaho	15:03.92	15:52.16	
11	Running, Travis	SR Eastern Oregon	14:56.62	15:58.20	
12	Kempton, Brycen	SO Lewis-Clark	15:14.57	16:03.41	
13	Wilson, Cyress	SO College of Idaho	15:15.50	16:04.68	
14	Shumaker, Clay	FR Lewis-Clark	15:35.16	16:05.32	
15	Kooch, Cade	JR Multnomah	15:12.49	16:11.34	
16	Vaughan, Brevin	SO College of Idaho		16:16.59	
17	Block, Connor	SO British Columbia	15:14.03	16:20.84	
18	Cooley, Forrest	SO Corban	15:25.58	16:25.46	

Men 10000 Meter Run

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CCC Record: # 30:30.23 5/13/2022 Cole Olsen, Lewis-Clark St.
 NAIA A Qual: A 31:10.00
 NAIA B Qual: B 31:25.00

Name	Year	School	Seed	Finals	Points
1	McMillen, Nick	SR Oregon Tech	31:04.39	31:21.66B	10
2	Bostrom, Hayden	SO College of Idaho	31:08.79	31:30.30	8
3	Everist, Elias	SO College of Idaho	32:04.74	31:43.68	6
4	Telford, Winston	JR Eastern Oregon	31:50.17	31:45.86	5
5	Turpin, Connor	SR Lewis-Clark	32:01.10	31:46.03	4
6	Kracaw, Will	SO College of Idaho	32:09.94	31:52.39	3
7	Wilson, Cyress	SO College of Idaho	32:01.10	31:54.87	2
8	Maciel, Frankie	JR Southern Oregon	32:47.51	31:57.15	1
9	Salvatori, Jensen	JR Southern Oregon		31:59.21	
10	Hartline, Jonas	JR Oregon Tech	31:05.98	32:13.07	
11	Andrews, Dawson	SR Northwest U.	31:23.27	32:29.88	
12	Lambert, Craig	SR Northwest U.	33:12.41	32:36.75	
13	Kempton, Brycen	SO Lewis-Clark	31:37.26	32:48.71	
14	Ogden, Thomas	FR Eastern Oregon	33:13.00	32:55.46	
15	Kooch, Cade	JR Multnomah	32:17.92	33:12.86	
16	Alexander, Connor	FR Lewis-Clark	33:38.24	33:55.12	

Men 110 Meter Hurdles

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CCC Record: # 14.40 5/13/2022 Lane Maher, College of Idaho
 NAIA A Qual: A 14.60
 NAIA B Qual: B 14.80

Name	Year	School	Seed	Finals	Wind	Points
1	Maher, Lane	SO College of Idaho	14.51	14.38#	1.1	10
2	Miles, Israel	JR Eastern Oregon	14.99	14.79B	1.1	8
3	Nichols, Mason	SO Eastern Oregon	15.55	15.03	1.1	6
4	Mansfield, Judson	JR Eastern Oregon	16.55	15.74	1.1	5
5	Fields, Nathan	FR Bushnell	16.08	15.84	1.1	4
6	Gardom, Ian	SO Lewis-Clark	16.32	16.17	1.1	3
7	Moore, Caleb	SR Lewis-Clark	16.30	17.06	1.1	2

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Men 400 Meter Hurdles**

=====

CCC Record: # 52.45 2017 TJ Randle, Northwest

NAIA A Qual: A 53.70

NAIA B Qual: B 54.45

Name	Year School	Seed	Finals	H#	Points
=====					
1 Hopper, Ike	JR Lewis-Clark	53.86	54.95	2	10
2 O'Connor, Cade	SR Southern Oregon	55.74	55.30	2	8
3 Spears, Bryson	FR Eastern Oregon	56.59	56.70	2	6
4 Miles, Israel	JR Eastern Oregon	55.67	57.24	2	5
5 Fields, Nathan	FR Bushnell	57.82	58.20	2	4
6 Robinson, Ryan	SO Eastern Oregon	1:01.09	59.17	1	3
7 Brown, Brycen	JR Lewis-Clark	59.86	1:00.97	1	2
8 Seitz, Aaron	FR College of Idaho	1:00.70	1:01.21	1	1
9 Lien, Owen	JR Oregon Tech	58.31	1:01.54	2	
10 Baisden, Scott	SO Northwest U.	1:00.95	1:02.43	1	

Men 3000 Meter Steeplechase

=====

CCC Record: # 9:10.80 2013 Isaac Updike, Eastern Oregon

NAIA A Qual: A 9:24.00

NAIA B Qual: B 9:32.00

Name	Year School	Seed	Finals	Points
=====				
1 Uhrich, Dylan	SO British Columbia	8:52.31	9:10.99A	10
2 Ash, Justin	SO Eastern Oregon	9:19.58	9:23.01A	8
3 Miller, Aiden	JR British Columbia	9:13.97	9:27.84B	6
4 Heath, Braden	SO College of Idaho	9:21.67	9:28.15B	5
5 Wilkinson, Joe	JR Oregon Tech	9:26.84	9:36.04	4
6 Harris, Owen	SR British Columbia	9:32.64	9:50.94	3
7 Welch, Bennett	SO Eastern Oregon	9:39.16	9:54.10	2
8 Brown, Brycen	JR Lewis-Clark	9:38.80	9:58.96	1
9 Dalrymple, Jacob	JR Multnomah	10:21.41	10:31.74	
10 Ruston, Toby	SO Oregon Tech	10:10.90	10:38.07	
11 Tatsumi, Asher	SO Southern Oregon	10:27.58	10:42.50	
12 Rosebrook, Christopher	SO Bushnell	10:14.53	10:48.61	
13 Agsten, Hunter	SO College of Idaho	10:22.31	10:51.39	
14 Perkins, Skyler	FR Eastern Oregon	10:43.40	11:00.46	
-- Tiwana, Jaiveer	JR British Columbia	9:26.70	DNF	

Men 4x100 Meter Relay

=====

CCC Record: # 41.23 5/13/2022 Eastern Oregon, Eastern Oregon

D Wilson, T Davis, B Peters, C Milmine

NAIA A Qual: A 41.40

NAIA B Qual: B 41.75

School	Seed	Finals	Points
=====			
1 Multnomah	40.23	41.03#	10
1) Dixon, Daniel SO			
3) Soto, Roderick SO			
2 Lewis-Clark	42.05	41.37A	8
1) Barnaby, Jed FR			
3) Castillo, Jordan FR			
3 Eastern Oregon	42.04	41.96	6
1) Wilson, DJ SO			
2) Connally, James FR			

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men 4x100 Meter Relay**

3) Peters, Bryce JR	4) Milmine, Cody JR			
4 College of Idaho	42.75	42.46	5	
1) Gilbert, Hunter FR	2) Maher, Lane SO			
3) Croteau, Keegan FR	4) Hardin, Dorian FR			
-- British Columbia	42.04	DNF		
1) Soriano, Jason SO	2) Ganz, Tony FR			
3) Beecroft, Riley SO	4) Sebastianelli, Nickolas FR			
-- Bushnell	43.18	DQ		Exchange Violation
1) Carter, Jaron SR	2) Reininger, Hunter SO			
3) Williams, Ashton SO	4) Richards, Jermaine FR			
-- Corban	43.73	DQ		Lane Violation
1) Armstead Jr., Donald (Dj) FR	2) Moore, Jacob JR			
3) Schmoll, Caleb SO	4) Richter, Alek FR			

Men 4x400 Meter Relay

=====				
CCC Record: # 3:14.51	2015	Concordia (Ore.)		
NAIA A Qual: A 3:16.00				
NAIA B Qual: B 3:17.70				
School	Seed	Finals	Points	
=====				
1 Multnomah	3:22.61	3:16.17B	10	
1) Sol, Donte SO	2) Dixon, Daniel SO			
3) Fornasari-Banguera, Freider SO	4) Soto, Roderick SO			
2 Lewis-Clark	3:20.01	3:17.38B	8	
1) Hopper, Ike JR	2) Kirk, London SO			
3) Krabbenhoft, Justin SO	4) Gordon, Carter JR			
3 College of Idaho	3:24.72	3:21.48	6	
1) Gilbert, Hunter FR	2) Holtzen, Trajan SO			
3) Maher, Lane SO	4) Curtsinger, Zach SO			
4 British Columbia		3:26.19	5	
1) Sebastianelli, Nickolas FR	2) Fisher, Paul JR			
3) Goudron, Ryan SO	4) Hardy, Spencer SO			
5 Bushnell	3:30.51	3:26.98	4	
1) Williams, Ashton SO	2) Reininger, Hunter SO			
3) Fields, Nathan FR	4) Carter, Jaron SR			
6 Corban	3:27.83	3:30.88	3	
1) Armstead Jr., Donald (Dj) FR	2) Cooley, Forrest SO			
3) Miller, Noah JR	4) Moore, Jacob JR			
7 Eastern Oregon	3:24.25	3:31.48	2	
1) Connally, James FR	2) Wind, Jonny JR			
3) Nichols, Hunter JR	4) Nichols, Mason SO			

Men High Jump

=====				
CCC Record: # 2.14m	2015	Travis Simpson, Eastern Oregon		
NAIA A Qual: A 2.08m				
NAIA B Qual: B 2.05m				
Name	Year School	Seed	Finals	Points
=====				
1 Dailey, Victor	SO Multnomah	1.99m	2.05mB	6-08.75 10
1.73 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99 2.05 2.09				
PPP PPP PPP PPP PPP PPP O O O XXX				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men High Jump**

2	Jones, Tyler	SO Eastern Oregon	2.05m	1.99m	6-06.25	8
	1.73 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99 2.05					
	PPP PPP PPP PPP PPP O XO XXO O XXX					
3	Krabbenhof, Justin	SO Lewis-Clark	1.90m	1.96m	6-05.00	6
	1.73 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99					
	PPP PPP O O PPP O XO XXO XXX					
4	Metcalfe, Romeo	SO Multnomah	1.85m	1.90m	6-02.75	5
	1.73 1.78 1.81 1.84 1.87 1.90 1.93					
	PPP PPP PPP O XO O XXX					
5	Kosel, Alex	SR Eastern Oregon	1.82m	J1.90m	6-02.75	4
	1.73 1.78 1.81 1.84 1.87 1.90 1.93					
	PPP PPP PPP PPP XXO XO XXX					
6	Lazenby, Justin	FR Eastern Oregon	1.91m	1.87m	6-01.50	3
	1.73 1.78 1.81 1.84 1.87 1.90					
	PPP O O XO XO XXX					
7	Wuthrich, Braden	FR Lewis-Clark	1.87m	J1.87m	6-01.50	2
	1.73 1.78 1.81 1.84 1.87 1.90					
	O O O O XXO XXX					
8	Le Bel, Carson	FR Southern Oregon	1.90m	J1.87m	6-01.50	1
	1.73 1.78 1.81 1.84 1.87 1.90					
	PPP PPP O XO XXO XXX					
9	Seitz, Aaron	FR College of Idaho	1.82m	1.84m	6-00.50	
	1.73 1.78 1.81 1.84 1.87					
	O XO XO XO XXX					
10	Gates, Jacob	JR Eastern Oregon	1.82m	1.81m	5-11.25	
	1.73 1.78 1.81 1.84					
	PPP O O XXX					
11	Richards, Jermaine	FR Bushnell	1.85m	J1.81m	5-11.25	
	1.73 1.78 1.81 1.84					
	PPP PPP XXO XXX					
12	Mansfield, Judson	JR Eastern Oregon	1.79m	1.78m	5-10.00	
	1.73 1.78 1.81					
	PPP XXO XXX					
13	Maupin, Will	SO Corban	1.78m	J1.78m	5-10.00	
	1.73 1.78 1.81					
	XO XXO XXX					
14	Knox, Carter	FR Corban	1.75m	1.73m	5-08.00	
	1.73 1.78					
	XO XXX					
15	Gardom, Ian	SO Lewis-Clark	1.78m	J1.73m	5-08.00	
	1.73 1.78 1.81 1.84					
	XXO PPP PPP XXX					
--	Kishen, Ty	FR Bushnell	1.69m	NH		
	1.73					
	XXX					
--	Moore, Caleb	SR Lewis-Clark	1.81m	NH		
	1.73					
	XXX					
--	St. Clair, Bryan	SO College of Idaho	1.82m	NH		
	1.73					
	XXX					

Results

CCC Record: # 5.26m 2012 Robbie Haynie, Eastern Oregon
NAIA A Qual: A 4.80m
NAIA B Qual: B 4.70m

[illegible]

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Men Long Jump**

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CCC Record: # 7.56m 2015 Anthony Johnson, Evergreen

NAIA A Qual: A 7.25m

NAIA B Qual: B 7.15m

Name	Year	School	Seed	Finals	Wind	H#	Points
=====							
1 Kosel, Allex	SR	Eastern Oregon	6.66m	7.00m	2.2	22-11.75	2 10
6.87m(2.2) 6.88m(2.2) 6.75m(1.7) PASS FOUL			7.00m(2.2)				
2 Wilson, DJ	SO	Eastern Oregon	6.40m	6.95m	2.5	22-09.75	2 8
6.82m(1.5) 6.53m(1.4) 6.58m(1.5) 6.80m(3.5) 6.95m(2.5) 6.83m(2.6)							
3 Reininger, Hunter	SO	Bushnell	6.24m	6.89m	2.2	22-07.25	1 6
6.31m(1.5) 6.65m(1.9) 6.89m(2.2) FOUL FOUL			ND(NWI)				
4 Miles, Israel	JR	Eastern Oregon	6.29m	6.86m	1.3	22-06.25	1 5
6.50m(1.1) FOUL 6.77m(2.9) 6.78m(2.3) FOUL			6.86m(1.3)				
5 St. Clair, Bryan	SO	College of Idaho	6.39m	6.81m	2.2	22-04.25	1 4
6.37m(1.1) 6.32m(-0.2) 6.65m(2.3) 6.67m(1.8) 6.34m(2.3) 6.81m(2.2)							
6 Bothwell, Christian	SR	Lewis-Clark	6.44m	6.80m	2.8	22-03.75	2 3
6.80m(2.8) 6.48m(1.8) FOUL 6.55m(1.2) 6.40m(2.4) 6.40m(1.4)							
7 Curtsinger, Zach	SO	College of Idaho	6.25m	6.67m	2.9	21-10.75	1 2
6.64m(2.1) 6.67m(2.9) FOUL FOUL FOUL			6.49m(0.7)				
8 Gates, Jacob	JR	Eastern Oregon	6.35m	6.66m	2.8	21-10.25	1 1
6.50m(1.2) 6.58m(3.1) 6.66m(2.8) FOUL FOUL			FOUL				
9 Sanders, Charles	FR	Multnomah	6.45m	6.61m	3.7	21-08.25	2
6.40m(3.7) FOUL 6.61m(3.7) FOUL ND(NWI) FOUL							
10 Fields, Nathan	FR	Bushnell	6.46m	6.60m	3.0	21-08.00	2
FOUL 6.38m(1.9) 6.60m(3.0)							
11 Peters, Bryce	JR	Eastern Oregon	6.41m	6.59m	2.9	21-07.50	2
6.48m(2.1) 6.53m(1.8) 6.59m(2.9)							
12 Stevens, Eli	FR	Oregon Tech	6.30m	6.51m	1.2	21-04.25	1
6.51m(1.2) 6.30m(1.1) 6.28m(+0.0)							
13 Johnson, Trenton	FR	Lewis-Clark	6.38m	6.42m	2.0	21-00.75	1
6.20m(1.4) FOUL 6.42m(2.0)							
14 Maupin, Will	SO	Corban	6.24m	6.30m	0.5	20-08.00	1
FOUL 6.30m(0.5) FOUL							
15 Hanafi Bacha, Yoosuf	SO	British Columbia	6.57m	6.26m	1.8	20-06.50	2
6.26m(1.8) FOUL 5.56m(2.2)							
16 Christiansen, Owen	JR	Oregon Tech	5.87m	6.17m	1.0	20-03.00	1
6.09m(0.7) 6.17m(1.0) 6.09m(1.2)							
17 Johnson, David	FR	Bushnell	6.02m	5.90m	+0.0	19-04.25	1
5.90m(+0.0) 5.76m(2.0) 5.72m(3.4)							
-- Evans, Amari	SO	College of Idaho	6.57m	FOUL			2
FOUL FOUL FOUL							
-- Zimmerman, Koyote	SO	College of Idaho	6.04m	FOUL			1
FOUL FOUL FOUL							
-- Soriano, Jason	SO	British Columbia	7.02m	FOUL			2
FOUL FOUL FOUL							

Men Triple Jump

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CCC Record: # 15.87m 2016 Eric England, Eastern Oregon

NAIA A Qual: A 14.55m

NAIA B Qual: B 14.35m

Name	Year	School	Seed	Finals	Wind	Points
=====						
1 Fields, Nathan	FR	Bushnell	14.26m	14.58m	3.2	47-10.00 10
13.73m(4.9) FOUL 14.58m(3.2) 14.21m(3.0) PASS			13.77m(3.6)			

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men Triple Jump**

2	Johnson, Trenton	FR Lewis-Clark	13.69m	14.41m	3.1	47-03.50	8
	14.14m(2.7) FOUL	14.41m(3.1) 14.29m(3.1) 14.37m(3.0) 14.12m(1.7)					
3	Wilson, DJ	SO Eastern Oregon	13.09m	13.61m	2.4	44-08.00	6
	13.61m(2.4) PASS	FOUL 12.73m(3.5) 13.32m(1.3) 13.60m(3.8)					
4	Kosel, Alex	SR Eastern Oregon	13.88m	13.61m	4.6	44-08.00	5
	13.41m(3.9) 13.56m(3.5)	13.48m(2.4) PASS 13.61m(4.6) FOUL					
5	Jones, Tyler	SO Eastern Oregon	12.61m	13.39m	3.4	43-11.25	4
	FOUL 13.20m(2.0) 13.39m(3.4) 11.80m(2.2) PASS	12.69m(2.0)					
6	Kishen, Ty	FR Bushnell	12.78m	13.27m	2.8	43-06.50	3
	12.90m(3.0) FOUL	FOUL 13.12m(3.1) 13.27m(2.8) 12.98m(1.5)					
7	Hauser, Colin	FR Evergreen St.	12.15m	12.83m	2.2	42-01.25	2
	11.77m(2.9) 12.17m(2.1) 12.50m(0.8) 12.70m(3.4) FOUL	12.83m(2.2)					
8	Cobena, Johan	SO College of Idaho	12.18m	12.71m	3.6	41-08.50	1
	12.21m(1.6) 12.40m(1.7) 11.93m(4.2) 12.36m(5.0) FOUL	12.71m(3.6)					
9	Peters, Bryce	JR Eastern Oregon	12.11m	12.54m	3.0	41-01.75	
	12.54m(3.0)						
--	Sanders, Charles	FR Multnomah		FOUL			
	FOUL FOUL FOUL						
--	Christiansen, Owen	JR Oregon Tech	12.46m	FOUL			
	FOUL FOUL FOUL						
--	Zimmerman, Koyote	SO College of Idaho	12.64m	FOUL			
	FOUL FOUL FOUL						

Men Shot Put

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CCC Record: # 19.93m 2014 Darien Moore, Concordia (Ore.)

NAIA A Qual: A 15.85m

NAIA B Qual: B 15.35m

Name	Year	School	Seed	Finals	H#	Points
1 Nett, Tanner	SO	Eastern Oregon	16.83m	16.91mA	55-05.75	2 10
		16.16m 16.48m 16.91m 16.36m 16.23m 16.28m				
2 King, Luke	JR	Southern Oregon	16.12m	15.76mB	51-08.50	2 8
		15.76m 15.01m 15.66m 15.57m 15.75m FOUL				
3 Holmes, Tre	SR	Southern Oregon	15.27m	15.11m	49-07.00	2 6
		FOUL 14.73m FOUL 14.35m 15.11m FOUL				
4 Uliana, Matthew	FR	British Columbia	14.47m	14.46m	47-05.25	2 5
		FOUL 13.60m 13.89m 13.20m FOUL 14.46m				
5 O'Henley, Matthew	SR	Southern Oregon	13.49m	14.23m	46-08.25	2 4
		13.45m 13.50m 14.23m FOUL FOUL 14.20m				
6 Mitchell, Andrew	JR	Southern Oregon	13.24m	13.54m	44-05.25	2 3
		12.78m FOUL 13.41m 13.33m 13.54m 12.35m				
7 Church, Mark	FR	Eastern Oregon	13.72m	13.45m	44-01.50	2 2
		13.45m FOUL FOUL 12.98m FOUL FOUL				
8 Cobena, Johan	SO	College of Idaho	12.27m	13.32m	43-08.50	1 1
		12.80m 13.32m 13.00m 12.91m FOUL FOUL				
9 Sackman, Tanner	SO	College of Idaho	14.02m	13.31m	43-08.00	2
		12.46m 12.75m 13.31m 13.07m FOUL FOUL				
10 Weller, Sam	FR	Lewis-Clark	14.34m	13.17m	43-02.50	2
		13.17m 12.97m 12.14m				
11 Michaels, Brooks	JR	Eastern Oregon	13.21m	13.06m	42-10.25	2
		12.31m 13.06m 12.61m				
12 Wylam, Joey	SO	Eastern Oregon	13.00m	12.81m	42-00.50	1
		11.90m 12.31m 12.81m				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men Shot Put**

13	Moore, Caleb	SR	Lewis-Clark	12.26m	12.61m	41-04.50	1
	11.68m 12.61m 11.57m						
14	Araki, Matthew	JR	Corban	12.24m	11.91m	39-01.00	1
	10.74m FOUL 11.91m						
15	Silva, Cody	JR	Eastern Oregon	12.70m	11.72m	38-05.50	1
	FOUL 11.72m FOUL						
16	Kizell, William	SO	British Columbia	12.85m	11.59m	38-00.25	1
	FOUL 11.59m 11.49m						
17	Cordero, Will	JR	Corban	12.82m	11.58m	38-00.00	1
	FOUL 11.58m FOUL						

Men Discus Throw

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CCC Record: # 58.28m 2013 Willy Irwin, Concordia (Ore.)

NAIA A Qual: A 49.20m

NAIA B Qual: B 47.60m

Name	Year	School	Seed	Finals	Points
=====	=====	=====	=====	=====	=====
1 Kizell, William	SO	British Columbia	47.12m	48.80mB	160-01 10
44.70m 47.20m 46.35m 47.16m 48.80m FOUL					
2 Church, Mark	FR	Eastern Oregon	43.52m	47.60mB	156-02 8
FOUL 47.60m FOUL 42.29m FOUL FOUL					
3 Nett, Tanner	SO	Eastern Oregon	42.99m	45.36m	148-10 6
42.48m FOUL 44.83m FOUL FOUL 45.36m					
4 O'Henley, Matthew	SR	Southern Oregon	42.63m	44.10m	144-08 5
40.65m 40.70m 44.10m FOUL 41.31m FOUL					
5 Holmes, Tre	SR	Southern Oregon	40.40m	42.93m	140-10 4
37.68m 42.93m FOUL 42.31m 40.67m FOUL					
6 Heckman, Gabe	SO	Eastern Oregon	40.64m	41.74m	136-11 3
39.83m 41.19m 39.36m FOUL FOUL 41.74m					
7 Wattles, Jon	FR	Lewis-Clark	39.91m	41.06m	134-08 2
FOUL 34.16m 40.41m 41.06m 39.54m 40.10m					
8 King, Luke	JR	Southern Oregon	43.06m	J41.06m	134-08 1
38.23m 41.06m 37.28m 39.21m 40.35m FOUL					
9 Sackman, Tanner	SO	College of Idaho	39.53m	40.69m	133-06
40.69m FOUL FOUL 38.18m 38.41m FOUL					
10 Cobena, Johan	SO	College of Idaho	38.55m	40.30m	132-03
40.30m 39.99m FOUL					
11 Michaels, Brooks	JR	Eastern Oregon	39.77m	39.28m	128-10
36.73m 36.60m 39.28m					
12 Hays, Liam	FR	College of Idaho	37.91m	38.31m	125-08
38.31m FOUL 35.87m					
13 Silva, Cody	JR	Eastern Oregon	38.96m	38.11m	125-00
FOUL 30.61m 38.11m					
14 Slusser, Kevin	JR	Multnomah	38.72m	35.29m	115-09
34.81m 34.26m 35.29m					
15 Uliana, Matthew	FR	British Columbia	48.55m	32.31m	106-00
FOUL 32.31m FOUL					

Results

NAIA B Qual: B 54.00m

Name	Year School						Seed	Finals	H#	Points	
1 Uliana, Matthew	FR British Columbia						63.98m	59.66mA	195-09	2	10
FOUL	57.16m	59.66m	57.21m	54.69m	58.74m						
2 Garcia, Wayne	SR Southern Oregon						54.74m	55.38mB	181-08	2	8
53.61m	55.38m	54.09m	FOUL	52.74m	FOUL						
3 O'Henley, Matthew	SR Southern Oregon						53.34m	51.50m	168-11	2	6
FOUL	51.50m	51.01m	FOUL	FOUL	49.62m						
4 Kizell, William	SO British Columbia						45.02m	49.61m	162-09	2	5
FOUL	49.61m	48.40m	FOUL	FOUL	FOUL						
5 Michaels, Brooks	JR Eastern Oregon						47.69m	48.76m	160-00	2	4
FOUL	44.17m	46.06m	45.94m	48.76m	47.42m						
6 Behbehani-Escobar, Kianu	SO Southern Oregon						45.38m	48.50m	159-01	2	3
45.45m	48.50m	FOUL	45.68m	45.35m	43.07m						
7 Sackman, Tanner	SO College of Idaho						49.32m	48.18m	158-01	2	2
44.49m	FOUL	45.18m	48.18m	46.37m	FOUL						
8 Church, Mark	FR Eastern Oregon						44.95m	45.48m	149-02	1	1
43.03m	41.48m	45.48m	FOUL	FOUL	45.43m						
9 Atencio, Jaycob	SR Lewis-Clark						49.48m	45.23m	148-05	2	
FOUL	FOUL	44.68m	45.23m	FOUL	FOUL						
10 Araki, Matthew	JR Corban						45.85m	44.52m	146-01	2	
43.08m	44.52m	FOUL									
11 Cobena, Johan	SO College of Idaho						40.09m	42.84m	140-07	1	
FOUL	42.84m	FOUL									
12 Silva, Cody	JR Eastern Oregon						44.84m	42.36m	139-00	1	
FOUL	42.36m	FOUL									
13 Wylam, Joey	SO Eastern Oregon						41.41m	42.35m	138-11	1	
FOUL	42.35m	FOUL									
14 Nett, Tanner	SO Eastern Oregon						42.18m	41.91m	137-06	1	
FOUL	41.91m	39.91m									
15 Hardee, Jack	JR Lewis-Clark						40.04m	38.73m	127-01	1	
38.73m	38.60m	38.64m									
16 Beltz-Childs, Tanner	FR Lewis-Clark						39.89m	38.45m	126-02	1	
37.36m	FOUL	38.45m									
17 Wattles, Jon	FR Lewis-Clark						42.26m	37.50m	123-00	1	
37.50m	34.66m	FOUL									
-- Heckman, Gabe	SO Eastern Oregon						39.34m	FOUL		1	
FOUL	FOUL	FOUL									

NAIA B Qual: B 55.00m

Name	Year	School	Seed	Finals	Points
1 Olson, Evan	FR	Corban	59.17m	60.70mA	199-02 10
56.14m 57.39m 57.64m 58.08m 60.70m 58.37m					
2 Kuziak, Cameron	SO	British Columbia	64.04m	59.98mA	196-09 8
FOUL 59.98m 59.95m 59.95m 57.74m FOUL					
3 McAninch, Moses	JR	Eastern Oregon	58.81m	54.23m	177-11 6
50.47m 52.93m FOUL 53.94m 54.23m 53.57m					

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men Javelin Throw**

4 Mitchell, Andrew	JR Southern Oregon	66.21m	52.21m	171-03	5
PASS 52.21m FOUL PASS PASS PASS					
5 Moore, Jacob	JR Corban	53.54m	51.87m	170-02	4
43.17m 50.62m 49.71m 48.16m 47.62m 51.87m					
6 Ciarniello, Dean	SO British Columbia	49.37m	50.62m	166-01	3
FOUL 41.83m 45.58m 50.00m 49.59m 50.62m					
7 Fiske, Spencer	FR College of Idaho	50.71m	48.03m	157-07	2
47.13m 48.03m FOUL FOUL 46.44m 47.83m					
8 Silva, Cody	JR Eastern Oregon	47.43m	44.74m	146-09	1
43.85m 43.69m FOUL FOUL FOUL 44.74m					

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	Points
1 Krabbenhoft, Justin	SO Lewis-Clark	11.22	1.4	812
2 Miles, Israel	JR Eastern Oregon	11.41	1.4	771
3 Stevens, Eli	FR Oregon Tech	11.51	1.4	750
4 Ciarniello, Dean	SO British Columbia	11.60	1.4	732
5 Bothwell, Christian	SR Lewis-Clark	11.66	1.4	719
6 Mansfield, Judson	JR Eastern Oregon	11.93	1.4	665
7 Moore, Caleb	SR Lewis-Clark	12.37	1.4	580

Decathlon: #5 Men 400 Meter Dash Decathlon

Facility: F 47.63				
Name	Year School	Finals	Points	
1 Stevens, Eli	FR Oregon Tech	51.07	766	
2 Bothwell, Christian	SR Lewis-Clark	52.03	723	
3 Miles, Israel	JR Eastern Oregon	52.27	713	
4 Krabbenhoft, Justin	SO Lewis-Clark	52.39	708	
5 Mansfield, Judson	JR Eastern Oregon	54.63	614	
6 Moore, Caleb	SR Lewis-Clark	54.74	609	
-- Ciarniello, Dean	SO British Columbia	DNF		

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points	
1 Stevens, Eli	FR Oregon Tech	4:48.53	628	
2 Bothwell, Christian	SR Lewis-Clark	4:52.06	606	
3 Krabbenhoft, Justin	SO Lewis-Clark	5:09.52	506	
4 Miles, Israel	JR Eastern Oregon	5:11.60	495	
5 Moore, Caleb	SR Lewis-Clark	5:12.82	488	
6 Mansfield, Judson	JR Eastern Oregon	5:23.64	431	
-- Ciarniello, Dean	SO British Columbia	DNF		

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Facility: F 14.46						
Name	Year School	Finals	Wind	H#	Points	
1 Miles, Israel	JR Eastern Oregon	14.99	-0.2	1	851	
2 Moore, Caleb	SR Lewis-Clark	16.30	-0.2	1	699	

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Decathlon: #6 Men 110 Meter Hurdles Decathlon**

3	Bothwell, Christian	SR Lewis-Clark	16.31	0.2	2	698
4	Mansfield, Judson	JR Eastern Oregon	16.55	0.2	2	672
5	Krabbenhof, Justin	SO Lewis-Clark	16.67	-0.2	1	659
6	Stevens, Eli	FR Oregon Tech	17.32	0.2	2	591
--	Ciarniello, Dean	SO British Columbia	DNF	-0.2	1	

Decathlon: #4 Men High Jump Decathlon

Facility: F 2.20m																
Name	Year School										Finals		Points			
1 Krabbenhof, Justin	SO Lewis-Clark										1.90m	6-02.75	714			
	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	XO	XO	XO	O	XXX	
2 Bothwell, Christian	SR Lewis-Clark										1.84m	6-00.50	661			
	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87			
	PPP	PPP	PPP	PPP	PPP	O	PPP	O	XO	XO	O	XO	XXX			
3 Moore, Caleb	SR Lewis-Clark										1.81m	5-11.25	636			
	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84				
	PPP	PPP	PPP	PPP	PPP	XO	XXO	O	O	O	XXO	XXX				
4 Mansfield, Judson	JR Eastern Oregon										1.78m	5-10.00	610			
	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81					
	PPP	PPP	PPP	PPP	PPP	O	O	O	O	O	XXX					
5 Miles, Israel	JR Eastern Oregon										1.69m	5-06.50	536			
	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72								
	PPP	PPP	PPP	PPP	O	O	XXO	XXX								
6 Stevens, Eli	FR Oregon Tech										1.63m	5-04.25	488			
	1.51	1.54	1.57	1.60	1.63	1.66										
	O	O	O	O	XO	XXX										
7 Ciarniello, Dean	SO British Columbia										1.54m	5-00.50	419			
	1.51	1.54	1.57	1.60												
	PPP	O	PPP	XPP												

Decathlon: #8 Men Pole Vault Decathlon

Name	Year School										Finals		Points			
1 Moore, Caleb	SR Lewis-Clark										4.40m	14-05.25	731			
	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XO	PPP	O	PPP	O	O	XXX	
1 Stevens, Eli	FR Oregon Tech										4.40m	14-05.25	731			
	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XO	O	XXO	XXO	O	XXX	
3 Mansfield, Judson	JR Eastern Oregon										4.20m	13-09.25	673			
	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30			
	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	O	XO	O	XXX			
4 Miles, Israel	JR Eastern Oregon										4.10m	13-05.25	645			
	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20				
	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	O	XO	XXX				
5 Bothwell, Christian	SR Lewis-Clark										3.90m	12-09.50	590			
	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10					
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	XXX					
6 Krabbenhof, Justin	SO Lewis-Clark										3.70m	12-01.50	535			
	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80								
	O	O	PPP	O	PPP	O	XXO	XXX								

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Decathlon: #8 Men Pole Vault Decathlon**

-- Ciarniello, Dean SO British Columbia NH
3.10
X

Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 Krabbenhof, Justin	SO Lewis-Clark	6.75m	1.3 22-01.75	755
6.33m(-0.0) 6.35m(-0.0) 6.75m(1.3)				
2 Bothwell, Christian	SR Lewis-Clark	6.44m	NWI 21-01.50	684
FOUL 6.44m(-0.0) 6.33m(0.5)				
3 Stevens, Eli	FR Oregon Tech	6.30m	1.5 20-08.00	652
FOUL 6.14m(-0.0) 6.30m(1.5)				
4 Miles, Israel	JR Eastern Oregon	6.29m	+0.0 20-07.75	650
FOUL 6.21m(-0.0) 6.29m(+0.0)				
5 Mansfield, Judson	JR Eastern Oregon	6.08m	NWI 19-11.50	604
FOUL 6.08m(-0.0) FOUL				
6 Moore, Caleb	SR Lewis-Clark	5.99m	1.3 19-08.00	584
5.42m(-0.0) FOUL 5.99m(1.3)				
7 Ciarniello, Dean	SO British Columbia	5.88m	2.1 19-03.50	561
FOUL FOUL 5.88m(2.1)				

Decathlon: #3 Men Shot Put Decathlon

Facility: F 17.95m				
Name	Year School	Finals	Points	
1 Moore, Caleb	SR Lewis-Clark	12.26m	40-02.75	622
12.26m 11.82m 11.92m				
2 Miles, Israel	JR Eastern Oregon	11.24m	36-10.50	560
9.61m 10.71m 11.24m				
3 Bothwell, Christian	SR Lewis-Clark	11.14m	36-06.75	554
10.96m 11.12m 11.14m				
4 Ciarniello, Dean	SO British Columbia	11.12m	36-05.75	553
10.60m 11.12m 10.32m				
5 Krabbenhof, Justin	SO Lewis-Clark	10.63m	34-10.50	524
10.38m 10.63m 10.42m				
6 Mansfield, Judson	JR Eastern Oregon	10.44m	34-03.00	512
FOUL 10.44m 10.37m				
7 Stevens, Eli	FR Oregon Tech	10.37m	34-00.25	508
10.37m 9.89m 9.15m				

Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points	
1 Moore, Caleb	SR Lewis-Clark	34.53m	113-03	554
33.22m 34.31m 34.53m				
2 Mansfield, Judson	JR Eastern Oregon	34.26m	112-05	549
34.26m FOUL 32.89m				
3 Stevens, Eli	FR Oregon Tech	33.66m	110-05	537
33.66m 32.83m 26.54m				
4 Bothwell, Christian	SR Lewis-Clark	32.82m	107-08	520
31.51m FOUL 32.82m				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Decathlon: #7 Men Discus Throw Decathlon**

5	Ciarniello, Dean	SO British Columbia	31.73m	104-01	499
	31.54m 31.19m 31.73m				
6	Krabbenhof, Justin	SO Lewis-Clark	29.44m	96-07	453
	29.44m FOUL FOUL				
7	Miles, Israel	JR Eastern Oregon	25.99m	85-03	386
	25.99m FOUL 25.25m				

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
1 Ciarniello, Dean	SO British Columbia	46.20m	151-07 533
	44.84m 46.20m PASS		
2 Bothwell, Christian	SR Lewis-Clark	45.04m	147-09 516
	38.49m 44.52m 45.04m		
3 Moore, Caleb	SR Lewis-Clark	43.89m	144-00 499
	42.66m 38.69m 43.89m		
4 Stevens, Eli	FR Oregon Tech	43.18m	141-08 488
	39.84m 43.15m 43.18m		
5 Mansfield, Judson	JR Eastern Oregon	42.76m	140-03 482
	37.99m 39.85m 42.76m		
6 Krabbenhof, Justin	SO Lewis-Clark	40.17m	131-09 445
	36.07m 36.94m 40.17m		
7 Miles, Israel	JR Eastern Oregon	38.50m	126-04 420
	37.13m 38.50m 35.69m		

Men Decathlon

CCC Record: # 7818 1996	Alper Kasapoglu, Western Oregon			
Name	Year School	Seed	Finals	H# Points
1 Bothwell, Christian	SR Lewis-Clark	6322	6271	10
2 Stevens, Eli	FR Oregon Tech	5298	6139	8
3 Krabbenhof, Justin	SO Lewis-Clark	5701	6111	6
4 Miles, Israel	JR Eastern Oregon	6084	6027	5
5 Moore, Caleb	SR Lewis-Clark	5322	6002	4
6 Mansfield, Judson	JR Eastern Oregon	6154	5812	3
7 Ciarniello, Dean	SO British Columbia	5500	3297	2

Men 5000 Meter Race Walk

CCC Record: # 22:32.14 5/13/2022	Kenny Ho, British Columbia		
NAIA A Qual: A 24:00.00			
NAIA B Qual: B 25:45.00			
Name	Year School	Seed	Finals
1 Hirani, Nikhil	FR British Columbia	24:23.56	25:01.01B

Women - Team Rankings - 21 Events Scored

1) British Columbia	189	2) Eastern Oregon	167.50
3) College of Idaho	158	4) Lewis-Clark	112
5) Southern Oregon	76	6) Corban	28
7) Bushnell	27	8) Oregon Tech	25.50
9) Multnomah	13	10) Northwest U.	8

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men 5000 Meter Race Walk**

11) Evergreen St. 7

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Men - Team Rankings - 21 Events Scored
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1) Eastern Oregon	205	2) Lewis-Clark	130
3) British Columbia	102	4) Multnomah	96
5) Southern Oregon	86	6) College of Idaho	77
7) Oregon Tech	42	7) Bushnell	42
9) Corban	24	10) Evergreen St.	2