

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Women 400 Meter Dash**

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CCC Record: # 55.39 2021 Arianna Daniel, Southern Oregon

NAIA A Qual: A 56.90

NAIA B Qual: B 57.36

Name	Year School	Seed	Finals	H#	Points
=====					
Finals					
1 Smith, Cayla	JR British Columbia	57.21	57.59	3	10
2 Grogan, Anika	JR Lewis-Clark	58.40	57.96	3	8
3 Collins, Emily	FR Lewis-Clark	57.85	58.02	3	6
4 Chavarria, Yahaira	SO Eastern Oregon	59.72	59.00	2	5
5 Dumas, Aayzia	SR Southern Oregon	59.38	59.23	3	4
6 Robertson, Janea	FR Bushnell	59.91	59.30	2	3
7 Peck, Sydney	FR Eastern Oregon	1:00.11	59.64	2	2
8 Correa, Geraldin	JR Lewis-Clark	59.65	59.85	3	1
9 Mai, Adrienne	SO Bushnell	1:01.24	1:00.04	1	
10 Baxter, Jaimee	JR Eastern Oregon	1:00.84	1:00.61	1	1:00.606
11 Butler, Zoe	SO College of Idaho	1:00.13	1:00.61	2	1:00.607
12 Behnke, Lizzy	SO Northwest U.	1:00.66	1:00.71	2	
13 Everson, Lily	FR Oregon Tech	1:02.58	1:01.41	1	
14 Barylski, Chloe	SO College of Idaho	1:00.29	1:01.69	2	
15 Elison, Dalli	FR Lewis-Clark	1:03.81	1:02.18	1	
16 Brown, Juliana	JR Corban	1:02.80	1:02.92	1	

Women 1500 Meter Run

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CCC Record: # 4:29.16 2014 Hilary Holt, College of Idaho

NAIA A Qual: A 4:36.00

NAIA B Qual: B 4:40.00

Name	Year School	Seed	Finals	Points
=====				
1 MacGillivray, Holly	SO British Columbia	4:17.60	4:25.54#	10
2 Shirts, Abbey	SO College of Idaho	4:23.40	4:28.30#	8
3 Herbes, Michelle	SR Eastern Oregon	4:32.58	4:34.59A	6
4 Pfohl, Amelia	SO British Columbia	4:35.45	4:36.17B	5
5 Becker, Kyla	JR British Columbia	4:31.95	4:38.29B	4
6 Beckett, Marley	FR British Columbia	4:31.35	4:39.66B	3
7 Figueira, Kahea	SO College of Idaho	4:45.34	4:41.41	2
8 Doorenspleet, Zoe	SO British Columbia	4:46.05	4:46.32	1
9 Fleming, Elysse	SO British Columbia	4:45.44	4:48.49	
10 Gebhardt, Katie Jo	SR Eastern Oregon	4:50.73	4:48.63	
11 Morris, Riley	FR Eastern Oregon	4:49.43	4:51.24	
12 Kuskie, Rebecca	SO Bushnell	4:52.14	4:53.13	
13 McManus, Megan	SO College of Idaho	4:57.37	4:54.11	
14 Shell, Brooklyn	JR Lewis-Clark	4:43.80	4:55.89	
15 Campbell, Mackenzie	SO British Columbia	4:35.51	4:58.19	
16 Nichols, Madelyn	SO Eastern Oregon	4:59.04	4:58.79	
17 Tiegs, Grace	FR Lewis-Clark	4:49.66	5:08.48	
18 Dixon, Grace	FR Lewis-Clark		5:20.93	
19 Wosachlo, DeAsia	SO Multnomah	5:11.35	5:24.66	
-- Mortimer, Rachel	SO British Columbia	4:20.51	DNF	

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Women 10000 Meter Run**

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CCC Record: # 36:45.20 2011 Stephanie Hescock, Northwest Christian
 NAIA A Qual: A 37:30.00
 NAIA B Qual: B 38:13.00

Name	Year School	Seed	Finals	Points
=====				
1 Tingelstad, Ellyse	SO College of Idaho	35:41.88	37:26.64A	10
2 Hartman, Kaylea	JR Northwest U.		37:45.62B	8
3 Kizziar, Sydnee	SR Southern Oregon	38:47.05	37:52.47B	6
4 Connor, Molly	SO College of Idaho	38:06.82	38:08.21B	5
5 Overberg, Chloe	FR Lewis-Clark	39:59.68	38:08.79B	4
6 Koehler, Judah	SO Corban	42:02.01	42:46.47	3
7 Campbell, Emma	SO College of Idaho	44:18.53	43:59.29	2
8 Janzer, Lindsay	SR Corban	46:47.58	48:16.72	1

Women 100 Meter Hurdles

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CCC Record: # 14.13 2014 Jasmine Hurd, College of Idaho
 NAIA A Qual: A 14.45
 NAIA B Qual: B 14.75

Name	Year School	Seed	Finals	Wind H#	Points
=====					
1 Kelly, Madigan	SO Lewis-Clark	14.22	14.14	2.3 3	10
2 Bayes, Morgan	SR Eastern Oregon	15.18	14.93	2.3 3	8
3 Britt, Ashley	SR Lewis-Clark	15.35	15.04	2.3 3	6
4 Collins, India	SO Southern Oregon	15.84	15.29	1.7 2	5
5 Stevens, Abi	JR Southern Oregon	15.10	15.42	2.3 3	4
6 Conley, Sammy	SO Eastern Oregon	15.89	15.44	1.7 2	3
7 Bedard, Karli	JR Eastern Oregon	15.58	15.52	2.3 3	2
8 Carpenter, Jennah	SO Lewis-Clark	15.78	15.53	1.7 2	1
9 Young, Roby	SO College of Idaho	16.40	15.68	2.5 1	
10 Odell, Ally	JR Oregon Tech	15.54	15.70	2.3 3	
11 Janikowski, Sierra	SO Bushnell	16.07	16.05	2.5 1	
12 Grandle, Lizzy	FR Eastern Oregon	15.62	16.09	1.7 2	
13 Strickland, Abigail	SO Evergreen St.	16.10	16.10	2.5 1	
14 Bauer, Sienna	JR Southern Oregon	15.60	16.18	1.7 2	
15 Sofaly, Ally	FR College of Idaho	15.91	16.39	1.7 2	
16 Hodges, Jenna	SR Southern Oregon	16.61	16.74	2.5 1	
17 Dickman, Kylee	FR Bushnell	17.63	16.78	2.5 1	
18 Parker, Corona	SO Evergreen St.	15.58	22.74	1.7 2	

Women 3000 Meter Steeplechase

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CCC Record: # 10:20.57 5/13/2022 Jenna Melanson, British Columbia
 NAIA A Qual: A 11:18.00
 NAIA B Qual: B 11:30.00

Name	Year School	Seed	Finals	Points
=====				
1 Martin, Sage	SO College of Idaho	10:23.11	10:52.75A	10
2 Hennessey, Jamie	SR British Columbia	10:35.77	11:00.68A	8
3 Mauer, Larissa	SR College of Idaho	10:58.24	11:33.65	6
4 Dara, Samantha	JR Corban	11:34.04	11:53.86	5
5 Forster, Lauren	SO Southern Oregon	11:17.13	12:13.16	4
6 McKay, Dierdre	SR Eastern Oregon	11:58.04	12:14.08	3
7 Dixon, Grace	FR Lewis-Clark	12:10.75	12:38.52	2
8 Cook, Kaitlin	SO Bushnell	12:46.68	13:03.10	1

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women 3000 Meter Steeplechase**

9 Goodman, Harmony FR Bushnell 12:53.87 13:45.23

Women 4x100 Meter Relay

CCC Record: # 46.11 5/13/2022 Southern Oregon, Southern Oregon
A Dumas, C Lawrence, B Touey, L Bonney

NAIA A Qual: A 47.85

NAIA B Qual: B 48.00

School	Seed	Finals	Points
1 British Columbia	46.91	46.98A	10
1) Rastad, Emma JR	2) Urbanowicz, Sonya FR		
3) Smith, Cayla JR	4) Sobkowich, Hanna SO		
2 College of Idaho	48.11	47.51A	8
1) Barylski, Chloe SO	2) Trent, Addison FR		
3) Bowman, Charlotte SO	4) Wood, Sage SO		
3 Eastern Oregon	48.59	47.59A	6
1) Chavarria, Yahaira SO	2) Williams, Sade FR		
3) Peck, Sydney FR	4) Brown, Katie SO		
4 Lewis-Clark	48.72	48.06	5
1) Grogan, Anika JR	2) Collins, Emily FR		
3) Carpenter, Jenna SO	4) Kelly, Madigan SO		
5 Corban		50.27	4
1) Brown, Juliana JR	2) Hirte, Kristi SO		
3) Miller, Jenna JR	4) Peters, Hero JR		
-- Bushnell	49.69	DQ	Exchange Violation
1) Mai, Adrienne SO	2) Robertson, Janea FR		
3) Desemone, Madeline SO	4) Phillips, Sarah JR		

Women High Jump

CCC Record: # 1.70m 5/14/2022 Jenna Carpenter, Lewis-Clark St.

NAIA A Qual: A 1.68m

NAIA B Qual: B 1.65m

Name	Year School	Seed	Finals	Points
1 Carpenter, Jenna	SO Lewis-Clark	1.66m	1.68mA	5-06.00 10
1.40 1.45 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71				
PPP PPP PPP PPP O PPP XO O XO XXX				
2 Stevens, Abi	JR Southern Oregon	1.66m	1.65mB	5-05.00 8
1.40 1.45 1.50 1.53 1.56 1.59 1.62 1.65 1.68				
PPP PPP PPP PPP O XXO O XO XXX				
3 Grandle, Lizzy	FR Eastern Oregon	1.58m	1.59m	5-02.50 6
1.40 1.45 1.50 1.53 1.56 1.59 1.62				
PPP PPP O O XO O XXX				
4 Parker, Corona	SO Evergreen St.	1.59m	J1.59m	5-02.50 5
1.40 1.45 1.50 1.53 1.56 1.59 1.62				
PPP PPP PPP XO O XO XXX				
5 Pimblett, Sarah	FR British Columbia	1.62m	J1.59m	5-02.50 4
1.40 1.45 1.50 1.53 1.56 1.59 1.62				
PPP PPP O O O XXO XXX				
6 Harrison, Morgan	SO College of Idaho	1.52m	J1.59m	5-02.50 3
1.40 1.45 1.50 1.53 1.56 1.59 1.62				
PPP O XO O XO XXO XXX				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women High Jump**

7 Odell, Ally	JR Oregon Tech	1.57m	1.56m	5-01.25	1.50
1.40 1.45 1.50 1.53 1.56 1.59					
O O O XXO O XXX					
7 Washington, Adrienne	FR Eastern Oregon	1.53m	1.56m	5-01.25	1.50
1.40 1.45 1.50 1.53 1.56 1.59					
PPP O O XXO O XXX					
9 Haughton, Ashton	FR Eastern Oregon	1.48m	J1.56m	5-01.25	
1.40 1.45 1.50 1.53 1.56 1.59					
O O O XO XXO XXX					
10 Harless, Emma	FR Lewis-Clark	1.58m	1.53m	5-00.25	
1.40 1.45 1.50 1.53 1.56					
PPP O XXO O XXX					
11 Conley, Sammy	SO Eastern Oregon	1.49m	1.50m	4-11.00	
1.40 1.45 1.50 1.53					
O O O XXX					
12 Young, Roby	SO College of Idaho	1.63m	J1.50m	4-11.00	
1.40 1.45 1.50 1.53					
PPP XO O XXX					
13 Bratscher, Brittan	JR Oregon Tech	1.52m	J1.50m	4-11.00	
1.40 1.45 1.50					
PPP PPP XO					
14 Phillips, Sarah	JR Bushnell	1.48m	1.45m	4-09.00	
1.40 1.45 1.50					
O XO XXX					

Women Long Jump

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CCC Record: # 5.97m 2015 Alyssa Neal, Warner Pacific

NAIA A Qual: A 5.75m

NAIA B Qual: B 5.65m

Name	Year School	Seed	Finals	Wind	H#	Points
=====						
1 Rastad, Emma	JR British Columbia	5.78m	5.95m	3.1	19-06.25	2 10
5.79m(2.2) FOUL	5.95m(3.1) 5.89m(1.8) 5.85m(2.0) 5.80m(2.2)					
2 Browne, Princess	SO Multnomah	5.54m	5.88m	2.5	19-03.50	2 8
FOUL 5.67m(1.6) 5.88m(2.5) 5.82m(1.7) 5.88m(2.6) PASS						
3 Trent, Addison	FR College of Idaho	5.59m	J5.88m	3.3	19-03.50	2 6
FOUL FOUL 5.58m(2.2) 5.56m(2.8) 5.50m(2.2) 5.88m(3.3)						
4 Macdonald, Allison	JR British Columbia	5.55m	5.87mA	1.4	19-03.25	2 5
5.87m(1.4) 5.59m(1.3) 5.67m(2.9) 5.44m(2.2) FOUL 5.76m(3.3)						
5 Dutchak, Rebecca	JR British Columbia	5.67m	5.80m	2.2	19-00.50	2 4
FOUL 5.79m(1.7) 5.80m(2.2) 5.56m(2.8) 5.58m(2.6) PASS						
6 Pappas, Mayah	SO Bushnell	5.41m	5.71m	3.8	18-09.00	2 3
5.54m(4.6) 5.63m(3.0) 5.71m(3.8) 5.49m(1.7) 5.67m(2.8) 5.68m(3.2)						
7 Hodges, Jenna	SR Southern Oregon	5.16m	5.46m	2.0	17-11.00	2 2
5.46m(2.0) 5.34m(1.1) FOUL 5.07m(2.2) 5.22m(1.4) 5.33m(2.4)						
8 Stevens, Abi	JR Southern Oregon	5.46m	5.40m	2.2	17-08.75	2 1
5.38m(3.0) 5.26m(1.8) PASS FOUL 5.40m(2.2) 5.37m(2.3)						
9 Bedard, Karli	JR Eastern Oregon	5.16m	5.29m	2.0	17-04.25	2
5.17m(2.2) 5.29m(2.0) FOUL 4.52m(1.6) FOUL 5.26m(3.8)						
10 Bratscher, Brittan	JR Oregon Tech	5.08m	5.19m	2.5	17-00.50	1
4.96m(1.0) FOUL 5.19m(2.5)						
11 Williams, Sade	FR Eastern Oregon	5.08m	5.17m	0.7	16-11.50	1
5.08m(1.4) 5.17m(0.7) 5.06m(2.5)						

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Women Long Jump**

12	Harrison, Morgan	SO College of Idaho	4.98m	5.13m	+0.0	16-10.00	1
	5.13m(+0.0) 4.96m(0.2) 4.06m(3.3)						
13	Bauer, Sienna	JR Southern Oregon	5.10m	5.10m	+0.0	16-08.75	1
	5.10m(+0.0) FOUL 4.91m(1.1)						
14	Robertson, Janea	FR Bushnell	5.29m	5.09m	3.4	16-08.50	2
	5.03m(3.3) 5.09m(3.4) FOUL						
15	Clay, Sophi	FR College of Idaho	5.16m	5.03m	3.0	16-06.00	2
	FOUL 4.65m(1.9) 5.03m(3.0)						
16	Pimblett, Sarah	FR British Columbia	4.95m	4.95m	2.3	16-03.00	1
	4.95m(2.3) 4.92m(2.1) PASS						
17	Sofaly, Ally	FR College of Idaho	5.15m	4.89m	+0.0	16-00.50	1
	4.89m(+0.0) PASS PASS						
18	Vanderwyk, Sara	FR College of Idaho	4.90m	4.86m	0.7	15-11.50	1
	4.54m(+0.0) FOUL 4.86m(0.7)						

Women Shot Put

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CCC Record: # 15.18m 2011 Kayla Xavier, Concordia (Ore.)

NAIA A Qual: A 13.55m

NAIA B Qual: B 13.00m

Name	Year School	Seed	Finals	Points
=====	=====	=====	=====	=====
1 Ledbetter, Maggie	SR Eastern Oregon	14.87m	14.46mA	47-05.25 10
13.65m 13.34m 14.46m	FOUL FOUL FOUL			
2 Herron, Star	SO College of Idaho	12.49m	13.26mB	43-06.00 8
13.26m FOUL 11.41m	FOUL 12.86m 12.66m			
3 Dadson, Michelle	SO British Columbia	13.52m	13.13mB	43-01.00 6
12.71m FOUL 12.96m	12.85m 13.13m 12.04m			
4 Woodward, Kenna	JR Eastern Oregon	12.70m	12.94m	42-05.50 5
12.94m FOUL 12.25m	12.48m 12.69m 12.74m			
5 Osbon, Andrea	SO Southern Oregon	11.78m	12.49m	40-11.75 4
12.22m 12.49m 11.72m	10.59m 12.00m 12.05m			
6 Mathis, Libby	SO Bushnell	12.50m	11.42m	37-05.75 3
11.10m 10.98m 11.42m	11.18m 11.21m 11.10m			
7 Underwood, Dakota	JR Bushnell	10.63m	10.88m	35-08.50 2
9.80m 9.67m 10.23m	10.19m 9.93m 10.88m			
8 Grandle, Lizzy	FR Eastern Oregon	11.90m	10.78m	35-04.50 1
FOUL FOUL 10.25m	10.33m 10.62m 10.78m			
9 Odell, Ally	JR Oregon Tech	10.68m	10.61m	34-09.75
10.06m 10.20m 10.57m	9.93m 9.94m 10.61m			
10 Kleiber, Madilyn	JR Corban	10.52m	10.03m	32-11.00
9.88m 9.92m 10.03m				
11 Reed, Kay	FR College of Idaho	10.94m	9.85m	32-03.75
9.65m 9.65m 9.85m				
12 Osborne, Grace	FR Lewis-Clark	10.37m	9.76m	32-00.25
8.54m FOUL 9.76m				
13 Durfey, Taylor	FR College of Idaho	11.45m	9.29m	30-05.75
FOUL 9.29m FOUL				
14 Schiewe, Leah	FR Bushnell	10.64m	9.15m	30-00.25
8.26m 8.62m 9.15m				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Women Hammer Throw**

CCC Record: # 57.40m 2012				Sharayah Kenedy, Concordia (Ore.)						
NAIA A Qual: A 50.50m										
NAIA B Qual: B 48.50m										
Name		Year School				Seed	Finals	H# Points		
=====										
1	Woodward, Kenna	JR Eastern Oregon				51.83m	53.69mA	176-02	2	10
	FOUL 53.32m 51.70m	53.69m	52.17m	52.22m						
2	Ledbetter, Maggie	SR Eastern Oregon				53.65m	52.70mA	172-11	2	8
	49.79m FOUL 50.25m	49.41m	52.11m	52.70m						
3	Dadson, Michelle	SO British Columbia				53.25m	52.45mA	172-01	2	6
	49.78m FOUL 51.65m	52.45m	50.38m	50.75m						
4	Hall, Bella	FR British Columbia				51.76m	49.84mB	163-06	2	5
	49.84m 47.28m FOUL	46.17m	47.21m	48.12m						
5	Friesen, Lauren	FR British Columbia				51.27m	48.38m	158-09	2	4
	38.58m 48.38m FOUL	FOUL	FOUL	FOUL						
6	Herron, Star	SO College of Idaho				48.47m	48.32m	158-06	2	3
	43.15m FOUL 46.25m	43.50m	FOUL	48.32m						
7	Durfey, Taylor	FR College of Idaho				40.85m	46.17m	151-06	2	2
	42.35m 41.71m 43.19m	43.77m	44.87m	46.17m						
8	Chavez, Jaelene	JR Corban				45.75m	43.92m	144-01	2	1
	41.52m 43.92m 41.23m	41.45m	41.50m	39.23m						
9	Mull, Katie	JR Oregon Tech				44.92m	43.79m	143-08	2	
	FOUL 39.69m 43.79m	FOUL	43.72m	FOUL						
10	Kessinger, Ruby	FR College of Idaho				36.71m	42.38m	139-00	1	
	40.81m 42.38m 41.25m									
11	Lusco, Abby	SO Eastern Oregon				41.13m	41.16m	135-00	2	
	FOUL 41.16m FOUL									
12	Stewart, Lily	SO Evergreen St.				38.60m	41.02m	134-07	1	
	35.37m FOUL 41.02m									
13	Tata-Rodrigues, Gabriell	SO Corban				42.23m	40.72m	133-07	2	
	40.72m FOUL FOUL									
14	Hill, Trinity	JR Eastern Oregon				41.68m	39.16m	128-06	2	
	FOUL 39.16m FOUL									
15	Kleiber, Madilyn	JR Corban				37.56m	37.78m	123-11	1	
	37.78m FOUL FOUL									
16	Twede, Leah	FR Corban				34.72m	37.11m	121-09	1	
	37.11m 36.88m 35.61m									
17	Suka, Taylor	FR Evergreen St.				38.11m	J37.11m	121-09	1	
	FOUL FOUL 37.11m									
18	Osbon, Andrea	SO Southern Oregon				36.36m	34.25m	112-04	1	
	34.25m FOUL 8.80m									
19	Henderson, Cassidy	SO Lewis-Clark				38.32m	33.51m	109-11	1	
	FOUL 31.82m 33.51m									
20	Bitler, Emily	FR Oregon Tech				36.68m	33.50m	109-11	1	
	30.47m 33.50m FOUL									
21	King, McKi	FR Eastern Oregon				35.69m	32.82m	107-08	1	
	27.19m 32.82m 30.40m									
22	Gregory, Ciena	FR Oregon Tech				32.35m	32.81m	107-08	1	
	32.81m 31.66m FOUL									
23	Osborne, Grace	FR Lewis-Clark				36.65m	30.45m	99-11	1	
	FOUL FOUL 30.45m									

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Heptathlon: #4 Women 200 Meter Dash Heptathlon**

Facility: F 24.18						
Name	Year	School	Finals	Wind	H#	Points
1 Stevens, Abi	JR	Southern Oregon	26.57	0.8	1	748
2 Dutchak, Rebecca	JR	British Columbia	26.59	0.8	1	746
3 Hodges, Jenna	SR	Southern Oregon	27.02	1.7	2	710
4 Young, Roby	SO	College of Idaho	27.09	0.8	1	704
5 Parker, Corona	SO	Evergreen St.	27.26	1.7	2	690
6 Conley, Sammy	SO	Eastern Oregon	27.39	0.8	1	680
7 Litton, Graycee	FR	College of Idaho	27.41	0.8	1	678
8 Grandle, Lizzy	FR	Eastern Oregon	27.80	0.8	1	647
9 Bedard, Karli	JR	Eastern Oregon	28.03	1.7	2	628
10 Odell, Ally	JR	Oregon Tech	28.24	1.7	2	612
11 Pimblett, Sarah	FR	British Columbia	28.64	1.7	2	581
12 Pletcher, Rachel	SO	College of Idaho	29.46	1.7	2	520

Heptathlon: #7 Women 800 Meter Run Heptathlon

Facility: F 2:09.55 , Eastern Oregon						
Name	Year	School	Finals	Points		
1 Stevens, Abi	JR	Southern Oregon	2:22.83	785		
2 Hodges, Jenna	SR	Southern Oregon	2:28.33	714		
3 Bedard, Karli	JR	Eastern Oregon	2:29.87	695		
4 Odell, Ally	JR	Oregon Tech	2:29.96	693		
5 Young, Roby	SO	College of Idaho	2:31.30	677		
6 Dutchak, Rebecca	JR	British Columbia	2:32.24	665		
7 Conley, Sammy	SO	Eastern Oregon	2:32.50	662		
8 Litton, Graycee	FR	College of Idaho	2:41.18	559		
9 Grandle, Lizzy	FR	Eastern Oregon	2:43.16	537		
10 Parker, Corona	SO	Evergreen St.	2:45.02	517		
11 Pimblett, Sarah	FR	British Columbia	2:54.75	415		
12 Pletcher, Rachel	SO	College of Idaho	2:56.74	396		

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Dutchak, Rebecca	JR	British Columbia	14.79	0.7	2	870
2 Stevens, Abi	JR	Southern Oregon	15.42	2.5	3	787
3 Odell, Ally	JR	Oregon Tech	15.54	1.1	1	772
4 Parker, Corona	SO	Evergreen St.	15.58	2.5	3	767
5 Grandle, Lizzy	FR	Eastern Oregon	15.64	0.7	2	759
6 Bedard, Karli	JR	Eastern Oregon	15.83	2.5	3	735
7 Conley, Sammy	SO	Eastern Oregon	15.89	0.7	2	728
8 Young, Roby	SO	College of Idaho	16.40	0.7	2	666
9 Hodges, Jenna	SR	Southern Oregon	16.61	2.5	3	641
10 Pletcher, Rachel	SO	College of Idaho	16.87	1.1	1	611
11 Litton, Graycee	FR	College of Idaho	17.88	1.1	1	501
12 Pimblett, Sarah	FR	British Columbia	18.34	1.1	1	454

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Heptathlon: #2 Women High Jump Heptathlon**

Name	Year	School	Finals	Points
1 Stevens, Abi	JR	Southern Oregon	1.62m 5-03.75	759
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65				
PPP PPP PPP PPP PPP PPP PPP PPP O O O O XXX				
1 Pimblett, Sarah	FR	British Columbia	1.62m 5-03.75	759
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65				
PPP PPP PPP PPP PPP O O O O XO O XXO XXX				
3 Parker, Corona	SO	Evergreen St.	1.59m 5-02.50	724
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62				
PPP PPP PPP PPP PPP PPP PPP O O O O XXX				
4 Grandle, Lizzy	FR	Eastern Oregon	1.56m 5-01.25	689
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59				
PPP PPP PPP PPP PPP PPP PPP O XO O XXX				
5 Odell, Ally	JR	Oregon Tech	1.53m 5-00.25	655
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56				
PPP PPP PPP PPP O PPP O XXO O XXX				
5 Young, Roby	SO	College of Idaho	1.53m 5-00.25	655
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56				
PPP PPP PPP PPP PPP O O PPP XO XXX				
7 Bedard, Karli	JR	Eastern Oregon	1.47m 4-09.75	588
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50				
PPP PPP PPP PPP PPP PPP O XXX				
7 Hodges, Jenna	SR	Southern Oregon	1.47m 4-09.75	588
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50				
PPP PPP PPP O O O O XXX				
7 Conley, Sammy	SO	Eastern Oregon	1.47m 4-09.75	588
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50				
PPP PPP PPP PPP O O O XXX				
7 Dutchak, Rebecca	JR	British Columbia	1.47m 4-09.75	588
1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50				
PPP PPP PPP O O O XXO XXX				
11 Litton, Graycee	FR	College of Idaho	1.38m 4-06.25	491
1.29 1.32 1.35 1.38 1.41				
PPP O O O XXX				
-- Pletcher, Rachel	SO	College of Idaho	NH	
1.29				
XXX				

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	School	Finals	Wind	Points	
1 Dutchak, Rebecca	JR	British Columbia	5.48m	+0.0	17-11.75	694
5.48m(+0.0)	5.33m(+0.0)	5.43m(-1.2)				
2 Stevens, Abi	JR	Southern Oregon	5.46m	+0.0	17-11.00	688
5.07m(+0.0)	5.46m(+0.0)	5.46m(-0.8)				
3 Hodges, Jenna	SR	Southern Oregon	5.01m	0.3	16-05.25	562
FOUL	FOUL	5.01m(0.3)				
4 Grandle, Lizzy	FR	Eastern Oregon	4.93m	-0.5	16-02.25	540
FOUL	4.90m(+0.0)	4.93m(-0.5)				
5 Bedard, Karli	JR	Eastern Oregon	4.91m	0.4	16-01.50	535
4.91m(0.4)	FOUL	4.77m(-0.4)				
6 Conley, Sammy	SO	Eastern Oregon	4.81m	0.3	15-09.50	508
4.81m(0.3)	4.56m(0.9)	4.62m(+0.0)				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Heptathlon: #5 Women Long Jump Heptathlon**

7	Young, Roby	SO College of Idaho	4.72m	0.7	15-06.00	485
	FOUL	4.72m(0.7) 4.63m(-0.5)				
8	Parker, Corona	SO Evergreen St.	4.71m	+0.0	15-05.50	482
	4.71m(+0.0) 4.71m(+0.0) 4.53m(-0.9)					
9	Pimblett, Sarah	FR British Columbia	4.70m	+0.0	15-05.00	479
	4.66m(+0.0) 4.61m(0.2) 4.70m(+0.0)					
10	Odell, Ally	JR Oregon Tech	4.65m	-0.2	15-03.25	466
	4.61m(0.7) 4.46m(+0.0) 4.65m(-0.2)					
11	Pletcher, Rachel	SO College of Idaho	4.26m	0.2	13-11.75	369
	4.26m(0.2) 4.04m(+0.0) 4.21m(+0.0)					
12	Litton, Graycee	FR College of Idaho	4.16m	+0.0	13-07.75	345
	FOUL 4.16m(+0.0) FOUL					

Heptathlon: #3 Women Shot Put Heptathlon

Facility: F 13.67m						
Name	Year	School	Finals		Points	
1 Dutchak, Rebecca	JR	British Columbia	11.86m	38-11.00	652	
11.54m 11.86m 10.90m						
2 Grandle, Lizzy	FR	Eastern Oregon	11.32m	37-01.75	616	
10.79m 11.32m 10.80m						
3 Odell, Ally	JR	Oregon Tech	10.42m	34-02.25	557	
10.42m 10.37m 10.33m						
4 Parker, Corona	SO	Evergreen St.	9.95m	32-07.75	526	
9.95m 9.60m 9.15m						
5 Conley, Sammy	SO	Eastern Oregon	9.90m	32-05.75	523	
9.85m 9.90m 9.44m						
6 Hodges, Jenna	SR	Southern Oregon	9.72m	31-10.75	511	
9.27m 9.72m 9.00m						
7 Stevens, Abi	JR	Southern Oregon	9.27m	30-05.00	482	
FOUL 9.27m 8.93m						
8 Young, Roby	SO	College of Idaho	9.23m	30-03.50	479	
9.23m 8.39m 8.19m						
9 Bedard, Karli	JR	Eastern Oregon	8.92m	29-03.25	459	
FOUL 8.89m 8.92m						
10 Pimblett, Sarah	FR	British Columbia	8.36m	27-05.25	423	
FOUL 7.68m 8.36m						
11 Pletcher, Rachel	SO	College of Idaho	6.97m	22-10.50	333	
FOUL 6.31m 6.97m						
12 Litton, Graycee	FR	College of Idaho	6.92m	22-08.50	330	
FOUL 6.63m 6.92m						

Heptathlon: #6 Women Javelin Throw Heptathlon

=====						
Name		Year	School	Finals		Points
=====						
1	Grandle, Lizzy		FR Eastern Oregon	39.48m	129-06	657
	30.80m	39.48m	35.09m			
2	Dutchak, Rebecca		JR British Columbia	38.06m	124-10	630
	36.94m	38.06m	36.19m			
3	Conley, Sammy		SO Eastern Oregon	36.86m	120-11	607
	32.42m	36.86m	36.24m			
4	Young, Roby		SO College of Idaho	33.51m	109-11	543
	33.51m	26.45m	26.92m			

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Heptathlon: #6 Women Javelin Throw Heptathlon**

5	Hodges, Jenna	SR	Southern Oregon	33.29m	109-03	539
	32.18m 31.98m 33.29m					
6	Odell, Ally	JR	Oregon Tech	32.65m	107-01	527
	30.40m 28.00m 32.65m					
7	Stevens, Abi	JR	Southern Oregon	29.68m	97-04	471
	29.09m 27.35m 29.68m					
8	Pimblett, Sarah	FR	British Columbia	27.93m	91-08	437
	25.64m 25.69m 27.93m					
9	Parker, Corona	SO	Evergreen St.	25.39m	83-04	390
	25.39m 23.89m 23.36m					
10	Litton, Graycee	FR	College of Idaho	23.53m	77-02	355
	23.53m 21.59m 22.09m					
11	Bedard, Karli	JR	Eastern Oregon	23.41m	76-10	352
	23.41m 22.32m FOUL					
12	Pletcher, Rachel	SO	College of Idaho	18.47m	60-07	261
	18.12m 18.47m 17.83m					

Women Heptathlon

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CCC Record: # 5086 5/14/2022 Valerie Schmidt, Corban

Name	Year	School	Seed	Finals	H#	Points
=====	=====	=====	=====	=====	=====	=====
1 Dutchak, Rebecca	JR	British Columbia	4734	4845	10	
2 Stevens, Abi	JR	Southern Oregon	4679	4720	8	
3 Grandle, Lizzy	FR	Eastern Oregon	4180	4445	6	
4 Conley, Sammy	SO	Eastern Oregon	4119	4296	5	
5 Odell, Ally	JR	Oregon Tech	4146	4282	4	
6 Hodges, Jenna	SR	Southern Oregon	4257	4265	3	
7 Young, Roby	SO	College of Idaho	4545	4209	2	
8 Parker, Corona	SO	Evergreen St.		4096	1	
9 Bedard, Karli	JR	Eastern Oregon	4025	3992		
10 Pimblett, Sarah	FR	British Columbia	3700	3548		
11 Litton, Graycee	FR	College of Idaho		3259		
12 Pletcher, Rachel	SO	College of Idaho		2490		

Women 5000 Meter Race Walk

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CCC Record: # 24:42.29 5/13/2022 Joean Lu, British Columbia

NAIA A Qual: A 27:45.00

NAIA B Qual: B 28:55.00

Name	Year	School	Seed	Finals
=====	=====	=====	=====	=====
1 Lundman, Olivia	SO	British Columbia	22:53.68	23:49.10#
2 Lu, Joean	SR	British Columbia	24:53.01	25:15.25A
3 Cardle, Cassidy	JR	British Columbia	25:28.71	25:35.47A

Men 400 Meter Dash

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CCC Record: # 47.70 2013 Jonz Olander, Southern Oregon

NAIA A Qual: A 48.15

NAIA B Qual: B 48.40

Name	Year	School	Seed	Finals	H#	Points
=====	=====	=====	=====	=====	=====	=====
1 Kirk, London	SO	Lewis-Clark	47.97	47.97A	2	10
2 Soto, Roderick	SO	Multnomah	48.19	48.74	2	8

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men 400 Meter Dash**

3 Connally, James	FR Eastern Oregon	49.13	1	6
4 Carter, Jaron	SR Bushnell	49.30	49.19	2 5
5 Davis, Devonte	FR Multnomah	50.32	49.49	2 4
6 O'Connor, Cade	SR Southern Oregon	49.79	49.58	2 3
7 Stevens, Eli	FR Oregon Tech	50.81	50.23	1 2
8 Curtsinger, Zach	SO College of Idaho	49.73	50.52	2 1
9 Lien, Owen	JR Oregon Tech	50.06	51.11	2
10 Simon, Anthony	SO Multnomah	51.46	51.35	1
11 Pearson, Kaden	FR Evergreen St.	51.63	51.43	1
12 Reiningger, Hunter	SO Bushnell	51.88	52.66	1
13 del Prado, Josiah	FR Corban	51.17	52.93	1
14 Giraudo, Patrick	JR Oregon Tech	52.77	53.34	1

Men 1500 Meter Run

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CCC Record: # 3:43.58 2013 Eric Avila, Southern Oregon

NAIA A Qual: A 3:53.00

NAIA B Qual: B 3:55.00

Name	Year School	Seed	Finals	Points
=====	=====	=====	=====	=====
1 Parsells, Griffen	SO Lewis-Clark	3:57.70	3:54.28B	10
2 Butler, Daniel	SO College of Idaho	3:51.52	3:55.01	8 3:55.003
3 Nichols, Hunter	JR Eastern Oregon	3:51.79	3:55.01	6 3:55.009
4 Kramer, Liam	SR British Columbia	3:50.21	3:55.76	5
5 Mendoza, Cristian	SO Eastern Oregon	3:56.49	3:57.14	4
6 Miller, Riley	JR British Columbia	3:51.19	3:57.24	3
7 Perrier, John	FR British Columbia	3:55.73	3:57.25	2
8 May, Conner	JR Lewis-Clark	4:00.52	3:58.45	1
9 Brown, Caleb	FR Eastern Oregon	3:58.07	3:58.75	
10 Wessels, Kobe	FR Lewis-Clark	3:56.89	3:59.28	
11 Fernandez, Isaac	SR Southern Oregon	3:57.98	3:59.71	
12 Moha, Zander	FR Corban	4:00.78	4:04.92	
13 Holtzen, Trajan	SO College of Idaho	4:00.26	4:05.55	
14 Carne, Alec	FR Bushnell	4:03.76	4:07.89	
15 Hardy, Spencer	SO British Columbia	3:48.95	4:10.92	
16 Kopatich, Jack	SO Northwest U.	4:09.80	4:12.01	
17 Mackwae, Bill	SO British Columbia	4:00.01	4:23.20	

Men 10000 Meter Run

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CCC Record: # 30:30.23 5/13/2022 Cole Olsen, Lewis-Clark St.

NAIA A Qual: A 31:10.00

NAIA B Qual: B 31:25.00

Name	Year School	Seed	Finals	Points
=====	=====	=====	=====	=====
1 McMillen, Nick	SR Oregon Tech	31:04.39	31:21.66B	10
2 Bostrom, Hayden	SO College of Idaho	31:08.79	31:30.30	8
3 Everist, Elias	SO College of Idaho	32:04.74	31:43.68	6
4 Telford, Winston	JR Eastern Oregon	31:50.17	31:45.86	5
5 Turpin, Connor	SR Lewis-Clark	32:01.10	31:46.03	4
6 Kracaw, Will	SO College of Idaho	32:09.94	31:52.39	3
7 Wilson, Cyress	SO College of Idaho	32:01.10	31:54.87	2
8 Maciel, Frankie	JR Southern Oregon	32:47.51	31:57.15	1
9 Salvatori, Jensen	JR Southern Oregon		31:59.21	
10 Hartline, Jonas	JR Oregon Tech	31:05.98	32:13.07	

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men 10000 Meter Run**

11 Andrews, Dawson	SR Northwest U.	31:23.27	32:29.88
12 Lambert, Craig	SR Northwest U.	33:12.41	32:36.75
13 Kempton, Brycen	SO Lewis-Clark	31:37.26	32:48.71
14 Ogden, Thomas	FR Eastern Oregon	33:13.00	32:55.46
15 Kooch, Cade	JR Multnomah	32:17.92	33:12.86
16 Alexander, Connor	FR Lewis-Clark	33:38.24	33:55.12

Men 110 Meter Hurdles

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CCC Record: # 14.40 5/13/2022 Lane Maher, College of Idaho
 NAIA A Qual: A 14.60
 NAIA B Qual: B 14.80

Name	Year School	Seed	Finals	Wind	Points
1 Maher, Lane	SO College of Idaho	14.51	14.38#	1.1	10
2 Miles, Israel	JR Eastern Oregon	14.99	14.79B	1.1	8
3 Nichols, Mason	SO Eastern Oregon	15.55	15.03	1.1	6
4 Mansfield, Judson	JR Eastern Oregon	16.55	15.74	1.1	5
5 Fields, Nathan	FR Bushnell	16.08	15.84	1.1	4
6 Gardom, Ian	SO Lewis-Clark	16.32	16.17	1.1	3
7 Moore, Caleb	SR Lewis-Clark	16.30	17.06	1.1	2

Men 3000 Meter Steeplechase

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CCC Record: # 9:10.80 2013 Isaac Updike, Eastern Oregon
 NAIA A Qual: A 9:24.00
 NAIA B Qual: B 9:32.00

Name	Year School	Seed	Finals	Points
1 Uhrich, Dylan	SO British Columbia	8:52.31	9:10.99A	10
2 Ash, Justin	SO Eastern Oregon	9:19.58	9:23.01A	8
3 Miller, Aiden	JR British Columbia	9:13.97	9:27.84B	6
4 Heath, Braden	SO College of Idaho	9:21.67	9:28.15B	5
5 Wilkinson, Joe	JR Oregon Tech	9:26.84	9:36.04	4
6 Harris, Owen	SR British Columbia	9:32.64	9:50.94	3
7 Welch, Bennett	SO Eastern Oregon	9:39.16	9:54.10	2
8 Brown, Brycen	JR Lewis-Clark	9:38.80	9:58.96	1
9 Dalrymple, Jacob	JR Multnomah	10:21.41	10:31.74	
10 Ruston, Toby	SO Oregon Tech	10:10.90	10:38.07	
11 Tatsumi, Asher	SO Southern Oregon	10:27.58	10:42.50	
12 Rosebrook, Christopher	SO Bushnell	10:14.53	10:48.61	
13 Agsten, Hunter	SO College of Idaho	10:22.31	10:51.39	
14 Perkins, Skyler	FR Eastern Oregon	10:43.40	11:00.46	
-- Tiwana, Jaiveer	JR British Columbia	9:26.70	DNF	

Men 4x100 Meter Relay

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CCC Record: # 41.23 5/13/2022 Eastern Oregon, Eastern Oregon
 D Wilson, T Davis, B Peters, C Milmine

NAIA A Qual: A 41.40
 NAIA B Qual: B 41.75

School	Seed	Finals	Points
1 Multnomah	40.23	41.03#	10
1) Dixon, Daniel SO			
2) Sol, Donte SO			

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men 4x100 Meter Relay**

3) Soto, Roderick SO	4) Fornasari-Banguera, Freider SO			
2 Lewis-Clark	42.05	41.37A	8	
1) Barnaby, Jed FR	2) Kirk, London SO			
3) Castillo, Jordan FR	4) Krabbenhoft, Justin SO			
3 Eastern Oregon	42.04	41.96	6	
1) Wilson, DJ SO	2) Connally, James FR			
3) Peters, Bryce JR	4) Milmine, Cody JR			
4 College of Idaho	42.75	42.46	5	
1) Gilbert, Hunter FR	2) Maher, Lane SO			
3) Croteau, Keegan FR	4) Hardin, Dorian FR			
-- British Columbia	42.04	DNF		
1) Soriano, Jason SO	2) Ganz, Tony FR			
3) Beecroft, Riley SO	4) Sebastianelli, Nickolas FR			
-- Bushnell	43.18	DQ		Exchange Violation
1) Carter, Jaron SR	2) Reininger, Hunter SO			
3) Williams, Ashton SO	4) Richards, Jermaine FR			
-- Corban	43.73	DQ		Lane Violation
1) Armstead Jr., Donald (Dj) FR	2) Moore, Jacob JR			
3) Schmoll, Caleb SO	4) Richter, Alek FR			

Men High Jump

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CCC Record: # 2.14m 2015 Travis Simpson, Eastern Oregon

NAIA A Qual: A 2.08m

NAIA B Qual: B 2.05m

Name	Year School	Seed	Finals	Points
=====	=====	=====	=====	=====
1 Dailey, Victor	SO Multnomah	1.99m	2.05mB	6-08.75 10
1.73 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99 2.05 2.09				
PPP PPP PPP PPP PPP PPP PPP O O O XXX				
2 Jones, Tyler	SO Eastern Oregon	2.05m	1.99m	6-06.25 8
1.73 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99 2.05				
PPP PPP PPP PPP PPP O XO XXO O XXX				
3 Krabbenhoft, Justin	SO Lewis-Clark	1.90m	1.96m	6-05.00 6
1.73 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99				
PPP PPP O O PPP O XO XXO XXX				
4 Metcalf, Romeo	SO Multnomah	1.85m	1.90m	6-02.75 5
1.73 1.78 1.81 1.84 1.87 1.90 1.93				
PPP PPP PPP O XO O XXX				
5 Kosel, Alex	SR Eastern Oregon	1.82m	J1.90m	6-02.75 4
1.73 1.78 1.81 1.84 1.87 1.90 1.93				
PPP PPP PPP PPP XXO XO XXX				
6 Lazenby, Justin	FR Eastern Oregon	1.91m	1.87m	6-01.50 3
1.73 1.78 1.81 1.84 1.87 1.90				
PPP O O XO XO XXX				
7 Wuthrich, Braden	FR Lewis-Clark	1.87m	J1.87m	6-01.50 2
1.73 1.78 1.81 1.84 1.87 1.90				
O O O O XO XXX				
8 Le Bel, Carson	FR Southern Oregon	1.90m	J1.87m	6-01.50 1
1.73 1.78 1.81 1.84 1.87 1.90				
PPP PPP O XO XXO XXX				
9 Seitz, Aaron	FR College of Idaho	1.82m	1.84m	6-00.50
1.73 1.78 1.81 1.84 1.87				
O XO XO XO XXX				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men High Jump**

10	Gates, Jacob	JR Eastern Oregon	1.82m	1.81m	5-11.25
	1.73 1.78 1.81 1.84				
	PPP O O XXX				
11	Richards, Jermaine	FR Bushnell	1.85m	J1.81m	5-11.25
	1.73 1.78 1.81 1.84				
	PPP PPP XXO XXX				
12	Mansfield, Judson	JR Eastern Oregon	1.79m	1.78m	5-10.00
	1.73 1.78 1.81				
	PPP XXO XXX				
13	Maupin, Will	SO Corban	1.78m	J1.78m	5-10.00
	1.73 1.78 1.81				
	XO XXO XXX				
14	Knox, Carter	FR Corban	1.75m	1.73m	5-08.00
	1.73 1.78				
	XO XXX				
15	Gardom, Ian	SO Lewis-Clark	1.78m	J1.73m	5-08.00
	1.73 1.78 1.81 1.84				
	XXO PPP PPP XXX				
--	Kishen, Ty	FR Bushnell	1.69m	NH	
	1.73				
	XXX				
--	Moore, Caleb	SR Lewis-Clark	1.81m	NH	
	1.73				
	XXX				
--	St. Clair, Bryan	SO College of Idaho	1.82m	NH	
	1.73				
	XXX				

Men Long Jump

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CCC Record: # 7.56m 2015 Anthony Johnson, Evergreen

NAIA A Qual: A 7.25m

NAIA B Qual: B 7.15m

Name	Year School	Seed	Finals	Wind	H# Points
=====					
1 Kosel, Alex	SR Eastern Oregon	6.66m	7.00m	2.2	22-11.75 2 10
	6.87m(2.2) 6.88m(2.2) 6.75m(1.7) PASS FOUL 7.00m(2.2)				
2 Wilson, DJ	SO Eastern Oregon	6.40m	6.95m	2.5	22-09.75 2 8
	6.82m(1.5) 6.53m(1.4) 6.58m(1.5) 6.80m(3.5) 6.95m(2.5) 6.83m(2.6)				
3 Reiningger, Hunter	SO Bushnell	6.24m	6.89m	2.2	22-07.25 1 6
	6.31m(1.5) 6.65m(1.9) 6.89m(2.2) FOUL FOUL ND(NWI)				
4 Miles, Israel	JR Eastern Oregon	6.29m	6.86m	1.3	22-06.25 1 5
	6.50m(1.1) FOUL 6.77m(2.9) 6.78m(2.3) FOUL 6.86m(1.3)				
5 St. Clair, Bryan	SO College of Idaho	6.39m	6.81m	2.2	22-04.25 1 4
	6.37m(1.1) 6.32m(-0.2) 6.65m(2.3) 6.67m(1.8) 6.34m(2.3) 6.81m(2.2)				
6 Bothwell, Christian	SR Lewis-Clark	6.44m	6.80m	2.8	22-03.75 2 3
	6.80m(2.8) 6.48m(1.8) FOUL 6.55m(1.2) 6.40m(2.4) 6.40m(1.4)				
7 Curtsinger, Zach	SO College of Idaho	6.25m	6.67m	2.9	21-10.75 1 2
	6.64m(2.1) 6.67m(2.9) FOUL FOUL FOUL 6.49m(0.7)				
8 Gates, Jacob	JR Eastern Oregon	6.35m	6.66m	2.8	21-10.25 1 1
	6.50m(1.2) 6.58m(3.1) 6.66m(2.8) FOUL FOUL FOUL				
9 Sanders, Charles	FR Multnomah	6.45m	6.61m	3.7	21-08.25 2
	6.40m(3.7) FOUL 6.61m(3.7) FOUL ND(NWI) FOUL				
10 Fields, Nathan	FR Bushnell	6.46m	6.60m	3.0	21-08.00 2
	FOUL 6.38m(1.9) 6.60m(3.0)				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****...Men Long Jump**

11	Peters, Bryce	JR Eastern Oregon	6.41m	6.59m	2.9	21-07.50	2
	6.48m(2.1) 6.53m(1.8) 6.59m(2.9)						
12	Stevens, Eli	FR Oregon Tech	6.30m	6.51m	1.2	21-04.25	1
	6.51m(1.2) 6.30m(1.1) 6.28m(+0.0)						
13	Johnson, Trenton	FR Lewis-Clark	6.38m	6.42m	2.0	21-00.75	1
	6.20m(1.4) FOUL 6.42m(2.0)						
14	Maupin, Will	SO Corban	6.24m	6.30m	0.5	20-08.00	1
	FOUL 6.30m(0.5) FOUL						
15	Hanafi Bacha, Yoosuf	SO British Columbia	6.57m	6.26m	1.8	20-06.50	2
	6.26m(1.8) FOUL 5.56m(2.2)						
16	Christiansen, Owen	JR Oregon Tech	5.87m	6.17m	1.0	20-03.00	1
	6.09m(0.7) 6.17m(1.0) 6.09m(1.2)						
17	Johnson, David	FR Bushnell	6.02m	5.90m	+0.0	19-04.25	1
	5.90m(+0.0) 5.76m(2.0) 5.72m(3.4)						
--	Evans, Amari	SO College of Idaho	6.57m	FOUL			2
	FOUL FOUL FOUL						
--	Zimmerman, Koyote	SO College of Idaho	6.04m	FOUL			1
	FOUL FOUL FOUL						
--	Soriano, Jason	SO British Columbia	7.02m	FOUL			2
	FOUL FOUL FOUL						

Men Shot Put

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CCC Record: # 19.93m 2014 Darien Moore, Concordia (Ore.)

NAIA A Qual: A 15.85m

NAIA B Qual: B 15.35m

Name	Year	School	Seed	Finals	H#	Points
1 Nett, Tanner	SO	Eastern Oregon	16.83m	16.91mA	55-05.75	2 10
		16.16m 16.48m 16.91m 16.36m 16.23m 16.28m				
2 King, Luke	JR	Southern Oregon	16.12m	15.76mB	51-08.50	2 8
		15.76m 15.01m 15.66m 15.57m 15.75m FOUL				
3 Holmes, Tre	SR	Southern Oregon	15.27m	15.11m	49-07.00	2 6
		FOUL 14.73m FOUL 14.35m 15.11m FOUL				
4 Uliana, Matthew	FR	British Columbia	14.47m	14.46m	47-05.25	2 5
		FOUL 13.60m 13.89m 13.20m FOUL 14.46m				
5 O'Henley, Matthew	SR	Southern Oregon	13.49m	14.23m	46-08.25	2 4
		13.45m 13.50m 14.23m FOUL FOUL 14.20m				
6 Mitchell, Andrew	JR	Southern Oregon	13.24m	13.54m	44-05.25	2 3
		12.78m FOUL 13.41m 13.33m 13.54m 12.35m				
7 Church, Mark	FR	Eastern Oregon	13.72m	13.45m	44-01.50	2 2
		13.45m FOUL FOUL 12.98m FOUL FOUL				
8 Cobena, Johan	SO	College of Idaho	12.27m	13.32m	43-08.50	1 1
		12.80m 13.32m 13.00m 12.91m FOUL FOUL				
9 Sackman, Tanner	SO	College of Idaho	14.02m	13.31m	43-08.00	2
		12.46m 12.75m 13.31m 13.07m FOUL FOUL				
10 Weller, Sam	FR	Lewis-Clark	14.34m	13.17m	43-02.50	2
		13.17m 12.97m 12.14m				
11 Michaels, Brooks	JR	Eastern Oregon	13.21m	13.06m	42-10.25	2
		12.31m 13.06m 12.61m				
12 Wylam, Joey	SO	Eastern Oregon	13.00m	12.81m	42-00.50	1
		11.90m 12.31m 12.81m				
13 Moore, Caleb	SR	Lewis-Clark	12.26m	12.61m	41-04.50	1
		11.68m 12.61m 11.57m				

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Men Shot Put**

14	Araki, Matthew	JR Corban	12.24m	11.91m	39-01.00	1
	10.74m FOUL 11.91m					
15	Silva, Cody	JR Eastern Oregon	12.70m	11.72m	38-05.50	1
	FOUL 11.72m FOUL					
16	Kizell, William	SO British Columbia	12.85m	11.59m	38-00.25	1
	FOUL 11.59m 11.49m					
17	Cordero, Will	JR Corban	12.82m	11.58m	38-00.00	1
	FOUL 11.58m FOUL					

Men Hammer Throw

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CCC Record: # 75.88m 5/13/2022 Rowan Hamilton, British Columbia

NAIA A Qual: A 56.00m

NAIA B Qual: B 54.00m

Name	Year	School	Seed	Finals	H#	Points
=====	=====	=====	=====	=====	=====	=====
1 Uliana, Matthew	FR	British Columbia	63.98m	59.66mA	195-09	2 10
FOUL 57.16m 59.66m 57.21m 54.69m 58.74m						
2 Garcia, Wayne	SR	Southern Oregon	54.74m	55.38mB	181-08	2 8
53.61m 55.38m 54.09m FOUL 52.74m FOUL						
3 O'Henley, Matthew	SR	Southern Oregon	53.34m	51.50m	168-11	2 6
FOUL 51.50m 51.01m FOUL FOUL 49.62m						
4 Kizell, William	SO	British Columbia	45.02m	49.61m	162-09	2 5
FOUL 49.61m 48.40m FOUL FOUL FOUL						
5 Michaels, Brooks	JR	Eastern Oregon	47.69m	48.76m	160-00	2 4
FOUL 44.17m 46.06m 45.94m 48.76m 47.42m						
6 Behbehani-Escobar, Kianu	SO	Southern Oregon	45.38m	48.50m	159-01	2 3
45.45m 48.50m FOUL 45.68m 45.35m 43.07m						
7 Sackman, Tanner	SO	College of Idaho	49.32m	48.18m	158-01	2 2
44.49m FOUL 45.18m 48.18m 46.37m FOUL						
8 Church, Mark	FR	Eastern Oregon	44.95m	45.48m	149-02	1 1
43.03m 41.48m 45.48m FOUL FOUL 45.43m						
9 Atencio, Jaycob	SR	Lewis-Clark	49.48m	45.23m	148-05	2
FOUL FOUL 44.68m 45.23m FOUL FOUL						
10 Araki, Matthew	JR	Corban	45.85m	44.52m	146-01	2
43.08m 44.52m FOUL						
11 Cobena, Johan	SO	College of Idaho	40.09m	42.84m	140-07	1
FOUL 42.84m FOUL						
12 Silva, Cody	JR	Eastern Oregon	44.84m	42.36m	139-00	1
FOUL 42.36m FOUL						
13 Wylam, Joey	SO	Eastern Oregon	41.41m	42.35m	138-11	1
FOUL 42.35m FOUL						
14 Nett, Tanner	SO	Eastern Oregon	42.18m	41.91m	137-06	1
FOUL 41.91m 39.91m						
15 Hardee, Jack	JR	Lewis-Clark	40.04m	38.73m	127-01	1
38.73m 38.60m 38.64m						
16 Beltz-Childs, Tanner	FR	Lewis-Clark	39.89m	38.45m	126-02	1
37.36m FOUL 38.45m						
17 Wattles, Jon	FR	Lewis-Clark	42.26m	37.50m	123-00	1
37.50m 34.66m FOUL						
-- Heckman, Gabe	SO	Eastern Oregon	39.34m	FOUL		1
FOUL FOUL FOUL						

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****Decathlon: #1 Men 100 Meter Dash Decathlon**

Name	Year School	Finals	Wind	Points
1 Krabbenhof, Justin	SO Lewis-Clark	11.22	1.4	812
2 Miles, Israel	JR Eastern Oregon	11.41	1.4	771
3 Stevens, Eli	FR Oregon Tech	11.51	1.4	750
4 Ciarniello, Dean	SO British Columbia	11.60	1.4	732
5 Bothwell, Christian	SR Lewis-Clark	11.66	1.4	719
6 Mansfield, Judson	JR Eastern Oregon	11.93	1.4	665
7 Moore, Caleb	SR Lewis-Clark	12.37	1.4	580

Decathlon: #5 Men 400 Meter Dash Decathlon

Facility: F 47.63				
Name	Year School	Finals	Points	
1 Stevens, Eli	FR Oregon Tech	51.07	766	
2 Bothwell, Christian	SR Lewis-Clark	52.03	723	
3 Miles, Israel	JR Eastern Oregon	52.27	713	
4 Krabbenhof, Justin	SO Lewis-Clark	52.39	708	
5 Mansfield, Judson	JR Eastern Oregon	54.63	614	
6 Moore, Caleb	SR Lewis-Clark	54.74	609	
-- Ciarniello, Dean	SO British Columbia	DNF		

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points	
1 Stevens, Eli	FR Oregon Tech	4:48.53	628	
2 Bothwell, Christian	SR Lewis-Clark	4:52.06	606	
3 Krabbenhof, Justin	SO Lewis-Clark	5:09.52	506	
4 Miles, Israel	JR Eastern Oregon	5:11.60	495	
5 Moore, Caleb	SR Lewis-Clark	5:12.82	488	
6 Mansfield, Judson	JR Eastern Oregon	5:23.64	431	
-- Ciarniello, Dean	SO British Columbia	DNF		

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Facility: F 14.46				
Name	Year School	Finals	Wind	H# Points
1 Miles, Israel	JR Eastern Oregon	14.99	-0.2	1 851
2 Moore, Caleb	SR Lewis-Clark	16.30	-0.2	1 699
3 Bothwell, Christian	SR Lewis-Clark	16.31	0.2	2 698
4 Mansfield, Judson	JR Eastern Oregon	16.55	0.2	2 672
5 Krabbenhof, Justin	SO Lewis-Clark	16.67	-0.2	1 659
6 Stevens, Eli	FR Oregon Tech	17.32	0.2	2 591
-- Ciarniello, Dean	SO British Columbia	DNF	-0.2	1

Decathlon: #4 Men High Jump Decathlon

Facility: F 2.20m				
Name	Year School	Finals	Points	

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Decathlon: #4 Men High Jump Decathlon**

1	Krabbenhof, Justin	SO Lewis-Clark	1.90m	6-02.75	714
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93				
	PPP PPP PPP PPP PPP PPP PPP O PPP O XO XO XO O XXX				
2	Bothwell, Christian	SR Lewis-Clark	1.84m	6-00.50	661
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87				
	PPP PPP PPP PPP PPP O PPP O XO XO O XO XXX				
3	Moore, Caleb	SR Lewis-Clark	1.81m	5-11.25	636
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84				
	PPP PPP PPP PPP PPP XO XXO O O O XXO XXX				
4	Mansfield, Judson	JR Eastern Oregon	1.78m	5-10.00	610
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81				
	PPP PPP PPP PPP PPP O O O O O XXX				
5	Miles, Israel	JR Eastern Oregon	1.69m	5-06.50	536
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72				
	PPP PPP PPP PPP O O XXO XXX				
6	Stevens, Eli	FR Oregon Tech	1.63m	5-04.25	488
	1.51 1.54 1.57 1.60 1.63 1.66				
	O O O O XO XXX				
7	Ciarniello, Dean	SO British Columbia	1.54m	5-00.50	419
	1.51 1.54 1.57 1.60				
	PPP O PPP XPP				

Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Moore, Caleb	SR Lewis-Clark	4.40m 14-05.25	731
	3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50		
	PPP PPP PPP PPP PPP PPP PPP PPP XO PPP O PPP O O XXX		
1 Stevens, Eli	FR Oregon Tech	4.40m 14-05.25	731
	3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP XO O XXO XXO O XXX		
3 Mansfield, Judson	JR Eastern Oregon	4.20m 13-09.25	673
	3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30		
	PPP PPP PPP PPP PPP PPP O O O O XO O XXX		
4 Miles, Israel	JR Eastern Oregon	4.10m 13-05.25	645
	3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20		
	PPP PPP PPP PPP PPP PPP O O O O XO XXX		
5 Bothwell, Christian	SR Lewis-Clark	3.90m 12-09.50	590
	3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10		
	PPP PPP PPP PPP PPP PPP PPP PPP O PPP XXX		
6 Krabbenhof, Justin	SO Lewis-Clark	3.70m 12-01.50	535
	3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80		
	O O PPP O PPP O XXO XXX		
-- Ciarniello, Dean	SO British Columbia	NH	
	3.10		
	X		

Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 Krabbenhof, Justin	SO Lewis-Clark	6.75m	1.3 22-01.75	755
	6.33m(-0.0) 6.35m(-0.0) 6.75m(1.3)			
2 Bothwell, Christian	SR Lewis-Clark	6.44m	NWI 21-01.50	684
	FOUL 6.44m(-0.0) 6.33m(0.5)			

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Decathlon: #2 Men Long Jump Decathlon**

3 Stevens, Eli	FR Oregon Tech	6.30m	1.5	20-08.00	652
FOUL	6.14m(-0.0)	6.30m(1.5)			
4 Miles, Israel	JR Eastern Oregon	6.29m	+0.0	20-07.75	650
FOUL	6.21m(-0.0)	6.29m(+0.0)			
5 Mansfield, Judson	JR Eastern Oregon	6.08m	NWI	19-11.50	604
FOUL	6.08m(-0.0)	FOUL			
6 Moore, Caleb	SR Lewis-Clark	5.99m	1.3	19-08.00	584
5.42m(-0.0)	FOUL	5.99m(1.3)			
7 Ciarniello, Dean	SO British Columbia	5.88m	2.1	19-03.50	561
FOUL	FOUL	5.88m(2.1)			

Decathlon: #3 Men Shot Put Decathlon

=====					
Facility: F 17.95m					
Name	Year School	Finals		Points	
=====					
1 Moore, Caleb	SR Lewis-Clark	12.26m	40-02.75	622	
12.26m	11.82m	11.92m			
2 Miles, Israel	JR Eastern Oregon	11.24m	36-10.50	560	
9.61m	10.71m	11.24m			
3 Bothwell, Christian	SR Lewis-Clark	11.14m	36-06.75	554	
10.96m	11.12m	11.14m			
4 Ciarniello, Dean	SO British Columbia	11.12m	36-05.75	553	
10.60m	11.12m	10.32m			
5 Krabbenhoft, Justin	SO Lewis-Clark	10.63m	34-10.50	524	
10.38m	10.63m	10.42m			
6 Mansfield, Judson	JR Eastern Oregon	10.44m	34-03.00	512	
FOUL	10.44m	10.37m			
7 Stevens, Eli	FR Oregon Tech	10.37m	34-00.25	508	
10.37m	9.89m	9.15m			

Decathlon: #7 Men Discus Throw Decathlon

=====					
Name	Year School	Finals		Points	
=====					
1 Moore, Caleb	SR Lewis-Clark	34.53m	113-03	554	
33.22m	34.31m	34.53m			
2 Mansfield, Judson	JR Eastern Oregon	34.26m	112-05	549	
34.26m	FOUL	32.89m			
3 Stevens, Eli	FR Oregon Tech	33.66m	110-05	537	
33.66m	32.83m	26.54m			
4 Bothwell, Christian	SR Lewis-Clark	32.82m	107-08	520	
31.51m	FOUL	32.82m			
5 Ciarniello, Dean	SO British Columbia	31.73m	104-01	499	
31.54m	31.19m	31.73m			
6 Krabbenhoft, Justin	SO Lewis-Clark	29.44m	96-07	453	
29.44m	FOUL	FOUL			
7 Miles, Israel	JR Eastern Oregon	25.99m	85-03	386	
25.99m	FOUL	25.25m			

Decathlon: #9 Men Javelin Throw Decathlon

=====					
Name	Year School	Finals		Points	
=====					

Cascade Collegiate Conference Track & Field Championships - 5/12/2023 to 5/13/**Eastern Oregon University****Results****....Decathlon: #9 Men Javelin Throw Decathlon**

1	Ciarniello, Dean	SO British Columbia	46.20m	151-07	533
	44.84m 46.20m PASS				
2	Bothwell, Christian	SR Lewis-Clark	45.04m	147-09	516
	38.49m 44.52m 45.04m				
3	Moore, Caleb	SR Lewis-Clark	43.89m	144-00	499
	42.66m 38.69m 43.89m				
4	Stevens, Eli	FR Oregon Tech	43.18m	141-08	488
	39.84m 43.15m 43.18m				
5	Mansfield, Judson	JR Eastern Oregon	42.76m	140-03	482
	37.99m 39.85m 42.76m				
6	Krabbenhof, Justin	SO Lewis-Clark	40.17m	131-09	445
	36.07m 36.94m 40.17m				
7	Miles, Israel	JR Eastern Oregon	38.50m	126-04	420
	37.13m 38.50m 35.69m				

Men Decathlon

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CCC Record: # 7818 1996 Alper Kasapoglu, Western Oregon

Name	Year	School	Seed	Finals	H#	Points
1 Bothwell, Christian	SR	Lewis-Clark	6322	6271	10	
2 Stevens, Eli	FR	Oregon Tech	5298	6139	8	
3 Krabbenhof, Justin	SO	Lewis-Clark	5701	6111	6	
4 Miles, Israel	JR	Eastern Oregon	6084	6027	5	
5 Moore, Caleb	SR	Lewis-Clark	5322	6002	4	
6 Mansfield, Judson	JR	Eastern Oregon	6154	5812	3	
7 Ciarniello, Dean	SO	British Columbia	5500	3297	2	

Men 5000 Meter Race Walk

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CCC Record: # 22:32.14 5/13/2022 Kenny Ho, British Columbia

NAIA A Qual: A 24:00.00

NAIA B Qual: B 25:45.00

Name	Year	School	Seed	Finals
1 Hirani, Nikhil	FR	British Columbia	24:23.56	25:01.01B